



**FREE**

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# TOURIST & TOWN

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Photograph of Yellow Warbler by Ken Janes

**Publisher's Note**

After my mother's passing, which coincided essentially with the arrival of my children, I started approaching Mother's Day in a new way - not as a time to express gratitude for *having* a mom, though I'll be eternally grateful for having had a wonderful one, but rather for *being* a mom.

Now, my kids don't exactly devour each issue of Tourist and Town (frankly, I'm pretty sure they don't pick it up at all), but that hasn't stopped me from writing them regularly into the pages. And with Mother's Day approaching, it certainly won't stop me now.

Daisy and Zach, thank you for this crazy, adventurous life we share - for the togetherness, for the love and for the never-ending laughter. Thank you for challenging me – and forgiving me. Thank you for sharing your lives with me. And thank you for the privilege and honor of being your mom.

(Someday they'll get caught up on back issues, right??)

Happy Mother's Day, whatever it means to each of you – and however you honor it. And happy burgeoning springtime.

Kingsley Gallup, Publisher

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**Cover Artist Lisa Houck**

"I work in watercolor, oil on wood, ceramics, mosaics and etching. Each medium allows me to invent new ways to express my view of nature through color and pattern. My artwork has been exhibited widely, and is in numerous public and private collections, including The Boston Athenaeum, Brigham and Women's Hospital, Boston Children's Hospital, Fidelity Investments, four libraries in Broward County, Florida, Hale and Dorr, Massachusetts General Hospital, and the Museum of Fine Arts, Boston."

*Lisa will be teaching printmaking at the Arundel Farm Gallery this summer.*

[www.lisahouck.com](http://www.lisahouck.com)

**Arundel Farm Gallery**

The **Arundel Farm Gallery** opens June 15 with all of its favorite artists in the 1790 Gallery plus a few new ones. The Carriage House Gallery will be dedicated to workshops – watercolor painting, printmaking and more. The space will also feature an exhibit of the workshop instructors' work. This year's instructors are: Lisa Houck (printmaking), Robert J. O'Brien (watercolor landscape), Pat Hogan (watercolor portraits) and Stephanie Rayner (printmaking). A 4th instructor has just signed on and you will find this information soon on the gallery website.

The gallery's Destination Art Retreat format is new this year, where local students can take just the workshop/class and those traveling to Maine can sign up for a full art retreat, if they prefer.

[www.arundelfarmgallery.com](http://www.arundelfarmgallery.com)

**Tide charts  
are back!  
See page 13!**

**Gettin' to know our contributors . . .**

**Valerie Marier**

Last November Val Marier planted 150 daffodil bulbs in her gardens. Today, four are blooming. She is turning in her trowel and taking membership in a surfing club at Kennebunk Beach.

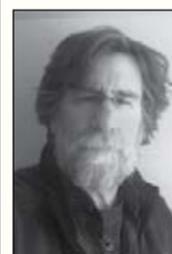


**Faith Gillman**

Often referred to as the "Dancing Queen of Kennebunk," Faith Gillman is impatiently waiting to flash someone. In a mob.



**Dana Pearson**



Dana enjoys taking long walks along the beach, unless it's high tide, because then he'd have to walk a good deal upon the adjacent sidewalk, the paved surface of which can wreak havoc on the soles of his feet, one of which has already been operated on for plantar fasciitis, and once is plenty, thank you very much. [amazon.com/author/danapearson](https://amazon.com/author/danapearson)

**Jo O'Connor**

The pickiest of eaters – no onions, garlic or curry for me. It's been said I have a six-year old's palate. When dining out, I often wonder whether I can order off of the kid's menu.



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## Seacoast Garden Club is busy with annual activities – including its not-to-miss Plant and Pie Sale

Seacoast Garden Club members recently gathered at Buffie Clarke's home for the annual assembly of May Baskets – fresh flowers that are distributed to shut-ins, the elderly and garden club friends in the area. Together, the crew of 13 created a whopping 93 baskets.

Clarke, who has chaired this annual community outreach project for several years, appreciated the large array of flowers donated by Seacoast members, noting also an increased number of requests for baskets this year. In addition to the individuals on the list this year, agencies

receiving baskets include Huntington Common, Atria and Home Instead.

Members are also getting ready the various gardens that the club maintains for the growing seasons. In addition, the crew that maintains the Faerie Garden and Touch and Sniff Garden at the Kennebunk Public Library recently returned the fairies, gnomes and other accessories to their garden home in preparation for the faerie house contest this month.

Club members enjoy bringing beauty to the community and are proud of the gardens they maintain. Gardens include the Community

House, Graves Memorial Library, Monument Garden and post office in Kennebunkport, and the library, Town Hall and Oakes Neck (adjacent to Gooch's and Mother's beaches) in Kennebunk.

Seacoast Garden Club members, who hail from Arundel, Kennebunk, Kennebunkport and Wells, are also preparing for their annual Plant and Pie Sale, to be held Saturday, May 29, at St. Martha's Church on Route 1 in Kennebunk. The fundraiser starts at 8:30 AM and features home-grown plants and homemade fruit pies. Masks and social distancing will be required.



Above: The Faerie Garden crew prepares for the season. At left: Pauline Lorden, Buffie Clarke and incoming co-president Claire Julian, with several May Baskets created for local shut-ins, seniors and garden club friends. Courtesy photos

FMI on the Seacoast Garden Club, contact Val Marier 772-359-5571

**Annual Plant & Pie Sale • Saturday, May 29**



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- Erika A., Kennebunk



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## Farmers' Markets

### Kennebunk

May 1- November 20  
Saturdays 9AM to 1 PM, rain or shine  
Garden Street Lot  
[www.kennebunkfarmersmarket.org](http://www.kennebunkfarmersmarket.org)

Community Market of the Kennebunks  
May 29 - October 2  
Saturdays 9 AM to 2 PM  
Waterhouse Center, 51 Main Street,  
Kennebunk

### Kittery Summer Market

Opening June 6  
Sundays 10 AM-2 PM  
10 Shapleigh Road, Kittery, ME 03904  
[www.kitterycommunitymarket.com](http://www.kitterycommunitymarket.com)

### North Berwick

June-September  
Thursdays 3 to 6 PM  
Mill Field, North Berwick  
[www.maine farmersmarkets.org](http://www.maine farmersmarkets.org)

### Saco

Opening Saturday, May 8  
Saturdays 8 AM to 12 PM  
Saco Valley Shopping Center, Saco  
[www.sacofarmersmarket.com](http://www.sacofarmersmarket.com)

### Sanford/Springvale

Opening Saturday May 1  
Saturdays 8 AM to 12 PM  
Central Park (Main, Washington, and School  
Streets), Across from City Hall, Sanford  
[www.sanfordfarmersmarket.org](http://www.sanfordfarmersmarket.org)

### Wells

Wednesdays 1:30 to 5 PM, rain or shine  
Bo-Mar Hall, 1622 Post Road  
[www.wellsfarmersmarket.org](http://www.wellsfarmersmarket.org)

### York

May 29 – October 9  
Saturdays 9 AM to 1 PM  
Lot behind York Region Chamber of Commerce  
1 Stonewall Lane, York  
[www.gatewaytomaine.org/farmersmarket](http://www.gatewaytomaine.org/farmersmarket)

*Is there a market that needs to be added to our list? Let us know!*

## THE GREAT OUTDOORS

# Brighten up those shady spaces

by Dana Pearson

Too often, homeowners surrender shady sections of their property to moss or whatever grows there naturally. They'll create gardens in the sun, but won't bother planting anything under the canopies of trees or along the northern side of their houses. And if they do, they choose the predictable rhododendrons, azaleas and hostas. Not that there's anything wrong with that. But there's so much more.

Astilbe do well in the shade, and they're beautiful. A hardy perennial known for its airy upright blooms, astilbes come in many varieties, so that you can have various shades of pink, purple, red, and blue (not to mention white) unfurling throughout most of the growing season. While the foliage is typically green, some varieties have deep red, bronze, or blue-green leaves, adding even more interest to the shade garden.

I had never heard of torenia until last year, when I discovered them in a local nursery. One advantage of browsing nurseries in your neighborhood is that the proprietor knows what grows here, and you'll often be introduced to flowers and shrubs you never knew existed.

People tend to get into routines about what they plant, year to year; sometimes it's fun to shake things up. Torenia, also called the wishbone flower, will do just that. These low-growing, viola-like annuals create a carpet of brightly colored blooms (lavender, blue, pink, yellow, etc.) that last from spring through frost and need little, if any, deadheading. I planted a pair of these flowers in a

one-by-two-foot copper basin, which they quickly filled; the dividends paid off for six months.

Lady's mantle is a low-maintenance perennial with two lovely features: chartreuse blooms in early June (popular for flower arrangements), and wide, serrated olive-green leaves that catch and hold raindrops. This sturdy, low-growing plant (a foot tall, two feet wide) does well in shade or sun, so if you want to divide it and distribute it around your gardens, do so in the spring or early fall.

It may not have an attractive name, but lungwort makes an attractive addition to a shade garden.

Several varieties prosper in Zone 5, with the shared characteristics of being low-growers (up to a foot tall, with a slightly wider spread) and spring bloomers of white, pink, blue, or raspberry (sometimes a plant will boast multiple hues). Their silvery foliage lends beauty when not in bloom.

