

### **A NOT-TO-MISS EVENT!**

### 17th Annual

### **Coastal Kitchen Tour Weekend**

Back by popular demand!





### Friday, October 7th Kick-off Party

Celebrate with us at The Blue Coffeehouse & Wine Bar! Tickets to this party are \$10 and include appetizers and the chance to meet some of our amazing Coastal Kitchen Tour Vendors. Tickets are limited, so get yours today!

Friday, October 7, 5:00-7:00 PM

# Saturday, October 8th Coastal Kitchen Tour

Spend your day touring these beautiful kitchens at your own pace - our docents will be on-site to show you in during tour hours! Advanced tickets are just \$35 and are on sale now!

Saturday, October 8, 10:00-3:00 PM

# Sunday, October 9th Sip & Shop with J. McLaughlin

Enjoy an afternoon sipping and shopping at J. McLaughlin in support of the Center.

15% of sales will benefit the Center!

Sunday, October 9, 12:00-4:00 PM

### FMI: seniorcenterkennebunk.org | 207-967-8514

All proceeds support the Center, a 501(c)3 nonprofit serving seniors in the Kennebunks.

### It's back!

### The Coastal Kitchen Tour of the Kennebunks!

The Center stages popular kitchen tour October 7-9

by Valerie Marier

"There are so many wonderful new plans and designs for kitchens today," says Louise Hurlbutt of Hurlbutt Designs LLC in Kennebunk. "And the Coastal Kitchen Tour on October 8 is the perfect showcase for anyone contemplating a kitchen renovation or even just looking for a few ideas."

After a two year gap due to Covid, the Center in Kennebunk (formerly known

as the Senior Center at Lower Village) has planned an eventful weekend to celebrate the return of the Coastal Kitchen Tour. The kick-off starts Friday, October 7, with a gathering from 5-7 PM at the Blue Coffeehouse & Wine Bar on Main Street, Kennebunk. Ticket-holders are encouraged to attend where they will have

the opportunity to meet and speak with various kitchen experts.

The popular tour begins on Saturday, October 8, lasting from 10 AM to 3 PM. Participants can visit seven different homes throughout the Kennebunks and see renovations and designs created by Louise Hurlbutt of Hurlbutt Designs, Nicki Bongiorno of Spaces, All About Kitchens and others. The driving tour is self-guided and ticket-holders can visit the different homes in any order they choose.

This fun weekend concludes with a "Sip and Shop" at J.McLaughlin on

Route 1 in Wells on Sunday, October 9, from 12-4 PM. Center spokesperson Dori Lam says, "This is a great way to spiff up your fall wardrobe with J.McLaughlin's classic styles and to simultaneously support the Center because 15% of all sales at this event benefit the Center."

The Center is a meeting place for adults 50 and older, to explore their

interests through engaging programs, social connection and to make a difference through volunteer opportunities that strengthen the community. Since 1990, the Center has been a magnetic mainstay for area residents who come to participate in gentle yoga, cribbage, mah jong, bridge and computer skills classes, among

numerous other offerings.

With more than 500 members from the Kennebunks, Wells, Saco and Sanford, the non-profit organization relies heavily on fundraising events, including the Coastal Kitchen Tour. Lam adds, "This weekend's tour is one of the key fundraisers for the Center. We are hopeful that both residents and visitors will come out and enjoy all the events."

FMI visit www.seniorcenterkennebunk.org; follow on social media @CenterKennebunk; call 967-8514; or visit the Center at 175 Port Road, Kennebunk.



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# Harvest Fair returns to St. David's in Kennebunk Saturday, November 5

After a two-year hiatus, treasures and gifts, jew- urday, November 5, from St. David's Annual Har- elry, homemade baked 9 AM to 2 PM, on your vest Fair is set to return on Saturday, November 5!

This year's fair will offer as in the past, including a rants in our area. silent auction, themed gift

goods and frozen items, calendars. and assorted crafts.

the same wonderful tables award-winning restau- Kennebunk.

You don't want to miss please call 985-3073. baskets for raffle, unique this, so be sure to put Sat-

St. David's is located at Lunch provided by area 138 York Street (Route 1) in

For more information,



Courtesy photo

### For the Collector

Prior to his retrospectice exhibit at the Craft Alliance in St. Louis, MO, we now have 4 original paintings by American Folk Artist Tommy Simpson. It's an exciting opportunity to own an artwork created by this nationally treasured artist.

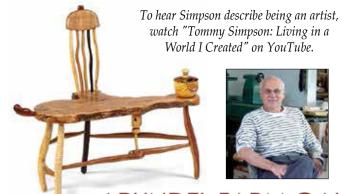
With over 60 years creating one-of-a-kind, whimsical artworks and hundreds of exhibitions under his belt, the time was ripe for a retrospective show for American Folk Artist Tommy Simpson - and the time is now to experience it. Tommy Simpson, whose work includes studio furniture, sculpture,

and performance, is that rare artist who create. Arundel Farm Gallery is pleased embodies the creative spirit in every aspect to have on exhibit four of Simpson's of his being. For his upcoming show in gouache paintings and his bench, "Moon January at the Craft Alliance in St. Louis, Milk Eyes."

Missouri, Simpson will not only display his own artwork but will create an interactive exhibition to encourage young people, especially, to find the creative spirit within themselves. "By mak-ing something with one's hands," Simpson said, "one discovers the creative power within." Simpson re-

gouache paintings, rug design, poetry minds us that we all have the potential to

Make a point of visiting the gallery prior to October 15, when the gallery closes for the season. You will be glad you did!







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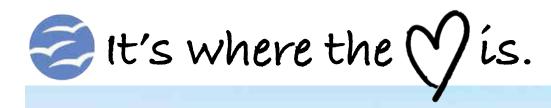
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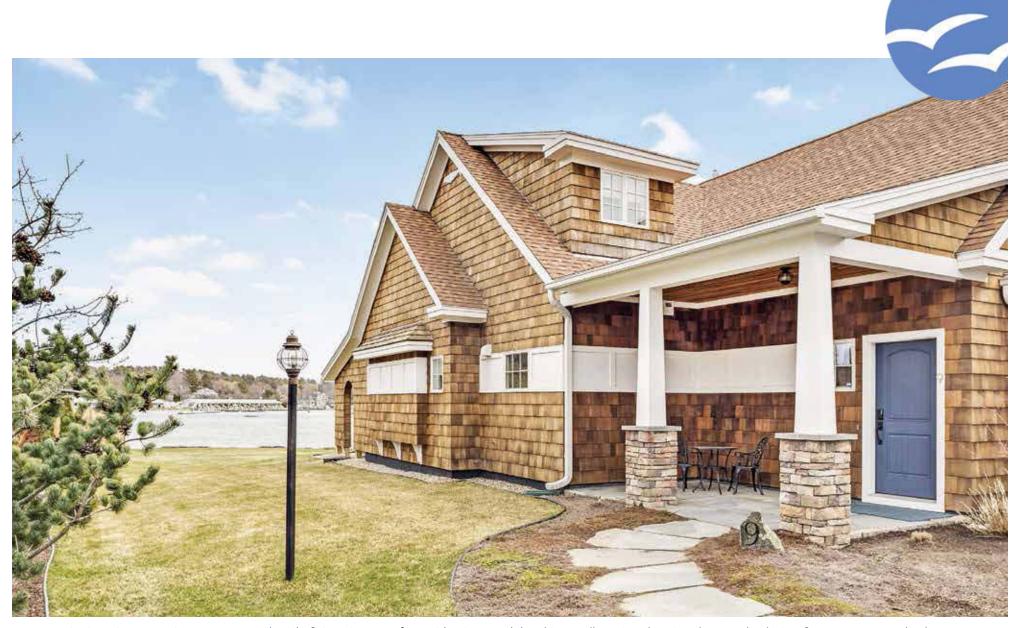
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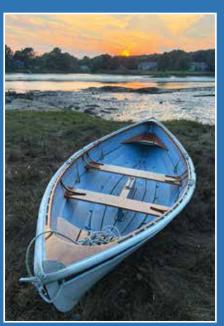




### **Cover Artist: Janet Tombros**

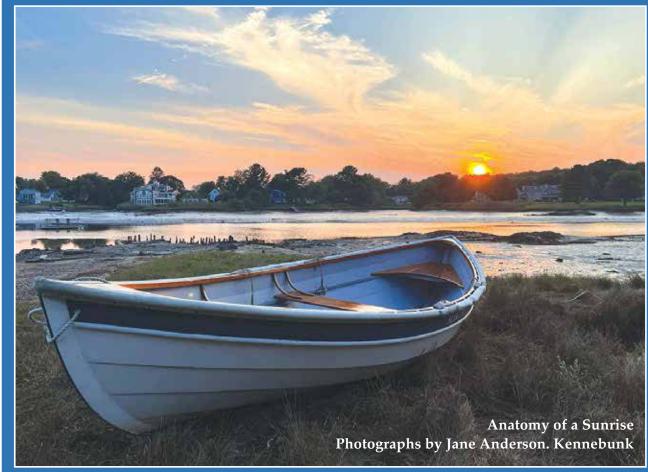
Cover Art: Underwater Scene from the 4th Annual Chalk the Port

Janet P. Tombros' work, such as the underwater scene on the cover, is the product of a very busy mind, and is one of the everchanging genres she works in. She says the diversity challenges her skills and helps to keep her perspective fresh and energized. Tombros' art reflects the broad cross-cultural influence that comes from her extensive travel experiences. From the Brazilian tropics to the riches of Sicilian antiquity, Tombros' vivid color palette reflects these carefree cultures. Tombros is a certified "Master" Street Painter with the Florida Chalk Artist Association. She is an established acrylic artist on both canvas and murals in the Central Florida community. FMI 407-489-0525, jpartist@gmail.com.











### **Tourist & Town Contributors this issue:**



October brings out all the beautiful fall colors but most importantly to Faith Gillman, it brings on all things Halloween... the most "thrilling" time of the year!



Val Marier has never successfully soft-boiled an egg her entire life (it cracked, was too runny or too hard) until she researched the topic for Kitchen Talk which she is sharing with you this week. Getting out my egg cup for tomorrow's breakfast!



I love Halloween. The theme of ghouls and goblins and of course, dressing up and plenty of candy too(Reese's Peanut Butter Cups are my favorites). Boo! ~ Jo O'Connor



Last we heard, Dana Pearson is still a writer and musician living in Kennebunk. His books are often found at amazon.com/author/danapearson.

### **UPCOMING 2022 T&T PUBLICATIONS**

**ISSUE DATE** 

ADS/PR DEADLINE

FALL MAGAZINE

ON STANDS NOW

Thursday, October 20

Wednesday, October 12

**HOLIDAY MAGAZINE** 

**WEDNESDAY, NOVEMBER 9** 

Thursday, November 24

Wednesday, November 16

### Publisher & Editor

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# Arundel Cemetery becomes newest official location for 2022 National Wreaths Across America Day

# Local support is needed in order to put wreaths on the headstones of all local heroes

etery, located on Walkers Lane in Arundel, will join the more than 3,100 participating locations across the country to "Remember, Honor and Teach" on Saturday, part of Wreaths Across America. This is a significant honor for our local area, which comes thanks to the tireless efforts of American Legion Post 159 in Kennebunkport.

ica started as a simple gesture of thanks that has grown into a national movement of dedicated volunteers and communities coming together the nation's fallen and honor their service, but to teach the next generation about the sacrifices made for us to live freely.

This year, there will be more than 3,100 participating locations placing

The Arundel Cem- America Day, with more than two million volunteers coming together.

