



#### **Publisher's Note**

The feelings I feel as I send each issue to press are, in a funny way, similar to the feelings I felt as I sent my kiddos off to school this week for the start of a new year – and the start of high school for both of them. They're a somewhat confusing, misty-eyed mixture of sweet (yet bittersweet), proud (yet humble), sentimental and tender feelings – mixed, of course, with a HUGE sigh of relief.

Today I send to press the last of our summer weeklies – and I feel especially sentimental about it. I have truly loved bringing back the weeklies. I have enjoyed being able to showcase more, report on more and celebrate MORE.

I look forward to sitting down to some back issues in the quieter times ahead. I hope you will too!

Mugdi, Kingsley Gallup, Publisher



#### **Cover Artist Nancy Howell**

Although much of Nancy Howell's work is done outdoors, she uses the information that she gathers from plein air paintings to develop studio work that has a more abstract quality. In recent years, artist Howell has started doing oil and acrylic paintings. Howell is a much sought after teacher, demonstrator and juror. She holds weekly classes and has taught workshops throughout the United States and Europe. She has been leading annual painting trips to Italy since 1989. You can find Howell's work at the Wright Gallery in Cape Porpoise.



In this issue, we continue thanking our summer newspaper advertisers with business spotlights. Please enjoy learning a bit more about these businesses!



Wednesday, September 7, 2022 5:30 pm to 9:30 pm

See Calendar in this issue for more information.

Don't miss this one!



#### "Bridging the gap for people in need on the Seacost"

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### "Chalk the Port" returns, bigger and better than ever!

~ Local artists invited to join in~

Chalk art returns to Kennebunkport! After a two-year hiatus due to COVID-19, this free, family-friendly event will return to the Recreation Complex at 20 Recreation Way, Kennebunkport, on Friday, September 23 and Saturday, September 24.

Art plays an important part in our local communities and local artists are invited to show off their talents by creating pieces that celebrate this year's theme, "Kennebunkport: Past, Present, and Future."

Local artists will participate in "Chalk the Port" on Saturday, September 24, beginning at 8 AM, and will finish at 5 PM. The first ten qualifying local artists selected will be awarded a \$100 stipend to show apprecition for their talent – talent which is right here in our own backyard.

To register, complete the application at www.chalk-theport.com.

Chalk the Port

SEPTEMBER 23-24 CHALKTHEPORT.COM





It's apple picking time! See page 11 of this issue for loads of apple info!!

#### LATITUDES

**OUTDOOR BAR AND GRILL** 

Open to the public Happy Hour 3-5pm

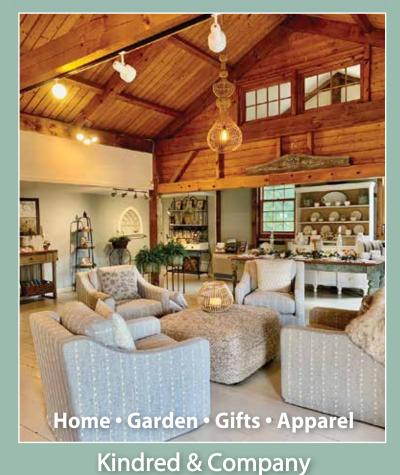
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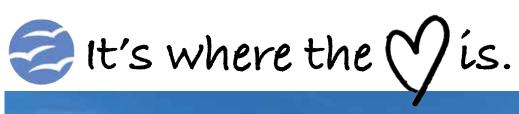
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KENNEBUNKPORT | To Be Built, Beautiful, 3 Bdrm Colonial with Ensuite Primary Huge Bonus Room | 1+ Acre Lot | Close to Dock Square & Beaches | \$889,000



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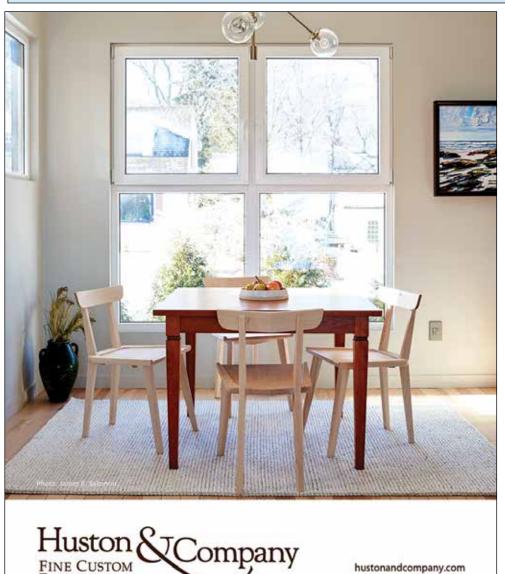
KENNEBUNK | Perched on a Hill Overlooking Kennebunk River | Stately Colonial Wonderful Bones, Clean Lines & Character Galore | 15 Feet of River Frontage | \$990,000



KENNEBUNKPORT | 3 Bdrm Contemporary within 10+ Acres | Walls of Custom Windows Amazing Bonus Room | Sun-Filled Solarium | Additional 1 Car Garage with Studio | \$895,000



#### Attention Readers! This issue wraps up our summer weeklies. The next newspaper will be Thursday, September 22 – full of fall goodies. Also be on the lookout for our Fall 2022 magazine!



#### **Upcoming 2022 Publications**

#### FALL MAGAZINE

Thursday, September 22 Thursday, October 6 Thursday, October 20

HOLIDAY MAGAZINE

Thursday, November 24

Wednesday, August 31 Wednesday, September 14 Wednesday, September 28 Wednesday, October 12 Friday, October 28

Wednesday, November 16









Jo O'Connor





207.967.2345



#### Three Seas Fish & Lobster

"We carry the freshest seafood around. What we can't buy off one of my family members boats, we source out as locally as possible, as Three Sea's has great connections that allow us to carry the freshest products. We continuously carry haddock, salmon, swordfish, scallops and shrimp, but we also select a fish of the day – a product we wouldn't regularly carry. Three Sea's has always been well known for our lobsters, live or steamed, however this year we're definitely becoming known for our lobster rolls with two styles, a classic version with just light mayo served in a traditional grilled bun, and "3C Style," which is lobster tossed in a house made lemon aioli served in a traditional grilled bun, and fresh chopped chives sprinkled on top.

"Our lobster meat is picked in house daily – actually multiple times a day. We shuck 300 lobsters a day on average to keep up with the demand for lobster meat in store. Three Sea's strives to provide the freshest seafood and lobster around and we work nearly around the clock to make that happen."

~ Colby Nunan

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Kingsley Gallup, Gallup Publishing, LLC

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touristandtown.com



#### **Annual July Summer Solstice Craft Show in Wells** features distinctive Maine & New England Artisans

craft at the annual July Summer Solstice Craft Show on

Enjoy the best of art and tradition in Wells that is now tures 70-plus crafters and customers. in its 39th year.

The popular two-day Saturday and Sunday, Sep- event will be held from 10 tember 10 and 11 – a festive AM to 4 PM on Saturday

and Sunday at the Wells School on Route 1 (1470 Post Road) in Wells.

This juried craft

artists who display their handmade wares inside and outside on the grounds of the Jr. High School. Traditional, contemporary and country crafts are featured.

You'll see stained glass, Jr. High jewelry of all types, pottery, soaps, clothing, wood crafts, fiber arts, graphics, photography, handcrafted specialty foods and more. Many of the crafters and artists have been coming back for years, and they look forward to making new items for their

Here's just a sampling of the variety you'll find at the September show.

Brigitte Delaplace, Kennebunk: Brigitte demonstrates her love for vintage with her jewelry. Earrings, pins and pendants feature a vintage piece as the focal point.

Steve Burt, Wells: Steve writes children's mystery books that take place in Maine. He has also added children's joke books.

Laurie Adelman, Rollingsford, NH: If you are looking for wearable art look no further. Laurie's designs will truly make you sparkle. .

David Sullivan, Ogunquit: David certainly has the photographer's eye when it comes to his area photos. He also creates a wonderful vearly calendar.

Betty Snowman, Auburn: Ladies appliquéd sweatshirt, tee-shirts, sweaters & jackets are her specialty.

Al Pellitier, Kennebunk: Al creates pottery that is both pretty and functional. His customers always come back for more.

The craft show is held rain or shine. Parking and Admission are free. FMI contact show director Rita Poli at 207 967-2251 or rpoli3@ roadrunner.com. Also visit www.summersolsticecraftshows.com.



**Kathy Angel Lee** 

# Antiques on Nine



#### **SALE**

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## Mary Preble

David Sullivan

Elizabeth Miller

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#### Local church sows seeds of love

by Faith Gillman

cludes faith communities like connected via Zoom worship that were held for the benefit said Michalowski. "I bought weren't any children there The last few years have Holy Cross Lutheran Church been challenging ones for just in Kennebunk. Members of about everyone. And that in- the church were able to stay



services and other social me-

dia means but it was difficult

to do the work that those

of other local non-profits -on several gardening books hold, the church's leadership Council began looking at other ways to serve.

Council member Ellen Michalowski came up with the idea of a Community Garden, which other members of the group supported. The idea was to grow vegetables and flowers and share them free of charge with everyone in the community at large. With the help of fellow council member Susan Engel, who is also a Master Gardener, the project was off the ground.

"I bought the seeds, all organic, as was the soil and fertilizer, and started most of them in late March in my sunny stained-glass studio,"

to help me, and rigged up some fluorescent lights to supplement the sunny hours and boom, everything grew well. I then hardened off the small plants, so as to not shock them when planted outdoors."

Engel and Michalowski purchased above ground planters so soil and location could be more easily controlled. In mid-May church members, including Michalowski, Bob Danzilo and Keith Milbrandt assembled and waterproofed the planters. The outdoor planting at the church was on May 21, with the help of many volunteers.

"It was a lot of fun. There

that day, so we planted a Children's Garden on a Sunday three weeks later, with the help of Amos and Wes Washburn and their mom, Katie," said Michalowski. "It has truly been a churchwide project."

Since that time, the garden has grown abundantly, with volunteers helping with watering. The multiple boxes that line Storer and Lord Streets are home to a variety of flowers and vegetables including lettuce, carrots, tomatoes, Swiss chard, basil, cilantro, cucumbers, green peppers, green onions and squash.

