

YOUTH COVER CONTEST WINNER

# TOURIST&TOWN

June 23, 2022

Volume 64

Issue 7

"I painted this  
last summer.  
It's a big wave.  
Summer in Maine  
means lots of beach time.  
That's why I love it!"  
- Ethan Stratford,  
age 6

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**JULY 4th WEEKEND 2022  
TO GO MENU**

**APPETIZERS:**

- Zesty Gazpacho \$10.50 QT
- Cape Porpoise Clam Chowder \$13.95 QT
- Mini Peekytoe Crab Cakes with Spicy Remoulade \$36.00 doz
- Firecracker Shrimp Grilled with Lemon Basil Aioli \$28.00 doz
- Deviled Eggs: with Smoked Salmon or Chives \$18/ doz, \$15/ doz
- Smoked Salmon Platter: Capers, Red Onion, Chopped Egg, Creme Fraiche - \$24.99 lb
- Charcuterie, Cheese & Fruit Platter w/ Crackers \$8.00 per person minimum \$48.00

**MAIN COURSE SELECTIONS:**

- BBQ Baby Back Ribs: Rubbed, Slow Roasted \$19.99/lb
- Fallin off the Bone BBQ Pulled Pork \$10.99/lb
- Buttermilk Fried Chicken \$16.99/lb
- Marinated & Grilled Flank Steak w/ Chimmi Churri Sauce \$21.99/lb (Red wine, garlic, herb marinade)
- Poached Atlantic Salmon w Cucumber Dill Sauce \$27.99/lb
- Lobster Salad - Fresh Lobster Meat, Lemon Zest Mayo - MKT
- Lobster Pot Pie - Fresh Lobster Meat w/ Sherry Cream Sauce & Flaky Crust - MKT

**SALADS & SIDES:**

- Country Style Potato Salad, Applesmoked Bacon, Egg, Scallion, Herbed Mayo \$8.99/lb
- Herbed Red Bliss Potato Salad with EVO \$8.99/lb
- Summer Slaw \$8.99/lb
- Fresh Corn Salad with Basil & Red Onion \$8.99/lb
- Fresh Pea Salad with Cabot Cheddar & Fresh Dill \$8.99/lb
- Bow Tie Pasta with Roasted Grape Tomatoes & Basil Pesto \$8.99/lb
- Farro, Corn & Edamame Salad \$11.99/lb
- Grilled Summer Vegetables \$9.99/lb

**DESSERT:**

- July 4th Short Cake: Fresh Strawberries, Blueberries, Biscuits & Whip Cream \$4.95 ea
- Pies: Wild Maine Blueberry, Strawberry Rhubarb, Apple 8" \$18.99, 6" \$8.99
- French Silk, Key Lime Pies 8" \$23.99 6" Pies: \$10.99
- Assorted Cup Cakes \$3.50 ea Jen's Homemade Whoopie Pies \$3.49 ea
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**Publisher's Note**

Without fail, as I sit down on press day to write my next publisher's note, there always seems to be one theme that jumps off the pages of the current issue, inspiring my words.

The theme grabbing my attention this week is playfulness. It must be the fun, summery cover created by (then) five-year-old Ethan, our cover contest winner, that got me going.

It's a funny thing. No matter how high the pile of work on my desk might be (and as a newspaper whose busy season is summer, the pile is pretty darn high right about now), I always feel an extra spring in my step this time of year, as if I too am on summer vacation right along with my carefree kiddos... though, technically, I most certainly am not.

Summer truly is a state of mind. And as the paper tower grows, I am confident this state of mind will endure – just as it has each and every summertime.

Here's to playfulness – both in spirit and in action!

*Kingsley*  
Kingsley Gallup, Publisher

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*"In summer,  
the song sings itself."  
~ William Carlos Williams*

**Congratulations to our  
Youth Cover Contest Winner  
Ethan Stratford!**



**See page 21 for a celebration of the runners-up.  
You are ALL winners in our eyes!**

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Desserts, hats and great music at the Brick Store Museum

The Brick Store Museum invites guests to its Dessert Bazaar on Saturday, June 25, from 1 to 3 PM, to enjoy live music and desserts and meet artist Salley Mavor, whose work is featured in the new exhibition, "What a Relief: The Art of Salley Mavor."

This celebratory bake sale will raise funds for the museum's year-round operations. Accompanying the event will be live music performed by Don and Cindy Roy, leading champions of Franco-American traditional music. Tickets start at \$10 per person, and include two bake-sale tickets plus admission to the concert and exhibit.

Event attendees can explore "What a Relief: The Art of Salley Mavor," four galleries of Salley's work spanning forty years of sculptural needlework. Salley has illustrated eleven picture books, including *Pocketful of Posies* and most recently *My Bed: Enchanting Ways to Fall Asleep Around the World in 2020*. The artist will be present for book signing.

Attend with your favorite hat (get creative!) for this turn-of-the-century garden party with treats from local bakers and restaurants including Bandaloop, Congdons, and Village Tavern, as well as a raffle with fun prizes. This event is sponsored by Ken-

Don and Cindy Roy will bring Franco-American traditional music to the Dessert Bazaar on Saturday, June 25.

nebunk Savings Bank and Lynne & Michael Dougherty. FMI visit [www.brick-storemuseum.org](http://www.brick-storemuseum.org) or call (207)985-4802.



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# La Dolce Vita: What's in a name?

Here's how I imagine it happened:  
After weeks at sea, hungry, cold, exhausted, still trying to get their land legs under them, my ancestors shuffled along the lines at Ellis Island.  
"Name," they are asked, maybe by an official bored with the paperwork.  
"Wilhelm," says one ancestor.  
"Williams. Next!" Says the official.  
And so a cultural identity is stripped away and Americanization begins.  
Maybe that's how Dolce turns into "Dole Cee" too. Maybe it's the frustration of too many people not being able to pronounce your name, of feeling other in a new country you're hoping will become home.  
Maybe it's having to spell your name over and over again, until finally you match the sounds to the spelling and, eager to feel American, you begin to forget how it really should sound.  
I imagine that's how it started, maybe with my grandparents, passing the stripped down name to the next generation and the next, until I'd spend 50+ years saying my own name the wrong way.  
My brothers, emboldened by the rise of Dolce & Gabbana, had started transitioning back to the true pronunciation years ago.  
But somehow, at the time - being in my 40s - it felt pre-tentious somehow to change my name only after a celebrity clothing brand made a name for themselves.  
And then last week it happened. I went to pick up a box of baked goods from a local bakery and saw the name they'd written in the top: Dolsie.  
I brought the box home and my daughter spotted it with her eagle eye and said "that's enough."  
It's time, she said, to actually say your own name correctly.  
And so, starting today, I'm going to try. Just call me Laura Dol-Chay, but don't be disappointed if I sleep a time or two.  
After all, the habit of a lifetime is hard to break.



Laura Dolce is a former newspaper editor, longtime columnist and the executive director of the Kennebunk, Kennebunkport and Arundel Chamber of Commerce. She lives in Kennebunk with her husband and her dog Finn, one of her two daughters (thanks, pandemic!) and grandpup Bowie.


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**Model of Positive Living Award  
– Nominees Wanted! –**

The Center in Kennebunk is seeking nominations for its 8th annual Model of Positive Living Award. The Model of Positive Living Award is given to a community member who is 50 or older who makes a difference in the lives of others through kind gestures, volunteerism and a can-do attitude. The Center is looking for folks who live their lives with vitality and compassion. Do you know someone who has demonstrated these inspiring traits? Help recognize their impact and influence! Visit [seniorcenterkennebunk.org](http://seniorcenterkennebunk.org) to fill out the nomination form. Deadline to nominate is August 1. You may also call or email the Center at 967-8514 or [inquiry@seniorcenterkennebunk.org](mailto:inquiry@seniorcenterkennebunk.org).



*The Center will announce the winner in September.*

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# "FOREVER": The United States Postal Service and I disagree about the meaning

by Valerie Marier

Remember Whitney Houston singing: "And I, ah I, will always love you, ew ew ew ew, will ALWAYS love you, ew ew ew...." (Sure you do!)

Well, "always love you" certainly sounds like Whitney was going to love the guy forever. But, in truth, she boarded the plane, strapped on her seatbelt and flew away, leaving Kevin Costner standing there on the runway all forlorn.

And look at wedding vows: "Will you love and cherish this wonderful woman as your wife until death doth do you part..." (Or some such.) To me, saying "I will" and "I do" at the altar should mean that marriage will last forever, right? My first marriage sure didn't and I guess we'll just have to ignore the national divorce rate that's more than 50%.

So ... how about these FOREVER stamps that the United States Postal Service has been touting and selling since April 2007. To me, a Forever stamp would mean paying the exact same price today that I paid for the first Forever stamps 15 years ago, which was 41 cents. That is forever. But, like Whitney's song and vows at the altar, that is not the case.

Pal Sandy Boardman, who doubles as an investigative stringer for "Wandering With Val," called the other day. She was steaming. She said, "I was just at the post office and the guy told me the price of Forever stamps is going up to 60 cents on July 10. How can they call it a Forever stamp if the price keeps rising? Forever doesn't rise. Forever stays the same. Doesn't it?"

Everyone knows the United States Postal Service loses gazillions of dollars every year. I mean, they're like a sieve with money. Current statistics indicate "the Postal Service is in debt a whopping \$160 billion." Hasn't the hefty and steady increase in the price of Forever stamps done anything other than get Sandy's and

my lace panties in a knot?

What about the poor beleaguered soul who stuffs my PO Box 2800 in Kennebunkport with Talbots and Lands End catalogs, LL-Bean promotionals, hearing aid and Life Line Screening ads, weekly shoppers and AAA solicitations. (I haven't had a letter in years) Have the employees enjoyed any largesse from the constantly tick-tick-ticking upward of stamp prices? Not from the look I've seen in their eyes...

