



TOURIST & TOWN

FREE

April 6, 2023
Volume 65 Issue 2

CELEBRATING SOUTH COASTAL MAINE SINCE 1958

Our mission is to be an indispensable guide to life in South Coastal Maine, a champion for local businesses and a source of entertainment and goodwill for locals and tourists alike.

TOURIST & TOWN

SERVING COASTAL YORK COUNTY SINCE 1958

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*Thank you to
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 Serina Ruggeri*

Publisher's Note

Well, this issue officially kicks off our regular April-November publishing season - and let me say, in this, our 65th year...

We have come a long way, baby.

One of the things I love the most is how our publications not only speak to Maine enthusiasts, they also draw them in as members of our *Tourist & Town* team and as guest contributors in various capacities. As a result, each issue of *Tourist & Town* becomes infused with even more wonderful Maine juju.

My own passion for Maine has grown exponentially over the years. So too has my passion for our publications - a passion clearly evidenced by the paper piles still adorning my dining room table.

Though it technically ceased being my office a couple years back, my dining room still looks like an office. The stacks are still there. Perhaps they always will be.

Yes, I think I will always eat, sleep and breathe *Tourist & Town* (guess the eating part explains the dining room table). I doubt there will ever be a time when there aren't clippings to be moved each time the kids and I sit down to eat.

Ah yes, the publishing life.

Enjoy this first issue of our regular publishing season - and here's to celebrating our wonderful corner of the world.

Kingsley Gallup, Publisher

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 that looks like it was built
 just to enjoy?
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 of Maine looks that way to me."
 - Will Rogers*



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On the Cover

If you like color, you've found the right artist because that's what drives me to paint. Getting lost in the act of creating, designing or conceptualizing something is fuel for my soul and my mind needs that activity to thrive.

My paintings hover between representational and impressionistic, with the goal being not to recreate a tight, photographic scene, but a painterly approach that is interesting to the eye.

My website shows a full inventory, but you can see some of my works in person at my home studio by appointment, at The Arundel Farm Gallery (seasonally) in Arundel, Maine, at the Casco Bay Artisans in Portland, Maine, and at the NW Barrett Gallery in Portsmouth, New Hampshire.



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 Facebook & Instagram

Save the Date

The planning continues for the 25th May Day Festival to be held on Saturday, May 6, with events at the Waterhouse Center, Brick Store Museum, Kennebunk Free Library, Kennebunk-Kennebunkport-Arundel Chamber of Commerce, Lafayette Park and more.

Duffy's Tavern and Grill will once again host the pancake breakfast. The parade will feature many of the favorites such as Dunlap Highland Band, Gym Dandies, Shriners, Kennebunk Twirlers, school bands and more.

For more information, email Linda Johnson at ljohnson@kennebunkmaine.us or visit www.kennebunkmaine.us/mayday.



Happy News

Hackmatack Playhouse, founded in 1972 and located in Berwick, has a wonderful lineup planned for 2023.

Yes, although it seemed as if last year would be its last season of live theater, the show will indeed go on at Berwick's quintessential summer theater.

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Kport Bagel comes to Lower Village Kennebunk

by Jo O'Connor

It's all the rage. Bagels, bagels and bagels—and boy are they good and fresh. Kport Bagel has opened to much fanfare in Lower Village Kennebunk. Husband and wife team/proprietors Kevin and Ali Hannon grew up together going to elementary, middle school, high school and then both on to Bentley College in Waltham. They were raised in the town of Belmont (outside Boston), where they were exposed to Bruegger's Bagels, a popular Massachusetts-based bagel franchise.



"It was walking distance for me and a real hang-out space for my friends and me. I have always loved bagels," said Kevin Hannon, who runs a 2,000 sq. ft Biddeford bakery where he creates the sourdough favorites.

For Kevin, it's a 4 AM start. He says the perfect bagel takes three days to create. For Ali, as a collegiate soccer athlete she found bagels were her go-to comfort food when she wanted to fill up.

Their story is an interesting one: Kevin studied Computer Information Systems and developed websites for a digital agency outside Boston. Ali worked as a mortgage broker in the greater Boston area. She spent summers on Goose Rocks Beach, doing everything from working at the old Captain's Restaurant

in Cape Porpoise as a dishwasher and salad girl and spending four summers as a camp counselor at Goose Rocks Beach Association. And while Kevin and Ali grew up together, they didn't start dating until after college. Eventually, Ali would convince her husband to trade Cape Cod vacationing for spending time in Maine. They recently bought a second home in Kennebunk. Then, the pandemic hit.

These 30-somethings knew that they were going to have to work remotely and decided to move to Maine for what they thought would be "a month or so." As we all know, that time estimate didn't work out. Ultimately, it meant evaluating where they were in life, and after assessing their love of bagels, the idea for Kport Bagel was born.

The business location

was critical. When they landed the corner spot at the Morning Walk Shops, they knew they found their home. Once the location was set, they hired famed International Bagel Consultant (yes, there is such a person) Beth George, a Bates College graduate and lawyer, to finalize the details.

According to the *New York Times* (2020), George is a "...self-taught baker in New Jersey, helping entrepreneurs all over the world, many with not even a schmeer of experience, to open bagel shops. . . From the Bahamas to Saudi Arabia, from India to the Horn of Africa, dozens of aspiring bagel bakers – novices and professionals – have hired her to provide and adapt recipes, guide their business plans, help lay out their kitchens and be their on-call troubleshooter for

issues from kneading and rolling to boiling (or steaming) and baking."

With George on speed dial, the Hannons have sought her input on everything from ordering kitchen equipment to the logistics of running the store.

The new store offers 11 rotating types of bagels, including Plain, Salt, Onion, Jalapeno-Cheddar, Chocolate-Chip, Poppy, Sesame, Garlic, Cinnamon/Raisin, Rosemary/Olive Oil and the shop's most popular bagel: Everything. They also carry Maine goodies like Sea Love Candles, Slack-Tide Salt, Carpe Diem Coffee, Healing Harbors CDB oil and Lucy's Granola, assorted beverages, Italian ice and Kport Bagel merchandise.

The Hannons have already had a good number of discerning NYers and self-proclaimed "bagel snobs" tentatively try the bagels, only to come back to order a dozen. Prediction: no longer will New York visitors be revered for bringing bagels up to Maine as a great hostess gift – Kport Bagel has arrived.

FMI: Kport Bagel is located at Two Morning Walk Lane, Cottage 6, off Port Road in Kennebunk. They are open Friday-Monday, 7 AM-2 PM (or until sell out). Kport Bagel will soon open seven days a week and will offer online ordering. www.kportbagel.com

Ever wonder: How hard is it to make a bagel? Answer: Very! In addition to five basic ingredients – water, salt, yeast, sugar and flour – Kport Bagel adds a sourdough starter to leaven the bread (which takes a long time). Then the bagels are shaped, rested, boiled and baked. According to Kevin (pictured above with Ali), all-in, it takes about three days to make the bagels. Time is money, so visit Kport Bagel and start your day effortlessly. Photos by Bob Dennis

The Timely



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Saturday, April 8, 12-4 PM
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Saturday, April 15, 4-6 PM
Stolpman Vineyards Seminar and
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Kitchen Talk

Soup, Salad, Sandwiches - and More!

Bits 'n' Pieces

Special Tips

For croutons, tear rustic country sourdough bread into bite-size pieces. The "shaggy edges" hold the creamy dressing better.

Separate and wash romaine leaves, then put in refrigerator until you're ready to toss salad. Cold lettuce is crisp lettuce.

Don't shred the cheese. Buy a hunk of real Parm and shave into thin planks with a vegetable peeler.

Finally... toss in a large bowl with your hands. Distributing the thick dressing requires "feeling," so put down the tongs, put on plastic gloves, and toss away.

Groovy Gadget

This stainless steel, dishwasher safe Tomato Stem Corer works better than a paring knife to scoop out those stubborn cores. The corer hulls strawberries too, and costs only \$10 at Consider the Cook, a welcoming and lavishly-stocked culinary shop in Vero Beach, Florida, featuring "everything kitchen," in addition to unique cookbooks, lush linens, Dash & Albert throw rugs, Nest diffusers. (Consider the Cook shops are also in Bedford, New York, and New Canaan, Connecticut, or order online at www.considerthecook.com or from Amazon).



Helpful Hints from Mom

Many of us learned to cook and entertain by watching our moms. Kitchen Talk surveyed readers for some of Mom's "favorite tips and hints."

Goose Rocks Beach resident Jan Fitzpatrick remembers her mother telling her that everyone should have casual daytime silverware and fancier nighttime silverware, paper napkins during the day, cloth in the evening. But her mom's primary lesson: once you come up with a good dinner party menu, stick to it ... just invite different people.

Linda Loewenberg of Kennebunk Beach recalls Thanksgiving and Christmas dinners when her grandmother filled all the serving bowls with hot water an hour before needing to fill them. Linda says, "Then she put the hot food from the oven into the hot bowls. And the food stayed hot."

Wells resident Jean Nolan has a fun memory of walking into her house after school and going directly to the refrigerator where her mother had prepared a plate of snacks, all on toothpicks. "BUT we couldn't touch anything that had a red triangle flag because that meant it was for company coming that evening. We also couldn't pass the salt hand to hand - that was bad luck, Mom said. We had to set it on the table and let the next person pick it up."

Alisson's Lobster Bisque

One of Kennebunkport's most popular restaurants, Alisson's, is located in the heart of Dock Square and open daily (11:30 AM) for lunch and dinner. Locals and tourists rave about the Lobster Cobb Salad, the variety of tasty burgers (It's a Goud-a Burger and the Pammy Melt - delicious!) and the baked had-dock, but one of Alisson's best sellers is their Lobster Bisque. Kitchen Talk asked for (and happily received) the recipe:

Serves 8-10

Ingredients:

Finely chop 1 lb. cooked fresh (or frozen) lobster. Save juice.
2 cans V-8 (5.5 oz. each)
1/8 cup lobster base (Better Than Bullion label; available at fish markets)
1 qt. heavy cream
1 qt. light cream
1/4 white onion
1/2 stalk celery
Pinch of black pepper
1/4 cup butter
Flour
1/2 oz. sweet vermouth

Directions:

Chop lobster meat and put in a 5-gallon pot with lobster juice.

Mince celery and onion in food processor. Sauté in butter, then add enough flour to make a roux. Set aside.

In double boiler, combine V-8, pepper, lobster base, heavy cream.

Heat, then add roux and continue to heat until mixture thickens like paste.

Add that mixture to 5 gallon pot holding the lobster meat.

Add light cream and mix well. Heat. (It is now ready to serve, BUT if serving later, put in refrigerator AFTER mixture is completely cool.)

(Note: if V-8 mixture doesn't thicken enough to your liking, make a plain roux and add to the bisque to thicken.)



Caesar the Day!

Julius Caesar deserves no credit for this popular crunchy salad. It was invented in Tijuana, Mexico, at the Hotel Caesar by chef Caesar Cardini during a busy holiday weekend in July, 1924.

Cardini had depleted the key ingredients for his renowned Insalata Mista when he noticed that many of his patrons still had a lean and hungry look. So he scavenged cupboards and coolers, then threw together a mixture of romaine lettuce, Parmesan cheese, lemons, bread cubes, olive oil, eggs and Worcestershire sauce, topping it all with anchovies. The die was cast.

Today, Caesar Salad headlines countless restaurant menus. It's especially tasty when the romaine is dressed with this tangy dressing:

Dressing ingredients:

6 anchovy fillets packed in oil, drained
1 small garlic clove
Kosher salt
2 large egg yolks
2 tbsp. fresh lemon juice (plus more)
3/4 tsp. Dijon mustard
2 tbsp. olive oil
1/2 cup vegetable oil
3 tbsp. grated Parmesan
Fresh ground pepper

Dressing directions:

Chop anchovy fillets, garlic and pinch of salt. Use side of a knife to mash into a paste, then scrape into medium bowl.

Whisk in egg yolks, 2 tbsp. lemon juice, and mustard. Add and whisk olive oil drop by drop, then add and whisk vegetable oil until dressing is thick and glossy.

Whisk in Parmesan, season with salt and pepper, and extra lemon juice, if desired. (Dressing can be made a day ahead.)

Did You Know??

"Reuben, Reuben, I've been thinking" ...