Most foxgloves are shade-loving biennials. Their first year is spent growing foliage; they bloom their second year and die. Doesn't sound much better than an annual, but here's the thing: foxgloves reseed constantly, so you usually end up getting flowers every year.

There are perennial varieties, too, with all types making tall, striking specimens (three feet tall is average). Colors of the long, bell-shaped blooms include yellow, white, burgundy, rose, purple, and raspberry.

While many of the hundreds of varieties of primrose are notoriously difficult to grow, the ones you'll find at your local nursery



Astilbe's feathery plumes of white, pink, lavender or red flowers add color and texture to shady landscapes.



Japanese andromeda has lily-of-the-valley type white blooms in early spring arrangements.

have been stocked because they'll do fine here.

The standard alpine primroses are bold yellow, but other colors are available. These perennials need shade and moist soil to thrive; they'll reach an average of one foot tall.

### Shade-loving Shrubs

Rhododendrons (which include azaleas in their family) are popular shade-

loving blooming shrubs for several reasons: they're sturdy, they're fast growers, their flowers come in different colors, and their glossy evergreen leaves stand out in the winter.

But there are other choices out there, such as the following:

Pieris japonica (Japanese andromeda) is a broadleaf evergreen that, if given shelter from the wind, will reward you with hanging masses of lily-of-the-valley type white blooms in early spring.

Later, new foliage emerges a brilliant reddish-orange before turning deep green. These upright shrubs can get up to ten feet tall.

The snowberry is a deciduous shrub in the honeysuckle family that, as its name indicates, produces snowy white berries late in the summer. A medium-sized, airy shrub, it grows up to five feet tall and wide.

Virginia sweetspires reach four feet in height, but can send out suckers and spread, so give them room. In late summer, these native shrubs blossom in long white spikes.

There are many more flowering shrubs for shady areas. Check your local nursery for more suggestions.

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# DISCOVERING OUR ROOTS

## "Start with what you know and work backwards." Certified Genealogist Pam Eagleson uncovers ancestral mysteries



Pam Eagleson, certified genealogist, works daily at her desktop computer, researching vital records and reading century-old obituaries in her quest to find family history for herself and her clients. Photo by Val Marier

by Valerie Marier

As a gift to her parents for their 50th wedding anniversary in 1984, Pamela Stone Eagleson decided to research their ancestry. She had never done that before. The Kennebunk resident admits, "So I read a book about genealogy and family trees, and then I self-published my findings in a book titled *In Search of Ancestry: The Stone-Shearmire Family History*."

In the nearly 40 years since, Pam Eagleson has turned a fun hobby into a serious avocation while simultaneously garnering professional renown. Today, she adds CG® (Certified Genealogist) to her business card and her genealogical magazine articles, affirming her credentials by the nationally and internationally recognized Board for Certification of Genealogists.

The fun parts of a genealogical search, Pam says, involve digging through vital records, combing

century-old obituaries, requesting DNA samples, plus scouring deeds, wills and newspapers online. "Sometimes it takes years to prove a lineage or where someone came from, but educationally, there is so much out there that's readily available," Pam says. "You don't have to go to the Mormon archives in Salt Lake City, although I do several times a year. But the internet makes many things readily accessible."

In researching her own family, the Thomas Stone family, Pam "found a tiny twig that reached back towards *Mayflower* days. My roots go to the 1670s in Virginia. I recently hired a map maker who was able to chart my Stone family's migration from Virginia, starting in 1720. By the fourth generation in the early 1900s, some of them were on the west coast. In getting to know our ancestors, we truly get to understand ourselves better."

A double-barrel shotgun

owned by her maternal grandfather exemplifies how artifacts bring family history to life. "The gun used to hang over our rec room fireplace but, after we downsized and moved, I stored it in the new garage," she says. "Occasionally I wondered what story this gun might tell."

On a whim, she took the 49" long, 12-gauge muzzle loading, 33" side-by-side double-barrel percussion shotgun to an antique appraisal day at the Brick Store Museum in Kennebunk. The appraiser viewed the gun, "walnut with brass inlay and damascene decoration," and estimated it dated to the mid-19th century. He also suggested it could be worth, conservatively, between \$125 and \$175.

Curious about its provenance, Pam decided to dig deeper. Because her grandfather had grown up in Bridgeport Township, Missouri, she contacted the Missouri Historical Society. She learned that "the gun

used black powder and that birds were probably the target." The Missouri historian also confirmed that the rifle had been manufactured in 1870 or earlier. He suggested she would need to "look under the ram to find the maker's mark for proof."

Fortuitously, Pam and her husband were having dinner in Kennebunkport shortly thereafter with a local historian and professional huntsman. She asked for his help.

"He was able to unscrew the ram where he found a maker's marking that identified Beuret Freres from Liege, Belgium, as the maker of Grandpa's double-barrel shotgun," Pam says. Liege, 33 miles from the German border, is one of the oldest centers of gun-smithing in the world and the rifle was indubitably manufactured during Liege's Golden Age, 1814-1914.

— Continued on next page

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Above: Pam's maternal grandfather owned this double-barrel shotgun. In her research to discover the gun's provenance, Pam learned it had been made in Liege, Belgium, in the mid-1800s. At right: Close up view of the "walnut with



brass inlay and damascene decoration" of Pam Eagleson's grandfather's double-barrel shotgun. Using detective skills and reaching out to Missouri historians, she discovered the gun's provenance. Photos by Val Marier

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Above: "Sometimes it takes years to prove a lineage or where someone came from but there is so much out there that's readily available," says Pamela Stone Eagleson, certified genealogist. At right: Pam Eagleson's first book was the history of her own family, given as a 50th wedding anniversary present to her parents in 1984. Photos by Val Marier

### How and Why?

Only a few decades ago, genealogical research meant walking through a cemetery or spending hours in the records archive at a county courthouse.

Today, according to an article in *USA Today*, genealogy is the second most popular hobby in the United States after gardening. The article continued, "It's a billion dollar industry that has spawned television shows, scores of books, and – with the advent of over-the-counter genetic test kits, including 23andMe – a cottage industry in DNA ancestry testing."

Religion also helped make the search for answers easier. In the 1960s, the Mormon Church, which encourages its members to research their unbaptized ancestors, opened branch genealogical libraries throughout the country. During the 1970s, these libraries began to receive more non-Mormon patrons.

Perhaps the biggest bonus for budding genealogists is digital technology and the accessibility of genealogy websites. Today there are countless genealogical databases online, making it possible for millions more Americans to research their families from the privacy and comfort of their own homes.

Equally important for Pam, however, is that her grandfather's gun is a treasured and tangible connection to a shared past. It's also a link to her family's simpler way of life. "Grandpa never had much money," she says. "I surmise he inherited this from his father or grandfather who probably bought it second-hand from some neighbor immigrant or a village store. Owning or using a gun was

a rite of passage for a farm boy growing up in the 19th century."

When not sitting at her desktop computer in her second floor book-lined home office, one block from Kennebunk's Middle Beach, Pam plays bridge weekly online with "a group of friends who've known each other for 30 years." Her monthly bookclub recently finished a Zoom discussion of Vita Sackville-West's

*All Passion Spent*. She also frequently Zooms with her Northwestern University sorority sisters, and loves "any time I can be with Dennis' and my grandchildren, two who live in Kennebunk and three in York."

"But a good part of each day is devoted to genealogy, both researching and writing," she says. She has authored numerous magazine articles, including one published recently in the

Missouri State Genealogical Associates Journal, titled "Every Stone has a Story: Why Would a Missouri Farmer-Merchant have an Anchor on his Tombstone?"

"I love the search and I love bringing the people to life, both for myself and my clients," she says. "It's engaging, time-consuming and rarely disappointing. We are here because of our ancestors and that's one of the main reasons I do this."

## WHAT'S NEW?

# The Infinity Center: A good "fit" for the community

by Faith Gillman

For nearly a decade Doug Spurling, creator of Spurling Fitness in Kennebunk, has been working to empower and inspire positive change – and not

just through workouts. "We provide fitness transformations to those who are intimidated by the typical gym through strong coaching and accountability from our great team,"

said Spurling, "but we've always built it off of community, not fitness. People come here for relationships, and the family-like atmosphere. The workout is second."

Spurling's philosophy for himself, his business and engaging community is simple: 1% better. "Just a little better than yesterday. It's how we approach our programs, conversations and business."

That idea is the heart of the Spurling community, which incorporates Spurling Fitness, the Spurling Foundation – devoted to volunteerism, scholarships and donating \$1,000,000 to the community by 2050 – and the Infinity Center, a 5,300 square foot "sister" expansion to the Spurling brand, which opened in 2021.

The Infinity Center is a community space encompassing local businesses, an event space for parties, workshops/programs, as well as a gallery space featuring local artists.

"Because we've always been about community, we wanted to create a space where we could help the community, aside from fitness," said Spurling. "We want to have art shows and makers markets, bring in subject matter experts to run workshops and programs, and once it's normal again, have social gatherings. All with the goal of bringing community together and providing space for members of the community to shine."

