

TOURIST&TOWN

May 12, 2022

Volume 64

Issue 4



PEOPLE PLACES FOOD ART EVENTS REAL ESTATE

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Publisher's Note

Spring in southern Maine is magic. Pure magic.
The sun, the air, the flowers, the mulch, the baseball, the parades, the seasonal openings, the farmers’ markets, the reappearance of ICE CREAM . . . these are just some of the welcome signs of spring.
Yes, it’s a feast for the senses around here right now – and here’s to soaking it all in!

Enjoy!

Kingsley
Kingsley Gallup, Publisher



YOUTH COVER ART CONTEST!

TOURIST&TOWN is giving the cover of the Fourth of July issue to the juniors, ages 5-17! The selected painting will fill the 11 x 16" cover with artist’s bio and photo on inside cover. A vertical layout is best. Send artwork to publisher@touristandtown.com. Deadline is June 10!

TOURIST&TOWN MAGAZINE

Summer 2022 Magazine Deadline is May 27

Cover Artist: Bobbi Heath

Turn to page 6 for the artist’s bio.

2022 PUBLISHING SCHEDULE

Remaining 2022 Issues

ISSUE DATE

Newspaper: Thursday, May 12
Newspaper: Thursday, May 26 (Memorial Day Issue)
Newspaper: Thursday, June 9
Summer Magazine
Newspaper: Thursday, June 23
Newspaper: Thursday, July 7 (Weeklies begin)
Newspaper: Thursday, July 14
Newspaper: Thursday, July 21
Newspaper: Thursday, July 28
Newspaper: Thursday, August 4
Newspaper: Thursday, August 11
Newspaper: Thursday, August 18
Newspaper: Thursday, August 25
Newspaper: Thursday, September 1 (Labor Day Issue)

Fall Magazine

Newspaper: Thursday, September 22
Newspaper: Thursday, October 6 (Columbus Day Issue)
Newspaper: Thursday, October 20

Holidays Magazine

Newspaper: Thursday, November 24 (Prelude Issue)

ADS/PR DUE

Wednesday, May 4
Wednesday, May 18
Wednesday, June 1
Friday, May 27
Wednesday, June 15
Wednesday, June 29
Wednesday, July 6
Wednesday, July 13
Wednesday, July 20
Wednesday, July 27
Wednesday, Aug 3
Wednesday, Aug 10
Wednesday, Aug 17
Wednesday, Aug 24
Friday, August 12
Wednesday, Sept 14
Wednesday, Sept 28
Wednesday, Oct 12
Friday, Oct 28
Wednesday, Nov 16



In this Issue

Kayaking the Kennebunk With Lily – pages 6 & 7
Maine Art Hill – page 8
T&T's Whaddya See? – page 10
T&T's Pick of the Week – page 10 **NEW!**
Kitchen Talk: Tips, Tidbits, Recipes and Tools – page 11
It's Like This with Dana Pearson – page 12
Calendar – page 12
Old Orchard Beach Pioneers Early Aviation – page 13
Wake up Your Lawn This Spring – page 14
Live Music – page 15

"Check out my story on page 6 of this issue!"
~ Lily





Photo by Sharon Bates

We are keeping things a bit more moderate in this issue, as we prepare for a very special Memorial Day issue, up next!



What's my name? What's my name?



What's my name? What's my name?

We love a good contest. And T&T's new mascot needs a name. Put 'em together and it's a Mascot Naming Contest! Send us your suggestions! A fun prize awaits the winner!