Interestingly, there have been only two times that the postage rate has fallen in the past 100+ years. In 1919 the cost of mailing an envelope dropped from three cents to two cents. Another price drop occurred in April 2016 when the USPS lowered their first class postal rate from 49 cents to 47 cents

for a standard letter. (By January 2017, stamps were right back up to 49 cents.)

I realize that there are other critical issues to worry about these days. Like the horrendous situation in Ukraine and the jaw-dropping price of a gallon of gas, not to mention my erratic golf swing which is a hot mess and the front right tire of my Subaru Outback which has developed a slow steady leak. But those are things I can do something about. Maybe.

I'm stuck with the Forever stamps as they rise in price FOREVER.



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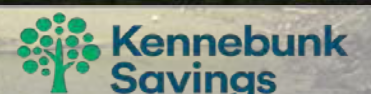
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**At Flourish (140 Main Street, Biddeford):** Weekly Performers Showcase, Thursdays, 7:30 - 9:30 PM. Open stage for all genres - poetry, music, vocalists, storytelling and more. FMI flourishmaine@gmail.com. See the calendar in this issue for more upcoming events at Flourish.

**At Sea Love (40 Main Street, Bldg. 13, Biddeford):** Attend an "Art of Scent Blending: Candle and Diffuser Making" workshop. It's perfect for date nights, girls' night out, bachelorette parties, birthday celebrations, team-building events and more. This hands-on, Friday/Saturday evening, 2-hour class is \$90 per person. BYOB. Make one 12 oz. soy candle with crackling wooden wicks and one 2 oz. reed diffuser, both ready to take home at the end of class. Workshop attendees will have access to 10% off all Sea Love products. Pre-registration required. FMI email create@sealove.com or visit <https://sealove.com/pages/biddeford-the-art-of-scent-blending-workshop>

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**At City Theater (205 Main St, Biddeford):** *The Rocky Horror Show*, July 22-August 7, Fridays & Saturdays, 7:30 PM, Sundays, 2 PM. Sweethearts Brad and Janet, stuck with a flat tire during a storm, discover the eerie mansion of Dr. Frank-N-Furter. As their innocence is lost, Brad and Janet meet a houseful of wild characters, including a rocking biker and a creepy butler. Through elaborate dances and rock songs, Frank-N-Furter unveils his latest creation: a muscular man named "Rocky." All seats \$25. For tickets, visit [citytheater.com](http://citytheater.com) or call the Box Office at 207-282-0849.

**At Union Church (3 Stonecliff Road, Biddeford Pool):** 21st Annual Summer Speaker Series, July 14 & 28, August 11 & 25, Union Church, 7 PM. The four-event series, also be available virtually, features: on July 14, guests from The Telling Room, a nationally recognized literary nonprofit that empowers youth through writing; on July 28, Kerri Arsenault, award-winning author of the bestseller *Mill Town: Reckoning with What Remains*; on August 11, Susan Conley, author of five critically acclaimed books including best-sellers *Elsewhere Come Home* and her new novel *Landslide*; and on August 25, Meg Weston, poet, writer, and photographer. The series is open to the public. Tickets are on sale online – \$60 for the series and \$20 per event. Proceeds benefit Union Church's mission projects. FMI and for tickets, visit [unionchurchme.com/news-events](http://unionchurchme.com/news-events) or contact Anita Coupe at 207-590-8339.



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**Destination: Biddeford**  
*by Rayanne Coombs*  
Biddeford, the thriving and vibrant city just north of Kennebunkport, is earning high praise and recognition for its slew of new businesses, including top-notch restaurants, unique shops, boutique hotels, distilleries and local brewing companies.  
The once-struggling mill town began efforts in 2004 to create more opportunities to bring people and businesses to the downtown area through redevelopment, beautification initiatives and outdoor events. Biddeford's once vacant mill buildings have been transformed into a bustling hub of residential and commercial spaces that continues to grow and thrive.  
After you've visited downtown Biddeford's shops and restaurants, allow yourself some time to explore the beaches. The beachfront village of Biddeford Pool wraps around Biddeford proper and connects via a vast marsh that offers breathtaking views and shoreline wildlife at the East Point Audubon Sanctuary. Just south of Biddeford Pool lies Fortune's Rocks Beach, a two-mile stretch of sandy beach with a treasure trove of sand dollars and sea glass to be found. Fortune's Rocks is known for its hard-packed sand at low tide and is great for walking and jogging, but equally as popular are surfing and sea kayaking.  
With all that this beautiful and blossoming community has to offer, put Biddeford on your list of places to visit this summer in Maine!



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# The Southern Maine Saltwater Fishing Report

by Captain Greg Metcalf

As we move closer to the official start of summer, the saltwater fishing along the southern Maine coastline is starting off very strong.

Fishing enthusiasts enjoyed a great week of fishing from York to Saco Bay with some outstanding striped bass catches. Offshore fishermen in search of tuna and ground

fishermen targeting haddock and pollock have also enjoyed some great results during the last few weeks.

**Kennebunkport:** Fishing along the shoreline between Cape Porpoise to Parsons Beach has picked up considerably after a tough week of wind of rough sea conditions. The water temperature was a frigid 50 degrees early in the month, but it has warmed up into the mid-fifties and that really helped the fishing.

There is a considerable body of stripers in the Kennebunk River, along the rocky shoreline of Ocean Avenue as well as the beaches from Gooch's all the way to Parsons. Mackerel fishing has also improved which has

helped the striper situation. If you are able catch some small mackerel for bait, you have a great opportunity to be successful catching stripers.

**Wells, Ogunquit:** Brandy from Webhannet Tackle told me the stripers have been steady this week. The early morning before and around sunrise have been the most active. Fish are being caught from Drakes Island Beach, Ogunquit Beach and River. Live or chunk mackerel and sea worms are the predominant baits right now. Stripers ranged from 20 to 42- inches this week with many keepers caught from boats and also from shore. Several mornings this week at the bottom of the tide there has been crazy action from the sand



This beautiful 42-inch striper was caught aboard Breton Charters out of Wells with Captain Phil Breton on June 15.



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Welcome aboard to Kennebunkport's Three Seas Fish & Lobster Company's Head Chef Calvin Karparis, who is shown here filleting a locally caught cod. Karparis, who has been in the hospitality business for more than 10 years, will focus on take'n'bake meals, home-made sauces and seafood cakes.

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2022  
Tide  
Chart



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FIREWORKS & INDEPENDENCE DAY CELEBRATIONS

**Saturday, July 2**  
**York Harbor Beach**  
Fireworks, 9 PM

**Sunday, July 3**  
**Old Orchard Beach**  
Fireworks, 1 Old Orchard Street, by the Pier and Palace Playland on the beach at 9:45 PM. Also on Monday, same time.

**Saco**  
Funtown/Splashtown USA Fireworks - US Route 1, 774 Portland Road, Saco. Fireworks In the rear parking lot. Have fun by day and fireworks by night! Starts at 9:30 PM. Rain date: Saturday, July 9, 9:30 PM. Other fireworks dates are July 30 and August 20.

**Sanford**  
Fireworks, #1 Pond, off Route 202, 9 PM.

**York**  
Fireworks, Short Sands Beach, 9 PM.

**Monday, July 4**  
**Kennebunk**  
Fireworks, Gooch's Beach, 9 PM. Rain date July 5 if there is extreme inclement weather.

**Ocean Park**  
Art Show & Sale, Saco Bay Artists - on library lawn, 9 AM-4 PM.

The 72nd Independence Day and Canada Day Festivities, with parade starting at 10 AM. The parade forms on Temple Ave. at the Bell Tower. Kids, feel free to decorate your bikes at home and ride them in the parade! The parade will be followed by a Band Concert at the Bandstand. From 6-8:30 PM, there will be a free concert with Don Campbell Band at the Seaside Pavilion, 6th Street. Parking Open: 4:30 PM. Gates Open: 5 PM. Showtime: 6 PM. Square Dancing at 7 PM.

**Ogunquit**  
Fireworks at Ogunquit Beach, with views from Main Beach to Footbridge Beach, North Beach and Marginal Way footpath. 9:15 PM. Rain date: July 5, 9:15 PM. Before and after the show, DJ Jerry will supply a festive soundtrack.

**Old Orchard Beach**  
Fireworks, 1 Old Orchard Street, by the Pier and Palace Playland on the beach at 9:45 PM

**Also at Old Orchard Beach. . .**  
Thursdays, June 27 through August  
Summer fireworks at Old Orchard Beach by Pier and Palace Playland 9:45 PM

**Sanford**  
2nd Annual Fireworks Extravaganza! Monday, July 4, 7:30-10 PM at the Sanford Seacoast Regional Airport, 199 Airport Rd., Sanford. T\$10 VIP ticket includes priority viewing area and access to The Runaway's 27 tap beer garden and cocktail bar. DJ East-Wood will be spinning the best throwbacks from the 80s/90s for the evening with fireworks at 9 PM. Raindate will be July 5th if needed due to weather. Go to Evenbrite.com,

**Catch the show from the water**  
Monday, July 4, 8 PM: Catch the show from the water, aboard *Kylie's Chance*. Cost is \$27, and a cash-only beer and wine bar is available. The boat leaves at 8 PM; please arrive at least 30 minutes prior to this trip. FMI [www.first-chancewhalewatch.com](http://www.first-chancewhalewatch.com)

**Live on the Lawn**  
Monday, July 4, 5-8 PM: Live on the Lawn, Nonantum Resort, 95 Ocean Ave., Kennebunkport. Enjoy live entertainment with Jim Ciampi. It's the perfect complement to dinner on the deck, drinks at the pool, or watching the sunset in an Adirondack chair.