The lobby of the center houses an art gallery. Melanie Smith, Spurling's Director of Client Experience, involved with all aspects



The welcoming entrance to the Infinity Center. Courtesy photo



The art space at the Center is currently featuring the works, from left, of Cheryl Dahn, Ellen Pelletier, Al Pelletier and Scott Dahn. Photo by Joel Brownstein

of the Spurling community, looked for someone to help with the gallery. She connected with Jude Brownstein through a recommendation by Spurling Fitness member Karen Anderson. Brownstein is working with Smith to curate shows.

"Doug Spurling is all about community. He and Melanie had a vision to hang local art in an otherwise empty waiting space. My goal is to create a venue where each month different artists can display and hopefully sell their work while people visiting [the space] can enjoy the inspiring visuals created by artists who reside in their own community," said Brownstein, also Director of Sales for a division of Anderson's Sea Ranch Jewelry. "Karen knew I had the 'chops' [to curate]. It is an excellent fit."

Brownstein said installations will cover all mediums including photography, oil, acrylic, watercolor and

pastel paintings, ceramic art, woodwork artisans and sculpture.

"The styles of the artists are diverse; expressionist, figurative, abstract," she said, "but always technical and visually top drawer."

At present, the gallery is showing "Married To Art," featuring artists Ellen Pelletier and Cheryl Dahn, alongside work of their husbands, ceramic artist Al Pelletier, and Scott Dahn, artisan of all things wood.

Upcoming shows include: pointillist paintings of Thomas Proulx, abstract works by Rae Ingwersen and Nancy Barulik-Smith, ceramic artist Cathie Cantara, photographs by Mark Pizza and Phil Stone; paintings of Sandra Chase Morrissey and artists Rebekah Lowell, Scott McNeff, Marguerite Genest, Kelly Jo Shows and Robin Swennes.

"We are presently booked into 2022," said Brownstein. "I can't wait for the Prelude show titled 'Snowflakes that Stay on My Nose and Eyelashes.'"

Brownstein is doing what she finds "most rewarding. I love art, I love working with artists, and I love the creative challenge of hanging and staging work so that it all shows at its best. I hope that the art space becomes a go-to piece of the community fabric and an art lover's destination."

In addition to monthly art showcases, Smith is developing programs and events to connect with the community. The large multipurpose room at the Center will be used for events and to host a variety of offerings, including workshops and classes, as COVID protocols allow. The space will also be available for private functions such as bridal/baby showers, parties, and reunions.

"My goal is to have a calendar full of events and

opportunities to help the community with all areas of wellness beyond fitness. In April we had self-defense training hosted by the Wells Police Department, as well as an art class," said Smith. "In May we will have a life coach hosting a workshop. We're really looking forward to creating a makers market that can be held indoors and potentially in our parking lot as well – local vendors and food trucks."

Spurling is excited to offer opportunities for local businesses at the Infinity Center.

"We're pretty deep in the business community. I'm Vice President of the Chamber of Commerce board and keep a pretty tight pulse on the local business community, as well as consult for over 100 gyms," said Spurling.

The Infinity Center offers seven business suites Spurling hopes will attract others to join the collective.

"Although they are separate spaces, we hope to create a co-working atmosphere where they bump into each other at the break room, share best practices, refer and network," said Spurling. "Wellness-based businesses are an obvious fit with Spurling Fitness. Saco Bay Physical Therapy, and Athlete's Touch (Massage Therapy) are on-site already, but we hope to bring other local community service-based businesses and nonprofits to the Infinity Center and have them call it their home."

FMI about the Infinity Center, its events, and rentals, visit [infinitycenter-maine.com](http://infinitycenter-maine.com); FMI about community at Spurling, visit [spurlingcommunity.com/vision](http://spurlingcommunity.com/vision); FMI about Spurling Fitness: [spurlingfitness.com](http://spurlingfitness.com), 207-467-3757 or [info@spurlingfitness.com](mailto:info@spurlingfitness.com). Spurling Fitness/Infinity Center is located at 1 Alewife Park Road, Kennebunk, Maine.

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# THE ARTS

## Janis Sanders on Maine Art Hill

by guest *Trisha Winslow*

Over the last few years, the signature blues and yellows of artist Janis Sanders have become familiar and sought after. The perfect sky and stunning landscape of New England painted by this artist are both honored in his work and celebrated on his canvas.

Beginning Saturday, May 8, Sanders' new works will be showcased at The Gallery on Maine Art Hill at 14 Western Avenue in Kennebunk.

Sanders said, "Each of my works is done as spontaneously as possible, with only minimal blocking in of forms. I paint vigorously, expressively, and physically, applying paint with a palette knife in areas of color, then smoothing and blending minimally to keep the paint fresh."

Sanders is an accomplished oil painter who has won awards for his distinctive painting style. He melds elements of American Realism with Modernism/Impressionism for a dramatically contemporary visual result. Many of Sanders' paintings are done outside or "en plein air," a method introduced by French artists, which means "open-air."

"I feel the day, the sky, the atmosphere, and the sun on things, just as I did as a kid, with the same amazement and awe and wonder," he said. "I

try to convey that moment of joy and presence through the scenes of my paintings without intention for nostalgia or sentimentality. Whether it is a farm in a pasture with a working barn or a lobster shack along a wharf, the sense of place is real."

A landlocked kid raised in upstate New York, Sanders grew into a true New Englander and continually celebrates its beauty through his work. His strong, linear shapes of buildings and rooflines stand solid in contrast to the natural curves of land and sea. All are illuminated by sunlight casting gently across the varied surfaces.

"I begin each painting with the sky; to me, the most important element," said Sanders. "The sky is light. We are immersed in it. It's the key to determining the entire atmosphere of the painting. Visually and practically, it provides the backdrop for the other objects in view. I paint those blue skies, each one new, each one fresh from the gut."

The Janis H. Sanders' show opens at The Gallery on Maine Art Hill, 14 Western Avenue, on Saturday, May 8, at 10 AM. The show runs through Thursday, May 27, and is open daily at 10 AM. FMI call 207-967-2803 or visit [maine-art.com](http://maine-art.com).



Lupine Cove by Janis Sanders



Maine Art Hill

GALLERIES | SHOWS | STUDIOS  
POP-UPS | SCULPTURE | FRAMING | PRINTS

### Janis H. Sanders solo show



May 8 - 27

The Gallery on Maine Art Hill

Show opens at 10 AM in gallery and virtually on our website [maine-art.com](http://maine-art.com)

#### OTHER HIGHLIGHTS ON MAINE ART HILL

SHOWS



May 29 - June 10

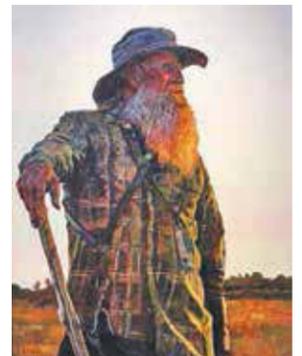
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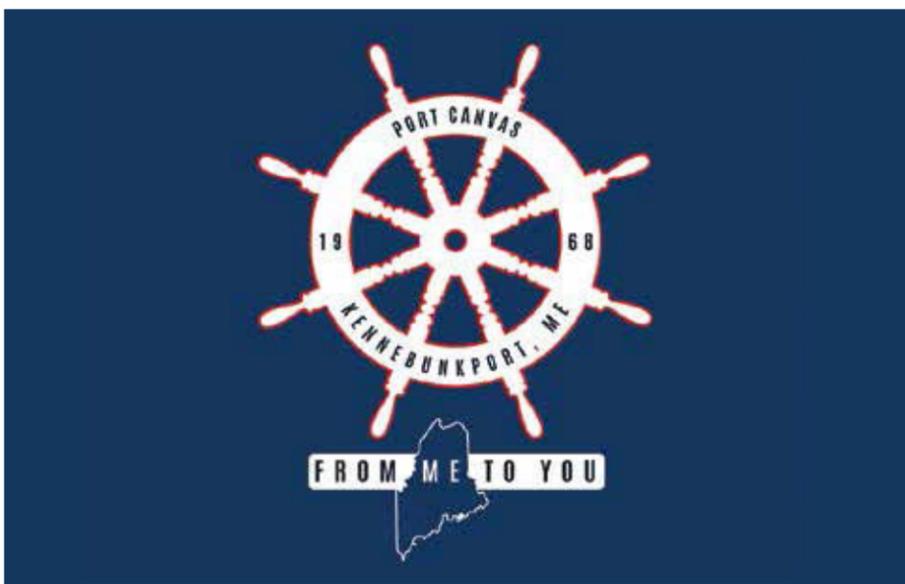
Wind Sculptures



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# "IT'S LIKE THIS"

## The night the lights went out in Kennebunk

by Dana Pearson

There are moments when the narrow divide between civilization and anarchy, between order and chaos,

between the long-accepted norms of comfortable modern life and the twisted terror-inducing hellscape of prehistory, becomes so

abundantly clear that we are violently thrust down upon our knees in profound thankfulness that we spend the bulk of our time in the former rather than the latter categories. Such a moment came the other night when the electricity went out in Kennebunk for ten minutes.

I shudder to recollect those nerve-wracking ten minutes, but recollect I must, for it is only through remembrance of darkness that true appreciation for light can exist. Had the power outage occurred in daylight, perhaps the psychic scars may not have been so deeply furrowed on our collective consciousness. Perhaps being forced to use our hands to carve a slab of honey-roasted Black Forest ham for lunch with an eight-inch Henckels instead of using a double-bladed Hamilton Beach electric knife would have proved far less traumatic than being plunged

into a darkness so complete and abject that one could be forgiven for momentarily believing Death had finally come to claim one's soul, slapping his icy, unforgiving grip on the shoulders of too many petrified Kennebunkers to count.