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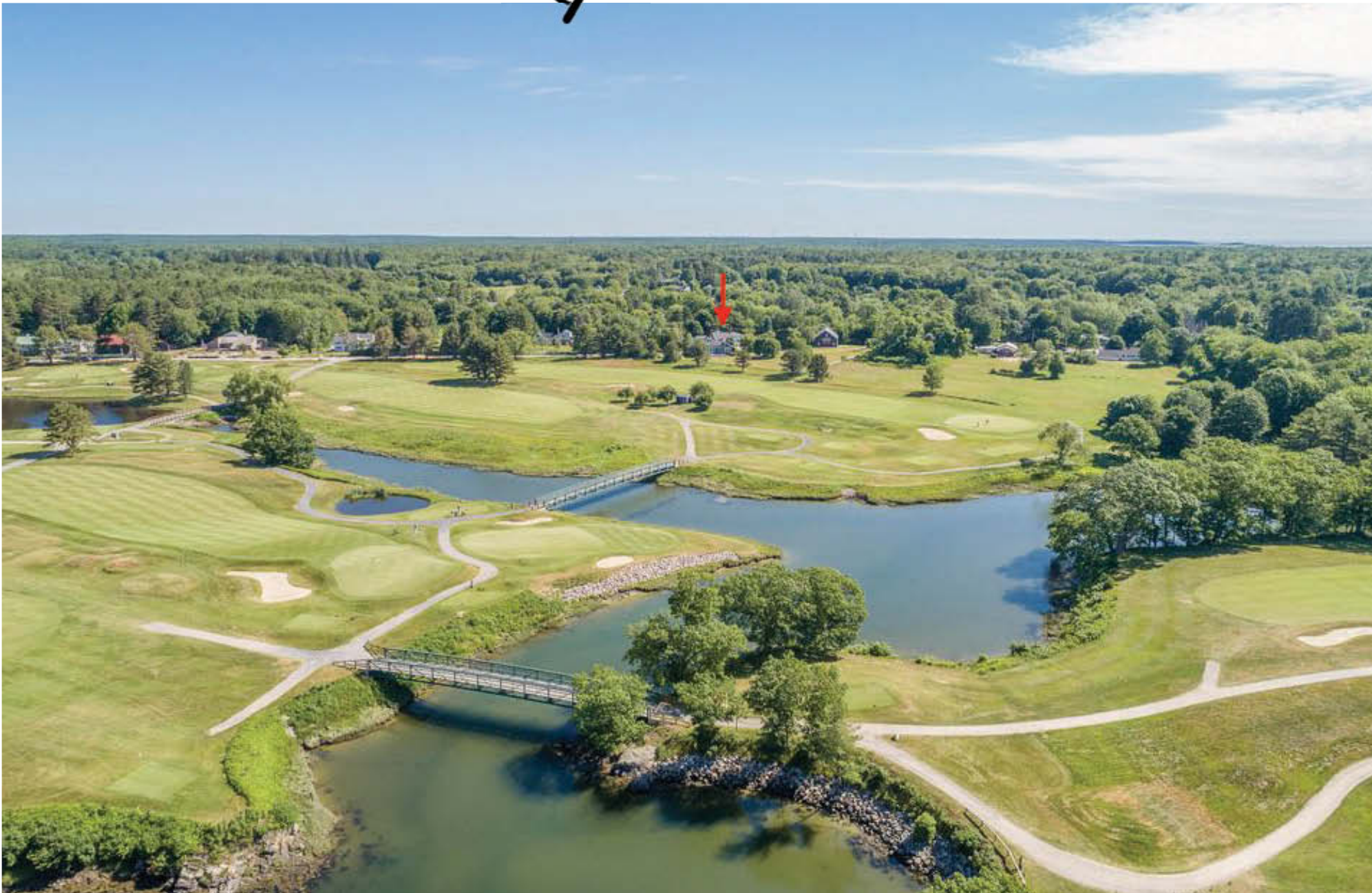
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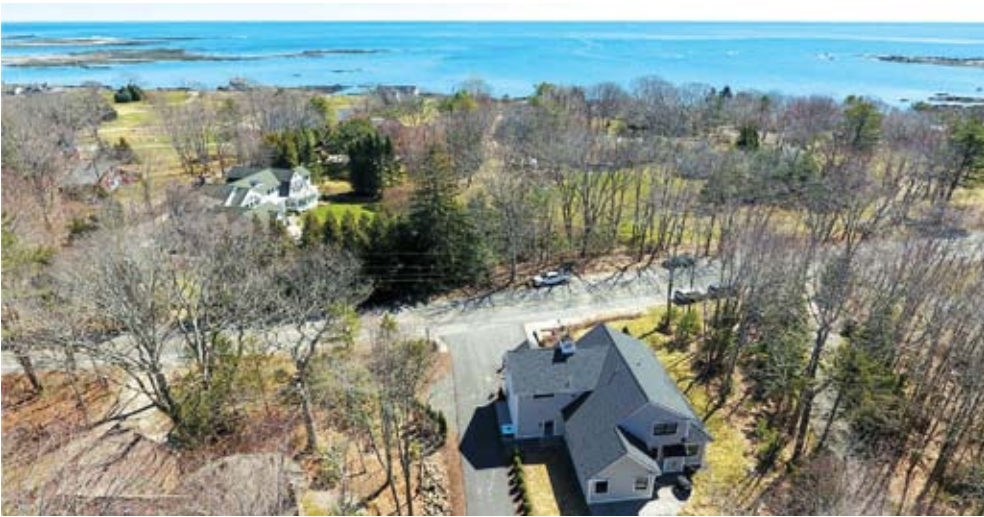
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Kayaking the Kennebunk every month of the year – with companion

by Valerie Marier

"Kayaking with my dog Lily is one of the simple pleasures of my life," Kennebunk resident Sharon Bates said. "I like to take advantage of my location on Gooch's Creek and use good weather and high tide days to go." And go she did!

Since last May 1, Bates kayaked 72 times on the Kennebunk River and its adjacent tidal inlets. That might be

standard fare for other ardent kayakers but Bates chose more than balmy summer mornings and mellow fall afternoons to dip her paddle in the water. She launched her 12-foot Loon by Old Town to head upstream to the Port or through Gooch's Creek during Maine's wicked winter weather, including nippy November, shivery December, just-above-freezing January, frosty February, blustery

March and April-showers-bringing-May-flowers. "Winter kayaking is positively exhilarating!" she said.

Bates, who is in her early 70s, was encouraged to "kayak at least once every month of the year" by local pals Janet Westin and Pat Smith. With her slender physique honed at twice-a-week yoga sessions and three-times-a-week workouts with a physical trainer, Bates was confident she could rise to her friends' challenge. She believes, "Age is only a number, so stay active to be active, and take advantage of where you are planted so you can continue to grow."

In 2001, Bates and husband Glen "planted" themselves in a house sitting a stone's throw from Gooch's Creek, a tidal inlet near the mouth of the Kennebunk. "I started kayaking but got more serious about it five years ago," she said. She upgraded to a 12-foot Loon because of its maneuverability and comfy seat. "The color – lemongrass – is great too because my kayak is easily spotted in foggy weather and sunrise."

But probably the best part of her new Loon was its larger cockpit that easily accommodates a dog – or two. "I started bringing my dogs, first Rosie, then Lily, with me," she said. Alas, Rosie is now in Doggy Heaven so Lily, a 2 1/2-year-old Australian Labradoodle, serves as solo first mate.