**Upcoming Road Races • Join in the Fun!**

**Sunday, July 3: Goose Rocks Beach Association's 28th Annual Fourth of July 5K Road Race.** GRBA Community House, 10 Community House Rd., Goose Rocks Beach. Online registration is open until midnight July 2. Or register in person on race day starting at 7 AM. [www.gooserocksbeachassociation.org](http://www.gooserocksbeachassociation.org)

**Friday, July 8: Kennebunk Free Library's 25th Annual 5K.** Virtual race going on now through July 7. In person race is Friday, July 8, 6 PM. [www.kennebunklibrary.org](http://www.kennebunklibrary.org), 985-2173

**Kennebunk Beach Improvement Association's KBIA Annual Day at the Beach 1K & 5K** Sunday, July 10, 8:30 AM: 1K start, 8:45 AM: 5K start, Mother's Beach, Beach Avenue. \$20 and \$30. [www.kbia.net](http://www.kbia.net)

Happy 8th Anniversary to the wonderful Shops at Cape Neddick! Look for the full story and information on their upcoming anniversary event in the next issue of Tourist & Town!

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# Tide Chart

## June 22 – July 6

<b>Wednesday, June 22</b> Low ..... 12:32 AM...0.88 High ..... 06:44 AM...8.91 Low ..... 12:57 PM...0.64 High ..... 07:21 PM...9.22 <b>Sunrise: 5:02 AM</b> <b>Sunset: 8:26 PM</b>	<b>Monday, June 27</b> Low ..... 05:03 AM...0.47 High ..... 11:14 AM...8.13 Low ..... 05:01 PM...1.54 High ..... 11:17 PM...9.35 <b>Sunrise: 5:03 AM</b> <b>Sunset: 8:26 PM</b>	<b>Saturday, July 2</b> High ..... 01:56 AM...9.20 Low ..... 08:19 AM...0.57 High ..... 02:36 PM...8.13 Low ..... 08:21 PM...1.62 <b>Sunrise: 5:06 AM</b> <b>Sunset: 8:26 PM</b>
<b>Thursday, June 23</b> Low ..... 01:35 AM...0.86 High ..... 07:46 AM...8.57 Low ..... 01:52 PM...0.94 High ..... 08:15 PM...9.24 <b>Sunrise: 5:02 AM</b> <b>Sunset: 8:26 PM</b>	<b>Tuesday, June 28</b> Low ..... 05:45 AM...0.43 High ..... 11:56 AM...8.13 Low ..... 05:42 PM...1.55 High ..... 11:57 PM...9.36 <b>Sunrise: 5:04 AM</b> <b>Sunset: 8:26 PM</b> <b>New Moon: 9:53 PM</b>	<b>Sunday, July 3</b> Low ..... 02:36 AM...9.08 High ..... 08:57 AM...0.65 Low ..... 03:16 PM...8.16 High ..... 09:02 PM...1.64 <b>Sunrise: 5:06 AM</b> <b>Sunset: 8:26 PM</b>
<b>Friday, June 24</b> Low ..... 02:34 AM...0.78 High ..... 08:44 AM...8.34 Low ..... 02:44 PM...1.19 High ..... 09:05 PM...9.27 <b>Sunrise: 5:02 AM</b> <b>Sunset: 8:26 PM</b>	<b>Wednesday, June 29</b> Low ..... 06:25 AM...0.42 High ..... 12:37 PM...8.14 Low ..... 06:22 PM...1.54 <b>Sunrise: 5:04 AM</b> <b>Sunset: 8:26 PM</b>	<b>Monday, July 4</b> High ..... 03:17 AM...8.95 Low ..... 09:36 AM...0.72 High ..... 03:56 PM...8.23 Low ..... 09:45 PM...1.62 <b>Sunrise: 5:07 AM</b> <b>Sunset: 8:26 PM</b>
<b>Saturday, June 25</b> Low ..... 03:28 AM...0.67 High ..... 09:39 AM...8.20 Low ..... 03:33 PM...1.37 High ..... 09:51 PM...9.29 <b>Sunrise: 5:02 AM</b> <b>Sunset: 8:26 PM</b>	<b>Thursday, June 30</b> High ..... 12:37 AM...9.35 Low ..... 07:04 AM...0.45 High ..... 01:17 PM...8.14 Low ..... 07:01 PM...1.55 <b>Sunrise: 5:05 AM</b> <b>Sunset: 8:26 PM</b>	<b>Tuesday, July 5</b> High ..... 04:00 AM...8.80 Low ..... 10:16 AM...0.78 High ..... 04:37 PM...8.39 Low ..... 10:32 PM...1.51 <b>Sunrise: 5:07 AM</b> <b>Sunset: 8:25 PM</b>
<b>Sunday, June 26</b> Low ..... 04:18 AM...0.56 High ..... 10:28 AM...8.14 Low ..... 04:18 PM...1.48 High ..... 10:35 PM...9.32 <b>Sunrise: 5:03 AM</b> <b>Sunset: 8:26 PM</b>	<b>Friday, July 1</b> High ..... 01:16 AM...9.29 Low ..... 07:42 AM...0.50 High ..... 01:56 PM...8.13 Low ..... 07:41 PM...1.58 <b>Sunrise: 5:05 AM</b> <b>Sunset: 8:26 PM</b>	<b>Wednesday, July 6</b> High ..... 04:46 AM...8.66 Low ..... 10:59 AM...0.83 High ..... 05:20 PM...8.63 Low ..... 11:22 PM...1.32 <b>Sunrise: 5:08 AM</b> <b>Sunset: 8:26 PM</b>

Note: The number for each high and low tide indicates the height in feet above or below sea level. This chart shows tides for the mid-coast of York County; tide times are a few minutes earlier to the north (Old Orchard Beach) and a few minutes later to the south (York Beach). Tides are affected by the weather and cycles of the moon; the actual times and tide heights can differ slightly from the predictions above.

### Appearing in this June 23 issue of Tourist & Town are the following businesses. Be sure to check them out!

1. Aikman Designs: available at Morph Gallery, 155 Port Rd., Kennebunk	24. Graves Library: 18 Maine St., Kennebunkport	47. Sanford Performing Arts Center: 100 Alumni Blvd., Sanford
2. Annie Royer: at Vinegar Hill Music Theatre, Arundel	25. HB Provisions: 15 Western Ave., Kennebunk	48. Sea Love: 430 Main St., Biddeford (& 2 Ocean Avenue, Kennebunkport)
3. Arundel Farm Gallery: 76 Arundel Rd., Arundel	26. Home & Away: 2 Christiansen Ln., Kennebunk	49. Shoebox & Co.: 24 Ocean Ave., Kennebunkport
4. Arundel Wharf: 43 Ocean Ave., Kennebunkport	27. Hurlbutt Designs: 51 Western Ave., Kennebunk	50. St. David's Budget Box: 2 Bragdon Ln., Kennebunk
5. Biddeford Mills Museum: 2 Main St, Bldg. 18, Ste. 108, Biddeford	28. Just Ducky: 24 Ocean Ave., Kennebunkport	51. Summer Solstice Craft Show: Wells Jr. High School, 1470 Post Rd., Wells
6. Bitter End: 2118 Post Rd., Wells	29. Kennebunk Artisans Marketplace: 51 Main St., Kennebunk	52. The Center: 175 Port Rd., Kennebunk
7. Bradbury Brothers Market: 167 Main St., Kennebunkport	30. Kennebunk Beach Realty: 25 Western Ave., Kennebunk	53. The Colony Hotel: Ocean Ave., Kennebunkport
8. Brick Store Museum: 117 Main St., Kennebunk	31. Kennebunk Farmers Market: Garden Street Lot, Kennebunk	54. The Pilot House: 4 Western Ave., Kennebunk
9. Calluna Fine Flowers & Gifts: 193 Shore Rd., Ogunquit	32. Leavitt Theatre: 259 Main St., Ogunquit	55. The Salt Works & Spa: 321 Elm St., Biddeford
10. Cape Porpoise Kitchen: 1 Mills Rd., Cape Porpoise	33. Little River Antiques & Estate Sales: <i>antiquesandestatesalesme.com</i>	56. The Spirit Restaurant: 4 Western Ave., Kennebunk
11. CHI Aerospace: Biddeford Airport, Biddeford	34. Live Café: 169 Post Rd., Kennebunk	57. The Wright Gallery: 5 Pier Rd., Cape Porpoise
12. City Theater: 205 Main St., Biddeford	35. Maine Art Hill: 14 Western Ave., Kennebunk	58. Three Sea's Fish & Lobster: 130 Main St., Kennebunkport
13. Coffee Roasters of the Kennebunks: 163 Port Rd., Kennebunk	36. Mary WoodmanStudio: 15 Northwood Dr., Kennebunkport (by appt)	59. Tttom Clark Comedy Show: Colony Hotel, Ocean Ave., Kennebunkport
14. Cottage Artworks & Gallery: 98 Branch Rd., Wells	37. Melissa Boyd: 11 York St., Kennebunk	60. Vinegar Hill Music Theatre: 53 Old Post Road, Arundel
15. Dannah & Dannah for Men: 127 Ocean Avenue, Kennebunkport	38. Ogunquit Museum of American Art – 543 Shore Rd., Ogunquit	61. Way to Be Wellness & Yoga: 149 Port Rd., Kennebunk
16. Dianna Anderson Fine Art: 32 Brown Street, Kennebunk	39. Ogunquit Playhouse: 10 Main St., Ogunquit	62. Wells Antiques Show & Sale: Wells Reserve at Laudholm Farm, Wells
17. Dock Square Coffee House: 18 Dock Square, Kennebunkport	40. Old House Parts: 1 Trackside Dr., Kennebunk	
18. Eyephoria: 2178 Post Rd., Wells	41. Old Vines Wine Bar: 173 Port Rd., Kennebunk	
19. F.O. Goldthwaite's Pool Lobster: 3 L. B. Orcutt Blvd., Biddeford Pool	42. Outta the Box: 8 York St., Kennebunk	
20. Federal Jacks: 8 Western Ave., Kennebunk	43. Pack Maynard: 165 Port Rd., Kennebunk	
21. Fine Print Booksellers: Port Walk, Dock Sq., Kennebunkport	44. Port Hardware: 153 Port Rd., Kennebunk	
22. First Chance Whale Watch: 4 Western Ave., Kennebunk	45. Port Lobster: 122 Ocean Ave., Kennebunkport	
23. Flourish: 140 Main St., Biddeford	46. <i>Positive Pressure Massage Clinic – <a href="http://positivepressure.net">positivepressure.net</a></i>	

*Those businesses listed in italics have online businesses, traveling businesses or businesses covering a wide area in York County.*

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Disclaimer: Points on this map are intended to be general locations, rather than exact.