But before I become too melodramatic here, allow me to describe what happened on that recent night when it seemed a league of Dementors had sucked all hope and happiness out of the air in Kennebunk and replaced it with despair and depression. For a full ten minutes.

It was around 9:20 PM when the world went dark. Well, a bit darker than usual. It was noticeable. Diane and I were preparing to read in bed when the light and clock-radio disappeared from our senses. I walked to the window, drew the curtain aside, lifted the shade, and ascertained that all

house and street lights had likewise vanished. It was the beginning of ten minutes of confusion, uncertainty, fear, and the paralyzing inability to go downstairs and watch another episode of *Mad Men*.

One of the many joys of living in Kennebunk is being serviced by the local and independent Kennebunk Light & Power Company, which historically has corrected power outages before terror of deprivation crushes our very beings. So when the world was dipped in an oil-dark abyss the other night, we fully expected the lights to come back on within a couple of minutes (the scientifically proven span of time in which one can function in a world without electricity without being crushed by the terror of deprivation). They did not come back on within two minutes.

We could have just foregone the reading-in-bed routine and gone straight

to sleeping-in-bed, but the unknown is a captivating presence, and we weren't about to drift away without knowing the fate of the world. I clicked on the flashlight that Diane keeps by her bureau, but it cast a beam that couldn't cut through room temperature unsalted butter. It was time for my oil lamp to fulfil its destiny.

I fetched the lantern from my study, ignited the wick, secured the glass chimney, and brought it into the bedroom, delivering the soothing proclamation, "Yes, it's 1840."

She expressed some sort of concern about the increased likelihood of our house burning to the ground, or maybe she thanked me for my ingenuity...at any rate, she looked absolutely lovely in the muted glow of the ancient means of illumination. But our thoughts had turned to the dreadful prospect of going longer than two minutes without electricity.

What about our refrigerator? Would our Friendly's Forbidden Chocolate ice cream melt, leading to rioting in the dairy aisle at the Hannaford? Without electricity, would our DVR be able to record Colbert? If it suddenly rained torrentially and our basement leaked and the sump pump failed to trigger, would our furnace, washing machine, and dryer float away down Day Brook? How long would I have to go being restricted to playing only an acoustic guitar? How the hell were we supposed to get our car out of the garage? Manually?

We couldn't go down that rabbit hole. That way lay madness. For there we stood at the edge of the end of the world as we knew it, the slaving maw of want opening wide to devour us, an endless stretch of paucity and privation shrieking in malevolent glee as we approach...vanquished, desperate, void of any—

The lights came back on. Ten minutes. Went by pretty quickly, actually. That wasn't so bad.

Dana Pearson can be reached at [dana@touristandtown.com](mailto:dana@touristandtown.com)

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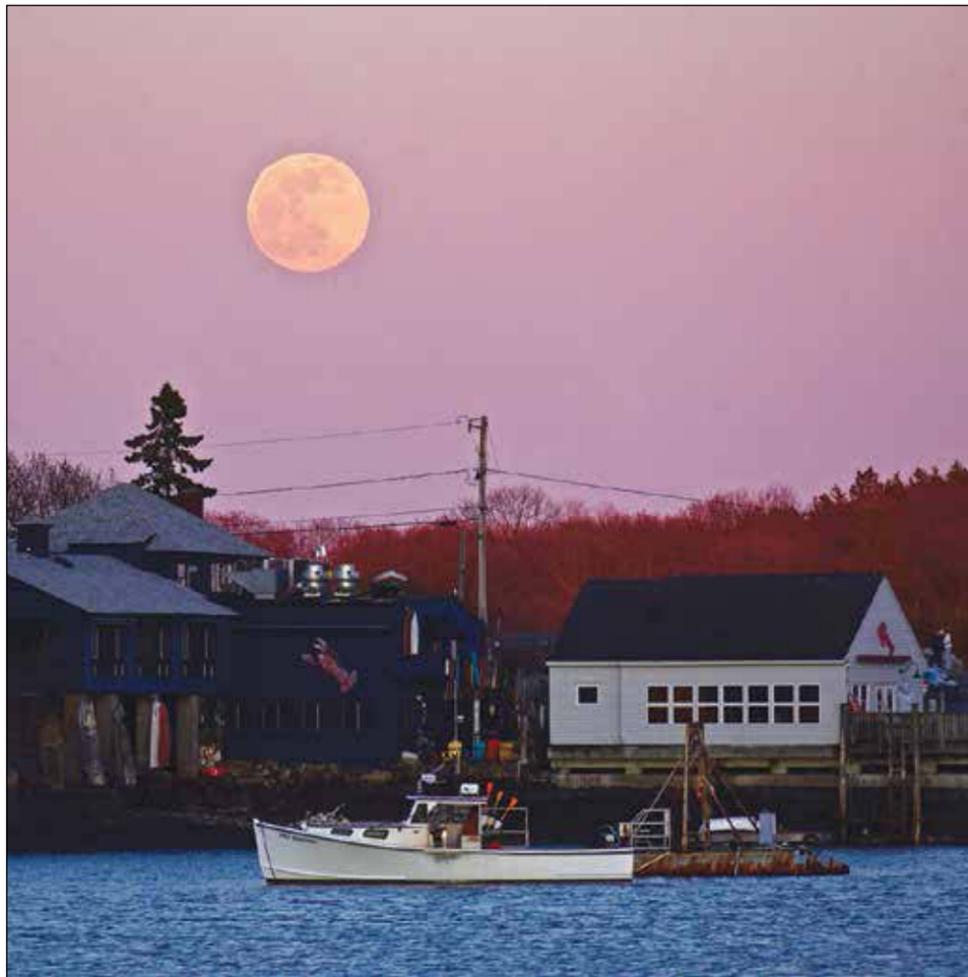
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Antique architectural salvage is not only very attractive, exquisitely crafted, and a source for unlimited creativity, it also contains volumes of embodied energy: the total sum of energy consumed to produce a given product. And it's FUN. Sometimes folks aren't sure how to use it. Meet us here each issue for inspiration on how to use architectural salvage to add character and sustainability to your life.

Subtle changes can make dramatic differences. A client recently asked us to help her choose materials to add a little bit of authentic reclaimed barnwood to her living room. It can be intimidating to be faced with an entire warehouse of salvaged wood. But we are here to help and that's what we do every day!

We've seen it all so contact us any time to discuss the possibilities that lie ahead for you and architectural salvage! Wanderers and explorers welcome.



Through the Lens with Bob Dennis  
[kportimages@gmail.com](mailto:kportimages@gmail.com) – [kportimages.com](http://kportimages.com)

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## FOOD & DRINK

### Getting acquainted with "ro-ZAY"

A dear friend once commented to me, "Rosé is for amateurs." But over the past decade we have been experiencing a Rosé revolution with Americans consuming over 8 million liters in 2015, and that number keeps growing.

Provence in the south of France is the beating heart of Rosé production and is named after the Romans who arrived around 125 BC and called the region "Provincia Nostra" ("Our Province").

Rosé wine is made by what is called the Saigné Method (French for "bleed-

ing") and refers to the step where the winemakers bleed the juice from their fermentation vats. It can be made from any red variety and a few whites (like Pinot Gris) but the best come from Grenache, Cinsault, Mourvèdre and Syrah. These varieties have good color pigmentation, which when you bleed the juice from the vats after a short maceration (12 hours to 2 days), you have a beautiful light pink coloring.

Château Du Seuil Rosé from the Cote d'Aix-en-Provence is a beautiful light pink wine. It has a pronounced bouquet of red berries, melon, lemon and lime zest, white flowers and orange blossom. The citrus aromas carry through on the palate along with mouth-watering acidity and a distinct minerality, creating a wonderful refreshing mouthfeel.

Pair with honey-glazed salmon or saffron-buttered shrimp.

Rosé is for amateurs? I am sorry but I have to disagree.

Gary Murfitt CSW, Sommelier; Instagram: gary-murfitt\_lesomm

Courtesy photo



Courtesy photo

## Spring has sprung Reflections for the season

by Jo O'Connor

Ah yes, springtime in Maine!

Energetic colors, fragrant aromas and warm weather that can rejuvenate any weary soul after a long winter.

Awaken the green earth to our glorious Maine spring. Now is time for renewal and rebirth. With high-pitched peepers peeping, the crocuses, tulips and daffies are making a grand entrance and saying hello as we gape at the buttery yellow branches of forsythia, and at rhododendron blossoms in red, yellow and pink just emerging.

Stunning blush-rose and purples of lupine flowers will soon be sprouting up everywhere. If you are lucky, you will spot a slender blue flag iris and lady's slipper showing off. By Memorial Day weekend, fans of fragrant lilacs will be happy for this aromatic kick-off to a new season.

So many of us are now rushing to our local plant store to banish winter's dreary colors and usher in color with hearty perennials or intense annuals. A bountiful garden is what we seek, and the promise of green grass has us tuning up our lawn mowers. Trees are now budding with unusual seasonal colors and nowhere is this truer than in coastal southern Maine.