The goal for Arundel Cemetery is to raise enough funds to place a wreath at each of the 431 Veterans' graves at Arundel Cem-December 17, 2022, as etery, to ensure that the individuals who served to protect the freedoms of our country never be forgotten and to bring the community together in patriotic commemoration.

'We are forever grateful Wreaths Across Amer- for the thousands of supporters who dedicate their time and effort to fulfilling our mission all year long, said Karen Worcester, executive director, Wreaths Across America. "These to not only remember individuals and their communities know the value of remembering the fallen, honoring those who currently serve and teaching the next generation about the sacrifices made for our freedom every day, and without their continued veterans' wreaths on support, Wreaths Across National Wreaths Across America would not exist."



### **National Wreaths Across America Day** - Saturday, December 17, 2022 -

Local community members who wish to sponsor a wreath at Arundel Cemetery may contact Hans Ruediger at (207-216-1147 (preferred) or hwruediger@hotmail.com, or go directly to https://www.wreathsacrossamerica.org/pages/171536/Overview/?relatedId=0 to sponsor wreaths online.

### How you can get involved

Volunteers can get involved at any of the 3,100+

**About Wreaths Across** America

Wreaths Across America is a 501(c)(3) nonprofit organization founded to continue and expand the annual wreath-laying ceremony at Arlington National Cemetery begun by Maine businessman Morrill Worcester in 1992. Their mission – Remember, Honor, Teach – is carried out in part each year by coordinating wreath-laying ceremonies in December at Arlington, as well as at thousands of veterans' cemeteries and other locations in all 50 states and beyond.

The 2022 Wreaths Across America theme is "Find a Way to Serve." The inspiration for this year's theme came largely from the American Rosie Movement, which highlights the Arundel Cemetery, please stories of the World War II-era women known as Rosie the Riveters, or simply "Rosies" – women who pulled together to do the work that needed to be done for our freedom. The move- Overview/?relatedId=0.

ment encourages youth to get involved in their own communities to serve in small ways that can make a big impact. As part of this new theme, Wreaths Across America is revamping its educational curriculum working with like-minded organizations to develop action plans to inspire young people across the country to find a way to serve in 2022 and beyond.

All Wreaths Across America Day events are non-political, non-religious events open to all people. For more information, to donate or to sign up to volunteer, visit www.WreathsAcrossAmerica.org.

To sponsor a wreath for reach out to Hans Ruediger at 207-216-1147 (preferred method) or hwruediger@hotmail.com, or go directly to https://www.wreathsacrossamerica.org/pages/171536/



Join over 2 million volunteers nationwide in placing wreaths on veterans' headstones. Invite your family and friends to an experience you will never forget, as you take a break from the hustle and bustle of the holiday season to honor our service men and women and their families. FMI visit WreathsAcrossAmerica.org.

# "It's Like This" – When a pie doesn't meet one's expectations Call her Lucia (mainly be- have been visiting for more a trip to the Granite Hall all knew what was coming market she had not pur-

by Dana Pearson

pointed at not being so disappointed. Let me explain.

I've never been so disap- cause that's her name). She's got a little cottage up in Round Pond, where Diane We have a friend. Let's -you know, my wife - and I

HUMOR

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than 30 years. Lucia, who Store (though, oddly enough, lives in Berkeley, usually flies out once a year for a vacation, and often invites her California friends to join her. One such friend, a hilariously dry-witted woman we'd met before...well, let's call her Sandy (see reason above), was there Labor Day weekend when we went up to visit. Also present was another California friend, one we were meeting for the first time, and an original product of Chester, England, named

to her as Sheila. It was, per usual, a cheery get-together, with all the essential ingredients: a walk along the shoreland road; lively conversations covering a myriad of topics; a

Sheila; therefore, we'll refer

not involving any candy or ice cream this time); and a homemade meal at the little square table by the bank of windows overlooking the harbor. Sheila was a terrific addition to the crew, especially for a couple of Anglophiles. It certainly didn't hurt that she's a singer (it was a kick to refer to "Mingulay Boat Song," and then break into its chorus together). In short, it was a damn fine day.

Sandy made a delicious pasta salad with chicken. (To clarify, the pasta salad included pieces of chicken; it wasn't that she made the pasta salad with the help of a chicken.) While we enjoyed the salad, there was a cloud of mild anxiety floathealthy amount of laughter; ing over the table, for we

for dessert, the visual cue chased any apples. In this being a small apple serving as the centerpiece. A modest centerpiece, but still a centerpiece. The apple was about two inches in diama healthy red blush.

The seed for our collective anxiety was sown shortly after our arrival, when Lucia announced that Sandy had made a pie. How wonderful is that, right? Fresh homemade pie. Nothing wrong with that. Then Sandy said it was an apple pie. Hot damn, my favorite! Things were looking up. To make it even more tantalizing, she had made the crust from scratch, even going to the market to pick up the ingredients.

However, while at the

case, we soon learned, there was no need, for Sandy had used the apples hanging right outside the windows.

"Really?" I said, looking eter, greenish-yellow with out at the gnarly old apple about a third of it cloaked in tree between the cottage and the harbor, the very tree I'd pruned several times over the past 30 years so that the view wouldn't be completely blocked from the deck. I was simultaneously impressed and concerned. Impressed, because she saw the apples and was inspired to make us a pie; concerned, because no one had ever made a pie from those apples.

"Yeah, have you ever tried one?" asked Sandy.

"No," I said as Diane shook her head.

"Really, really bitter," said Sandy, making a face as an illustration. "So, I'm curious," she continued. "Is it possible to get sick from eating an apple that maybe shouldn't be used in a pie?"

"Gee, I don't know," I said. "Probably." Anxiety was mounting. "You used plenty of sugar?"

"Óh yeah."

"And cinnamon?"

"No, I didn't use any cinnamon."

For a man who uses four times the recommended amount of cinnamon in his apple pie, this was a dire turn of events.

'Umm, vanilla?"

"Nope, no vanilla either. Sorry.'

"That's OK," I said, not believing my own words.

"Well, you know," said Sandy, "we'll try it, and if it doesn't taste good, you'll tell me and we'll just stop eating it."

"Ēither way, it's very sweet you made it," I said, praying to the heavens that the pie would at least be

marginally sweet. We divvied up the pie and held our forks in anticipation. Now, I've always found awful food to be terribly funny, a great source of humor, fine material for future tales and conversations ("Hey, Sandy, remember that apple pie that killed one of us and sent the others to the hospital?"). So - and tnis may sound strange – I was actually hoping the pie would suck, if only to make it memorable.

No such luck. It was really good, even without cinnamon and vanilla. The bitter little apples had been baked to perfection, and the crust was divine. We cleaned

There are clumps of rosa rugosa by the cottage. I'm hoping that next year Sandy will make us sick with rose

Dana Pearson can be reached at dana@touristandtown.com



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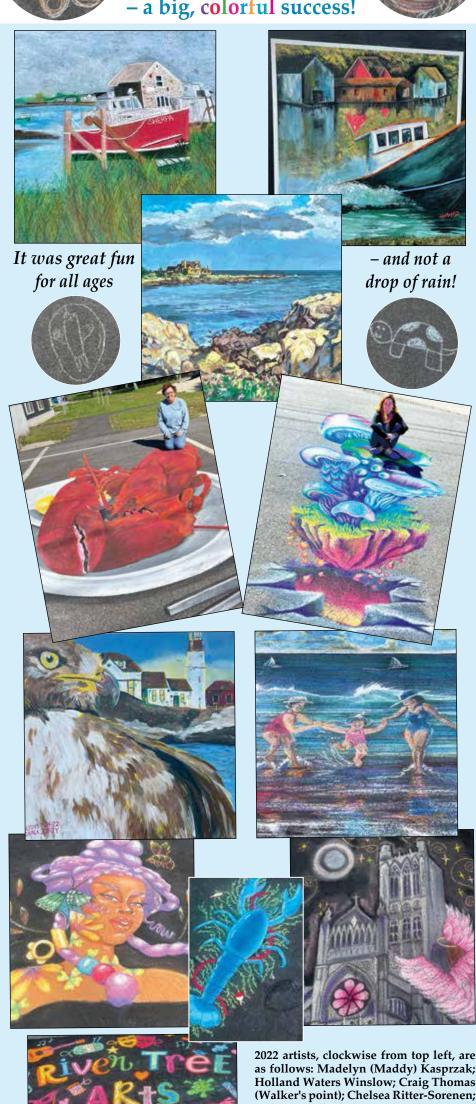
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2022 artists, clockwise from top left, are as follows: Madelyn (Maddy) Kasprzak; Holland Waters Winslow; Craig Thomas (Walker's point); Chelsea Ritter-Sorenen; Celeste Millette; Sam Hamilton; Leah Payne (River Tree); Abby Montembeau (lobster); Ann Gill; Bridget Lyons; Eric

www.chalktheport.com

















### Inspire An American Cancer Society Fundraiser

October 1-31 Breast Cancer Awareness Month



Pop-Up on Maine Art Hill 5 Chase Hill Rd. Kennebunk Open 10am-5pm Closed Wednesdays

### OTHER HIGHLIGHTS ON MAINE ART HILL



### Jeffrey T. Fitzgerald **Mark Davis** September 24-October 13 The Gallery on Maine Art Hill 14 Western Ave. Kennebunk

Open Daily 10am-5pm

### **SAVE THE DATE: Richard Winslow & Kristin Neufarth**





### November 3-28 Pop-Up on Maine Art Hill

Save the date for our annual November Pottery Pop-Up featuring ceramics by Richard Winslow and this year guest painter Kristin Neufarth!

### Maine Art Hill is Open Year Round!

With over 40 artists repsented working in oil, acrylic, ceramic, metal, encaustic, photography, and more, there is something for everyone! Parking is located at 14 Western Ave and the Chase Hill Parking lot.







14 WESTERN AVE. | KENNEBUNK, ME | 207.967.2803 | MAINE-ART.COM

"Did you ever see a place that looks like it was built just to enjoy? Well, this whole state of Maine looks that way to me." -Will Rogers

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**Designs** 



"Flower Bar"

Mother's Beach designed by Geraldine Aikman available at Morph Gallery 155 Port Road, Kennebunk

by Valerie Marier Ironically, the Cellar Co., Kennebunk's newest and only pottery stu-

dio, is situated on the top floor of 1 High Street, directly above Downeast Flowers & Gifts, Inc. With enhancing natural light and a professional-grade Skutt kiln that fires up to Cone 10 (more than 2000 F), co-owner Paisley Hanson offers workshops beginners and advanced potters.

"It's a happy place where people can come to de-stress and let go in a creative positive way,"

**Photography** 

Jewelry

Lynne Stewart, Paisley's mother who co-owns the Cellar Co. with her daughter, added, "We do markets and craft fairs together and I'll be here in the studio to help out with workshops and classes."

The Cellar Co. introduces workshops and classes

Local artist Paisley Hanson shares her passion for

"getting messy with clay!"

Paisley graduated in 2019 with a B.A. in Fine Arts from the University of Southern Maine.

She said, "When I took and classes for budding my first basic pottery course I fell completely in love and prioritized my degree in ceramics." Today she channels her creative zest in workshops centered on making vases, unusual mugs and kids' items. She also teaches an eight-week introductory course on pottery.

> "We are the only pottery studio between Kittery and South Portland," Paisley said. "The Cellar Co. will allow more people to be creative and craft one-of-a-kind art in a place where they can ex-

Paisley Hanson just opened The Cellar Co. in Kennebunk, a new pottery studio in southern Maine. Lynne Stewart (on right), Paisley's mother, is co-owner and will assist with workshops and classes. Photo by Val Marier.

fun at the same time!"