How did this corned beef, sauerkraut and Russian dressing sandwich get its name?

The Reuben Sandwich was invented in Nebraska (imagine that!) in the 1920s. A local grocer, Mr. Reuben Kulakofsky, who'd immigrated from Lithuania, concocted the sandwich and brought it to his weekly high-stakes poker game in the back room of Omaha's Blackstone Hotel. Each of the card sharks present eyeballed, then tasted a bite of the sandwich, and declared it "a winner."

The hotel owner's son (who worked in the kitchen) embellished Kulakofsky's sandwich by adding Swiss cheese and serving it on rye bread, and the Reuben Sandwich was featured on the menu of the the hotel's Plush Horse Restaurant the next day.

Recipe for classic Russian Dressing:

1/2 cup mayonnaise
3 tbsp. chili sauce
1 tbsp. minced white onion
1 tsp. horseradish
1/2 tsp. Worcestershire sauce
1/2 tsp. smoked paprika
1/2 tsp. kosher salt (plus more as needed)
1/4 tsp. dry mustard
1/4 tsp. fresh ground pepper

Directions:

Place mayo, chili sauce, minced onion, horseradish, Worcestershire sauce, paprika, salt, dry mustard and pepper in medium bowl. Stir to combine. Add more salt or pepper as needed. This Russian dressing keeps for one week in airtight container in refrigerator.

This page is curated by
Tourist & Town's Valerie Marier. valmarier@me.com



In Magazine News:

Our Spring 2023 magazine is out and it's full steam ahead for our newspaper's timeless sister publication.

Thanks to a hugely enthusiastic response to our magazine since we first published in the winter of 2020 and thanks to the high demand for MORE, we have taken some significant steps – and we couldn't be more excited.

First, we will be partnering with select area hotels, with the goal of stocking countless hotel rooms with this colorful keepsake. In fact, we are thrilled to announce **The Nonantum Resort** in Kennebunkport as our first hotel partner! Every Nonantum guest in 2023 will receive our magazine in their room, not only as a helpful guide for their time here, but as a treasure to bring home.

Second, our magazine will be sold at a growing list of select locations from Kittery to Old Orchard Beach – gift shops, coffee shops, grocers and other retailers. We are developing a plan for making the magazine available for purchase at our offices in the old Kennebunk train depot as well, so stay tuned for more on that.

Third, the magazine will be available by subscription – and we have made that process simpler than ever for 2023. On the lead page of this newspaper, in fact, you will find our subscription QR code, which will take you to the subscribe page of our website.

Please stay tuned for ongoing updates about our growing list of hotel partners and retail partners. We want to thank the first group of retailers to begin carrying our magazine: **Cape Porpoise Kitchen** in Kennebunkport, **Coffee Roasters**, **Mail-It Unlimited** and **Talula's** (opening for the season later this month) in Kennebunk and **Tully's Beer & Wine** in Wells, with others coming on board each day. Thank you all!

~ Team Tourist & Town

Cheerleading: more than a sport for local teen

by Faith Gillman

Fifteen-year-old Hailey Meads is a busy person. Between school (she's an honor roll student at Kennebunk High), theatrical/musical pursuits, sports (look for her on the track team), a summer job and volunteering, it is hard to believe there's time for anything else. But evidently there is. Meads is also a member of Port City Athletics' Crusad-

ers cheerleading team that competes in the L3 Medium Senior Coed D2 category of the National Cheerleading Association (NCA). The same team that, for the first time in a decade, brought the NCA national championship title back to Maine.

The Crusaders compete for most of the year. In December of 2022 their performance earned them a berth in the NCA national

meet in Dallas in February, where more than 1,000 athletes competed. The Crusaders won their division with a score of 97.6 – the highest score in the competition. The team's win earned them a bid to compete at the D2 Summit, All Star Championship in May at the ESPN Center in Orlando, Florida.

"Working up to the competition we had a practice almost every

day...everyone was working together and working hard," said Hailey Meads. "The memory I will keep forever from winning is when we all started jumping and hugging when we won, and it was a great feeling. Also, the team that came in third waited for us offstage to congratulate and hug us, which was so nice of them."

Meads has been cheering for six years, her first two with Cheer Katz before moving on to Port City Athletics in South Portland. Her coed team of 12- to 18-year-olds has 27 members who are all "very hard workers, working together and putting in the effort for each other," according to Meads. "Coaching us are Coach Karly, Coach Ashley, and Coach Devin, and they all help us towards the goal of success. They push us to do our best, and support and encourage us on and off the mat. I love Port City Athletics."

Meads said that cheering and her team have become her "second home, another place I go to for comfort and joy. It pushes me hard so I can become successful. My mom said dancing or cheering – I chose cheering."

Pam Meads is proud of her daughter and the choices she has made.

"She is definitely a driven kid," said Meads. "And while it's great to be competitive and win, it's more about the memories and the life lessons that have come from her journey. She will bring those memories and life skills into adulthood."

-continued on next page



Hailey Meads soars during her team's performance at the NCA Championships in Dallas, Texas, in February of this year. Photo courtesy of Pam Meads



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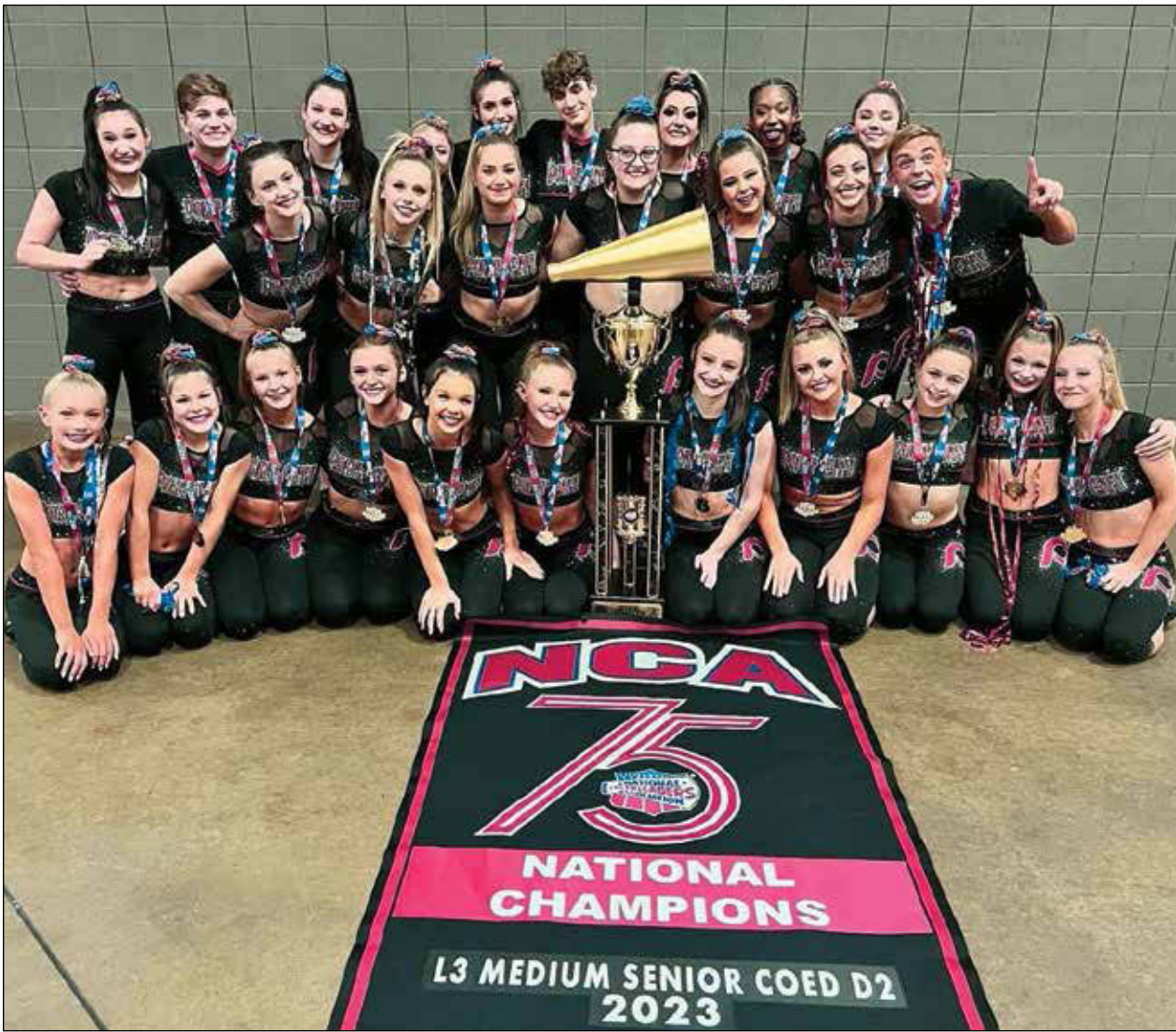
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Above left: Team Crusaders of Port City Athletics in South Portland brought a NCA national cheerleading title back to Maine this year. Above right: Hailey proudly displays her team's trophy. Photos courtesy of Pam Meads

The Crusaders are a "high-travel" team, which means they spend a lot of time together on the road, which is a bonding experience, according to Pam Meads.

"We travel together a lot and rely on each other," she said. "It's like a big family, moms, dads and kids. All of them become like kids of your own."

Although Pam said she is somewhat of a "bad luck charm" when it comes to traveling.

"Had a flat tire in South Carolina that left us stranded for a bit in a sketchy area, and we drove into a tornado one time," she recalls.

Despite occasional challenges on the road, Pam is happy with the gym and the coaches and the impact it has had on Hailey.

"They are very positive people," she said. "It's been a good experience."

And the coaches are happy with what Meads brings to the team.

"Hailey is a dedicated and passionate athlete," said Head Coach Karly Winslow, who is part owner of Port City Athletics. "As a coach, she is someone I can depend on to apply corrections and put the team before herself."

Winslow is not alone in her assessment of Meads.

Lisa Randall first met Hailey more than 10 years ago when her granddaughter went to preschool with Meads younger brother.

"Our paths crossed again when she was in a tumbling class with my granddaughter," said Randall, who lives and works in Kennebunk. "Hailey's

skills quickly accelerated her forward to be with girls much older and experienced than her. She is determined, skilled and most notably humble. I am so impressed by her well-rounded personality and skills: acting, honor student, positive, empathetic, her shy and friendly demeanor and fierce mentality towards perfection of her sport."

Randall finds Meads to be a true team player, using terms such as "fearless, honest and determined" to describe her.

"There is no "I" in team and Hailey models this beautifully. She is an amazing young woman. She supports friends, peers, and other teams. It is no secret where she gets this well-rounded positive and humble spirit from,

as her parents model it in their behavior. The level to which her team has made it, earning a national title, is outstanding."

Although cheering is important, Hailey also enjoys school. Her favorite subjects are math and English. She takes part in concert choir, cheers on the varsity cheering team, is a member of student council and performs in

school musicals. She recently played young Anna in "Anastasia" at Kennebunk High and was also in the school's production of "Newsies" as an eighth grader.

But cheering holds a top spot in Meads' heart. She hopes to continue cheering in college and maybe coach someday.

"For me cheering is happy and joyous – in the

moment everything else doesn't matter. The best thing about being part of a team is it becomes a family. We hold a special bond that can't be broken. We encourage and reassure each other," said Meads. "The most challenging thing about it is that we have to push each other in order to be successful. Win as a team lose as a team – we're all in it together."

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From one happy home to another

by Dana Pearson

On her way out the door, a woman placed her hand on Aly Eardley's forearm and said, "I'm so glad you're here."

That seems to be the theme at Happy Home, a shop featuring home décor, gifts, kitchenware, and furniture that will mark its one-year anniversary at the end of April. Plenty of shoppers

have shared their opinion with Eardley that the town of Eliot has needed "something like this" for quite some time, and have expressed gratitude that she has pulled it off.

Opening her own shop had been on Eardley's to-do list for nearly a decade, but with family being her top priority, it had to be put on hold.

"I had young kids I

wanted to be home for," said Eardley, who has two sons with husband Mike. "My boys are 11 and 14 now, in sixth and eighth grade at Marshwood Middle School. I waited till they were old enough that I'd be comfortable doing this."

