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Valentine's Day Menu Monday, February 14, 2022

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APPETIZER FOR TWO CHOICE:

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ENTRÉE FOR TWO CHOICE:

BEEF WELLINGTON

Tenderloin, Truffle Duxelle, Madiera Demi Glace. Accompanied by Mashed Potatoes & Haricot Verts LOBSTER POT PIE

Fresh Lobster & Mushrooms w/ Sherry Cream Sauce in Flaky Puff Pastry Accompanied by Grilled Asparagus

DESSERT FOR TWO CHOICE:

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A LA CARTE- APPETIZERS (6 PER ORDER)

BROILED MAINE OYSTERS- Garlic, Meyer Lemon, Thyme, Brioche, Prosecco Mignonette- \$18.00 MINI BLACK BEAN CAKES- w/ Cilantro Crema-\$8.00 CHEVRE FRITTERS - Crispy Fried Goat Cheese w/ Puttanesca Sauce \$10.00 STUFFED MUSHROOMS - Spinach & Gorgonzola-\$10.00 LOBSTER BISQUE - Cup \$9.00. Bowl \$18.00

A LA CARTE ENTRÉES

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A LA CARTE SIDES - Priced Per Serving

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DESSERTS- HANDCRAFTED BY OUR PASTRY CHEF

RASPBERRY LINZER HEART COOKIES \$3.75 EA VIENNESE SACHER TORTE W/ APRICOT FILLING, CHOCOLATE GANACHE & WHIPPED CREAM \$5.50

CHOCOLATE-CINNAMON CUPCAKES \$3.95 EA CHOCOLATE DIPPED SHORTBREAD HEARTS W SEA SALT \$2.75 EA NEW YORK CHEESECAKE WITH FRESH STRAWBERRIES \$4.75 EA

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2022 PUBLISHING SCHEDULE

ISSUE DATE

Newspaper: Thursday, February 10 Magazine: Early March

Newspaper: Thursday, April 7 Newspaper: Thursday, April 21

Magazine: Early May

Newspaper: Thursday, May 26 (Memorial Day Issue)

Newspaper: Thursday, June 9 Newspaper: Thursday, June 23

Magazine: Early July

Newspaper: Thursday, July 7 (Weeklies begin)

Newspaper: Thursday, July 14 Newspaper: Thursday, July 21 Newspaper: Thursday, July 28 Newspaper: Thursday, August 4 Newspaper: Thursday, August 11 Newspaper: Thursday, August 18 Newspaper: Thursday, August 25

Newspaper: Thursday, September 1 (Labor Day Issue)

Magazine: Early September

Newspaper: Thursday, September 22

Newspaper: Thursday, October 6 (Columbus Day Issue)

Newspaper: Thursday, October 20 Magazine: Early-Mid-November

Newspaper: Thursday, November 24 (Prelude Issue)

ADS/PR DUE

Wednesday, Feb 2

Friday, Feb 25

Wednesday, March 30 Wednesday, April 13

Friday, April 22

Wednesday, May 18 Wednesday, June 1 Wednesday, June 15

Friday, June 17

Wednesday, June 29 Wednesday, July 6 Wednesday, July 13 Wednesday, July 20 Wednesday, July 27 Wednesday, Aug 3

Wednesday, Aug 10 Wednesday, Aug 17

Wednesday, Aug 24

Friday, August 26

Wednesday, Sept 14

Wednesday, Sept 28 Wednesday, Oct 12

Friday, Oct 28

Wednesday, Nov 16

Let's get presidential – fun facts about Washington and Lincoln

by Jo O'Connor

Our shortest month February brings many things: uncertain weather, lengthening days, Black History Month, Valentine's Day and President's Day. Let's take a look at some fun facts about Presidents George Washington and Abraham Lincoln.

George Washington (1732-1799)

• Our first president was self-educated. After his father passed in 1743, there was

not enough money for Washington to continue his formal education, which ended when he was 15 years old. He was a voracious reader who corresponded with friends and authors to discuss agriculture, social and political news of the day.

• As an ardent promoter of westward expansion, Washington owned more than

50,000 acres. He owned in the western portions of Virginia (and what is now known as West Virginia), Maryland, New York, Pennsylvania, Kentucky and Ohio. According to Mountvernon.org, "Even Washington's choice placing the national capital along the banks of the Potomac was designed to reinforce this westwardlooking view."

• According to history.com, Washington ruined his teeth using them to crack walnut shells. The dentures he had were made out of different materials, but not wood. They also came from human teeth, ivory, cow teeth, copper, silver and lead. He had a little spring inside the dentures that helped them open and close.

• Washington was nicknamed the moonshiner as he was a licensed distiller and

had made a style of whiskey "moonshine." Ohfact.com states that he installed a distillery at Mount Vernon in 1798, and it was profitable distilling an estimated 12,000 gallons a year.

Abraham Lincoln (1809-1865)

- Lincoln was the first president born outside of the 13 original states. Standing at 6'4", he still remains the tallest person to serve as president.
- Lincoln was a general store owner, postmaster and lawyer before being elected.
- He lost his first bid for a presidential ticket. He lost five separate elections before being elected as the president of the United States of America.
- He was the only president to have a patent; inventing a device (1849) to free steamboats that ran aground. • Lincoln had lots of cats in the White House. In fact, Yahoonews.com reports that he had two cats that he
- fed on the dinner table. However, the first lady Mary Todd Lincoln did not like this.

Sources: Mountvernon.org, the filefact.org, ohfact.com, history.com. yahoonews.com

Little Pieces of Hope Guaranteed smiles with every page

by Valerie Marier

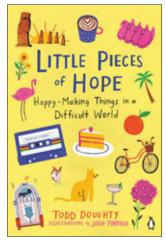
Everyone remembers crossing the Rubicon to the reality and breadth of Covid-19 that second week of March, 2020. My husband and I were careening north along I-95 from Naples, Florida, a winter sojourn cut short. We spent one sleepless night at a Hampton in North Carolina, wearing masks and hazmat suits. Scary

But in New York City on Wednesday of that fateful week, Todd Doughty, senior VP and deputy publisher at Doubleday, faced the menacing monster with aplomb and creativity. After leaving his office on Fifth Avenue for Grand Central Station, he boarded a Metro-North train heading to Westchester

The World Health Organization had just declared Covid-19 a global pandemic and Todd knew he'd be working at home for the foreseeable future. Bouncing home on the 5:25 train to Bronxville, he opened his iPhone and began scribbling

really good burger. Long library patrons "sometime out from under a blanket in "Sure," and immediately ings add to the breezy and order to find some cool air. The musical intro to NPR's 'All Things Considered.' Sondheim. Lin-Manuel Miranda. Freshly cut yellow tulips...."

The next day Todd posted his list on Instagram. The day after that, he posted another list. He admits, "I discovered that everyday ever before. Feeling connected mattered ... and hope mattered." Within months, his lists, musings, quotes and playlists morphed into a de-



Little Pieces of Hope: Happy-Making Things in a Difficult World is available on Amazon, at independent bookstores including Fine Print in Kennebunkport, and of course Graves Library in Kennebunkport.

lightful book: Little Pieces of Hope: Happy-Making Things in A Difficult World.

Meanwhile back in Maine, 2022 ... Mary-Lou Boucouvalas had given me a copy of Doughty's new book last December and asked asked if I would interview "NYC. Fat goldfish. A the author on Zoom for walks. Your foot sticking in the near future." I said, Portillo's delightful drawstashed the book on a low shelf in my office.

Because I'm not a "happy list" person. I have zilch interest in chicken-soupingmy-soul. Friends send me emails offering "inspiring uplifting thoughts" which immediately inspire me to hit delete.

Then last week, Marythings mattered more than Lou contacted me and said the Zoom interview with Todd was scheduled for Friday. I panicked. How could I possibly read the book in time. But when I opened it

up, I couldn't put it down.

"Bright green buds on trees. Rosie the Riveter. The National Spelling Bee. Meredith Willson, national treasure. Maya Lin, national treasure. A 64-degree day. On Cloud tennis shoes. Using British slang words, such as trainers, lift and collywobbles. Old faded red barns. The friendship of Carl Reiner and Mel Brooks. Little Free Libraries. The sound of a train whistle early in the morning or late at night. A decent passport photo...."

Doughty offers 3000+ items that make him happy in a difficult world. Some Î'd never heard of so I Googled "the photography of Vivian Maier" and "the art of Tug Rice." (By the way, I liked learning about things I didn't know.) But most entries made me purr: a Dutch door with the top open, a bucketful of Lincoln logs, getting the giggles in church, Neuschwanstein, heated towel racks.

Interspersed throughout the 242-page book are short sweet essays about teachers, summer reading, small towns and other topics. The different typefaces and Josie amusing nostalgia.

Todd closes with these words: "The moral of this story? Look out the train window ... You never know what you might see - and what inspiration or solace you might find – on the other side of the glass."

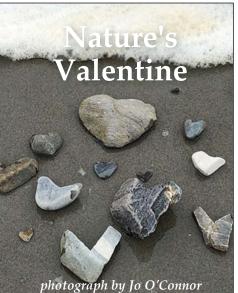
One reviewer declared the book "effervescently positive." Another said it "boils life down to what really matters." For me, it's a reminder that when the going gets tough, it's time to pick up this wonderful book.

All you need is love. (And yoga.)



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by Jo O'Connor

I love collecting things and I love rocks. I have rock walls, a granite fireplace and love stone firepits too. As a self-professed beachcomber, I gather sand dollars, washed up buoys and heart-shaped rocks.

Many years ago, my dear friend Corde started pointing out rocks that she would find in the shape of hearts. These are mostly perfectly imperfect, bumped around and loved into shape by the tumultuous sea and waves crashing over them for years. My heart rock collection has grown over the years now. I find myself giving these away to friends and visitors. I even have a section in my rock garden under my birch trees dedicated to these treasures. Thanks to my friend, I find that my eye has been trained to spot them - it's also a way of being present on my beach walks.

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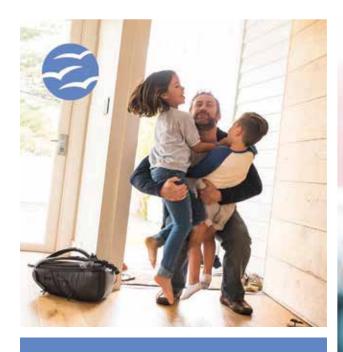
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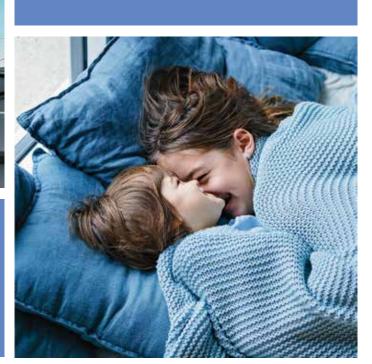


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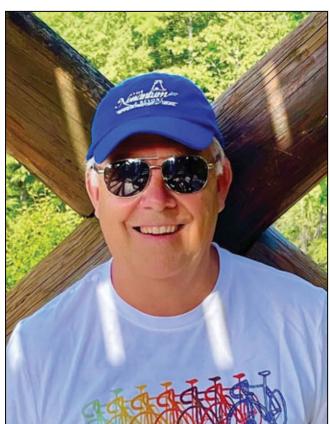
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An event at the Nonantum is just the beginning of a beautiful relationship



Timothy Ames has been with the Nonantum Resort for 32 years, the last 17 as Director of Sales. All photos courtesy of Timothy Ames.

When the Nonantum team sets up a booth for a wedding show, it always features a lovely table setting with linens, beautiful flowers, china and stemware.

by Faith Gillman

Timothy Ames is an unabashed romantic, a quality that has served him well in his role as Director of Sales at the Nonantum Resort on Ocean Avenue in Kennebunkport.

"Yes, I am a romantic. I love seeing people happy and playing a part in that in some small way," said Ames. "I am passionate about my work, from 75th anniversary parties to birthdays to weddings."

Sharing love, beauty and special moments, whether on the job or not, is important to Åmes, who "scours antique shops for a beautiful pair of crystal candlesticks in perfect condition" to give as wedding

"I wrap them and enclose a note that says, in effect, whether you are having McDonalds or filet mignon, one night a week sit down with the person you love and eat by candlelight. Be in the present with them – create beauty and love," said Ames, who also loves to pull out china, shine the silver flatware

his family.

"Gives me joy to see a beautiful table setting," he said. "There is a saying about 'gathering around the table is the heart and soul of the family.' It's important to sit down with those you love, whether it's three people or 250."