CELEBRATING  
**30**  
YEARS OF ART

**Liz Hoag, Kathy Ostrander Roberts,  
Jill Matthews**  
July 2 - 28

Shows on Maine Art Hill  
Opens at 10 AM

Artist Reception, Saturday, July 2, 5-7PM  
Meet the artists, enjoy live music, wine from Maine & Vine, and light bites from Cherie's!

OTHER HIGHLIGHTS ON MAINE ART HILL

Pop-up

**Heather Fountain**  
June 23 - 29

Stunning glass sculptures  
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GALLERY AT THE GRAND

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Pop-up

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A luscious lineup of art and workshops  
at Arundel Farm Gallery

Arundel Farm Gallery's doors are open for the season, welcoming several new artists, welcoming back some favorites and offering an exciting lineup of adult art workshops.

Featured Maine artist for 2022 is Kelly Desrosiers from Unity. Desrosiers' gouache paintings and collages are intricate landscapes where every detail has meaning. She says her works are influenced by "the intersection of science, history and art. While, like many artists, I receive inspiration from the natural world, I am not content to represent what is seen with the eye. I am most interested in ideas, from science and history, that I strive to weave into my art." All of her paintings are inspired by the remote and wild places in her home state of Maine.

Featured in the 1760 Gallery is New Hampshire artist Jayne Adams. Her oil paintings capture the feeling of summer, whether it is bathers climbing on New England's rocky coastline or a group of children sitting on a bench eating watermelon. These are portraits of social gatherings in nature where those involved are enjoying pleasurable pursuits. They are reminiscences, shining moments in time, and they make us wish we were the participants.

The gallery welcomes award-winning Vermont artist Jessie Pollock with her richly textured "Vanishing Landscape Paintings," and nationally acclaimed floral photography artist Jackie Kramer, who teaches several sold-out workshops at the gallery this season. For one of these, she partners with another well-known floral photographer from Maine, Kathleen Clemons.

The gallery is fortunate to welcome back one of our favorite local artists, Berri Kramer, formerly of Heartwood College of Art. She will not only exhibit her collage and cold wax works in the Carriage House Gallery, but will also teach these two exciting techniques in separate workshops in August. No prior experience is needed to participate.

They also welcome back museum artist Stephanie Rayner, who will teach her very well received "Beautiful Botanicals in Watercolor" printmaking workshop again in early September.

This exciting line-up of art workshops take place in Arundel Farm Gallery's Carriage House Gallery with small class sizes in a safe environment, and guaranteeing individual attention from their locally and nationally acclaimed instructors. Students can choose from watercolor painting, floral photography, printmaking, collage, cold wax, and mosaics. All skill levels are welcome.

The gallery's motto is "Create, Breathe, Explore" and they welcome visitors to discover this peaceful oasis, just a few minutes away the busy downtown of Dock Square.

Check the gallery website for complete class descriptions and dates, and an easy online sign-up system. For more information visit [www.ArundelFarmGallery.com](http://www.ArundelFarmGallery.com) or contact Julie at [info@ArundelFarmGallery.com](mailto:info@ArundelFarmGallery.com). The gallery is located on a beautiful 9 acre property at 76 Arundel Road in Arundel, just 1.5 miles from Dock Square in Kennebunkport. 561-702-6396



Summer Stoop by Jayne Adams



The Wind Swept In by Kelly Desrosiers



Red Stone Petrichor by Jessie Pollock

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June 15 - October 15

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# All artists. All local. All female. Three for three.

It's three for three at Shows on Maine Art Hill in Kennebunk. An exhibit featuring the works of Maine painters Jill Matthews, Liz Hoag and Kathy Ostrander Roberts will open on Saturday, July 2 at 10 AM, with a reception for the artists from 5 to 7 PM at 10 Chase Hill Rd in Kennebunk. All are welcome.

"These three talented women all have strong ties to Maine and capture the true essence of our diverse state," said gallery owner John Spain. "Between Matthews and her ethereal oils, the wonders of Hoag's acrylics, and the stunning encaustics of Ostrander Roberts, all of Maine is celebrated well."

Jill Matthews was born and raised in Vermont and received a BA in Fine Art at the University of Vermont. She studied painting at the University of California in San Diego and had a brief career as a fine art educator. Matthews now calls Kennebunkport home. Like many artists who find themselves encompassed by the beauty here, Matthews is inspired and influenced by her surroundings.

"I am struck by things visually in an instant. Be it the way light plays off something or the color inter-

actions on a clear blue day. But my favorite days are foggy. They force my eye to see the beauty in simplicity. I strive for this in my pieces, strong uncluttered compositions," said Matthews. "I always edit as I work, stripping away details, leaving a strength to what remains."

Kathy Ostrander Roberts also calls Kennebunkport home, but unlike Matthews, she brings a particular part of the landscape to this show – water. Ostrander Roberts paints in encaustic. Encaustic paint is created by combining beeswax, resin, and pigment with heat. This ancient medium has existed since the fifth century, with a renaissance of followers in the last decade. It is unlike any art ever experienced. It can be carved, polished, raised or smooth. It is delightfully dimensional.

"There is something magical in the movement of wax and resin. It replicates the movement of Maine waters to which I am inexplicably drawn," said Ostrander Roberts. "There are sometimes as many as twenty layers of wax in each painting. I use pottery tools to carve into the surface to lend a 3-D effect. I also try to embed a vintage piece of ephemera, ship captain's

letters, photos, mica, bark, or whatever inspires me into most paintings."

Completing this trio of Maine women is Liz Hoag. While she has a studio in Westbrook, her work begins behind her camera. After taking photographs on walks around her Portland-area neighborhood or the many trails around the state, Hoag goes to work in her studio. This is where the magic happens. Usually starting with a dark canvas or negative space, she builds up by adding light. The result is both abstract and representational.

"Each of my paintings has a starting point for an abstract idea. By intentionally cropping the view, I consciously retain a substantive structural focal point within the composition," said Hoag. "I use other elements that guide the audience to look around the space and return to the focal point. The forms from nature I choose to retain are weighted and colored in a way that makes the viewer feel sure of their footing, balanced, and comfortable."

This exhibit opens Saturday, July 2. Shows are open daily, 10 AM to 5 PM. FMI [maine-art.com](http://maine-art.com) or 967-0049.



Casted Color by Jill Matthews



Bass Harbor Light by Liz Hoag



Calypso by Kathy Ostrander Roberts

## KW Contemporary Art presents Audra Weaser: Reflections

KW Contemporary Art is pleased to present "Reflections," a new collection of works from Audra Weaser.

Audra Weaser's love of water and nature is evident in her paintings. In this exhibition Weaser reflects on the play of water and light with one another. The opening reception will be Saturday, July 2, from 5 to 8 PM.

KW Contemporary Art, located at 184 Port Road in Kennebunk, features a



SeaWander by Audra Weaser

dynamic roster of artists ranging from emerging talents to mid-career established artists from around the world. FMI contact Kiersten Wilcox, [kiersten@kwcontemporaryart.com](mailto:kiersten@kwcontemporaryart.com) or at 207.204.0480

## Summer Botanical Eco-dyeing Class


Have you ever wanted to learn how to make beautiful images with nature or wearable art? Join educator, artist and illustrator LK Sleat for a two-and-a-half day workshop on printing and dyeing with natural plants flowers and dye baths on silk, linen and paper. Create prints on silk scarves, table linens and make your own wall art or notecards. This beginners class will have you "tiptoeing through the tulips" in amazement of what you can do with nature's bounty! Most supplies are included: flowers, fabrics (silks, linens and paper), with a little swag from your instructor to you.

The class will run July 5, 6 and 7, from 10 AM-12 PM. Cost is \$200 per person. Class limited to 10.

FMI email [laurensleat@gmail.com](mailto:laurensleat@gmail.com). You can find out more about the educator on Instagram @lksleat or at [www.lksleatillustrator.com](http://www.lksleatillustrator.com).

### The Wright Gallery

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### THE CHOPPER: MANUAL MULTI-FUNCTIONAL MINCER

There are several varieties of The Chopper but my favorite is the Vinipak Manual which features two-cup capacity bowl with sharp blades. Just 4 or 5 pulls minces onions, garlic, herbs, nuts, veggies, hard boiled eggs for egg salad and avocado for guacamole. Handy too for making dips and chutneys. Dishwasher safe (wash lid by hand, however). Only 4" high, easy to store, lighter than a cumbersome Cuisinart. Perfect for RVs, travel and camping. Available at Amazon (\$11 for Vinipak Manual Food Chopper) and other fine culinary shops.



# TOURIST&TOWN'S "KITCHEN TALK"

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## DID YOU KNOW?

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**SAGE:** The word "sage" derives from the Latin "salvere" which means "to save." Sage is loaded with antioxidants and can support oral health, ease menopause symptoms, reduce blood sugar levels, lower "bad" LDL cholesterol, protect against certain cancers AND support memory and brain health.

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**AND...** a recent study from the National Academy of Sciences states that thyme and oregano feature an anti-cancer compound that can combat the development of tumors.

**FURTHERMORE...** adding herbs and spices to your food is an excellent way to ADD FLAVOR without adding extra sodium, sugar or saturated fats.