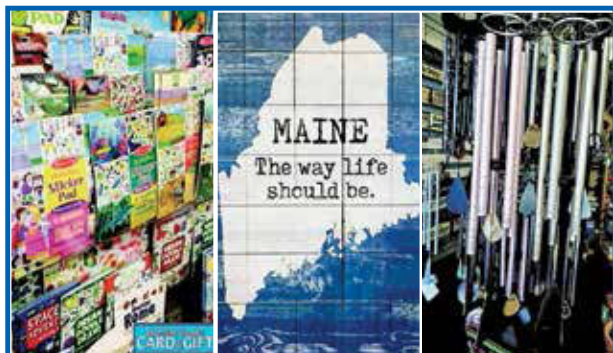
In the meantime, she sold her goods online, out of her home, and in other people's shops, including

Sage Farm Antiques in North Hampton, NH and Just the Thing in Dover, NH. Over a year ago, when she learned that Randolph's Upholstery was closing up shop after four decades, Eardley leapt at the opportunity to rent the shingled Cape at 72 Harold Dow Highway (Route 236) from the Randolph family.

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Aly Eardley opened Happy Home a year ago in this former upholsterer's shop on Route 236 in Eliot. Photo by Dana Pearson



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In late March, the "seasonal room" at Happy Home in Eliot featured Easter gift items and gardening goods. Photo by Dana Pearson

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When not helping customers, Aly Eardley sands and paints furniture in her workshop in the back of Happy Home. Photo by Dana Pearson

"I live in Eliot, and I wanted the shop to be here," she said, as a CCR tune played in the background. "I wanted to bring something to my community." The 40-year-old building has a 19th century vibe, with wooden floors and exposed posts and beams that provide Eardley the perfect venue in which to display and sell her goods. "I needed a house with character," she said with a smile. "This stuff is not going to work in a strip mall."

The "stuff" varies from week to week—even from day to day. Always on the lookout for unique and charming items (a blend of vintage, new, and antique), Eardley stocks her shelves and tables in the 1,000-square-foot space with jewelry, handbags, soaps, candles, hand-painted furniture (e.g. hall trees, side tables, bureaus, fireplace mantels), mirrors, prints, pillows, and throws. She also has fudge and candies, as well as fun additions to a home bar, like hammered copper mugs, shakers, and mojito mixers. As often as possible, Eardley will buy from local, Maine, and New England vendors.

With an ever-changing inventory (especially in the shop's first room, which features seasonal

items), Happy Home is the kind of place where if you don't buy something when you first see it, you may never see it again. Shannon Sewell knows that, which is why she grabbed several glass candleholders and a Mother's Day gift when she came in to pick up a pair of nightstands and chairs she had ordered.

"I used to shop at Just the Thing," said Sewell, loading up her car in the parking lot before heading home to South Berwick. "Then on Facebook I saw that [Eardley] was opening a new shop. I just met her today for the first time." Sewell praised Eardley's marketing skills, especially for her weekly walk-arounds, where she shoots a video of the new arrivals at the shop and posts it on her Facebook page. "You can have her hold an item, because they come and go so quickly."

When Sewell saw the pair of nightstands, she sent photos of her bedroom to Eardley, who painted the furniture to match Sewell's décor. "Look," she said, pulling open a drawer on the small pale pink table. "She even painted the hardware, and placed paper in the drawers."

In the workshop out back, Eardley said, "I'm normally covered in paint. If the shop is quiet, I'll come back here and work on a piece of furniture. I don't sit." She emphasized that while getting the right paint color is part of her customer service, "I don't make custom furniture. It's pieces I have on site that can be customized."

On this bright late March day, Debby and Steve Berthume of Eliot popped into Happy Home to find a gift for Steve's brother's 50th wedding anniversary.

"It was a good excuse to check out a new shop," said Debby, who said they don't shop a lot—but when they do, they prefer to shop local. "This place is now on our list." The couple scored with a framed print proclaiming that "a perfect marriage is just two imperfect people who refuse to give up on each other."

Happy Home (which can be followed on Facebook and Instagram) is open Wednesday 10 to 4, Thursday 10 to 6, Friday and Saturday 10 to 4, and Sunday 11 to 4 (closed Monday and Tuesday). The shop can stay open later on Thursdays thanks to Eardley's part-time employees; otherwise, it closes at 4 o'clock for a good reason: "So that I can pick up my kids from sports."

Dana Pearson can be reached at dana@touristandtown.com

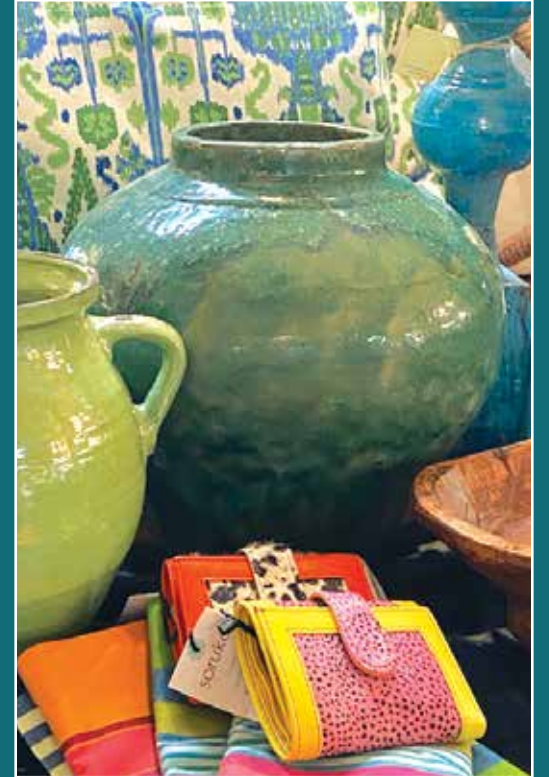


Happy Home owner Aly Eardley, left, with Amanda Keefer, one of her part-time employees. Photo by Dana Pearson



Debby and Steve Berthume of Eliot found the perfect 50th anniversary wedding gift for a relative at Happy Home. Photo by Dana Pearson

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Going on now:

The York Public Schools Student Art Show, York Public Library, 16 Long Sands Road, York, through April 26, during open hours. The show features a variety of art from paintings to drawings, sculpture and multi-media masterpieces created by students. Opening Night Reception: Tuesday, April 4, 5-6 PM in the Lower Level. FMI call 207-363-2818 ext.1016 or visit yorkpubliclibrary.org

Tuesday, April 4

"Celebrating the Young Child" Exhibit, Kennebunk Free Library, 112 Main Street, Kennebunk. This exhibit, celebrating the artwork of the Pre-Kindergarten students at Kennebunk Elementary School, will run April 4-28. The exhibit is in recognition of The Week of the Young Child, an annual celebration sponsored by the National Association for the Education of Young Children (NAEYC). The purpose of the Week of the Young Child is to focus public attention on the needs of young children and their families and to recognize the early childhood programs and services that meet those needs. The 2023 Week of the Young Child is April 1 to 7. View the exhibit in the library's Speers Gallery during regular library hours when the gallery is not in use for library programs. FMI www.kennebunklibrary.org.

Preschool Storytime, York Public Library, 16 Long Sands Road, York, 10:30-11:30 AM. Join the group on Tuesdays in the Children's Room for stories, movement and songs. Suggested for preschool ages 3 - 5 with a caregiver. This is a drop-in program. FMI call 207-363-2818 or visit yorkpubliclibrary.org

Writers' Meetup, York Public Library, 16 Long Sands Road, York, 5:30-7 PM. On select Tuesdays in April, come write by the fireplace with other kindred spirits. FMI call 207-363-2818 or visit yorkpubliclibrary.org.

Italian Conversation Group, York Public Library, 16 Long Sands Road, York, 6:30-8 PM. Parliamo Italiano! Join the group in the Wheeler Room for casual conversation in Italian. Suitable for those with intermediate to advanced conversational skills in the Italian language. This group meets monthly. FMI call 207-363-2818 or visit yorkpubliclibrary.org.

Virtual Author Talk: Kate Beaton, 7-8 PM. Join this enlightening hour online with highly-acclaimed Kate Beaton, the *New York Times* bestselling author of *Hark! A Vagrant!* and *Ducks: Two Years in the Oil Sands*. Registration required. Visit yorkpubliclibrary.org/calendar to sign up.

Wednesday, April 5

Wednesday Walk, 342 Laudholm Farm Road, Wells, 10:30 AM-12 PM. The natural world has long been a muse for poets, writers, and other artists. Meet on the Wells Reserve's Laudholm campus to explore nature through a creative lens with guide Norma Fox. Ages 12 and up. Free. Registration required at caryn@wellsnerr.org or 207-646-1555 ext 110. FMI wellsreserve.org/calendar.

Baby and Toddler Time, York Public Library, 16 Long Sands Road, York, 10:30-11:30 AM. Join the group in the Children's Room for stories, songs, rhymes and social play. Suggested for babies and toddlers birth - 2 with a caregiver. This is a drop-in program. FMI call 207-363-2818 or visit yorkpubliclibrary.org.

Mah Jong for Beginners, York Public Library, 16 Long Sands Road, York, 12-2 PM. Join Beth Gilbert in the Library's Lower Lobby for an introduction to the popular tile game, Mah Jong. This is designed for new or beginning players. Registration required: visit yorkpubliclibrary.org/calendar to sign up.

Beadcraft! Kennebunk Free Library, 112 Main Street, Kennebunk, 1 PM. Perler Beads - tiny plastic beads that can melt - were first introduced as a craft in Sweden in the 1950s and we still love them. Children ages 6 and up, or age 5 with a caregiver, are invited to join us for an afternoon of beading fun. All craft materials will be provided. Registration is recommended but not required. FMI please call 985-2173 or visit www.KennebunkLibrary.org.

Research It: This Old (York) House, York Public Library, 16 Long Sands Road, York, 1-2 PM. A beginner's guide to researching historic homes. Learn some entry level tips and tricks on how to start research on the history of your home. Gather in the Wheeler Room to learn how to trace deeds, view contemporary permits and how to cross-check historical resources. Registration Required: visit yorkpubliclibrary.org/calendar.

Lego Builders for Kids York Public Library, 16 Long Sands Road, York, 3-5 PM. Build something amazing. Each builder will use the Library Legos to create something to put on display until our next builder meeting. Kids in kindergarten through 4th grade are welcome to participate with a caregiver. This is a drop-in program. No registration necessary.

Full Moon Walk, Wells Reserve, 342 Laudholm Farm Road, Wells, 6-8 PM. Enjoy a slow and quiet walk to Laudholm Beach at the Wells Reserve, sharing stories and poems, whether the moon is bright or hidden behind clouds. Bring the family; children who can remain calm are welcome. \$8/\$6 individual, \$20/\$15 family. Registration required at suzanne@wellsnerr.org or 207-646-1555 ext 116. FMI wellsreserve.org/calendar.

Thursday, April 6

Holy Week events, South Congregational Church United Church of Christ, 2 North Street, Kennebunkport. Maundy Thursday Service, which will include a simple pot luck, readings from Haggadah and an observance of the shadows will be held at the Community House, 8 Temple Street, Kennebunkport. To sign up, visit the event page at southchurchucc.org. FMI email info@southchurchucc.org or call 207 967 2793.

Virtual Mid-Day Meditation, York Public Library, 16 Long Sands Road, York, 12-12:30 PM. Join Kalyana on Thursdays at lunchtime for a 30-minute guided mindfulness meditation. Visit yorkpubliclibrary.org/calendar for the link to join.

Knitting Group, York Public Library, 16 Long Sands Road, York, 10 AM-12 PM. Tired of turning pages and would rather turn a heel? Join us in the Wheeler Room to unwind and pick up purls of wisdom from fellow knitters. FMI call 207-363-2818 or visit yorkpubliclibrary.org.

Friday, April 7

Fiber Arts, Mornings in Paris, 21 Western Avenue, Kennebunk, 10:30 AM. Show off your latest knitting creation, get tips on your crochet technique and chat with old friends and make some new ones. All ages and levels of ability are encouraged to join us for ideas, inspiration and lively conversation. FMI contact Stefanie Claydon at sclaydon@wellstown.org or call the Wells Library at 207-646-8181.