This philosophy shows through when Ames takes his sales team to wedding shows

"When we set up the booth for the Nonantum, it must always have a lovely table with linens, beautiful flowers, china and stemware," said Ames. "Team members will say "But Tim, we don't have that china at the hotel!" That's ok I say. I want prospective clients to stop in their tracks and say "wow, this is so beautiful, so romantic." I want them to know we are ready to make their day special."

Ames has been with the Nonantum for 32 years, first working part time while holding a full-time job at the York County Coast Star (YCCS).

"I left YCCS after 28

tor of Sales full-time] on Valentine's Day 2005," said Ames, who has supervised more than 1,200 weddings since he began keeping track in 2007.

That number doesn't include other social events at the Nonantum. Ames said the "impact that those weddings have had in the greater community in the Kennebunks is astounding to think about."

But it's the small things Ames cherishes in his work.

"I have many favorite moments about a wedding day but probably my very favorite is when the father of the bride and the bride are the next to go down the aisle. The groom is at the altar, the bridesmaids have all left and it's just the two of them. It's really a sweet and special moment that really only I get to see," he said. "And yes, I usually cry at that moment."

events come without some difficulties.

"Everything about event planning is challenging. You have only one chance

and set a beautiful table for years and started [as Direc- to get it right. There's no rewind button. It's a constant awareness and being on your toes to address any situation that comes up," said Ames, who believes success in his, or any position is to like what you do.

"I love what I do. If you enjoy what you, do everything else you need to be successful stems from that. Being organized and able to think quickly on your feet doesn't hurt either."

And how important is the team you work with? Ames is exceedingly proud of his crew and notes everything "depends on the team in its entirety."

"No event planner is solely responsible for a perfectly executed event. It's the team of talent that stands behind that should receive the credit but seldom does. As we go through planning stages, and especially during the actual day, I make a point That's not to say that to call out all members of Nonantum's team and introduce them to the couple, their families and friends."

Ames offers advice for couples in the planning stage of a wedding to consider.

"Finding the venue is foremost followed by a rehearsal dinner location. Be sure to come up with a general vision of what your day looks like; what's important in elements that make up the event," Ames

Also important: "Finding vendors that listen to you and your vision instead of creating their own. Making decisions and sticking to them without second guessing yourself, and when the plan is in place, let it go. Let your vendors do the execution and just enjoy the days as they play

The last few years have been more challenging than most for planning events. In dealing with the ever-

continued on next page



insight into each wedding they coordinate. These are my heroes in hospitality." From left: Ariel Taschereau, Erin Fralley, Mathew Havrilla and Briana Collard.

Maine News Briefs

by Jo O'Connor

- · Let's give a huge shout out to our five Maine-state Olympians who are now competing in the Bejing Winter Olympics: Frankie Del Duca -Bobsledding – Bethel; Clare Egan – Biathlon – Cape Elizabeth; Sophia $Laukli\,-Cross-Country\,Skiing\,-\,Yarmouth;\,Jimmy\,Reed\,-\,Bobsled\\---South$ Thomaston; Emily Sweeney — Luge -- Falmouth
- Welcome to the new owners of the Kennebunk Inn Kathryn Anderson, Matt Blain and Andrew Warde along with Chef Nick Zammarelli.
- •We can't wait to get to 50 Local in downtown Kennebunk, who just reopened this month after expanding and improving their kitchen to better serve their quests.
- Happy 20th Anniversary to Amtrak's Downeaster train service.
- Tourist & Town welcomes Costco building its first store in Maine at Scarborough Downs.
- Did you know that Mornings in Paris café has locations in Lower Village Kennebunk and Ogunquit? Stop by to say hello.
- Congrats to Biddeford for being named at a Top Ten Best Foodie Getaways in New England by New England Today Magazine.
- Three cheers for Wells Parks and Recreation Department who is planning on installing a new 2,500 sq. ft. playground on Sanford Road later on this fall.

Tourist & Town Contributors This Issue



Tourist & Town

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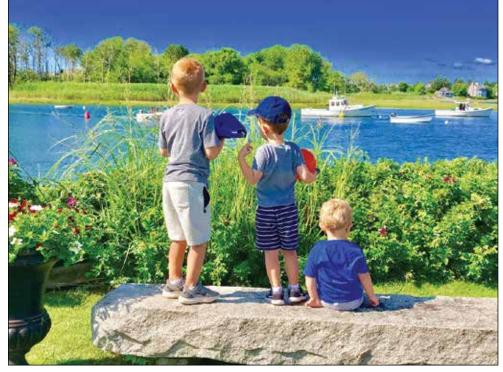
changing pandemic situation Ames said preserving a "reputation for hospitality and taking care of guests' has been most imperative.

"We made a promise when they booked their event that we would be there by their side until the very end. We aren't about to flee from that promise and save ourselves because of the pandemic," he said.

"Tĥis was so unprecedented and nobody had the answers but the entire management team at the Nonantum knew that by 'doing the right thing' by our guests would never be the wrong thing." 2020 was incredibly difficult. As we prepared to open in April, we had 44 weddings planned. That didn't include all the other events, both social and corporate. I was in constant touch with couples and clients sometimes several times a day and often as late as midnight. There was a lot of reassuring that all would be ok. Even if I had doubts and anxieties, I couldn't let them see that in me."

Ames has many fond – and funny - memories of weddings he has overseen. Take the "when pigs fly" wedding.

"I was managing the wedding for a couple in bride know?" "No, it's a their mid-thirties," said Ames. "After the rehearsal the best man, who was the ceremony is really a solemn groom's brother, came to me with an unusual request. 'We're going to have someone in the lighthouse'



"This is be one of my favorite moments at Nonantum," said Ames. "I have a bride and groom that return yearly and bring their three boys. Makes me happy every year." The stone bench is the wedding ceremony location of the mom and dad of the three boys pictured.

[the Nonantum has a small lighthouse on its grounds]. Tomorrow when my brother says I do, that person will jump out from the lighthouse with a pet pig wearing wings. It's always been a joke in our family that 'pigs will fly before my brother gets married.'"

secret," the best man said.

"I said, "You know the moment, so I can't let you do that. After the ceremony if you'd like you can go over and present the pig to your

brother, but not during it.' He agreed and this sweet little pink piglet on a leash wearing wings was presented to the groom," said Ames. "Everyone laughed and it was a fun moment. Afterwards the bride came to me and said, 'Thank you so much, Tim. I would have killed someone is they did what they were planning! Everything is perfect with weddings until the moment it isn't perfect! My job is to assure the bride and/or groom that it will all be ok."

Hiccups aside, Ames enjoys every aspect of his job.

"Honestly, I cannot really think of anything that's difficult. I'm dealing with happy, in-love people, creating and celebrating the most important times in their lives up to that point," he said. "I love the connections we create with our guests. I love when they return with little ones in tow. That's by far my favorite. I have this standard phrase I like to use and that is: Nonantum's relationship with a couple and their families doesn't end with the last dance of the evening. It's just the beginning."







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People ask me, "Dana, how is it that you've been able to maintain such a happy marriage after nearly 35 years?" And I say, "Whoa, wait a minute! What do you mean 35 years? Try 25." And they say, "No, I'm pretty sure it's 35." And I say, "But that's not possible; I'm in my mid-40s." And they say, "You wish, pal." And I say, "Easy there, laddie." And they say, "So not only are you pretending to be younger than your years, you think you're Scottish?" And I say, "Perhaps a wee bit." And they say, "Seriously, we've checked the records, and you and Diane got married in 1987. Are you telling me you got hitched while in the fourth grade?" And I say, "First of all, back off. Secondly, point taken. Thirdly, what was your original question?" And they say, "Uh, something about how to maintain a happy marriage after...after however long you've been married." And I say, "Thanks for

oblige." I remember watching an interview with Paul Newman and Joanne Woodward sometime in the late 1990s, and they were asked that same question, although the interviewer did not have the temerity to try to tell them how long they had been married. At any rate, for them, it boiled down to a shared sense of humor. I couldn't agree more. If that went, we'd be screwed. Ultimately, that's the secret: keep each other laughing.

the question. Happy to

But for those curious about the day-to-day nuts and bolts of what, for us,

share with you some of those nuts and bolts. [Note: Don't expect any Rodney Dangerfield ball-and-chain marriage-is-hell type humor here; I value the institution of marriage too highly to disparage it in any way, especially after learning that married men live far longer than unmar-

into the unfortunate corol-

living longer than married women here).] wrong, fully aware that it will bring great joy to the one being informed of the other's fault. This is natural in a healthy marriage, and is to be considered value added content for the one hearing the admission. It certainly takes the sting out of having to confess to your beloved will break into a huge smile and exclaim, "Say that again!" (which is far preferable to In your face!")

For those recently married and/or in the early days of cohabitation: As soon as possible, stake out your seats throughout the house and maintain them, knowing that they'll be yours until the day you die. For example, in our

rare times I sprawl out on the sofa, she'll say something like, "That's cute, now move," and then we get back on track.

Here's the story of,

here's the glory of...

...you know

If nowhere else, employ brutal honesty in the kitchen. Just the other day, I made Diane's favorite chocolate cake, yet experiried men (we needn't delve mented with the frosting. She tasted a sample of it, lary of unmarried women uttered a "hmm" (which is not to be mistaken for a "mmm") yet was mo-Although it may be mentarily willing to let me difficult, we each read- frost the entire cake with ily admit to being in the it, clearly not wanting to make me feel like I had wasted my time making a substandard frosting (which her "hmm" had indicated that I had). However, so as not to have her favorite cake ruined that day, and to ensure that no further cakes would be ruined, she said, "Actually, messing up, knowing that no, it's not doing it for me." My love for her deepened that day, and how could it not? For here was a woman who valued chocolate cake over feelings. It further solidified my belief that we were meant to be.

shared interests, you're golden. Because if you want to do different things during your downtime, you'll spend less time together, slowly grow apart, living room, Diane has begin to wonder why you the sofa, I have the leather got together with this per- reached at dana@touristandchair. The rare times Di son in the first place, and town.com

passes for a happy mar-sits in my chair, I'll stare furtively begin to seek riage, I'm delighted to at her wordlessly until she a way out in order to vacates it. Likewise, the spend the rest of your life with someone who loves the things that you love. Thankfully, we each enjoy reading, watching movies, sharing a pizza while enjoying All Creatures Great and Small, taking walks and bike rides, traveling, eating chocolate cake with acceptable frosting, and gardening (the division of labor in that case being one of us creating and maintaining it, the other stretching out on a chaise longue by it and reading the latest Stephen King).

And being silly helps. For example, bringing home three whoopie pies from three different stores, slicing them up, and having a blindfolded Whoopie Pie-Off is a wonderful way to pass a Saturday afternoon. Or deciding to go through our extensive alphabetized movie collection, choosing one movie per letter per day, for 25 evenings (we don't have any X-Men films). Or somehow turning dusting into a competitive sport.

Finally – and this may sound odd coming out in If you happen to have a February publication - don't place so much emphasis on Valentine's Day as a time for romance. Every day is perfect for romance. And chocolate

Dana Pearson can be







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"La Dolce Vita"

Tourist & Town is pleased to be the new home of Kennebunk Kennebunkport & Arundel Chamber of Commerce Director Laura Dolce's column, "La Dolce Vita."

by Guest Contributor Laura Dolce

When I was maybe 16 or 17, while all of my classmates were taking advanced science and math classes, I took a creative writing course. One of our first assignments was to choose a prompt from a list of about baby in the middle of the a dozen. The one I chose night because you know was, "Sometimes love isn't enough."At the time, I wrote about how the teachers at my private Catholic in the quiet of the day. school loved teaching, but It's the Christmas Eves were picketing because putting together bikes they were paid far less than their public school counterparts.

thought back to that time and topic. Until then, I embraced the "love conquers all" philosophy I imagine most teenage girls do. Love made all things not only possible but easy (unless you were Romeo and Juliet) and crystal clear. It was accompanied by violins and crashing cymbals It doesn't complain and a rosy haze. It was the thing of great poetry.

But real love, I discovered, isn't like that at all.

It's getting up with the your partner's exhausted. It's the morning cup of coffee shared together and wrapping until your eyes cross. It's the watching of ac-

Laura Dolce is a former newspaper editor, longtime columnist and the executive director of the Kennebunk, Kennebunkport and Arundel Chamber of Commerce. She lives in Kennebunk with her husband and

her dog Finn, one of

her two daughters

(thanks, pandemic!)

and grandpup Bowie.

Over the years, I've often tion movies with more car chases than dialogue just so you can be together.