"Launching from my yard is best when the tide is at least 8 1/2 feet," Bates said. "But I wait for 9-foot tides to paddle under the bridge on Beach Avenue and head up



Above: Sharon Bates and her dog Lily sitting in her kayak adjacent to Gooch's Creek. Photo by Val Marier. At right: Lily always wears Rex Specs when she's in Sharon Bates' kayak. Here she is on the Kennebunk River. Photo by Sharon Bates

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— continued on next page —

Cover Artist Bobbi Heath

Bobbi Heath is an artist and painting instructor, in love with the New England coast. Her bold and colorful oil paintings invite you to remember your summers on the water, all year round.

Bobbi's painting took off when she discovered daily painting, the practice of regularly creating small paintings in a single sitting. That experience led her to plein air painting, working outside from direct observation. She has long been a boater, and Bobbi and her husband enjoy sailboats and their lobster boat style cruiser. They split their time between Casco Bay in Maine and Buzzards Bay in Massachusetts.

Bobbi is represented by Yarmouth Frame and Gallery in Yarmouth, Maine, and The Drawing Room in New Bedford, Massachusetts. Paintings and classes are

also available on her website at www.bobbiheath.com. She's participated in numerous plein air festivals, including Ocean Park (ME), Castine (ME), Long Beach Island (NJ), and Brandywine (PA).



Contributors This Issue:

When he's not writing stories and drawing pictures, for the summer Steve Hrehovcik enjoys watching birds fly in and out of the many birdhouses he's put up, riding his John Deere to mow his ever-growing lawn and sipping a cool libation while rocking on the porch swing with his wife Carol.



I celebrate my 80th birthday this week. I've lived in 6 states, moved 10 times, owned 12 cars, have 4 fantastic grands, and am married to 1 Mr. Wonderful. I like my numbers!

Spring is such a cool time. It anticipates Maine's summer season. And it's time for The Dock Squares, my band, to play out. Oh happy day!



Dana Pearson, a writer and musician living in Kennebunk, enjoys the spring, even though the pollen occasionally wreaks havoc on his sinuses.



A heartfelt thank you to everyone who contributes to Tourist & Town!

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Above: Sharon and Lily enjoyed the challenge of kayaking at least once a month on the Kennebunk, but there was no question they especially enjoy paddling up the river on balmy days. Photo by Glen Bates. Above right: Lily and Sharon kayaked at least once a month this past year on the Kennebunk River and its tidal estuaries. Here she waits happily for Sharon to put her in the kayak and paddle Gooch’s Creek. Photo by Sharon Bates.

to Kennebunkport.” Bates sometimes eschews the river entirely to paddle Gooch’s Creek all the way to On The Marsh restaurant or to Boothby Road.

“My shortest trip was this past February when it was really really cold,” she said. To fend off chills on wintry days, Bates wore knee-high NRS neoprene boots, a down vest, Gortex pants and jacket, and “grippy gloves.” Lily, however, was content sporting her Rex Specs sunglasses.

“Sunrise is my favorite time to be out on the water,” she said. “It’s serene at 5 AM. Seeing blue herons and other wildlife, and sometimes the lobster boats shrouded in mist, lets me start each day with a grateful heart.”



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KW Contemporary Art announces "Summertide"

Celebrating its second anniversary, KW Contemporary Art is pleased to present "Summertide," its annual summer group exhibition, which will run May 28 through June 28.

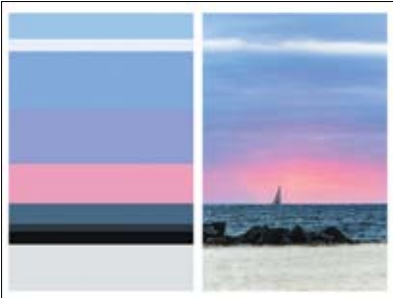
Curated by owner and director Kiersten Wilcox, Summertide features the newest work from gallery artists Pedro Bonnin, Elaine Coombs, Susan English,

Havoc Hendricks, Jeremy Houghton, KX2, Matthew Langley, James Austin Murray, Yangyang Pan, AJ Oishi, Mareo Rodriguez, Michelle Sakhai, Chloe Saron, and Hunt Slonem.

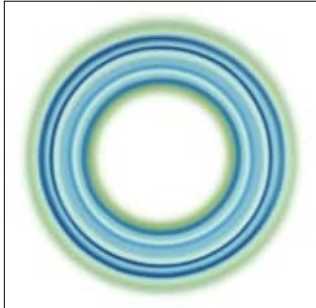
The exhibition will premiere the works of Liz Barber, Serge Hamad, and Heather Zusman. The opening reception will be held on Saturday, May 28, from 5 to 8 PM and is open to the public.

The exhibition explores the coastal influences on contemporary art while also infusing abstract qualities. Color and form inform the works, asking the viewer to look beyond their perceived notions and explore new avenues of thought. Works ranging from abstract sculpture, paintings of birds in flight, interpretations of the sky, and contemporary photography will be on view.

KW Contemporary Art features



a dynamic roster of artists ranging from emerging talents to mid-career established artists from around the world. The gallery can be found at 184 Port Road, in Lower Village, Kennebunk, near Dock Square above Spaces Interior Design store. FMI call 204-0480.



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How keen are *your* powers of perception?

Photos by Joshua Hrehovcik. Editing by Geraldine Aikman

Answers on page 14

Seacoast Garden Club "digs" into spring with flowers, plants, gardens and pies

Members of the Seacoast Garden Club of Kennebunkport, Kennebunk and Arundel are welcoming spring with numerous seasonal activities.

On April 28, members gathered at the Kennebunk Beach home of Buffie Clarke to assemble nearly 90 May baskets for distribution to the homebound, elderly and garden club friends in the area. Clarke has chaired this annual community outreach project for several years and appreciated the large array of colorful flowers that Seacoast members donated to the effort.