Even before the spring began, golf courses started to open, and people flocked to the links in droves. Boats are being launched, porch furniture and screens are getting a spray-down while bird feeders are brimming over with seed. It's time to turn on your outdoor water, give a good cleaning to your outdoor shower and de-thatch your lawn.

Seasonal restaurants and inns are enthusiastically opening their doors and decks to welcome visitors. With that, many establishments have fresh looks and fresh menus (yum).

Did you know that May is fiddlehead season? These rolled-up baby fern fronds are harvested and cooked as a vegetable dish. They grow everywhere in the spring. Like lobster and blueberries, it's a very Maine thing. Just pull over to the side of the road to pick some when you spot a good patch. Whether you forage on your own or try a local chef's take on this rustic treat, fiddleheads are a must try in your spring dining excursions!

Get your wheels out! Now is a good time to pump up your tires and tune up your bikes. Take a cruise along the beach and visit the place where sea meets the lush landscape of the shoreline.

Time to ditch your skis but not the trails, as Maine has 32 state parks, according to visitmaine.com. In the spring, you'll feel like you have the trail all to yourself.

Free-flowing streams and truly amazing freshwater fishing conditions are primed. For paddlers, white-water rafting season is here with the roiling rapids and adrenaline-pumping drop-offs.

Even though the woods are waking up, spring is a quiet season in Maine – serenity is within your reach. For a symphony of song, celebrate all things avian by heading out for some bird watching where warblers, vireos, bluebirds and cedar waxwings are just a glimpse away.

We're hopeful that warmer temperatures are with us to stay with plenty of daily sunshine, though beware, anyone who doesn't have a jacket at the ready in their car.

Spring's renewal has us all seeking solar replenishment. Cabin fever be gone – spring has sprung!



Photograph by Bob Dennis

Mother's Day  
Menu  
Sunday, May 9



Prix Fixe Dinner  
Appetizer, Entrée &  
Dessert

## CAPE PORPOISE KITCHEN

### Appetizer Choice:

Red & gold beet salad w/ slices of cara cara orange, clementines, crumbled feta & toasted pistachios, w/ blood orange vinaigrette

OR

Carrot, coconut & ginger Soup

### Entree Choice:

Blue cheese crusted petite filet mignon w/ port wine sauce

Herb roasted fingerling potatoes & roasted spring asparagus \$55.00

Lobster stuffed native haddock w/ lemon caper sauce, herbed rice pilaf & haricot vert \$46.00

### A la Carte Appetizers (6 pieces per order)

Oysters Rockefeller \$18.00

Mini Maine crab cakes w/ lemon dill aioli \$16.00

Mini black bean cakes w/ cilantro crema \$8.00

Chevre fritters - crispy fried cheese with puttanesca sauce \$10.00

Stuffed baby bella mushrooms – pancetta & gorgonzola \$9.00

### A la Carte Entrees:

Blue cheese crusted petite filet mignon w/ port wine sauce \$32.00

Pan roasted statler chicken breast w/ rosemary jus \$18.00

Lobster stuffed haddock with lemon caper sauce \$24.00

Baby spinach lasagna in a creamy béchamel sauce w/ toasted pine nuts \$16.00

### A la Carte Sides:

Spring onion & buttermilk whipped potatoes \$3.00

Garlic & herb roasted fingerling potatoes \$3.00

Haricot vert or roasted spring asparagus \$3.50

Caesar salad w/ garlic butter croutons \$8.00

Red & gold beet salad w/ clementines, crumbled feta & toasted pistachios, w/ blood orange vinaigrette \$14.00

### Desserts – handcrafted by our pastry chef

Flourless chocolate torte w/ raspberry coulis \$4.75 EA

Keylime pie \$4.50 EA

Brioche bread pudding w/ pecans & Bailey's whipped cream \$4.75 EA

Chocolate dipped shortbread hearts w/ sea salt \$2.75 EA

Plus a large selection of prosecco rose and chocolates for mom!



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# COMMUNITY CALENDAR

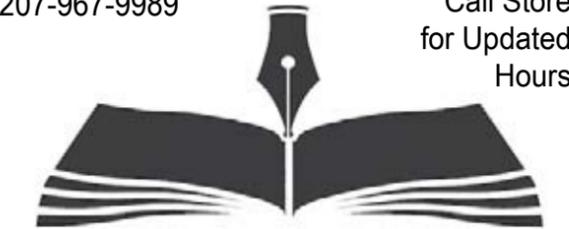
**29th Annual Kennebunk Beach Classic 5K**  
 This annual race will take place virtually from June 1 - June 8, 2021. RSU21 students and faculty get special \$10 rate (call us for the promo code). Free event shirts to the first 25 entered. Teams welcome. All registrants are entered into a raffle. Use the USATF Certified Route or choose your own and run from anywhere! Proceeds support programming and outreach at The Center, a nonprofit in Lower Village that serves adults 50 and older. FMI: visit [www.kennebunkbeachclassic.com](http://www.kennebunkbeachclassic.com) or call The Center at 967-8514.



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**The Seashore Trolley Museum is open for the season! FMI visit [trolleymuseum.org](http://trolleymuseum.org).**

**Virtual Faerie House Exhibition**, Kennebunk Free Library, 112 Main Street, Kennebunk. FMI [www.kennebunkfreelibrary.org](http://www.kennebunkfreelibrary.org).

**Wednesday, May 5, 4:30 PM**  
**Nonfiction Book Group via Zoom**, hosted by Wells Public Library. The book is *Life* by Keith Richards. FMI and for Zoom invitation, email Cindy at [cappleby@wellstown.org](mailto:cappleby@wellstown.org) or call 207-646-8181.

**Thursday, May 6 (& Thursday, May 20), 10-11:30 AM**  
**Laudholm's Farming Past**, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells. Free. Registration required at [caryn@wellsnerr.org](mailto:caryn@wellsnerr.org) or 207-646-1555 ext 110. FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar).

**Friday, May 7 (& 14), 3 PM**  
**Friday Afternoon Gaming**, hosted by Kennebunk Free Library. Join every Friday to play Jackbox, a fun multiplayer game that you can play from a distance. This group is open to teens 10 and up. FMI, to register and for the Zoom link, call 985-2173 or visit [www.KennebunkLibrary.org](http://www.KennebunkLibrary.org).

**Saturday, May 8, 7:30-9:30 AM**  
**Birding by Ear**, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells. This event is co-hosted by York County Audubon. Expert bird mimic Dan Gardoqui will help you connect with birds you can't see by teaching you their songs and calls. \$25/\$20. Registration required at 646-1555 ext 116 or [suzanne@wellsnerr.org](mailto:suzanne@wellsnerr.org). FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar)

**Sunday, May 9**  
**Mother's Day at the Museum**, Brick Store Museum, 117 Main Street, Kennebunk. Visit with mom and order a to-go brunch/lunch/dinner from For the Love of Food and Drink to take with you after your visit. FMI on meal orders, visit [brickstoremuseum.org/calendar](http://brickstoremuseum.org/calendar). Visitors must reserve a time slot to visit. To register, visit [www](http://www).

**Monday, May 10 & Tuesday, May 11**  
**Auditions for City Theater's *The Marvelous Wondrettes***  
 The show will be directed by Linda Sturdivant with musical direction by Patrick Martin and choreography by Mariel Roy. All roles are available. FMI and to reserve an audition time, visit [www.citytheater.org/auditions](http://www.citytheater.org/auditions).

**Monday, May 10, 10-11:30 AM**  
**Nature Walk**, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells. Tour coastal habitats with a Wells Reserve naturalist. Free. Register at [caryn@wellsnerr.org](mailto:caryn@wellsnerr.org) or 646-1555 ext 110. FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar)

**Teens Take-home Kits Zoom Chat**, hosted by Kennebunk Free Library, 112 Main Street, Kennebunk, 3 PM. Each week

kits are available for pickup curbside. Weekly projects are either a craft or fun science experiment. For teens ages 10 and up. FMI, to register and for the Zoom link, call 985-2173 or visit [www.KennebunkLibrary.org](http://www.KennebunkLibrary.org).

**Wednesday, May 12, 10-11:30 AM**  
**Secrets of the Salt Marsh Walk**, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells. Learn what is special about these productive ecosystems, nestled between seashore and uplands, on a docent-led walk at the Wells Reserve that covers about 1 mile. Free. Registration required at [caryn@wellsnerr.org](mailto:caryn@wellsnerr.org) or 207-646-1555 ext 110. FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar)

**Saturday, May 15, 12-2 PM**  
**Book Signing: *The Magick of Bending Time in Your Sacred Business***, Trillium, 238 Main Street, Biddeford. Britt Bolnick will be signing and selling copies of her manual for managing time in your business while having time for everything else you love. FMI [www.trilliumonmain.com](http://www.trilliumonmain.com)

**"Planting and Basic Maintenance Through the Season"**  
 Frinklepod Farm, 244 Log Cabin Road, Arundel, 3-4:30 PM  
 Topics include seedlings, seeds, succession planting, mulching, weeding, watering, pruning, trellising and more. \$25/class for farm members, \$30 for non-members. FMI visit [www.frinklepodfarm.com](http://www.frinklepodfarm.com). 244 Log Cabin Road, Arundel.