> Real love cleans up the dog puke, changes the diaper and unclogs the disposal - without keeping score. It scrapes the windshield on icy winter mornings. It gets dinner started when you're running late. when you play the "Encanto" soundtrack for the thousandth time. And it pays the bills, stacks the dishwasher and throws a load of laundry in without being asked.

> Real love lasts despite the weight you've put on, your morning breath and the crazy way your hair stands up when you first get out of bed. It lasts despite blanket hogging, snoring and that way you jump in your sleep. It knows that you hate lilies but love tulips, that your favorite color is blue and that ice cream is your kryptonite. And it carries on even when there's more "in sickness" than "in health."

> Real love puts in the work, because it understands that while love itself isn't all you need, if it's the right kind - the "makes me weak in the knees but still takes out the trash kind" - it can be enough.

Laura Dolce can be reached at Laura.dolce@rocketmail.com







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"THE LOCAL BEAT" . A SAMPLING OF COASTAL HAPPENINGS

Kittery

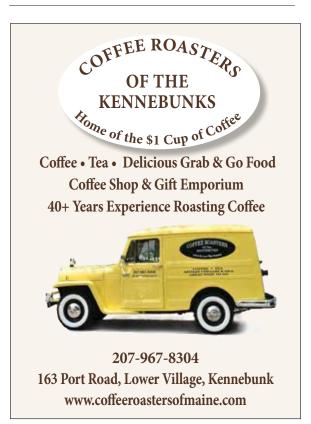
• Trivia lovers, check out Game Time Trivia on Wednesday Nights at the Maine Beer Cafe in Kittery. FMI www.mainebeercompany.com.

• Peggo and Paul, with Kent Allyn, will spread the love for Valentine's Day on Sunday, February 13, 4 PM, at The Dance Hall at 7 Walker Street. "P-squared" and Kent have been musical partners for more than two decades, performing, recording multiple albums and sharing beach bonfires. Their performances are always lighthearted and heartfelt featuring original folk songs. There's no better way to celebrate a true Hallmark Holiday than this Valentine's Day concert at

The Dance Hall. \$15/advance \$18/door.

York

• Local photographer Corey Cain will have his amazing photographs for sale at York Beach Beer Company, 33 Railroad Avenue, on February 19, from 12-5 PM. Check out his work in the YBBC Tasting Room.





Ogunquit

• Ogunquit
Performing Arts presents
its Marilyn Monroe Film
Series with one film per week
throughout February. Films are
Sundays at 2 PM. Admission is
free, as is parking and popcorn!
Next up is *Niagara* on February
13, followed by *Some Like It Hot*on the 20th and *The Misfits* on the
27th. FMI visit www.ogunquitperformingarts.org.

Wells

• The Wells Reserve invites you to an evening of all things moon. Learn about moon phases, share ancient moon stories, and enjoy a peaceful winter night's walk under its glow. Please come prepared for the trail conditions - microspikes, snowshoes, boots, and lots of warm layers! A limited number of microspikes/snowshoes are available for rent with advanced notice (\$5). Ages 12 and

older welcome. Please register by calling Caryn at (207) 646-1555 x110 or emailing caryn@wellsnerr.org.

Kennebunk

• Grab a Batson River punch card at either the Kennebunk or Portland location and start working your way to the gold by trying all ten of the brews listed. Silver medalists must try between 6 - 9 beers, and Bronze Medalists show up to the game with 3-5 brews checked off the list. With special prizes and bragging rights to go with it, there's never been a better excuse to grab a beer at Batson River. FMI visit www.batsonriver.com.

• Kennebunk Land Trust invites you to join Maine Master Naturalist and Maine Guide Tony Liguori on a "Snow Stroll" at the Mousam River Wildlife Sanctuary on Saturday, February 19 at 10 AM. Fee is \$125 (\$10 for members). Register at kennebunklandtrustinfo@gmail.com or by calling 207-985-8734. Participants will receive a \$5 gift certificate to Boulangerie in Kennebunk. FMI visit www.kennebunklandtrust.org.

Kennebunkport

• The 2nd annual Kennebunkport Pond Hockey Classic will be held Saturday, February 12 and Sunday, February 13. Games are scheduled between 9 AM-3 PM. Spectators are welcome and concessions and warm drinks will be sold by the Kitchen Chicks. The rink is located at 20 Recreation Way, right next to the Kennebunkport Consolidated School.

• Also coming up at Kennebunkport Recreation is Curl Jam on Saturday, February 26 from 9 AM-12 PM. Openings are still available for teams to register. FMI visit www. kennebunkportrec.com

Biddeford

• Businesswomen, sign up now for "Women Business Owners, Growing in the time of COVID-19," a zoom panel discussion hosted by Heart of Biddeford, moderated by Jeanne Hulit of Maine Community Bank and comprised of women business owners. Enjoy a beverage and an egg sandwich from Pepperell Provisions, located in the lobby of the North Dam Mill at 2 Main Street. Registrants will receive email with breakfast pick up and zoom information. Reserve your free spot at: www.eventbrite.com.

Saco

• Enjoy an intimate evening of original music and dance featuring Rob Duquette, multi-instrumentalist/songwriter/composer, and Amanda Duquette, dancer/choreographer, on Saturday, February 12, from 6-9 PM at Collective Motion Arts Center, 18 Steeple Street. Light refreshments at 5:30 PM will benefit the work of Music and Magic charity which provides musical instruments and opportunities to children and families in Maine.

Old Orchard Beach

• Trivia lovers, every Monday you can enjoy trivia at Jimmy the Greek's, at 215 Saco Avenue, starting at 7 PM. FMI www.jimmygreeksopa.com.

Cape Elizabeth

• On Wednesday, February 23, 3-4:30 PM, join Cape Elizabeth Land Trust Program Coordinator Philip Mathieu at the Great Pond Fenway Road trailhead to learn common winter animal tracks and practice tracking. Participants will receive a hand-held track guide that they will then use to identify and follow various tracks along the trail. adult. FMI www.capelandtrust.org.







Significant Sales



283 Ocean Avenue, Kennebunkport SOLD \$5,700,000



287 Island Beach Road, Drakes Island, Wells SOLD \$2,750,000



36 Oak Street, Kennebunk Beach SOLD \$2,265,000 (Buyer Agent)



625 Ross Corner Road, Shapleigh SOLD \$1,425,000



9 Langsford Road, Kennebunkport SOLD \$1,025,000 (Buyer Agent)

Additional Buyer Agent Sales

595 Kings Highway, Kennebunkport SOLD \$4,100,000 (Buyer Agent) 39 Great Hill Road, Kennebunk Beach SOLD \$2,000,000 (Buyer Agent)





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Food & Drink: Local Recipes for

Winter Vegetable Soup with Pears and Coconut Milk

Take any vegetables you have on hand (carrot, parsnip, squash, sweet potato, yellow beet, turnip, cabbage) and two pears and or apples. Roast at 400 degrees. Melt 3 tablespoons of butter in a soup pot and saute 1 tablespoon of fresh ginger, 1 garlic clove, chopped, ½ teaspoon of ground coriander and ½ teaspoon of ground cardamom or use 1 teaspoon of curry powder. Add 2 cups of stock and 1 can of coconut milk and simmer. Add roasted vegetables and fruit and puree in a blender or with an immersion blender. To balance the elements use soy sauce or miso paste for umami, apple cider vinegar for acid and hot sauce for heat. Adjust the tastes to your own liking. Yum!

~ from Mary Delahunty Rice, Kennebunkport



Passion Punch

~ from Bandaloop bartender Morgan Campbo

1.5 oz Dark Aged Rum .75 oz Bouton Passionfruit Purée .75oz Organic Pineapple juice .75oz Natalie's Blood Orange Juice .25 oz Agave

Mix all ingredients. Pour over ice. Top with Prosecco.

Available in February at Bandaloop!

Barbecue Roasted Salmon

~ From the kitchen of Kennebunkport's Port Lobster

- 1/4 cup orange juice
- 2 Tablespoons lemon juice
- 4 6 oz. salmon fillets
- 2 tablespoons brown sugar
- 4 teaspoons chili powder
- 2 teaspoons grated lemon rind
- 3/4 teaspoon ground cumin
- 1/2 teaspoon salt
- 1/4 teaspoon ground cinnamon

cooking spray

Combine the first 3 ingredients in a zip lock bag.

Seal & marinate in refrigerator for 1 hour or longer, turning occasionally.

Preheat oven to 400.

Remove fish from bag, discard marinade.

Combine sugar & next 5 ingredients in a bowl and rub over fish.

Place in an 11" x 7" pan coated with cooking spray. Bake at 400 for 12 minutes or until fish flakes easily.

Serves 4.



Cottage Pie ~ A traditional recipe from Kennebunk's Old Vines Wine Bar

5# beef Chuck Flap cut into 3" x 6" pieces (you can also use boneless short ribs)

200 g carrot (medium dice)

200 g celery (medium dice)

400 g onion (medium dice)

- 1 L red wine
- 1 L beef stock

2 bay leaves

4 sprigs of thyme

100g corn starch 250 mL water



Season the beef liberally with salt and coarsely ground black pepper Sear in a pan on high heat until both sides are browned.

Place beef in baking dish with the carrots, celery, onion, thyme and bay

Cover the beef and vegetables with aluminum foil and bake at 350 for two and a half hours. Or until the beef is tender and spreadable. Remove thyme and bay leaves.

Shred the beef and reserve the vegetables.

Mix the corn starch and water and add to the shredded beef vegetable, stock mixture.

Bake at 400 for 15-20 minutes or until the liquid thickens.

Check seasoning at this point. At more salt and pepper if desired. Top with your favorite mashed potatoes and bake again at 400 for another 15-25 minutes or until the potatoes are brown and the beef mixture

Cupid's Cup

~ A special Paint the Town Red cocktail from Ocean Restaurant

1 oz Lillet Blanc

1 oz strawberry syrup

1/2 oz lemon juice

Combine all ingredients in a cocktail shaker with ice and shake vigorously. Strain into a rocks glass over fresh ice and garnish with a strawberry slice.



~ Brought to you by Boulangerie in Kennebunk

Raspberry Coconut Macaroo **Dipped in White Chocol**

For the macaroon:

1 ¼ cup shredded coconut

1/8 tsp salt

1 ½ cup sweetened condensed milk

2/3 cup raspberries

For the decoration: 34 cup white chocolate chips

Instructions:

Combine coconut and salt.

Add milk and mix until coconut is coated. Fold in raspberries. Do not overmix. (Mixture will start to turn pink if overmixing.)

Using small ice cream scoop (1/5 oz), scoop and place on parchment-lined

Bake at 350 for approximately 15 minutes, rotating about halfway through. Allow to cool or freeze before decorating.

To decorate:

Melt cholcoate carefully over double boiler (or slowly melt in microwave, stirring regularly).

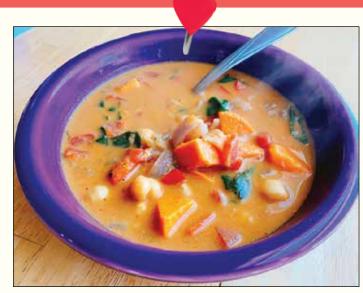
Dip the bottom of the macaroons in the melted chocolate and set back on the parchment-lined sheet pan.



BOULANGERIE

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r Cozy Winter Days and Nights



African Peanut Stew

~ Brought to you by New Morning Natural Foods in Kennebunk

Soup is a great way to get in a bunch of vegetables all at once! It also can be pretty versatile depending on what ingredients you have on hand. I love to get all the ingredients prepped in the beginning so I can quickly throw the soup together. It's literally that easy. This recipe is similar to a soup we serve in our Kennebunk deli that is a big crowd pleaser. If you want to make this soup a little bit heartier—serve it over cooked brown rice. This soup naturally uses gluten free and vegan ingredients. Makes 6-8 bowls

2 tbsp extra virgin olive oil

1 medium onion, diced (red or yellow)

1 bell pepper (red, yellow, orange)

1 medium sweet potato or yam, peeled and cut into 1/4-inch diced cubes (about 2 cups)

1 tsp chili powder

Sea salt

2 tbsp peeled and minced or grated fresh ginger

4 cloves garlic, minced

4 cups vegetable broth

2 cups water

3/4 cup creamy peanut butter (with or without salt, but make sure it is just peanuts)

1 heaping tbsp tomato paste

1 14.5 oz can diced tomatoes with juices

1 medium bunch kale, tough ribs removed and leaves chopped or 8 oz spinach, chopped

1 can (15 oz) chickpeas, rinsed and drained (garbanzo beans)

Optional Ingredients:

Sriracha or another favorite hot sauce (add 1 tsp at the end and keep adding till you find the perfect heat spot)

Roasted peanuts, 1/4 cup chopped. (Put a sprinkle on individual bowls.) Cilantro, small handful chopped—Sprinkle on individual bowls

In a large soup pot, warm the olive oil over medium heat until shimmering. Add the onion, pepper, sweet potato and a dash of salt. Cook, stirring occasionally, for about 10 minutes, making sure the onions are translucent and the sweet potatoes are tender. Add the ginger, garlic, 1 teaspoon of salt and 1 teaspoon of chili powder. Cook for another minute or so, while stirring frequently, until fragrant.