Teen Advisory Group (TAG), York Public Library, 16 Long Sands Road, York, 3-4:30 PM. Help make a difference in your library. A Teen Advisory Group (TAG) is a group of teens that work with the YA Librarian to improve the YA spaces, programming, and collections of the library. This month the TAG is crafting an Earth Month display in the main room of the library, and starting to plan a community garden raised bed! The next TAG meetings will be on April 7 and 21 with the Social Media Committee meeting from 3-3:30 PM and the Business Meeting from 3:30-4:30 PM. FMI call 207-363-2818 or visit yorkpubliclibrary.org.

Woodcock Watch, 342 Laudholm Farm Road, Wells, 7-8:30 PM. American woodcock enthusiast and Maine Master Naturalist Paul Dest leads a search for the famed timberdoodle. Paul is well versed in the woodcock's life history, conservation status, and management. The woodcock is a woods-dwelling shorebird that claims territories with fantastic aerial displays at dusk. Its favored habitat is grasslands and early-succession forests, so the Wells Reserve is a great place to experience this fascinating ritual of spring. \$8/\$6. Registration required at suzanne@wellsnerr.org or 207-646-1555 x116. FMI wellsreserve.org/calendar.

Holy Week events, South Congregational Church United Church of Christ, 2 North Street, Kennebunkport. Good Friday events include open sanctuary, meditative music and images, prayers and more. You may come and go as you please. FMI email info@southchurchucc.org, call 207 967 2793 or visit Southchurchucc.org.

Astronomy Club Meeting and Presentation with the Astronomical Society of Northern New England, The New School, 38 York Street, Kennebunk. 7:30 PM. The Business Meeting, also open to the public, commences at 7 PM. At this April Meeting, Dr. Ian Durham, President of ASNNE, Professor and Chair of Physics at Saint Anselm College and member of the Foundational Questions Institute (FQXi), will present. The April meeting agenda will include Bernie Reim's "What's Up for the Month" and the ever-popular "Astro Shorts" where attendees and members share questions, activities, news and observations. Astro Shorts meetings always give way to lively and informative discussions! Refreshments will be served. For newcomers, questions about the club,

observing, telescopes and astronomy in general will be gladly answered by our more-experienced members. ASNNE is a local association of amateur astronomers that meets monthly at the New School in Kennebunk. FMI visit www.ASNNE.org.

Saturday, April 8

Drawing Nature: Seeing the World in Black and White, Wells Reserve, 342 Laudholm Farm Road, Wells, 9 AM-1:30 PM. Build your field journaling and nature sketching skills with Michael Boardman, wildlife artist and Maine Master Naturalist. Nature journaling is a great way to learn and meditate about the world around us, and drawing helps us better understand and explore its wonders. This workshop at the Wells Reserve combines classroom time learning techniques and materials with time in the field putting them to use while observing nature. The class focuses on basic drawing skills and concepts—shape, value, contrast, and texture—as they relate to the natural world. \$75/\$60. Registration required at suzanne@wellsnerr.org or 207-646-1555 x116. FMI wellsreserve.org/calendar.

Sunday, April 9

Informal Easter Observance and Communion, South Congregational Church, 2 North Street, Kennebunkport, 8:15 AM. This service will be held on the River Green next to the church (or the Community House if weather inclement). Come as you are for this brief joyful gathering. FMI email info@southchurchucc.org, call 207-967-2793 or visit Southchurchucc.org.

Easter Celebration, South Congregational Church, 2 North Street, Kennebunkport, 10:30 AM. Trumpet Prelude begins at 10:20. FMI email info@southchurchucc.org, call 207 967 2793 or visit Southchurchucc.org.

Monday, April 10

Walking Club, York Public Library, 16 Long Sands Road, York, 11 AM-12 PM. Join a rotating selection of your favorite librarians to take a walk around town. Start from the library lobby and try out a variety of different routes. The group will set the pace together. Some weeks you will be joined by special guests who can share more about the flora, fauna and history of the area we traverse. Some weeks there might be off-site meetups to encourage visiting other parts of the beautiful town. FMI call 207-363-2818 or visit yorkpubliclibrary.org

Tuesday, April 11

Patriot Fife and Drum, Wells Public Library, 6 PM. Hall of Fame professor David Vose and musician Sue Walko team up to perform fife and drum music from the 17th and 18th centuries. They talk about their instruments that they are playing and their history and do so in an energetic and entertaining manner. FMI contact Stefanie Claydon at sclaydon@wellstown.org or call the library at 207-646-8181.

Kindness Club, Kennebunk Free Library, 112 Main Street, Kennebunk, 3:45 PM. Come make a lollipop flower to give to a friend or family member. This program is open to ages 6 and up; registration is appreciated but not required! Kindness has no age requirement – if a friend younger than 6 would like to join in, please reach out to Miss Maria at mrichardson@kennebunklibrary.org, or 985-2173 x 105. Parents are encouraged to join in.

Author Talk: Wesley McNair (In-person event), York Public Library, 16 Long Sands Road, York, 7-8 PM. Join York Public Library in the Community Room for an in-person author talk with Wesley McNair for a discussion of his book *Late Wonders: New and Selected Poems*. FMI call 207-363-2818 or visit yorkpubliclibrary.org.

Wednesday, April 12

Terrarium Workshop for Children, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 3:15-4 PM. Design and create your own tiny ecosystem in a glass vessel with soil, plants mosses and miniatures. The class will be taught by Maine Master Gardener and local journalist Shelley Wigglesworth. All materials, containers, soil, plants, rocks, moss and miniatures will be provided. This program is free and open to the public, however space is limited and pre-registration is required. FMI call the children's room at the library at 967-2778 or visit graveslibrary.org.

Efficiency Maine Residential Offerings (Virtual Event), York Public Library, 16 Long Sands Road, York, 7-8 PM. The landscape for decisions about what to do and what to purchase is complicated by the various incentive programs available. Efficiency Maine facilitates state and federal programs that can help save you money. They will provide a basic overview of Efficiency Maine rebates, financing, online resources and their installer

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locator. Presented by Lily McVetty of Efficiency Maine. To register for this virtual event or learn more about the series, visit yorkpubliclibrary.org/climate.

Mid-Week Music, Town House School, 135 North Street, Kennebunkport. Performing will be Mark Gunter, Carl Mabee and Dana Pearso. FMI and for tickets, email info@kporths.com or call 967-2751.

Thursday, April 13

Peeps Houses (Tweens and Teens), York Public Library, 16 Long Sands Road, York, 3-4 PM. The Peeps need houses. Teens in grades 5-12 are invited to join the York Public Library to build and decorate their own Peeps house. Eat your creation right away, or bring it home for later! Registration is required for this event: visit yorkpubliclibrary.org/calendar.

Weekly Conversational French Language Group, Wells Public Library, 6:30 PM. An informal approach to practicing or re-learning French. Anyone with a French language interest is welcome to participate. Venez parler français avec nous! FMI email cappleby@wellstown.org or call the library at 207-646-8181.

Morning Book Group, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 9:45 AM. This group meets on the second Thursday of every month. The group is reading *The Signature of All Things* by Elizabeth Gilbert. New members are always welcome. FMI please call 967-2778 or visit www.graveslibrary.org.

Write On! Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 3 PM. Enjoy putting pen to paper with your thoughts and stories? Join a different kind of writing group. Creative writing prompts will be given at the end of each meeting. FMI please call 967-2778 or visit www.graveslibrary.org.

Woodcock Watch, Wells Reserve, 342 Laudholm Farm Road, Wells, 7-8:30 PM. American woodcock enthusiast and Maine Master Naturalist Paul Dest leads a search for the famed timberdoodle. Paul is well versed in the woodcock's life history, conservation status, and management. The woodcock is a woods-dwelling shorebird that claims territories with fantastic aerial displays at dusk. Its favored habitat is grasslands and early-succession forests, so the Wells Reserve is a great place to experience this fascinating ritual of spring. \$8/\$6. Registration required at suzanne@wellsnerr.org or 207-646-1555 x116. FMI wellsreserve.org/calendar.

Friday, April 14

Mediation Class (Free), The Daily Sweat, 815-845 AM. Meditation can be intimidating if you've never tried it before. Join this free meditation class during client appreciate week. A meditation practice is about learning to be aware of what's going on in the present moment and maintaining that awareness regardless of the mind's tendency to wander. Learn the power of meditation by bringing mindfulness to your breath and your body to find connection within. FMI call 569-0999 or visit thedailysweatkennebunk.com.

Furry Tales Storytime with Animal Welfare Society, Kennebunk Free Library, 112 Main Street, Kennebunk, 11:30 AM. Miss Amanda from AWS will share songs, stories, and fun with us. She'll even bring a furry friend for you to meet. All ages are welcome to attend. No registration required. FMI please call 985-2173 or visit www.KennebunkLibrary.org.

Estuary Discoveries, Wells Reserve, 342 Laudholm Farm Road, Wells, 2-3:30 PM. Take a peaceful and easy meander along the accessible trail at Harbor Park in Wells. We will learn about the value and importance of estuaries, where rivers meet the sea. Free. Registration required at suzanne@wellsnerr.org or 207-646-1555 x116. FMI wellsreserve.org/calendar.

Saturday, April 15

Art Guild of the Kennebunks Pre-registration day, Artists are invited to apply to be juried into the Guild. The jury date is set for Saturday, April 22. Various media including oil, acrylic, pastel, pen & ink, pencil, encaustic, mixed media, photography and sculpture (clay, wood, stone, metal) are welcome. Five works in one medium must be submitted by an applicant. Registration form and instructions may be found on the Guild website: artguildofthekennebunks.com. FMI call Judith Kinsman Ameson (207) 229-9659 or email judithkinsman@gmail.com.

Movie Matinee: Jersey Boys, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 2 PM. All are welcome to attend this musical movie event.

Light refreshments will be served. FMI please call 967-2778 or visit www.graveslibrary.org.

Sunday, April 16

Flow + Spirits at Wild Bevy (hosted by The Daily Sweat), 569 North Berwick Road, Wells. This class takes place inside the distillery for a very fun and unique experience. Stay for a bit to hang out after as 1 free drink is included with your class. \$25 includes your drink and class, 20% discount for members. FMI call 569-0999 or visit thedailysweatkennebunk.com.

Monday, April 17

Exploring the Ocean Through Children's Literature, 342 Laudholm Farm Road, Wells, 12-1 PM. Imagine dancing with an octopus, looking into the jaws of a great white shark, accidentally annoying an aggressive squid, walking on fresh lava, or learning about family life from a dolphin. This presentation at the Wells Reserve will be lively, interactive, and full of surprises. Author Mary Cerullo uses amazing images, props, books in progress, and lots of stories in her talks. She will highlight interviews with researchers, new discoveries in science, and her own adventures with dolphins, sharks, and octopuses. \$5 suggested donation. Registration required at suzanne@wellsnerr.org or 207-646-1555 x116. FMI wellsreserve.org/calendar.

Tuesday, April 18

Faerie House Exhibition, Kennebunk Free Library, 112 Main Street, Kennebunk. It's faerie house time and time to welcome the faeries back to the garden at the library. Tuesday, April 18, is the first day to bring your faerie house to the library. Build a faerie house to welcome the faeries back to the garden at Kennebunk Free Library. Faerie houses will be accepted at the library from April 18-May 2. Build your house with a base no larger than 14" by 14" and no taller than 30." Please use natural materials only. There will be a selection of natural materials available in the library. All faerie houses submitted to the library by May 3 will receive a certificate from the Seacoast Garden Club. Stop by the Faerie Festival on May 6 from 9:30 to 11 and find Miss Maria to receive your certificate. Faerie houses will be on display at the library through May 13. May 13 is the last day to pick up faerie houses. Would you prefer to keep your faerie house at home? Snap a photo and send it to ys@kennebunklibrary.org by May 3. Photos on social media! FMI please call 985-2173 or visit www.KennebunkLibrary.org.

Family Nature Trek, Wells Reserve, 342 Laudholm Farm Road, Wells, 10:30 AM-12 PM. Explore the signs and stories of plants and animals out on the trails of the Wells Reserve. Who lives there? What do they eat? Where do they go? How do we know? This program is geared toward families with kids ages 5 and up, though younger siblings are welcome. We will walk about a mile in 90 minutes. Free. Registration required at caryn@wellsnerr.org or 207-646-1555 ext 110. FMI wellsreserve.org/calendar.

Your Health Matters Book Club, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 11:45 AM. Hosted by Louis T. Graves Memorial Public Library and the Kennebunkport Public Health Department, this lunchtime book discussion will be about *Eat This Not That* by David Zinczenko and Matt Goulding. Copies of the book are available at the Library. Not able to read the book before this date? You may still join the discussion. Feel free to bring your lunch. FMI please call 967-2778 or visit www.graveslibrary.org.