The Cellar Co. is located larco.com

press themselves and learn at 1 High Street, Suite 7, something new – and have Kennebunk. FMI call 939-2742 or visit www.thecel-



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Landscaped sculpture gardens on the coast, perfect for a sunny picnic or gallery tour of contemporary and mode<u>rn art.</u>



### Going on Now:

"Pastels Only" - The Pastel Society of Maine's 2022 Open Juried Exhibition August 24 - October 21

The Pastel Society of Maine (PSME) is hosting their 2022 Open Juried Exhibition "Pastels Only" at the Saco Museum, 371 Main Street, Saco, displaying works of pastel artists from Maine and beyond. "Pastels Only" will be on view from August 24 through October 21.

PSME, originally established in 1999 as the Pastel Painters of Maine (PPOM), promotes public awareness of pastels and creates a network for local and regional pastel artists.



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November 5 & 6

See full story in our next issue!



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# THE ARTS

# When Real Men Wear Pink

Maine, confetti-like leaves ible foundation. This year the and frosted pumpkins find their way into everyone's hearts and minds. The colors red, orange and yellow often take center stage, but not for John Spain and Maine Art Hill. For Spain and his staff and artists, it's all about The

"October, for us, is about breast cancer awareness and the Real Men Wear Pink Campaign sponsored by the American Cancer Society," said Spain. "Yes, I have donned a bright pink unitard, complete with a cape and mask to become Real Man, to raise money for this very worthy cause. Yes, I have stood on red rock cliffs, crossed Lake Powell on a ferry boat, and spray-painted the message in a mural in Texas," laughed Spain. "So, while I always welcome monetary donations to the cause, my favorite part of my efforts is the annual art show

show is called INSPIRE."

"It's about the," said Spain. "It's about the fighters, the ones who have conceded the fight, and the ones who still fight every damn day. These men and women are the inspiration. This show and this campaign is a thank you for being the amazing people they are, and for inspiring the rest of us to be better, to do better." explained Spain. "We all need to inspire each other. Collectively, it's what makes us great."

INSPIRE and Real Men Wear Pink of Maine represent just that - a collective way to make a difference. The artists who contribute to this show make it a success. Twenty percent of all sales go back to Real Men of Maine and the American Cancer Society. Be it a purchase of a painting or sculpture, a fiveor hundred-dollar donation, a ride to chemo or a place featuring many of our artists to sleep near the hospital,



INSPIRE runs throughout shows or 207.967.2803

When October comes to who also support this incredeverything counts. Inspire October at Pop-Up on Maine means to fill someone with in Kennebunk, Maine. Doors open every day at 10 AM. FMI www.maine-art.com/



Ski Love by Heather Blanton



Beach Rose by Margaret Gerding

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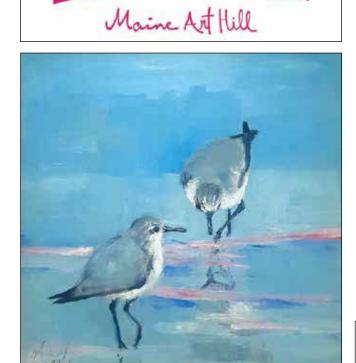
Lynne Blanchard Carr

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# Charity of the Year: Tommy McNamara Charitable Foundation A small non-profit organization doing big things

by Jo O'Connor

for youth football helmets to raising more than \$75K for developing the new Kennebunk High School

athletic complex, to helping touches all corners of the From donating \$28K out disabled youth surfers to upgrading the local skateboard park, the Tommy McNamara Charitable Foundation (TMCF)

Kennebunks.

Founded in 2013 to pay tribute to Tommy McNamara, a young man from the Kennebunk community who tragically passed away in 2012, the foundation's mission is to raise funds to develop and maintain quality recreational and sports facilities for the enjoyment of the youth of the Kennebunk/Kennebunkport community, something Tommy was passionate

In nine years, the foundation has raised over \$750K. No one was surprised that they were named the charity of the year by the Chamber of Commerce of the Kennebunks in September.

"This is amazing – and we are so appreciative and blessed to have had tremendous support from sponsors, patrons and friends in the community that have allowed us to pursue our mission," said Tom Mc-Namara, president of the board TMCF and father of Tommy.

"We are also grateful for the ongoing partnership with the Town of Ken-



The Foundation donated \$28K for Kennebunk's youth football safety helmets. Courtesy

nebunk, especially Tasha Pinkham and Mike Pardue, which has helped in many ways over the years. I am thrilled to accept this award on behalf of all of our Board of Directors, as well as all the people who have had a hand in TMCF's success."

Their signature event is a Wiffle Ball tournament held annually on the last weekend in July. Each year, family, friends and community members come together from across the country to remember the spirit of Tommy.

brings more than 300 people to the field to play. The Tommy McNamara Wiffle Ball Field in the Lower Village of Kennebunk is the anchor of TMCF. At lanes, home bleachers with the foundation's inception, the field was unplayable. Over the past several years, it has become the heart of the Kennebunk/Kennebunkport Little League program for the Tee Ball players in the community. In August 2022, the TMCF passed along its largest donation to date: \$75K towards Kennebunk High School's athletic complex upgrades, helping this group meet

This daylong event The complex will include an artificial turf field that can be used by all field events including field hockey, a new track with six lanes on the oval and eight sprint press box and portable bleacher seating for expanded home and visitor seating. The press box will be named in Tommy Mac's memory.

With The Tommy Mc-Namara Charitable Foundation, generosity is the name of the game. In the end, their tremendous efforts make the world a better place to play in!

FMI: tommymacfoundaand surpass their goal. tion.com



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# Fire of 1947 Retrospective

The Brick Store Museum exhibition "The Fire of '47: 75th Anniversary Retrospective" is now on display and will run through December. An accompanying Fire of '47 Panel Discussion will be offered to the public on Tuesday, October 18.

The Fire of '47 was a collection of over 200 fires that burned in Maine from October 13 through October 27, 1947. Together, the fires consumed a quarter million acres of forest and wiped out nine entire towns, making it one of the worst natural disasters in state history. The bor (almost completely de-1947 became known as "The Kennebunk. Year Maine Burned."

The panel discussion "The Legacy of the '47 Fire" will be presented on Tuesday, October 18 at 6 PM via Zoom. Tickets are \$5 per person. The panel includes representatives from the Maine Forest Service, Kennebunk Fire-Rescue and local historians. The museum will offer an accompanying take-out dinner catered by For the Love of Food & Drink in Wells. For tickets and dinners (menu will be posted on the site), visit www.brickstoremuseum.

Wildfire Loose: The Week fires burned from Bar Har- Maine Burned by Maine historian Joyce Butler will be stroyed) to Kennebunkport for sale in the museum's and Goose Rocks Beach. shop at 117 Main Street,

FMI call 985-4802.



Photo courtesy of Brick Store Museum



Take a look at some of The Tommy McNamara Charitable Foundation's 2021 donations:

- \$10,000 to skatepark upgrades in Kennebunk
- \$10,000 to building a new Kennebunk Elementary School's inclusive playground
- \$10,000 to Special Surfers at Gooch's Beach
- \$6,550 for the purchase new Mobi-Mats for wheelchair access at Mother's Beach
- \$5,000 to each of the three towns of the Kennebunks' recreation departments to fund camp scholarships
- \$3,600 to River Tree Arts Center's new portable dance stage for youth dance programs
- \$3,000 to Kennebunk High School for pitch ing machines for the boy's baseball and girl's
- \$1,500 for a new lawnmower for the Kennebunk, Kennebunkport and Arundel's Little League











5 Rivers Edge Drive, Kennebunk Sold for \$1,800,000, Buyer's Agent

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- Erika A., Kennebunk







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Ocean Avenue, Unit 6, Kennebunkport Listed for \$315,000, Listing Agent 10 Chestnut Street, Kennebunkport Sold. Listed for \$1,999,999, Buyer's Agent

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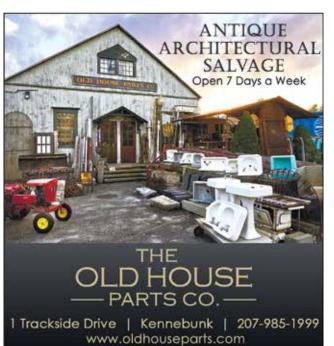
Antique architectural salvage is not only very attractive, exquisitely crafted, and a source for unlimited creativity, it also contains volumes of embodied energy: the total sum of energy consumed to produce a given product. And it's FUN. Sometimes folks aren't sure how to use it. Meet us here each issue for inspiration on how to use architectural salvage to add character and sustainability to your life.

Jeffrey Whiting found some old wood planks and



reclaimed some stone tile from a friends old patio and reused the materials to give his kitchen floor a whole new look!

We've seen it all so contact us any time to discuss the possibilities that lie ahead for you and architectural salvage! Wanderers and explorers welcome.







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# Treehouse Legal: Offering a friendly approach

by Faith Gillman

Does the thought of 'estate planning' make you want to run, yawn or both? Then you haven't spoken with Erin Sherman of Treehouse Legal in Kennebunk. Sherman's goal is to make the process "approachable and comfortable" for anyone, especially families.

"I want it to make it easy for people to understand their options, ask questions, and feel empowered to do what they need to do to make sure their families are protected in case something happens to them," said Sherman, who has worked as a lawyer for nearly a

Offering experience in estate planning, employment law and business law, Sherman's true passion is working with families, and translating their goals and concerns into writing.

"Most people probably find wills and trusts to be boring but I love the problem-solving and creativity involved in putting together a plan that works through complicated family dynamics, like how to pass money on to a disabled child," said Sherman. "The language of law and contracts is natural and enjoyable to me, and I like being able to translate that legal language in a way that can be easily understood [by clients]."

Sherman, who grew up in Minnesota, worked as a landscaper before starting a family. She began law school at the University of Wisconsin-Madison when her first daughter was three

months old. She gave birth to her second daughter a month after graduation. The family moved to Maine in 2019, where Sherman worked for a local firm before deciding to strike out on her own this year.

"I opened my own firm so that I could be flexible and creative in how I provide my services. My focus is on being down-to-earth. I have a bright and comfortable office with a table, couch and kids play area so that we can have friendly, up-beat meetings. I want to make it as easy as possible for families to work with me. I'm setting my own hours so it gives me a lot more family time," said Sherman.

Meetings can be scheduled directly through the Treehouse Legal website. Sherman offers in-person or Zoom options for all meetings and wants to make the process as simple and straightforward as possible. Treehouse Legal offers a set fee that includes meeting, drafting and signing documents.

Sherman drafts documents as she walks through the process with clients. "I focus my time on education and meeting with clients so they understand," she said. "It can be like a foreign language. I try to knock the legal speak out and have a casual conversation. Clients it. I do estate planning for everything and it doesn't can then understand the a living but it still took me value of the work."

is so important, Sherman put it off because it is not wants to educate and emfun to think about, there can power families to get it be hard decisions to make,

called a 'Peace of Mind start. My main goal with Planning Session' where I meet with families for an estate planning, and legal hour, work through their services in general, more specific circumstances and talk through what would is for them to leave with a clear picture about their them."

ceptions about the need for

Erin Sherman of Treehouse Legal offers estate, business and real estate planning. Courtesy photo

**BUSINESS - REAL ESTATE** ESTATE PLANNING

Erin Sherman is offering "Estate Planning for Busy Families," a FREE Zoom webinar on Tuesday, October 18 at 6 PM, that walks participants through the process of wills and estate planning. FMI or to sign up for the webinar, visit www.treehouselegalmaine.com, email esherman@treehouselegalmaine. com or call 207-370-8412. Treehouse Legal is located at 153 Port Road in Kennebunk. Sherman also is available on Tuesday evenings and Saturday afternoons to meet with families.

a few years to get my own Because estate planning plan in place. It is easy to and I think most people "I offer something new don't have a clue where to Treehouse Legal is to make friendly and approachable."

