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Publisher's Note

Tell me, what is it you plan to do with your one wild and precious life? ~ from Mary Oliver's "The Summer Day"

In our next issue, you will find a tribute to Kennebunkport's Mark Dufoe, an individual whose recent and unexpected passing has left a profound void in one local community – or two, or three. . .

As friends and loved ones share stories about a person I only wish I had known more than in passing, I find myself experiencing something familiar – and bittersweet. It's that heart opening, eyes widening, thoughts clarifying perspective shift that seems always to accompany loss.

Whether direct or indirect, loss has an uncanny way of waking us up. It reminds us how limited our time on Earth really is. It clarifies our values and priorities. It warns us not to "major in the minors," as my mother used to say, and insists that we focus on what truly matters in this life.

Loss gives us an instantaneous sense of courage to be true to ourselves – and a determination to be good to others. It calls us to express love, to give love, to **be** love. And it never, ever fails to ask,

What are you going to do with your one wild and precious life?

It's a powerful question indeed. Wishing you peace, love and health today and always.

Minguity you peace, love and neural today

Kingsley Gallup, Publisher Tourist & Town

Cover Artist Diane Beem

"Like many artists, I do not remember a time in my life when I was not creating. As a young child my bedroom was already an art studio with paintings hung up on clothes lines to dry. I continued my art education through high school and

college. I went on to work in corporate marketing, always having my painting as a passion project. After I left the corporate world to raise my four children, it remained a focus for me. Over the past few years, I have enjoyed showing my work locally and creating a collector base through social media."



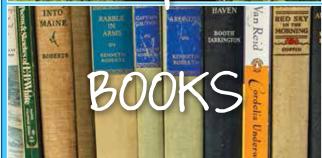


Facebook:
Diane Beem Fine Artist
Instagram
@dianebeemartist
www.dianebeem.com

Love is really
the only thing
we can possess,
keep with us,
and take
with us."
Elizabeth

Kubler-Ross





ART + FLOWERS + BOOKS = DEPOT DAY!

On "Depot Days" you can find lovely fresh flowers – and sometimes more – on the lawn of the train depot in Kennebunk (aka *Tourist & Town* headquarters).

On Saturday, August 6, from 9 to 2, it will be art and flowers on the lawn and the opening of our book depot inside!

12 Depot Street, Kennebunk FMI publisher@touristandtown.com



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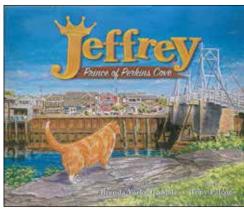
Open daily 7am – 7pm • 1 Mills Rd., Cape Porpoise, ME 207-967-1150 • www.capeporpoisekitchen.com

Local author will read from *Jeffrey, Prince of Perkins Cove*

On Thursday, August 4, at 10 AM, the Historical Society of Wells and Ogunquit welcomes local author Brenda Yorke Goodale, as she reads her new children's book *Jeffrey, Prince of Perkins Cove.*

In this, her third children's book, Goodale treats us to her beloved cat Jeffrey, as he finds his way into adven-

tures and mischief in Perkins Cove. The story is beautifully illustrated by artist Tony Falcone, a renowned Connecticut art-



Book by Brenda Yorke Goodale and Tony Falcone. Courtesy photo.

ist, who collaborated with Goodale on her previous children's book, *Mermaid Under the Bridge*.

Attendees will will have a chance to meet both Brenda and Tony, as they share this delightful story with children of all ages. This event is free and all ages are welcome.

The Historical Society of Wells and Ogunquit is located

at 938 Post Road in Wells.

FMI call 646-4775 or visit wellsogunquithistory.org.

"Did you ever see a place that looks like it was built just to enjoy? Well, this whole state of Maine looks that way to me." – Will Rogers

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Talespinstudio - Amy Kelly, Art



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Ad Hoc Galleries: Cliff House, York; New England Fishmongers, Kittery;
Maine Art Collective, Portland, Focus 244, York and joe coffee, Provincetown, MA



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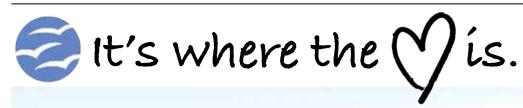
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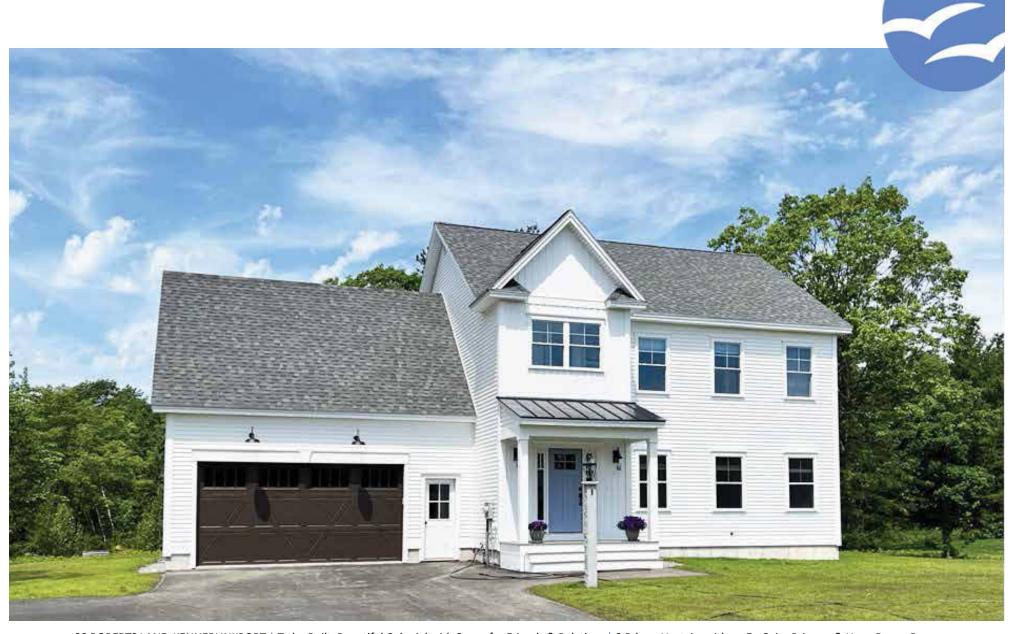
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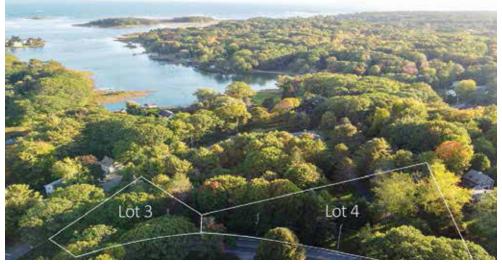
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The Woodies return to Wells Saturday, August 13

The Eleventh Annual ies only, with just "Woodies in the Cove" Car a few unique and Show, sponsored by the Historical Society of Wells and Ogunquit, will be held on Saturday, August 13.

This beloved annual show brings together classic woodies - from the model "A"s of the '20s to the tin woodies of the '50s. Interest in these unique vehicles has made this show one of the largest attended and most popular car shows in New England and on the East Coast.

This show is also the largest fundraiser for the Historical Society and remains free to the public. People of all ages are welcome to come and see this rolling history museum come to life.

"Visitors and residents alike look forward to this show every year," said Executive Director Bryce Waldrop, "It is like a museum of fine, woodie cars and a fun community event for people of all ages. And this year we will be offering a colorful, 16-month woodie calendar for sale. They are sure to sell out!"

This event is for wood- or call 207-646-4775.

high-end cars that may also attend by invitation only. Trophies will be awarded by The Historical Society.

The event will be held next to McDonalds on Route 1 in Wells, at 974 Post Road, and will run from 8:30 AM until 2 PM. A parade will follow and will run from the event venue through Ogunquit, arriving at Perkins Cove between 2 and 3 PM.

This event is free and donations are welcome. FMI and to see if your vehicle

fits into this event, contact the event coordinator Sonny Perkins via email at woodiesinthecove@gmail.com. Supply a photo of your car. You can also follow "Woodies in the Cove" on Facebook and on YouTube.

FMI on the Historical Society of Wells & Ogunquit, email info@wohistory.org



Woodies in the Cove. Photo by Jodi Locke Photography

Car enthusaists, this belongs on your calendars!

Old Orchard Beach's Annual Car Show and Parade

This two-day event, to be held on Friday and Saturday, September 16 and 17, is one of New England's largest car shows. The event will take place at Veterans Memorial Park, located at First and Staples streets in Old Orchard Beach and will highlight cars in many different categories and classes, with a Friday Night Showcase and an Awards Presentation on Saturday. FMI oldorchardbeachmaine.com.



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Contributors this issue:



Steve Hrehovcik says, "Summertime, an' the livin' is easy. 'Cept when you're on a deadline for a Tourist and Town article. But what could be more fun." For more fun visit Steve's work at www.kennebunkartstudio.com.



Val Marier sometimes gets a little corny in her blog (www.wanderingwithval.com) but she's really corny in this week's "Kitchen Talk."



"With August, comes my love-hate relationship with the month. Most importantly, I will get to swim regularly in the otherwise frigid ocean. My addiction to tomatoes is at an all-time high in August. However, this teacher starts up in the classroom and online at the end of the month. August: I love you; I hate you. #playtimeends" ~ Jo O'Connor



Dana Pearson, a writer and musician living in Kennebunk, recently scored again at LL Bean's, this time with a red sweater fleece, much to the chagrin of his wife.

We are already gearing up for our Fall 2022 magazine. Local photographers., let us showcase your work. FMI publisher@touristandtown.com

2022 Publishing Schedule

ISSUE DATE

SUMMER MAGAZINE: ON STANDS NOW THROUGH SEPTEMBER!

Newspaper: Thursday, August 4 Newspaper: Thursday, August 11 Newspaper: Thursday, August 18 Newspaper: Thursday, August 25

Newspaper: Thursday, September 1 **Fall Magazine**

Newspaper: Thursday, September 22 Newspaper: Thursday, October 6 Newspaper: Thursday, October 20

Holidays Magazine

Newspaper: Thursday, November 24

Wednesday, July 27

ADS/PR DUE

Wednesday, Aug 3 Wednesday, Aug 10 Wednesday, Aug 17

Wednesday, Aug 24 Friday, August 12

Wednesday, Sept 14 Wednesday, Sept 28

Wednesday, Oct 12 Friday, Oct 28 Wednesday, Nov 16

Publisher & Editor Kingsley Gallup

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Live on the edge... while you can! Bootsie Stewart's advice on her 100th birthday

by Valerie Marier

On August 8, Kennebunk- she laced up a gift port resident Bootsie (Jenifer of rollerblades B.) Stewart will celebrate her centennial birthday with a close group of friends at a "simple but elegant" midafternoon tea party hosted day of the year, by neighbor Jari Ford. "It's a special birthday so I've ordered quite an elaborate cake," Jari said.

A few hours later, this Grand Dame will mark her 100 years in more typical Bootsie fashion: sitting in her comfortable sunny living room while smoking Marlboro 100s and sipping a stiff Jack Daniels. "Live on the edge while you can," she says, punctuating that admonition with one additional word: "Seriously!"