Add the vegetable broth, water, and diced tomatoes. Increase the heat to medium-high and bring the mixture to a simmer for 15 minutes, stirring occasionally and reducing the heat as necessary in

order to maintain a gentle simmer.

While the soup is simmering, in a heat proof medium bowl, combine the peanut butter and tomato paste. Take 1-2 cups of hot broth out of soup pot and mix with the peanut butter, whisking together until the peanut butter mixture is smooth. Pour peanut butter mixture into the soup and mix well.

Stir in the greens and chickpeas and continue cooking until the soup is nice and thick and the greens are completely wilted—about 15-25 minutes longer. Season the soup with hot sauce if using or top individual bowls with a drizzle of hot sauce along with a sprinkle of peanuts and cilantro if using.



Fond of Fondue? This one's for you!

by Jo O'Connor

As a kid growing up in chilly Maine winters, fondue was a special seasonal occasion for the O'Connor clan. My stylish mum would don a pretty apron and bring out the fondue pots and color-coded skinny fondue forks, and we knew we were in for a treat.

Have you ever sat twirling your hunk of bread in the gooey melted cheese and wondered how fondue came to be? Here are five fun facts

about fondue:

 During the 18th century the origin of fondue began in Switzerland as a way to use aged cheeses and breads to feed families who had limited access to fresh foods during the wintertime. Luxeadventuretraveler.com states that producers of cheese and bread saw their busy season was during the summer months, and that the food had to be saved by villagers to be eaten during the colder months.

As the cheese would age and the bread became stale, they became more difficult to eat. The local villagers found that if they heated the cheese with wines, garlic and herbs they could dip their stale bread, which would soften when dipped into the flavorful cheese mixture.

The word fondue comes from the French word 'fondre,' which means to melt, and has since then been used to reference many other types of fondue for meats, chicken and seafood.

• According to Paste Magazine, "The 1964 New York World's Fair was the first time Americans came in contact with fondue and Swiss culture in general – kicking off a food fad across the country and creating the first chocolate fondue, an invention only an American sweet tooth could devise.'

According to the BBC, fondue appears in cookbooks as early as

the late 17th century.

• Since fondue is a group activity, the Swiss developed a few shenanigans over the years. Don't lose your bread in a fondue pot! It's tradition that if a man drops a piece in the pot, he must buy a round of drinks. If a woman does so, she must kiss all her neighbors.

• The critical part of eating fondue is getting to the very bottom. As you work your way through the dish, the cheese gets thicker and thicker, until finally you can scrape the most delicious part of the fondue off the bottom of the pot. This is true cheese-induced nirvana, fondue-style.

While fondue has faded from the dinner party repertoire, it's actually quite easy to prepare, especially in the cold winter months. It's time to dig up your mother's fondue pot or grab your crock pot and have yourself some fondue - you'll be glad you 'due!

Classic Cheese Fondue

~ from Susan O'Connor

1 clove of garlic (halved)

1 cup of white wine

12 oz. of Swiss cheese

12 oz. of Gruyere cheese

1 loaf of French bread 2 tablespoons of fresh-squeezed lemon juice

2 tablespoons of cornstarch

fresh ground white pepper Grated nutmeg (optional)

Rub inside of the fondue pot with garlic. Discard garlic. Pour white wine into the fondue pot, and place over medium heat.

When the liquid starts to bubble, start adding cheese by the handful, stirring until melted and combined.

Whisk together lemon juice and cornstarch in a small bowl until cornstarch dissolves. Stir into cheese mixture. Continue stirring until the mixture is smooth and bubbling slightly: about 5 minutes. Season with white pepper and nutmeg (optional).

Transfer fondue pot to the table and keep warm on fondue pot warmer.

Serve using fondue forks with cubed French bread and dry white wine.

Sources: luxeadventuretraveler.com, pastemagazine.com, everythingfondue. com, BBC



Fireside Reads for February

by Valerie Marier

This is the perfect month to nuggle in a comfy chair, stoke the fire and pick up a good book. But which one? We asked for recommendations from Mary-lou Boucouvalas (director of Kennebunkport's Graves Library), Stefanie Claydon (adult services librarian at the Wells Public Library) and Sophie Smith (assistant director of the York Public Library). Here are their choices:

Fresh Water for Flowers: A Novel by Valerie Perrin (Violette Toussaint is the caretaker at a cemetery in a small town in Bourgogne. Casual mourners, regular visitors and sundry colleagues including gravediggers, groundskeepers and a priest visit her to warm themselves in her lodge, where laughter, companionship, and occasional tears mix with the coffee she offers them. And the plot thickens.....)

The Personal Librarian by Marie Benedict and Victoria Christopher Murray

(A remarkable novel about J.P. Morgan's personal librarian, Belle da Costa Green, a Black American woman who was forced to hide her true identity and pass as white in order to leave a lasting legacy that enriched our nation....)

The Maid by Nita Prose

(Molly Gray is not like everyone else. She struggles with social skills and misreads the intentions of others. Her gran used to interpret the world for her, codifying it into simple rules that Molly could live by. Since Gran died a few months ago, twenty-five-year-old Molly has been navigating life's complexities all by herself....)

Our Country Friends by Gary Shteyngart

(Eight friends, one country house, four romances, and six months in isolation -- this is a powerful, emotionally rich novel about love, friendship, and betrayal, a book that reads like a great Russian novel, or Chekhov on the Hudson, by a novelist The New York Times calls "one of his generation's most original and exhilarating

Great Circle by Maggie Shipstead

(After being rescued as infants from a sinking ocean liner in 1914, Marian and Jamie Graves are raised by their dissolute uncle in Missoula, Montana. There—after encountering a pair of barnstorming pilots passing through town in beat-up biplanes-Marian begins her lifelong love affair with flight. A century later, Hadley Baxter is cast to play Marian in a film that centers on Marian's disappearance in Antarctica....)

Continued on next page

York County Audubon presents program on Snowy Owls

On Tuesday, February again host award-winning author and photographer Paul Bannick for an intimate, visual exploration of the life history of the snowy owl, based upon his 2020 book, Snowy Öwl: A Visual Natural History.

15 at 7 PM, York County er-before-published images Audubon is honored to of the "Arctic owl," Bannick will help participants to understand how they survive, breed and live alongside other wildlife on the Arctic tundra and in wintering areas further south. Bannick will also look at how they compare to other North

Through dozens of nev- American Owls and what all seasons of the year and we can do to help them thrive. Bannick's startling photographs illustrate bedisplays, that are heretofore only available as illustrations elsewhere. These images are complemented by decades of first-hand experience with these birds during

reflect the latest science.

"If your average picture is worth a thousand words, haviors, such as courtship a Paul Bannick wildlife photograph is worth 20,000. Having worked with wildlife photographers for articles in Audubon, Smithsonian, Sierra, National Wildlife and other magazines for 45 years, I have yet to encounter one who better captures the magic and beauty of the natural world," said Ted Williams, former Editor of Audubon Magazine.

There's no charge to participate, but advance registration is required. To register, please go to yorkcountyaudubon.org, and click on the link. Yyou will receive a confirmation email the meeting link. FMI contact Bill Grabin, York County Audubon, at 207-



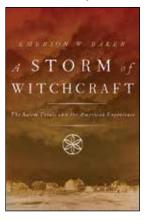
Ogunquit Historical Society hosts zoom lecture by A Storm of Witchcraft author Tad Baker

On Thursday, February worst weather 10, the Ogunquit Historical of the century Society will host, via zoom, to create the what is sure to be a fascinating lecture by author hunt in Amerand historian Émerson "Tad" Baker of Salem State in Salem in University, author of *A* 1692. One key Storm of Witchcraft: Salem factor was a Witch Trials and the American Experience.

It took a perfect storm of factors ranging from religious discord to political factionalism and the

greatest witch ican history panic over the destruction of most Maine settlements during King William's War

(1688-1697). Indeed, many of the par- Storm of Witchcraft: The Satrials were residents or war



including A ticipants in the Salem witch lem Trials and the American Experience, and The Devil refugees from Maine, in- of Great Island: Witchcraft cluding Reverend George and Conflict in Early New Burroughs, the Wells min- *England*. He was a member ister who was executed for of the Gallows Hill Group 207-646-4775.

witchcraft.

on the history

and archaeol-

New England,

that verified the location Emerson of the Salem hangings, a "Tad" Baker is feat hailed by Archaeology a professor of magazine as one of 2016s History at Sa- top ten discoveries in the lem State Uni- world. Baker has served versity. The as an advisor for PBS-TV's York resident American Experience and is the author Colonial House, and has or co-author been an on-camera expert of six books for TLC's Who Do You Think You Are?

The program will be ogy of early held on Thursday, February 10 at 6:30 PM. The cost is \$10 for general admission and \$8 for members.

To sign up for the fascinating program, please visit the Historical Society website at: www.wellsogunquithistory.org or call

Randal Simon has been

a real estate broker for

over 30 years. His col-

umn was in the Port-

land Press Herald for

many years; he is now

pleased to be participat-

ing locally in Tourist &

Town. Along with his

own television show he

has been a contributor to

The Wall Street Journal,

Unique Homes and The

New York Times. Please

send your questions to

rsimon@legacysir.com

Q: We have been searching for a house to buy for several months and have finally found one that is really a good fit. Now our issue is how do we figure out if the asking price is reasonable and in light of that what is a reasonable offer to make. We know that the seller's broker represents the seller and cannot work for us. We have been searching on our own with no broker as we just didn't want to drag a broker

Marcus and Rene A: Actually this is something that a broker can definitely guide you through. I would recommend choosing a broker now to represent you as you begin your offer. Also do know that the contractual process is complicated and there are lots of challenges that a knowledgeable experienced broker can help you through.

thru this super long search. Can you guide us? Thank you,

Q: Been working on our house to get it ready to sell. WE have had lots of things to do and we are finally done and ready to sell. What in your opinion is the best time to get it on the market? We know that winter is usually not the best time to market it, but it appears as we drive around that places are selling now. What is your take on timing? Phil

A: Yes you are correct. The winter is usually not the best time to sell your property. But this is a very different and unique market that we are in. It depends on your location and price as some houses are still selling. I would recommend that you hire a broker to represent you and guide you

thru this issue. Ask that individual to pull the current sales data up for you. You will then have a clear sense of what the likelihood of a sale is for you during this time. It truly varies.



ROASTED ROOT VEGETABLES

A Wonderful Winter Recipe Instructions:

Pick 3-5 of your favorite root vegetables, 1/2 lb of each. A few good options: beets, carrots, yams or sweet potatoes, yukon gold potatoes, rutabaga, or turnip.

Ingredients:

1 medium yellow onion, diced 3 garlic cloves, minced

2 tbsp olive oil

3/4 tsp sea salt

1/4 c pure maple syrup

2 tbsp fresh ginger, minced

Pre-heat oven to 400°F.

Wash, peel and chop vegetables, so that they are similar in size. Combine vegetables with olive oil, salt, maple syrup, ginger and garlic. Put vegetables on a rimmed baking sheet.

Bake for 30 minutes. Flip with spatula and bake for another 20 minutes or so. Make sure vegetables are fork tender. Roast longer as needed.

Find more wholesome recipes on our website!

www.newmorningnaturalfoods.com 3 York Street, Kennebunk • 985-6774 | Mon-Sat 9-6, Sun 10-6 230 Main Street, Biddeford • 282-1434 | Mon-Sat 9-6



Randal Simon, Legacy Properties Sotheby's International Realty 150 Port Rd, Kennebunk, ME 04043 (C) 207-590-9656 (O) 207-967-0934 rsimon@legacysir.com | http://www.legacysir.com

A Maine birdwatcher in Florida Noted photographer Ken Janes strides deep into the dank woodlands and cypress hammocks of Indian River County to capture stunning avian images.