Sherman said one comhappen if they died without mon misconception about a will, with a will, or with a estate planning is that it is trust," she said. "My goal only necessary for people with a lot of money.

"That is not true! Transown circumstances and ferring money and property what estate planning docu- at death is only part of an esments would work best for tate plan. A good estate plan also includes naming people Sherman has found that to step in to make decisions I joked about turning the many people have miscon- and care for you if you are in upstairs into a tree house so an accident, naming someestate planning and wills. one that would care for there informally instead of "Almost everyone I meet your children and pets, your at an office," she said. "A is unprepared without a will preferences for burial and or a plan for what would memorial services and other happen with their business, really important matters," their home and family, pets, she said. "If you don't have etc. if something happened an estate plan in place, the my foundation and why I to them," she said. "I get state default system directs do this work."

always align with what you would choose."

Starting her own business has proven to be both challenging and rewarding for Sherman.

"I love creating something brand new and modernizing how the legal field interacts with clients," she said. "Like any small business, it is challenging to wear all of the hats of a business owner at once, but I think it is fun to push boundaries and I have been enjoying every second of it."

And where did the name "Treehouse Legal" originate? It started with Sherman's old barn at her home in Arundel.

"During the pandemic, that I could just meet people tree house is light-hearted and fun, and makes me think of good times with kids and family, which is



# Field Notes of a Maine Birdwatcher - Northern Visitor -

by Ken Janes

One of the best things about birding in the same neighborhood over the years is getting to know the local birds and when to expect migrants in the spring and fall. As birdwatchers we are always on the lookout for the unusual or unexpected bird that might appear. Last Sunday, I decided to take my usual walk down Great Hill Road to the Mousam River to check for any new arrivals. To my surprise, a small brown bird popped up onto a bush and there was a rare Northern Wheatear right in front of me. Of course, I did not have my camera so I had to rush home, get my gear, and hope that it would stay long enough for a photo. This turned out to have nothing to do with be a cooperative bird so I got my photo and got word out through Maine Birds on Google.

Maine has had its share of spectacular rare birds this year. While this bird is not comparable to a Stellar's Sea Eagle or the Eurasian Marsh-Harrier it is still a "good bird" as we say. The best part of the story is that I had another Wheatear in the exact same spot ten years ago in October, 2012. Note in birder lingo the longest flight of any

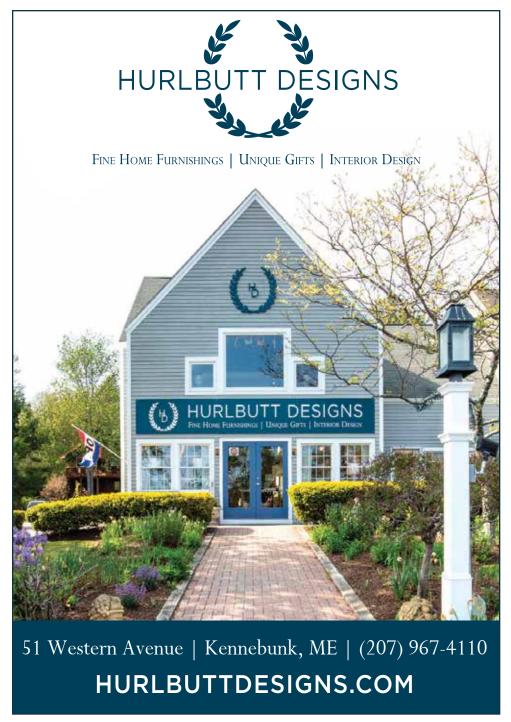


past tense, as in "Ana had two Bald Eagles on the Mousam River yesterday".

wheat or ears. The name comes from the corruption of an Old English term because this is primarily a bird of northern and western Britain. A subspecies of Wheatears are known to nest on the rocky tundra of the Canadian Arctic and Greenland but they choose to migrate to sub-Saharan Africa to spend the winter with the rest of the world's Wheatears. This little bird, smaller than a robin, makes you do not see a bird but songbird, sometimes fly-

you have it, usually in the ing over 2000 miles across the Atlantic on its annual journey.

Wheatears appear on Northern Wheatears the coast of Maine every few years, perhaps because a storm in the Atlantic forces them to find an alternate route. When we see them they have changed from a gray and black breeding plumage to a beautiful cinnamon brown with black wing tips, a black face mask, and a prominent white patch at the base of a black tail. This pretty bird sat still for the bird photographer's classic bird-on-a-stick photo. I hope we don't have to wait ten years for the next one to make a visit.





### BREAKFAST DATE AT THE LINCOLN HOTEL IN SPINNING JENNY'S COFFEE BAR

Spinning Jenny's Coffee Bar is the morning attraction at this sumptuous new boutique hotel situated in a "luxuriously re-imagined" mill in downtown Biddeford. (You might think you've entered a chic hotel in Soho or South Beach. Nope, conveniently closer.)

The combo coffee shop and bakery is the perfect place for a breakfast date (catchup with a friend? weekend brunch a deux? interview with a client?). Barista-made Lattes, Cappuccinos and Macchiatos taste even better with savory hand pies, seasonal muffins and scones, sour cream coffee cake or parfaits concocted with Honey Greek Yogurt, fruit and granola.

Located at 17 Lincoln Street, Biddeford, opens at 7 AM., deliciously worth the visit.



Spinning Jenny's Coffee Bar in Biddeford's NEW Lincoln Hotel is a cool spot to sip lattes, nibble savory hand pies, or devour a parfait made with Honey Greek Yogurt, seasonal fruit and granola.

### NANA CUNNINGHAM'S SUNDAY MORNING APPLESAUCE BREAD

(Katie Cunningham has served this breakfast bread since she was a bride, always to raves)

Ingredients:

1 stick butter

1/4 cup brown sugar

2 cups flour

1 tsp. each: baking powder, baking soda, cinnamon, all-spice

1/2 tsp. salt

2 eggs

1 tsp. vanilla

1 cup each: applesauce, walnuts, white raisins

Cream butter and brown sugar. Add all other ingredients. Mix well.

Bake at 350 for 60-65 minutes

### GROOVY GADGETS: BREAKFAST HELPERS

Your T&T team recently visited On the Vine Marketplace in Scarborough (591 U.S. Route 1). This spacious market features butchery, bakery and deli (subs, wraps and sandwiches) products, plus prepared foods (Shepherds Pie or Stuffed Peppers). Great fresh produce too. We also liked two gadgets found in the second floor kitchen section.

A good breakfast always includes fresh fruit, so here's the perfect colander to splash those raspberries: Prepworks Professional Collapsible Mini Colander. This 8"x 5.5" x 3" high colander has specially designed hole pattern in base that allows water to drain quickly and easily; snap-on bottom prevents water from dripping all over your countertops. Plus it's collapsible for easy storage, dishwasher safe, 3.5 cup capacity. Available for under \$20 from On the Vine, Amazon and other fine culinary shops.

If muffin crumbs muss up your linen tablecloth, use a Tiny Team Mini Brush & Dustpan Set to sweep away breakfast detritus. (Works well also in bedroom and beyond.) Brush locks into pan, hangs or stands for easy storage, cleans with warm soapy water, and costs under \$9 from ON THE VINE, Amazon and other fine culinary shops.

# TOURIST & TOWN'S KITCHEN TALK

# BRING ON BREAKFAST!

### HUDSON VALLEY APPLE PANCAKES ~ BY CHEF DONNA

Chef Donna, CIA graduate and renowned Hudson Valley chef, says, "Hotcakes and cool weather go together like a heavy frost and your favorite sweater. These hotcakes were a sellout at my Cornwall-on-Hudson Cafe."

Ingredients:

Your favorite pancake recipe or ready-made mix (i.e. Krusteaz Light & Fluffy Buttermilk)

1 Honey Crisp, Ruby Frost or Golden Delicious apple (must be firm)

1/2 cup granulated sugar

1 tsp. cinnamon

Directions:

Make mix as recipe or box states. DON'T over-mix. Stir just to combine wet and dry ingredients.

Slice and dice apple, then toss lightly with sugar/ cinnamon combo.

Start pancakes on griddle. Before flipping, scatter a tablespoon of apple mixture on top, then flip. Top caramelized apple pancake with another tablespoon of the apples, plus maple syrup (heated).

Bodacious option: Reduce 2 cups of local cider by half, then mix in equal part maple syrup. Add a dollop of whipped cream. Sinful!

### BROWN STREET ENGLISH MUFFINS

Kennebunk resident Delta Fuller is hailed by family and friends as an exceptional cook. Her HOME-MADE English Muffins leave Thomas' in the lurch.

Ingredients:

51/2 to 6 cups flour

2 pkgs. active dry yeast

1 tbsp. sugar

2 tsp. salt

1/4 tsp. baking soda

2 cups milk

1/2 cup water

cornmeal

(Hint from Delta: Spoon flour lightly into cup, then level off)

Combine 3 cups flour, yeast, sugar, salt and baking soda. Heat liquids until warm (120 F) and add to dry mixture. Beat well.

Stir in more flour, just enough to make a stiff batter.

Spoon into two 81/2 by 41/2" pans that have been greased and sprinkled with cornmeal. Cover, let rise in warm place for 45 minutes.

Bake at 400F for 25 minutes.



Above: Collapsible mini-colanders make rinsing breakfast blueberries a snap. At right: This mini-brush and dustpan set is an ideal gadget for cleaning up breakfast tablecloths. Photos by Val Marier:



Piglet asked, Pooh, "When you wake up in the morning, what's the first thing you say to yourself?"

> "What's for breakfast!" answered Pooh.

### EGG EDUCATION

TIPS FROM THE EXPERTS

If you want TENDER SCRAMBLED EGGS with pillowy curds, don't blast over high heat. That gets breakfast on the table faster but produces dried-out rubbery curds. But once you put egg concoction in pan, don't keep the heat low. That prevents eggs from overcooking but the result will be loose tiny curds that look like lumpy custard. So....

For PERFECT SCRAMBLED EGGS, start cooking over medium-high heat and then, when spatula leaves a trail through the eggs, reduce heat to low and continue cooking for 30-60 seconds.

Always REFRIGERATE eggs. USDA recommends storing eggs in the carton in the coldest part of your fridge, generally on the lower shelves and towards the back of the unit. If your refrigerator has an egg storage area on the door, this spot trends warmer and is NOT the optimal place for egg storage. (Additionally, USDA suggests washing eggs to remove any bacteria.)

Cracked eggs allow bacteria to enter. Never purchase damaged eggs. But should eggs crack during ride home from the store, break them into a clean container, cover tightly, place in fridge and use within two

For SUNNY-SIDE UP, start with lower heat to ensure whites cook through while yolk stays runny. Culinary Institute of America's director of operations suggests, "Always put oil or butter in pan to add flavor. Then crack them into the pan and just let them cook. Don't cover the pan because it cooks the yolks. Leave eggs in the pan until the whites set."

For POACHED EGGS, use a low-sided pan with straight edges. Submerge egg fully in simmering water (180 F), cook for 3-5 minutes. Use slotted spoon to place poached eggs on a paper towel to drain before serving (the last thing you want is a soggy English

For OMELETS: Pre-cook fillings like mushrooms, onions, peppers. To ensure omelet isn't overly set or too dry, stop cooking when eggs are still moist because they will keep cooking after you turn off heat.