Mrs. Stewart's ten decades have been delightfully edgy. As a "very young girl," she was hand-picked to be in the audience on *The Howdy* Doody Show. For one of her "decade-turning birthdays," son Evan sent a barbershop quartet to serenade her. She recalls syncopating snappily as they sang I Wish That I Could Shimmy Like My Sister of her favorite possessions

Kate. On her 70th, and "then took them out for a spin."

Nearly every Bootsie Stewart walks the beach with the assistance of Sue Ouilette or another caretaker. "Even on cold winter days, we just bundle up," she said. "But on these summer days, I miss my good friend Gerry Notman who died last year. on the sand and

gossip." She smiled slyly is a large fabric frog her and added, "That's why you go to the beach!"

This wry lady rarely misses an opportunity to have fun. Several years ago, she discovered that Christine Faiella, who owns Bradbury Brothers Market in Cape Porpoise, loves frogs. One



Bootsie (Jenifer B.) Stewart sits in her comfortable living room in We loved to sit Kennebunkport. Photo by Val Marier.

daughter Jenifer had made and given her. So she asked her caretaker to drive to Bradbury's with the huge green frog sitting in the front seat leaning out the window, while she sat in the back seat, giggling. The owner of Bradbury's still laughs about it. "That made my day!" Christine said.

Mrs. Stewart has vacationed, then lived in Kennebunkport "for decades. Before we moved here full time, I'd cry all the way back to our year-round home at summer's end. I love it here."

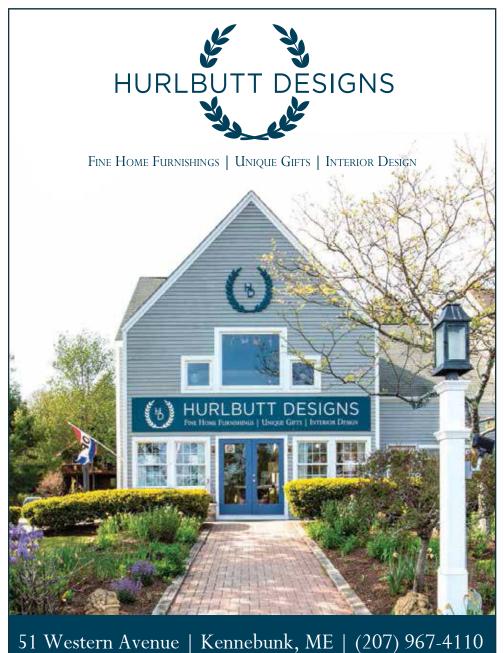
"Here" is a comfortably appointed historic home off Kennebunkport's North Street that a builder friend estimates "to be at least 200 years old."

And that's where she will continue "to live on the edge" as she enters her second century. Congratula-



Christine Faiella, owner of Bradbury Brothers Market, adores frogs. When Bootsie Stewart learned that, she put a huge hand-made (by her daughter Jenifer) frog in the car and had her caretaker Sue drive it by the market. "It made my day!" Christine says. Photo by Christine Faiella





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The other day we went to Beantown (Freeport, not Boston). We enjoyed a won-

What a perfectly good waste of chivalry

(why didn't someone tell me earlier that you could use alfredo sauce instead of marinara on a pizza?), picked up some digestives

ioplocalcolor.com

ambled from shop to shop at that nothing-but-British- Leonwood Bean's brain- ing a preternaturally gifted derful al fresco lunch at the stuff store, found a couple child, where, as is my wont, shopper.

Tuscan Brick Oven Bistro bottles of decent Chablis I left with a beautiful red at Bow Street Market, and sweater fleece, and Di - the by the monster Bean boot, one who wanted to go there under the warm summer in the first place – came out sun. Naturally, we spent a empty-handed. Hey, I'm fair amount of time at Leon sorry, but I can't help be-



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where we paused to take a photo of a mother and her adult daughter. Approaching the bank of glass doors, I could see in the reflection a woman pushing a stroller. She was far enough wheel it back outside with away so that, had she not a boisterous "Nope!" But I been pushing the stroller, I would have been justified in going right in and not holding the door open for her; I had mentally done the math and felt safe that a jury would not find me guilty of chivalric malfeasance. But since she was encumbered by the stroller and would reach for the door handle, I paused in order to play Dana the Doorman. Chivalry demanded it. Or, for those who find the concept of chivalry outdated, obsolete, and/or sexist, it was simply the right thing to do.

Or was it?

As Diane waited inside, I held the door open such ridiculous behavior, as the woman and baby approached. She smiled and thanked me as she passed over the threshold. I acknowledged her gratitude, gave her a smile, then looked down to check out her child. It was the size of an eight-month-old infant; it was smiling at me; it was black and white; it was covered in fur; it was a dog.

I had held the door open for a woman pushing her dog around Freeport in a reached at dana@touristandbaby stroller. A dog that town.com

We had entered the store was equipped with four legs and looked perfectly healthy, sitting upright with a happy canine expression that read, "This is so much better than walking!" My rational inclination was to grab the stroller and resisted that impulse, lest any passerby mistook the dog for an actual human baby, as I had originally done.

It was not the first time I had seen such a travesty. I hope it was the last. If a dog is genuinely infirm and its owner can't bear to leave find it more difficult to it at home while going out and about, then fine. But my gut informs me that far too many dog owners think it's cute to push their pets around in baby strollers, while it makes me want to lose my alfredo. And to think of how I behaved in that doorway at Bean's, acting as though I sanctioned making that woman believe through my smile that I thought what she was doing was acceptable and perhaps even charming...it's enough to make me consider rethinking the code of chivalry. What would definitely push me over the edge would be a cat in a baby carrier.

> Man, I hope I haven't just started something.

Dana Pearson can be



La Creperie – C'est si bon!

Kennebunk's new French crepe bistro pleases all ages and appetites Seven-year-old Bayleigh bestsellers are crepes with black olives, hummus and tables, a black and white tile

gave an immediate "thumbs up" after taking one bite of her ham and cheese crepe. Sitting with her dad in La Creperie, Kennebunk's newest homage to delicious and fun French cuisine, the cute critic could not stop smiling while devouring her lunch.

Since opening in early July, La Creperie has served (and satisfied) a steady stream of hungry customers, young and mature, seeking healthy food choices that are also easy on family budgets. Owner Paul Humphrey said, "Our

Nutella and fruit, and also turkey with brie and arugula. People find these a pleasant change from fried food and burgers."

Each crepe is individually made to order by chefs Monica and Maddie, who cheerfully add or delete incheese), plus the popular Turkey and Brie.

The variety of Confectionary Crepes, each dusted with powdered sugar, includes Strawberry Shortcake, Blueberry Lemon Cheese Cake, Lemon Sugar, Peanutty (peanut butter, minicalorie counter on mute.)

floor, and walls the color of an Arles sunset. The French "lounge music" playing in the background enhances the feeling that you're steps away from the Champs-Elysees.

Actually, La Creperie is nebunkport from Europe. "I'd heard Mornings in Paris was for sale, I was looking to relocate and get into the hospitality business, and voila, second cafe, also known as

rear of Mornings in Paris (at AM-4 PM; FMI go to www. the top of the parking lot), 21 morningsinparis.com; to order Western Avenue, Kennebunk; crepes, call: 207-352-3679.

La Creperie is located to the credit cards only; open daily 10





Seven-year-old Bayleigh gave a happy "thumbs up" to her ham and cheese crepe. Located just off Western Avenue and only steps from Kennebunk's Mornings in Paris, "La Creperie is a perfect space for children's birthday parties, intimate bridal showers, even business or staff appreciation luncheons," owner Paul Humphrey said. Whether you prefer brunch, savory or sweet crepes, Humphrey said, "All of our crepes are made to order and can be customized to your preference."

Did you know? Starting August 1, customers can buy luxury charcuterie boxes for the beach or for home on the deck. Each box contains artisanal cheeses and charcuterie, pitted olives and dried apricots, raw almonds, bread sticks and crackers. (\$22; Mornings in Paris, 21 Western Avenue, Kennebunk.)



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Looking for Christmas Tree Donation!

Christmas is a magical time of the year and you can add to the magic! The Town of Kennebunk wants to celebrate the season with a beautiful tree to be displayed at Tibbetts Plaza for all to enjoy. The town is looking for a donation of a fir tree approximately 30′-40′ high, full all the way around, and easily accessible. A team is ready to come and take a look. Email ljohnson@kennebunkmaine.us or call 207-604-1341.

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Nancy Howell

www.thewrightgallery.com 5 Pier Road, Cape Porpoise Kennebunkport, Maine 207-502-0012 Q: My spouse and I are looking to purchase a house, not necessarily in the current market, but sometime in the future. My concern is about getting a mortgage. I have done some research and feel totally unclear as to what and how I should move forward. It's a big expense and I truly don't want to screw it up and cost us more money than we have to spend. Any suggestions would be appreciated. Thx, John

A: Purchasing a mortgage can truly be a complicated process. I recommend that buyers meet with several well recommended mortgage sellers (both banks and mortgage brokers) and climb the learning curve. The more you learn as you go through meeting with these folks will enable you to make a prudent decision as to what you commit to. There are websites you can explore as well. But devoting time to meet with lenders can truly help you as there are a variety of options.

Send questions to rsimon@ legacysir.com!





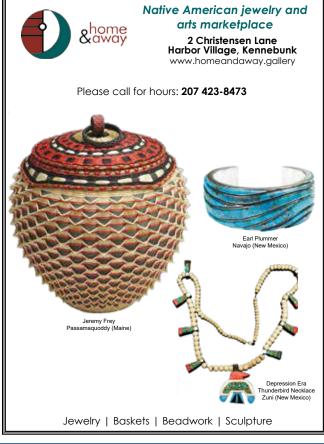
venmo

Randal Simon has been a real estate broker for over 30 years. His column was in the Portland Press Herald for many years; he is now pleased to be participating locally in Tourist & Town. He has been a contributor to The Wall Street Journal, Unique Homes and The New York Times.

Randal Simon Legacy Properties Sotheby's International Realty 150 Port Rd, Kennebunk, ME 04043 (C) 207-590-9656 (O) 207-967-0934 rsimon@legacysir.com www.legacysir.com

Native American jewelry and "Bohemian Sunday Poetry Reading"

Sunday, August 14, 1-3 PM Brick Store Museum Auditorium, Kennebunk FMI wepoets.weebly.com

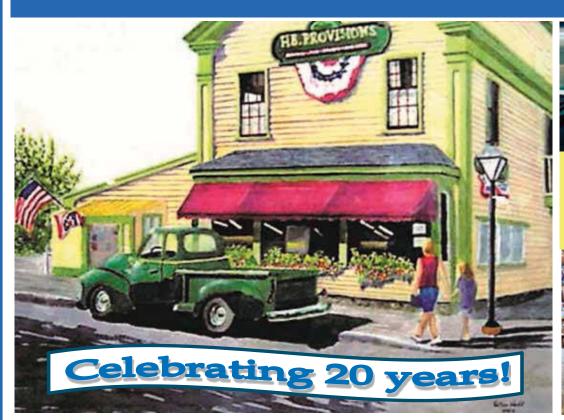




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"The goldenrod is yellow, The corn is turning brown, The trees in apple orchard With fruit are bending down.'