"And a neighbor donated

Continued on next page





The garden boxes planted in May grew quite lush by late August. All of the boxes are labeled with signs that read "From us to you - pick what you want," encouraging anyone passing by to reap the bounty that church members have sown. Courtesy photo and photo by Faith Gillman

#### **Local Maine Scene Bracelets**

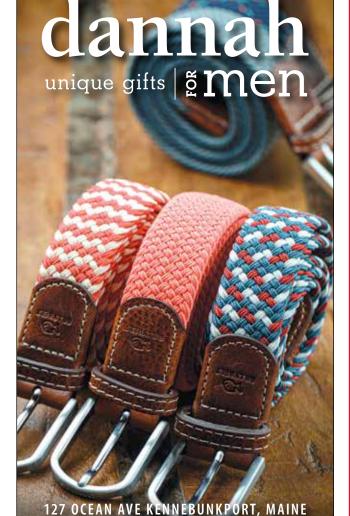
Amos (left) and Wes Washburn of Kennebunk came out to plant a special Children's Garden as part of Holy Cross Lutheran's community garden project. Courtesy photo

Mother's Beach • Goose Rocks • Gooch's Beach • 00B & more unique • metal • adjustable – the perfect gift for Maine lovers!



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Maine Women in the Arts Annual Awards & Fine Art/Small Works Show Friday, September 30 - Sunday, October 2



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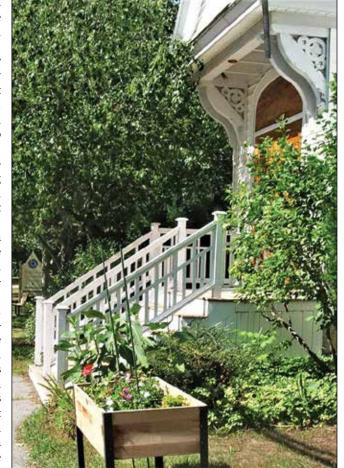
A

some older planters, which we have used to increase the space for the cukes," said Michalowski.

Members of the wider community and passers-by are encouraged to reap what church members have sown. The boxes are labeled with signs that read "From us to you - pick what you want." The project has been a success, with people stopping by to pick a tomato, grab a cucumber for dinner or just smell the beautiful flowers.

Holy Cross Pastor Rich Horner is pleased with the way church members pulled together to serve the community in his absence.

"This project was launched while I was away on sabbatical for three months," he said. "Planting boxes filled with flourishing vegetables and flowers, along with a free invitation for members of the community to harvest from those boxes...what a joy it was upon my return to see how members of the congregation had worked together to see the project through."



Planting boxes line the sidewalk on Storer Street and down Lord Street. Photo by Faith Gillman

#### The monarchs on Drake's Island

by Guest Contributor Cynthia Fraser Graves

Days like that you never forget... it was September Kennebunk/Wells area schools. The crowds of summer visitors had retreated home in the stalled and galling traffic of Labor Day weekend to their own school districts, leaving area beaches echoing with summer fun but empty of beachgoers – though the weather was still magnificent.

deep blue crested over me as I parked and walked

Laudĥolm Farm area.

About halfway up the and classes had begun in beach, streaks of color began appearing in the air around me, orange-black swirls on the very blue sky. I stopped running and turned to investigate. What I encountered was a spectacle beyond belief. A cloud of dancing, fluttering monarchs, cloud... did I say cloud? No, it was a towering cyclone of the lovely On that day, a dome of creatures headed directly towards me.

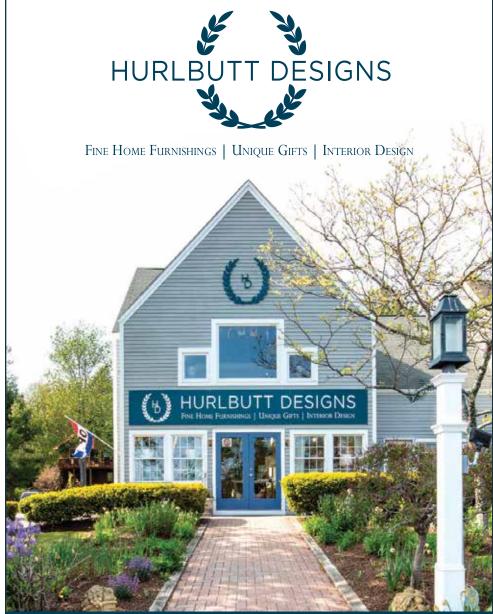
I stood within this amazdown to Drake's Island ing multitude, unable to do year, I will.

Beach intending to do a anything but marvel as they run up to what is now the surrounded me, touching me with their velvet wings.

The monarchs were migrating, their great ritual taking them out over the blue Atlantic highway toward a place they knew by heart, navigators of the highest level.

Years later, I replayed this scene in my novel, Dusk on Route 1... the sacred beauty of this event woven into a story of rescue on the Maine

I have never gone back to see if this miracle would happen again. Maybe this



51 Western Avenue | Kennebunk, ME | (207) 967-4110 **HURLBUTTDESIGNS.COM** 

#### "Bohemian Sunday Poetry Reading" Sunday, October 9 Brick Store Museum auditorium, Kennebunk, 1-3PM.

WePoets & Verse presents local favorite Richard Foerster, whose ninth collection of works is forthcoming in Fall of 2023. A not-to-miss event for poetry lovers. FMI wepoets.weebly.com. Admission Free.



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#### David Witbeck Bethany Harper Williams

August 25-September 15 at Shows on Maine Art Hill Open Daily at 10 AM

#### OTHER HIGHLIGHTS ON MAINE ART HILL



Betsy Schulthess September 1-7 Pop-Up on Maine Art Hill

Donald Rainville September 8-14 Pop-Up on Maine Art Hill



SHOWS



Jamis H. Sanders September 10-29 at The Gallery on Maine Art Hill Reception 9/10, 5-7pm

Art Guild of the Kennebunks September 15-22 Pop-Up on Maine Art Hill



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14 WESTERN AVE. | KENNEBUNK, ME | 207.907.2808 | MAINE-ART.COM

#### **Artist Janis Sanders opens** solo summer show

close, artist Janis H. Sanders remembers the sun and salt air through brilliant ear shapes of buildings his new show at The Gallery at the Grand at Maine Art Hill in Kennebunk. The show begins at 10 AM on Saturday, September 10. An artist reception will be held from 5 to 7 PM that evening to meet and toast Sanders for his brilliant work, which celebrates the place we love.

"Maine takes me by the hand and gently, quietly reaches in, touches my heart, my soul, tantalizing, whispering, seducing. She knows me, owns me," Sanders said. "I watch the sunlight's yellow dance tango on indigo waves and the seagulls floating free, suspended weightless on invisible air. I can for his vihear the call on the wind. It is wild."

Sanders is an accom- nant color plished oil painter who in much of has won awards for his his work, distinctive painting style, yet he continues to grow and change as an artist. He melds elements of American holds it. Realism with Modernism/ Impressionism for a dra- elements, matically contemporary be it the visual result.

"Funny, you're evolv- of Maine ing even when you think or an old you're not," said Sanders. house at "Each step is the destination. the wa-There is nothing bigger or ter's edge, grander. Color is still the fundamental, basic, and utmost expression in the

As summer comes to a tangible visual form of emo-each painting with the sky; tion and art."

Sanders uses strong lincurves of land and sea. All casting gently across the varied surfaces.

waves rolling and lapping at the rocks where the lighthouse lights, in peril itself, though standing firm," said Sanders. "It illuminates homeward for countless seafarers, to a pastoral seaside farm, a low tide sand beach, all are an open invitation for a warm summer afternoon

stroll and suggest an idyllic life."

Known

brant blue, the domia Sanders sky catches the eye and The other rocky coast are always added later.

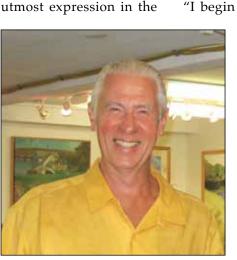
to me, the most important element," said Sanders. "The sky is light. We are color and brushstrokes in and rooflines to stand solid immersed in it. It's the key in contrast to the natural to determining the entire atmosphere of the painting. are illuminated by sunlight Visually and practically, it provides the backdrop for the other objects in view. "Whether it be gentle I paint those blue skies,

> the gut." The show runs through Thursday, September 29, and is open daily from 10 AM to 5 PM. FMI call 207-967-2803. The show can be viewed online beginning Wednesday, September 7, at www.maineart.com/shows.

each new and fresh from



Lupines Hill by Janis H. Sanders



Artist Janis H. Sanders



Dock Light by Janis H. Sanders





#### Yes, it's that time again! Apple picking in Maine!

#### An apple a day – and much, much more



#### **An Apple Primer**

#### Empire

A cross of McIntosh and Delicious. Tart and sweet. Excellent for snacks and cooking. Ripens in October.

#### **Fortune**

Bred from Schoharie Spy and Empire in New York Great for eating and in pies. Ripens in mid-October.

#### Gala

From New Zealand from a cross between Golden Delicious and Kidd's Orange Red. Ripens in mid-September.

#### Ginger Gold

Actually found as a chance seedling in Virginia. Great for eating fresh. Ripens in late August.



#### Honeycrisp

Originated in Minnesota in 1961. Very crisp and juicy. Picking dates: mid-September to early October.



#### Jersey Mac

Originated in New Jersey from a cross between July Red and an unnamed apple selection.

Ripens in mid-August.



#### Jonagold

From a cross of Jonathan and Golden Delicious in 1943. Great for eating fresh. Ripens in mid-October.



#### McIntosh

Slightly tart and a very aromatic apple. Picking dates: mid-September to mid-October.

Content of this apple glossary is from Maine Pomological Society.

#### by Jo O'Connor

Welcome to early Fall! Now that the crisp, cool autumn weather has us grabbing a blanket or throwing on a wooly sweater, you may want to stroll through an apple orchard in search of delicious orbs of red, green and gold.

A day trip indulges you in bucolic views of fields and vistas and maybe even getting a hayride through a farm, petting that cute baby goat, buying artisan jams, picking out your pumpkin and giving you an authentic connection to your food. Breathe in the fresh Maine air and bite into that fresh-from-the-tree apple, you'll be glad you did. Harvest season runs through early November.