### Over Easy & Over the Top: Breakfast Recipes from the Kitchen of the Topside Inn in Boothbay Harbor

The T&T team discovered this exceptional all-day-breakfast cookbook at the Topside Inn overlooking sparkling Boothbay harbor. Owners Mark Osborn and Buzz Makarewicz combined their most popular sweet and savory breakfast recipes (i.e. Lobster Creole with Creamy Grits, Blueberry Buttermilk Pancakes, Strawberry-Watermelon-Mintinfused water) with savvy culinary tips (when using blueberries, coat first with flour so they don't sink to the bottom). To order this exquisitely photographed and delectable book, go to info@topsideinn.com

This page is curated by Tourist & Town's Valerie Marier. Is there something, someone or someplace you'd like to hear more about? Email valmarier@me.com



### REMEMBER WHEN ...

My mother's favorite breakfast included a soft boiled egg served in a dainty Haviland egg cup. T&T's Sandy Janes still treasures the egg cup her beloved grandmother made her 70 years ago. But how do you make Perfect soft-boiled eggs?

We did the research: Bring water to a gentle simmer in a medium pot. Gently lower room-temperature eggs into water with a slotted spoon or strainer (do not drop eggs into water as they might crack). Cook for exactly 6 minutes, then remove eggs with slotted spoon and serve.



The perfect soft boiled egg always tastes better in an egg cup. Here is Sandy Janes' favorite, made by her grandmother decades ago and still used today.

### Pumpkins. Apples. Witchy movies.

Orange leaves. Chilly nights.

It seems that, overnight, we've been swept into autumn, and I couldn't be happier. There's a delicious chill in the air, my house smells like apples and I've already watched Practical Magic once.

I love love fall and all the things that come with it: sweaters and stews, Halloween and howling winds, turning leaves and trick or treaters.

For me, autumn marks chilly, and it's hard to be- one ahead, the changing

## La Dolce Vita

the start of the cozy season, lieve that just a few weeks when the lawn at Wallingford Farm is filled with pumpkins and mums and the trees in the Hannaford lot turn red before all the

Stores are filled with plaster pumpkins and skulls and costumes complete with yards of tulle and the latest superhero.

tioned to soups and stews and comfy sweats at night, and pumpkin coffee for the

ago we were complaining about the heat and humid-

But fall has pushed its way in, and in just a matter of days Hallmark will have us start thinking about Christmas, just as the stores fill up with holiday decorations.

Some people - and you At home we've transi- know who you are - urge us not to be season "jumpers," to enjoy the one we're in and not look for what's next.

But I'm okay with all Early mornings with the of it, the jump into a new pups are still dark and quite season, the promise of the

weather, the longer nights.

So please excuse me while I huddle under a blanket, sipping hot apple cider fa-la-la in fall.

and watching a Christmas

I'm just trying to put the

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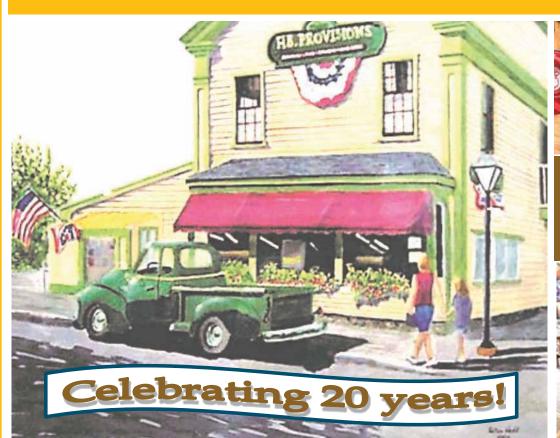
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# Through the Lens with foreign correspondent **Bob Dennis**

Named after its designing engineer, the Eiffel Tower was built in 1889. The majestic 1083-foot structure on the banks of the Seine River was the tallest building in the world until 1930. It is visible from much of central Paris and is beautifully illuminated every evening. Dating from the late 12th century, the Louvre began as a palace, a fortress, and the residence of French kings. It became a museum in 1793 and after several expansions, the home of Mona Lisa, Venus de Milo and many other masterpieces is now the world's most visited museum.

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# Walking in memory of Dan and feeling the welcoming arms of the Kennebunks

Sarah Liziewski's Steps Have Raised \$400,000 for Pancreatic Cancer Research

by Valerie Marier

After her husband Dan died from pancreatic cancer in 2013, Sarah Liziewski moved four times - from it's inspired me to want to Falmouth to Grav to Portland – before finally settling in Kennebunk. "I felt like I was weaving through life after his death looking for direction," she said. But then she took significant steps to change that.

Lots of steps, in fact.

Nearly every morning Sarah and her two therapy dogs, Piper and Nell, stride Main Street, Kennebunk, along Route 35 and through Dock Square, then out Ocean Avenue, Kennebunkport. Other afternoons she takes her dogs on long walks through local trails. Along her routes, she's discovered the huge heart of this community.

'Walking has helped me connect with the Kennebunks," she said. "Everyone is so friendly and encouraging. The irony is that a walk I do in memory of my husband has helped me feel more at home in an area where I first felt so reach goes beyond Purple alone." She treasures com-

one lady's special words: "Are you Sarah? Your story means so much to me and give too."

Sarah is a Purple Strider "waging hope for those with pancreatic cancer." Together with her friend Christine Carberry of Rye, New Hampshire, who lost her husband to pancreatic cancer two years ago, they have raised more than \$400,000 in the past five years for the Jimmy Fund and Dana-Farber Concert Institute.

Both ladies have hiked the grueling 26.2 mile Boston Marathon trek from Hopkinton, Massachusetts, to Copley Square. They have joined walking marathons in their home towns. They will walk the Boston Marathon route again this October. "We walk in memory of those who have lost their battle with pancreatic cancer and to honor the Purple Strider team of those fighting this difficult disease," Sarah said.

Sarah's charitable out-Striding. In addition to doments and encouragement nating time and energy to tion or effort is too small!")

passers-by offer, including COS (Community Outreach Services in Kennebunk), Sarah also volunteers at Gosnell Memorial Hospice House in Scarborough. "My two dogs, who are part of the PawPrints Program, go with me every week to cheer up patients and their families," she said.

"I hope people will check out our Facebook page. It's called Purple Striders Walk for the Jimmy Fund," Sarah said. "We would love to have others join our team. We know that nothing will bring our husbands back, but we believe that by helping others, we help ourselves."

"I've witnessed the good will of the Kennebunks on a daily basis," Sarah added. 'Having perfect strangers thank me for the work Christine and I do to defy cancer is just so heartwarming. What a wonderful town!"

To donate to or join Sarah Liziewski and Christine Carberry, visit http:// danafarber.jimmyfund. org/goto/purplestriders (Christine adds, "No dona-





Above left: Sarah Liziewski proudly and happily holds the ribboned medals she earned by walking the Dana-Farber/Jimmy Fund marathons to benefit pancreatic cancer research. Above right: "Together Wherever Against Cancer" is the motto of the Dana-Farber/Jimmy Fund marathon held every October. "My late husband Dan would be doing this if he were alive today," Liziewski said. All photos by Val Marier.



Nell and Piper, Sarah Liziewski's two therapy dogs, have their own business cards for when they "work" at the Gosnell Memorial Hospice House in Scarborough.

### **MUSIC**

# Elvis has entered the school house

The eternal music of Elvis Presley will be played at the next Mid-Week Music concerts on Wednesday, October 26 at 7PM and Sunday, October 30 at 1PM. The shows are held at the Kennebunkport Historical Society's Town House School at 135 North Street.

In their second annual Elvis show, Dana Pearson, Mark Gunter, and Ron Breton will cover the iconic rocker from his explosive early days in the 1950s ("A Big Hunk o' Love") through his often underappreciated '60s catalogue ("Big Boss Man"), and into his final years in the '70s ("Burning Love"). Dancing is predicted.



Mid-Week Music's Elvis concert on October 26 and 30 features, from left, Mark Gunter, Ron Breton, and Dana

members and \$18 for nonmembers, and may be purkporths.com/buy-tickets. 967-2751.

Tickets are \$15 for KHS The evening show is BYOB (21 and older only). For more information, email chased at the door or at info@kporths.com or call

## **Maine News Briefs**

by Jo O'Connor

- Ski resort Shawnee Peak in Bridgton is returning to its roots and bringing back its original name, Pleasant Mountain.
- Congratulations to the Ogunquit Art Association celebrating its 94th anniversary. The Barn Gallery is continuing to show its Late Summer Exhibitions through October 10.
- Can I get an alright? Chipotle Mexican grill restaurant is slated to open in Saco by year's end on Route One (on the former site of Pizza Hut).

Sources: News Center Maine, SacoBayNews, seacoastonline







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Bentley's Saloon 1601 Portland Road, Arundel Live Music Every Thursday-Sunday www.bentleyssaloon.com | 985.8966

The Brunswick 39 West Grand Avenue, Old Orchard Beach Live Music Friday & Saturday at 8:30PM Sundays 1PM-11PM www.thebrunswick.com | 934.4873

Clay Hill Farm 220 Clay Hill Road, Cape Neddick Thursdays: Gordon Shannon at the Piano 6PM Wednesdays, Fridays & Saturdays: Katherine Mayfield at the Piano 6PM Sundays & Mondays: Sweet Serenity with Curt Bessette & Jenn Kurtz 5:30PM www.clayhillfarm.com | 361.2272

The Cliff House 591 Shore Road, Cape Neddick October 7: Lisa, Jim and Byon 5:30PM www.cliffhousemaine.com | 361.1000

The Colony Hotel 140 Ocean Avenue, Kennebunkport Live Music Thursdays- Saturdays 5-7PM October 14: Dock Squares October 15: Beau Dalleo Trio www.thecolonyhotel.com | 967.3331

Cowbell Burger Bar 140 Main Street, Biddeford Live Music Friday nights www.eatatcowbell.com | 284.2355

Féile Restaurant & Pub 1619 Post Road, Wells Wednesdays: Live Irish Music 6:30-10PM Saturdays Live Music 7:30 - 11:30PM www.feilerestaurantandpub.com 251.4065

The Front Porch 9 Shore Road, Ogunquit Live Music at The Piano Bar Every Night Until Closing www.thefrontporch.com | 646.4005

Funky Bow Brewery and Beer Company 21 Ledgewood Lane, Lyman Live Music every Fri-Sat-Sun. www.funkybowbeercompany.com 409.6814

Hurricane Restaurant 29 Dock Square, Kennebunkport October 12: Beau Dalleo October 19: Dapper Gents

Hurricane Cont'd www.hurricanerestaurant.com 967.9111

Jimmy the Greek's 215 Saco Avenue, Old Orchard Beach Live Music Friday and Saturday October 8: Trifecta 6-9PM www.jimmygreeksopa.com 934.733

Nikanos Mediterranean Bar & Grille 173 Main Street, Ogunquit October 7: Beau Dalleo 8PM October 8: Beau Dalleo 2 PM Maher & Mazola Duo 8PM October 9: Amanda Dane noon George Morley 3PM Beau Dalleo 8PM October 10: Maher & Mazola Duo 12PM October 14: Beau Dalleo 8PM October 15: Mark LaPointe 2PM www.nikanos.com | 646.1112

The Nonantum Resort 95 Ocean Avenue, Kennebunkport October 6: Carmine Terracciano 5PM www.nonantumresort.com 967.4050

The Pilot House 2 Harbor Lane, Kennebunk October 6: Andy MacLeod October 8: Dock Squares 1PM Pieces of Eight October 9: Fog Ave. 1PM www.thepilothouseme.com 204.0709

Ryan's Corner House Irish Pub 17 Western Avenue, Lower Village Kennebunk Live Music every Friday and Saturday 967.3564

Sand Dollar Bar and Grille 2 Beach Street, York Beach Piano Bar every Friday and Saturday www.sanddollarbarandgrille.com 606.0077

The Tides Beach Club 254 King Highway, Kennebunkport Live Music Every Sunday http://tidesbeachclubmaine.com 967.3757

Vinegar Hill For linup see vinhillmusic.com









Stems to Stearns "Flower Bar"

Holly C. Ross Fish House **Designs** 

**Tourist &** Town's **Book Depot** 

Beetle & Magnolia Jewelry

**Steve Ross Photography** 

Saturdays at 12 Depot Street, Kennebunk!