Members are also lining up their schedules to prep and weed various gardens throughout Kennebunkport and Kennebunk that the club maintains from late spring to the fall. These gardens include the Community House, Graves Memorial Library, post office and Dock Square monument garden in Kennebunkport, and also the library, town hall and Oakes Neck peninsula opposite the Narragansett in Kennebunk Beach.

The major fund-raising effort of the Seacoast Garden Club is their annual Plant and Pie Sale, traditionally held the Saturday of Memorial Day weekend. This year's popular sale, featuring home-grown plants and homemade fruit pies, is scheduled for Saturday, May 28, at St. Martha's Church, Route 1, Kennebunk, beginning at 8:30 AM sharp. (Note: this is a popular event! The pies and plants sell out quickly!)

Members of the club, who hail from Kennebunkport, Kennebunk, Arundel and Wells, contribute these healthy vegetables, flowers and herbs from their own gardens. Proceeds of the sale help fund the Thompson Pelletier Scholarship Fund.

At right: Club members plant, water, weed and hoe this garden at the Kennebunkport Post Office all summer long. Photo courtesy of Seacoast Garden Club



T&T'S PICK OF THE WEEK

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Old Orchard Beach pioneers early aviation history

by Steve Hrehovcik

Old Orchard Beach has a storied history as a vacation attraction since the early 1800s. Each summer more than 75,000 visitors come to enjoy its seven-mile sandy beach, landmark pier, amusement parks, museums and galleries, shopping areas, restaurants and countless recreational activities.

Almost overlooked by the rush of current events is one of most remarkable parts Old Orchard Beach played in the early days of aviation. Due to its hard-packed sand beach being used as a launching strip for adventurous cross-Atlantic flights to Europe, the town gained a reputation with pioneering aviators and admirers.

Perhaps the most renowned aviation event occurred on July 24, 1927. Legendary American flyer Charles Lindbergh had embarked on a cross-country goodwill tour in his aircraft the Spirit of St. Louis. The tour celebrated his historic solo flight across the Atlantic from New York to Paris two months earlier.

He planned to land in Portland, but the city was fogbound. At the last minute, Lindbergh rerouted his plane to Old Orchard Beach, where he knew he could make a safe landing. The next morning an adoring crowd greeted him. After waiting for the tide to recede and the sand to harden, he took off to complete his national tour.

Years earlier, in 1919, another aviation pioneer, Rhode Island native Harry M. Jones, moved to Old Orchard Beach following a number of flying exploits. These included landing his plane on the Boston Com-

mons in 1912 as part of a challenge by a Boston newspaper.

In 1913 he became the first pilot to carry an air parcel post, which consisted of a cargo of baked beans. He gained popularity as he traveled the country on the barnstorming circuit and became a test pilot and instructor for Army pilots.

A short time after Jones settled in Old Orchard Beach, he opened an airport and hangar on the beach, which he would continue to operate for 20 years. He became a major figure in Maine's aviation, including positions as Maine State Aviation Commissioner in the 1930s.

Aviation at Old Orchard Beach gained such enthusiastic public support, in 1921 town officials adopted an ordinance to allow planes on the beach.

Through the years, a variety of aerial events helped build the popularity of the beach. Among these were air meets, starting in 1923, which lasted four days. Visiting pilots positioned their planes on the sand for thousands of spectators to view. Other events included visits by Miss America on several occasions, often appearing with aviator Jones on the beach.

One of the more bizarre events occurred in 1929, when French pilots Jean Assolant, René LeFevre and Armand Lotti took off from Old Orchard Beach with the goal of crossing the Atlantic and landing in Spain in their plane called Yellow Bird. The pilots were unaware they had a stowaway, Arthur Schreiber, aboard. Because of Schreiber's extra weight, it caused a fuel

shortage. They were forced to land in Mimizan Beach, France, hundreds of miles short of the destination.

While aviation at Old Orchard Beach became a popular trend, it also recorded several tragic events.

Four months after the success of Lindbergh's 1927 transatlantic flight, pilots James DeWitt Hill and Lloyd Wilson Bertaud, along with a newspaperman passenger, attempted to make a non-stop 4,000-mile flight to Rome in their plane Old Glory. But a short time into the flight, the plane was lost at sea with no word of any survivors.

Also in 1927, inspired by Lindbergh's solo flight, Frances Wilson Grayson, niece of President Woodrow Wilson, arrived in her Sikorsky S-36 amphibian plane name Dawn. She and her crew were determined to cross the Atlantic to Copenhagen. Bad weather and engine problems forced them to return. They attempted to make the flight from New York, but the plane was lost at sea.

In 1931 famed aviator Wiley Post and his navigator Harold Gatty landed their plane Winne Mae on the beach. Post and Gatty set a world record for flying around in 8 days and 16 hours in 1931. In 1935, on a flight near Point Barrow, Alaska, Post piloted his Lockheed hybrid plane, with world famous humorist Will Rogers aboard. The plane experienced engine failure on takeoff. The plane nose-dived into a lagoon. Both Post and Rogers died in the crash.

The record of these aviation events have been documented in the book Old Orchard Beach (Postcard History Series) by town his-

torian Daniel Blaney. The book is available at the Old Orchard Beach Historical Society, located in the Harmon Museum, 4 Portland Avenue, Old Orchard Beach.