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OPIC:

"The corn is as high as an elephant's eye and it looks like it's climbing clear up to the sky."



Black Bean and Corn Salsa

(Makes 3 cups)

Ingredients:

- 1 15.5 oz. can black beans, drained, rinsed
- 1 heaping cup fresh corn kernels (one ear)
- 1 medium plum tomato, seeded and diced
- 1/2 small red onion, chopped
- 1/2 cup finely chopped fresh cilantro leaves
- 1 canned chipotle chile in adobo sauce, finely chopped, plus 2 tbsp. adobo sauce Juice from 1/2 medium lime

1/4 tsp. kosher salt

Place all ingredients in medium bowl and stir to combine. Cover, refrigerate for at least 30 minutes before serving. (Leftovers in covered container keep for up to one week.)

Blueberry Corn Salsa

(Šerves 6)

Ingredients:

6 ears fresh sweet corn, husked

- 1 cup fresh blueberries
- 1 cucumber sliced
- 1/4 cup chopped red onion
- 1/4 cup chopped fresh cilantro
- 1 jalapeño pepper, seeded and finely chopped 2 tbsp. lime juice
- 2 tbsp. olive oil
- 1 tbsp. honey
- 1/2 tsp. ground cumin
- 1/2 tsp. salt
- 1/4 tsp. black pepper

Cook corn in boiling water for 5 minutes. Cool, then cut corn from the cobs.

In large bowl combine corn, blueberries, cucumber, red onion, cilantro and jalapeño. For dressing: whisk lime juice, oil, honey, cumin, salt and pepper.

Pour over salad and stir until combined. Cover and refrigerate until ready to serve. NOTE: can be made a day in advance

Recommendation from Sandy Janes, *Tourist & Town's advertising director:* "I love Kettle Corn, and the Farmers Daughter farm stand on Route 1, Kennebunk, has the best. I put it in the freezer and eat it when I feel like a treat.

Scrumptious!"

HOUSEHOLD TIPS

How do I cook corn? Let me count the ways...

Boiling fresh corn on the cob: Different strokes for different folks....

Most experts suggest 1 quart of water for each ear.

Bring water to a boil.

Now... some cooks drop the corn in the boiling water, say The Lord's

Prayer, and figure their corn is done.

Others boil corn exactly 5 minutes.

Brave souls drop corn into boiling water, turn off the heat, then let it sit for 10 minutes.

Grilling corn on the cob in husks

Gently peel husks back to within 2 inches of the base. Remove silk, then smooth husks back into place.

Fill a sink with ice water and soak corn for 30 minutes.

Drain and shake off excess water.

Preheat grill to medium, then oil grill to prevent sticking. Grill directly over medium heat, turning occasionally, for 15 minutes.

Open grill carefully and brush with melted butter; season with salt and pepper.

Microwaving fresh corn on the cob: Two options

Wet a paper towel, and wring out. Wrap the ear in the moist towel, place on a glass plate, cook in microwave for 5 minutes. Carefully remove paper towel.

Or put corn in the microwave but do not remove husks. Microwave on high for four minutes.

Cooking corn on the cob in an air fryer:

Preheat air fryer to 400 degrees for 5 minutes. Remove husk and silk from each ear. Spray ears with cooking spray and season with kosher salt and fresh ground pepper. (You can also add smoked paprika, granulated garlic, dried thyme or oregano, if you want.)

Cook corn until tender and slightly charred around the edges, 6 to 8

Corn Quesadilla

(serves 4)

Ingredients:

- 1 1/2 cups shredded Monterey Jack cheese
- 3 green onions, thinly sliced
- 1/4 cup chopped fresh cilantro
- 2 tbsp. sour cream
- 1 tbsp. minced chipotle peppers in adobo sauce
- 4 flour tortillas (8 inches)
- 1 tsp canola oil
- Guacamole (optional)

Place first 6 ingredients in large bowl; toss to combine. Lightly brush tops of two tortillas with 1/2 tsp. oil; turn over. Top with cheese mixture and remaining tortillas. Brush top with oil. Place large nonstick skillet over medium heat. In two batches, cook 1-2 minutes on each side or until golden brown.

THE BASICS: CORN 101

- When buying corn, look for green husks and brown silks that are still moist.
 - Don't peel husks back to peek; doing so jumpstarts deteriora-
- At home, after husking, store ears wrapped tightly in plastic bag in fridge.
- Cook fresh corn the same day you buy it or use within 2 days.
- The average number of kernels on an ear of corn is around 500.
- An ear of corn has one silk strand for every kernel. Cobs always have an even num-
- ber of rows. There are 125 calories in a cup
- Corn is not a vegetable. It's a grain and a fruit.

Grilled Corn Wrapped in **Bacon and Basil**

(serves 8)

Ingredients:

8 medium fresh ears of corn, husks removed 1 lb. sliced bacon (not thick-cut) Fresh basil leaves Toothpicks

Heat outdoor grill to medium low. Boil corn for 4 minutes. Remove and let cool about 5 minutes.

Wrap bacon around cobs, tucking in the basil as you wrap. Overlap the bacon for best results. You need 2-4 slices of bacon per cob.

Secure with toothpicks.

Cook corn over medium-low heat, turning frequently, until bacon is crisp, 3-5 minutes. Serve hot.

Ina Garten's Confetti Corn

(Serves 6)

Ingredients:

2 tbsp. olive oil

1/2 cup chopped red onion

1 small orange bell pepper cut in 1/2-inch

2 tbsp. unsalted butter

Kernels cut from 5 ears yellow or white corn (4 cups)

1 1/2 tsp. kosher salt 1 tsp. freshly ground black pepper 2 tbsp. each julienned fresh basil, minced

chives, chopped parsley Heat olive oil over medium heat in

large saute pan. Add onion, saute 5 minutes until onion

Stir in pepper and saute 2 more min-

Add butter to pan and allow to melt. Over medium heat, add corn, salt and pepper, stirring occasionally, for 5-7 minutes, until corn loses its starchiness.

Season to taste and stir in basil and other herbs.

Serve warm.

Cut each quesadilla into 6 wedges. Serve with guacamole, if desired.

PAGE 12 BE THE REASON SOMEONE SMILES TODAY. **AUGUST 4, 2022 AUGUST 4, 2022** BE THE REASON SOMEONE SMILES TODAY. **PAGE 13** Appearing in this issue are the following businesses. Be sure to check them out! Aikman Design Arundel Farm Gallery **Arundel Wharf Restaurant** Avita of Wells **EXIT 32** Barn & Mill Gallery Biddeford Mills Museum **Bradbury Brothers** BIDDEFORD Branch Brook Fuels Brick Store Museum Webber Hill Rd. 10. Cape Porpoise Kitchen Allen Roj 11. City Theater 12. Cloth Interiors 13. Coffee Roasters of the Kennebunks 14. Colony Hotel 15. Dannah 16. Dannah for Men 17. Dianna Anderson Fine Art **EXIT 25** Ferry 18. Dock Square Coffee House ARUNDEL Beach 19. Eagle's Rock Tackle & Charter 20. Federal Jacks 21. Fine Print Booksellers 22. First Chance Whale Watch Goose Rocks Rd 23. Hackmatack Playhouse 24. H.B. Provisions Bragdon Rd. 25. Home & Away 26. Hurlbutt Designs 27. Just Ducky Heath Rd. 35 28. Kennebunk Artisans Marketplace 29. Kennebunk Beach Realty BIDDEFORD 30. Kennebunkport Consolidated PTA (Circus Smirkus) 31. Leavitt Theatre GOOSE ROCKS **EXIT 19** Cheney Woods Rd. POOL 32. Local Color 33. Mail-It Unlimited Rachel Carson Ntl. Wildlife Wells Harbor Cennebunk Lower 34. Maine Women in the Arts 35. Mary Woodman Studio Laudholm at Wells Reserve Refuge ENNEBUNKP 36. New England Eco Adventures 37. Ogunquit Museum of American Art Kennebunk Beach Gooch's Beach 38. Old House Parts Drakes Island 39. Old Orchard Beach Recreation 40. Old Vines Wine Bar 41. Outta the Box Cape Arunde Wells Beach 42. Pack Maynard Walker's 43. Pilot House 44. Port Hardware 45. Port Lobster GOOSE HOE. 46. Positive Pressure Moody Beach Those listed Sinnott Rd 47. Ride Maine here in italics 48. Rugosa Lobster Tours have online Mt. Agamenticus Log Cabin Rd. St. Ogunquit Beach 49. Seas the Day businesses, traveling 50. Shoebox and Co. Clay Hill Rd. 🚧 businesses or 51. Shops at Cape Neddick Brown businesses 52. Spirit Restaurant Little Beach covering a 53. Squish KPT wide area in 54. St. David's Budget Box York County. **Perkins Cove** 55. Talespin Studio ATLANTIC OCEAN 56. Three Sea's Fish & Lobster St Heath Rd Beachwood Ave. 57. Tttom Clark 58. Wright Gallery 34 School St. To Kittery iel Carson Kennebunk Lc25/er . Wildlife Refuge Long Sands Beach * YORK Kennebunk Gooch's 1457 Ocean Ave. HARBOR The markers on this map are intended to Island Beach be general guides, NOT exact locations! Vaughn Trott Island Cape Arandel Island Island WE PUT OUR ADVERTISERS ON THE MAP! Walker's Point ADVERTISE WITH T&T AND LET US PUT YOU ON THE MAP!



Houses? That's for the birds

by Jo O'Connor

photos by Sandy Gnidziejko

These days, southern Maine is seeing more and more birds, as well as different varieties of our feathered friends. I have long thought birdhouses are cool (I have more than 10).

So just what attracts birds to a birdhouse?

Birds can be as discerning as house hunters when it comes to finding a new home. Just as home buyers look for specific features when house shopping, such as a large kitchen, enough bedrooms and, of course, location, birds also need certain features in their domains. According to thesprcuce.com, factors that affect which birds will use a birdhouse or nesting box include:

Entrance hole size

Overall cavity depth and house height

Interior floor dimensions

General house shape and design

Materials used

House location and mounting style

Birds will assess houses for the surrounding vegetation, area activity and safety from predators.

Here is a mini guideline of a few local birds, with their housing prefer-

American Robin: Place nesting shelf under an overhang overlooking an open area. It is unlikely to use a birdhouse if placed on a tree. Likely to prefer to be near woodlands and urban lawns with a few shrubs and trees.

Barn Swallow: Place nesting shelf under an overhang or porch and away from doors (because of their messy droppings). Usually like farmlands and open spaces.

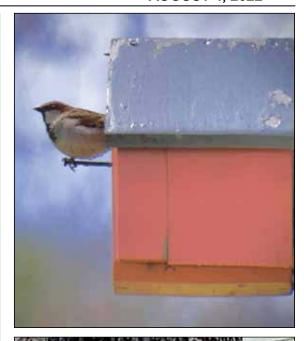
Black-Capped Chickadee: Try a tree trunk or limb between 5 to 15 feet high with the entrance hole facing away from the prevailing wind. The house should receive between 40-60% sunlight. You can put 1 inch of wood shavings in the bottom of the box (but never sawdust). Our state bird can usually be found on forest edges, in meadows and yards with mature trees.