### **Maine News Briefs**

- Welcome back to Jen's Delightful Sweets on Main Street in Springvale offering customers savory and sweet treats.
- Happy 375th birthday to Kittery, Maine's oldest town.
- Mark your calendars for Harvestfest on October 15 at York Beach from 9 AM-4 PM.

Sources: News Center Maine, SacoBayNews, seacoastonline

# Tide Chart October 5 – October 19

### Low......01:27 AM....0.28 High ...... 07:50 AM .... 8.40 Low......01:45 PM....1.04 High ...... 08:05 PM .... 9.62 Sunrise: 6:43 AM Sunset: 6:17 PM Thursday, October 6 Low......02:32 AM....0.07 High ...... 08:54 AM .... 8.84 Low......02:52 PM....0.62

High ...... 09:11 PM .... 9.83

Wednesday, October 5

Sunset: 6:16 PM Friday, October 7

Sunrise: 6:45 AM

Low...... 03:31 AM.. -0.19 High ...... 09:51 AM .... 9.35 Low......03:52 PM....0.14 High ...... 10:09 PM..10.03 Sunrise: 6:46 AM

Sunset: 6:14 PM Saturday, October 8

Low.......04:24 AM.. -0.39 High ...... 10:42 AM .... 9.80 Low......04:46 PM.. -0.28 High ...... 11:02 PM.. 10.11 Sunrise: 6:47 AM

Sunset: 6:12 PM Sunday, October 9

Low...... 05:12 AM.. -0.45 High ...... 11:28 AM..10.10 Low......05:36 PM.. -0.54 High ...... 11:50 PM..10.03 Sunrise: 6:48 AM

Sunset: 6:10 PM

Full Moon: 3:56 PM Monday, October 10 Low....... 05:56 AM.. -0.34

High ...... 12:11 PM .. 10.21 Low......06:22 PM.. -0.62 Sunrise: 6:49 AM Sunset: 6:09 PM

Tuesday, October 11 High ...... 12:36 AM .... 9.78

Low...... 06:37 AM.. -0.06 High ...... 12:52 PM .. 10.14 Low......07:06 PM.. -0.51 Sunrise: 6:50 AM Sunset: 6:07 PM

Wednesday, October 12 High ...... 01:20 AM .... 9.41 Low...... 07:18 AM.... 0.34

High ......01:32 PM ....9.91

Low......07:50 PM.. -0.24 Sunrise: 6:52 AM Sunset: 6:05 PM

Thursday, October 13 High ...... 02:04 AM .... 8.96 Low...... 07:58 AM.... 0.82 High ...... 02:12 PM .... 9.57 Low......08:34 PM....0.14 Sunrise: 6:53 AM

Sunset: 6:04 PM Friday, October 14 High ...... 02:50 AM .... 8.48

Low...... 08:40 AM....1.31 High ......02:55 PM ....9.17 Low......09:20 PM....0.57 Sunrise: 6:54 AM

Sunset: 6:02 PM

Saturday, October 15

High ...... 03:38 AM .... 8.03 Low...... 09:26 AM....1.78 High ......03:42 PM ....8.77 Low...... 10:11 PM....1.01 Sunrise: 6:55 AM

Sunset: 6:00 PM

Sunday, October 16 High ...... 04:30 AM .... 7.66 Low...... 10:17 AM....2.15 High ......04:35 PM .... 8.41 Low...... 11:07 PM....1.37 Sunrise: 6:56 AM

Monday, October 17

Sunset: 5:59 PM

High ...... 05:26 AM .... 7.42 Low...... 11:15 AM....2.39 High ......05:33 PM....8.16 Sunrise: 6:58 AM Sunset: 5:57 PM

Last Qtr: 12:16 PM Tuesday, October 18

Low...... 12:08 AM....1.57 High ...... 06:26 AM .... 7.36 Low......12:18 PM....2.44 High ...... 06:35 PM .... 8.08 \* JEWELRY \* MEN'S

BOOKS

Sunrise: 6:59 AM Sunset: 5:55 PM

Sunset: 5:54 PM

Wednesday, October 19 Low......01:08 AM....1.59 High ...... 07:24 AM .... 7.49 Low......01:20 PM....2.29 High ...... 07:34 PM .... 8.17 Sunrise: 7:00 AM

Note: The number for each high and low tide indicates the height in feet above or below sea level. This chart shows tides for the mid-coast of York County; tide times are a few minutes earlier to the north (Old Orchard Beach) and a few minutes later to the south (York Beach). Tides are affected by the weather and cycles of the moon; the actual times and tide heights can differ slightly from the predictions above.

### Send your questions to rsimon@legacysir.com!

Q: Just a quick question about building a new home. We have been reading about solar options and were wondering what your thoughts were on whether adding solar panels to our new construction in this area is something we should consider as it is pretty costly. Are there any current positives that make it worth doing and does it add to the appeal of the house when and if we decide to sell it in the future? Appreciate your input. Cal



A: Sorry but I have had very little interface with solar options. I know that there are some tax incentives you should look into as far as current positives. And I think that solar is going to become more present as we move into options to save on energy and help the environment. As far as appeal when you decide to sell the house, it seems likely but will just depend as our use of it evolves.

Q: I have been reading your column for many years. I am a little confused as to what are the aspects that add to curb appeal. Are there specifics that I should consider as I get ready to sell my home in the coming years? Just looking for some specifics. It would be helpful, thx.

A: Yes curb appeal is an important aspect of getting your place ready to sell. It really speaks to the visual appeal of the property and has to do with the condition of the exterior of the house as well as painting, plantings and landscaping. There are lots of tips online for you to look into. This is also something that your broker can help you with as you move in the selling direction. It definitely takes some time along with money and energy but without question it really can add to your successful outcome.

Randal Simon has been a real estate broker for over 30 years. His column was in the Portland *Press Herald for many years; he is now pleased to be participating locally in Tourist & Town.* He has been a contributor to The Wall Street Journal, Unique Homes and The New York Times.

> Randal Simon, Legacy Properties, Sotheby's International Realty 150 Port Rd, Kennebunk, ME 04043 (C) 207-590-9656 (O) 207-967-0934 rsimon@legacysir.com www.legacysir.com

\* WOMEN'S \* CLOTHING \* ANTIQUES \* CHILDREN'S

# **Outta the Box** 8 York St., Kennebunk

Open 7 days a week 9 AM-4 PM Monday-Saturday 11 AM-4 PM Sunday





Our wonderful thrift shop is a recycling creation of The New School. To learn more about our amazing high school visit our website or call for a visit or virtual tour.





207-604-5050 • 8 York St., Kennebunk • Proceeds benefit The New School

207-985-3745 www.thenewschoolmaine.org

38 York St., Kennebunk 04043

HOUSEHOLD \* LINENS \* FABRIC \* HOME DECOR \*



# School bells ring at South Coast Senior College

lege ("all for the joy and fun of learning") starts classes this September. One of the most popular offerings is "The Kurds: Who? Where? When? What?," taught by Lou Salome, a retired COX Newspapers reporter who covered the conflicts in Pakistan, Afghanistan and the Middle East.

Salome's classes will

Wells, beginning Thursday, October 6, and continuing October 13 and 20, from 12 to 2 PM. Salome brings a unique perspective and knowledge, having watched Iraqi Kurds battle Saddam Hussein; having camped with Turkish Kurds in Lebanon who were fighting for more freedom in Turkey; and be held live in the Han- having traveled through naford Auditorium of the destroyed Kurdish towns Pratt Building at York in Turkey on his way to

South Coast Senior Col- Community College in see Iraqi Kurds ultimately this volunteer-driven school. beaten down in Iraq.

Additional SCSC classes (most on Zoom and costing \$10 to \$27 per class) include life story writing, watercolor, Mainely books, a "magical mystery tour" of the British isles, poetry, Canadian culture, and many others. With no grades, tests or term papers, this is a relaxed and worthwhile way to keep smartly up-to-speed about art, travel, history, books, music and politics at college.coursestorm.com

The teachers come from Ivy League colleges and the corporate world. Most of the students are retired from careers in business, teaching and medicine — but they still want to learn new things.

Õne caveat: Salome's class on the Kurds is filling up fast!

FMI email southcoastseniorcollege@gmail.com or visit south-coast-senior-

The Historical Society of Wells & Ogunquit, now open on Saturdays, will be hosting its "Mornings at the Museum" children's program on Saturday, October 8, from 10 AM to 11 AM. Families will enjoy stories, a fun museum scavenger hunt (with prizes) and a take-home craft. The theme of this program is "Fall!" This program is free and donations accepted.

The Historical Society of Wells & Ogunquit is located at 938 Post Road in Wells. FMI www.wellsogunquithistory.org.



# City Theater presents *Sylvia* by A.R. Gurney - A play about marriage and a dog -

next season on October 7 marriage is put in seriwith A.R. Gurney's smart, ous jeopardy until, after playful, sophisticated, irreverent, and occasionally touching complications, gritty comedy, Sylvia. The Wall Street Journal called Sylvia "clever and cute in all the right ways." Sylvia debuted on Broadway in 1995 and earned several Drama Desk Award nominations. The story is a romantic triangle about Derek Kingsley in mul-Greg, a man going through a mis-life crisis, Kate, his wife who is on the brink of a new career and a mongrel named Sylvia (who, as Kate puts it, eats "a serious hole" in their 22-year marriage.)

Greg and Kate have moved to Manhattan after twenty-two years of child-raising in the subfinancial trader is winding down, while Kate's career as a public-school English teacher, is beginning to offer her more opportunities. Greg brings home a dog he found in the park – or that has found him – bearing only the name "Sylvia" on her name tag. A streetsmart mixture of Lab and poodle, Sylvia becomes a major bone of contention between husband and wife. She offers Greg an escape from the frustrations of his job and the

City Theater opens their a rival for affection. The a series of hilarious and Greg and Kate learn to compromise, and Sylvia becomes a valued part of their lives.

The cast includes Joe Quinn as Greg, Rebecca Cole as Kate, Carrow McLean as Sylvia and tiple roles: Tom/Phyliss/ Leslie. Despite the amusing premise and the absurdity of a person playing the role of a dog, Sylvia is a comedy meant for adults, with mature language and humor.

The 2022-2023 City Theater Season, which includes Sylvia, is presented through the genurbs. Greg's career as a erous sponsorship and support of their season sponsors: Pizza by Alex, Jim Godbout Plumbing and Heating, Stoner & Co and their show sponsors: MooShoo and Bamboo, Run Of The Mill and Saco and Biddeford Chamber of Commerce.

Sylvia runs through October 23, Fridays and Saturdays at 7:30 PM, and Sundays at 2 PM. (Note, there is no performance



Joe Quinn as Greg and Carrow McLean as Sylvia. Courtesy photo.



Derek Kingsley as Phyliss, Rebecca Cole as Kate and Carrow McLean as Sylvia. Courtesy photo.