Jeanne Guerin, Museum Curator, said, "The Harmon Museum is maintained by volunteers of the Old Orchard Beach Historical Society. The museum is open to visitors from the last week of June to Labor Day, 10 AM to 4 PM, Monday through Friday. Admission is free, donations are welcomed. This year's theme is Old Orchard Beach, Past and Present."



Harry Jones, next to his plane at Old Orchard Beach where he operated an airport and hangar for 20 years. Courtesy photo



Aviators Wiley Post and Harold Gatty at Old Orchard Beach in 1931, prior to the tragic accident in Alaska, with humorist Will Rogers aboard. Courtesy photo



Charles Lindbergh landed his plane Spirit of St. Louis at Old Orchard Beach on July 24, 1927. Courtesy photo

Take a guided walk through beautiful Hope Woods

Friends of Hope Cemetery & Woods is pleased to announce that the popular Guided Walks through beautiful Hope Woods in downtown Kennebunk will be offered each month from May through November. Our first two will take place on Sunday, May 22, at 1 PM and Saturday, June 11, at 10 AM. Each will be hosted by Maine Master Naturalist, Gordon Collins. To reserve a spot, please email friendsofhw@gmail.com or call 207-985-0990. We look forward to seeing you!

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Like elephants, wolves, lions, geese, and middle school girls, wild turkeys typically travel in groups, with strays seldom, if ever, encountered in the wild. (Having been a lovelorn middle school boy, I can say that with impunity.) So it was with surprise that I witnessed a lone turkey waddling across my front yard toward the street, although waddling is an inadequate word to describe his progress, since the ungainly bird moved with a sense of purpose and direction. Loping might be more accurate, or even careering. At any rate, my concern was that his direction was toward the street, along which cars frequently travel. I wondered if he was seeking the rest of his flock, and if they were worth the risk he was taking.

We'll get back to our turkey soon. For now, let us turn our attention to all the house projects I've entertained for close to 30 years. Some have come to fruition, from the simple tasks of wallpapering and painting

walled garden with firepit. Several have yet to materialize, whether through financial considerations, general indecision, or because Diane – you know, my wife – and I haven't been able to agree on the particulars.

There's one feature I'd love to add to our property, and I've fantasized about it ever since we moved in back in 1993, but I knew all along it'd never happen for two simple reasons: it would cost a fortune, and it's absolutely ridiculous. What I've always wanted is a stone wall running along the border of our nearly one-acre lot. Not a simple little stone wall, like the one I've built around my gardens. No, I wanted something substantial, perhaps two feet wide, four to six feet tall, and roughly 800 feet long. You know – something ridiculous. I like a well-defined property, and nothing could define a property better than a million well-placed stones.

But, like I said, I knew it would never happen. Fun to

think about, though.

Okay, back to our feathered friend. As I observed from my second-floor window, he loped to the edge of our front yard, cautiously looked up and down High Street, and then crossed the road to our neighbor's property. Had he continued in a straight path – which I imagined was his preferred course of action – he would have scooted down the mild embankment to Day Brook, and then up the other side to the huge stretch of field and forest beyond our neighbor's house.

But there was a catch. Isn't there always? On the opposite side of the street, he traversed a 10-foot-wide swath of well-manicured lawn, and then came to a sudden halt in front of an imposing stone wall. Imposing for a turkey, that is. Ranging from two-and-a-half to three-feet tall, and topped with wooden fencing (lending it a horse farm vibe), the wall – as far as the turkey was concerned – may as well have been the Green Monster. In short, he appeared to be screwed.

I admit to ambivalence. I felt bad that the turkey was prevented from taking his customary – nay, instinc-

tual – route to the woods across the brook; however, I continue to be pleased that my neighbor took it upon himself a couple years ago to (mostly) single-handedly construct a beautiful stone wall along the front of his property. When completed, which ought to be this year, the wall will be – and pardon me for being imprecise – really, really, really long. When I stick my head out my window, I can just about see either end of it.

All right, so the screwed turkey...not so screwed after all. Resourceful, actually. After pausing to consider the recently constructed obstacle, he glanced up and down its length, then deliberately cantered (I think turkeys are capable of cantering – this one sure was) to the right, toward the mouth of the driveway. There being no gate, he was able to head down the driveway and out of sight. Plan B was a success.

I can't tell you how gratifying it is, looking out one side of my house, to effectively have the stone wall I've always wanted. Well, part of it. I'm hoping my other neighbors will pick up the slack and get to work.

To reach Dana Pearson: dana@touristandtown.com

Look for a more
exhaustive calendar
in our upcoming
Memorial Day
issue!

CALENDAR OF EVENTS - MAY 12-25

Saturday & Sunday, May 14 & 15 and 21 & 22

Barn and Mill Gallery Pop-Up Store, Atlantic Hall, Cape Porpoise. This pop-up features the live-edge furniture creations of Barn and Mill Gallery – and more. FMI www.barnandmillgallery.com.

Thursday, May 12

Morning Book Group, Graves Library, 18 Maine Street, Kennebunkport, 9:45 AM. This group meets the second Thursday of every month. For May, the group is reading *The Shell Seekers* by Rosamunde Pilcher. New members are always welcome. FMI call 967-2778 or visit www.graveslibrary.org.

Magic: the Gathering, Kennebunk Free Library, 112 Main Street, Kennebunk, 3:30-4:30 PM. Come and test out your Magic the Gathering deck among friends. Open to new and experienced players alike. Players are free to bring their own deck or use decks provided by the library. If you have never played before, feel free to come and learn at your own pace. Open to teens ages 10 and up. FMI call 985-2173.

Conversational French Language Group, Wells Public Library, 1434 Post Road, Wells, 6:30 PM. An informal approach to practicing or re-learning French. This week the program is going to be in person. FMI cappleby@wellstown.org or 646-8181.