Eastern Bluebird: In an open area on top of a 3-6 foot post. Entrance should ideally face east or north. These beauties prefer open areas with little understory, parks and yards with large turf areas.

Sources; the thespruce.com, welcomewildlife.com











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What's Your Story?

Have you checked out "What's Your Story" yet? Each week, the director of Graves Memorial Public Library in Kennebunkport Mary-Lou Boucouvalas sits down with a community member and talks to them about where they came from, what they do, what their interests are, interests. It's a great chance to get to know people in your community. Tune in Monday evenings at 7 PM on the Louis T. Graves Memorial Public Library's Facebook page or YouTube channel, or watch them on the Town of Kennebunkport's cable channel 1301. FMI call 967-2778.

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* HOUSEHOLD * LINENS * FABRIC * HOME DECOR

West Kennebunk **Family Fun Day** Saturday, August 6 9 AM-2 PM

Get ready for a day of fun with kids' games, activities, pony rides, inflatables, face painting, crafts, contests, food, an antique car show and so much more.

YS

ACCESSORIES

FURNITURE

A parade will begin at 11 AM and will travel from Cummings Market to Masonic Hall.

This event is sponsored by the West Kennebunk Village Committee.

Don't miss it!

"Tea and Tales" at Wallingford Farm offices, archive and research about George Wallingford time, the farm offers Christ-

by Steve Hrehovcik

If you love history and crave to learn more about the personalities, events southern Maine so rich in Street, Kennebunkport. culture and enchantment, you're in for a treat. The Kennebunkport Historical Society presents its popular of teas and delicacies with an afternoon of historical narratives by entertaining storytellers.

The next "Tea and Tales" takes place on Sunday, August 14, at 4 PM at Wallingford Farm, 21 York Street (Route 1), Kennebunk. Presenter of the "Tales" is Charles Godfrey, who will reveal little-known stories about the historic Wallingford Farm, which he purchased in 1994 to save from demolition. A developer had plans to replace the building with an auto parts store.

Kristin Haight, executive director of KHS for the last eight years, said, "We are very excited to have Charles share his knowledge and experiences about Wallingford Farm. It's one of the oldest properties in Kennebunk. It was built in 1804 by George Wallingford, who played a significant part in the growth of the area. A skilled historian and popular raconteur, Charles makes a significant addition to our 'Tea and Tales' series."

"Tea and Tales" is one of the many programs provided by KHS as part of its mission to preserve and present the history, art and culture of the area. Established in 1952 as a non-profit member-supported organization, it operates three properties: The Pasco Center, which includes the administration

center; the recently restored Town House School; and White Columns, the Greek and folklore that makes Revival mansion at 8 Maine

Built in 1853 by Eliphalet Perkins, White Columns was the home of the Perkins-Nott family for 130 "Tea and Tales" series that years. Perkins, who earned combines an assortment a fortune as a merchant, became friends with George Wallingford. They shared in the growth and development of the area.

Highlights of Godfrey's presentation include the significant role George Wallingford played in the separation of Kennebunk from Wells in 1820, along with helping Maine become a new state in the union as part of the Missouri Compromise, also in 1820.

He will also provide details of how troops were housed at the farm during the War of 1812, and when Wallingford took part in the visit of President James Monroe to Kennebunk in 1817.

Godfrey, who used his expertise in restoration of historic buildings to restore Wallingford Farm, said, 'When I purchased the farm, I made every effort to return it to its original condition. As a result, I had to do a considerable amount of research

and the property. I learned a great deal about the history of the area and people who lived here. It's a fascinating story and I'm pleased to share it as part of the 'Tea and Tales' program."

historic appearance of the farm's Federal-style home, carriage house and two barns, Godfrey created a market and full-service garden center to support the property. He features different products and services throughout the year. At present, the farm offers 35 varieties of plants, including lavender, peonies, celosia and dried flowers, plus hay and camp firewood. Dura popular item. At winter- or visit www.kporths.com.

mas trees, wreathes and holiday decorations. The farm also provides space for small functions, such as birthday parties, weddings and rehearsal dinners.

Haight added, "The Tea While preserving the and Tales presentation at Wallingford Farm is just one of the many fund-raising events sponsored by the KHS. It is suitable for all ages. Tickets are \$35 and are tax-deductible. We also have tours at the White Columns building with docents who lead visitors through the seven stately rooms and share tales of three generations of the Perkins-Notts families."

FMI and tickets for "Tea ing the fall, pumpkins are and Tales" call 207-967-2751



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At left: Charles Godfrey, owner of Wallingford Farm, featured at "Tea and Tales," sponsored by the Kennebunkport Historical Society on Sunday, August 14 at 4 PM. Above: Kristin Haight, executive director of the Kennebunkport Historical Society, at White Columns in Kennebunkport, the primary property of the KHS. Courtesy photos.

Theater in the Open presents The Game of Love and Chance

stick comedy, and a set of largest and most compremarriages - these are what hensive independent presyou will find in the outdoor performance of Theater in the Open's The Game of Love and Chance on Sunday, museums and landscapes, August 14, from 5 to 6:30 including several coastal PM, in the lush gardens of farms. The organization op-Hamilton House, located at erates a major collections and 118 privately owned historic 40 Vaughan's Lane in South archives center in Haverhill, Berwick, and overlooking the Salmon Falls River.

Pierre Marivaux's classic romantic comedy will have you in stitches as two couples use deceit to figure each other out. Silvia and Dorante play the game and love and chance with each other. Are you game?

A professional theatre company based in Newburyport, Massachusetts, Theater in the Open has its roots in outdoor theater, creating works that consider story and space. FMI visit www. theaterintheopen.org.

Hosting this event is

ervation organization in the U.S., which welcomes the public to 38 exceptional Massachusetts, and has the region. world's largest collection of New England artifacts, comprising more than decorative

Faked identities, slap- Historic New England, the val documents including my.historicnewengland. photographs, architectural drawings, manuscripts and ephemera. Historic New England offers education programs and award-winning exhibitions and publications. Its Preservation Easement Program protects properties throughout the

> Bring a beach chair, blanket and a picnic. Tickets are \$2 per person and can be arts and objects and archi-purchased online at https://

org/13902/ham-love-andchance or at the gate.

FMI email Hamilton-House@HistoricNewEngland.org, call 207-384-2454 or visit www.Historic-NewEngland.org.



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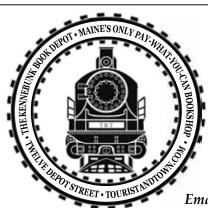
also at **The Maine Souvenir Shop**, 2 Exchange St., Portland & Cole's Corner Gifts, 2232 Rte. 1, Wells (opposite Maine Diner)

Maine News Briefs

by Jo O'Connor

- Celebrity Sighting: Actor comedian Steve Carrell was spotted with his family in Portland dining at Flatbread over the weekend.
- We Wish You Well. A fond farewell to long-time pharmacist Gary Tito of Kennebunkport's Colonial Pharmacy. The retail store will remain as the Colonial. The pharmacy will transfer all files to the CVS in Kennebunk.
- This Just In: Opening soon is The Local Bottega on 6 Agatha James Drive in Kennebunk, offering hand-made artisanal items and running workshops. Welcome.
- Putting your Life in Jeopardy: There has been a consistent run of Maine *Jeopardy!* contestants over the past four years. In 2019, 2020 and 2021, Jeopardy! featured a contestant from Maine. In 2022, that streak kept on with Saco's own Karla Fossett facing two contestants – she did have a one-day win of \$16,600. Way to represent!
- We're Gonna Be on TV? The buzz about Kennebunkport and Lower Village Kennebunk is that a film crew from A&E were in town filming a food-based show at Allison's, The Boathouse and The Clam Shack. We'll see what makes the cut.
- Pizza is Back! Welcome to Live Pizza Kitchen (located in the former home of Atlantic Pizza) in Lower Village Kennebunk offering traditional, Detroit-style and more!

Sources: WGME-TV 13; WMTW-TV 8, Q97.9, z107.3



The book depot is open! Housed in the former Kennebunk train depot at 12 Depot Street, we are Maine's only pay-whatyou-can bookshop and we will be raising funds for local causes. We are open Saturdays during "Depot Days" (9-2), so come check us out! And we need book donations of quality used books!

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T&T'S WHADDYA SEE?



CAN YOU SPOT THE DIFFERENCES IN THESE TWO PHOTOS FROM

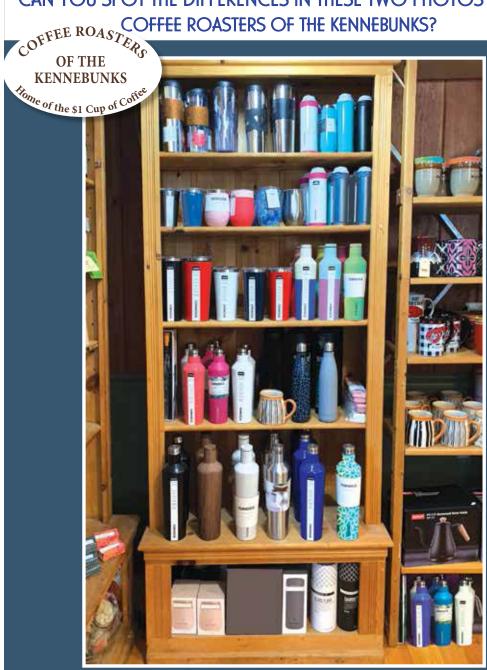


Photo by Sandy Janes; editing by Geraldine Aikman

La Dolce Vita

There are still times that I think of myself as the youngster in a group, only to realize I'm on the upper end of the age range in the room.

I can't figure out how this happened.

I mean one day you're 30, your kids are babies and you're the youngest editor in the newsroom and the next thing you know you're creeping toward 60, your kids own their own homes and you're the oldest person in your office - as in, "old enough to be your mom."

I know the expression is time is like a river, but there are days it feels more like waves crashing over me than a gentle meandering stream.

But just as people tell you not to look down when you are perched somewhere high and deathly afraid of heights, I think as time marches on, our mantra should be, "don't look back."

But speaking of looking

about - and even dream about - childhood summers in the city.

While organizations were busing kids out of New York City to the clean mountain air, I was traveling in my PopPop's VW bug into the Bronx for a week.

There I'd go to the park where the black squirrels scrambled around the trees and my Nana would push me on the swing. Afterward, she'd take me shopping at Macy's and Cornell's, then for lunch on "the circle."

Back at her building I'd play on the stoop with the girl in the building across the street, and walk with my Pop to get the evening edition of the paper at the candy store.

Dinner was whatever I wanted - ravioli, roast beef, lots of mashed potatoes - and breakfast featured Pop's fluffy scrambled eggs.

back home in New Jersey. First, there was always butter in a cut glass butter dish, not margarine in a tub like back home. And Nan took most of their laundry to the laundromat, except some things like underwear and my clothes. Those she'd wash in her big enamel sink and hang out to dry on the clothing lines that crisscrossed the inner courtyard of her building.

At home we'd drive everywhere, but in the city we mostly walked, blocks and blocks it felt like, if we wanted to go anywhere.