There are numerous orchards and farms in Maine for all to enjoy. Here are some of Tourist & Town's Top Picks (pun intended) – check their websites for conditions, in-season varietals and updated times:

#### McDougal Orchards Give Your Fall a Boost

Take a drive to Springvale to stroll through Mc-Dougal Orchards that you won't soon forget. There, you can take a wagon ride, lose your way through the corn maze and fairy village, gulp down freshly pressed cider while you delight with a donut at Captain Jack's Donut Shack. They grow over 40 varieties of apples, as well as peaches, nectarines, plums, pears, fall-raspberries, pumpkins and winter squash.

This seven-generation family farm is open daily from Saturday-Wednesday, 9 AM-5 PM and Thursday-Friday 9 AM-6 PM, through October.

FMI: 201 Hansen Ridge Road, Springvale; mcdougalorchards.com

#### Fall into Fall at Spiller Farm

Hay, beets, corn, zucchini, tomatoes, corn stalks, pumpkins, gourds and apples are all for the taking at Spiller Farm. Make a daytrip to this splendid 110+ acre orchard operating since 1894, or plan an outing featuring hay fields, apple excursions or pumpkin tours. It has a covered-bridge picnic play area, where children can feed the farm geese, see the goats and chickens or play on the old farm tractor. Bring your camera for your Instagram moments. Cash only.

FMI: 1054 Branch Road, Wells; spillerfarm.com

#### Libby & Sons U Picks has Family Fruity Fun for All

Head out to taste some delicious donuts (apple cider, blueberry, pumpkin) at Libby & Son U-Picks in Limerick. With 40 acres of family fun on this apple orchard, pick up a caramel apple or fresh fruit smoothie while you take in the mountain views. Weekends feature live music, wood-fired pizza and beer/wine. Hands down, this orchard has the wow factor.

FMI: 86 Sawyer Mountain Road, Limerick; Libbysonsupicks.com

#### Chase Farm has a terrific variety at two locations

Family-owned and operated since the 1600s, Chase Farms specializes in homegrown meats and produce. Come visit them in Wells to try their beef, pork, produce, fresh baked goods, a large variety of locally sourced items and a greenhouse with abundant offerings that change with the seasons! Don't forget there is a summer-months Chase Hill farm stand at Buffum's Hill on Route One too (this location is cash only). Both open daily 9 AM-5 PM.

FMI: 1488 North Berwick Road, Wells; chasefarmswells.com

# Spiller Farm U Pick Veggles & Fruit 85 Spiller Farm Lane off Branch Rd. (Rte. 9A) Wells, Maine www.spillerfarm.com





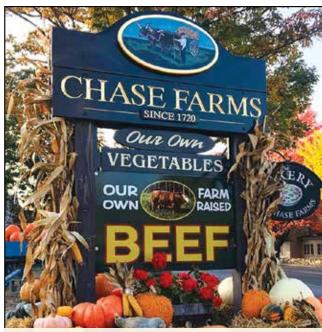
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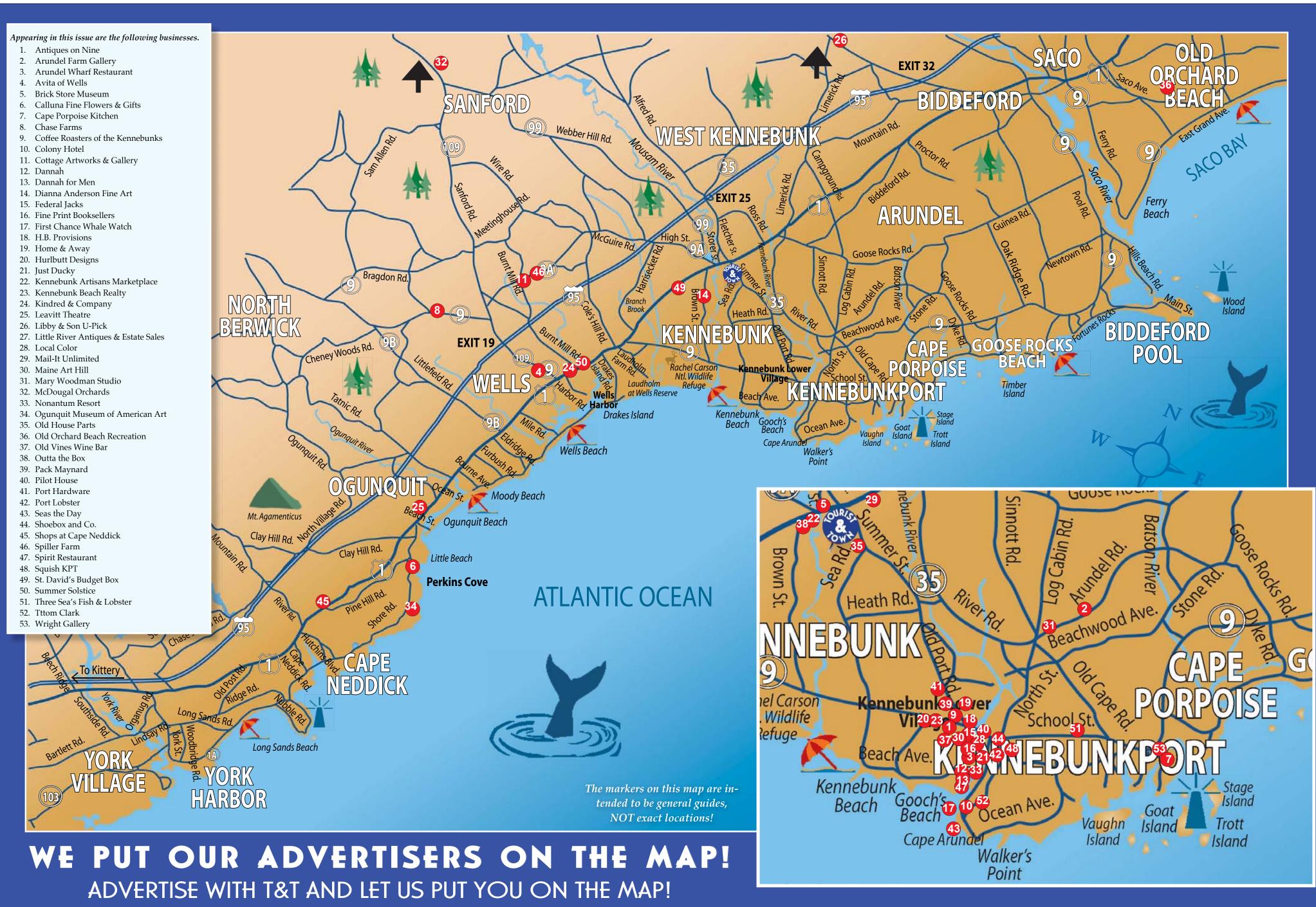
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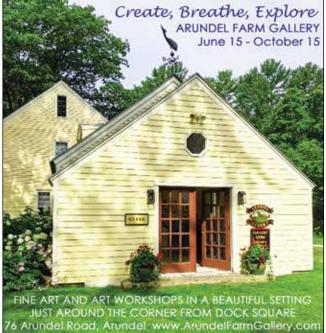
1488 North Berwick Road, Wells
Store Open Daily 9-5
The Orchard at Chase Farms opens September 2.
Open Fridays, Saturdays, Sundays, 9 to 5 or by appt.
207-646-7888 www.chasefarmswells.com

#### A is for Apple – Apple Facts

- Did you know it takes about 36 apples to create a gallon of apple cider?
- Apple trees take from 2 to 10 years to produce its first fruit depending on the variety and size (dwarf or full-sized).
- According to Maineapples.org, there are more than 100 varieties of apples currently grown in Maine, but most farms grow about 20 to 30 different varieties. Currently, McIntosh is the most commonly grown apple in New England.
- What's in a name? Like pears and quince, an apple is a pome, which is a type of fruit produced by flowering trees.
- As Ben Franklin wrote in Poor Richard's Almanac, "Give me yesterday's bread, today's flesh(meat) and last year's cider." Indeed.
- "An apple a day keeps the doctor away." Does it really? Why yes, it can. Apples are exceptionally rich in antioxidants, flavonoids and dietary fiber. According to medicalnewstoday.com, this adage goes back some 150 years, with the Welsh proverb: "Eat an apple on going to bed and you'll keep the doctor from earning his bread."



## Native American jewelry and arts marketplace 2 Christensen Lane Harbor Village, Kennebunk www.homeandaway.gallery Please call for hours: 207 423-8473 Jewelry | Baskets | Beadwork | Sculpture



# The Wright Gallery Maine Inspired Fine Art Mike Maron www.thewrightgallery.com 5 Pier Road, Cape Porpoise Kennebunkport, Maine

207-502-0012

#### Graves Library celebrates area artists with year-long exhibit opening September 9

by Valerie Marier

A year-long exhibit beginning September 9 at the Louis T. Graves Memorial Public Library in Kennebunkport will honor 20 area artists. This first-of-its-kind event at the library kicks off with a free reception that evening from 5:30 until 7 PM. "We hope residents and visitors will stop by to meet the 'local

Mary-Lou Boucouvalas. "Arthas always flourished here in the Kennebunks,"

Boucouvalas said."We like to think of Graves Library as a mini-museum because we already display works by Maine landscapist Louis D. Norton, illustrator and educator Abbot Fuller Graves, and also Joy Biddle who talent' that's thriving in our specialized in New England

seacoast ings."

Early this past summer Boucouvalas contacted 20 area artists who, she said, "We

towns," said library director but who might not have (Note: Mandala is Sanskrit gallery representation yet. We asked them to submit ready-to-hang framed artwork no larger than 24x24. Their submissions include acrylics, watercolors, oils and photography, and it's an astonishing display of the ongoing and burgeoning art world here in Southern Maine."

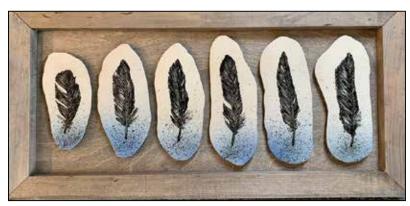
All the artwork will be on sale, with half the proceeds benefitting Graves Library. "We've also asked each artist to bring in a new piece of work when one of their paintings or photographs sells so we will have a 'rolling inventory," Boucouvalas said.

Many artists in the exhibition have also volunteered

for "circle" and features a geometric design that holds a great deal of symbolism in Hindu and Buddhist cultures.) Michelle Carpenter, technology and social media coordinator for Graves Library, will teach a class on abstract impressionist Jackson Pollock. Additionally, noted area photographer Bob Dennis will offer tips on seacoast photography.