Vacation Week Lego Madness! Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 3-4 PM. Imagine, create, build! Bring your imagination for an hour of fun. Unstructured build time followed by a group building challenge and game. This program is for elementary-aged students. Pre-registration is required at 967-2778. FMI please call 967-2778 or visit at www.graveslibrary.org.

Wednesday, April 19

Explorer's Club Day Camp, Wells Reserve, 342 Laudholm Farm Road, Wells, 9 AM-3 PM. See what a feather, ocean plankton, or your finger looks like under a microscope. Search for the signs animals leave behind, like tracks, or scat, or gnaw marks. Use tools and gadgets on the trails and in the lab to investigate plants, animals, and habitats of the Wells Reserve. For ages 7 to 12. \$75/\$60. Registration required at caryn@wellsnerr.org or 207-646-1555 ext 110. FMI wellsreserve.org/calendar.

Thursday, April 20

Vacation Week Lego Madness! Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 11

AM-12 PM. Imagine, create, build! Bring your imagination for an hour of fun. Unstructured build time followed by a group building challenge and game. This program is for elementary-aged students. Pre-registration is required at 967-2778. FMI please call 967-2778 or visit at www.graveslibrary.org.

Nutrition Program, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 9 AM. Learn more about nutrition and get healthy eating tips from registered dietitians Erika Grant and Katelyn DeRaps. For more information please call 967-2778 or visit at www.graveslibrary.org.

Earth Jams Outdoor Family Concert, Wells Reserve at Laudholm Farm, 10:30-11:30 AM. Sing along with Matt Loosigian of Earth Jams, who performs playful, funny songs about ecology and being green. Matt has the ability to capture and keep the attention of babies, toddlers, kids, and adults. Inspired by his dynamic voice and charismatic style, the audience sings, plays, and dances along as this musical wizard pulls giggles out of his guitar. Rain or shine. FMI wellsreserve.org/calendar.

Lego Club, Kennebunk Free Library, 112 Main Street, Kennebunk, 3:45-4:30 PM. This group is for children ages 4 and older. Come and build new and imaginative creations or ask the librarian for a challenge to complete. All Lego blocks will be supplied; please leave yours at home. Registration is appreciated. FMI or to register, please call 985-2173 x-108 or register online at KennebunkLibrary.org.

Coming Events:

Friday, April 21

York Hospital Lunch and Learn: Depression and Anxiety in Older Adults, 12-1:30 PM. Join Brandon Rivard, PA-C from the Center for Older Adults, to learn about the differences between depression, anxiety, and dementia in aging adults, as well as how these may surface. Complimentary boxed lunches will be available "to-go" after the program concludes. At the request of the hospital, masks will be supplied and required for all attendees. FMI contact Stefanie Claydon at sclaydon@wellstown.org or call the Wells Public library at 207-646-8181.

The Original's present Ice Glen, a wistful period comedy, at Saco River Theatre, 29 Salmon Falls Road, Bar Mills on April 21, 22, 27, 28 and 29 at 7:30 PM and April 23 at 2:30 PM. Tickets: \$15 General Admission at www.sacorivertheatre.org or call 207-929-6473 for reservations.

Saturday, April 22

Art Guild of the Kennebunks – Submission Day, exhibit hall behind Brick Store Museum, Kennebunk. Five works in one medium must be submitted by an applicant. Work submitted for consideration is to be dropped off by 12 PM. Pick-up following the event is from 2:30 to 3 PM. The Guild sponsors several exhibitions each year, including Christmas Prelude and a special awards show in the fall. There are also opportunities to attend workshops and programs. FMI call Judith Kinsman Ameson (207) 229-9659, email judithkinsman@gmail.com or visit artguildofthekennebunks.com.

Thursday, April 27

The Education Foundation of the Kennebunks and Arundel's 16th Annual Spelling Bee, Kennebunk Elementary School auditorium, 6 PM. Typically, over 300 fans come out to cheer on their favorite spellers. To register for the 2023 spelling bee, follow the QR code on the following page of this issue or email info@educationfoundationka.org or go to educationfoundationka.org.

Saturday, April 29

Historical Society Bean Supper, M.L. Day School Gym, Limerick Road, Arundel, 4:30-6 PM. The supper will have two kinds of beans, mac 'n' cheese, American chop suey, hot dogs, cole slaw, bread/rolls, homemade desserts, drinks, and coffee with takeout available. Donation of \$8/pp is requested and children 5 and under are free. Historical displays will be shown and our annual spring raffle calendar will be available. This is to benefit the Arundel Historical Society. This is a family friendly event and all are welcome. FMI 283-9699

Sunday, April 30

Yoga Nidra, The Daily Sweat, Kennebunk. Yoga Nidra is a powerful meditation technique and one of the easiest yoga practices to develop and maintain. This systematic meditation takes you through the five layers of self, leaving you with a sense of wholeness. Please bring your blankets and pillows! \$20 drop in/free for members. FMI call 569-0999 or visit thedailysweatkennebunk.com.



On a frigid day in February, two *Tourist & Town* staffers decided to step “out of the office” and “get lit” (now, now, it’s their motto) at **Sea Love, A Candle Bar and Boutique** in Dock Square, Kennebunkport. An easy online reservation solidified their seats for an hour of candle making – a birthday gift.

Tools were laid out, directions were given and the process was underway. First, we chose our vessels. Next we selected our scents – no easy feat, with 100+ from which to choose!

The shop in the Dock Square location is aesthetically pleasing – cheery, clean and filled with spectacular gift items in every nook and cranny. Frankly, we wanted to move in. And three hours after hand pouring, our candles were ready for pick up. What fun.

Next, on an especially sunny final day of March, the ladies set out to visit Sea Love’s location in the Biddeford Mills, the site of Sea Love’s bustling production. After getting lost in the mill buildings for longer than we care to admit, we arrived at last.

The industrial space, with its vintage lunchroom tables and orange stools for candle making, a fozz ball game and expansive production area, was well worth the visit. And the shop was delectable. Again, we both wanted to move in – and burn a different scent each day.



A 56th birthday calls for the “Formula 56” blend.

We loved the retro feel of the Biddeford location.

sealovehome.com

After leaving Sea Love, we took a tour (euphemism for got lost again) of the mill buildings and came upon a truly special spot – **Catalyst for Change (CFC)**. The name – and a charming resident pooch – drew us in. What we found exceeded our expectations – and we have been talking about this business ever since.

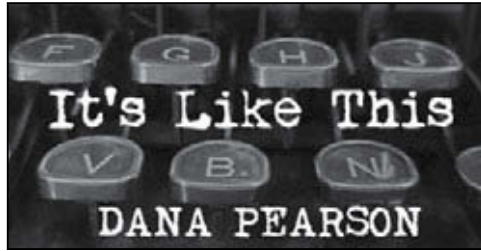
In the rear of the space was a production room and in the front racks of brightly-colored clothing items, described by CFC as “clean, comfortable, functional clothing from Maine.” Each item bears a message, from the Maine-centric “Just a kid from Maine,” “Maine Love” and “Local” to the thought-provoking “Keep Going,” “Stay Strong” and “In Repair.” The intention behind the messages is to spark dialogue – and indeed they do.

Now comes the especially interesting part: Each sold item donates money to select organizations. The current beneficiaries are Maine Children’s Cancer Program and the American Foundation for Suicide Prevention, Maine Chapter, who will receive a portion of sale profits for one calendar year.



Stay tuned for more on the inspiring CFC in *Tourist & Town* very soon!

cfcwear.com



Checking something off my kick-the-bucket list

Thirty years ago, in a beautiful Southern city, I bought a straw cowboy hat that, in the years since, has achieved a state of discoloration and dilapidation that makes it perfectly suited for gardening. It was while leaving that shop that my wife and I first heard the farewell, “Be careful out there.” I’m sure the salesman meant well, but I don’t know – it sounded somewhat ominous, as if he was aware of something that was waiting for us outside. (Perhaps he was clairvoyant and could see the pandemic coming, which would shutter that store in 2020.) We heard that phrase a couple more times during our visit, enough so that it made an impression.

“Be careful out there.” Hmm. On a practical level, sage advice, up there with “Look both ways before crossing” and “Mind the gap.” Yet it was hard to ignore the undertones of “Get out” and “Don’t say I didn’t warn you.”

Likewise, a question that has been popping up whenever I’ve visited the doctor’s office the past few years is, “Have you filled out an advance directive?” Is it the overall whiteness of my beard, impressive display of crinkles on my face, or have they been sharing my cholesterol numbers with the entire staff? I’m not sure. Could be all three. At any rate, the question keeps being asked, with me always responding, “Umm, I might

have, but I’m not sure... I’ll get right on it.”

With the death of my father last year, I’ve been more sensitive to the practicality of – as they say – having my affairs in order. One of those affairs is leaving directions on what to do in the immediate aftermath of my having been hit by a bus (while discussing my death, the most popular cause is being hit by the proverbial bus; the second most popular cause is being crushed by a grand piano after the rope being used to haul it up to the fourth floor window snaps as I’m passing by on the sidewalk directly underneath). The way to do that, of course, is to fill out an advance directive.

If I had started to fill one out years ago, it’s long gone. So I went to my healthcare portal, found an advance directive pdf, and started typing. Now, I know a lot of people are uncomfortable thinking about their own deaths, and that writing instructions on what to do with your body when it’s done breathing makes the inevitability of death seem even more inevitable. But Diane and I have never shied away from talking about what to do if one of us goes before the other, and have found that discussing it from time to time actually makes it feel less morbid and more like just another thing to have on our to-do list.

So, on the advance directive, the first real choice is to name an agent to

make health care decisions after the bus incident. Naturally, it’s Diane. I asked my sister Suzanne to be my back-up, and clarified with her that while she would be responsible for certain decisions, I wouldn’t want her to follow through on them if I were capable of saying, “Please don’t do that.”

Then I got to decide when my agent could start making decisions. I could have gone with “only when my primary physician or a judge decides that I am too sick to make my own health care decisions,” but I chose “right away” because, frankly, I’m curious what Diane would do.

Diane: I know it’s a hard decision, and I’ve been agonizing over this for a long time, but I believe we ought to begin administering artificial nutrition and hydration.

Dana: But I just ordered the pasta primavera and a Riesling.

I then made the choice between being kept alive as long as possible “within the limits of generally accepted health care standards” and, well...not. I also cast my vote on relief from pain (that was an

easy choice), organ and tissue donations (as long as they qualify as charitable donations on my tax return), and funeral/burial arrangements.

That last one involved plenty of details. Plan A had always been to be placed in my Chickadee, doused with Kingsford charcoal lighter, lit up, and set adrift in the Cove, but apparently Viking funerals are illegal in Maine. Oh well. So I wrote out Plan B, which involves elements of Plan A plus plenty of food and drink. By providing specifics, it’s the closest I’ll get to that wonderful scene in *Waking Ned Devine* where one old friend is placed in the position of having to eulogize the other...who’s sitting in the front row of the church.

Finishing the advance directive has filled me with the confidence to update our 15-year-old wills, because seriously, I can’t believe I left certain things to certain people. But it’s a relief to get these unsettling tasks completed, because, you know, you have to be careful out there.

Dana Pearson can be reached at dana@touristandtown.com

Mid-Week Music

Don't miss Mid-Week Music's next show on Wednesday, April 12, with Mark Gunter, Carl Mabee, and Dana Pearson at the Town House School 135 North Street, Kennebunkport FMI: info@kporths.com | 967-2751

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16th Annual Spelling Bee



Thursday, April 27 at 6 PM
Kennebunk Elementary School

Ham Radio operators connect with the world following Titanic's sinking

by Steve Hrehovcik

News of the tragic sinking of the British ship *Titanic* when it struck an iceberg on its maiden voyage in 1912 shocked the world. Of the 2,224 passengers and crew on board, only about 750 survived. During the two hours and forty minutes from the time it struck an iceberg to the time the ship sank, crews made a desperate effort to call for help, including firing flares and sending telegraph messages.

A short distance from where the *Titanic* struck the iceberg, another British ship, the *SS Californian*, stopped for the night to avoid hitting the icebergs.