Food didn't come from a grocery store, either, but from stops made at the butcher's and the greengrocer's and the bakery, sometimes daily. And everywhere, shop keepers greeted my Nan by name.

Rain in the city had a different smell, hitting the At Nan and Pop's house pavement with a sizzle and

This time of year I think things were different than creating rainbows in the roadways where motor oil had leaked.

There were no pools, no air conditioners, but sprinklers in the park you ran through with the other kids, and big window fans that puffed the curtains out at night.

At the end of the week I'd head home to Jersey in Pop's car, already missing the rhythm of my summer days in the city.

My dreams often take me back there, to those feelings of safety and contentment, so I guess not all looking back is bad after all.



Laura Dolce is a former newspaper editor, longtime columnist and the executive director of the

Kennebunk, Kennebunkport and Arundel Chamber of Commerce. She lives in Kennebunk with her husband and her dog Finn.

WHERE DID YOU **GET THAT?** HARBOR BEACH RIVER HOUSE GARDEN NTAGE **GIFTS** APPAREL

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Vintage baseball game at the Brick Store Museum

game... in Kennebunk! On setts). The game will will be-Saturday, August 6, the Brick Store Museum will host a vintage baseball game between the Dirigo Baseball

Take us out to the ball (of Holliston, Massachugin at 12 PM on Kennebunk's Parsons Field, at the corner of

"Making history come

Dane and Park Streets.



Courtesy photo

tor Cynthia Walker. "This vintage baseball game is an example of how communities can have fun with the

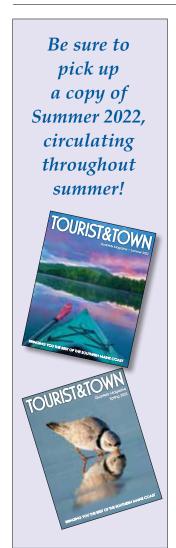
The game will feature vintage sports costumes and will be played by 1860s rules (including NO mitts). Participants will receive the rules of play so as to follow along.

Attendees are encouraged to bring camp chairs and picnic blankets to enjoy the game. A concession stand will be on site with hot dogs by Shields Meats and other game-day snacks.

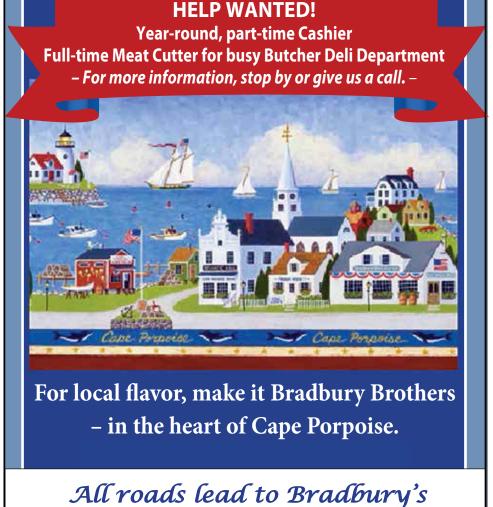
Tickets are \$5 per person, with children under 12 free.

museum's executive direc- Parking is available downtown with a short walk to the park. Tickets can be purchased at the door, online at brickstoremuseum.org/ calendar, or at the Brick Store Museum.

> This event has been generously sponsored by Kennebunk Savings Bank, Hancock Lumber and Han-







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The Southern Maine Saltwater Fishing Report

by Captain Greg Metcalf

It was another good week of great weather and awesome fishing along the Southern Maine coastline. Mackerel were a bit more difficult to catch than the previous week but still available if you looked for them. Striped bass continued to be cooperative.

There are plenty of small school-sized fish and good

inches. Offshore fishing for as well as several other fish haddock, sharks and tuna has been excellent.

Kennebunkport: The fishing from Cape Porpoise to Wells Bay has been relatively steady. Some days are a little more challenging than others and require some extra patience, but there is plenty of bait and a robust body of stripers numbers of fish between in the area. Captain Bruce 28 and 35 inches and jum- Hebert of the Libreti Rose II

bo-sized stripers over 40 caught a forty-seven-inch along the southern Maine over forty inches in one trip this past week.

> The Kennebunk River has been producing some impressive catches of stripers including several keeper-sized fish.

> Wells, Ogunquit: Brandy from Webhannet River Bait striper fishing was excellent again this week. There are still mostly school-sized fish along the coastline and in the rivers, but there are some big fish in the mix. One lucky angler landed a forty-three-inch striper off the Wells Harbor jetty on Thursday.

Mackerel fishing was also very good. Live mackerel, chunk mackerel, clams and sea worms all worked well for fishermen. Early morning and early evening seem to be the best times of day for optimum results.

York: Captain Phil Breton reported bait is plentiful

coast so the stripers have been very active. He has caught both small and large fish along the rocks and beaches this week. Long Sands Beach and the rocky shoreline off the Cliff House have been particularly productive.

Goose Rocks Beach: and Tackle reported that Captain Dave Rand reported fishing the Goose Rocks Beach area was fairto-good this week. Sand eels have moved back in along the sandy beach but the stripers don't seem to be as active as other areas. Fishing along the Cape Porpoise shoreline and islands was very good.

> Saco River and Saco Bay: Captain Cal Robinson of Saco Bay Guide Service told me bait was more cooperative this week and the bass were plentiful, especially on the open beaches. Mackerel have reappeared and are back in force. Trolling tube and



Patrick Albor and his fiancée from Covington, Pennsylvania, pose with a beautiful striper caught in front of the Bush's Walker's Point estate. They enjoyed a great day of fishing with Captain Costa Moreshead of Hard to Port Fishing Charters.

worm rigs in the Saco River was very productive as well as drifting with chunks of mackerel for bait

There are still no bluefish catches to report but the water temperatures have stabilized.



Join us aboard one of our boats, "Nick's Chance" or "Kylie's Chance," for an authentic and exciting experience out on the Atlantic Ocean. Choose between a longer tour or shorter, scenic cruise, either way, you'll get to experience Kennebunk and Kennebunkport, its wildlife, and the culture out on the water for a unique tour of the coast of Maine.



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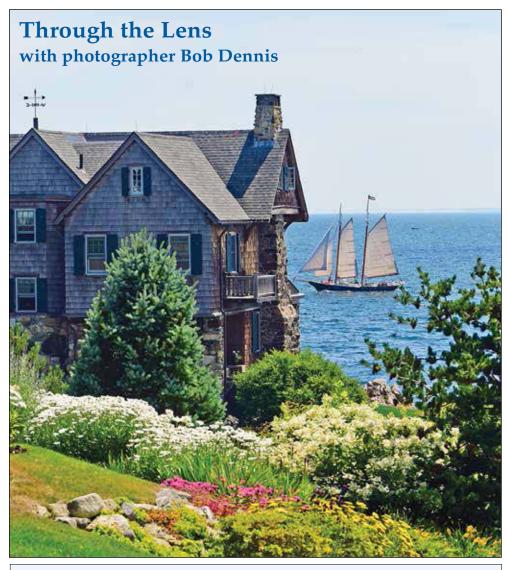


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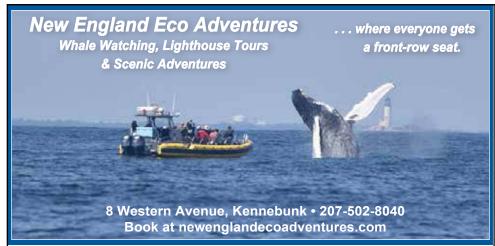




Have some fun on the water on the southern coast



"Taken on July 15, this photo shows two of Kennebunkport's most recognizable symbols coming together. The distinctive Stone House on Ocean Avenue is one of the most photographed and painted houses in all of Maine. The cedar-shingled cottage was built 100 years ago and has been owned by the same family since 1931. Its construction was so sturdy that it has survived countless storms and huge waves. Named after his mother, the 55-ft Schooner Eleanor was locally built and launched in 1999 by Captain Rich Woodman. Rich has boatbuilding in his blood; his grandfather had been a noted builder of ships and commercial fishing vessels. Rich has been offering excursions out of Kennebunkport since 1987." ~ Bob Dennis ~ kportimages.com ~ @portimages



TWO OF THE KENNEBUNKS' MOST MEMORABLE EXPERIENCES





Wednesday, August 3

Just another high speed, scenic adventure along the southern coast! This time it was 15-year-old Daisy's turn. Hard to say what the best part was... The scenery? The seals? The speed? Or the colorful storytelling of Captain Gary Grenier??

Cruises • Whale Watches • Fishing Charters

Back by popular demand is our list of local scenic cruises, whale watches and fishing charters. Do let us know if we left anyone off the list. We are always improving and expanding our resources!

Perkins Cove

Finestkind Scenic Cruises

Scenic breakfast cruise, Nubble Lighthouse cruise, lobstering trips, sailing cruises and more. 207-646-5227. Facebook: @finestkindcruises

Scenic cruises, private charter, half day charter and full day charter. 207-646-3758. Facebook: @ sailingonthegift

Silverlining Sailing Cruises

Morning sails, afternoon cruises and sunset sails. 207-646-9800. Facebook: @silverliningsailing

Wells Harbor

Reel Brothers Charters

Fishing charters and scenic boat tours aboard the Doris Marie. 603-781-7440. Facebook: @Reel **Brothers Charters**

Sage Fishing Charters

Sunset cruises, inland striper fishing, offshore tuna and shark fishing for half day or full day. 508-450-7130. SageFishingCharters@gmail.com.

Kennebunkport

Libreti Rose II Fishing Charters

Fishing charters to fit your vacation plans. 207-432-4349. libretirose@gmail.com

Rugosa Lobster Tours

Enjoy a scenic coastal cruise while observing a handson lobster demonstration. 207-468-4095. Facebook: @RugosaScenicCoastalLobsterTours

Schooner Eleanor

Sailing trips aboard the Eleanor. 207-967-8809. Facebook: @Schooner Eleanor.

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Enjoy a day of fishing or sight-seeing with Captain Greg Metcalf aboard Striper Swiper. 401-617-9265. Email greg@captaingregmetcalf.com.

The Pineapple Ketch

Morning, mid-day, or evening sails to explore southern Maine's coast. 207-888-3445. Facebook: @Pineapple-KetchSailing

Kennebunk

First Chance Whale Watching & Scenic Cruises Experience scenic lobster tours and whale watching cruises with the crew of Nick's Chance. 207-967-5507. Facebook: @First Chance Whale Watch and Scenic

Lobster Cruises. F/V Nor'Easter

Daily deep sea fishing trips, private charters, and more. 207-450-1831.

New England Eco Adventures

Lighthouse tours, whale watching and Scenic fun aboard Buzzworthy. 603-502-6084. Facebook: @newenglandecoadventures.

Sea Turtle Coastal Cruises

Private sailing charters for groups of up to 6 passengers. 904-377-2245. Facebook: @CaptDuffy

Eagle's Rock Tackle & Charter

Fishing, lobstering and scenic tours out of the Saco River. 617-529-4095 or 781-775-1995. eaglesrocktackle@ gmail.com. eaglesrocktackle.com.