# PAGE 22 CALENDAR

### **Fairs & Festivals**

### Fryeburg Fair, Fryeburg

October 2-9, 1154 Main Street, Fryeburg Fryeburg Fair is a family-friendly fair including a horse show, sheepdog trials, ox pulling, flower show, poultry show, sheep shearing, hog show, tractor pull, harness racing, draft horse and pony show, entertainment, rides, food and more.

### Freeport Autumn Arts and Crafts Market, Freeport

October 15, 11 AM-3 PM, Freeport Grange, 13 Elm Street, Freeport

Freeport Autumn Arts and Crafts Market features a rich assortment of art and craft makers who will showcase and sell their original creations. It will also have delicious food, seafood, baked good and other items. Free admission.

### 37th Annual York Harvestfest & Kidfest, York Beach

October 15, 9 AM-4 PM, Short Sands Beach, next to the York Beach Fire Station, 18 Railroad Avenue, York Beach

York Harvestfest and Kidfest will feature live music, old-fashioned market vendors, juried crafters, food vendors and more. There will also be kids' activities! including storytelling, roaming railroad, interactive activities, painting, horse-drawn wagon rides, face painting and more.

### OgunquitFest Artisan Craft Fair, Ogunquit

October 22-23, Sat 9 AM-4 PM, Sunday 9 AM-3 PM Dorothea Jacobs Grant Common, 88 Obeds Lane,

OgunquitFest features Halloween-themed events, an artisan craft fair, classic car show, scarecrow contest, kids' events, wine and beer tastings, food and

### Biddeford Fall Craft Fair, Biddeford

November 5, 9 AM-3 PM

J Richard Martin Community Center, 189 Alfred Street, Biddeford

Biddeford Fall Craft Fair will host crafters and vendors selling their items and unique holiday gifts. Food will also be available.

### **Portland Holiday Arts and Craft** Show, Portland

November 5-6, 9 AM-4 PM both days Portland Fireside Inn and Suites, 81 Riverside Street, Portland

Portland Holiday Arts and Craft Show features a diverse group of artists and crafters. You will find wearable art, soaps and lotions, candles, cards, jewelry, fine art, glassware, gourmet goods and more.

### South Portland Holiday Vendor Event. South Portland

November 11-13, 10 AM- 6 PM each day The Maine Mall, 364 Maine Mall Road, South Portland

South Portland Holiday Vendor Event will host local vendors and small businesses offering their products and services.

### Portland Autumn Makers Market, **Portland**

November 13, 10 AM-3 PM

Thompson's Point, Thompson's Point Road, Port-

Portland Autumn Makers Market will host local crafters, makers, artisans and farms.

### Going on Now

Sylvia, City Theater, Main Street, Biddeford. The show runs through October 23, Fridays and Saturdays at 7:30 PM, and Sundays at 2 PM. (Note, there is no performance Sunday, October 9.) Tickets are \$30 (including fees) and are available at www.citytheater.org/buytickets or 207-

"The Fire of '47: 75th Anniversary Retrospective," Brick Store Museum, 117 Main Street, Kennebunk. The show runs through December. See page 12 of this issue for full story. FMI visit www.brickstoremuseum.org or call 985-4802.

INSPIRE Show at Pop-Up on Maine Art Hill, 5 Chase Hill Road, Kennebunk. Doors open every day at 10 AM. See page 11 of this issue for full story. FMI www.maine-art. com/shows or 207-967-2803

### Thursday, October 6

Explore the Shore, Wells Reserve at Laudholm Farm, 342 Laudholm Farm Road, Wells, 1-3 PM. Though it isn't always obvious, the treasures we find on the beach can tell us stories about the land, the ocean, and the beach itself. We will stroll Laudholm Beach investigating the sand, the wrack line, and objects we find. Free with site admission. Registration required at caryn@wellsnerr.org or 207-646-1555 x110. FMI wellsreserve.org/calendar.

Historic District Walking Tour, Brick Store Museum, 117 Main Street, Kennebunk, 12 PM. Explore the history of the elaborate and historic homes that line Kennebunk's Summer Street neighborhood in Downtown Kennebunk. Led by museum tour guide. \$10 per person/\$5 for members. Reserve in advance by calling 985-4802 or visit www. brickstoremuseum.org.

Work(s) in Progress: An Author Talk with Humorist and Essayist Andy Young, Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 6:30 PM. Andy Young's recent book, Work(s) in Progress, is comprised of a series of essays delivered with humor and wit, which cover a range of topics, from snow removal etiquette to high school sports to dreams, education, grudges, vengeance and 24-letter alphabets. Andy is an English teacher at Kennebunk High School and has written essays that have been published in nearly a dozen different newspapers in New England. FMI call 967-2778.

### Friday, October 7

Great Decisions, Wells Public Library, 10:30 AM. Join with other community members at the library for lively and informative discussions on the major global issues of our time. Meetings center on topics outlined in the Great Decisions briefing book provided by the Foreign Policy Association. This month's topic will be the Quad Alliance, or the Quadrilateral Security Dialogue. For more information, please contact Stefanie Claydon at sclaydon@ wellstown.org or call the library at 207-646-8181.

Kayaking the Little River Estuary, Wells Reserve at Laudholm Farm, 342 Laudholm Farm Road, Wells, 9 AM-12 PM. Paddle the quiet waters of a Maine salt marsh, watching for wildlife and learning about this treasured habitat from a registered Maine Kayak Guide. For ages 12 and up. Some restrictions apply. \$60/\$48 plus site admission. Registration required through wellsreserve.org/kayak. FMI Wells Reserve 207-646-1555.

Coastal Kitchen Tour Kickoff, The Blue Coffehouse & Wine Bar, Main Street, Kennebunk, 5-7 PM. Meet and speak with various kitchen experts.

### Saturday, October 8

**Depot Day**, the Kennebunk Train Depot, 12 Depot Street. Kennebunk, 9 AM-2 PM. Depot Days include flowers, art, jewelry, books, photography and more. It's the happiest place in town! FMI publisher@touristandtown.com.

### Saturday & Sunday Octobver 8 & 9

Coastal Kitchen Tour, sponsored by The Center in Kennebunk. The popular tour begins on Saturday, October 8, lasting from 10 AM to 3 PM. Participants can visit seven different homes throughout the Kennebunks and see renovations and designs created by Louise Hurlbutt of Hurlbutt Designs, Nicki Bongiorno of Spaces, All About Kitchens and others. The driving tour is self-guided and ticket-holders can visit the different homes in any order they choose. This fun weekend concludes with a "Sip and Shop" at J.McLaughlin on Route 1 in Wells on Sunday, October 9, from 12-4 PM. FMI visit www.seniorcenterkennebunk.org; follow on social media @CenterKennebunk; call 967-8514; or visit the Center at 175 Port Road, Ken-

Kennebunk Beach History Walking Tour, begins at Trinity Chapel, Railroad Avenue, Kennebunk Beach, 9 AM. FÍNAL WALK OF THE SEASON! Learn the history of the development of Kennebunk Beach as a tourist destination. About a one-mile loop, 60-90 minutes, led by trained tour guide. \$10 per person/\$5 for members. Reserve in advance by calling 985-4802 or visit www.brickstoremuseum.org.

### Saturday, October 8

Historic District Walking Tour, Brick Store Museum, 117 Main Street, Kennebunk, 12 PM. Explore the history of the elaborate and historic homes that line Kennebunk's Summer Street neighborhood in Downtown Kennebunk. Led by Museum tour guide. \$10 per person/\$5 for members. Reserve in advance by calling 985-4802 or visit www. brickstoremuseum.org.

### Sunday, October 9

"Bohemian Sunday Poetry Readings," Brick Store Museum auditorium, Kennebunk, 1-3 PM. WePoets & Verse presents Richard Foerster of Eliot, whose ninth collection is forthcoming in Fall 2023, and Mimi White of Rye, New Hampshire, author of four full-length books. FMI visit wepoets.weebly.com. Admission free.

Full Moon Walk, Wells Reserve at Laudholm Farm, 342 Laudholm Farm Road, Wells, 5:30-7:30 PM. Watch the Moon rise and the Sun set from one of the highest points in Wells, then experience the Wells Reserve at Laudholm at night, listening for owls and other animals. Learn the lore behind the so-called Hunter's Moon, Travel Moon, or Dying Moon. Spend time with poems and stories, but also quietly communing, and finish with a gratitude circle on the beach. A great family experience for those who can enjoy the quiet. Individual \$8/\$6, family \$20/\$15. Reservations required at 207-646-1555 ext 128 or linda@ wellsnerr.org. FMI wellsreserve.org/calendar.

### Monday, October 10

What's Your Story? Graves Memorial Library, Kennebunkport, 7 PM. Each week, Library Director Mary-Lou Boucouvalas interviews a community member. Tune in on the Louis T. Graves Memorial Public Library's Facebook page or YouTube channel or watch on the Town of Kennebunkport's cable channel 1301.

### **Tuesday, October 11**

Saving Your Garden Seeds, 6 PM. Join Will Bonsall of the Scatterseed Project to learn how to save seeds for future planting. 94% of vegetable seed varieties have been lost during the 20th century. Come learn how to help protect crop seed diversity. Not only do diverse heirloom crops connect us with our past, but they also hold solutions for future problems. This free event is sponsored by the Friends of the Wells Public Library. For more information, please contact Stefanie Claydon at sclaydon@wellstown. org or call the library at 207-646-8181.

### Wednesday, October 12

Kayaking the Little River Estuary, Wells Reserve at Laudholm Farm, 342 Laudholm Farm Road, Wells, 12-3 PM. Paddle the quiet waters of a Maine salt marsh, watching for wildlife and learning about this treasured habitat from a registered Maine Kayak Guide. For ages 12 and up. Some restrictions apply. \$60/\$48 plus site admission. Registration required through wellsreserve.org/kayak. FMI Wells Reserve 207-646-1555.

Not-So-Scary Animals Party, Kennebunk Free Library, 112 Main Street, Kennebunk, 3:45 PM. Spiders, bats, crows, and snakes can give us the chills, especially at this time of year. But did you know that all of these animals are helpful to us and the environment? Come to Kennebunk Free Library and learn some interesting facts about animals that can seem scary sometimes! There will be crafts, activities, and lots of fun! This event is for all ages. No registration is required. Note: there will be no live animals at this event. Masks are required when attending library programs. FMI visit www.KennebunkLibrary.org or call 985-2173.

Portside Readers, Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 7 PM. Listen to stories, poems, tales, essays, drama, songs and more by the Portside Readers, a small group of local actors, writers, book club members and a musician who love the written word and want to share the joys of reading and listening. Tune in Wednesday evenings at 7 PM on the Louis T. Graves Memorial Public Library's Facebook page or YouTube channel or watch on the Town of Kennebunkport's cable channel 1301. FMI call 967-2778.

### Thursday, October 13

Morning Book Group, Graves Public Library, 18 Maine

**CALENDAR** 

Street, Kennebunkport, 9:45 AM. This group meets the second Thursday of every month. For October, the group is reading The Violin Conspiracy by Brendan Slocumb. New members are always welcome. FMI visit www.graveslibrary.org or call 967-2778.

Preschool Story Hour: Leaf Man, Wells Reserve at Laudholm Farm, 342 Laudholm Farm Road, Wells, 10:30-11:30 AM. Join Education Director Suzanne Kahn for an outdoor reading of Lois Ehlert's Leaf Man, followed by a craft activity and an autumn trail walk. For ages 3 to 5 and their caregivers. Free. Registration required at 207-646-1555 x116 or suzanne@wellsnerr.org. FMI wellsreserve.org.