In one of the devastating ironies of the catastrophe, the *Californian's* communications operator had turned off the wireless telegraph equipment just prior to the *Titanic's* sending Morse Code signals. Crews of the *Californian* could see the flares but had no idea of the damage to the *Titanic* and the lives they could have saved.

Following the disaster, in addition to lifeboat and safety drills, maritime regulations required radio crews to operate the radio telegraphy equipment around the clock.

Morse Code and radio telegraphy revolutionized communications. Along with sparking the growth of the telephone, radio

and television, they set the stage for the emergence of a dedicated group of Amateur Radio enthusiasts. Called "hams" – although there remains a mystery of how the word ham became associated with this hobby group – they provide a vital service linking people, countries and governments.

Learning the Morse Code became one of the first requirements by the Federal Communication Commission (FCC) for anyone interested in acquiring a ham radio operator's license.

Becoming a ham operator also helps anyone interested in pursuing a technology or electronics career. Today the FCC no longer requires knowledge of the Morse Code for a license. As technology improved, in addition to the Morse Code, many ham operators make direct contact by voice, television and computer.

Just ask Alex Mendelsohn of Kennebunk. Mendelsohn, 78, became fascinated with ham radios at age seven when he listened to his uncle's short-wave radio. Spinning the dials, he heard voices from distant places. This inspired Mendelsohn to learn Morse Code, which he practiced by listening to instructions on a 78-rpm record.



Alex Mendelsohn in his "shack" surrounded by homemade equipment, along with his faithful dog, Sasha. Photo by Steve Hrehovcik

Once he knew the code, Mendelsohn started his journey into a life as a ham operator. Mendelsohn still has his uncle's radio in a place of honor in the "shack" in his basement. The shack is where he spends uncounted hours communicating to other hams, building radio equipment, and display-

ing antique radio memorabilia.

Mendelsohn was born in Brooklyn, New York, and moved to Long Island with his family as a youngster. His interest in radio increased when he attended a vocational technical high school.

"When I was drafted into the army in 1965," Mendelsohn said, "they tested us to see what skills we had. Since I had been working with Morse Code for years and obtained my ham radio operating license in 1959, they assigned me to the Signal Corps. I became part of a radio repair communications unit in Vietnam."

After he graduated from Hofstra University on Long Island in 1971, Mendelsohn got a position with Heathkit, which sold radio components, electronic testing equipment and instruction manuals. Later he worked as the chief editor of three electronics engineering publications for thirty-three years. He also served as an electronics instructor at Grumman Data Systems Institute, Briarcliff College, and the Portsmouth Naval Shipyard. These experiences helped expand his

knowledge of the radio industry.

While there are almost 800,000 ham radio operators in the United States and more than 4,500 in Maine, another ham, Tom Moyer, lives just a few miles from Mendelsohn in Kennebunk.

Moyer grew up in York, Pennsylvania. He studied psychology, earning a BA from Wake Forest University in North Carolina and a PhD at Hofstra University. While Mendelsohn and Moyer both studied at Hofstra University, they attended at different times. Moyer moved to Kennebunk in 1984 and opened a psychology practice in York. Now retired, Moyer recalled how he got started as a ham operator.

Moyer said, "I wanted to share a hobby with my 13-year-old son, Tim. My interested in short wave radio listening as a teenager was rekindled after meeting some hams. So, Tim and I both got our operator's license in 2011."

Moyer discovered ham operators enjoyed connecting with people in Maine. He got a call from a ham who was on a quest to speak with someone in every state. When he

reached Moyer, the caller had achieved his 50th state.

"While it requires considerable technical skills to operate ham equipment," Mendelsohn points out, "the process is also an art. Every operator has a signature style and personality. Even when communicating in Morse Code an operator reveals an individual identity, just as everyone has a distinct handwriting."

In addition to personal communications, ham operators provide a valuable service during emergencies. When other methods of communication become overloaded or unavailable important information gets transmitted by dedicated ham operators. Among the national emergencies when ham operators took part, include the Twin Tower attack on September 11, 2001, the Shuttle Columbia Recovery Effort in 2003, Tsunami in Asia in 2004, hurricanes Katrina, Wilma and Rita in 2005 and many more.

To learn more about Amateur Radio and how to become a ham operator visit the American Radio Relay League at: www.arrl.org.



Tom Moyer uses a compact ham-operating system and is one of the 4,500 "hams" in Maine. Photo by Steve Hrehovcik



Yes, the rumors are true ...
 We have Funny Pages!
 We hope they put a smile on
 your face with each and every issue
 of Tourist & Town!



Karleen's Ideas – "I do it for the children"

by Guest Contributor
Serina Ruggeri

Just when we think Kennebunk has reached its maximum level of charm, we encounter someone special who makes it even sweeter. Meet Karleen from Karleen's Ideas. You've probably seen her quaint little

shop, nestled in Lower Village Kennebunk, across from Sonoco, at 185 Port Road. She first started her business in 2011, and today carries a plethora of beautiful jewelry, which she hand-makes herself.

Karleen Frost is tightly woven into the fabric

of this town, and she has made her boutique a place to remember. It all started with her four beautiful children and a passion for serving the needs of others. She honed in on her skills of crafting, and educated herself about autism and other special needs.

While Karleen offers gifts for everyone, she loves creating things to help people with special needs, and makes wonderful sensory items to bring awareness to autism and other diseases.

She carries several different options when it comes to sensory items, including weighted blankets and lap pads, sensory bags and fidget items.

Karleen devotes her time to helping families with special needs by personalizing these items and sharing her heartfelt experiences. Karleen en-

joys working with parents to create an item that will bring nothing but joy to both the child and adult. So, if it's not on the store shelves, she is more than happy to help create what you need.

Upon visiting her store, I perused her gift items, feeling like a kid in a candy store. I overheard an excited customer expressing her gratitude for Karleen's Ideas.

Karleen offers a variety of gifts to treat yourself, your dog, your grandfather, your next door neighbor, and espe-

cially your kids. Karleen is dedicated to making a comfortable environment for all children who visit her store. And that, as you'll soon find, is her main focus – the children.

"I do it for the children," Karleen said, "I try to create an atmosphere that makes them feel welcome regardless of age or lifestyle." She believes that every child has a voice and a uniqueness which can be easily squashed by the societal pressures of today. Children and teens are often distracted by their

-continued on next page



Karleen, owner of Karleen's Ideas, loves to create things to help people with autism. She also makes gift items for pets, and people of all ages, and is happy to create whatever a customer needs..



Almost everything is made by Karleen herself. Sometimes her family pitches in, and over the years her children have worked by her side.

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cell phones, video games and iPads. And this is why she offers a variety of toys, games, and puzzles in many colors, shapes and styles that appeal to children – even adults! – on many levels.

Almost everything in Karleen's boutique is handmade by her, and her family. Over the years, her children have worked right by

her side. She deeply understands the struggle that parents of children with autism go through, and she wants to shine a light on this topic to give hope to parents who are in the same boat.

Her kids are older now, but they help her with all of the fine details within the shop. While they love to make their own products to sell, they

have become pretty savvy at learning how to run the retail shop, too.

Working alongside their mom each day has given them the ability to hone in on their social skills and eye contact, which can be difficult for people with autism.

You'll find sections themed with St. Patty's Day, Maine souvenirs, the football season, Christ-

mas and more. From handmade nautical throw pillows to custom jewelry to unique toys for children, you'll find it difficult to leave empty handed.

And don't forget April is Autism Awareness Month.

Karleen's Ideas is at 185 Port Rd., Kennebunk. FMI 204-0004. www.karleensideas.com



Karleen's Ideas boutique in Kennebunk carries a wide range of handmade items, including games and puzzles in many colors that appeal to all ages.

WePoets announces 2023 season

WePoets & Verse is pleased to announce its 2023 series of "Bohemian Sunday Poetry Readings."

Local poets from the Kennebunks and beyond will read original poems. Free and open to the public.

The kickoff event will take place Sunday, May 21, from 1-3 PM at the Brick Store Museum's auditorium in Kennebunk.

FMI email poetryawakenings@gmail.com.

Consider reading at a future event. This warm gathering of poets awaits you!

Mark your calendars

The Louis T. Graves Library will host David Baldacci at its 12th Annual Author Event, to be held at the Kennebunk River Club Casino on June 22 at 5 PM. Baldacci is the national and international best-selling author of widely read crime and thriller books and series. He published his first novel, *Absolute Power*, in 1996 and has written a total of 47 novels for adults, several which were adapted for film and television. Ticket price of \$75 includes an autographed copy of *Simply Lies*. Tickets can be purchased now at Graves Library and online through Eventbrite. FMI call 967-2778. Seating is limited.

A New Home for Habitat!
Spring, 2023
 We are excited to announce we have purchased our own permanent home at
123 York Street in Kennebunk
 just a stone's throw from the facility we have rented for the past 10 years.
 To learn more about the new building and sponsorship opportunities visit www.habitatyorkcounty.org/123yorkstreet

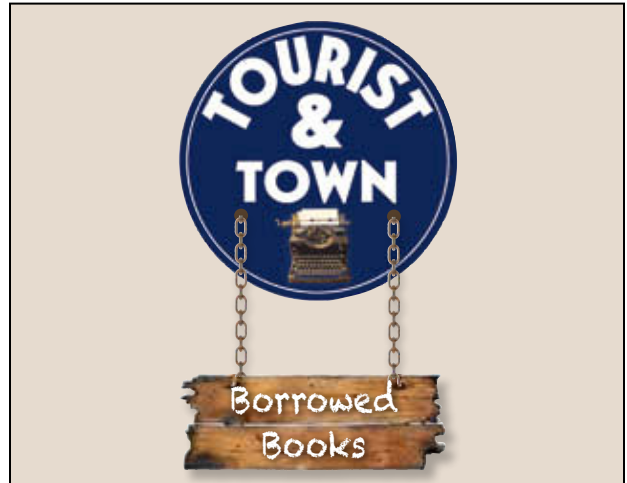
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"Borrowed Books" celebrates the magic of books and the thrill of discovering a great read. Brought to you by Tourist & Town's Book Depot at 12 Depot Street, Kennebunk. This week, we offer you a youth review.

Book title:
Phoebe and her Unicorn in Unicorn Theater

Author:
 Dana Simpson

Your name:
 Sofia Kalbhenn, age 8

How did this book make its way to you?
 I found it at the library.
 My mom recommended it to me!

What did you like about this book?
 It's VERY funny to read and it has my favorite mythical creature - unicorns!

Who was your favorite character?
 Marigold Heavenly Nostrils

Why do you recommend this book?
 It's easy to read, it has really nice pictures and it's great for unicorn lovers who like to read!



Sofia, age 8

Has a special book made its way to you? Let us know!

Email publisher@touristandtown.com

Tourist & Town Contributors This Issue



Faith Gillman has called Kennebunk home for 34 years. Faith has written for a number of Maine-based magazines and newspapers. She is happiest when she's able to share the stories of the people and places that make Maine special. faith@touristandtown.com



Steve Hrehovcik has been with Tourist & Town (formerly Tourist News) since 2006. He and his wife Carol have lived in Kennebunk for 51 years. Steve's book *Rebel Without A Clue: A Way-Off Broadway Memoir* can be found at kennebunkartstudio.com.



Valerie Marier is a freelance journalist who has traveled the world writing for magazines and newspapers. Val is a wife, mother and grandmother, who enjoys knitting, reading, golf and travel, and writes about them in her blog *Wandering With Val*. www.wanderingwithval.com



Jo O'Connor is a local writer with deep roots in Kennebunkport. She is a mother of twins and founder/lead singer of the local band, The Dock Squares. She teaches Zumba and aqua classes and is a marketing communication professor. jfbconnor@gmail.com



Dana Pearson is a writer and musician living in Kennebunk with his wife Diane. His books can be found at amazon.com/author/danapearson. dana@touristandtown.com



For a lovely selection of bird feeders, visit Bell Farm Shops in York

Photo by Doug Wisneki

Hummingbird FAQ

Brought to you by Bell Farm Shops, York

Q: When should I put out my feeder?

A: Late April. You want to put the feeder out before they arrive so they don't pass you by.

Q: Where should I put my feeder?

A: Always hang your feeder close to a window or near your patio where you can see them arrive.

Q: What should I feed the hummingbirds?

A: Use 4 parts water to 1 part white table sugar; bring to a boil; cool & serve. We also sell natural mixes that do not require boiling.