Saco

Broad Reach Sailing

Sailing, lobstering, lighthouse and fishing experiences. 207-415-5858. Facebook: @BroadReachSailingMaine.

Captain Joe's Cruises

Choose from coffee, dinner and/or sunset cruise along the Saco River. 207-835-1628. Facebook: @captain-

Tide Chart August 3 – August 17

High 03:27 AM 8.96 Low......01:50 AM....0.16 Low....... 09:37 AM.... 0.49 High 08:07 AM 8.19 High 03:56 PM 8.93 Low......09:59 PM....0.88 Sunrise: 5:33 AM Sunset: 8:03 PM Sunset: 7:56 PM Thursday, August 4 High 04:13 AM 8.73 Low...... 10:19 AM....0.62 High 04:39 PM 9.13 Low......03:04 PM....0.66 Low......10:49 PM....0.76 Sunrise: 5:35 AM Sunset: 7:55 PM Sunset: 8:01 PM Wednesday, August 10 Friday, August 5 High 05:03 AM 8.49 Low...... 11:07 AM....0.78 High05:26 PM9.35 Low...... 11:45 PM....0.61 Sunrise: 5:36 AM Sunrise: 5:41 AM

Sunset: 8:00 PM Sunset: 7:53 PM First Qtr: 6:08 AM Saturday, August 6 High 05:59 AM 8.28 Low......12:00 PM....0.92 High 06:20 PM 9.56 Sunrise: 5:37 AM Sunrise: 5:42 AM Sunset: 7:52 PM Sunset: 7:59 PM

Low...... 12:46 AM....0.43

High 07:01 AM 8.15 Low......12:58 PM....0.97 High 07:19 PM 9.80 Sunrise: 5:38 AM

Sunset: 7:58 PM

Sunday, August 7

Monday, August 8

Low......02:00 PM....0.90 High 08:22 PM 10.1 Sunrise: 5:39 AM

Tuesday, August 9 Low...... 02:55 AM.. -0.18 High 09:13 AM 8.42

High 09:25 PM .. 10.44 Sunrise: 5:40 AM

Low...... 03:57 AM.. -0.57 High 10:15 AM 8.79 Low......04:06 PM....0.31 High 10:26 PM .. 10.76

Thursday, August 11 Low...... 04:55 AM.. -0.94 High 11:13 AM 9.21 Low......05:05 PM.. -0.06 High 11:24 PM..10.98

Full Moon: 8:37 PM Friday, August 12

Low...... 05:49 AM.. -1.18 High 12:07 PM 9.58 Low......06:01 PM.. -0.34 Sunrise: 5:43 AM

Sunset: 7:51 PM

High 12:19 AM.. 11.03 Low...... 06:41 AM.. -1.25

Saturday, August 13

High 12:59 PM 9.84 Low......06:55 PM.. -0.47 Sunrise: 5:44 AM

Sunset: 7:49 PM Sunday, August 14

High 01:12 AM .. 10.85 Low...... 07:30 AM.. -1.12 High 01:49 PM 9.94 Low......07:48 PM.. -0.41 Sunrise: 5:45 AM

Sunset: 7:48 PM Monday, August 15

High 02:04 AM .. 10.45 Low...... 08:18 AM.. -0.78 High02:37 PM9.89 Low......08:40 PM.. -0.19 Sunrise: 5:47 AM Sunset: 7:46 PM

Tuesday, August 16

High 02:55 AM 9.90 Low...... 09:05 AM.. -0.28 High 03:26 PM 9.69 Low......09:33 PM....0.15 Sunrise: 5:48 AM Sunset: 7:45 PM

Wednesday, August 17

High 03:47 AM 9.26 Low...... 09:53 AM....0.32 High 04:15 PM 9.41 Low......10:28 PM....0.53 Sunrise: 5:49 AM

Sunset: 7:43 PM

Note: The number for each high and low tide indicates the height in feet above or below sea level. This chart shows tides for the mid-coast of York County; tide times are a few minutes earlier to the north (Old Orchard Beach) and a few minutes later to the south (York Beach). Tides are affected by the weather and cycles of the moon; the actual times and tide heights can differ slightly from the predictions above.

Local Live Music

Bentley's Saloon 1601 Portland Road, Arundel Live Music Every Thursday-Sunday www.bentleyssaloon.com | 985.8966

Bitter End
2118 Post Road, Wells
Live Music Every Fridays & Saturdays 5-8 PM,
Sundays (Jazz) 4-7 PM
August 5: Meraki
August 6: Fugitive
August 7: Rob & Jim
www.bitterend.me | 360.0904

The Brunswick 39 West Grand Avenue, Old Orchard Beach Live Music Everyday 1-11 PM www.thebrunswick.com | 934.4873

Bull and Brew Wing House 6 East Grand Ave, Old Orchard Beach August 5: Eric Grant Band 9 PM August 6: Maddi Ryan www.bullandbrewwinghouse.com | 934.3595

The Burleigh at the Kennebunkport Inn Dock Square, Kennebunkport August 4: Ross McGinness 12 PM August 6: Amanda Adams 12 PM August 7: Abrielle Scharff 12:30 PM August 10: Andrew Favreau 12 PM www.kennebunkportinn.com | 967.2621

Champions Sports Bar 15 Thornton Street, Biddeford Tuesdays: Alex Roy 8-11 PM August 5: Michael Corleto 6 PM www.championssportsbar.com | 282.7900

Clay Hill Farm
220 Clay Hill Road, Cape Neddick
Thursdays: Gordon Shannon at the Piano 6 PM
Wednesdays, Fridays & Saturdays: Katherine Mayfield at the Piano 6 PM
Sundays & Mondays: Sweet Serenity with Curt Bessette & Jenn Kurtz 5:30 PM
www.clayhillfarm.com | 361.2272

The Cliff House 591 Shore Road, Cape Neddick August 4: Lisa, Byon & Jim 5:30 PM www.cliffhousemaine.com | 361.1000

The Colony Hotel
140 Ocean Avenue, Kennebunkport
Live Music Thursdays- Saturdays 5-7 PM
August 6: Beau Dalleo Trio
www.thecolonyhotel.com | 967.3331

Cowbell Burger Bar 140 Main Street, Biddeford Live Music Friday nights August 5: Mike & Paul 7 PM www.eatatcowbell.com | 284.2355

Féile Restaurant & Pub 1619 Post Road, Wells Wednesdays: Live Irish Music 6:30-10 PM Saturdays Live Music 7:30 – 11:30 PM www.feilerestaurantandpub.com | 251.4065

The Front Porch 9 Shore Road, Ogunquit Live Music at The Piano Bar Every Night www.thefrontporch.com | 646.4005

Funky Bow Brewery and Beer Company 21 Ledgewood Lane, Lyman Live Music every Fri-Sat-Sun. www.funkybowbeercompany.com | 409.6814

Hooks Chill & Grille 696 Main Street, Ogunquit August 8: Jim Dozet 6 PM August 9: Crystal Marie August 10: Dan Walker www.hookschillgrille.com | 216.4813

Hurricane Restaurant 29 Dock Square, Kennebunkport August 10: Lisa Mills 5:30 PM www.hurricanerestaurant.com | 967.9111 Inn on the Blues
7 Ocean Avenue, York
Reggae every Tuesday 9 PM
with Green Lion Crew
August 5: Business Time 9:3 0PM
August 6: Jon Hollywood and the Boulevard 9:30 PM
www.innontheblues.com | 351.322

Jimmy the Greek's 215 Saco Avenue, Old Orchard Beach Live Music Every Friday and Saturday www.jimmygreeksopa.com | 934.7335

Lobster in the Rough 1000 US Route 1, York Live Music Every Thursday through Sunday www://theroughyorkmaine.com | 363.1285

Mike's Clam Shack 1150 Post Road, Wells August 5: Mike Mazola 6:30 PM August 6: Brian Johnson 6:30 PM August 7: Bob Tirelli 4:30 PM www.mikesclamshack.com | 646.5999

Nikanos Mediterranean 173 Main Street, Ogunquit August 4: Michael Corleto 2PM August 5: Jim Dozet 2PM / Beau Dalleo 8 PM August 6: Mark LaPointe 2PM / Eric Andrews Jazz Quintet 8 PM August 7: Maher & Mazola 12 PM Beau Dalleo 3 PM www.nikanos.com | 646.1112

The Nonantum Resort 95 Ocean Avenue, Kennebunkport August 4: Carmine Terracciano 5 PM www.nonantumresort.com | 967.4050

Old Vines Wine Bar 173 Port Road, Kennebunk August 4: Dueling Piano w/Seth & Jimmy 6PM August 5: Chris Joseph 6 PM August 6: King Kyote 6PM www.oldvineswinebar.com | 967.2310

Outlook Tavern at the Links at Outlook 310 Portland Street, South Berwick August 4: Dan Walker 6 PM August 5: Paul Chase, Jr. 6 PM August 6: Kaia Mac 6 PM www.outlooktavern.com | 384.1004

Patio Pub – OOB 2 Old Orchard Beech Pier, Old Orchard Beach August 5: Kevin Niles August 6: Kevin Niles www.oobpier.com | 934.3595

The Pilot House
2 Harbor Lane, Lower Village Kennebunk
August 4: Ben Lyons
August 5: Chris Ross Band
www.thepilothouseme.com | 204.0709

The Rabbit Hole at Via Sophia Every Sunday 7-10 PM: Carmine & Lynne's Gabaret Saturdays: Rob Spaulding (Jazz) 11 AM-2 PM

Ryan's Corner House Irish Pub 17 Western Avenue, Lower Village Kennebunk Live Music Every Wednesday thru Saturday 6 PM 967.3564

Sand Dollar Bar and Grille 2 Beach Street, York Beach Piano Bar Every Night 8 PM Live Music Every Thursday-Sunday 2:30-5:30PM www.sanddollarbarandgrille.com | 606.0077

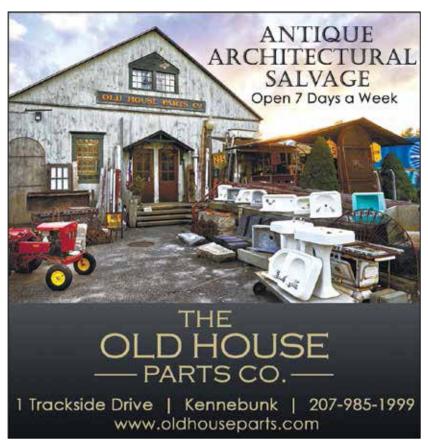
Strike Zone
20 Old Orchard Street, Old Orchard Beach
Live Music Every Friday/Saturday/Sunday
www.strikezonerestaurantandpub.com
934.0199

The Tides Beach Club 254 King Highway, Kennebunkport Live Music Every Sunday http://tidesbeachclubmaine.com | 967.3757

HOW'D YOU DO?