"Over the past decades, the Mast Cove Art Gallery, which was owned by Jean Briggs, always displayed local artists," Boucouvalas said. "We are proud to be carrying on Jean's legacy of respecting upcoming artists with this exhibit."

The library is located at 18 to teach classes this winter. Maine Street, Kennebunkknow are Marguerite Genest will con-port. FMI email mlbgraves@ talented duct a course on Mandala. gmail.com or call 967-2778.



This haunting 17x23 black and white photograph Raven Feathers is a 12x24 glazed ceramic work of art by artist Brandan

#### Wright Gallery will host a special exhibit "Cape Porpoise - A Working Harbor" over Labor Day weekend

tured in "Cape Porpoise – A Working Harbor," the first of what gallery owner Alison Smyth plans to make an annual event.

by John Ripton is entitled Left Bank Guay.

Gallery artists Dennis Poirier, Todd Bonita and Mike Maron are all known for

air artist who can be found at brush strokes of an imprescapturing the traditional and acrylics. Bonita, who surprising compositions. His

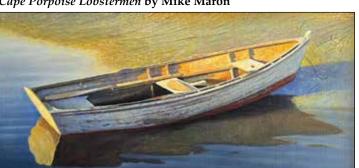
ferent styles. Poirier, a plein is more widely known as a studio artist, creating images his easel year round, paints with saturated color, rich with the loose and direct tones and a great attention to detail... a true realist. Maron sionist. His color palette has a uniquely graphic qualshifts with the light and the ity to his work, painting in seasons, painting in both oils oils using blocks of color and

Three artists will be fea- Maine coast in distinctly dif- sometimes paints plein air, strong images are bold and colorful always making a statement.

> The opening of "Cape Porpoise - A Working Harbor" will be Saturday, Sept 3, 5:30-8 PM, at the gallery at 5 Pier Road, Cape Porpoise. FMI visit www.thewrightgallery. com or call 502-0012.



Cape Porpoise Lobstermen by Mike Maron



Sun Kissed by Todd Bonita



Hauling Traps by Dennis Poirier

#### "Beauty Unnoticed" at Speers Gallery

The Kennebunk Free Library announces its next Speers Gallery exhibit, "Beauty Unnoticed" by Yuko Hasegawa exhibit runs



Lynch. The Art by Yuko Hasegawa Lynch

tures colored pencil draw-

ings of Monarch butterflies and other figures from na-

"In my art, I aim to capture the unique shapes and colors of things in nature, and enhance their beauty by turning them into art," said Lynch."In particular, I have always been fascinated by butterflies' grace, beauty and strength. My hope is to inspire people with my Monarch drawings, to help

September 1 to 30, and fea- protect and promote their population."

The public can view this exhibit in the Speers Gallery at 112 Main Street, Kennebunk, during regular library hours and when the gallery is not in use for library program. FMI see www.kennebunklibrary.org.

#### "A Walk Through History" - a documentary double feature at City Theater

On Saturday, September 3, at 7 PM, City Theater will host a documentary double feature. The two films screened will be A Walk Through History, an original film created by the Biddeford Mills Museum, which tells the story of Biddeford's mills, and The Intersection, which tells the story of two very different French speakers living in the former mill town. In addition to the screening, there will be a panel discussion moderated by the bilingual former Mayor of Biddeford Michael Cantara.

Tickets are \$10 and City Theater will have their bar open for refreshments. The Biddeford Mills Museum is a 501(c)(3) nonprofit and donations are welcome. Your support is the lifeblood of the museum's efforts to safeguard and to share the rich history of Biddeford.

Tickets will be sold at the door or at tinyturl.com/ movie04005.

#### **Above Board charity** raises more than \$50K for Special Surfers

by Io O'Connor

At Above Board's annual event called A Starry, Starry Night, a sold-out crowd enjoyed the indoor/ outdoor setting of Vinegar Hill Music Theatre in Arundel, which was twinkling with more than 200 lit stars in the rafters on a recent August evening. This event benefited Special Surfers, a non-profit organization sharing the empowering experience of surfing with children and young adults of all ages with special

One hundred and sixty attendees danced to the upbeat tunes of The Carmine Band, enjoyed passed food, tasted specialty cocktails, maine.org.

and witnessed an amazing "lit butterfly" modern dance performance by Steven Riley Productions.

The organization raised \$44,000, crushing their \$30K goal, with an additional partnership donation of \$10K from the Tommy Mc-Namara Charitable Foundation. Special Surfers now has more than \$54,000 to purchase much needed surfboards, SUPs, wet suits, fins and stabilizing chairs so they can continue to put individuals with special needs in the water to catch their first wave.

Donations for this worthy cause can still be made through www.aboveboard-



It was a starry, starry night as luxurious white linen-laden beds were placed in the Vinegar Hill outdoor garden for the ultimate star gazing. Pictured here are the board members of the Above Board charity (clockwise from lower right): Kristen Martin, Ronni Hass, Rick Taranto, Cyndi Smith and Kim Vieira. Photo Credit: Jo O'Connor



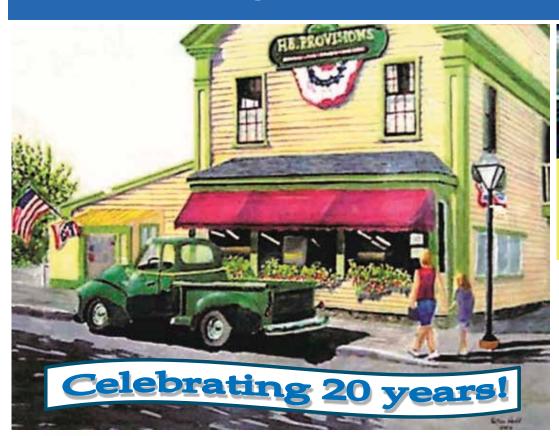
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kennebunklandtrust.org/news-events/newsletters/

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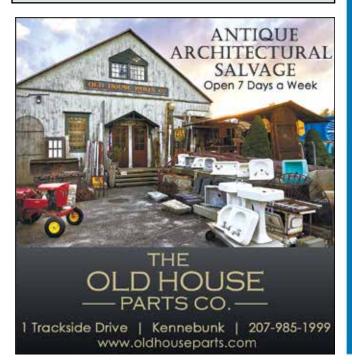
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#### Unearthly splendor - visiting Portland Head Light

by Guest Contributor Laima Vince

Almost two hundred years ago, Portland poet Henry Wadsworth Longfellow wrote his poem "The Lighthouse" to describe Portland Head Light after a visit there with the lighthouse keeper. Today, Portland Head Light continues to inspire both visitors to Maine and locals who live in the gleam of its "unearthly splendor in the glare!" Located in Cape Elizabeth, Portland Head Light is an easy ride from Portland and a pleasant day trip destina-

Mainers called this 80foot structure "wicked old, bub." Construction of Portland Head Light was completed in 1791, making it the oldest lighthouse in the state of Maine. The construction of the lighthouse back then cost \$2,250. In those years the light was lit by 16 whale oil lamps.

The station still looks the same except for the whistle house, rebuilt in 1975 after it was badly damaged during a storm. The first keeper's house was built in 1816. The current two-story duplex painted white with green stripes was constructed in 1891. In 1989 the lighthouse was decommissioned, and the last lighthouse keeper

Since 1992, the light house keeper's house has served as a museum filled with documents and artifacts reflecting the history of this old lighthouse. Although the lighthouse itself is only open only one day a year, on September 10th, the museum is open to the public from June to October from 10AM to 4PM. Guests can learn about the origin of the lighthouse, The Lighthouse (1849)

The rocky ledge runs far into the sea, And on its outer point, some miles away, The Lighthouse lifts its massive masonry, A pillar of fire by night, of cloud by day.

Even at this distance I can see the tides, Upheaving, break unheard along its base, A speechless wrath, that rises and subsides *In the white lip and tremor of the face.* 

And as the evening darkens, lo! how bright, Through the deep purple of the twilight air, Beams forth the sudden radiance of its light With strange, unearthly splendor in the glare!

~ Henry Wadsworth Longfellow



Portland Head Light. Photograph by Bob Dennis.

technology changed over time, military activities, and finally the decommission of the lighthouse in 1989. You can walk through the lighthouse's history, viewing documents, models, lenses, photographs, and artifacts.

If you take a slightly longer walk down the paved hill from the lighthouse, you will see a cove enjoyed by families, dog owners, and just anyone who enjoys relaxing in this beautiful coastal landscape. In the same place where people

dogs and kids or swing on the playground swing set, there used to be a mine loading room, a torpedo storehouse, and a mine office.

Portland Head Light stands 80 feet above the ground and 101 feet above the water and sits on the primary shipping channel into Portland Harbor. During the Revolutionary War, through World War II, Mainers were concerned of a possible invasion. As a result, the coast of Maine, particularly around Portland, has been historithe keepers' lives, how the now play catch with their cally heavily fortified. Fort

Preble (built in 1808) and Fort Scammel (1907) are testaments to this perspective, and Fort Williams is no different. Built in 1898, the fortress has been inactive since the 1960s. Its defensive capabilities are represented by two batteries: Battery Blair on right flank of the Head Light and Battery Keyes on its left. Constructed in 1903 and 1906 respectively, neither concrete battery has fired a shot fired since December 8, 1941, a day after Pearl Harbor (and that was a test shot). When visiting the lighthouse, you can almost hear the echoes of soldiers of centuries past warning against oncoming British vessels with the sound of every wave crashing onto the rocky cliff. This lighthouse aided the townsmen with keeping independence from England back in 1776. From the lighthouse, the soldiers could scan the entrance of the primary shipping channel into the Portland Harbor where British vessels might try to bombard the settlement and take over other vessels. It is at this point when the soldiers could decide to use a gun battery in the largest in the nation's arsenal. The Battery Blaire, named after Civil War General Francis P. Blaire, was designed to defend against these oncoming fleets and protect the land from the British soldiers.

Eventually, the guns became out of date due to the development of longer-range guns and aerial bombing. The gun battery is now a memorial near the lighthouse. You might just hear the blows of the guns ringing in your ears if you close your eyes and imagine.