**Dirt Walk**, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 10 AM-12 PM. In this walk, participants will carefully examine dirt, determine its origins, and consider the importance of good soil. Registration required at [linda@wellsnerr.org](mailto:linda@wellsnerr.org) or 207-646-1555 ext 128. Individual \$8/\$6, family \$20/\$15. Wells Reserve at Laudholm. 207-646-1555 or [wellsreserve.org/calendar](http://wellsreserve.org/calendar)

**Monday, May 17, 10:30 AM-12 PM**  
**Yankee Woodlot Walk**, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells. Discover how the Wells Reserve enhances wildlife habitat, protects water resources, and earns income over the long term on this seldom-visited parcel, with naturalist Tomas Dundzila. For ages 12 and up. Individual \$8/\$6, family \$20/\$15. Registration required at [caryn@wellsnerr.org](mailto:caryn@wellsnerr.org) or 207-646-1555 ext 110. FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar)

**Tuesday, May 18, 4 PM**  
**Write Now, Right Now: A Zoom Writing Group**, hosted by Graves Library, Kennebunkport. A new and different kind of writing group. Everything is virtual, everything is safe. Creative writing prompts will be given at the end of each meeting. FMI and to get the Zoom link, call 967-2778 or email [ml@graves.lib.me.us](mailto:ml@graves.lib.me.us).

**Wednesday, May 19, 10 AM-12 PM**  
**Explore the Shore**, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells. While strolling Laudholm Beach,

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# COMMUNITY CALENDAR

explore questions about the sand, the wrack line, and found objects. Free. Register at 207-646-1555 ext 110 or caryn@wellsnerr.org. FMI wellsreserve.org/calendar

**Library Sketch Club via Zoom**, hosted by Graves Memorial Public Library, 10 AM. Discuss art and share your work. A prompt will be given at the end of each meeting on what to sketch next. This group meets twice per month. FMI and for the Zoom link, call 967-2778.

**Fireside Readings**, hosted by Graves Memorial Public Library, 7 PM. Listen to stories, poems, tales, essays, drama and songs by the Fireside Readers, a small group of local actors, writers, book club members and a musician who love the written word and want to share the joys of reading and listening. Tune in on the Graves Memorial Public Library's Facebook page or YouTube channel, or watch on the Kennebunkport's cable channel 1301. FMI call 967-2778.

**Thursday, May 20, 10 AM**  
**Book Look with Miss Terri**, hosted by Graves Memorial Public Library, Kennebunkport. Miss Terri answers your letters and suggests a variety of books based on a particular subject (example: feelings, pets, biting, siblings). This program is pre-recorded and will be uploaded to Facebook, YouTube, and local access television. FMI call 967-2778.

**Wine On-Line with Maine & Vine via Zoom**, hosted by Graves Memorial Public Library, Kennebunkport, and Maine & Vine, Kennebunk, 5:30 PM. A fun hour of tasting, information, and trivia. FMI and to register, call 967-2778 by Wednesday, May 19. Participants are encouraged to purchase wine at Maine & Vine in Lower Village.

**Friday, May 21, 10 AM-12 OM**  
**Wonderful Weeds**, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells. Discover the medicines and foods underfoot on the Laudholm campus of the Wells Reserve, so you will recognize them as you explore your own yard or local park. Individual \$8/\$6, family \$20/\$15. Registration required at linda@wellsnerr.org or 207-646-1555 ext 128. FMI wellsreserve.org/calendar

**Saturday, May 22, 8:30 AM-12 PM**  
**UMaine Extension Plant Sale**, 15 Oak Street, Springvale. Annuals, perennials, vegetables, herbs, and houseplants will be for sale. Master Gardener volunteers will be available to advise and make garden suggestions. Proceeds benefit Master Gardener Volunteer programs in York County. FMI contact UMaine Extension in York County at 800-287-1535 or 324-2814.

**Sunday, May 23, 2 PM**  
**Pasco Lecture Series – An Interview with Maine Author Bruce Coffin**, hosted by Graves Memorial Public Library, Kennebunkport. Coffin will discuss his new book *Within Plain Sight* with local bookshop owner Kristen Kuehnle. Signed copies of the book will be available for sale starting Monday, May 10, at the library. To order, email ml@graves.lib.me.us or call 967-2778. This program will be available for viewing on Facebook (facebook.com/GravesLibrary), You-

Tube (youtube.com – search Graves Memorial Public Library), and Kennebunkport local access television.

**Tuesday, May 25, 3-3:30 PM**  
**Wee Reader Book Group**, hosted by Graves Memorial Public Library. Please call the library if you are interested in receiving the Zoom link. This is a "live" program. FMI call 967-2778.

**Wednesday, May 26, 2:15-3:30 PM**  
**MSK Book Group**, hosted by Kennebunk Free Library (host Jon Roy) and Graves Memorial Public Library (host Terri Bauld). For teens in grades 6-8. This month, the book is *A Wolf Called Wander* by Rosanne Parry. Stop by either library to pick up the book. To register, call Graves Library at 967-2778 or Kennebunk Free Library at 985-2173. Please read the book in advance of the meeting.

**Thursday, May 27, 6 PM**  
**Evening Book Group**, hosted by Graves Memorial Public Library, Kennebunkport. The current pick is *Mill Town* by Kerri Arsenault. This group meets the last Thursday of every month via Zoom. FMI call 967-2778 or visit www.graveslibrary.org

**Friday, May 28 and Saturday May 29, 10 AM-4 PM**  
**Outside Book Sale**, Graves Memorial Public Library, 18 Maine Street, Kennebunk. The Goose Rocks Firehouse will give tours of their truck, share donuts and more. FMI call 967-2778.

**Friday, May 28, 6-8 PM (show runs through June 25)**  
**Opening Reception for "Highlight: A Community Art Show,"** River Tree Arts, 35 Western Avenue, Kennebunk. This showputs the spotlight on visual artists throughout the community. Pieces will be available for purchase in-person and online. FMI visit www.rivertreegallery.org or email gallery@rivertreearts.org.

**Saturday, May 29, 7 PM**  
**Drive Up Concert: The Ghost of Paul Revere**, Vinegar Hill, 53 Old Post Road, Arundel. What better way to bring live music back to the Kennebunks than with the band whose song is the official State Ballad of Maine? This trio won "Best in Maine" at the New England Music Awards. Special guest will be The Jason Spooner Band. FMI vinegarhillmusictheatre.com

**Old Vines Wine Bar**  
Craft Cocktails + Kitchen

The Dock Squares are Back & Happy!

Saturday, May 15  
1-4 p.m.  
173 Port Road  
Lower Village Kennebunk

Guitars Saxophone  
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## TIDE CHART

### May 5 – May 19

<p><b>Wednesday, May 5</b> Low .....01:02 AM .....1.43 High .....07:19 AM .....9.09 Low ..... 01:47 PM .....0.55 High ..... 08:07 PM .....8.55 <b>Sunrise: 5:30 AM</b> <b>Sunset: 7:47 PM</b></p> <p><b>Thursday, May 6</b> Low .....02:06 AM .....1.21 High .....08:20 AM .....9.10 Low ..... 02:42 PM .....0.50 High ..... 09:00 PM .....8.83 <b>Sunrise: 5:28 AM</b> <b>Sunset: 7:49 PM</b></p> <p><b>Friday, May 7</b> Low .....03:01 AM .....0.93 High .....09:14 AM .....9.13 Low ..... 03:29 PM .....0.47 High ..... 09:45 PM .....9.08 <b>Sunrise: 5:27 AM</b> <b>Sunset: 7:50 PM</b></p> <p><b>Saturday, May 8</b> Low .....03:50 AM .....0.67 High .....10:01 AM .....9.14 Low ..... 04:10 PM .....0.49 High ..... 10:25 PM .....9.28 <b>Sunrise: 5:26 AM</b> <b>Sunset: 7:51 PM</b></p> <p><b>Sunday, May 9</b> Low .....04:33 AM .....0.46 High .....10:42 AM .....9.09 Low ..... 04:47 PM .....0.57 High .....11:01 PM .....9.41 <b>Sunrise: 5:25 AM</b> <b>Sunset: 7:52 PM</b></p>	<p><b>Monday, May 10</b> Low .....05:13 AM .....0.33 High .....11:21 AM .....8.99 Low ..... 05:22 PM .....0.70 High .....11:35 PM .....9.47 <b>Sunrise: 5:23 AM</b> <b>Sunset: 7:53 PM</b></p> <p><b>Tuesday, May 11</b> Low .....05:50 AM .....0.29 High .....11:59 AM .....8.83 Low ..... 05:56 PM .....0.88 <b>Sunrise: 5:22 AM</b> <b>Sunset: 7:54 PM</b> <b>New Moon: 3:01 PM</b></p> <p><b>Wednesday, May 12</b> High .....12:09 AM .....9.45 Low .....06:27 AM .....0.34 High .....12:37 PM .....8.62 Low ..... 06:30 PM .....1.09 <b>Sunrise: 5:21 AM</b> <b>Sunset: 7:55 PM</b></p> <p><b>Thursday, May 13</b> High .....12:44 AM .....9.35 Low .....07:03 AM .....0.48 High ..... 01:15 PM .....8.37 Low ..... 07:06 PM .....1.34 <b>Sunrise: 5:20 AM</b> <b>Sunset: 7:56 PM</b></p> <p><b>Friday, May 14</b> High .....01:20 AM .....9.17 Low .....07:42 AM .....0.69 High ..... 01:56 PM .....8.09 Low ..... 07:44 PM .....1.61 <b>Sunrise: 5:19 AM</b> <b>Sunset: 7:58 PM</b></p>	<p><b>Saturday, May 15</b> High .....01:59 AM .....8.96 Low .....08:22 AM .....0.92 High ..... 02:39 PM .....7.82 Low ..... 08:24 PM .....1.88 <b>Sunrise: 5:18 AM</b> <b>Sunset: 7:59 PM</b></p> <p><b>Sunday, May 16</b> High .....02:41 AM .....8.74 Low .....09:05 AM .....1.12 High ..... 03:26 PM .....7.61 Low ..... 09:09 PM .....2.09 <b>Sunrise: 5:17 AM</b> <b>Sunset: 8:00 PM</b></p> <p><b>Monday, May 17</b> High .....03:28 AM .....8.59 Low .....09:53 AM .....1.25 High ..... 04:16 PM .....7.51 Low ..... 09:59 PM .....2.19 <b>Sunrise: 5:16 AM</b> <b>Sunset: 8:01 PM</b></p> <p><b>Tuesday, May 18</b> High .....04:18 AM .....8.53 Low .....10:44 AM .....1.26 High ..... 05:08 PM .....7.58 Low .....10:53 PM .....2.13 <b>Sunrise: 5:15 AM</b> <b>Sunset: 8:02 PM</b></p> <p><b>Wednesday, May 19</b> High .....05:12 AM .....8.59 Low .....11:38 AM .....1.14 High ..... 06:00 PM .....7.85 Low .....11:50 PM .....1.87 <b>Sunrise: 5:14 AM</b> <b>Sunset: 8:03 PM</b></p>
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Note: The number for each high and low tide indicates the height in feet above or below sea level. This chart shows tides for the mid-coast of York County; tide times are a few minutes earlier to the north (Old Orchard Beach) and a few minutes later to the south (York Beach). Tides are affected by the weather and cycles of the moon; the actual times and tide heights can differ slightly from the predictions above.