Saturday, May 14

Opening Reception for Rod Williams Retrospective: A Maine Son in Detroit, Maine Classic Car Museum, 2564 Portland Road (Route 1), Arundel, 2-4 PM. Never-before-seen concept car illustrations by Maine native Rod Williams, a stylist for Ford and Chrysler in the 1950s. FMI mainecarmuseum.com or 494-1940. See page 15 of this issue for more details.

Tuesday, May 17

Wishful Reading, Wells Public Library, 1434 Post Road, Wells, 2 PM. This is a monthly fiction book group. The next book is *The Four Winds* by Kristin Hannah. Reserve a copy by calling the library or using the online catalog. No registration necessary. FMI sclaydon@wellstown.org or 646-8181.

William Morris and Vaudeville, Wells Public Library, 1434 Post Road, Wells, 5:30 PM. Follow along as Bill Berlinghoff revisits the days before television, radio, and "talkies," when entertainment was always live. Learn about the greatest agent in vaudeville, a man respected, revered, and whose legacy has continued through the William Morris Theatrical Agency, and now through William Morris Endeavor. FMI sclaydon@wellstown.org or call the library at 207-646-8181.

Wednesday, May 18

Your Health Matters, Graves Library, 18 Maine Street, Kennebunkport, 9:30 AM. The Kennebunkport Health Department will identify ways to improve healthy choices and overall well-being. Copies of the book *A Molecule Away from Madness* by Sara Peskin are available at the library. Not able to read the book before the discussion? Please feel free to join us and learn more about this month's book pick. FMI call 967-2778.

Book Look with Miss Terri, Graves Library, 18 Maine Street, Kennebunkport 10 AM. Join Miss Terri (via Facebook or YouTube) to learn about books to inspire young writers. A fun program for all ages. FMI call 967-2778.

Mid-Week Music's Monthly Concert: British Folk Music, The Town House School, 135 North Street, Kennebunkport, 7 PM. FMI and tickets, see kporths.com/buy-tickets, email info@kporths.com or call 967-2751. See full story on page 15.

Thursday, May 19

Sip and Discuss Wine with Experts, Graves Library, 18 Maine Street, Kennebunkport, 5:30-7 PM. This is the first in-person wine tasking in over a year. Hosting the event along with library director Mary-Lou Boucouvalas are Lani Dietz, owner of Maine & Vine in Lower Village, Kennebunk and Betsy Ross, owner of The Wine House on Main in Kennebunk. FMI call Graves at 967-2778 or email mlbgraves@gmail.com.

Saturday, May 21

Spring Festival, The New School, 38 York Street, Kennebunk, 10 AM - 2 PM. Live music with The Kennebunk River Band, face painting, ice cream and donuts, bounce house, dunk tank and other games - and more! \$10 adults, \$5 age 17 and under. FMI and for tickets, visit tnsk.org.

Sunday, May 22

Guided Walk, hosted by Friends of Hope Cemetery & Woods, 1 PM. These walks will be offered each month from

May through November. (The next walk will be Saturday, June 11 at 10 AM.) Each will be hosted by Maine Master Naturalist, Gordon Collins. To reserve a spot, please email friendsofhw@gmail.com or call 207-985-0990.

Wednesday, May 25

Cognitive Decline, Graves Library, 18 Maine Street, Kennebunkport 9:30 AM. Officer Candice Simeoni (head of elder crimes in York County) will talk about what cognitive decline means and why this impairment is a risk factor for victimization. This session will also introduce ways to help family members with cognitive impairment and also recognize the responsibilities of the caregivers. FMI call 967-2778.

Coming Soon:

Thursday, May 26

Nature Connection, Yin/Restorative Yoga and Ritual: a 6-week class, Hopespring Holistic Health Institute, Alfred, 5:30-7 PM. Join Hopespring for this 6-class series following the chakra system for grounding, balance and heart opening. To register, visit hopespringholistic.com/classes-workshops-events.

Saturday, May 28

Seacoast Garden Club's Plant and Pie Sale, St. Martha's Church, Route 1, Kennebunk, 8:30 AM. (Note: this is a popular event! The pies and plants sell out quickly!) Proceeds of the sale help fund the Thompson Pelletier Scholarship Fund.

Plant and Pie Sale, Wells Ogunquit Senior Center, 300 Post Road, Wells, 9 AM - 12 noon. Plants, pies, crafts and more. FMI call 646-7775 or 468-9747.

June 1

4th Annual Summer Kick Off Party at Lobster in the Rough, 1000 Route 1, York, 5-8 PM. Celebrate the kick off of summer with live music and great food. FMI linda@yorkme.org or www.theroughyorkmaine.com

Sunday, June 5

Bohemian Sunday Poetry Reading, Brick Store Museum Auditorium, Kennebunk, 1-3 PM. Portland's eminent poets will read their renowned poetry at this event. Hear Shana Genre, Meghan Sterling, Katherine Hagopian-Berry enchant the audience with their poems. Admission Free. Visit wepoets.weebly.com



TOURIST&TOWN'S "KITCHEN TALK"

~ Our newest addition to the newspaper ~
Tips, tidbits, recipes and tools. . . straight from local kitchens to you!