## HOUSEHOLD HINTS

### Grow an Herb Garden

Plant herbs in a section of your flower gardens, or in containers that sit on the deck, or in a raised bed. Your two basic needs are sunlight (six or more hours of sun daily) and well-drained soil (do not use composted manures — they are high in nitrogen which makes herbs grow quickly, but reduce their flavor!). Consider convenience too: herbs planted close to your house or kitchen are easier to harvest. Make sure your herb garden gets 2 inches of water every week. Frequent harvesting helps plant produce more foliage. Before the first frost, dry or freeze your herb harvest for culinary zest all winter long. Most useful herbs for cooking are basil, oregano, rosemary, chives, mint, sage and dill.

## DISHIN' IT

### Rainy Day Ribeye Steak with Herb Butter

You're craving steak. But it's pouring outside and you don't want to barbecue in the rain. Try this:

Ingredients:

1 24-oz. bone-in ribeye  
Kosher salt (1 1/4 tsp.)  
Pepper (1/2 tsp.)  
1 tbsp. canola oil  
3 tbsp. butter  
3 cloves garlic smashed  
3 sprigs each of thyme and rosemary

Dry steak with paper towels and season with salt/pepper.

Heat cast iron skillet over medium-high heat until very hot (1-2 minutes)

Put steak in center of skillet, turning every 2-3 minutes until there's a dark crust on each side (approx. 12-14 minutes)

Reduce heat to low and push steak to side of skillet. Add butter, garlic, thyme and rosemary; stir until butter foams (1 minute). Douse over steak.

Let rest 15 minutes before slicing.

## ADD A LITTLE SPICE (AND HERBS) TO YOUR LIFE

Add dill, cilantro or parsley to scrambled eggs

Tuck mint or basil leaves into a turkey or ham sandwich

Pile fresh cilantro onto a turkey or veggie burger

Add generous pinch of oregano or thyme to vinaigrette dressing

Toss parsley, basil, cilantro or mint into your basic green salad

Mix handful of Italian parsley or dill to boiled or mashed potatoes

Rub rosemary and thyme onto chicken breast before grilling

Muddle mint or basil leaves in a glass, add iced tea or sparkling water

Freshen up jarred pasta sauce with fresh chopped basil leaves

Sprinkle fresh basil, parsley or mint leaves on grilled zucchini

*Tip from chef Donna Hammond: "I mostly use the herbs I grow — basil, chives, mint, tarragon, thyme and sage — in my daily cooking. I can harvest them from my herb garden for close to three seasons. But thyme and sage are acceptable dried."*

## A FEW MORE TIPS FROM CHEF DONNA

Donna Hammond graduated from the Culinary Institute of America in Hyde Park, New York. When applying for a position in the upstairs cafe of the renowned Chez Panisse in Berkeley, California, Donna had to create and cook an entire meal for chef/owner Alice Waters (soup to entree to nuts, including wine) ("Intimidating!" she admits, but she nailed the job.). She currently "chefs" throughout the Hudson Valley in New York state.

"The two spices I always use are sea salt and good, freshly ground black pepper — I'm especially partial to Lampong."

"The pots and pans I MUST HAVE are: an 8" nonstick egg pan, a 12" saute pan, a 1 1/2 gallons stock pot, a 1/2 sheet pan, and a Dutch oven."

"Most dishes are improved with an addition of acid — a pickle, sauerkraut (I make my own), chili flakes or a squeeze of lemon."

"Extra virgin olive oil or fresh lemon juice is a good substitute for butter."

This page is curated by Tourist & Town's Valerie Marier.

Is there something, someone or someplace you'd like to hear more about? Email [valmarier@me.com](mailto:valmarier@me.com)



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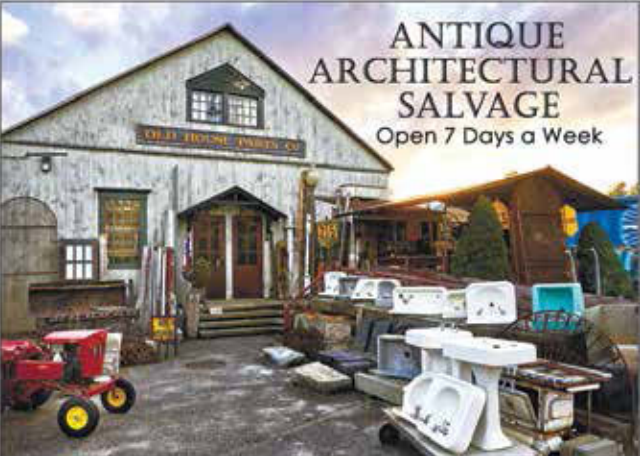
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Antique architectural salvage is not only very attractive, exquisitely crafted, and a source for unlimited creativity, it also contains volumes of embodied energy: the total sum of energy consumed to produce a given product. And it's FUN. Sometimes folks aren't sure how to use it. Meet us here each issue for inspiration on how to use architectural salvage to add character and sustainability to your life.

Karen Watson of @acornhilldesign repurposed a large skylight from a Boston townhouse to embellish a ceiling while hiding HVAC ducts. She also also used many old windows within the interior to bring more light through this home.



We've seen it all so contact us any time to discuss the possibilities that lie ahead for you and architectural salvage! Wanderers and explorers welcome.

**Field Notes of a Maine Birdwatcher**  
**A bird's house is his castle**

*by Ken Janes*

I am paraphrasing the old quote of course but the House Wren takes this idea to a new level. The males are difficult to see when they first arrive in the spring but they announce their territory with a loud bubbling song that seems to go on all day long. These five-inch plain brown birds love backyards and will nest in any bird house, flower pot, drain pipe or even last year's Christmas wreath. In fact, a male may start up to twelve nests, and then he lets the female pick the one she likes. After making a choice, she will lay 5 to 6 eggs that hatch in about two weeks. Wrens are small but defend their neighborhood vigorously and will drive away any birds competing for nesting sites. They have been known to puncture the eggs of any birds nesting nearby. We are lucky to have a pair at our house and we have been watching nest building activity for the last two weeks. This ambitious male found himself with a stick way too big to get into the nest. He solved the problem by fixing the stick on the outside of the nest box, getting inside and then pulling the stick through the hole. I hope his lady friend appreciated all the work that went into building his castle.



# T&T'S WHADDYA SEE?



Can you spot the differences in these two photos from PORT HARDWARE in Kennebunk?





Because Diane – you know, my wife – said she’d be wearing her party dress for our anniversary dinner, I figured I ought to try to keep up. Her party dress, a playful explosion of pink, aqua blue, yellow, and green circles on a field of white and peppered with a few rhinestones for flash, screams 1960s cocktail party. I absolutely adore it, especially with her in it.

I opted for my red pants and Nat Nast short-sleeve silk shirt that Don Draper could’ve worn in an early episode of *Mad Men* while relaxing at home. Against a light cream background are odd geometric designs in shades of blue and scribbly pen-and-ink birds and maybe compressed globes...hard to tell. At any rate, it’s a cool shirt that we bought at The Peabody in Memphis around 30 years ago from one of the Lansky brothers, the guys that Elvis went to for most of his threads. So yes, it’s a prized garment. I’ll wear it occasionally, but I’m always careful.

The timing was perfect, since I had just picked it up from the dry cleaners. It looked brand new. In other words, straight out of 1961. We drove over to the Village Tavern to celebrate 35 years

## Anniversary dinner really hits the spot

together, and were seated at a cozy two-top by a half-wall partition providing a sense of privacy. A glass of wine, some sourdough bread to nibble on...it was a lovely start.

Now, there are certain regular menu items I’ll order, and it goes without saying if they have a swordfish special, I’m getting it. But that evening I decided to do something I’ve never done there: I ordered the linguini with marinara and meatballs. Because Diane long ago mastered the art of making the best damn meatballs on the planet, I’ve shied away from ordering them in a restaurant. But I knew that even though they’d be different at the Tavern, they’d still be excellent (spoiler: they were), and besides, I was in the mood for some good comfort food. Comfort food that came slathered in marinara sauce.

I was highly mindful of the predicament I was placing my prized shirt in. I sensed anxiety exuding from the fabric, mixed with a speck of dread and dash of betrayal. I told my shirt to calm down, everything would be fine, I’d be cautious, I wouldn’t eat like a three-year-old. Regardless, my shirt, though recently dry-cleaned, reeked of doubt.

After the bowl of pasta, tantalizingly decorated with parmesan shavings, was set before me, I took my cloth

napkin and folded one end over the top button of my mistrustful shirt, draping the bulk of it over my chest and abdomen, where one would logically assume any spatter would occur. Ignoring my shirt, which continued to mutter something, I dug into my linguini as Diane tucked into her haddock.

I never twirled a forkful of linguini so slowly as I did that night. And it wasn’t just one forkful. It was every forkful. I spun each one like a safecracker at work, expertly, deliberately, knowing that one false move would hurl me into a hellish nightmare scenario of regret and really stubborn stains. Oh no. Not on my watch.

From across the little table, Di had a commanding view of the exposed portions of my shirt. She kept tabs on it, monitoring for an errant speck of marinara, which would show up on the ivory-colored silk like a maraschino cherry on a sundae. On I ate, not allowing even one drop of

sauce to escape the bowl—not even to the top of the table. Di was impressed. So was I. I mean, it didn’t dominate our conversation, but it did merit a few words of congratulations.

We wound down with our main courses, being sure to leave room for dessert. I had one meatball and one forkful of pasta left over. It would make a fine snack the next day. I loosened my napkin and returned it to my lap.

Then I thought it’d be great if we just sliced up the meatball tomorrow and turned it into a sub with a roll and melted cheese. Even better. Might as well finish off the few strands of linguini then. And you know where this is going.

“Uh oh,” said Diane, pointing at my shirt. “Looks like you got something there.” We all know what that something was. Seriously? The last twirl of the last forkful of linguini with the last quarter teaspoon of marinara...an afterthought...and my nap-

kin’s on my lap and...and...it’s just too painful to relive. The pain of the ignominy was somewhat lessened when I was able to remove the stain, but my shirt was justifiably livid. Its concerns had been proven valid. I’ll have to wait until it allows me to wear it again.