Clockwise from top: "The Roseate Spoonbill is the star of the show in Florida and I felt early on that this would be the cover photo for A Maine Birdwatcher in Florida; ""I think this photo of a Red-shouldered Hawk captures the nature of a wild creature clearly communicating its feelings. I was standing 30 feet away but he was not happy and kept making a loud screeching noise;" "This spectacular little bird – a Yellow-throated Warbler – is rarely found in Maine. It's quite elusive and it took a few years to finally get a decent photograph in Florida;" During his winter vacations in Vero Beach, Florida, Ken Janes goes near-daily to Pelican Island National Wildlife Refuge and Sebastian Inlet State Park to birdwatch. Sometimes he just brings his binoculars but most often he carries his Canon camera. He says, "You never know what you're going to see."

by Valerie Marier

"Photographing 'big' birds like osprey and raptors is rewarding but I especially like getting good photos of the tiny ones that hide in the bushes," Ken Janes said. "The Yellow-Throated Warbler was a challenge, probably the hardest one to get for the book, and the one I like best. It's a spectacular little five-inch bird rarely found in the north, and it took me several years to get a decent photo – out in the open, good light, in focus, proper head angle, and no obstructions except that pesky leaf under the bill."

Life List: A Maine Birdwatcher in Florida features 140 pages and 166 extraordinary photographs taken by Ken Janes, a retired sur- Marsh rookery in Fellsmere. a snail, and a Raptor soaring geon, Kennebunk, Maine I was probably there for an overhead carrying a fish. standing or sitting there a resident and Vero Beach, hour hoping to get a good Florida snowbird. His first book, Life List: Field Notes of a Maine Birdwatcher, was published in 2019 and showcased birds found in the fields and beaches near his home in southern Maine. It immediately garnered several awards, including "Book of the Year" by the Independent Publishers of New England.

Long winters in Vero Beach ignited Ken's interest in Florida birds in addition America. Several years ago, standing 30 feet away and

Ken started focusing his taking pictures. Maybe he Parkin Indian River County, Terns, Sedge Wrens and Whimbrels nesting in the pinewoods and coastal inlets of Indian River County. He discovered a happy crew of Painted Buntings at the feeder in his neighbor's back yard at Grand Harbour Golf & Beach Club in Vero Beach. "There are countless places to find photogenic Florida birds," he said.

His photo of a Roseate Spoonbill is featured on the cover. Ken said, "The Roseate Spoonbill is the star of the show around here and this photo was hands-down the favorite of my son Matt, a graphic artist who formatted and designed the book. I took this photo at the Stick shot as the birds flew in and out, building nests and caring for their young. I shoot in also includes fascinating Maine book is meant to be a what is called RAW format in the digital world. Think of it as undeveloped film. Later, I make adjustments in the computer for contrast, color and focus."

Ken recalled the time and effort it took to photograph a Red-Shouldered Hawk. He says, "This hawk is common in Florida but not very cooperative. It's usually seen to the many migrants that soaring overhead or in the pass through on their way to treetops. For some reason Caribbean islands and South this one was tolerant of me

He was not happy and kept making loud screeching noises, but I stayed put. I think the photo captures the nature of a wild creature clearly communicating its feelings. For photographers, the important thing is to get the photo and then leave so the bird is not overly stressed."

Life List (Florida) is divided into sections featuring wading birds, raptors, waterfowl, pelicans, gulls, terns, shorebirds and songbirds. Many photos depict birds swooping over the water to snag breakfast or lunch. Ken captured an egret in flight with a frog in its beak, a Snail Kite clutching

Each image in the book nuggets of information. For example, Ken writes, "The Limpkin is an inconspicuous bird found in brushy swamps and golf course ponds. They feed on clams and snails and are noted for their loud, screaming call in the middle of the night. Fortunately the night time noise ends after breeding season."

Ken and I recently took an early morning birdwatch-Island National Wildlife Refuge and Sebastian Inlet State

Canon EOS 7D on Sandwich had a nest or mate nearby. Florida. I hoped to see how and where he captured these

magnificent images. We were barely 10 feet along a paved path hemmed with mangroves when Ken asked quietly, "Do you hear that kingfisher?" (For the record, I did not.) "Let's walk slowly, no rapid steps. Birds are comfortable with movement, just not strident movements. Remember, you're in their habitat and they know you're here."

"There are 10,000 species of birds around the world and probably 790 here in the United States," Ken said. "Photographing them takes concentration and patience. You need the sun behind you. You need to find a good spot because you might be "Sometimes you just get while. And you've got to lucky," he said. watch out for fire ants!"

"Neither the Florida or comprehensive field guide," Ken added. "I hope they'll be used as a resource for visiting and resident bird watchers. Because whether you're an expert hoping to add to your Life List or an enthusiastic novice learning to identify a species for the first time, the lure of birdwatching is that you never know what you'll find."

Life List (Florida) is availing expedition at Pelican able locally at Hurlbutt Design LLC and Mail-It-Unlimited, both in Kennebunk.

More Fireside February Reads...

The Left Hand of Darkness by Ursula K. Le Guin (Wells librarian Stefanie Claydon says, "Published in 1969, this book is a little out there, but personally one of my favorites. Much more than simply Sci-Fi, this novel is a look at politics and identity from an outsider's perspective....")

The Book of Form and Emptiness: A Novel by Ruth Ozeki

(One year after the death of his beloved musician father, thirteen-year-old Benny Oh begins to hear voices. The voices belong to the things in his house - a sneaker, a broken Christmas ornament, a piece of wilted lettuce. This is a brilliantly inventive new novel about loss, growing up, and our relationship with things.....)

To Paradise by Hanya Yanagihara

(A brilliant novel spanning three centuries and three different versions of the American experiment, about lovers, family, loss and the elusive promise of utopia. The great power of this remarkable novel is driven by Yanagihara's understanding of the aching desire to protect those we love—partners, lovers, children, friends, family and even our fellow citizens—and the pain that ensues when we cannot....)

The Getaway Girls by Dee MacDonald

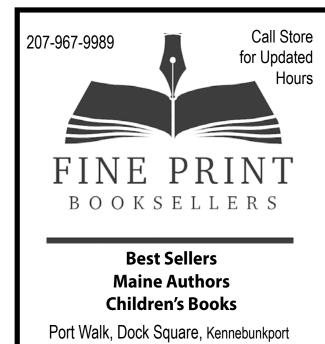
(One morning, Connie McColl wakes up and decides to swap her ordinary life for an extraordinary adventure When she meets glamorous Gill and downtrodden Maggie at a rather dull flower arranging class, she realizes she's not the only one dreaming of adventure. The three very different women agree it's about time they had a holiday to remember. So they make a pact for this summer to be their best yet – and drive off into the sunset together. As they meander their way along the beautiful beaches of France and onto the glorious delights of Italy in their luxury campervan, the new friends enjoy fun and frolics in the sunshine. But the vacation isn't quite what they expected...)



Kennebunk Free Library **Board of Trustees Information Night** Tuesday, February 15 at 6 PM **Zoom Meeting**

Do you live/work in the Kennebunks or Arundel? Do you love Kennebunk Free Library and would you like to do more to support it? The Board of Trustees is seeking new members. *This is a great opportunity to support* your local library!

Email kfl@kennebunkfreelibrary.org for the meeting link

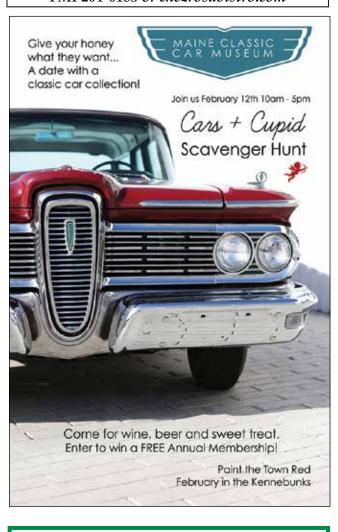




On Monday, February 14, Chez Rosa will serve a special 4 course menu. No regular a la carte or take-out.



FMI 204-0183 or chezrosabistro.com



Paint the Town Red in the Kennebunks

Food & Dining

Paint the Town Red at The Kennebunk Inn. Spend a romantic night at the Kennebunk Inn anytime in February or enjoy a special dining experience February 10-12, February 17-19, and February 24-26! The Tavern will be serving a Red Plate Special created by our own Chef Nick. We will also have a specialty cocktail to lift your spirits!

"Galentine's Day": It's ladies celebrating ladies! Stop by The Boathouse for 50% off select bottles of wine + \$5 Mimosas. Serving lunch + dinner, 12-8 PM on Sunday, February 13.

On Valentine's Day, celebrate romance at The Boathouse and make it extra cozy by reserving a private Gondola! Serving lunch + dinner, 12-8 PM on Monday, February 14.

Enjoy specialty beverages all February at Mornings

"French Kiss" / "Bisou Français" French Hot Chocolate with Espresso Shot

"In The Name of Love" Latte with Torani Vanilla, Raspberry and Caramel Syrups

"PS I Love You" Mocha Latte with Torani Cherry Syrup

"The Power of Love" Red Velvet Latte

"Romeo and Juliet"

Tea Latte with White Peony Tea and Torani Vanilla

& Rose Syrups (Kid friendly options on request)

Romance your loved one with a decadent Valentine's Day dinner at Ocean this February. Enjoy an elevated three course menu, priced at \$105++ per guest. Serving dinner 5-9 PM on Saturday, February 12, Sunday, February 13 and Monday, February 14.



Shopping

Daytrip and Daytrip Jr.: Free Gift with your purchase of \$25 or more!

H.B. Provisions:

Celebrate Love with wines for your Valentine and craft beer specials during Valentine's Week. Enjoy a limited edition Chocolate Truffle Coffee during the month of February!

The Kennebunk ReStore:

Offering select "Paint the Town Red" furniture pieces that have been painted red by volunteers

Kennebunk Outfitters:

Come feel the love at Kennebunk Outfitters with our RED DOT specials during the month of February. All winter apparel & footwear items with a red dot will be marked down 50% off.

Maine-ly Drizzle:

Visit Maine-ly Drizzle and mention the Red Cap Special! We will put a red cap on your product(s) plus give you 10% off all of your 6.7oz oils and vinegars. Offer valid throughout the month of February.

Wine House on Main:

Wine House on Main will be offering a selection of specially priced red wines for the duration of Paint the Town Red. A free gift and free Valentine's gift wrapping is included with the purchase of these featured wines.

Rose Wild Alchemy:

During the month of February, give the gift of wellness to your Valentine or someone you love.

Option 1: Any massage will receive a free chocolate peppermint scrub foot elevation experience.

Option 2: Any facial will receive a free vanilla rose clay mask elevation.

Option 3: Duo Valentine's Retreat Package (\$350): 90-minute service includes choice of 60-minute massage or facial, a decadent chocolate peppermint foot elevation experience or vanilla rose clay face mask, personalized sound bowl experience, followed by a tea service and quiet meditation time in our lovely sound retreat room. Gift Cards Available. FMI www.rosewildalchemy.com/spa-menu



"February is for Locals" at Alisson's Restaurant

Sundays: Roast Turkey Dinner, Mondays \$12 Bill Night, Tuesdays: Prime Rib Night, Wednesdays: Tappy Hour, Thursdays: Snack Attack!

Plus Valentine's Weekend specials



The BEST Beer Store in 3 States

Over 1000 Imported & Domestic Wine Labels

Premium Hand-Rolled Cigars, including Ashton, Liga Privada & Arturo Fuente Open Monday-Saturday 9 AM - 8 PM Sunday 10 AM - 5 PM

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www. Tullys Beer and Wine. com



Household Goods Jewelry

Donations & Consignments Accepted Mondays & Tuesdays 10-12:30

- Store not open for shopping at these times -

Shopping hours: Tues, 1-4 PM; Wed-Sat, 10 AM-4 PM

207-985-3544

2 Bragdon Lane, Kennebunk (Next to Anchor Fence)

Super Savings Saturdays – all white tickets half price!

It's Romance all Month Long

Activities & Classes

Friday, February 11 at 4 PM: Make-Your-Own Salt Scrub, Cape Arundel Inn & Resort Clubhouse Kennebunkport. Starts at \$60.00

Saturday, February 12 at 2 PM: Wines & Valentines at The Burleigh, Kennebunkport Inn, Kennebunkport. Starts at \$45.00

Saturday, February 12 at 4 PM: Wines & Valentines at The Burleigh , Kennebunkport Inn, Kennebunkport. Starts at \$45.00

Saturday, February 12, after hours: Date-night shopping spree at Kennebunk Outfitters. Valentine's Couples can buy one get one free of the winter collection.

