

TOURIST & TOWN

FREE

May 18, 2023

Volume 65 Issue 5

The Memorial Day Issue



CELEBRATING SOUTH COASTAL MAINE SINCE 1958
VOTED BEST LOCAL PUBLICATION 2019, 2020, 2021 & 2022

Our mission is to be an indispensable guide to life in South Coastal Maine, a champion for local businesses and a source of entertainment and goodwill for locals and tourists alike.

TOURIST & TOWN

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Publisher's Note

The weather is changing, people are out and about and I'm seeing familiar faces virtually everywhere I go. It's at this time of year that I am more aware than ever that I live in a small town – and I love it.

In my estimation, small towns facilitate happiness. Small towns allow us to slow down, smell the roses and enjoy the smaller, everyday moments. With fewer distractions, small towns allow us breathe, to simplify, to do one thing at a time (or at least attempt to) and to focus on what really matters, savoring those sweet experiences that contribute to well-being.

Plans are being made for Memorial Day ceremonies and parades. Farmers' markets are opening for the season. People are starting to garden, having waited until it was fairly safe to do so (although in Maine one never knows). Communities are buzzing – and the air is filled with the scent of community and joy.

I'm so grateful we live in a way, and move at a pace, that affords us these awarenesses. After all, the simpler things are, the more we appreciate the simple – and significant – things in life.

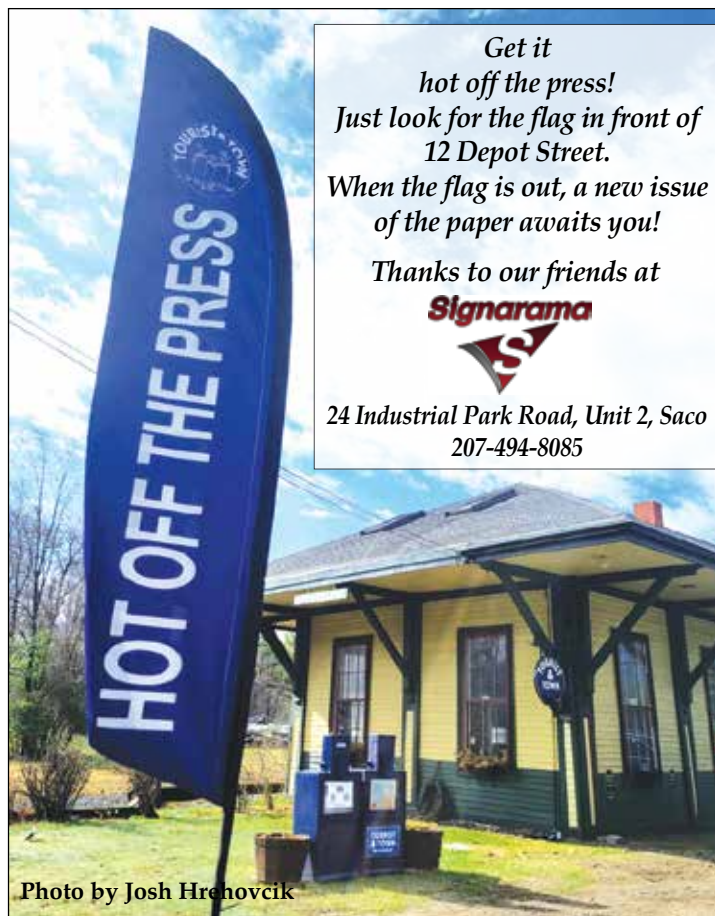
Enjoy!



Kingsley Gallup, Publisher

"The nice thing about living in a small town is that when you don't know what you're doing, someone else does."