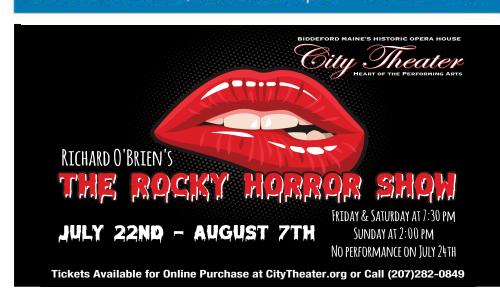
Casual Waterfront Dining Featuring Fresh, Local Seafood

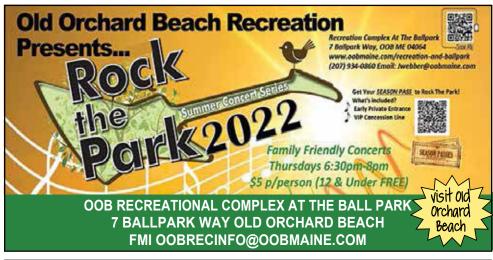
Cocktails & sea breezes on the deck

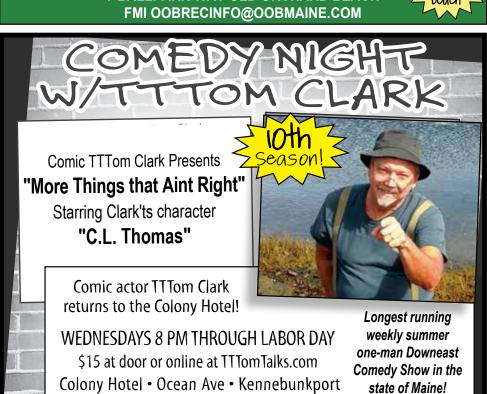
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A unique dining experience

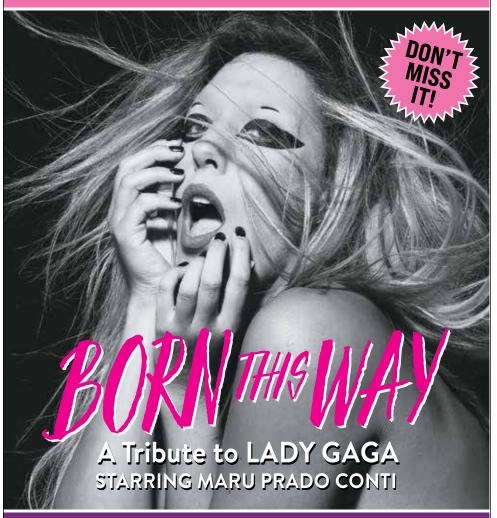
43 Ocean Avenue, Kennebunkport 207-967-3444







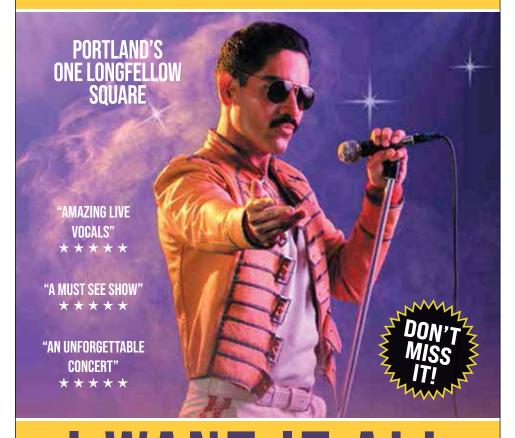
THE LEAVITT THEATRE · OGUNQUIT, MAINE AUGUST 6 @ 7PM





VIP SEATING \$45 · GENERAL SEATING \$35 · BACK SECTION \$25 SCAN FOR TICKETS OR AVAILABLE AT THE THEATRE Presented by Steve Balfour SB4LCS@gmail.com

WEDNESDAY, AUGUST 10 · 8PM







ALL SEATS \$45

SCAN QR FOR TICKETS ONLINE
Or email: SB4LCS@gmail.com



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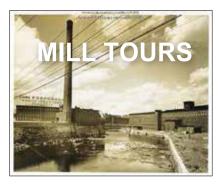




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THURSDAYS, FRIDAYS & SATURDAYS June 2 - October 15

For details and to reserve online, visit Biddefordmillsmuseum.org/tours

Biddeford Mills Museum
2 Main Street, Building 18, Suite 108
Open Thursdays, Fridays, Saturdays 12 - 4 PM
biddefordmillsmuseum@gmail.com

CALENDAR OF EVENTS

Wednesday, August 3

Bird Banding Demonstration, Wells Reserve at Laudholm Farm, 342 Laudholm Farm Road, Wells, 7-10 AM. Visit the bird banding station at the Wells Reserve at Laudholm. Free with site admission. FMI 207-646-1555 or wellsreserve.org/calendar.

Ice Cream Social, sponsored by Friends of Hope Cemetery & Woods and held at the Seashore Trolley Museum, 195 Log Cabin Road, Kennebunkport, 5:30 p.m. to 7:30 PM. For just \$10, get a ride on the Trolley and an ice cream sundae. At the same time, you'll be benefitting two local treasures!

Portside Readers, Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 7 PM. Listen to stories, poems, tales, essays, drama, songs and more by the Portside Readers. Tune in on the Louis T. Graves Memorial Public Library's Facebook page or YouTube channel, or watch them on the Town of Kennebunkport's cable channel 1301. FMI call 967-2778.

Kennebunk Concerts in the Park - Dann Wolfe, Lafayette Park, Kennebunk, 6:30 PM. Pack a picnic dinner and meet up with family and neighbors at Lafayette Park every Wednesday night. The free concerts continue weekly through August 17.

Thursday, August 4

Meet the Scientist: Larval Fish, Wells Reserve at Laudholm Farm, 342 Laudholm Farm Road, Wells, 1-2 PM. Jeremy Miller, research associate at the reserve, will talk about tracking population changes through long-term monitoring of species like herring, flounder and hake. He will also discuss larval crabs and other tiny animals found through this project. Free with site admission. Registration required at suzanne@ wellsnerr.org or 207-646-1555 x116. FMI wellsreserve.org/calendar.

Chill Gaming, Kennebunk Free Library, 112 Main Street, Kennebunk, 3:30-4:30 PM. Come hang out with friends, test out your gaming card decks, play on the library's Nintendo Switch, try out new RPG board games, or anything else in between. This group meets every other Thursday from 3:30-4:30 P.M. (Next date: August 18.) Open to Teens 10 and up. FMI see Miss Emmaline in the Children's Room or call 985-2173.

Tarot 101 with Kate Sheridan, Wells Public Library, 5:30 PM. This event is for anyone who wants to learn more about tarot cards. This group will cover basic tarot theory and how the 78 cards work together. Learn how to conduct a reading and leave with practical next steps to do at home. Bring a notebook and pen; no need to bring tarot cards. FMI contact Stefanie Claydon at sclaydon@wellstown.org or call 646-8181.

Historic District Walking Tour, Brick Store Museum, 117 Main Street, Kennebunk, 12 PM. Explore the history of the elaborate and historic homes that line Kennebunk's Summer Street neighborhood in Downtown Kennebunk. Led by Museum tour guide. \$10 per person/\$5 for members. Reserve in advance by calling 985-4802 or visit www.brickstoremuseum.org.

Friday & Saturday, August 5 & 6

Stems to Stearns Flower Pop-up, the old Kennebunk train depot, 12 Depot Street, Kennebunk, 9 AM-1 PM. Select from a wide array of flowers at the 'flower bar' and watch as they are arranged for you.

Friday, August 5

Sparks' Art Animal Encounters, Kennebunk Free Library, 112 Main Street, Kennebunk, 3 PM. What animals will you see this time? The possibilities are endless! Sparks' Ark is based in the greater Portland area, with a private reserve where animals are rehabilitated. Sparks' Ark shows are always wild and exciting. This event is for all ages. No registration is required. In inclement weather, this event will be inside the library. FMI

Explore the Shore, Wells Reserve at Laudholm Farm, 342 Laudholm Farm Road, Wells, 10 AM-12 PM. While strolling Laudholm Beach, will explore questions about the sand, the wrack line,and found objects. Free with site admission. Registration required at 207-646-1555 x110 or caryn@wellsnerr. org. FMI wellsreserve.org/calendar.

August Astronomy Club Meeting, Talmage Observatory at Starfield, West Kennebunk, 5 PM. (Directions to the Talmage Observatory at Starfield, and the New School, may be found at http://www.asnne.org/where-to-find-us.php.) This is the monthly meeting of the Astronomical Society of Northern New England (ASNNE) and is an outdoor barbeque meeting and potluck. Astronomical Society members and the general public are invited. ASNNE will provide grills, but all guests should bring their own food and favorite beverages. At about 6:30 PM, the general meeting will begin, with a presenta-

tion on astrophotography by Mark Hamilton. Later in the evening, there will be observing. If cloudy, the meeting will proceed as planned. If rainy, a regular meeting will be held at the New School at 38 York Street, Kennebunk. FMI and for any last minute changes to the August Meeting, email asnne. astronomy@gmail.com. FMI about ASNNE, including events you may also visit www.ASNNE.org.

Saturday & Sunday, August 6 & 7

Barn & Mill Pop-Up Store, Atlantic Hall, Cape Porpoise. A selection of hand-crafted live-edge furniture, including benches, coffee tables, console tables and table-top centerpiece, will be offered. Custom orders for dining room tables will be accepted. FMI visit www.barnandmillgallery.com.

Saturday, August 6

Kennebunk Farmers' Market, Garden Street Bowl Parking Lot, Kennebunk, 8 AM-12:30 PM.

West Kennebunk Family Fun Day, West Kennebunk, 9 AM-2 PM. Kids' games, activities, pony rides, inflatables, face painting, crafts, contests, food, antique car show and more. Parade at 11 AM from Cummings Market to Masonic Hall. Sponsored by West Kennebunk Village Committee.

"Depot Day," the old Kennebunk train depot, 12 Depot Street, Kennebunk, 9 AM-2 PM. Flowers by Stems to Stearns, art by Holly C. Ross and photography by Steve "Roscoe" Ross, plus books at the book depot. FMI publisher@touristandtown.com.

Bird Walk, Wells Reserve at Laudholm Farm, 342 Laudholm Farm Road, Wells, 7:30-9:30 AM. York County Audubon birders lead a guided walk to search for summertime birds around the Wells Reserve property. Beginners welcome. Please bring binoculars if you have them. Free with site admission. Registration required at suzanne@wellsnerr.org or 207-646-1555 x116. FMI wellsreserve.org/calendar.

Kennebunk Beach History Walking Tour, begins at Trinity Chapel, Railroad Avenue, Kennebunk Beach, 11 AM. Learn the history of the development of Kennebunk Beach as a tourist destination. About a one-mile loop, 60-90 minutes, led by trained tour guide. \$10.00 per person/\$5 for members. Reserve in advance by calling 985-4802 or visit www.brickstoremuseum.org.

Vintage Base Ball Game, hosted by Brick Store Museum, Parsons Field, Kennebunk, 12-2 PM. Watch a baseball game played by 1860s rules with reenacting teams Dirigo Club of Maine vs. Mudville of Holliston, MA! Starting on Parsons Field at 12 PM, snacks will be available for purchase. Blankets and chairs encouraged! To purchase tickets call 985-4802 or visit www.brickstoremuseum.org.

Sea-Vu Campground's Golf Tournament for the David F. Talevi Foundation, Dutch Elm Golf Course, Arundel, 8 AM. The cost is \$100 per person. Sign up by calling or coming into the Sea-Vu Campground office. FMI call Teresa Archard at 518-796-1991.