Sunday, February 13 at 1 PM: Pop-up truffle and bubbles class at Musette, Cape Porpoise, featuring the talented Gabrielle Cote from Big Fish Cake Studio. The afternoon will include a hands on demonstration, take home truffles, and bubble tasting. Call 207-204-0707 for tickets.

Saturday, February 19 at 1 PM: An Adult Take on a Kids' Classic: Grilled Cheese & Wine, Ocean Restaurant, Cape Arundel Inn & Resort, Kennebunkport. Starts at \$65.00

Saturday, February 19 at 2 PM: Winter Cocktail Class, Earth at Hidden Pond, Kennebunkport. Starts at \$75.00

Saturday, February 19 at 3 PM: Poppin' Bottles of Bubbles at The Burleigh, Kennebunkport Inn, Kennebunkport.. Starts at \$25.00

Sunday, February 20 at 3 PM: Poppin' Bottles of Bubbles at The Burleigh, Kennebunkport Inn, Kennebunkport. Starts at \$25.00

Saturday, February 26 at 2 PM: Oyster Shucking Class at Ocean Restaurant, Cape Arundel Inn & Resort, Kennebunkport. Starts at \$75.00

Daily Sweat celebrates all month long! Special classes are offered throughout February. Please see thedailysweatkennebunk.com/

Stay Packages

1802 House: Enjoy champagne, two signature flutes and a dozen red roses for your romantic stay!

The Boathouse Waterfront Hotel: loveKPT stay package: Enjoy romance Kennebunkport-style with our loveKPT package. Your romantic getaway package includes 10% discount on a two-night stay in a luxurious hotel room. Your stay includes a seasonal flower arrangement, bottle of bubbles, and a variety of macarons. Late check-out at noon. Available for stays February 1-28, 2022

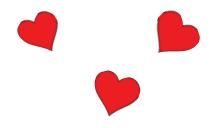
Inn at English Meadows: Extend your getaway, extend the romance! Warm up with special savings on 2-and 3-night stays, late checkout, and more!

Kennebunkport Inn: loveKPT two-night stay package including red wine & chocolate-dipped strawberries.

Waldo Emerson Inn: Ramp Up the Romance: Ramp up the romance when you add this special package to your stay including a \$50 gift card for a romantic dinner, assorted French macaron cookies, a single rose waiting in your room, silk rose petal turndown service, and late check-out. Price: \$109 plus cost of room.

("Naughty Nights": Ignite your romance when you add this special package to your stay, including a \$50 gift card for a romantic dinner, mini vanilla or chocolate cake, a single rose waiting in your room, silk rose petal turndown service, plush love cuffs, and late check-out. Price: \$129 plus cost of room.)

White Barn Inn: Join us for the perfect coastal weekend to celebrate Valentine's Day with your loved one.

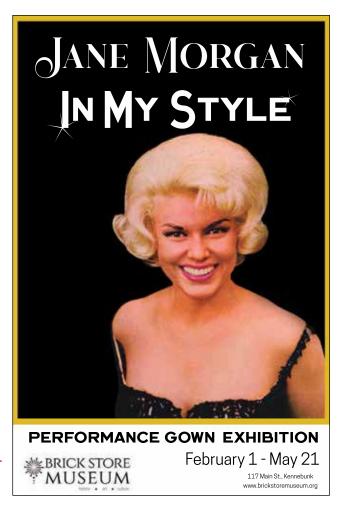


A Sweet Treat Through February

The Graves Library in Kennebunkport is pleased to report that for the entire month of February, anyone can stop by Mornings in Paris in Kennebunk and purchase a paper heart with message for Mornings in Paris' "Window of Love." Each message purchased will be matched by the business and donated to Graves Library. Five signature drinks will be on special through the month (see opposite page for details). "Thanks to all who participates for supporting the library as well as a local business. A win-win." ~ Mary Lou Boucavalas, Director, Graves Library





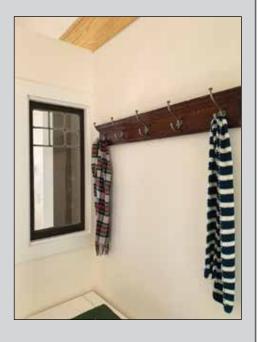


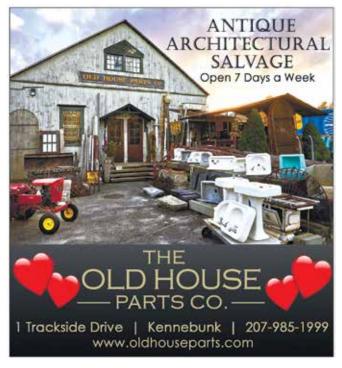
Reclaim It!Brought to you by Old House Parts

Antique architectural salvage is not only very attractive, exquisitely crafted, and a source for unlimited creativity, it also contains volumes of embodied energy: the total sum of energy consumed to produce a given product. And it's FUN. Sometimes folks aren't sure how to use it. Meet us here each issue for inspiration on how to use architectural salvage to add character and sustainability to your life.

Diane and her Valentine stopped in to find a piece of trim that would fulfill their vision for a custom coat rack to enhance their mudroom, which also happens to include a leaded glass window from our inventory. They chose this gorgeous oak window bonnet on which to mount their beautiful coat hooks. It's perfect.

We've seen it all so contact us any time to discuss the possibilities that lie ahead for you and architectural salvage! Wanderers and explorers welcome.





Spotlight On... KITTERY ART GALLERIES

Morgan Gallery at the Kittery Community Center (207) 439-3800 kitterycommunitycenter.org/the-arts/ The Morgan Gallery space provides a venue for showcasing works by visual artists, and features an ongoing series of art exhibits. This gallery is free and open to the public during KCC business hours and also open during performances in the STAR Theatre next door. The Kittery Community Center at 120 Rogers Road in Kittery. Monday-Friday, 6 AM-9 PM; Saturday, 8 AM-4 PM; Sunday, 12 PM-4 PM.

The Red Door Pottery Studio 44 Government Street, Kittery (603) 502-1066 www.reddoorpottery.com The Red Door Pottery Studio, in the historic Foreside District of Kittery, blends a pottery workshop and gallery space. The gallery shop at The Red Door Pottery Studio is host to an ever-changing display of prints, pottery, jewelry and more from local artisans. Contact the studio for days and hours.

2 Government St., Kittery (207) 450-2402

This art gallery features contemporary art and music events. Their annual open-call exhibition, ArtPM, runs from March to May, with art from both local and national artists. On Facebook and Instagram @buoygallery, Call for hours.

The Dance Hall 7 Walker Street, Kittery

(207) 703-2083 www.thedancehallkittery.org Housed in Kittery's former grange hall, The Dance Hall celebrates everything dance, movement and music. Whether providing workshops for swing, tap and African drumming, or hosting a Summer Dance Party and a Ukulele Melee, this hall keeps Kittery moving. Calendar at website.

Haley Art Gallery 178 Haley Road, Kittery

(617) 584-2580 www.haleyartgallery.com Haley Art Gallery shows original and affordable art for all budgets. Their social-impact gift shop offers unique handmade art gifts made by women worldwide. Space is available for co-working, workshops and retreats. Reimagined Memory, a solo exhibit of paintings by Barbara D'Antonio opens Saturday, April 16, 3-6 PM. The gallery is located just five minutes north of the outlet malls.

Just Us Chickens 156A State Rd., Kittery

(207) 439-4209 www.justuschickens.net The shop is full of beautiful, hand-crafted works of art of all mediums: ceramics, jewelry, fiber, basketry, art from nature, glass and greeting cards – something for everyone at reasonable prices. Members of this artist co-op help run the gallery, so you're sure to meet a friendly and knowledgeable artist who can talk to you about the works on display. An artist is featured every month. Open Monday-Saturday, 10 ÅM-5:30 PM.

Inspiration Park

Make your way to the corner of State and Government streets to find this small Zen-inspired garden at the bottom of a gentle-sloping grassy hill. Several plaques bear inspirational quotes throughout this oasis of solitude. Chairs and benches are placed throughout the garden to help you relax during your visit.

Kittery Art Association 8 Coleman Avenue, Kittery Point, Maine (207) 451-9384 www.kitteryartassociation.org The gallery is a cultural center that hosts art exhibits and musical programs that showcase diverse talents, as well as workshops and art sessions. Call or check the website to find out about future events at the KAA. Open in February. Hours are Thursday, 2-5 PM; Saturday & Sunday, 11 AM-5 PM. These hours are based on availability of our volunteers

so visiting is by chance or appointment.

Loomis Gallery

121 Dennett Rd., Kittery (207) 703-8866 anita@loomisgallery.com Loomis Gallery is committed to providing a venue for professional regional artists that reflects a diverse sampling of original contemporary art on a rotating basis. The gallery is open by appointment only for February and March. Regular hours begin April 1. They will announce new exhibits for spring. You are invited to email, phone or arrange a visit to the gallery. On Instagram @loomis_gallery.

Quaint and cozy wine shop opens in downtown Kennebunk - complete with sommelier service

by guest contributor Betsy Ross, owner, Wine House on Main

I love talking to people about wine. This passion evolved while living in San Francisco, and having the privilege of strolling through California vineyards with winemakers their wines. These moments transformed the way I thought about wine.

My textbook knowledge of grape varieties, regions and vintages were just elements of the bigger story the wines were telling. The families, farmers, culture and history became the most important messages to convey and what I have become most excited about.

Being a sommelier has blessed me with travels to wineries around the world, learning from some of the best sommeliers and chefs in the country. As many experienced in 2020, the pandemic presented professional and personal chal-

lenges that resulted in new rosé and sparkling wines. opportunities. I was able to move close to my family in Kennebunk, give birth to my daughter, and create a business where I could share these wine experiences with this supportive community.

Wine House on Main who shared the stories of is housed in a quaint and unique property in downtown Kennebunk that was built in 1810 and comes with a wealth of history. It is an honor to hear members of the community share their fond memories of businesses past.

We are a small, cozy wine shop with thoughtful selections whose stories we want to share. Each month we'll have a rotating display highlighting a new wine theme. We also feature paintings by local talented artist Marguerite Genest (who happens to be my mom!).

This month's highlight is "Drink the Love" where you can find red, white,

One of my favorites is Lievland Chenin Blanc from Paarl, South Africa 2020 (\$15.99). Lievland, directly translated, means "love land" and is named after the birthplace of the widowed owner's husband and children.

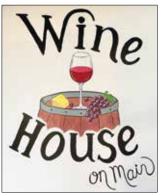
Lievland is said to be the first to have a female winemaker in the region and the first to produce a certified barrel-fermented Chenin Blanc. This wine is dry with a rich mouthfeel and vibrant acidity. Notes of citrus, apple and tropical fruits pair beautifully with scallops, lobster and roast chicken dishes.

Another featured wine is a true local love story. Robert and Su were married in Kennebunkport by the director of the Graves Library. Back in their home state of Washington, they created Arenness Cellars (translation: "R n S" for Robert and Su).

We have their Arenness

Cellars Cabernet Sauvignon, DuBrul Vineyard, Columbia Valley, Washington 2018 (\$44.99), which shows bold dark fruits like black cherry and plum along with savory notes of tobacco and cedar. This will pair perfectly with all of your Valentine's Day indulgences including Beef Wellington, chocolate or a quiet night to yourself.

We look forward to seeing you at the Wine House and hearing your stories!



Wine House Hours: Monday - Saturday 12-6 PM

Memorable shops, special people and the best scenic drives: Reflections on a special place called "home"

by Kaia Wirth, Tourist & Town Intern and Kennebunk High School graduating

Having applied by the Early Action deadline to the schools of my future, I received my college decisions a bit earlier than my peers. Although the stress of waiting too long to receive my admissions was alleviated, it forced me to come to terms with the notion of growing up much faster than I had anticipated. Leaving Maine for a new phase of my schooling includes leaving the hometown where I have spent (nearly) my entire life.

I've never really had a small-town perspective. I've come alive in thriving cities, fallen in love with the bright fluorescent lights of skyscrapers and taxis and adapted quickly to the fastpaced, two-way flowing and grow has never been a on cars.

This being said, it's just **Kennebunkport** now hitting me that I will soon leave the Kennebunk/ Kennebunkport area, in the next six months or so, and with it, all my favorite coffee shops, local stores, befriended business owners, and driving routes I took after school. The prospect of leaving these coveted parts of my life has filled me with nostalgia for the last eighteen years, and I feel it's only right to finally share my favorite memories and spots to anyone who finds themselves in the area.