Dana Pearson can be reached at [dana@touristandtown.com](mailto:dana@touristandtown.com)

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www.bentleyssaloon.com | 985.8966

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June 24: Lisa, Jim & Byon  
June 25: Trifecta; June 26: Rob & Jim  
July 1: Meraki; July 2: Primo Cubano  
July 3: Rob & Jim  
www.bitterend.me | 360.0904

**The Brunswick**  
39 West Grand Avenue, OOB  
Live Music Everyday 1-11 PM  
www.thebrunswick.com | 934.4873

**The Kennebunkport Inn**  
Dock Square, Kennebunkport  
June 24: Ross McGinness 12-4PM  
June 25: Amanda Adams  
June 26: Andy MacLeod  
June 29: Andrew Favreau  
June 30: Amanda Adams  
July 2: Amanda Adams  
July 3: Andy MacLeod  
www.kennebunkportinn.com  
967.2621

**Clay Hill Farm**  
220 Clay Hill Road, Cape Neddick  
June 23: Gordon Shannon at the Piano 6 PM  
June 24: Katherine Mayfield at the Piano 6 PM  
June 25: Katherine Mayfield at the Piano 6 PM  
June 26 & 27: Sweet Serenity with  
Curt Bessette & Jenn Kurtz 5:30 PM  
June 29: Katherine Mayfield 6 PM  
June 30: Gordon Shannon 6 PM  
July 1 & 2: Katherine Mayfield 6 PM  
July 3 & 4: Sweet Serenity 5:30 PM  
July 6: Katherine Mayfield 6 PM  
www.clayhillfarm.com | 361.2272

**The Colony Hotel**  
140 Ocean Avenue, Kennebunkport  
June 24: Dock Squares 5-7 PM  
July 4: Beau Dalleo Trio 5 PM  
www.thecolonyhotel.com / 967.3331

**Cowbell**  
140 Main Street, Biddeford  
Live Music Friday and Saturday nights  
www.eatatcowbell.com | 284.2355

**Féile Restaurant & Pub**  
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Wednesdays: Live Irish Music 6:30-10 PM  
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www.feilerestaurantandpub.com | 251.4065

**The Front Porch**  
9 Shore Road, Ogunquit  
Live Music Nightly Until Closing  
www.thefrontporch.com | 646.4005

**Funky Bow Brewery and Beer Company**  
21 Ledgewood Lane, Lyman  
Live Music Fri-Sat-Sun.  
www.funkybowbeercompany.com  
409.6814

**Hooks Chill & Grille**  
696 Main Street, Ogunquit  
June 27: Jim Dozet 6 PM  
June 29: Dan Walker 6 PM  
July 4: Jim Dozet 6 PM  
July 6: Amanda Dane 5:30 PM  
www.hookschillgrille.com | 216.4813

**Bull and Brew Wing House**  
6 East Grand Ave, Old Orchard Beach  
June 24: Eric Grant Band 9 PM

June 25: Thirty Six Red  
July 1: Nick Drouin  
July 2: Duke  
July 3: East Coast Boys  
July 4: Cryin Out Loud  
www.bullandbrewwinghouse.com  
934.3595

**Hurricane Restaurant**  
29 Dock Square, Kennebunkport  
June 29: Lisa Mills 5:30 PM  
July 6: Michael Corleto 5:30 PM  
www.hurricanerestaurant.com | 967.9111

**Inn on the Blues**  
7 Ocean Avenue, York  
June 24: The Mockingbirds 9:30 PM  
June 25: Atlantic Shake 9:30 PM  
July 1: Holly Heist 9:30 PM  
July 2: Maddi Ryan 9:30 PM  
July 3: The Mockingbirds 9:30 PM  
www.innontheblues.com | 351.3221

**Jimmy the Greek's**  
215 Saco Avenue, Old Orchard Beach  
Live Music Friday and Saturday  
www.jimmygreesopa.com | 934.7335

**Live Cafe**  
169 Port Road, Kennebunk  
July 9: Coyote Island 5:30 PM  
204-2055

**Lobster in the Rough**  
1000 US Route 1, York  
June 23: Whiskey Horse 7 PM  
June 24: Mica's Groove Train 6 PM  
June 25: Max Sullivan 1PM, Chris Fitz Band 6 PM  
June 26: Clint Lapointe 1PM, Now is Now 5 PM  
June 30: Crys 7PM  
July 1: Blue Matter 6 PM  
July 2: Ralph Allen 1PM, The Cover Tones 6 PM  
July 3: Lewis Goodwin 1PM, Freight Train 5 PM  
July 4: Banana Gun 3PM  
www.theroughyorkmaine.com  
363.1285

**Mike's Clam Shack**  
1150 Post Road, Wells  
June 24: Mike Mazola 6:30 PM  
June 25: Bob Tirelli 7:00 PM  
June 26: Bob Tirelli 4:30 PM  
July 1: Joanie 7PM  
July 2: Bob Tirelli 6:30 PM  
July 3: Bob Tirelli 4:30 PM  
www.mikesclamshack.com | 646.5999

**Nikano's Mediterranean**  
173 Main Street, Ogunquit  
June 23: Jim Dozet 2 PM  
June 24: Amanda Dane 2 PM, Beau Dalleo 8 PM  
June 25: Beau Dalleo 2 PM, Eric Andrews Quintet 8 PM  
June 26: Maher & Mazola Duo 12PM, Beau Dalleo 3 PM

June 30: Michael Corletto 2 PM  
July 1: Jim Dozet 2PM, Beau Dalleo 8 PM  
July 2: Beau Dalleo 2PM, The Hep Cats 8 PM  
July 3: Amanda Dane 12 PM, Tequila Jim 3 PM,  
Beau Dalleo 8 PM  
July 4: Beau Dalleo 12 PM  
www.nikanos.com | 646.1112

**Old Vines Wine Bar**  
173 Port Road, Kennebunk  
June 29: Rob Bellamy 6 PM  
June 30: Dueling Pianos with Seth & Jimmy 6 PM  
July 1: King Kyote 6 PM  
July 2: Pieces of Eight 2PM / Silent Disco 8 PM  
www.oldvineswinebar.com | 967.2310

**Outlook Tavern at the Links at Outlook**  
310 Portland Street, South Berwick  
June 24: Kaia Mac 6 PM  
June 25: Vernon Northover  
June 30 & July 1: Dan Walker; July 2: Keith Brown  
www.outlooktavern.com  
384.1004

**Patio Pub – OOB**  
2 Old Orchard Beech Pier, Old Orchard Beach  
June 24: Kevin Niles; June 25: Jordan K  
June 26: Yo Adrian; June 28: Yo Adrian  
June 29: Yo Adrian; July 1: Ellis Falls  
July 2: Jordan K; July 3: Ellis Fal  
July 4: Matt Bergeron  
www.oobpier.com | 934.3595

**The Pilot House**  
4 Western Avenue, Lower Village Kennebunk  
June 23: Ben Lyons 6P M; June 24: Chris Ross 7 PM  
June 25: Wind & Wire 5-8 PM  
June 26: Ben & Sam Lyons 1 PM  
July 2: Whoopie Cats 6 PM  
www.thepilohouseme.com | 204.0709

**Ryan's Corner House Irish Pub**  
17 Western Avenue, Lower Village Kennebunk  
Live Music Every Friday and Saturday  
June 24: Andy MacLeod 6:30PM  
967.3564

**Strike Zone**  
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Live Music Every Friday/Saturday/Sunday  
June 25: Ben Lyons 6PM  
www.strikezonerestaurantandpub.com  
934.0199

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http://tidesbeachclubmaine.com | 967.3757

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Vinegar Hill Music Theatre "Sound Check"

*by Craig Cameron*  
Folk artist Dar Williams arrives at Vinegar Hill this summer fresh off a successful spring tour with Sophie B. Hawkins, which followed a 36-date nationwide fall / winter tour in support of her latest album I'll Meet You Here, released in October of 2021, her first release since 2015's Emerald.  
The July 1st date will be an evening with Dar Williams, featuring songs spanning her 25-year career. Having released ten studio albums, there is no shortage of inspiring content for Williams to choose for this performance. She has been called "one of America's very best singer-songwriters" by The New Yorker. Her lyrics contain bouquets of optimism, delivered on melodies alternating between beguiling lightness and understated gravity.  
Getting her start in music in the vibrant mid-90's scene in Boston exposed Williams to a multitude of local influences that helped shape her music: Berklee Jazz musicians, alt-rockers, slam poets, and folk artists. Her career launched when Joan Baez invited her as the opening act on an expansive U.S. and European tour, in effect, certifying her as a folk artist worthy of attention.  
The closing song on I'll Meet You Here brings Dar's career full circle, as it appeared on her first album and Joan Baez recorded a version of it with her. "I'm the same age now that she was when she took me on the road," Williams marvels. On this version, she meshes her elegant soprano with band member Bryn Roberts' beautiful piano playing, contrasting her delicate singing with her forceful push against conventional expectations for women. When she finally rejects them and finds her own voice, she revels in its power.  
With songs that deal with the full spectrum of the human condition, Williams visits recurrent themes such as religion, adolescence, misunderstood relationships, loss, humor, gender issues, and geography. Her talent as a songwriter and singer will be on full display at Vinegar Hill Music Theatre on the evening of July 1st! Tickets and more information at vinhillmusic.com.