22nd Annual Open Golf Tournament to benefit Wells Branch Fire Association, Merriland Farm Par 3 Golf Course, Coles Hill Road, Wells, 7 AM-4 PM. No tee times needed. Adult/child divisions, cash prizes, raffles and more. Entry fee \$25 for 18 Holes and \$20 for 9 Holes. FMI call 646-0508. (Rain date is Sunday, August 7.)

Rock the Park: Family Friendly Concert Series, 7 Ballpark Way, Old Orchard Beach, 6:30 PM. FMI OOBRecinfo@oobmaine.com.

Born This Way: A Tribute to Lady Gaga, Leavitt Theatre, Ogunquit, 7 PM. FMI contact Steve Balfour at SB4LCS@gmail or go to leavittheatre.com. Don't miss it!

Sunday, August 7

Sea Music with Roll and Go, Historical Society of Wells and Ogunquit, 7 PM. A fun evening of sea shanty music with Roll and Go, one of Maine's premier sea music bands. The historic meetinghouse will come alive with songs of the old seafaring days, a perfect pairing for your summer on the seacoast.

Monday, August 8

Outdoor Storytime, Kennebunk Free Library, 112 Main Street, Kennebunk, 10 AM. This is an ongoing program. Storytimes will be held outside the library near the faerie garden. In the event of rain or inclement weather, storytime will be held indoors. The location of storytime will be announced by 8 AM on the morning of storytime, and will be shared on the library's Facebook page and website. The next storytime will be August 15, with a visit from Kennebunk Fire and Rescue.

AUGUST 3-13

Monday-Friday, August 8-13

Pirate Week, Kennebunk Free Library, 112 Main Street, Kennebunk. Events include pirate storytime on Monday, August 8, at 10 AM (ages 0-5), pirate escape room family edition on Tuesday, August 9, from 11 AM-4:30 PM (open to families with children ages 5 and up, registration required), pirate escape room teen edition on Wednesday, August 10, from 1-5:30 PM (open to teens ages 10 and up, registration required), Jim Nelson's talk about pirates in Maine on Wednesday, August 10, at 6:30 PM (adult program) and Swashbuckler's Quest on Thursday, August 11, at 2:30 PM (open to all ages, rain date Friday, August 12 at 2:30). FMI and to register, call 985-2173 or visit www.KennebunkLibrary.org.

What's Your Story? Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 7 PM. Mary-Lou Boucouvalas sits down with a community member and talks to them about where they came from, what they do, interests, etc. Tune in Monday evenings at 7 PM on the Louis T. Graves Memorial Public Library's Facebook page or YouTube channel, or watch them on the Town of Kennebunkport's cable channel 1301. FMI call 967-2778.

Tuesday & Wednesday, August 9 & 10

Circus Smirkus's 35th anniversary production, Rockin' Horse Stables, 24 Arundel Road, Kennebunkport, 1 and 6 PM both days. Enjoy high-flying aerialists, whimsical wirewalkers, astonishing acrobats and courageous contortionists from a troupe made of up 30 hardworking, talented teenagers, ages 11-18, from California, Colorado, Connecticut, Massachusetts, Maryland, New Hampshire, New Jersey, New York, Oregon, Pennsylvania, Rhode Island, Vermont and Wisconsin. Tickets are \$25 per person and those under 2 are free. FMI and for tickets, visit www.smirkus.org.

Wednesday, August 10

Secrets of the Salt Marsh Walk, Wells Reserve at Laudholm Farm, 342 Laudholm Farm Road, Wells, 10-11:30 AM. Learn what is special about these productive ecosystems, nestled between seashore and uplands, on a docent-led walk at the Wells Reserve that covers about 1 mile. Free with site admission. Registration required at caryn@wellsnerr.org or 207-646-1555 x110. FMI wellsreserve.org/calendar.

Stuffy Sleepover, Graves Memorial Library, 18 Maine Street, Kennebunkport, 10 AM. Come to outdoor stuffy story time, then leave your stuffy for a sleepover adventure. Pick up your stuffy the next day and learn about their adventures. Registration is required for this program and space is limited to 12 participants. Ages: 4 to 10. FMI call 967-2778 or visit .www. graveslibrary.org.

Author James Nelson Talks Pirates, Kennebunk Free Library, 112 Main Street, Kennebunk, 6:30 PM. Jim Nelson was born and raised in Maine, and for six years worked on board traditional sailing ships before launching a writing career in 1994. He has since written more than twenty-five works of maritime fiction and history. He is the winner of the American Library Association/William Young Boyd Award and the Naval Order's Samuel Eliot Morison Award. Nelson has lectured all over the country and appeared on the Discovery Channel, History Channel, National Geographic and BookTV. FMI call 207-985-2173 or email us at kfl@kennebunklibrary.org.

"I Want it All": An Unforgettable Tribute to Freddie Mercury, One Longfellow Square, Portland, 8 PM. FMI email SB4LCS@gmail.com or go to leavittheatre.com.

Kennebunk Concerts in the Park -, Lafayette Park, Kennebunk, 6:30 PM. Pack a picnic dinner and meet up with family and neighbors at Lafayette Park every Wednesday night. The free concerts continue weekly through August 17.

Portside Readers, Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 7 PM. Listen to stories, poems, tales, essays, drama, songs and more by the Portside Readers. Tune in on the Louis T. Graves Memorial Public Library's Facebook page or YouTube channel, or watch them on the Town of Kennebunkport's cable channel 1301. FMI call 967-2778.

Thursday, August 11

Conversational French Language Group, Wells Public Library, 6:30 PM. An informal approach to practicing or relearning French. FMI contact Cindy Appleby at cappleby@wellstown.org or call the library at 207-646-8181.

Morning Book Group, Graves Memorial Library, 18 Maine Street, Kennebunkport, 9:45 AM. This group meets the second Thursday of every month. For August, the group is reading *Arundel* by Kenneth Roberts. New members are always welcome. FMI call 967-2778 or visit .www. graveslibrary.org

Kayaking on the Little River Estuary, Wells Reserve at Laudholm Farm, 342 Laudholm Farm Road, Wells, 9 AM-12 PM. Paddle the quiet waters of a Maine estuary, watching for wildlife and learning about this treasured habitat from a registered Maine Kayak Guide. For ages 12 and up. Some restrictions apply. \$60/\$48 plus site admission. Registration required. Wells Reserve at Laudholm. 207-646-1555 or wellsreserve.org/kayak.

VentiCordi Chamber Music: "Influences," 1st Parish Congregational Church UCC, 12 Beach Street, Saco, 7 PM. This concludes VentiCordi's summer concerts. Directors Kathleen McNerney and Dean Stein, on oboe and violin, are joined by Chiharu Naruse, piano, Wren Saunders, bassoon, and Jing Li, cello. Compelling music by some of this century's most important voices. Doors open at 6:30 PM. Tickets are \$25 per person, seniors are \$20 and 18 and under are \$5. FMI: www. VentiCordi.com 207-286-6688.

Friday & Saturday, August 12 & 13

Stems to Stearns Flower Pop-up, the old Kennebunk train depot, 12 Depot Street, Kennebunk, 9 AM-1 PM. Select from a wide array of flowers at the 'flower bar' and watch as they are arranged for you.

Friday, August 12

Laudholm's Farming Past, Wells Reserve at Laudholm Farm, 342 Laudholm Farm Road, Wells, 10-11:30 AM. Delve into the rich history of the Wells Reserve at Laudholm, from homestead to farmland to estuarine reserve. Free with site admission. Registration required at caryn@wellsnerr.org or 207-646-1555 x110. FMI wellsreserve.org/calendar.

Les Secrets du Marais Salé, Wells Reserve at Laudholm Farm, 342 Laudholm Farm Road, Wells, 10 AM. Apprenez les secrets de cette place unique, nichée entre la forêt et le bord de la mer. Learn the secrets of this special place, nestled between the forest and seashore. Free with site admission. Registration required at caryn@wellsnerr.org or 207-646-1555 x110. FMI wellsreserve.org/calendar.

Fiber Arts, Wells Public Library, 10:30 AM. Have you been crafting during the past few months? Join every Friday at the library to show off your latest knitting creation, get tips on your crochet technique and just chat with old friends and make some new ones. All ages & levels of ability are encouraged to join us for ideas, inspiration and lively conversation. FMI contact Stefanie Claydon at sclaydon@wellstown.org or call the library at 207-646-8181.

Saturday, August 13

"Depot Day," the old Kennebunk train depot, 12 Depot Street, Kennebunk, 9 AM-2 PM. lowers by Stems to Stearns, art by Holly C. Ross and photography by Steve "Roscoe" Ross, plus books at the book depot.FMI publisher@touristandtown.com.

Kennebunk Farmers' Market, Garden Street Bowl Parking Lot, Kennebunk, 8 AM-12:30 PM.

11th Annual "Woodies in the Cove" Car Show, sponsored by the Historical Society of Wells and Ogunquit, 974 Post Road/Route One, Wells (next to McDonalds), 8:30 - 2 PM.

FMI and to see if your vehicle fits into this event, contact the event coordinator Sonny Perkins via email at woodiesinthecove@ gmail.com. Supply a photo of your car. You can also follow "Woodies in the Cove" on Facebook and on YouTube.





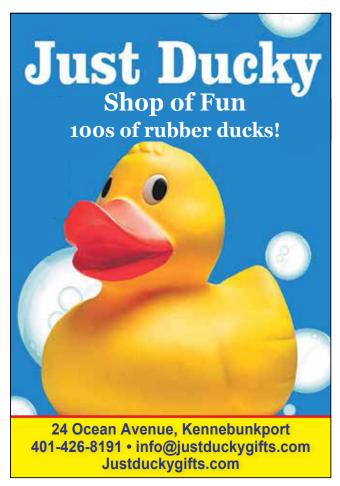
West Kennebunk FAMILY FUN DAY Alfred Road, West Kennebunk Saturday, August 6 9:00AM-2:00PM

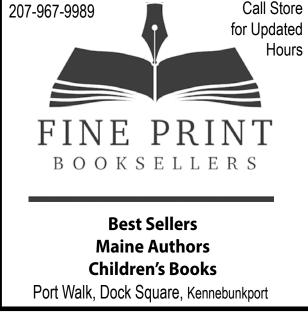
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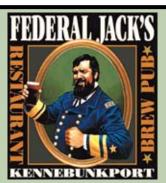
Come in for a free sample!

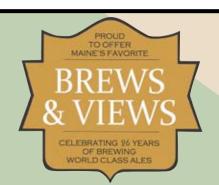
24 Ocean Avenue, Kennebunkport











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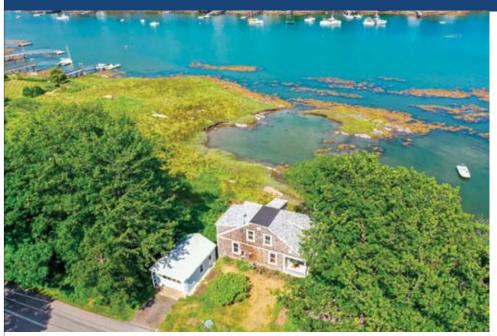


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