As you gaze at Casco Bay, you may see the other lighthouses that surround the area. To your left, Spring Point; in front of you, Ram Island Ledge light; beyond that, Halfway Rock that is only visible on a clear day; and to your right, Cape Elizabeth light, one of two towers that was originally built. You might also notice colorful buoys that perfectly contrast with the darkness of the ocean. On a good day you might see lobstermen pull up what some might say is the staple food of

If you've got lobster on your mind, you could take a break from history and stroll over to one of the four food vendors at Fort Williams Park and pick up a lobster roll. If you'd prefer something other than lobster, the vendors have crepes, sandwiches and gelato for sale.

Portland Head Light has lit up coastal Maine for hundreds of years and will continue to do so for hundreds more. Enjoy your visit!



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# Through the Lens with photographer Bob Dennis

"To a large extent, I follow the progression of the seasons through the plants and flowers associated with them. Among others, there are the daffodils and tulips of spring, the lupine and sea roses (rosa rugosa) of early summer, and the hydrangea of late summer. Hydrangea can be seen throughout the area but there are some particularly attractive blooms along Ocean Avenue in Kennebunkport. This photo was taken in the garden of the Cape Arundel Inn on Thursday, August 25, as the schooner *Eleanor* sailed by under full sail." ~ Bob Dennis

kportimages.com • @portimages



Navajo silversmith Earl Plummer's visit to Home & Away Gallery has been rescheduled for September 16 and 17. Treat yourself to one of Mr. Plummer's wonderful sterling silver jewelry pieces inlaid with natural materials. Home & Away Gallery, 2 Christensen Lane, Kennebunk Lower Village. 207 423-8473. homeandaway.gallery



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#### **Maine News Briefs**

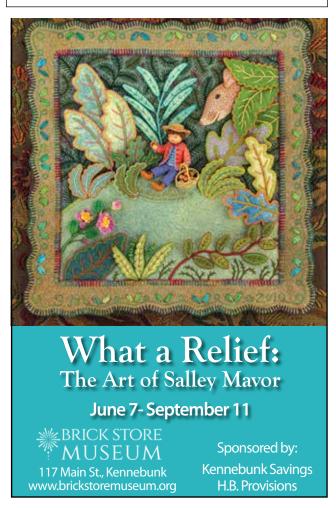
by Jo O'Connor

- Save the date: Sunday, September 4, for Farm+Table in Cape Porpoise's Great Wave Sushi Pop-up Event. Help support Portland-based Chef Alex, follow up and find out where he pops up next.
- Mark your calendar for the Artists of Graves Library: A Community Art Show at 18 Maine Street in Kennebunkport on Friday, September 9, from 5:30-7 PM.
- If you like art, then you are going to want to take in the second annual Ogunquit outdoor art exhibit on September 10 (rain date: 9/11). Stroll through the town, the beach, Marginal Way and Perkins Cove, as 100 professional and amateur plein air artists will create their paintings live, capturing the coastal majesty of Ogunquit (aka: a Beautiful Place by the Sea).
- According to News Center Maine, Treworgy Orchards in Levant is up for best maze in the country in a competition run by *USAToday* (voting ends on 9/12). Their 4-acre maze is made up of 60,000 corn plants and this year has a Winnie-the-Pooh theme. Their corn mazes have earned a first place finish in 2018, then runner-up the three years following. #makingmaineproud
- Happy 50th Anniversary to Sea-Vu campgrounds in Wells – Well done!

Sources: Q97.9, seacoastonline, News Center Maine



docksquarecoffeehouse.biz



#### Saturday, September 10 Open Lighthouse Day, 9 AM-3 PM

For a list of participating sites, visit www.lighthousefoundation.org/maine-open-lighthouse-day. Lighthouses will be open 9-3 unless otherwise noted.







#### T&T'S WHADDYA SEE?





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#### **Tide Chart** August 31 – September 14

	•
Wednes	day, August 31
High	02:17 AM 9.24
Low	08:23 AM 0.25
High	02:39 PM9.34
Low	08:45 PM0.32
Sunrise	e: 6:04 AM
Sunsat: 7:20 PM	

#### Thursday, September 1 High ...... 03:00 AM .... 9.01 Low......09:03 AM....0.42 High ...... 03:19 PM .... 9.47

Low......09:32 PM....0.28

Sunrise: 6:05 AM Sunset: 7:19 PM

#### Friday, September 2

Low....... 09:48 AM....0.64 High ......04:05 PM ....9.56 Low......10:24 PM....0.30 High......09:17 PM..10.17 Sunrise: 6:07 AM Sunset: 7:17 PM

#### Saturday, September 3

High ...... 04:41 AM .... 8.41 Low...... 10:39 AM....0.89 High ...... 04:58 PM .... 9.59 Low...... 11:23 PM....0.35 Sunrise: 6:08 AM

Sunset: 7:15 PM First Qtr: 1:09 PM

#### Sunday, September 4

High ...... 05:41 AM .... 8.14 Low...... 11:37 AM....1.10 High ...... 05:58 PM .... 9.61 Sunrise: 6:09 AM

Sunset: 7:13 PM

#### Monday, September 5 Low...... 12:29 AM....0.35

High ...... 06:48 AM .... 8.04 Low......12:41 PM....1.16 High ...... 07:04 PM .... 9.69 Sunrise: 6:10 AM

#### Sunset: 7:12 PM

Sunset: 7:10 PM

Tuesday, September 6 Low....... 01:37 AM....0.22 High ...... 07:57 AM .... 8.15 Low......01:49 PM....1.02 High ...... 08:12 PM .... 9.88 Sunrise: 6:11 AM

#### Wednesday, September 7 High ...... 03:47 AM .... 8.72 Low ....... 02:43 AM .. -0.05 High ...... 09:03 AM .... 8.50 Low......02:56 PM....0.69

Sunrise: 6:12 AM Sunset: 7:08 PM

#### Thursday, September 8

Low...... 03:45 AM.. -0.40 High ...... 10:04 AM .... 8.98 Low......03:58 PM....0.24 High ...... 10:18 PM .. 10.46 Sunrise: 6:13 AM

#### Sunset: 7:06 PM

Low ...... 04:41 AM.. -0.71 High ...... 10:59 AM....9.47 Low......04:56 PM.. -0.19 High ...... 11:14 PM .. 10.63

#### Friday, September 9

Sunrise: 6:14 AM Sunset: 7:04 PM

#### Saturday, September 10

Low...... 05:32 AM.. -0.90 High ...... 11:49 AM .... 9.86 Low......05:49 PM.. -0.49

Sunrise: 6:15 AM Sunset: 7:03 PM Full Moon: 5:00 AM

#### Sunday, September 11

High ...... 12:05 AM .. 10.61 Low...... 06:19 AM.... -0.9 High ...... 12:36 PM..10.08 Low......06:39 PM.. -0.60

#### Sunrise: 6:16 AM Sunset: 7:01 PM

Monday, September 12 High ...... 12:54 AM..10.38 Low......07:04 AM.. -0.68 High ......01:21 PM..10.10 Low......07:28 PM.. -0.52

#### Sunrise: 6:18 AM Sunset: 6:59 PM

Tuesday, September 13 High ...... 01:42 AM .... 9.97 Low...... 07:48 AM.. -0.28

#### High ...... 02:05 PM .... 9.95 Low......08:15 PM.. -0.26 Sunrise: 6:19 AM

Sunset: 6:57 PM

#### Wednesday, September 14

High ...... 02:30 AM .... 9.43 Low...... 08:31 AM.... 0.25 High ......02:49 PM .... 9.65 Low......09:04 PM....0.12

Sunrise: 6:20 AM Sunset: 6:55 PM

Note: The number for each high and low tide indicates the height in feet above or below sea level. This chart shows tides for the mid-coast of York County; tide times are a few minutes earlier to the north (Old Orchard Beach) and a few minutes later to the south (York Beach). Tides are affected by the weather and cycles of the moon; the actual times and tide heights can differ slightly from the predictions above.





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#### The Southern Maine Saltwater Fishing Report

by Captain Greg Metcalf

Massive schools of bluefish moved into our local waters this week, pleasing anglers who have patiently and anxiously been awaiting their arrival. Fishermen from Saco Bay to Kittery enjoyed an exciting week catching these feisty swimming beasts.

Striper activity has remained relatively steady with a few slow days mixed in. The offshore fishing has been unbelievable with many tuna sightings and tons of sharks being live bait. caught.

striper fishing from Cape Porpoise to Parsons Beach is still very good. Except for a few days of stiff westerly wind and rough seas, anglers were treated to some variety for a change. Hungry schools of bluefish showed up on Saturday and the striper action remained very steady. Anglers aboard my boat, the Striper Swiper, enjoyed some exciting action catching both species this past Captain Cal Robinson of week.

Wells, Ogunquit: Brandy from Webhannet River Bait and Tackle reported good action on bluefish during the past week. Striper fishing remained steady with many fish being caught. Most of the striped bass are between 24 to 30 inches with quite a few jumbo-sized stripers in the mix as well. The only negative thing she had to report was the absence of mackerel after the arrival of bluefish. Anglers fishing from shore did very well catching stripers using live eels, chunks of

mackerel and sea worms for bait.

Goose Rocks Beach and Biddeford Pool: Captain Dave Rand told me that this week was a mixed bag. Anglers enjoyed great fishing at Goose Rocks until Wednesday when a school of bluefish showed up. When the bluefish moved in, the bait disappeared and striper fishing was slow for the rest of the week. Mackerel have been scarce and pollock have been the best resource for

York: Captain Phil Bret-Kennebunkport: The on from Breton Charters reported that he finally found some big numbers of bluefish this week. Livelining pollack or mackerel worked well, as well as trolling swimming plugs. He also caught some jumbo-sized stripers in York off of Nubble Light last week, where he boated several fish over 40 inches, plus some keeper-sized fish between 28 and 35 inches.