C.A.R.E.S.: Understanding and Coping with a Loved One's Substance Use, Graves Public Library, 18 Maine Street, Kennebunkport, 4 PM. A monthly discussion with 3 Towns: 1 Community C.A.R.E.S. (Conversation, Advocacy, Resources, Education, Support), to explore The Family Restored Organization's roots, mission, and services, and understanding and coping with a loved one misusing substances. C.A.R.E.S. meets on the second Thursday of every month at 4:00 pm in the Community Room at the Graves Library (18 Maine Street, Kennebunkport) for a guest speaker presentation, open discussion, and overdose first aid training. Anyone is welcome. FMI visit www.graveslibrary.org or call 967-2778.

Historic District Walking Tour, Brick Store Museum, 117 Main Street, Kennebunk. Explore the history of the elaborate and historic homes tha, 12 PMt line Kennebunk's Summer Street neighborhood in Downtown Kennebunk. Led by Museum tour guide. \$10 per person/\$5 for members. Reserve in advance by calling 985-4802 or visit www. brickstoremuseum.org.

Meeting of the Newcomers and Neighbors Club of Kennebunk, Kennebunkport, & Arundel, The Community House, 8 Temple Street, Kennebunkport, 6:30 PM. The club welcomes you to experience the sound of this ancient and unusual instrument. Featured guest is musician Betsy Hooper, who will play the hurdy-gurdy and explain the history of this unique string instrument.Bring your curiosity, experience something different, and have fun! The meeting starts at 6:30 PM with social time. The presentation starts at 7 PM. FMI: www.kptanewcomers.org

Weekly Conversational French Language Group, Wells Public Library, 6:30 PM. An nformal approach to practicing or re-learning French in person! We welcome anyone with a French Language interest to participate. Venez parler français avec nous! FMI contact Cindy Appleby at cappleby@wellstown.org or call the library at 207-646-8181.

Wild Mushroom Hunting in Maine: Fall Edition, Wells Public Library, 5:30 PM. Ryan Bouchard and Emily Schmidt from The Mushroom Hunting Foundation teach people how to safely enjoy local edible mushroom species. With a slideshow of their own photography, Ryan and Emily will explain the science and safety rules of mushroom hunting. They will explain in depth about certain spring-season species that are safe for beginners to identify and cook with. FMI contact Stefanie Claydon at sclaydon@wellstown.org or call the library at 207-646-

Wine On-Line with Maine & Vine and Wine House on Main, Graves Public Library, 18 Maine Street, Kennebunkport, 5:30 PM. Join invirtually via Zoom for a fun hour of wine tasting, information, and trivia! Local wine gurus Lani Dietz and Betsy Ross will guide participants through the program with ideas, pairings, and educational tidbits as we sip wines selected by two experts. For anyone new to this very popular monthly event, Lani and Betsy choose the pair of wines prior to the event. Each time, you will "experience" wines from a specific country or new varietal. All participants are encouraged to purchase the monthly wine selections from Maine & Vine or Wine House on Main (both in Kennebunk). FMI and to register, call 967-2778 by Thursday, October 12.

Friday, October 14

Fiber Arts, Wells Public Library, 10:30 AM. Have you been crafting during the past few months? Join in every Friday at the library to show off your latest knitting creation, get tips on your crochet technique, and just chat with old friends and make some new ones. All ages & levels of ability are encouraged to join us for ideas, inspiration, and lively conversation. FMI contact Stefanie Claydon at sclaydon@wellstown.org or call the library at 207-646-8181.

Foraging Walk for Wild Mushrooms in Wells, Wells Public Library, 2 PM. Join Ryan and Emily of The Mushroom

Hunting Foundation on a walk through the Wells Con- misconceptions that are socially constructed within our and Emily follow a carefully-considered system of which mushrooms are safe for beginners, which are intermediate level, and which are expert level. This kind of knowledge takes years to master and this walk will only be focusing on an introductory level. Registration is required as space is limited. FMI contact Stefanie Claydon at sclaydon@ wellstown.org or call the library at 207-646-8181.

Saturday, October 15

Depot Day, the Kennebunk Train Depot, 12 Depot Street, Kennebunk, 9 AM-2 PM. Depot Days include flowers, art, jewelry, books, photography and more. It's the happiest place in town! FMI publisher@touristandtown.com.

Native New England Shrubs, Wells Reserve at Laudholm Farm, 342 Laudholm Farm Road, Wells, 9:30 AM-12 PM. Take a close-up look at shrubs that occur naturally in New England, plus a few non-native invasive species. We will focus on key identification characteristics while learning about shrub natural history and lore. We will study a shrub whose fruits can be used to make candles, a shrub whose berries prevented scurvy on long sea voyages, and a shrub whose flowers have been used as a remedy for craziness. \$13/\$10. Registration required at 207-646-1555 x116 or suzanne@wellsnerr.org.

Sew with Dress a Girl Around the World, Sanford First Wednesday, October 26 Baptist Church, 905 Main Street, Sanford, 9-12 PM. Sew a Mid-Week Music: The Music of Elvis, Kennebunkport simple dress for a girl in a developing country that may save her life from sex and slavery. Previous sewing experience required. Register at DressAGirlSMaine@gmail. Maine on Facebook.

Historic District Walking Tour, Brick Store Museum, 117 Main Street, Kennebunk, 12 PM. Explore the history of the elaborate and historic homes that line Kennebunk's Summer Street neighborhood in Downtown Kennebunk. Led by Museum tour guide. \$10 per person/\$5 for members. Reserve in advance by calling 985-4802 or visit www. brickstoremuseum.org.

Harvest Activities at the Museum, Brick Store Museum, 117 Main Street, Kennebunk, 10 AM-1 PM. Downtown HarvestFest and Open House at the Museu! Activities include a scarecrow scavenger hunt, art projects, and a new exhibition called The Great State of Maine Illustration! FMI: 985-4802 or visit www.brickstoremuseum.org.

Harvestfest York, Short Samds Beach, York, 9 AM-4 PM. This is a free family festival that includes a variety of activities including: Live music from the Don Campbell Band & Friends, Dan Blakeslee / Dr. Gasp, local food vendors, juried crafters and Old-Fashioned Market vendors from all over New England, .Kidsfest: story telling, interactive activities, a roaming railroad, and face painting, and nore.

Monday, October 17

Fall in the Bog, Wells Public Library, 11 AM-2 PM. The bog at Saco Heath is home to a carnivorous pitcher plant, a sedge known as cotton grass, cranberries, winterberry holly, and a deciduous conifer called tamarack or larch. On this tour of the bog, led by naturalist Boot Boutwell and hosted by the Wells Reserve, we will stay dry on the boardwalk as we explore. For ages 10 and up. \$15/\$12. Registration required at suzanne@wellsnerr.org or 207-646-1555 x116.

Tuesday, October 18

**Shell Middens of Casco Bay,** Wells Public Library, 2 PM. Shell middens are accumulations of shells, bones, and artifacts situated all along the Maine coast. They were left behind by Native peop oles who harvested shellfish and other marine animals. Thomas Bennett offers an examination of shell middens, what they tell us about the Native lifestyle, and how private citizens can become involved in protecting this important cultural resource. This free event is sponsored by the Friends of the Wells Public Library. For more information, please contact Stefanie Claydon at sclaydon@wellstown.org or call the library at 207-646-8181.

Wednesday, October 19

Communication and Action: Empowerment for Endof-Life Preparation, Graves Public Library, 18 Maine Street, Kennebunkport, 9 AM. Kennebunkport Public Health, and special guest presenter Marilyn R. Gugliucci (MA, Ph.D., AGHEF, GSAF, AGSF, NAOMEF; Professor & Director of Geriatric Education and Research at the University of New England, College of Osteopathic Medicine) will facilitate a presentation on empowerment for end-of-life preparation. Dr. Gugliucci will be discussing

servation Commission trails to look for mushrooms. Ryan society around aging, dying, and death. These misconceptions, often viewed as truth or reality, tend to limit our access to opportunities and create barriers that affect our thinking, communication, and action. This session will level some misconceptions and pave a path for effective communication to support action in ageing and at end of life. Space for this program is limited. To reserve your seat, or with any questions, please call (207) 967-2778.

Thursday, October 20

Secrets of the Soil, Wells Reserve at Laudholm Farm, 342 Laudholm Farm Road, Wells, 2-4 PM. Play in the dirt with Maine Master Naturalist Linda Littlefield Grenfell. Learn about the origin of soil and its necessity for all life. Dig in and get dirty while examining soil up close. \$8/\$6 individual, \$20/\$15 family. Registration required at linda@ wellsnerr.org or 207-646-1555 x128. FMI wellsreserve. org/calendar.

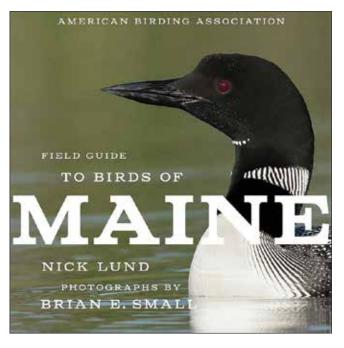
Monthly Movie Night at Graves Library, 18 Maine Street, Kennebunkport. The Graves Library's monthly movie night is back by popular demand! For one night a month, the library's Community Room will transform into a movie theater. Meet up with your friends, snack on some popcorn, and enjoy a FREE night out at the movies. Please check graveslibrary.org for this month's movie selection.

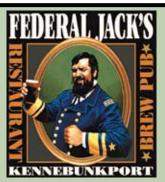
Historical Society's Town House School, 135 North Street, 7 PM. In their second annual Elvis show, Dana Pearson, Mark Gunter, and Ron Breton will cover the iconic rocker com. FMI follow Dress a Girl Around the World-Southern from his explosive early days in the 1950s ("A Big Hunk o' Love") through his often underappreciated '60s catalogue ("Big Boss Man"), and into his final years in the '70s ("Burning Love"). Dancing is predicted. Tickets are \$15 for KHS members and \$18 for non-members, and may be purchased at the door or at kporths.com/buy-tickets. The evening show is BYOB (21 and older only). For more information, email info@kporths.com or call 967-2751.

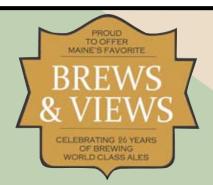
Saturday, November 5

Harvest Fair, St. David's Episcopal Church, Route 1, Kennebunk. St. David's is holding its Annual Harvest Fair after a 2-year hiatus. The fair will offer the same wonderful tables as before: silent auction, themed gift baskets for raffle, treasures, jewelry, homemade baked and frozen goods, handmade crafts and lunch provided by area award winning restaurants. Mark your calendars. You don't want to miss this! FMI call 985-3073.









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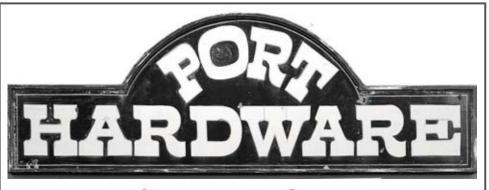


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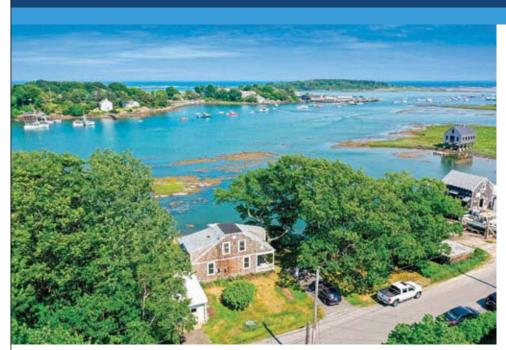




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