## Port Hardware

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Sun. 9-1

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## Live Music

### Bentley's Saloon

1601 Portland Road, Arundel  
 May 7: Iron Dynamite 5-9PM  
 May 8: BoneShakerz 2-5PM / Rosie Band 6-9PM  
 May 9: Rick & Jerry from Nightrockers 2-6PM  
 May 13: Jose Duddy 5-8PM  
 May 14: Texas Pete 5-9PM  
 May 15: Brazen Cane 2-5PM  
 May 16: Alex Roy 2-6PM  
[www.bentleyssaloon.com](http://www.bentleyssaloon.com) | 985.8966

### The Brunswick

39 West Grand Avenue, Old Orchard Beach  
 Live Music Friday 8PM-midnight,  
 Saturday 2PM-midnight and Sunday 3-7PM  
[www.thebrunswick.com](http://www.thebrunswick.com) | 934.4873

### Chap's Saloon

1301 Long Plains Road, Buxton  
 May 7: Unknown Band 4PM  
 May 9: Broken Theory 1PM  
 May 14: Chris Leavitt 4:30PM  
 298.9044

### Clay Hill Farm

220 Clay Hill Road, Cape Neddick  
 Live Music every Friday-Sunday Nights  
[www.clayhillfarm.com](http://www.clayhillfarm.com) | 361.2272

### Féile Restaurant & Pub

1619 Post Road, Wells  
 May 15: Beau Dalleo Trio 6:30PM  
[www.feilerrestaurantandpub.com](http://www.feilerrestaurantandpub.com) | 251.4065

### The Front Porch

9 Shore Road, Ogunquit  
 May 6: Isaiah Bennett 4-7PM; Robert Dionne 7:30-10PM  
 May 7: Robert Dionne 4-8PM; Keith Belanger 8-11:30PM  
 May 8: Jason Weber 10AM-2PM; Michelle Currie 4-8PM  
 Keith Belanger 8-11:30PM  
 May 9: Jason Weber 10AM-2PM; Robert Dionne 4:30-8:30PM  
 May 12: Michelle Currie 4:30-8:30PM  
 May 13: Isaiah Bennett 4-7PM; Robert Dionne 7:30-10PM  
 May 14: Robert Dionne 4-8PM; Keith Belanger 8-11:30PM  
 May 15: Jason Weber 10AM-2PM; Michelle Currie 4-8PM  
 Keith Belanger 8-11:30PM  
 May 16: Jason Weber 10AM-2PM; Robert Dionne 4:30-8:30PM  
 May 19: Michelle Currie 4:30-8:30PM  
[jwww.thefrontporch.com](http://jwww.thefrontporch.com) | 646.4005

### Funky Bow Brewery and Beer Company

21 Ledgewood Lane, Lyman  
 May 14: Michael Corleto Solo 4:30PM  
 May 16: Andy MacLeod and Paul Chase Jr 1-5PM  
[www.funkybowbeercompany.com](http://www.funkybowbeercompany.com) | 409.6814

### Hurricane Restaurant

29 Dock Square, Kennebunkport  
 May 9: Chris Joseph noon-3PM  
 May 12: Dapper Gents  
 May 16: Chris Joseph noon-3PM  
 May 19: Beau Dalleo  
[www.hurricanerestaurant.com](http://www.hurricanerestaurant.com) | 967.9111

### Nikanos Mediterranean

173 Main Street, Ogunquit  
 May 7: Beau Dalleo 8-11PM  
 May 8: Eric Andrews Jazz String Quintet 8-11PM  
 May 9: Mark Lapointe noon-3PM  
 May 14: Beau Dalleo 8-11PM  
 May 15: Eric Andrews Jazz String Quintet 8-11PM  
 May 16: Amanda Dane noon-3PM  
[www.nikanos.com](http://www.nikanos.com) | 646.1112

### Old Vines Wine Bar

173 Port Road, Kennebunk  
 May 6: Chris Joseph 5-8PM  
 May 8: Chris Ross Band 1-4PM  
 May 9: Bread & Circus 12-3PM; Rob & Mike 4-7PM  
 May 13: Trio Nova 5-8PM  
 May 15: The Dock Squares 1-4PM  
 May 16: Initials JR 1-4PM  
[www.oldvineswinebar.com](http://www.oldvineswinebar.com) | 967.2310

### The Pilot House

4 Western Avenue, Kennebunk  
 May 9: Ben Lyons 1-4PM  
[www.thepilothouseme.com](http://www.thepilothouseme.com) | 204.0709

### Ryan's Corner House Irish Pub

17 Western Avenue, Lower Village Kennebunk  
 Fridays: Jim Brady 6:30-9:30PM  
 Saturdays: The Barmen 6:30-9:30PM  
 967.3564

### Wiggly Bridge Distillery

441 US Route 1, York  
 May 8: Ben Lyons 5-8PM  
 May 15: Ben Kilcollins 5-8PM  
[www.wigglybridgedistillery.com](http://www.wigglybridgedistillery.com) | 363.9322

## ENTERTAINMENT NEWS

### City Theater welcomes back audiences in July

City Theater will open to in-person audiences on July 23 and shows will run through August 1. The first show is going to be *The Marvelous Wonderettes*, written and created by Roger Bean. This cotton-candy colored, non-stop pop musical takes the audience to the 1958 Springfield High School prom where the audience meets the Wonderettes – four girls with hopes and dreams as big as their crinoline skirts and voices to match. In the second act the Wonderettes reunite to take the stage and perform at their ten-year

reunion. The audience learns about their lives and loves as the girls performing classic '50s and '60s pop songs including "Lollipop," "Dream Lover," "Stupid Cupid," "I Only Want To Be With You" and "Wedding Bell Blues."

Auditions for *The Marvelous Wonderettes* will be held May 10 & 11 at City Theater, 205 Main St. Biddeford, and are by appointment only. *The Marvelous Wonderettes* runs July 23, 24, 30 and 31 at 7:30 PM July 25 & August FMI visit [www.citytheater.org](http://www.citytheater.org)

### Vinegar Hill Music Theatre brings music and connection back to town

Since closing last March, Vinegar Hill Music Theatre has been hard at work preparing to safely emerge from hibernation with new wonderful programming. Upcoming events include Drive-up Movies (*Wonder Woman* on Friday, May 28, at 8:30 PM; *Message in a Bottle* on Wednesday, June 23, at 8 PM; *Jurassic Park* on Wednesday, July 7 at 8 PM), Drive-up Concerts (The

Ghost of Paul Revere on May 29, at 7 PM; Adam Ezra Group on Saturday, June 19, at 7 PM; Recycled Percussion on Thursday, July 8, times vary), Drive-up Comedy (Justin McKinney on Friday, June 18, at 8 PM), and Kids Take Over the Barn movies (*E.T.* on Thursday, June 24 at 7 PM); *Hook* on Thursday, July 1 at 7 PM). FMI visit [vinegarhillmusictheatre.com](http://vinegarhillmusictheatre.com).