"GROOVY GADGETS"

Your Tourist & Town team took a roadtrip to MILLS & CO. in Windham to ascertain their best-selling cooking tools. Owner Bob Mills opened this sunny shop 20 years ago and stocks a magnanimous assortment of bakeware, gadgets, gifts, towels, even rugs. Mills also confirmed the "functional creativity" of these two popular kitchen helpers:

The SUPOON (Sit-UP-scraping-SPOON) is a silicone spoon from Dreamfarm that scoops, measures and scrapes the bowl clean, then sits up to keep counters spotless. Dishwasher safe, comes in black, blue, green, orange, purple, red and yellow. (\$9.99)

"Absolutely love them!," a reviewer raved about Zeal's HANDY COOKS TONGS with curved hands for perfect pickup. Non-stick and dishwasher safe, these 7" silicon tongs come in red and apple green with push-pull mechanism to lock, then stay closed for storage. (\$12.99).

Both groovy gadgets available at Mills & Co. in Windham (893-1115) and other fine culinary shops.



"DATE NIGHT"

For a wonderful date night, head to Rooftop at the Envio, Portsmouth, New Hampshire:

Enjoy the panoramic view of bridges and boats in Portsmouth harbor from the fourth floor of the AC Hotel at this "casually sophisticated" open air (or indoor when it's nippy) restaurant. Sip hand-crafted cocktails, such as the Rooftop Espresso Martini (Tito's, Kahlua, Borghetti liqueur, espresso and Bailey's Irish Cream) or the Good Thymes (gin, pear, ginger, lemon, thyme syrup). Shareable dinner plates feature chicken, beef and fish entrees, plus the popular Poke Bowl.

Soaring over one of America's oldest seaports, Rooftop at the Envio is the perfect venue for romantic dinners, family celebrations, girls-night-out, jazz brunches.

Located at 299 Vaughan Street and open 3-9 PM Monday-Thursday; 3-10 PM Friday; 11-10 PM Saturday; 11-9 PM Sunday.



"THE CUTTING EDGE"

When your Henckels paring knife is duller than a butter spreader, it's time to head to the hardware store for sharpening. Here are some York County options:

- Kittery Ace, 6 Shapleigh Street, Kittery (knives sent out Thursday, returned the following Thursday)
- Eldredge Lumber & Hardware, 627 US Rte. 1, York (knives sent out Thursday, returned the following Thursday)
- Port Hardware, 153 Port Road (Rte. 35), Kennebunk Lower Village (fast turnaround, often overnight, but no serrated knives, please)
- Ace Hardware, 45 Portland Road (Rte. 1), Kennebunk (drop off knives Wednesday, pick up two weeks later)
- Dupuis Hardware & Locksmith, 2 Spruce Street, Biddeford (drop off knives Wednesday, pick up two weeks later)

"HOUSEHOLD HINTS"

- Are you forever digging through your pots/pans drawer looking for the correct size lid? Simple solution: keep pots stacked inside one another, then place dish-drying rack next to the pots and line up lids for quick identification.
- When grinding coffee beans, does static in the container cause the grounds to fly all over your counter? Easy-peasy: add a few drops of water (1/8 teaspoon) to the beans before grinding.

National Strawberry & Cream Day: May 21 Celebrate with this Vegan recipe that's loaded with antioxidants

Ingredients:
1 pound fresh strawberries
1 can coconut milk (400 ml)
2 tablespoons coconut sugar



Slice strawberries in half and place in medium size bowl. Open coconut milk, scoop off coconut solids, then discard clear liquid underneath. Whip coconut solids to desired thickness, adding coconut sugar last few minutes of whipping. Serves 6.

(Note: Culinary chronicles reveal that strawberries and cream were first served together by Cardinal Thomas Wolsey at a banquet during Henry VIII's reign. Today, studies reveal that people who eat strawberries before exercising actually burn 100 more calories than those who don't.)

Shrimp Ceviche Salad – the Taste of Spring!

Ingredients:
1 pound uncooked deveined shrimp, tails removed
1 avocado, cubed
1/2 small red onion cut into thin quarter moons
3 oranges, 2 lemons, 3 limes, all juiced
1 teaspoon apple cider vinegar
5 radishes sliced thin, then halved
2 small cucumbers, sliced thin, then finely chopped
2 green onions, thinly diced
1/2 green pepper, finely chopped, seeds removed
1/2 mango diced
1/2 cup fresh cilantro chopped

Squeeze juice from oranges, lemons, limes (should make 1 to 1 1/2 cups liquid). Add apple cider to citrus liquid. Cut each shrimp into 3-4 pieces, then place in bowl with all other ingredients. Add citrus liquid, season with salt, mix, let rest 15 minutes. Garnish with more cilantro. Serves 6 as a starter or salad.

(Recipe courtesy of Allison Hill whose *Feeding Family, Feeding America* cookbook is available on Amazon; each book purchased provides 100 free meals through Feeding America, the nation's largest organization dedicated to fighting domestic hunger. Last year's proceeds supplied more than 80,000 free meals.)

This page is curated by Tourist & Town's Valerie Marier.
Is there something, someone or someplace you'd like to hear more about? Email valmarier@me.com



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Wake up your lawn this spring

by Jo O'Connor

The most important part of spring lawn care is to make sure that the lawn has plenty of opportunity to gently come back to life during the early spring months. If you do it right, the sun and soil will do most of the work for you. In southern Maine, start your lawn care when the forsythia plants are blooming and the lilac bushes begin to bud. My great aunt Madeline McCabe used to say not to plant anything until after the first full moon in May. This year, that's May 16th.

For Rake's Sake

Raking your lawn is probably how you finished

working in the yard last year. Time to do it again. Give your yard a thorough, deep raking before you begin to mow the lawn or treat your grass.

Raking allows you to pull up any thatch that may have accumulated over the cold months when the grass was less springy.