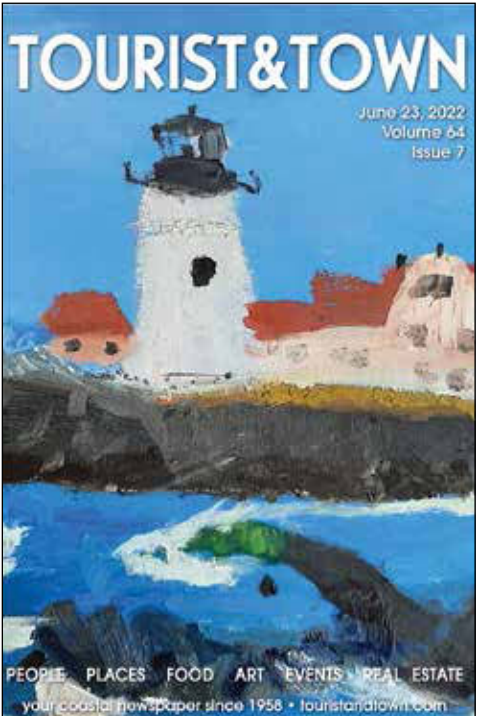
"I used different types of coloring materials and I've always loved to draw. Summer in Maine means going to the beach, having lots of fruits, especially blueberries, going on trolley rides and hanging out with friends."  
~ Zoe Valentino



"This reminds me of eating popsicles on the coast. Summer means spending time at the ocean because I have lived near the ocean all my life and it's a really big part of my life. It's one of my favorite places."  
~ Adalyn Sommers



"This is a happy ocean lobster swimming from the sea to my plate. Lobster is the best summer treat! Summer in Maine means swimming, ice cream and camp!"  
~ Mayson Towne



"Summer in Maine means spending time with my family. I love having picnic dinners, having crab races, going to my grandparents' camp, swimming and fishing, and I REALLY love when all my friends have a super big water balloon fight!" ~ Leo Christian

**Congratulations Cover Contest runners up! You are ALL winners in our eyes! (And don't be surprised if you see another youth cover or two this summer.)**



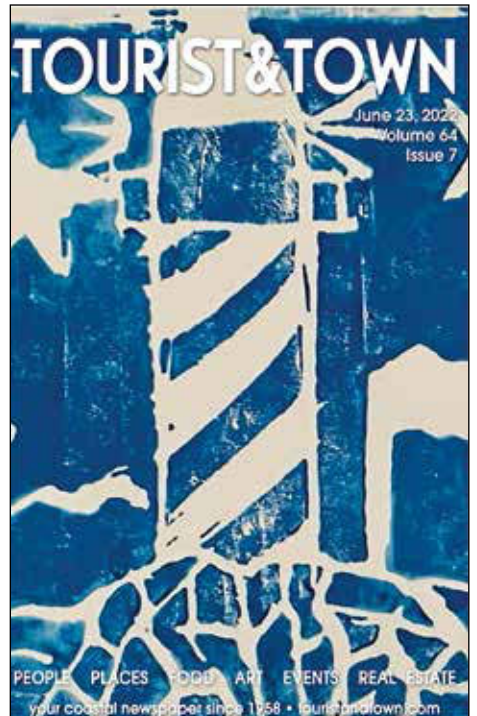
"I like to see the fireworks on the 4th of July. They are really loud when they go over the houses and sometimes I get scared. But they are so very beautiful and sparkly!"  
~ Ramona Sherman



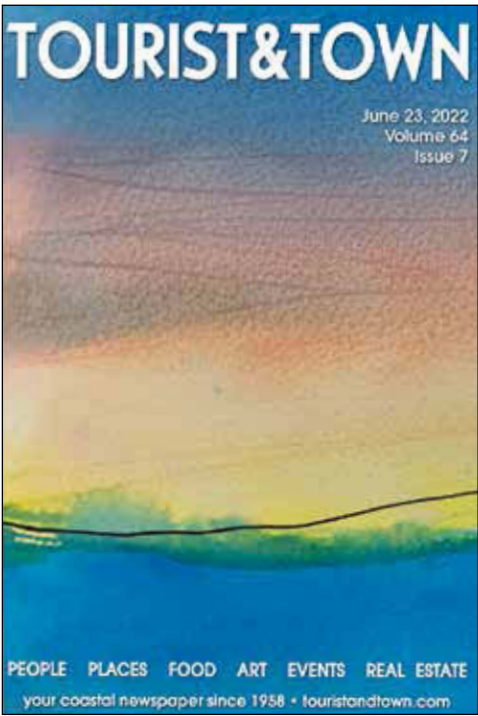
Mallory loves working with watercolor, weaving colors into her drawings. Lobsters remind her of summers in maine.  
~ Mallory Duplantis



"This is a painting of Paddy Creek in the summertime. Summer is a time when I feel happy. It stays light out so much later. I love to go underwater with my goggles, and I love to eat ice cream." ~ Ruby Malloch



"I made this print from a carving I created last summer. It's a lighthouse standing tall and shining as bright as the stars on a clear summer night. Summer It is peaceful, beautiful, wonderful and filled with fun."  
- Jackson Stratford



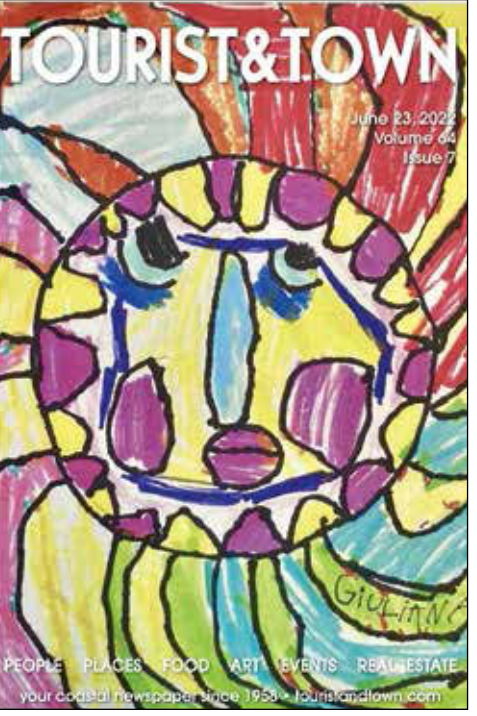
"This is the sunrise over the ocean. Summer is fun because my birthday is in the summer and I do lots of stuff that I can't do any other time like sailing, camp, and swimming in Grammy's pool" ~ Silas Griffith



It's Godzilla and King Kong and aliens fighting. But, as far as summer goes, what I like is no school, I can swim, I can go to the beach, hang out with friends, go to DQ and go on trips with my family."  
~ Maddox Merrill



"All the little drawings are things I do and like in Maine. Summer makes me think about surfing, eating ice cream, playing, camping, roasting marshmallows, 4th of July at Goose Rocks Beach and Fortunes Rocks with my Mimi and Grandpa. ~ Francis Fairbanks



"This is a sun. I worked really hard on making it, so I can share it with my family. Summer in Maine to me is a very special time. I get to go to the beaches, parks, Urban Air, the bowling alley, and I get to use face painting. It makes me really happy to be in Summer." ~ Giuliana Kamon



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**HOW'D YOU DO?**



# CALENDAR OF EVENTS

**Going on now:**  
**8th annual Model of Positive Living Award – Nominations Wanted.** The Center in Kennebunk's Model of Positive Living Award is given to a community member who is 50 or older who makes a difference in the lives of others through kind gestures, volunteerism and a can-do attitude. Visit [seniorcenterkennebunk.org](http://seniorcenterkennebunk.org) to fill out the nomination form. Deadline is August 1. FMI call 967-8514 or email [inquiry@seniorcenterkennebunk.org](mailto:inquiry@seniorcenterkennebunk.org). The award will be announced in September.

**Nikon Small World Exhibit,** Wells Reserve at Laudholm Farm, 10 AM-3 PM daily through June 30. FMI [wellsreserve.org](http://wellsreserve.org).

**Wednesday, June 22**  
**Bird Banding Demonstration,** Wells Reserve at Laudholm Farm, 342 Laudholm Farm Road, Wells, 7-10 AM. No registration required. FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar).

**Portside Readers,** Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 7 PM. FMI call 967-2778.

**Concert in the Park: Lisa, Jim & Byon,** Lafayette Park, Kennebunk, 6:30-7:30 PM. The Lisa Mills, Jim O'Neil and Byon Yeatts sing 3-part harmonies of hits from the 60s through the turn of the century plus a few 21st century songs now qualifying as oldies.

**Portside Readers,** Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 7 PM. Listen to stories, poems, tales, essays, drama, songs and more by the Portside Readers. Tune in on the Louis T. Graves Memorial Public Library's Facebook page or YouTube channel or watch on the Town of Kennebunkport's cable channel 1301. FMI call 967-2778.

**Thursday, June 23**  
**Historic District Walking Tour,** Brick Store Museum, 117 Main Street, Kennebunk, 11 AM. Explore the history of the elaborate and historical homes that line Kennebunk's Summer Street neighborhood in downtown Kennebunk. Led by museum tour guide. \$10 per person/free for members. Reserve in advance by calling 985-4802 or visit [www.brickstoremuseum.org](http://www.brickstoremuseum.org).

**Treasures of the Trail,** Wells Reserve at Laudholm Farm, 342 Laudholm Farm Road, Wells, 10 AM. Learn about the plants and the animals that call this place home. Reserve your space by emailing [caryn@wellsnerr.org](mailto:caryn@wellsnerr.org) or calling Caryn at (207) 646-1555 x110.

**The Maine Loon Project with Maine Audubon,** Wells Public Library, Wells Public Library, 1434 Post Road, Wells, 6 PM. Presentation focusing on Maine Audubon's new Loon Restoration Program, which includes artificial raft construction and monitoring,

as well as the new Loon Ranger program and Fish Lead Free initiative. FMI [sclaydon@wellstown.org](mailto:sclaydon@wellstown.org) or 646-8181.

**Friday-Sunday, June 24-26**  
**Colossal Estate Sale,** 30 County Road, Cape Neddick, 9 AM-3 PM. Hosted by Little River Antiques and Estate Sales. Bring your truck - and your neighbor's truck! FMI [antiquesandestatesales.com](http://antiquesandestatesales.com) or 751-6466.