Q: How often should I change my nectar?

A: It is suggested to change every 3 to 5 days. Unless you are using feeder fresh, which will keep your nectar fresh for up to two weeks.

Coming up at River Tree Arts

Ceramics Class: Tuesdays, 1-3 PM (8 weeks) April 4 – June 6 (Adults ages 18+)

Join ceramic artist Hannah Medovnikov for a fun and informative hands-in-clay experience. In this class, students will be introduced to a variety of hand-building techniques to create beautiful and functional works of art inspired by everyday life. Students are encouraged to research work that inspires them in order to achieve their creative goals alongside instruction and guidance.

Kentucky Derby Hats/Fascinators Workshop at River Tree Arts Tuesday, April 11, 10 AM-12 PM (Adults ages 18+)

Come join the fun and creativity with our new Craft Time workshops for adults. This session we will glam it up and create fashionable Kentucky Derby hats (also known as fascinators). Choose from a variety of materials and have our wonderful instructor help you in the creative process

**River Tree Arts - 35 Western Ave, Kennebunk
Register at rivertreearts.org**



Reclaim It!

Brought to you by Old House Parts

Antique architectural salvage is not only very attractive, exquisitely crafted, and a source for unlimited creativity, it also contains volumes of embodied energy: the total sum of energy consumed to produce a given product. And it's FUN. Sometimes folks aren't sure how to use it. Meet us here each issue for inspiration on how to use architectural salvage to add character and sustainability to your life. This bookcase is pretty exciting. Robert Hanlon made this piece using salvage porch posts, antique windows, crown molding, baseboard, and flooring. One of a kind! We've seen it all so contact us any time to discuss the possibilities that lie ahead for you and architectural salvage! Wanderers and explorers welcome.



Call for new artists

The Art Guild of the Kennebunks will be receiving work on Saturday, April 22, from artists seeking to join the Guild, according to Guild Membership Chair Judith Kinsman.

Advance notice of this juried event will give prospective new artist members an opportunity to frame and otherwise finalize their work for presentation. Five works in one medium must be submitted by each applicant.

Various media are welcome, including oil, acrylic, pastel, pen & ink, pencil, encaustic, mixed media and sculpture (clay, wood, stone and metal).

To be considered, artists must pre-register by Saturday, April 15, with

payment of a \$25 jury fee. The registration form and instructions may be found on the AGK website: artguildofthekennebunks.com.

Work submitted for consideration is to be dropped off by 12 PM at the exhibit hall behind the Brick Store Museum on Saturday, April 22. Pick-up following the event is from 2:30 to 3 PM.

The Guild sponsors several exhibitions each year, including Christ-



Pastel painting *It is to the Moon* by York Artist Catherine Howe. Howe was juried into the Art Guild of the Kennebunks in 2022. Howe said she was inspired to complete the 8"x10" painting by the full moon and night sky reflecting on the beach.

mas Prelude and a special awards show in the fall. There are also opportunities to attend workshops and programs.

Maine News Briefs

by Jo O'Connor

- Happy 50th Anniversary to The White Barn Inn located on Beach Avenue in Kennebunk.
- Also, Happy 100th Anniversary to Shields Meats & Produce located on Route One in Kennebunk.
- Congratulations to Lower Village Kennebunk's Old Vines Wine Bar for opening up an another establishment – this one in Naples, Florida. Called Old Vines Super Club.
- Valentine's Day is described as "a local venue for informal, intimate prix-fixe dining and wine pairings." And, they are planning to add another venue in the near future into a full restaurant and bar at Mercato in North Naples.
- Also in the works are plans for a pizza restaurant to open up on Port Road in Lower Village on the site formally occupied by Market Day. Stay tuned for details.
- In Biddeford news, can I get an "alright?" for Otto Pizza, now opened on Route One in Biddeford in an old car garage. Delish!
- And a fond farewell to the iconic Bull Feeney's, the 21-year-old establishment on Fore Street in Portland, tha held one final last call last week.
- A great big welcome goes to the newest shop, Tip Toe Eco Marketplace, on Main Street, Kennebunk. They feature all-natural products in the makers space as they celebrate their earth-friendly dream with more than 20 consignors. Stop in and say hello.
- In big real estate news, got a cool \$3.9 million laying around? You could be the owner of the legendary Chauncey Creek Pier in Kittery.
- Brrrrrr! According to Current Results (a website of weather and facts), Maine is officially the nation's second coldest state in the spring. And the winner is Alaska, of course.
- According to *Saco Bay News*, Old Orchard Beach will have free public restrooms this summer.
- In Oscar news, the *Portland Press Herald* reported that Maine native Eric Saindon snagged an Oscar for visual effects in "Avatar 2, the Way of Water." Congrats.
- Stay tuned for more details, but Seacoast Online reported that some Wells developers have proposed building a new multi-tenant shopping center on roughly an acre of undeveloped land in front of the Hampton Inn.
- The word on the street is that Rococo Ice Cream will relocate to a space on Western Avenue near Federal Jacks Brewery in Lower Village Kennebunk.
- Great news: Ogunquit Beach was named the ninth best beach in the country according to 2023 "Traveler's Choice" Best of the Best list.

Sources: *Portland Press Herald*, *Gulfshorebusiness.com*. WGME CBS 13, *seacoast online*, WCYY, *Saco Bay News*, *Current Results (weather & facts)*, *Traveler's Choice*.

Did you know the Kennebunk Land Trust hosts monthly Nature Walks?

- May 6 – Mousam River Wildlife Sanctuary. Theme: "Vernal Pools"
- June 3 – Butler Preserve. Theme: "Water"
- July 1 – For All Forever Preserve. Theme: "Wildflowers"
- August 5 - Hope Cemetery and Woods. Theme: "Trees in Summer"
- September 2 – Sea Road Preserve. Theme: "Bugs/Ferns"
- October 7 - Mousam River Wildlife Sanctuary
- November 4 – Butler Preserve. Theme: "Geology"
- December 2 – For All Forever Preserve. Theme: "Winter Weeds"

To register, visit www.eventbrite.com/cc/saturday-nature-walks-with-kennebunk-land-trust-1507749

Million Dollar Quartet at the Music Hall: A stunning tribute to Rock & Roll

by Steve Hrehovcik

With its dazzling revival of the meeting by four Rock and Roll legends – Elvis Presley, Carl Perkins, Johnny Cash and Jerry Lee Lewis – *Million Dollar Quartet* launches its opening night performance as a theatrical sensation. A return engagement by popular demand, the show kicks off the Ogunquit Playhouse 2023 season with presentations at the at the Music Hall in Portsmouth, New Hampshire.

Created by Colin Escott and Floyd Mutrux, *Million Dollar Quartet* tells the story of how the four superstars came to Memphis, Tennessee, on December 4, 1956, to Sun Records, the studio that started their careers and changed musical history forever.

The owner of Sun Records, Sam Phillips, played by Bart Shatto with a somber, understated anxiety, wonders about the future of his company as the musical landscape changes. He must also confront the financial losses he faces as the artists he discovered reveal their plan to move on to other recording companies.

When the famous quartet arrives at Sun Records, they discuss their careers, friendship, pressures of the business, along with their mutual respect for Phillips and the impact he has on Rock and Roll. Woven into the storyline, each artist recreates several signature hits with remarkable faithfulness to the sounds, style and energy of their original performances.

Among the 24 classic songs the group perform are “Blue Suede Shoes,” “Folsom Prison Blues,” “That’s All Right,” “Sixteen Tons,” “I Walk the Line,” “I Hear You Knocking,” “Great Balls of Fire,” “Hound Dog,” “Fever,” “Riders in the Sky” and “See You Later Alligator.”

As Jerry Lee Lewis, Nat Zegree, who also serves as music director, uses every limb of his agile body, along with his unruly curly hair, to depict his hysterical, chaotic antics. Along with his rapid-fire piano wizardry, he plays riffs with what seems like twenty fingers, plus uses his feet, butt, and even his nose on the keyboard.

Christopher Wren as Carl Perkins struts, vaults and leaps into the air while never missing

a guitar chord or musical beat as he launches his “rockabilly” sound. Tensions arise as he rages at the injustice that took place when Presley appeared on “The Ed Sullivan Show,” singing “Blue Suede Shoes,” the song Perkins wrote.

Scott Moreau plays Johnny Cash, wearing his trademark western black garb. He portrays a stoic and confident entertainer, who appreciates his rise to stardom. When he sings “I Walk the Line,” he recalls his love and fidelity to his first wife, Vivian Liberto.

In a stunning recreation of the looks, mannerisms and singing style of Elvis Presley, Daniel Durston gyrates, swivels his hips and legs in the shocking manner that outraged much of the country. Conversations by the group point out how Presley rose from humble beginnings to earn the coveted title of the “King of Rock and Roll.”

Bringing a feminine sensitivity and common sense mediation to temporary frictions that arise with the group, Megan Reinking plays Dyane, a companion Presley brings along for his studio visit.

Adding background musical support on the bass and drums are Nathan Yates Douglass and Kieran McCabe, respectively. Douglass also plays Jay, Carl Perkins’ brother.

Director Hunter Foster has his artistic hands full with four luminary stars on stage at the same time. It could be a challenge to keep one from upstaging the other as the story unfolds and each has his moment in the spotlight.

Derek McLane, the original Broadway scenic designer, recreated the Sun Records studio, which shows Phillips office and recording areas with microphones in strategic locations to broadcast the musical performances.

When executive artistic director Bradford Kenney introduces the show, he points out these first performances were rehearsals in preparation for a later opening night. As with any show, adjustments, cuts and rearrangements become a normal part of the creative process. No doubt future shows will have a new more focused look.

One of the most poignant moments of the show occurred when Phillips gathered the



The *Million Dollar Quartet* includes Daniel Durston as Elvis Presley, Nat Zegree as Jerry Lee Lewis, Christopher Wren as Carl Perkins and Scott Moreau as Johnny Cash. Photo by Gary Ng

quartet for a souvenir photograph. A moment later a screen lowers and shows the actual photo Phillips took of Presley, Lewis, Perkins and Cash around the piano.

Following the final scene of the show, each one of the quartet performs another rousing solo encore performance of one of their hit songs. As a highlight, Presley and Lewis coax a member of the audience to join them.

Million Dollar Quartet plays through Sunday, April 9. The Music Hall is located at 28 Chestnut Street, Portsmouth, New Hampshire. For tickets, call 603-436-2400 or visit www.themusichall.org.

The 2023 season continues at the Ogunquit

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 April 8, 2-6 PM, Ginna & Keith
 8:30 PM, Sugarbox
 Sunday, April 9, 2-6 PM, Quiet Riot Act
 Friday, April 14, 8:30 PM, 12/OC
 Saturday, April 15, 2-6 PM, Doubting Gravity
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 Thursday, April 13, 5:30-8:30 PM, Lucas Roy
 Thursday, April 20, 5:30-8:30 PM, Kris Hype
 Thursday, April 27, 5:30-8:30 PM, Chase Jabe

The Pilot House
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Send your questions to
[rsimon@legacysir.com!](mailto:rsimon@legacysir.com)



Q: We have been looking to buy a house for several months and have had really no luck finding anything that works for us. Seems like the market is really void of much inventory. Is this the usual for this time of year? It's frustrating as we are ready to buy. Adam and Beth



A: Yes winter is usually a quieter time in the real estate market. This year that is coupled with our marketplace going through some changes as well. Hopefully, as spring unfolds, there will be more options out there for you. It's not clear exactly where will our market will be as we move into the better weather but it should have more options out there for you.

Q: We are selling our house on our own without a broker. We have two offers and they have been very competitive. One of the buyers has verbally put some possibilities in their offer that are really good. Everything that they have put out there has been done verbally and makes their offer really good and much better than the one they are competing with. We are ready to move forward with them. Any suggestions? Thx Bruce and Elaine

A: That's great they have improved their offer. The one thing you have to request and get is that all of their conditions have to be in writing to substantiate them. While verbal offers can be exciting for you, if all of it is not clearly written in their contract, it is not factors that you can count on to be met. Contracts are the key to protecting you and everything needs to be documented in their offer. When you receive that contract it has to clearly lay out everything that is being agreed to.