It's Lime Time

Great landscapers know the trick to a lush lawn is spreading lime after you have done a deep raking. Adding lime to your lawn



Author assessing her lawn

is as essential as mowing it. Without lime, lawn grasses may be unable to benefit from the nutrients in your soil.

Aerate for a Great Lawn

If your lawn gets heavy traffic, such as lots of running and playing in the same spot, this can cause soil compaction. If you see moss, know that it thrives on compacted soil.

Overseed and Rid Yourself of Weeds

A lawn filled with bare patches due to heavy traffic or neglect may need an application of grass seed to fill in those areas. Overseeding is the process of sowing seed over existing grass. Apply a slow-release starter fertilizer when you overseed. Keep the new seed moist until the grass has sprouted and is actively growing.

Tee to Green Golf Events presents "Women in Business Golf Day School" Wednesday, May 25

Tee to Green's golf day schools are geared towards women across the working spectrum: small business owners all the way to corporate America. This is an inclusive program where all business women feel comfortable playing the game of golf, while building connections with like-minded women on the golf course. A skilled instructor will be present to help ensure the group maintains a good pace.

The day's schedule includes breakfast, three-hour golf clinic, lunch, cocktails, hors d'oeuvres and more.

FMI and to register, visit <https://teetogreengolfevents.com/womeninbusiness/>

Ogunquit Performing Arts presents Riverboat Stompers Dixieland Jazz and Swing Band

Continuing with its 43rd performance season, Ogunquit Performing Arts brings to the Dunaway Center in Ogunquit the foot stomping, show stopping, highly entertaining New Orleans traditional jazz of the Riverboat Stompers Jazz Band on Saturday, May 21, at 7:30 PM.

This talented musical ensemble plays Dixieland and Swing style jazz still featured in today's New Orleans intimate jazz venues. Close your eyes, and you will be transported to the world

famous Jazz and Heritage Festival or the April Quarter Fest, where some of the most talented, traditional New Orleans jazz, swing and Dixieland musicians will be found on every corner.

Known for their musical talent, brilliant improvisations, and spontaneity, laced with good humor, this no holds-barred crew of musicians entices audiences of all ages into enthusiastic, foot-stomping participation. Spending an evening with the Riverboat Stompers, - easily, the most exciting

proponents of New Orleans Jazz in the Northeast - will lift you up and send you home with a delighted smile.

Tickets for this performance (\$15 in advance; \$20 at the door) may be purchased online at www.ogunquitperformingarts.org. They also may be purchased in advance at these Ogunquit locations: Cricket's Corner, Dunaway Center and Ogunquit Welcome Center.

The Dunaway Center is at 23 School Street, Ogunquit-FMI visit ogunquitperformingarts.org

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www.CityTheater.org or Call (207)282-0849

British Folk Music at the Schoolhouse

The Mid-Week Music monthly concert series continues Wednesday, May 18, at 7 PM with an evening of British folk music.

For this show, Dana Pearson (guitar, octave mandolin, banjo) and Mark Gunter (piano, guitar) will be joined by fiddler Paul Wells, co-host of the WMPG radio program North by Northeast (“Music from Our Little Corner of the Continent”). It will be held at the Kennebunkport Historical Society’s Town House School at 135 North Street, and will be encored Sunday, May 22, at 1 PM. Tunes will range from the venerable classics “She Moved Through the Fair,” “Loch Lomond,” and “The Parting Glass,” to more modern numbers like Richard Thompson’s “Beeswing,” Paul Brady’s “Heather on the Moor,” and Traffic’s “John Barleycorn Must Die.”

Tickets are \$15 for Kennebunkport Historical Society members and \$18 for non-members. The evening show is BYOB (21 and older only); single malt would be highly appropriate. For more information and tickets, go to kporths.com/buy-tickets, email info@kporths.com, or call 967-2751.

Boulangerie wine tastings on the patio

May 28
Memorial Day Weekend
June 18
Father's Day Weekend

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Hurricane Restaurant, 29 Dock Square, Kennebunkport
May 18 & 25: Beau Dalleo
www.hurricanerestaurant.com | 967.9111

The Colony Hotel, Ocean Avenue, Kennebunkport
Friday, May 20: The Dock Squares 5-7 PM

The Pilot House, 2 Harbor Lane, Kennebunk
May 14: Ben Lyons
May 21: Chris Ross Band
www.thepilothouseme.com | 204.0709

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Vinegar Hill Music Theatre, 53 Old Post Road, Arundel
Check out vinhillmusic.com for this season’s shows!
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Rod Williams Retrospective: A Maine Son in Detroit

The Maine Classic Car Museum proudly presents the Rod Williams Retrospective: A Maine Son in Detroit. The Opening Reception will be held on Saturday May 14, from 2 - 4 PM.

Don't miss these never-before-seen concept car illustrations by Maine native Rod Williams, a stylist for Ford and Chrysler in the 1950s. Meet Mr. Williams and see his drawings of iconic cars like the Ford Thunderbird, Fairlane and Chrysler 300.

Enjoy champagne and refreshments and view the Museum’s new 2022 Exhibits.

Tickets are \$20 per person and are available on Eventbrite or at the Museum. Museum Members receive discounted price of \$10 per ticket.

Call the Museum to inquire at 207-494-1940 or visit www.maineccmuseum.com

Maine Classic Car Museum is the perfect mix of sophistication and vintage Maine charm. Come take a tour of this world-class car collection and delight in an array of vintage automobilia and cultural curiosities. This museum is sure to entertain.



At left: Rod Williams' Ford concept illustration – the Parklane. Above: Rod Williams. Courtesy photos



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