During any given point coffee, Dock Square Coffee in the Kennebunks.

thrive with local life. The summer brings seasonal visitors, and the off-seasons of fall, winter, and spring bring about a calm before the next boom of tourism. As a local high school student who enjoys spending time with friends, finding activities and fun things to do within a 15-mile radius can be a challenge... unless you know where to look.

Beach Avenue, Ken-

Coastal towns have the benefit of being located by the water, which is a privilege my friends and I constantly take advantage of. Bundled walks along Gooch's and Mother's Beach during the winter can be particularly enjoyable with the right company, and is a perfect opportunity to get out of the house and practice safe socializing sidewalks. The energy of a outdoors. Plus, it's fun to new place in which to learn watch the seagulls perch

Walker's Point, also known as the Bush Compound, is a landmark known for housing the Bush family throughout the summer. For me, Ocean Avenue a beautiful route on which to take the long way home after school, regardless of the season. The winding road passes by the ocean, and at dusk, it's relaxing to play atmospheric music (or Taylor Swift).

18 Dock Square, Kennebunkport

Since I started drinking

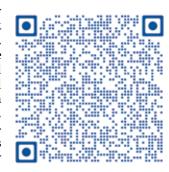
in the year, the Kennebunks House has been one of my favorite places for a quick caffeine fix before school, and it remains my favorite place to grab a 16oz iced coffee with light ice and room for cream. Although Annette Barba, the owner, closes the store shortly following Kennebunkport's Christmas Prelude, many anxiously await the reopening in the summer.

1 Garden Street Bowl, Kennebunk

Since its opening in 2017, Garden Street Bowl has grown to become one of the most popular stomping grounds for high-schoolers, their parents, and young children alike. It hosts10 bowling lanes as well as an arcade, occasional live music and trivia nights, and sitdown food at the bar - or at romantically lit tables! They tend to drum up business on Fridays, Saturdays, and Sundays, so if you choose to visit I would recommend calling ahead to book a time at \$30/hour plus \$3.50 to rent shoes.

There are countless fantastic places to visit around the Kennebunks, but these have been my favorites to frequent year-round. As is the nature of small towns, these places may remain for generations to come, allowing myself and others to revisit old favorites.

Just like those before me, I know I'll find my way back home, and while I may be leaving here in a few months, there will always be a part of myself that remains



Above is a QR code that contains my favorite playlist for driving around. Just open the back-facing camera on your phone and hold it over the code so it's in focus and visible on the screen. A button will appear on the screen, click that and you will arrrive at my playlist. You can also search "A Playlist for the Kennebunks" on Spotify, and it will appear!



Publisher's Note: We will miss you when you go, Kaia, (but you can't go yet!). And thank you for bringing Tourist & Town kicking and screaming into the modern era - QRcodes and all!









Behind the Scenes: Digging Out

by Sandy Gnidziejko

Ahhh – The Blizzard of 2022! It came with all its fury – the howling wind, the blinding sleet and yes, the hours of falling and drifting snow! The following day though, the skies were blue and the sun was shining. However, before we could attempt to venture outside, recreate in it, and/or tour about to view the beauty surrounding us, there was all that white stuff with which to deal. So, we powered up our snow blowers, we shoveled the walkways, we cleared our sidewalks, we raked our roofs and we plowed our driveways and parking lots. All in a day's work - for we are no strangers to what a Maine winter might bring. We are, after all, intrepid Mainers!





One night only! Sanford Performing Arts Center presents Broadway's Next Hit Musical on Saturday, February 12

The outrageously funny *Broadway's Next Hit Musical* returns to Sanford Performing Arts Center on Saturday, February 12, for one performance at 7 PM. The show last came to the SPAC in February, 2020, just before Covid-19 forced the theater to cancel its series of touring performances.

The only unscripted theatrical award show of its kind, *Broadway's Next Hit Musical* hits the stage with four of New York's finest master improvisers, plus an improv composer at the piano! Gathering made-up hit song suggestions from the audience, these pros then create a spontaneous showcase of music, humor, and laughter. The audience votes for their favorite song, and watches as the cast turns it on-the-spot into a full blown musical – complete with memorable characters, witty dialogue, and plot twists galore. Hailed as all-improvised and all-funny, this evening is a one-of-a-kind experience.

The New York Times calls Broadway's Next Hit Musical "Hilarious!" *Time Out NY* says "At last! A musical of, for, and by the people."

"If you've seen this show before, then you know you you've NEVER seen this show before," says SPAC Director, Brett Williams. "Every night is completely different. I've seen the show four times and it never disappoints! I'm in awe of these performers who can pull a masterpiece out of the hat every single time."

Tickets range from \$28 to \$33, with additional discounts given for students and seniors. Visit www.sanfordpac.org to purchase tickets and watch a video trailer for the show.





The romantic agony of The Remains of the Day

[Let me preface this by saying if you've never seen Doctor Zhivago or The Remains of the Day and would rather not know how they end, skip this column.]

The final sequence of events in David Lean's 1965 box office smash Doctor Zhivago is painful to watch. It depicts the title character (Omar Sharif) catching sight of the love of his life, Lara, played by Julie Christie at the height of her gorgeousness. This is later in their lives, long after they've enjoyed a torrid and adulterous tryst. When he sees her, he's stuck on an overcrowded tram and she's walking by on the sidewalk maybe 20 feet away, oblivious to his frantic rapping on the windows. He's dying to say hello...so he does. Literally. When he gets off at the next stop, he clutches his chest, falls to the ground, as Lara walks on, not bothering to see why a crowd is gathering around a man lying in the street. Curtains.

So ended one of the greatest romances of the silver screen. You'd think, it being marketed as a romance, it would end happily, because romance is supposed to be joyous and life-affirming, right? Try again.

When a romance is going great guns, yes, it's wonderful, but it hardly makes an interesting story. Most romances involve numerous hurdles and obstacles inconveniently placed before the leads so that it takes a long time for them to end up together. That's one way to go about it; that's how most romantic comedies go about it.

On the other hand, you've got all the romantic dramas where love is realized then lost, or never realized at all. Those are the flicks that stay with me, because they're the most painful, because what's worse than

One of my favorites – and therefore, one of the most painful - is the 1993 Merchant Ivory flick, The Remains of the Day, based on Kazuo Ishiguro's novel. On the surface (and to the uninitiated), it's the story of staid English butler Stevens (played to steely perfection by Anthony Hopkins) and his rigid loyalty to his employer, Lord Darlington (James Fox), an unwitting stooge for the Nazis in the lead-up to World War II.

But that's all just backdrop for an excruciating love story between Stevens and head housekeeper Miss Kenton (the always adorable Emma Thompson). It's excruciating because their love is just bubbling under the surface, neither of them willing to just come out and say, "I love you" (they are, after all, British). There are several scenes where Miss Kenton opens the door for Stevens to make a pass, but he is too focused on his job to pursue anything so selfish as romantic love.

In one of cinema's best moments of suppressed ardor, Miss Kenton wonders what book Stevens is reading in his private study. She playfully asks if it's scandalous. He doesn't care to respond. She gently pries the book from his hands and, opening it, discovers it's a romance. Never having stood so close to her before, Stevens looks intently at her hair, and we can tell he's being intoxicated by its smell, and we so badly want him to take this golden opportunity to take her in his arms and kiss her. But he doesn't. Instead, he coldly informs her that he reads books – any book – to improve his knowledge of the English language, and then reprimands her for invading his privacy. Ouch.

Later in life, as the former Darlington household is but a shadow of its former glory, Stevens travels to the seaside to meet Miss Kenton, who has since married (though unhappily) and had a daughter. He's gone ostensibly to rehire her, but we know it's more than that. But it's way too late; she's staying put to be near her daughter. They nearly say "I love you" to each other, but don't, perhaps assuming their eyes are performing that task. Their final separation at a bus stop (in the rain, naturally), with hands outstretched toward one another, is heart-wrenching.

What makes *The Remains of the Day* one of the best romances of all time is that there is no overt romance. We long for it, yet are denied the pleasure, making it even more valuable than ever.

Dana Pearson can be reached at dana@touristandtown.com



Stevens (Anthony Hopkins) and Miss Kenton (Emma Thompson) just can't get their romantic act together in The Remains of the Day (1993).

CALENDAR

Going on now

"Through the Eyes of the Young" Youth Art Exhibit, Kennebunk Free Library, Speers Gallery, 112 Main Street, Kennebunk. This exhibit features the art work of students from The New School and The Schgool Around Us. This year the work of students includes photography from The New School and self-portraits from The School Around Us. Artist Ellie Kennedy, age 12, says, "Art is the ability to create whatever you have on your mind. It is so amazing to have the ability to put your imagination into a sheet of paper and respect yourself to share your feelings, thoughts and ideas with other people. When I draw I feel happy and I love having the freedom to be in my own bubble with myself and my imagination." FMI www.kennebybklibrary.org.

Crafts to Go, Graves Library, 18 Maine Street, Kennebunkport. For the month of February, the Graves Library in Kennebunkport is offeriunbg two crafts to go, "Love You to Pieces" and "Heartfelt Hugs." These are available for pick up on the Library porch at 18 Maine Street, Kennebunkport.

Hidden Kennebunkport Photography Exhibit, Graves Library, 18 Maine Street, Kennebunkport To continue or celebration of local heroes, local talent, more of Steve (Roscoe) Ross' photographs will be on exhibit and sale at Graves Library through the months of January and February. Fifty-percent of all proceeds benefit Graves Library. The Library is located at 18 Maine Street, Kennebunkport. Come see Steve's new images on the walls at Graves Library! An exhibit not to miss.

Thursday, February 10

Morning Book Group, Graves Library, 9:45 AM. This group meets the second Thursday of every month. For February, the group is selecting and sharing books by Bruce McMillan. New members are always welcome. The Library is located at 18 Maine Street, Kennebunkport. For further information, please call 967-2778 or visit our website at http://www.graveslibrary.org.

Galentine Evening at The Shops Cape Neddick and Signature Finishes, 1300 US Route 1, Cape Neddick, 5-8 PM. Bring a friend enjoy some bubbly and sweet treats special sales with discounts up to 40%

Saturday, February 12

Broadway's Next Hit Musical (one night only!), Sanford Performing Arts Center, 7 PM. The New York Times calls Broadway's Next Hit Musical "Hilarious!" Time Out NY says "At last! A musical of, for, and by the people." Visit www.sanfordpac.org to purchase tickets and watch a video trailer for the show.

Monday, February 14 (and every Monday)

What's Your Story? Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 7 PM. Each week, our library director Mary-Lou Boucouvalas sits down with a community member and talks to them about where they came from, what they do, their interests, etc. Tune in on the Louis T. Graves Memorial Public Library's Facebook page or YouTube channel, or watch on the Town of Kennebunkport's cable channel 1301. FMI call 967-2778.

Tuesday, February 15

Kennebunk Free Library Board of Trustees Information Meeting, 6 PM. mail kfl@kennebunkfreelibrary.org for the zoom meeting link

Wednesday, February 16 (and every Wednesday)

Portside Readers, Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 7 PM. Listen to stories, poems, tales, essays, drama, songs and more by the Portside Readers. Tune in on the Louis T. Graves Memorial Public Library's Facebook page or YouTube channel or watch on the Town of Kennebunkport's cable channel 1301. FMI call 967-2778.

Wednesday, February 16

Your Health Matters, Graves Library, 18 Maine Street, Kennebunkport, 9:30 AM. Staff from the Kennebunkport Health Department will discuss ways to improve healthy choices and overall well-being. Copies of the book Your Heart, My Hands by Arunk Singh, M.D. are available at the Library. Not able to read the book before the discussion, please feel free to join us and learn more about this month's book pick. FMI 967-2778)

Thursday, February 17

Miss Lyn Likes! Graves Library, 18 Maine Street, Kennebunkport, 10 AM. Miss Lyn will share various picture

"Jane Morgan: In My style" Exclusive gown collection on exhibit

over thirty performance gowns, exclusively selected from the private collection of Jane Morgan, an internationally-known stage and screen star in entertainment's Golden Age, will debut at The Brick Store Museum in Kennebunk. The exhibition, titled "Jane Morgan: In My Style," is on display now and will run through May 21.

The collection spans the singer's illustrious stage, the 1950s-1980s. Morgan, known for her song "Fascination," has a Star on the Hollywood Walk of Fame; twice sang the winning song at the Oscars; received numerous awards and accolades across her international singing career, and is well known for the special gowns she wore for every appearance, including singing and performing for Royalty, including Queen Elizabeth and Princess Diana; Heads of State such as French President, Charles de Gaulle; Presidents John F. Kennedy, Richard Nixon, Gerald Ford, Jimmy Carter,

H.W. Bush, and George W.