Saco River and Saco Bay: Saco Bay Guide Service



Twenty-one-year-old Haley Grandy from Utah caught this jumbo-sized bluefish while fishing aboard the Striper Swiper while on vacation with her family on August 18.

and sharks is outstand- Saco River anglers finally for cod, haddock, tuna steady and Saco Bay and tained bluefish action.

told me offshore fishing ing. Striper fishing is very got into some hot and sus-



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Anchorage by the Sea 125 Shore Rd, Ogunquit September 3: Ocean Ave. 5PM September 10: Ocean Ave. 5:30PM September 17: Lisa, Jim & Byon 5:30PM www.anchoragebythesea.com 646.9384

Bentley's Saloon 1601 Portland Road, Arundel Live Music Every Thursday- Sunday www.bentleyssaloon.com | 985.8966

Bitter End
2118 Post Road, Wells
Live Music Every Fridays & Saturdays
5-8PM, Sundays (Jazz) 4-7PM
September 2: The Dock Squares
September 3: Fugitive
September 4: Rob & Jim
September 9: Trifecta
September 10: Rebecca Wood
September 11: Rob & Jim
September 16: Ocean Avenue
September 17: Bread & Circus
September 18: Rob & Jim
www.bitterend.me | 360.0904

The Brunswick 39 West Grand Avenue, Old Orchard Beach Live Music Daily 1-11PM www.thebrunswick.com | 934.4873

The Burleigh at the Kennebunkport Inn Dock Square, Kennebunkport September 1, 2 & 3: Amanda Adams noon-4PM www.kennebunkportinn.com 967.2621

Clay Hill Farm
220 Clay Hill Road, Cape Neddick
Thursdays: Gordon Shannon
at the Piano 6PM
Wednesdays, Fridays & Saturdays:
Katherine Mayfield at the Piano 6PM
Sundays & Mondays: Sweet Serenity with
Curt Bessette & Jenn Kurtz 5:30PM
www.clayhillfarm.com | 361.2272

The Cliff House
591 Shore Road, Cape Neddick
September 1: Lisa, Jim & Byon 5:30PM
September 4: Lisa Jim & Byon
September 9: Ocean Ave.
www.cliffhousemaine.com | 361.1000

The Colony Hotel
140 Ocean Avenue, Kennebunkport
Live Music Thursdays- Saturdays 5-7PM
September 3: Beau Dalleo Trio
www.thecolonyhotel.com | 967.3331

Cowbell Burger Bar 140 Main Street, Biddeford Live Music Friday nights www.eatatcowbell.com | 284.2355

Féile Restaurant & Pub 1619 Post Road, Wells Wednesdays: Live Irish Music 6:30-10PM Saturdays Live Music 7:30 — 11:30PM www.feilerestaurantandpub.com 251.4065

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www.thefrontporch.com | 646.4005

Funky Bow Brewery and Beer Company 21 Ledgewood Lane, Lyman Live Music every Fri-Sat-Sun. www.funkybowbeercompany.com 409.6814 Hurricane Restaurant
29 Dock Square, Kennebunkport
September 7: Lisa, Jim & Byon 5:30PM
September 14: Dapper Gents
September 21: Ocean Avenue
www.hurricanerestaurant.com
967.9111

Inn on the Blues
7 Ocean Avenue, York
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with Green Lion Crew
September 2: The Mockingbirds 9PM
September 3: Maddi Ryan
September 9: Business Time
September 10: The Far Band
September 16: Broken Heels
September 17: Jamsterdam
www.innontheblues.com | 351.322

Lobster in the Rough
1000 US Route 1, York
September 1: Fred Ellsworth 7PM
September 2: Acoustic Tandem 6PM
September 4: Austin McCarthy 1PM /
Freight Train 5PM
September 9: Chris Fritz Band 6PM
September 11: Doug Mitchell Sum X 4 3PM
www://theroughyorkmaine.com
363.1285

Mike's Clam Shack
1150 Post Road, Wells
September 2: Brian Johnson 6:30PM
September 3: Kerry & Mike
September 4: Bob Terelli 4:30PM
September 9: Joanie 6:30PM
September 10: Brian Johnson
September 17: Ray Zerkle
www.mikesclamshack.com | 646.5999

Nikanos Mediterranean 173 Main Street, Ogunquit September 1: Jim Dozet 2PM September 2: TBD 2 PM / Beau Dalleo 8PM September 3: Matt Gerhard 2PM / Eric Andrews Jazz Quintet 8PM September 4: Maher & Mazola Duo noon | Tequila Jim 3PM / Beau Dalleo September 5: Matt Gerhard noon September 8: Tequila Jim 2PM September 9: Jim Dozet 2PM / Maher & Mazola Duo 8PM September 10: Beau Dallleo 2PM / The Hep Cats 8PM September 11: Amanda Dane noon / Beau Dalleo 3PM September 15: Tequila Jim 2PM September 16: Jim Dozet 2PM / Amanda Dane 8PM September 17: Beau Dalleo 2PM / Eric Andrews Jazz Quintet September 18: Maher & Maxola Duo noon/ George Morley 3PM www.nikanos.com | 646.1112

The Nonantum Resort 95 Ocean Avenue, Kennebunkport September 1: Carmine Terracciano 5PM www.nonantumresort.com | 967.4050

Old Vines Wine Bar
173 Port Road, Kennebunk
September 1: Dueling Pianos
w/Seth & Jimmy 6PM
September 3: Pieces of Eight 1PM
September 8: Dueling Pianos 6PM
www.oldvineswinebar.com | 967.2310

Outlook Tavern at the Links at Outlook
310 Portland Street, South Berwick
September 1: Dan Walker 5PM
September 2: Paul Chase Jr.
September 3: Kaia Mac
September 8: Cormac McCarthy
September 9: Vernon Northover
September 15: Plaid Dads
September 16: Dan Morgan
September 17: Kaia Mac
www.outlooktavern.com | 384.1004

Pier Patio Pub 2 Old Orchard Beach Pier, Old Orchard Beach September 2: Ellis Falls September 3: Chase Jobe 9PM www.oobpier.com | 934.3595

The Pilot House
2 Harbor Lane, Lower Village Kennebunk
September 2: Radio Revival
September 3: Ben Lyons
September 4: Fog Ave 1-4PM /
Pieces of Eight 5:30PM
September 8: The Dock Squares
September 17: Andy MacLeod &
Paul Chase Jr.
www.thepilothouseme.com | 204.0709

Ryan's Corner House Irish Pub 17 Western Avenue, Lower Village Kennebunk Live Music Wed-Sat 6 PM September 1: Brian Johnson September 2: Andy MacLeod September 3: The Barmen September 7: The Barmen September 8: Brian Johnson September 9: Ross Adam September 10: The Barmen September 14: Ross Adam September 15: Brian Johnson September 17: The Barmen September 21: Marty Quirk 967.3564

The Tides Beach Club 254 King Highway, Kennebunkport Live Music Every Sunday http://tidesbeachclubmaine.com | 967.3757

Vinegar Hill Music Theatre vinhillmusic.com



#### Send questions to rsimon legacysir.com!



Q: We just had an inspection completed on a house that we have under contract. I read your recent column about how important it is to manage the moisture in a crawl space. This inspector says that moisture in this basement is a problem and needs to be dealt with with new flooring, etc. The seller has come back saying that it is really no problem and they are willing to have a dehumidifier installed which will correct the issue. What is your take on this? We really like the house but don't want to make a mistake on this issue. Thanks, Marlene and Fred

A: I believe that your inspector has guided you correctly. A dehumidifier will not solve the problem. You need to decide who will correct the problem. If the seller is not willing to do it, are you? It is yours to decide but it should definitely not be ignored.

Q: We have owned our house for twenty-two years. My husband is obsessed with adding a pool on to our backyard. I feel like it would be a waste of money and he is adamant that we will get the money we spend on the pool back when we sell the place down the road. Do pools actually add value to a house? Your input would be helpful as this is a pretty intense issue for us. Caroline

A: In my experience, pools do not necessarily add value to a property but they can add appeal to some buyers and be a negative to others. That said, I would confer with a local experienced broker in your town and get their input. It is a controversial issue for many folks. that this makes us seem old fashioned but it is just how we are. And it is why I have left you this question on your telephone. Thanks, Brian

Randal Simon has been a real estate broker for over 30 years. His column was in the Portland Press Herald for many years; he is now pleased to be participating locally in Tourist & Town. He has been a contributor to The Wall Street Journal, Unique Homes and The New York Times.

Randal Simon, Legacy Properties Sotheby's International Realty 150 Port Rd, Kennebunk, ME 04043 (C) 207-590-9656 (O) 207-967-0934 rsimon@legacysir.com www.legacysir.com



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#### Kennebunk Artisans Marketplace

May 28 to October 1



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www.kennebunkmaine.us/artisansmarketplace for pictures, vendors and more!

"Summer should get a speeding ticket."

## TOURIST&TOWN'S KITCHEN TALK

"A fallen leaf is nothing more than a summer's wave goodbye."

#### MARINATED GARDEN TOMATOES

with lemon verbena vinaigrette, buffalo mozzarella and sourdough croutons

One of **Wandby Landing's** most requested salads was created by Executive Chef Michael Bergin (2020 Boston "Rising Star Chef" and former Executive Chef at Boston's lionized Salty Pig restaurant)

Serves 4

#### **Ingredients:**

6 large ripe tomatoes (heirloom or big boys), cut in slices or chunks

8 oz. jalapeños, grilled and seeds removed

1/4 cup basil

1/4 cup lemon verbena (found at local farmer's market or stand)

1 tbsp. Dijon mustard

2.11 oz. white wine vinegar

1 tbsp. roasted garlic

10 1/2 oz. grape seed oil

Buffalo mozzarella sliced

#### For croutons:

Torn sourdough Olive oil

Sea salt

#### **Directions:**

Toss torn bread in olive oil, then sprinkle with sea salt and bake at 325 until golden brown.

In blender, combine white wine vinegar, Dijon mustard, roasted garlic, jalapeños and a little ice water until smooth.

Add basil and lemon verbena, blend.

Slowly add grape seed oil while blender is on medium speed until emulsified.

Toss garden tomatoes in the vinaigrette; then add sliced mozzarella and croutons.

Garnish with greens and serve.

Wandby Landing is located at 46 Western Avenue (Rte. 9), Kennebunk; open Thursday-Sunday (closed Tuesday & Wednesday), 4pm-9pm. Go to resy.com for reservations or call 849-8849.

#### THE DAYS ARE GETTING SHORTER, BUT DON'T PUT AWAY THE GRILL!

Seasoned "grill master" and Kennebunk summer resident Pete Carlson plans to make **Grilled Greek Pizza** for Labor Day weekend guests. Here's his own man-made recipe:

#### Ingredients:

Prepackaged white pizza dough (Hannaford has several varieties — white, whole wheat, basil, sweet pineapple, even gluten-free).