Randal Simon has been a real estate broker for over 30 years. His column was in the Portland Press Herald for many years; he is now pleased to be participating locally in Tourist & Town. He has been a contributor to The Wall Street Journal, Unique Homes and The New York Times.

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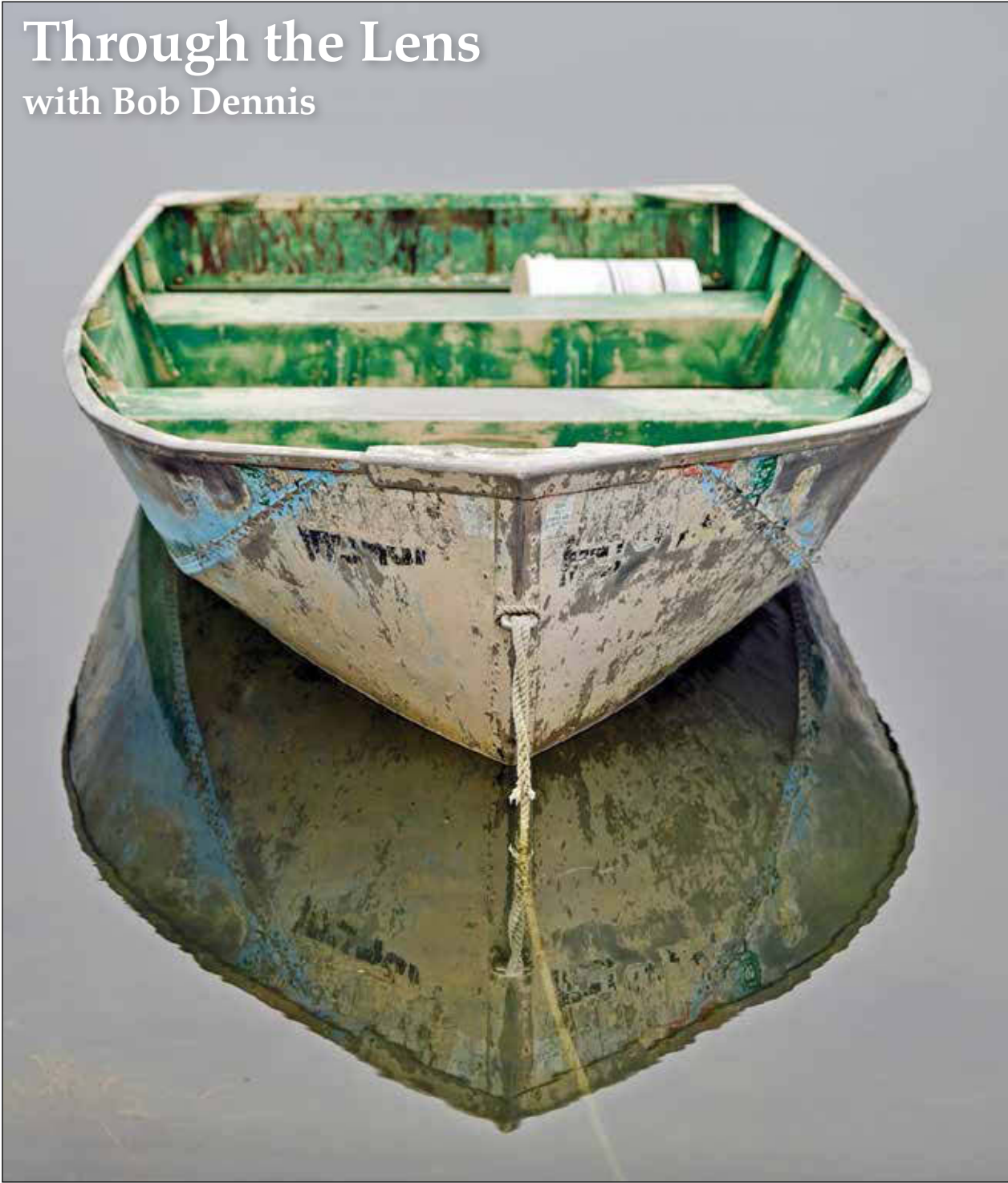
Tide Chart

April 5 – April 19

Wednesday, April 5	Monday, April 10	Saturday, April 15
Low 05:22 AM....0.31	High 02:15 AM....9.51	Low 01:15 AM....1.16
High 11:34 AM....9.51	Low 08:37 AM....0.29	High 07:37 AM....9.59
Low 05:42 PM..-0.03	High 02:52 PM....8.06	Low 02:05 PM...0.02
High 11:53 PM....9.38	Low 08:47 PM....1.11	High 08:26 PM....8.73
Sunrise: 6:18 AM	Sunrise: 6:09 AM	Sunrise: 6:01 AM
Sunset: 7:12 PM	Sunset: 7:18 PM	Sunset: 7:24 PM
Thursday, April 6	Tuesday, April 11	Sunday, April 16
Low 05:56 AM....0.13	High 03:05 AM....9.35	Low 02:22 AM....0.55
High 12:07 PM....9.39	Low 09:32 AM....0.53	High 08:41 AM....9.99
Low 06:12 PM....0.03	High 03:51 PM....7.69	Low 03:02 PM...-0.44
High 06:44 PM....0.19	Low 09:43 PM....1.45	High 09:21 PM....9.45
Sunrise: 6:16 AM	Sunrise: 6:07 AM	Sunrise: 5:59 AM
Sunset: 7:13 PM	Sunset: 7:19 PM	Sunset: 7:25 PM
Full Moon: 12:36 AM		
Friday, April 7	Wednesday, April 12	Monday, April 17
High 12:24 AM....9.52	High 04:05 AM....9.19	Low 03:21 AM...-0.1
Low 06:31 AM....0.03	Low 10:37 AM....0.72	High 09:37 AM...10.31
High 12:42 PM....9.18	High 05:00 PM....7.5	Low 03:53 PM...-0.79
Low 06:44 PM....0.19	Low 10:49 PM....1.64	High 10:11 PM...10.07
Sunrise: 6:14 AM	Sunrise: 6:06 AM	Sunrise: 5:57 AM
Sunset: 7:14 PM	Sunset: 7:20 PM	Sunset: 7:26 PM
Saturday, April 8	Thursday, April 13	Tuesday, April 18
High 12:57 AM....9.6	High 05:14 AM....9.13	Low 04:15 AM...-0.64
Low 07:08 AM....0.01	Low 11:49 AM....0.72	High 10:29 AM...10.45
High 01:20 PM....8.87	High 06:14 PM....7.62	Low 04:39 PM...-0.95
Low 07:20 PM....0.43	Sunrise: 6:04 AM	High 10:57 PM...10.51
Sunrise: 6:13 AM	Sunset: 7:21 PM	Sunrise: 5:56 AM
Sunset: 7:15 PM	Last Qtr: 5:13 AM	Sunset: 7:27 PM
Sunday, April 9	Friday, April 14	Wednesday, April 19
High 01:33 AM....9.59	Low 12:02 AM....1.56	Low 05:04 AM...-0.97
Low 07:50 AM....0.1	High 06:27 AM....9.27	High 11:18 AM...10.38
High 02:03 PM....8.48	Low 01:01 PM....0.45	Low 05:23 PM...-0.88
Low 08:00 PM....0.75	High 07:24 PM....8.07	High 11:40 PM...10.69
Sunrise: 6:11 AM	Sunrise: 6:02 AM	Sunrise: 5:54 AM
Sunset: 7:16 PM	Sunset: 7:22 PM	Sunset: 7:28 PM

Note: The number for each high and low tide indicates the height in feet above or below sea level. This chart shows tides for the mid-coast of York County; tide times are a few minutes earlier to the north (Old Orchard Beach) and a few minutes later to the south (York Beach). Tides are affected by the weather and cycles of the moon; the actual times and tide heights can differ slightly from the predictions above.

Through the Lens with Bob Dennis



The late-March early-April period is usually a quiet time for local photographers. We've most likely seen the last snowstorms of the season, yet we're a few weeks away from the appearance of dandelions and other early signs of spring. But if we keep our eyes open and the conditions are right, there is still beauty to be seen. The accompanying photo of the bow of a Cape Porpoise rowboat was taken in late March of 2020. The reflection is nearly perfect but more importantly, the uniquely weathered condition of the boat gives it a lot of character and indicates that it has many stories to tell from its years in the waters of Cape Porpoise. If and when I meet the boat's owner, I look forward to hearing some of those stories.



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July 1-4

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July 6-9

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July 14-16

Pittston Fair
July 20-23

Union Fair
July 26-30

Bangor State Fair
August 3-6

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Universal Crossword

Edited by Anna Gundlach March 17, 2023

ACROSS

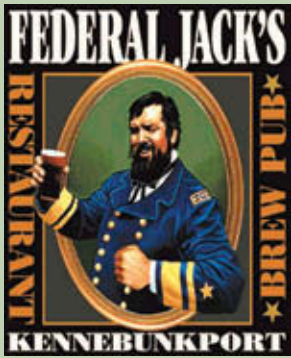
- 1 U.S. territory in Micronesia
- 5 Mushroom's reproductive cell
- 10 Situated on
- 14 "Round on the ends and high in the middle" state
- 15 Tanker filled with tank-filling fluid
- 16 Make a donation
- 17 Promising young horticulturist?
- 20 Luster
- 21 Golf course standard
- 22 Chemically nonreactive
- 23 Entice
- 25 Use a plus sign
- 26 Promising young pilot?
- 32 Made up (for)
- 34 Foreboding forewarning
- 35 Kanga's kid
- 36 Drink a lot
- 37 Drink a little
- 38 Baby wolves
- 39 Crossed paths
- 40 Related
- 42 Religious dissent
- 44 Promising young scuba instructor?
- 47 Granola morsel
- 48 GPS guesses
- 49 City known for its Heat
- 52 Hit the moguls
- 54 Religious rationalist
- 58 Promising young banker?
- 61 Low-level worker
- 62 Large concert venue
- 63 Dove's home
- 64 Tools with teeth
- 65 Full of the latest
- 66 "Fill in this answer or ___!"
- 5 Jr., to Sr.
- 6 Perpetually filthy
- "Peanuts" character
- 7 Actress Kurylenko or gymnast Korbut
- 8 Backside
- 9 Spell "maybe" "mabey," maybe
- 10 Business plan?
- 11 Fork prong
- 12 Done with
- 13 Sassy
- 18 Currently occupied
- 19 Brought about the destruction of
- 24 Purge (of)
- 25 Wide st. like a blvd.
- 26 Way to get there
- 27 On the way out
- 28 Ax-wielder's accessory?
- 29 More loyal
- 30 "I'm such a butterfingers!"
- 31 Like a promising future
- 32 Highest point
- 33 Those people
- 37 Wrath or envy
- 38 Felt-but-not-seen spirit
- 40 "Until we meet ___"
- 41 DIY
- purchase
- 42 Chart-topper
- 43 Give the runaround
- 45 Hadrian's subjects
- 46 Does something beneath one's dignity
- 49 Illustrations at the front of many fantasy novels
- 50 What a concept!
- 51 Admit openly
- 52 "Your majesty"
- 53 Didn't just suppose
- 55 Object of worship
- 56 Matching groups
- 57 Sequoia or sycamore
- 59 Coconut milk container
- 60 ___ it onthick

Promising Young Professionals

by David Alfred Bywaters

1	2	3	4		5	6	7	8	9		10	11	12	13
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You will find the crossword puzzle solution on the opposite page



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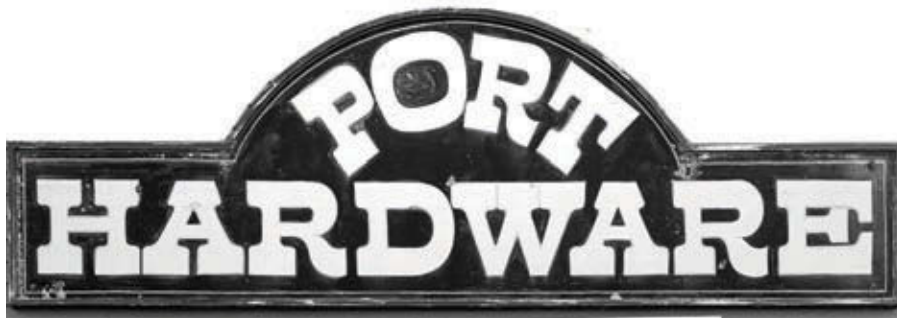


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