The time is right to bring the collection to the public. As Morgan says, "They're just so magnificent. It's hard to believe I even wore these treasures." To prepare the vintage designer gowns for the exhibition, each eclectic way, piece was unpacked, sorted, selected, and prepared in the museum Kennebunkport. Morgan calls them the "perfect confections," each piece decoscreen, and TV career from rated with an abundance to go. As she of dazzling, luxurious em- puts it, "No bellishments like sequins, one was getbeading, feathers, French ting to see all lace, intricate embroidery and the finest fabrics. To curate the show Jane Morgan My goal chose Bonnie Bien, owner of La Presse PR, who as a teenager, travelled with and personally assisted Morgan for four years. Morgan and Bien worked together to select the one-of-a-kind creations for the "In My Style" Exhibition.

"In My Style" focuses on Morgan's desire to find a ruary, the good purpose for the gowns museum which she wore on stage. offers free The exhibit takes the pieces admission.

boxes straight to the public explore the incredible new eye; first in Kennebunk and then travelling to other locations across the country. For Morgan, who realized from the start that the unique www.brickstoremuseum. gowns needed to be housed org.

in an equally unique and the idea for presentations was the only way these fabulous pieces. was to find the best way to exhibit a sampling of the gowns; share them in a fabulous museum setting.'

Each Feb-

For the first time ever, Ronald Reagan, George from the long-packed-away This is a wonderful time to exhibition of Jane Morgan's luxury designer gowns upclose and personal.

FMI on this exhibit, visit



Courtesy photo

FEBRUARY 2022

books that she loves for a plethora of reasons. Tune in to Facebook or YouTube and see what is suggested. Any of them sound good? Call to reserve. FMI 967-2778.

Thursday, February 17

Wine Online, Graves Library, 18 Maine Street, Kennebunkport, 5:30 PM. A fun hour of tasting, information, and trivia. For February, it will be wines from Portugal. Experts Lani Dietz and Betsy Ross will guide participants through the program with ideas, pairings and educational tidbits as you sip and critique. This will be a Zoom.com presentation moderated by Mary-Lou Boucouvalas at Graves Library. Please call 967-2778 to register by Wednesday, February 16.

Wednesday, February 23

Cyber Scams (Take 2) – What Not to Do! Graves Library, 18 Maine Street, Kennebunkport, 9:30 AM. Did you know that the Kennebunkport Health Department is celebrating its 75th year in service to the community of Kennebunkport? As part of the celebration, they are kicking off monthly discussions held at the Graves Library. For February, Candice Simeoni (head of elder crimes) will be at the Library to talk about the tips and tricks of cyber scams. Be prepared to combat these dreadful scams with the help of your local authorities! Please call to register at 967-2778.

Mid-Week Music Concert Series with Dana Pearson and Andy MacLeod, Town House School, 135 North Street, Kennebunkport, 7 PM. This is the first of two George Harrison shows, as part of Mid-Week Music's Beatles series. Songs will include Beatles and solo tunes, including "Something," "Give Me Love," "What is Life," and "Taxman." See additional information below.

Thursday, February 24

It's For the Birds! Graves Library, 18 Maine Street, Kennebunkport, 10 AM. Join Miss Terri for a bird story time that will include a birdhouse for you to make with your family. The supplies will be available for pickup on the library porch starting Tuesday, February 22. Please call 967-2778 for further details.

Thursday, February 24

Evening Book Group, Graves Library, 18 Maine Street, Kennebunkport, 5 PM. Please check the website for a list of books to be discussed each month. All are welcome to attend. Please give us a call if you are interested or need a copy. (967-2778).

Sunday, February 27

Mid-Week Music Concert Series with Dana Pearson and Andy MacLeod, Town House School, 135 North Street, Kennebunkport, 1 PM. This is the second of two George Harrison shows, as part of Mid-Week Music's Beatles series. Songs will include Beatles and solo tunes, including "Something," "Give Me Love," "What is Life," and "Taxman." See additional information below.

Please send in your
events and activities
– from Portsmouth to Portland –
so that we may spread the news!
Send to:
publisher@touristandtown.com

A Sampling of Local Live Music

The Blue 84 Main Street, Kennebunk February 11: Beau Dalleo 6-9PM 467.31827

The Brunswick
39 W. Grand Avenue, Old Orchard Beach
February 10: Ginna & Keith 6-10PM
February 11: Dan & Darren 3-7PM / Holly Heist 8:30PM

February 12: Tickle 8:30PM February 13: Quiet Riot Act 1PM February 17: Ginna & Keith 6PM

February 18: Dan & Darren 3-7PM / Clayton Blanck & The Stoney Coast 8:30PM

February 19: Dan & Darren 2-6PM / Bad Habit 8:30PM February 20: Quiet Riot Act 3-7PM 934.2171 | www.thebrunswick.com

Clay Hill Farm
220 Clay Hill Road, Cape Neddick
February 11 &12: Katherine Mayfield at the piano 6PM
February 13: Curt Bessette & Jenn Kurtz 5:30PM
February 18 & 19: Katherine Mayfield 6PM
February 20: Curt Bessette & Jenn Kurtz 5:30PM
February 21: Ryan Feeley 4:30PM
361.2272 | www.clayhillfarm.com

Cowbell Burger Bar 40 Main Street, Biddeford Thursdays: Acoustic Open Jam 7PM February 11: Lee Stearns 7PM February 12: 2 for Jackson 7PM February 18: Pete & Carrie 7PM February 19: Justin Carver 7PM 284.2355 | www.eatatcowbell.com

Féile Restaurant & Pub 1619 Post Road, Wells Live Music Mondays Irish Music 6:30-9:30PM Saturdays 7:30-11:30PM February 12: School's Out www.feilerestaurantandpub.com | 251.4065

The Front Porch
9 Shore Road, Ogunquit
Live Music seven days a week.
Thursday 5–9PM Friday 4-11PM
Saturday 4-11PM & Sunday 2-5PM
www.thefrontporch.com | 646.4005

Funky Bow Brewery and Beer Company 21 Ledgewood Lane, Lyman Live Music every Fri-Sat-Sun. www.funkybowbeercompany.com | 409.6814

Old Vines Wine Bar 173 Port Road, Kennebunk February 13: King Kyote 6-9PM www.oldvineswinebar.com | 967.2310

Pedro's

181 Port Road, Kennebunk February 16: Michael Corleto 5PM 967.5544 | www.pedrosmaine.com

Ryan's Corner House Irish Pub 17 Western Avenue, Lower Village Kennebunk Music Friday nights 967.3564



FEBRUARY MUSIC AT THE MUSIC HALL IN PORTSMOUTH

Taylor O'Donnell Friday, February 11

Taylor O'Donnell mixes her unique sound and background with R&B, folk, jazz, rock, and classical music.

Saturday, February 12 Kat Wright, Bob Wagner and

Kat Wright

Bob Wagner, and
Josh Weinstein lean
into their trio formation, showcasing their
stripped down folky/
rootsy music, their ferocious tenderness, and
their love of story.

Rachel & Vilray Sunday, February 20

Rachael Price of Lake
Street Dive and guitaristsinger-composer Vilray
return to Portsmouth with
their jazz, old vinyl duo,
adding a new chapter to
the American Songbook.

Big Band of Brothers Friday, February 25

The Big Band of Brothers features jazz interpretations of the Allman Brothers Band's hits, with the likes of Jaimoe, Sammy Miller and The Congregation, Lamar Williams Jr, and Roosevelt Collier!

Another Tequila Sunrise: Eagles Tribute Band Saturday, February 26

Another Tequila Sunrise is America's premier Eagles tribute band, delighting sell-out crowds across the country with a catalog of music that encompasses the classics and deep cuts from the Eagles' collection.

For more upcoming music, as well as comedy, theater and cinema, visit www.themusichall.org



Andy MacLeod and Dana Pearson

Mid-Week Music Concert Series

Mid-Week Music continues its mini-series of Beatles-related music later this month at the Kennebunkport Historical Society's Town House School at 135 North Street.

Kennebunk musicians Dana Pearson and Andy MacLeod, after performing two concerts of John Lennon songs earlier in February, continue their fab series with a pair of George Harrison shows Wednesday, February 23 at 7 PM and Sunday, February 27 at 1 PM. Songs will include Beatles and solo tunes, including "Something," "Give Me Love," "What is Life," and "Taxman." An all-McCartney concert will wrap up the series on Wednesday, April 20 at 7 PM and Sunday, April 24 at 1 PM.

Pearson and keyboardist Mark Gunter will be joined by guitarist Andy Oliver and drummer Ron Breton on Wednesday, March 16 at 7PM and Sunday, March 20 at 1PM for a concert of blues music, including Stevie Ray Vaughan, Howlin' Wolf, Robert Johnson, and Nina Simone.

Tickets are \$15 for Kennebunkport Historical Society members and \$18 for non-members. Masks will be mandatory until further notice; the evening shows are BYOB (21 and older only). For more information and tickets, go to kporths.com/buy-tickets, email info@kporths.com, or call 967-2751.

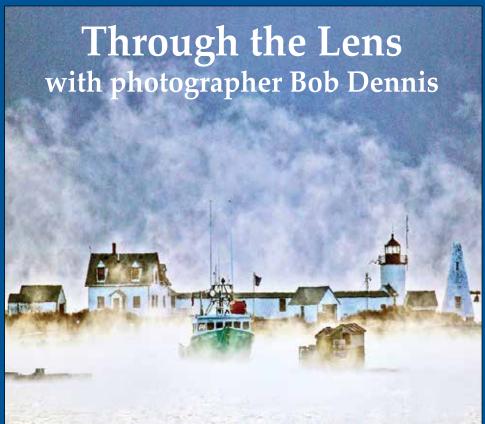
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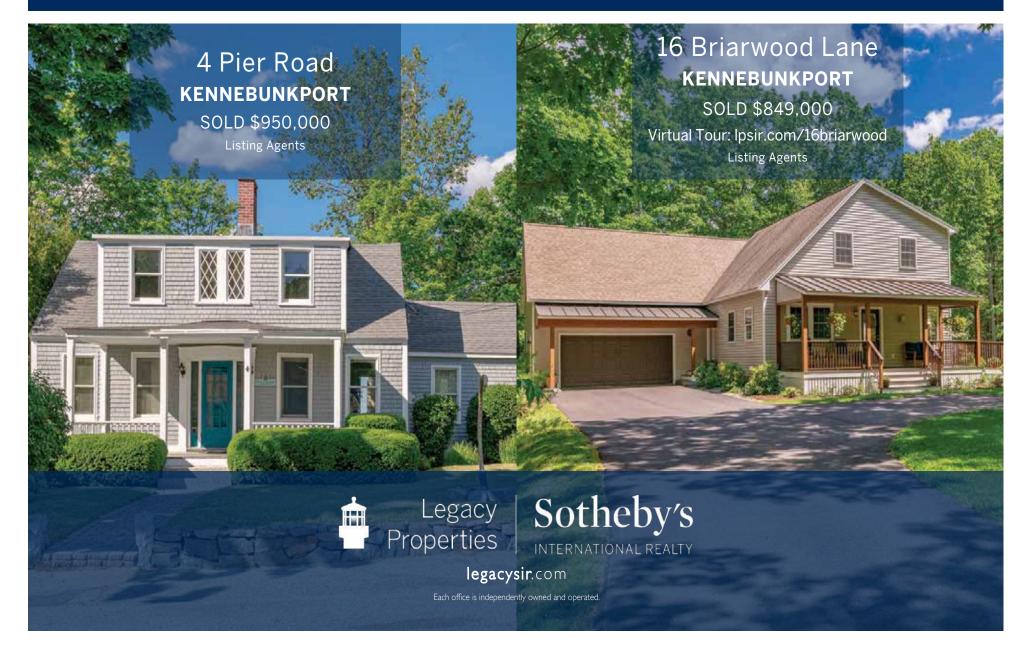


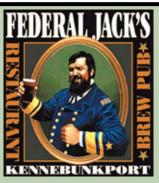


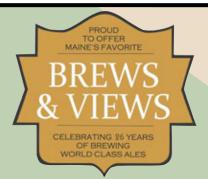
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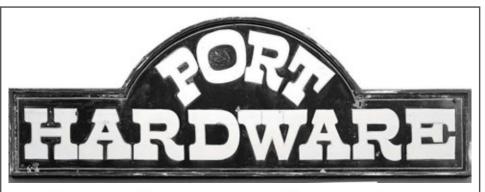
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