**Friday, June 24**  
**Menopause: The Musical (for one night only),** Sanford Performing Arts Center. FMI [MenopauseTheMusical.com](http://MenopauseTheMusical.com) or [SanfordPAC.org](http://SanfordPAC.org).

**Saturday & Sunday, June 25-26**  
**Ham Radio Emergency Operations Demonstration,** on the south yard of The New School, Kennebunk. Come see the New England Radio Discussion Society demonstrate emergency communications during the national Amateur Radio Field Day exercise. Visitors will have a chance to meet and talk with local ham radio operators and see for themselves what the Amateur Radio Service is about. FMI contact Alex Mendelsohn AT 207-967-8812.

**Saturday, June 25**  
**The Dessert Bazaar Museum Fundraiser,** Brick Store Museum, 117 Main Street, Kennebunk, 1-3 PM. Live music, a hat contest, a new exhibition, raffles and summer fun. Enjoy delicious desserts and tour the "What A Relief: The Art of Salley Mavor" exhibition and meet Salley Mavor. Reserve in advance by calling 985-4802 or visit [www.brickstoremuseum.org](http://www.brickstoremuseum.org).

**Wellness Salon,** Flourish, 140 Main Street, Biddeford, 1 - 5 PM. Relax & experience the power of healing arts. Choose from an array of healing artists w /mini sessions. Free. FMI [www.flourishme.life](http://www.flourishme.life) or (508) 728-4984.

**Drum Circle,** Flourish, 140 Main Street, Biddeford, 6 - 7:30 PM. Led by Patsy Onatah. Please bring a drum or other percussion if you have it. Extras will be provided as well. No experience necessary. Donations. FMI [www.flourishme.life](http://www.flourishme.life) or (508) 728-4984.

**Sunday, June 26**  
**21st Annual Wells Antiques Show & Sale,** Wells Reserve at Laudholm Farm, 342 Laudholm Farm Road, Wells, 10 AM-4 PM. A great antiques show and sale with 75 exhibitors from all over. \$10 admission, \$8 with the ad on page of this issue. FMI visit [www.goosefareantiques.com](http://www.goosefareantiques.com) or call 1-800-641-6908.

**Psychic Sunday,** Flourish, 140 Main Street, Biddeford, 11 AM - 3 PM. Empower yourself with intuitive guidance. FMI [www.flourishme.life](http://www.flourishme.life) or (508) 728-4984.

**Community Kirtan,** Flourish, 140 Main Street, Biddeford, 6-7:30 PM. An enlivening evening of interactive singing and rhythm of love centered songs. Join in or just soak up the good vibes. Led by Robyn Wiley. FMI [www.flourishme.life](http://www.flourishme.life) or (508) 728-4984.



**What a Relief:  
The Art of Salley Mavor**  
June 7- September 11

BRICK STORE MUSEUM  
117 Main St., Kennebunk  
[www.brickstoremuseum.org](http://www.brickstoremuseum.org)

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**Monday, June 27**  
**25th Annual Kennebunk Free Library 5K – Virtual Race begins.** The virtual race will go on through July 7. The in-person race will be on July 8 at 6 PM. Pre-register online by July 7. T-shirts and goodie bags to first 200 registrants. FMI [www.kennebunklibrary.org](http://www.kennebunklibrary.org) or 985-2173.

**Tuesday, June 28:**  
**Free Admission Day,** Brick Store Museum, 117 Main Street, Kennebunk, 10 AM-5 PM. Visits to the museum are free every Tuesday from June through December. FMI call 985-4802 or visit [www.brickstoremuseum.org](http://www.brickstoremuseum.org).

**What's Your Story?** Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 7 PM. Each week, our library director Mary-Lou Boucouvalas sits down with a community member and talks to them about where they came from, what they do, their interests, etc. Tune in on the Louis T. Graves Memorial Public Library's Facebook page or



# CALENDAR OF EVENTS

YouTube channel, or watch on the Town of Kennebunkport's cable channel 1301. FMI call 967-2778.

**Community Webinar: Childhood Grief and Loss**, hosted by The Center for Grieving Children, 3:30-5 PM. Caregivers, professionals, family members, teachers and others can encourage resilience when children encounter Adverse Childhood Experiences (ACEs) and trauma, including the death of a parent or caregiver. Bereavement coordinators Sara Asch and B. Hailey will discuss the intersection between childhood grief and loss, ACEs, and the impact on children's development, and introduce ways to support protective factors and build resilience. Register at <https://us02web.zoom.us/join/9tJd8P33w> or call 775-5216.

**New Moon Yoga**, Slow Flow, Flourish, 140 Main Street, Biddeford, 6:30 - 7:45 PM. A gentle, moderate class appropriate for anyone. Led by Yoga Facilitator Lulu Wingert. Suggested donation \$20. Reserve a spot by email [flourishmaine@gmail.com](mailto:flourishmaine@gmail.com). FMI [www.flourishme.life](http://www.flourishme.life) or (508) 728-4984.

**Wednesday, June 29 (and Wednesday, July 6) Studio Expressive Art Nite**, Flourish, 140 Main Street, Biddeford, 7 - 9 PM. Explore, experiment, Turn on the artistic side of your brain. Led by Maribeth Amber. Acrylic or watercolor painting, clay. Option to work on your own with your own materials. \$5 - \$25. Reserve a spot by email [flourishmaine@gmail.com](mailto:flourishmaine@gmail.com). FMI [www.flourishme.life](http://www.flourishme.life) or (508) 728-4984.

**Concert in the Park: Finestkind**, Lafayette Park, Kennebunk, 6:30-7:30 PM. Finestkind is a country band made up of a keyboard player, lead guitar, bass guitar, drums and vocals. Come enjoy a blend of traditional country music, country blues and Texas swing.

**Portside Readers**, Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 7 PM. See previous listing for details. FMI call 967-2778.

**Thursday, June 30: Historic District Walking Tour**, Brick Store Museum, 117 Main Street, Kennebunk, 11 AM. Explore the history of the elaborate and historical homes that line Kennebunk's Summer Street neighborhood in downtown Kennebunk. Led by museum tour guide. \$10 per person/free for members. Reserve in advance by calling 985-4802 or visit [www.brickstoremuseum.org](http://www.brickstoremuseum.org)

**Saturday, July 2 Opening Reception for Audra Weaser Exhibit: "Reflections,"** KW Contemporary Art, 184 Port Road, Kennebunk, 5-8 PM. Exhibition Dates are July 2 through August 2. KW Contemporary Art is pleased to present Reflections, a new collection of works from Audra Weaser. Reception is open to the public. FMI contact Kiersten Wilcox at [kiersten@kwcontemporaryart.com](mailto:kiersten@kwcontemporaryart.com) or call 204-0480

**Saturday, July 2 Big Multi-Family Yard Sale**, 1 Brookside Drive (across from Cape Arundel Golf Course), Kennebunkport, 9 AM-2 PM. Household items, air conditioners, microwaves, sports items, toys, books, clothes and more. Don't miss this! Rain date Sunday, July 3.

**Fourth of July Wine Tasting** on the Patio with Certified Sommelier Gary Murfitt, Boulangerie: A Proper Bakery, 5 Nasons Court, Kennebunk.

**Sunday, July 3 Goose Rocks Beach Association's 28th Annual Fourth of July 5K Road Race**, GRBA Community House, 10 Community House Rd., Goose Rocks Beach. Online registration is open until midnight July 2. Or register in person on race day starting at 7 AM. [www.gooserocksbeachassociation.org](http://www.gooserocksbeachassociation.org)

**What's Your Story?** Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 7 PM. See previous listing for details. FMI call 967-2778.

**Tuesday-Thursday, July 5, 6 & 7 Summer Botanical Eco Dyeing Class**, Kennebunk Depot, 12 Depot Street, Kennebunk, 10 AM-12 PM. Join educator, artist and illustrator LK Sleat for a two-and-a-half day workshop on printing and dyeing with natural plants flowers and dye baths on silk, linen and paper. Most supplies are included: flowers, fabrics (silks, linens and paper). Cost is \$200 per person. Class limited to 10. FMI email [laurensleat@gmail.com](mailto:laurensleat@gmail.com). You can find out more about the educator on Instagram @lksleat or at [www.lksleatillustrator.com](http://www.lksleatillustrator.com).

**Wednesday, July 6 Concert in the Park: The Chris Humphrey Big Band**, Lafayette Park, Kennebunk, 6:30-7:30 PM. The Chris Humphrey Big Band is a jazz and swing big band focusing on classic big band jazz, featuring tunes from 1930s-1960s.

**Thursday, July 7 (and Thursday, July 21) Chill Gaming**, Kennebunk Free Library, 112 Main Street, Kennebunk, 3:30-4:30 PM. This group meets every other Thursday. FMI see Miss Emmaline in the Children's Room or call 985-2173.

**Friday, July 8: Kennebunk Free Library's 25th Annual 5K**, 12 Main Street, Kennebunk, 6 PM. [www.kennebunklibrary.org](http://www.kennebunklibrary.org), 985-2173.

**Sunday, July 10 Kennebunk Beach Improvement Association's KBIA Annual Day at the Beach 1K & 5K** Sunday, July 10, 8:30 AM: 1K start, 8:45 AM: 5K start, Mother's Beach, Beach Avenue. \$20 and \$30. FMI visit [www.kbia.net](http://www.kbia.net)

**Tuesday, July 12 Lobster Buoy Art Workshop**, Nonantum Resort, Ocean Avenue, Kennebunkport, 4-6 PM. Sponsored by River Tree Arts and led by local artist Abbeth Russell. Fee is \$35. Registration required. FMI [rivertreearts.org](http://rivertreearts.org) or 967-9120.



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Moody Point is a very sought after area in Wells, and homes in this area do not come on the market often. This year-round home was converted to a condominium in the 1980's. "Home Port" looks at the Atlantic Ocean on a corner lot with magnificent views of the ocean from many rooms. This 4 bedroom, 2 bath home has many possibilities.