Olive oil

Pasta sauce

Topping for Greek pizza: fresh spinach, feta crumbles, Kalamata olives, onions, tomatoes and mozzarella

#### **Directions:**

Use scissors to cut dough into four pieces.

Roll each piece out on floured surface, then stretch by hand to about 8" in diameter – oblong or round shape, doesn't matter.

Place on a baking sheet and brush top with olive oil.

Place on medium pre-heated gill, oiled side down, grill covered, for 2 minutes.

Flip over so cooked side is up, then spread pasta sauce and toppings on top.

Place on grill, turn heat to low, cover and cook another two minutes.

Open grill and enjoy!

#### COOKING IN THE KENNEBUNKS!

#### LOCAL CHEFS OFFER THEIR SPECIAL RECIPES....

Gwen Washburn, an avid reader of "Kitchen Talk" and a creative culinarian, suggested we should occasionally include recipes from our popular local restaurants. We agree!

This week we feature three tasty (and you-can-makethem-too) recipes from three popular restaurants: Musette, Hurricane and Wandby Landing. We are on the prowl for more and will feature them in future issues.

#### HURRICANE'S FABULOUS FIVE ONION SOUP

Owner Taylor Benenti says, "Everyone just loves this soup!"

Serves 13

#### **Ingredients:**

1 Spanish onion

1 red onion

1 leek, oriental slice

1 bunch green onions

1/2 quart shallots

2 quarts water

1 chicken bouillon cube

1/2 cup brandy 1/4 cup whiskey

3 1/2 ounces salted butter

61/2 ounces heavy cream

Salt & pepper to taste

1 sheet puff pastry dough, per soup Shredded Gruyere cheese

#### Directions:

Put red and Spanish onions in heavy bottomed stock pan and saute in butter until they start to caramelize.

Add leeks and shallots; cook until tender.

Add brandy and whiskey, reduce; then add stock (having added chicken bouillon cube) and green onions.

Simmer approximately 1 hour, then add heavy cream.

#### To Plate:

Pour cup of onion soup into an oven-safe container/bowl

Take a sheet of puff pastry and stretch over the soup crock, then sprinkle with Gruyere, salt and pepper

Bake at 425 degrees. Check on soup within 6 minutes or until puff pastry is golden brown.

Hurricane Restaurant is located at 29 Dock Square, Kennebunkport; opens at 4 PM daily for Happy Hour and Bar Menu; dinner from 5-9 (Sunday-Thursday) and 5-10 (Fridays and Saturdays)



"Our onion soup is one of the most popular items on our menu — year-round!," says Taylor Benenti, owner of Hurricane. Courtesy photo.

#### GRILLED SALMON

with marinated farm vegetables and heirloom tomato salsa

~ Contributed by Chef Jonathan Cartwright of **Musette Restaurant** in Cape Porpoise (and former executive chef at the White Barn Inn).

Serves 4

#### **Ingredients:**

1/2 tsp. finely diced Fresno pepper

2 baby bell peppers (red and yellow)

2 baby fennels

1 clove garlic

1 or 2 scallions

4 multi-colored baby carrots

12 mixed color cherry tomatoes

2 heirloom tomatoes (Cherokee purple or Brandywine)

1/4 cup extra virgin olive oil

1/4 cup aged sherry vinegar

1 bay leaf

10 leaves minced parsley

5 leaves sliced basil

1 lb. salmon cut into 4 even portions

Salt & freshly ground white pepper

Optional: a selection of micro herbs and/or flowers

#### **Directions:**

Peel and de-seed the Cherokee purple tomatoes, then dice into a "concasse." (*Larousse Gastronomique* defines concasse as "the French term for chopping or pounding a substance, either coarsely or finely. When skinned deseeded tomato pulp is finely chopped, it's known as tomato concasse.").

Season concasse with salt and add 1/8 cup olive oil.

Add parsley, Fresno pepper and basil. Mix and reserve on the side.

Cut salmon filet into four even pieces and

reserve on side. Slice fennel, carrots, peppers and scallions "thin

in various ways."

In sauce pan, boil vinegar with the sliced garlic, bay leaf and remaining olive oil. Pour hot

liquid over the vegetables.

Season fish, sear on hot grill to create markings and enhance flavor.

Then place on a baking pan and put in oven at 350 degrees for 3-4 minutes, until cooked.

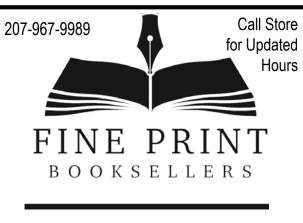
Arrange vegetables on the plate, place fish in the center, drop a spoonful of vinegar marinade over the fish, add spoonful of tomato salsa and decorate with fresh garden herbs/flowers.

Extra suggestions from Cartwright: "This is a light and fresh dish. You don't need to cook the salmon as the acid from the vinegar will cure it, so leave it pink when you take off the grill. The veggies are raw and then just warmed up, so it's super healthy. Also, you can substitute any fish you like, including lobster or scallops."

Dinner at Musette is served Monday-Friday, 5 to 8 PM. Musette's Prix Fix menu is \$75 per person (includes service) – choose three dishes (appetizer, fish, pasta, meat) which come with Amuse Bouche and Petit Four dessert.

(This winter Musette will be gearing up to offer four to five course options, along with Chef's Tasting Menu, starting Spring 2023.)

Musette located at 2 Pier Road, Cape Porpoise. Call 207-204-0707 for reservations.



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#### **SAVE THESE DATES Estate Liquidation Sales**

September 9, 10, 11 Friday, Saturday, Sunday 9 a.m. - 3 p.m. daily Chic & Sophisticated Home Decor **Summer Street** Kennebunk, ME 04043

September 16, 17, 18 Friday, Saturday, Sunday 9 a.m. - 3 p.m. daily **Fabulously Eclectic Home Furnishings Juniper Knoll** Kennebunkport, ME 04046 Make these your weekend destinations!

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org or call 363-2818. 207-751-6466 Sheila Nay (R) hosted a talk on environmental

concerns last week for neighbors in the Windward Pointe condo association in Riverbend Woods in Wells. Linda Littlefield-Grenfell (L), an environmental educator at Laudholm Farm in Wells, gave a lively, informative talk on several important issues, including climate change, attracting pollinators, saving monarch butterflies, eliminating spraying of pesticides, planting native species and keeping our gardens natural. She brought a selection of native species and encouraged attendees to plant the seeds in their gardens this fall. She will speak again at Nay's home at 10 AM on Thursday, September 15. For info, contact Sheila Nay at

#### **CALENDAR OF EVENTS**

Wednesday, August 31

Kayaking on the Little River Estuary, Wells Reserve at Laudholm Farm, 342 Laudholm Farm Road, Wells, 12:30-3:30 PM. For ages 12 and up. Some restrictions apply. \$60/\$48 plus site admission. Registration required. FMI call 207-646-1555 or visit wellsreserve.org/kayak.

Portside Readers, Graves Memorial Public Library, 18 Maine Street, Kennebunkport, Wednesdays, 7 PM. Listen to stories, poems, tales, essays, drama, songs and more by the Portside Readers, a small group of locals who want to share the joys of reading and listening. Tune in on the Louis T. Graves Memorial Public Library's Facebook page or YouTube channel or watch on the Town of Kennebunkport's cable channel 1301.

Thursday, September 1 Opening of "Beauty Unnoticed" – an exhibit by Yuko Hasegawa Lynch, Speers Gallery, Kennebunk Free Library, 112 Main Street. The exhibit runs September 1 to 30 and features colored pencil drawings of Monarch butterflies and other figures from nature.

STEAM To Go Kits, Kennebunk Free Library, 112 Main Street, Kennebunk. Looking for an activity with a side of STEAM? These kits are available for grades K and up with all the supplies for a fun experiment or activity. No registration required. Kits will be available while supplies last.

Saturday, September 3

"Depot Day," the Kennebunk Train Depot, 12 Depot Street, Kennebunk, 9 AM-2 PM. Depot Days include flowers, art, jewelry, books, photography and more. It's the happiest place in town! FMI publisher@touristandtown.com.

"Fabric Sale Extravaganza, Outta the Box, 8 York Street, Kennebunk, 9 PM-4 PM. Quilters, crafters and home sewers: bring bags, boxes or suitcases and fill up with wonderful deals on yards and yards of donated fabric. All proceeds benefit The New School. Sale is outside.

15 Long Sands Road, York. The show will run through September 28. Artist reception will be held on Tuesday, September 13 at 5 PM. FMI visit www.yorkpubliclibrary.

"A Walk Through History" - Documentary Double Friday, September 9 Feature, City Theater, Main Street, Biddeford. Tickets are

\$10 and City Theater will have their bar open for refreshments. Tickets sold at the door or at tinyturl.com/ movie04005.

Sunday, September 4

Farm+Table's Great Wave Sushi Pop-Up Event, Farm + Table, Langsford Road, Cape Porpoise. Help support Portland-based Chef Alex, follow up and find out where he pops up next.

Monday, September 5

What's Your Story? Graves Memorial Library, Kennebunkport, 7 PM. Each week, Library Director Mary-Lou

Boucouvalas interviews a community member. Tune in on the Louis T. Graves Memorial Public Library's Facebook page or YouTube channel or watch on the Town of Kennebunkport's cable channel 1301.

Tuesday, September 6

Italian Conversation Group, York Public Library, 15 Long Sands Road, York, 6:30-8 PM. FMI visit www.yorkpubliclibrary.org or call 363-2818.

Wednesday, September 7

Random Fandom: Super-Secret Spies, Wells Public Library, 1:15 PM. Teens are invited to embrace their inner secret spy. Snacks will be provided. For students in grade 5 and up. FMI contact Kayla Sawyer at ksawyer@wellstown.org or call the library at 207-646-8181.

Nonfiction Book Group, Wells Public Library, 1434 Post Road, Wells, 4:30 PM. The book for this month is American Made by Farah Stockman. FMI contact Cindy Appleby at cappleby@wellstown.org or call the library at 207-646-8181.

Portside Readers, Graves Memorial Public Library, 18 Maine Street, Kennebunkport, Wednesdays, 7 PM. See previous listing for details on this weekly event.

Kennebunk Rotary's Retro Dance Party! Old Vines Wine Bar, 173 Port Road, Lower Village, Kennebunk, 5:30-9:30 PM. Get your groove on with hits from the '70s, '80s and '90s! All proceeds benefit the local community and our kids. Tickets available on Eventbrite.