### It's a backyard bash at Ogunquit Playhouse this summer

Live theatre returns to Maine's Southern Seacoast this summer with a lineup including *Spamalot*, *Escape to Margaritaville*, *Mystic Pizza*, and *Young Frankenstein*. Seating in The Pavilion is limited, so purchase tick-

ets early. General Public sales begin April 26 online at [ogunquitplayhouse.org](http://ogunquitplayhouse.org) and by phone at 646.5511. FMI visit [www.ogunquitplayhouse.org](http://www.ogunquitplayhouse.org) or email [mstailey@ogunquitplayhouse.org](mailto:mstailey@ogunquitplayhouse.org)

## Tourist & Town Delivery Locations

You can find Tourist & Town at carefully selected locations up and down the south coast from Kittery to Old Orchard Beach, including, but not limited to:

<i>In Kittery</i>	Budget Box	David's Restaurant
Information & Visitor Center	Cape Porpoise Kitchen	Dock Square Coffee
	Cherie's	Fine Print Booksellers
<i>In York</i>	Christian's Cafe	Kennebunkport Inn
Anthony's Food Mart	Cloth Interiors	Landmark Gallery
Bell Farm Shops	Coffee Roasters	Louis T. Graves Library
Long Sands Store	Coldwell Banker	Port Lobster
York Chamber/Visitor Center	Cummings Market	Scalawags
York Hannaford	English Meadows	The Nonantum
	Federal Jacks	
<i>In Cape Neddick</i>	Fleurant	<i>In Cape Porpoise</i>
Cape Neddick Post Office	Fresh Start	Atlantic Hall
Shops at Cape Neddick	Garden Street Bowl	Bradbury Brothers Market
	Green Tangerine	Cape Pier Chowder House
<i>In Ogunquit</i>	HB Provisions	Cape Porpoise Kitchen
Big Daddy's Ice Cream	Hurlbutt Designs	Schlegel Realty
Calluna Flowers	Kennebunk Free Library	Wright Gallery
Mornings in Paris	Kennebunk Hannaford	
Ogunquit Chamber	Kennebunk, Kennebunkport & Arundel Chamber	<i>At Goose Rocks</i>
	Kennebunk Outfitters	Goose Rocks Beach Gift Shop
<i>In Wells</i>	Landing Store	Hidden Pond Resort
Americana Workshop	Live Cafe	Musette
Big Daddy's Ice Cream	Mail-It Unlimited	Tides Beach Resort
Castaways at Compass Pointe	Maine Art	
Congdon's	Mornings in Paris	<i>In Arundel</i>
Downeaster Train Station	Necessary Tires	Bandaloop Restaurant
Hampton Inn	Old House Parts	Branch Brook Fuels
IGA Food Market	Old Vines Wine Bar	Mike's American Diner
Maine Diner	Outta the Box	Weirs
Mike's American Diner	Pack Maynard	
Moody Post Office	Port Hardware	<i>In Biddeford</i>
Reed's Antiques	Portside Realty	Biddeford-Saco Chamber
Renys	Seaside Gallery & Gifts	Market Basket
Scoop Deck Ice Cream	Snug Harbor Farm	McArthur Public Library
Tully's Beer & Wine	The Center	Trillium
Wells Chamber of Commerce	The Landing Store	<i>In Saco</i>
Wells Hannaford	The ReStore	Dyer Library
Wells Post Office	The Blue	Downeaster Train Station
Wells Public Library	Will's Copy	Renys
		Saco Shaws
<i>In Kennebunk</i>	<i>In Kennebunkport</i>	<i>At Old Orchard Beach</i>
All Day Breakfast	Alisson's Restaurant	Downeaster Station
Andrews Milligan Real Estate	Arundel Wharf Restaurant	Old Orchard Beach Chamber
Antiques on Nine	Coastal Jewelers	
Batson River	Colonial Pharmacy	<i>In Ocean Park</i>
Bitter End Restaurant	Colony Hotel	Public Library
Boulangerie: A Proper Bakery	Dannah	Ocean Park
Brick Store Museum	Dannah for Men	



These businesses have outside newspaper boxes.

Let us know if you would like to become part of our route!

# Community Bulletin Board - Mother's Day Messages & More

Happy Mother's Day Mom!  
 You've done so much for us and we  
 hope you have a great Mother's day!  
 Alexander & Lauren

A million hugs and kisses  
 – and a Happy Mother's (and Bama's) Day! –  
 to Joni Litwiller, who always makes us feel  
 like the most special people on earth!  
 Evey, Sara and Brandon

Linda Johnson. . .  
 friend, neighbor, volunteer extraor-  
 dinaire and mom!  
 Wishing our mom a very happy  
 Mother's Day  
 Hope you enjoy your day  
 Love M, H, & K

Sending Mary Couming (Nana) a  
 message of love on this Mother's Day.  
 Thank you for all you do for your  
 children and grandchildren.



To Lisa Mills.  
 "Mom, thank you for being  
 our high note!  
 Your love and care  
 mean the world to us.  
 Happy Mother's Day!  
 We love you!!  
 - Aly, Wes, Sammy & Wesley

Joyce (Nonnie) Reetz:  
 Happy Mother's Day  
 to you – with love  
 from your children  
 and grandchildren.  
 Enjoy your day

Kathy Jabour  
 We are so blessed  
 to have you in  
 our lives. Happy  
 Mother's Day,  
 Love Reetz5

**Attention  
 Tourist & Town Readers!**  
 Get in on the action  
 with our new  
**Community Bulletin Board.**  
 Post help wanted ads,  
 business announcements,  
 birthday messages and  
 other special greetings  
 and so much more!  
 Just email us for details:  
 publisher@touristandtown.com



[rivertreearts.org](http://rivertreearts.org)

Mom, thank you for teaching me  
 how to love unconditionally and  
 stand up for what I believe in.  
 Hunter and I are so lucky  
 to have you!  
 Vuwoo, Meghan

**Kennebunk Dog Park Update:**  
 The method of donations has  
 changed. There is no longer a post  
 office box, but the Town of  
 Kennebunk has been supportive  
 in allowing donations to be made  
 payable to the Town of Kennebunk  
 with "Kennebunk Dog Park" refer-  
 enced in the memo section. Just mail  
 your donations directly to the town  
 of Kennebunk!

Photograph of a long-standing  
 Kennebunk bulletin board by Dana Pearson

**SIMON**  
 Says

Simon Says  
 returns to T&T  
 in our next issue,  
 so start sending in your  
 real estate questions today!  
[rsimon@legacysir.com](mailto:rsimon@legacysir.com)

Randal Simon has been a real estate broker for  
 over 30 years. His column was in the Portland  
 Press Herald for many years; he is now pleased  
 to be participating locally in Tourist & Town.



Picture the songs  
 of  
 Springtime!

Sandy Gnidziejko Photography  
 207-751-6466 sgnidzie@maine.rr.com  
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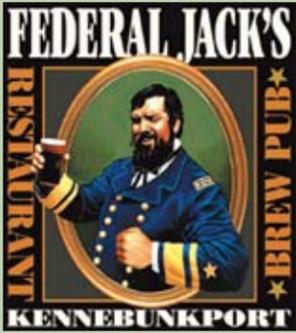
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## TOURIST & TOWN PUBLISHING SCHEDULE

Newspaper Issue Date	Deadline: Ads & PR
Thursday, April 22	Wednesday, April 14
Thursday, May 6	Wednesday, April 28
<b>Thursday, May 20 Next up! Memorial Day Issue!</b>	Wednesday, May 12
Thursday, June 3	Wednesday, May 26
Thursday, June 17	Wednesday, June 9
<b>*Summer 2021 magazine</b>	
Thursday, July 1	Wednesday, June 23
Thursday, July 15	Wednesday, July 7
Thursday, July 29	Wednesday, July 21
Thursday August 12	Wednesday, August 4
Thursday, August 26	Wednesday, August 18
<b>*Fall 2021 magazine</b>	
Thursday, September 9	Wednesday, September 1
Thursday, September 23	Wednesday, September 15
Thursday, October 7	Wednesday, September 29
Thursday, October 21	Wednesday, October 13
Thursday, November 4	Wednesday, October 27
<b>*Winter 2021 magazine</b>	
Thursday, November 18	Wednesday, November 10
Thursday, December 2	Wednesday, November 24
Thursday, December 16	Wednesday, December 8
Thursday, December 30	Wednesday, December 22

\*Stay tuned for specific release dates and due dates for our seasonal magazines.



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 inside or al fresco.



**Old Vines Wine Bar**  
 Lower Village, Kennebunk, Maine

[ovwb.me](http://ovwb.me)



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KENNEBUNK BEACH REALTY - 207.967.5481 - [KENNEBUNKBEACHREALTY.COM](http://KENNEBUNKBEACHREALTY.COM)

[INFOSALES@KENNEBUNKBEACHREALTY.COM](mailto:INFOSALES@KENNEBUNKBEACHREALTY.COM)

SALES AND RENTALS

25 WESTERN AVENUE (ROUTE 9) KENNEBUNK, ME 04043

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22 PIER ROAD, KENNEBUNKPORT - Own a slice of Cape Porpoise paradise! 2.64 acre parcel of waterfront property. This plot currently has 3 single family homes and 1 duplex on the property. Live in 1 property, rent the others, rent all properties, or buy for the land and build your dream home! \$3,300,000



CHESTNUT LANE, KENNEBUNK - Attractively sited on a quiet cul-de-sac just outside downtown Kennebunk. This to be built home has 3 bedrooms with primary bedroom on the first level with it's own bath. \$589,000