Thursday, September 8

Mainely Ticks Talk, Wells Public Library, 1434 Post Road, Wells, 1:30 PM. Bob Maurais from Mainely Ticks will share strategies to better protect your family from the ever-increasing threat of ticks and tick-borne diseases. FMI contact Stefanie Claydon at sclaydon@wellstown.org or call 646-8181.

Opening of Berri Kramer Exhibit: "The Remains of the Day: A Layering of Life's Remnants," York Public Library, nebunk, Kennebunkport & Arundel, The Community House, 8 Temple Street, Kennebunkport, 6:30 PM social time/7 PM presentation. Meet new friends and learn from featured guest Betsy Ross, Certified Sommelier and owner of Wine House on Maine in Kennebunk.

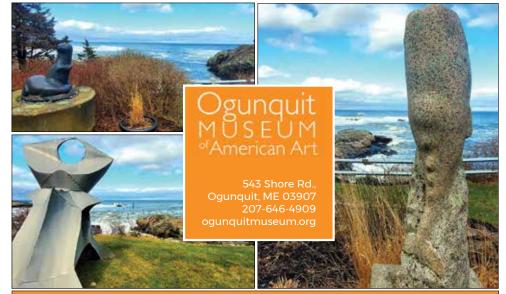
Fiber Arts, Wells Public Library, 10:30 a.m. Join every Friday at the library to show off your latest knitting creation, get tips on your crochet technique and just chat with old friends and make some new ones. FMI contact Stefanie Claydon at sclaydon@wellstown.org or call 646-8181.

Great Decisions, Wells Public Library, 1434 Post Road, Wells, 10:30 AM. Join with other community members at the library for lively and informative discussions on the major global issues of our time. Meetings center on topics outlined in the Great Decisions briefing book provided by the Foreign Policy Association. FMI contact Stefanie Claydon at sclaydon@wellstown.org or call 646-818

Lego and Rubik's Cube Club, Wells Public Library, 1434 Post Road, Wells, 3 PM. Participants are invited to build master creations with Legos provided by the library. All ages welcome. FMI contact Allison Herman at aherman@ wellstown.org or call 646-8181.



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Museum Open 10 AM- 5 PM daily, May 1 - October 31 Landscaped sculpture gardens on the coast, perfect for a sunny picnic or gallery tour of contemporary and modern art.

#### **AUGUST 31 - SEPTEMBER 21**

#### Saturday & Sunday, September 10 & 11

**Summer Solstice Craft Show**, Wells Jr. High School, Route 1 (1470 Post Road), Wells, 10 AM-4 PM. Features distinctive Maine & New England artisans. FMI contact show director Rita Poli at 207 967-225 or rpoli3@roadrunner.com or visit www.summersolsticecraftshows.com.

**34th Annual Laudholm Nature Crafts Festival,** Wells Reserve at Laudholm Farm, 342 Laudholm Farm Road, Wells, 10 AM-4 PM. FMI visit wellsreserve.org/crafts or call 646-4521.

#### Saturday, September 10

"Depot Day," the Kennebunk Train Depot, 12 Depot Street, Kennebunk, 9 AM-2 PM. Depot Days include flowers, art, jewelry, books, photography and more. It's the happiest place in town! FMI publisher@touristandtown.com.

**Open Lighthouse Day,** 9 AM-3 PM. This popular annual event offers the rare opportunity to climb and learn about more than a dozen historic Maine lights. For a list of participating sites, visit https://lighthousefoundation.org/maine-open-lighthouse-day.

#### Sunday, September 11

**2nd Annual Bridge-A-Thon,** Four Tree Island, Peirce Road, Portsmouth, 10 AM-12 PM. \$29 includes T-shirt and swag bag. Live band, food and refreshments and super raffle. www.igotbridged.com/events. 866-BRIDGED (274-3433)

**2nd Annual Electric Vehicle Show,** Wells Public Library, 1434 Post Road, Wells, 1-4 PM, rain or shine. This event is hosted by the Town of Wells' Energy Advisory Committee. Displays, test drives and more.

#### Monday, September 12

Mother Goose Storytime, Wells Public Library, 1434 Post Road, Wells, 10:30 AM. For children ages 0-24 months and their caregivers. FMI contact Allison Herman at aherman@ wellstown.org or call 646-8181.

**What's Your Story?** Graves Memorial Library, 7 PM. See previous listing for details on this weekly event.

#### Tuesday, September 13

Walking Club, York Public Library, 15 Long Sands Road, York, 8:30 AM-12:30 PM. FMI visit www.yorkpubliclibrary. org or call 363-2818.

**Wildlife of the Galapagos**, Mather Auditorium, Wells Reserve at Laudholm Farm, 342 Laudholm Farm Road, Wells, 7 PM. Hosted by York County Audubon. FMI: yorkcounty-audubon.org or wellsreserve.org/calendar

Protecting Maine's Fishing Heritage: A Presentation by Crystal Canney, Executive Director, Protect Maine, York Public Library, 15 Long Sands Road, York, 7-8 PM. FMI visit www.yorkpubliclibrary.org or call 363-2818.

#### Wednesday, September 14

**Teen Collaborative Crafting: 1000 Wishes for Good Fortune,** Wells Public Library, 1:15 PM. All materials will be provided as teens are challenged to create wish stars and 1000 paper cranes (fingers crossed!) to hang for good luck in the new school year over the teen section of the library. Snacks will be provided. For students in grade 5 and up.

FMI contact Kayla Sawyer at ksawyer@wellstown.org or call 646-8181.

**Portside Readers,** Graves Memorial Public Library, 18 Maine Street, Kennebunkport, Wednesdays, 7 PM. See previous listing for details on this weekly event.

#### Thursday, September 15

Knitting Group, York Public Library, 15 Long Sands Road, York, 10 AM-12 PM. FMI visit www.yorkpubliclibrary.org or call 363-2818.

**Author Talk with Phuc Tran,** Author of *Sigh, Gone*, York Public Library, 15 Long Sands Road, York, 7-8 PM. Sigh, Gone is an irreverent, funny and moving tale situated during the fall of Saigon. FMI visit www.yorkpubliclibrary.org or call 363-2818.

Centennial Community quilt Reception, York Public Library, 15 Long Sands Road, York,4-5 PM. This quilt was crafted by community volunteers to commemorate the library's 100th anniversary. FMI visit www.yorkpubliclibrary. org or call 363-2818.

**Writing Group,** York Public Library, 15 Long Sands Road, York, 5:30-7 PM. FMI visit www.yorkpubliclibrary.org or call 363-2818.

**Sustainable Food Systems: A Virtual Program,** York Public Library, 15 Long Sands Road, York, 7-8:30 PM. FMI visit www.yorkpubliclibrary.org or call 363-2818.

#### Friday & Saturday, September 16 & 17

**28th Annual Old Orchard Beach's Annual Car Show and Parade,** Veterans Memorial Park, First and Staples Streets, Old Orchard Beach. This two-day event is one of New England's largest car shows. There will be a Friday Night Showcase and an Awards Presentation on Saturday. FMI oldorchardbeachmaine.com.

Navajo silversmith Earl Plummer's visit to Home & Away Gallery, 2 Christensen Lane, Kennebunk. Treat yourself to one of Mr. Plummer's wonderful sterling silver jewelry pieces inlaid with natural materials. FMI call 423-8473 or visit homeandaway.gallery.

#### Saturday, September 17

"Depot Day," the Kennebunk Train Depot, 12 Depot Street, Kennebunk, 9 AM-2 PM. Depot Days include flowers, art, jewelry, books, photography and more. It's the happiest place in town! FMI publisher@touristandtown.com.

#### Monday, September 19

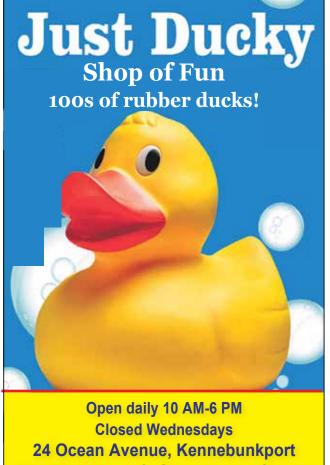
What's Your Story? Graves Memorial Library, 7 PM. See previous listing for details on this weekly event.

#### Tuesday, September 20

"Involuntary Americans: Scottish Prisoners in Early Colonial Maine," Kennebunk Free Library, 112 Main Street, Kennebunk 6 PM.

#### Wednesday, September 21

**Portside Readers,** Graves Memorial Public Library, 18 Maine Street, Kennebunkport, Wednesdays, 7 PM. See previous listing for details on this weekly event.









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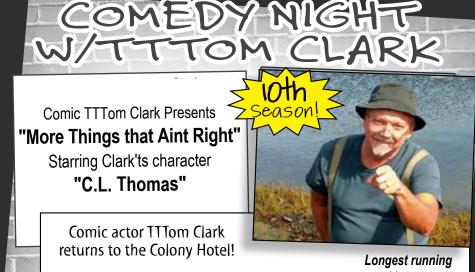
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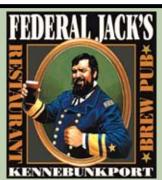
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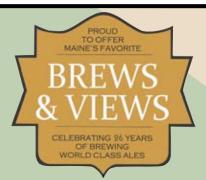
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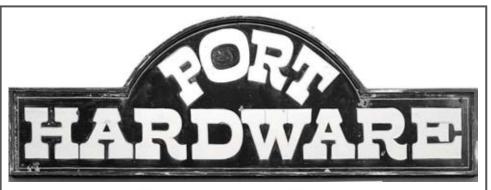
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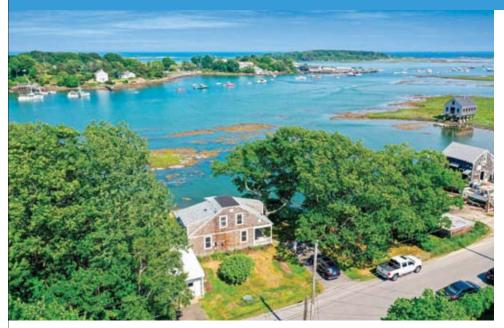


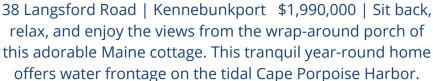
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