- Immanuel Kant



Get it hot off the press!
Just look for the flag in front of 12 Depot Street.
When the flag is out, a new issue of the paper awaits you!
Thanks to our friends at **Signarama**
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Photo by Josh Hrehovcik

On the Cover

The creative design duo of **Dennis Van Sickle & Andrea Rolleri** have enjoyed a lifetime developing innovative designs for museum visitor experiences, both nationally and internationally. Now, full time residents in Kennebunkport, Maine, our work as Studio12KPT is a collection of digital collages featuring original photography combined with graphic elements and illustration. Our website, <https://studio12kpt.com/> shows a full portfolio of work that is inspired by places we have traveled to, the projects we have worked on, and the people we have met along the way. We hope that a local gallery may recognize our work and consider including us within their stable of artists.



Save the Date

The season officially opens on Saturday, May 27, for the Kennebunk Artisans Marketplace, held at the Waterhouse Center from 9 AM-2 PM. FMI visit kennebunkmaine.us/artisans-marketplace.



Happy News



Sharon Bates' dogs are enjoying a stroll through Kennebunk. And they just happen to love T&T! (Look for our newspaper box next to the Chamber's kiosk in Lower Village.)



Yes, the rumors are true: We have Funny Pages! We hope they put a smile on your face with each and every issue of *Tourist & Town!*

VOTED BEST LOCAL PUBLICATION 2019, 2020, 2021 & 2022

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Three unique shops under one roof at York's Bell Farm

Birders and browsers discover special items inside the Red Barn on Route 1

by Valerie Marier

When Michelle and John Corgan purchased Bell Farm Shops in 2018, their plan was twofold: honor the traditions and merchandise offered by the previous owners but also expand and enhance the variety of gifts and products inside the 3,600-square foot red barn on Route 1 in York. They have done that and more.

First, Bell Farm is a satisfyingly stocked gift shop where visitors can purchase chirping wine stoppers and other clever barware, chic scarves and leather

purses, made-in-Maine foodstuffs (including jams, syrups and honey), floppy Shihreen beach hats with UPF 50%, plus puzzles and toys for children of all ages. Sweet little somethings for your hostess are found in the ample selection of candles, mugs and Finchberry bath soaps.

But Bell's Farm is also a nature emporium, offering everything you need or want for garden and backyard decor. Additionally, Bell Farm stocks a variety of bird seed and feeders, bird baths and bird houses, along with wind

chimes, rain gauges and statuary. ("This bird and nature section is the best around," a customer whispered to her husband.)

Christmas never ends on Bell Farm's second floor. Every month of the year, even July, shoppers discover snow globes, multi-colored ornaments, seasonal decor, faux greens, light-up prints and stocking stuffers of all types.

Sitting adjacent to the red barn on this 2.3 acre property, the Nectar Cafe is a pleasant spot to enjoy speciality coffee drinks, breakfast bites and more.



During the holidays, the menu features hot cider, hot cocoa and snacks.

"When we first walked in the door five years ago," owner Michelle Corgan said, "we immediately recognized this was a very special place." The pleased reaction of enthusiastic first-timers and return customers indicates the Corgans have "rung the bell" at Bell Farm Shops.


Bell Farm Shops, 244 US Route 1, York; open 7 days a week (Sunday-Friday, 10 AM - 5 PM; Saturday, 9 AM - 6 PM); FMI call 207-363-8181




Clockwise from top right: Bell Farm Shops on Route 1 in York combines three different shopping experiences, including sections for gifts and home, garden decor and Christmas goodies all year long; In the nature section of Bell Farm Shops, customers have a choice of unusual birdbaths, hummingbird feeders and wind chimes; The bodacious variety, style and color of Bell Farm birdhouses trigger one response: BIRD-ACIOUS; The Nectar Cafe is adjacent to Bell Farm and a perfect spot to enjoy specialty coffee and breakfast bites. All photos by Val Marier.

GRAMMY ROSE
Dog Rescue & Sanctuary





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Grammy Rose Dog Rescue & Sanctuary

A one of a kind safe haven – for a season or a lifetime



Little did we know the magic that awaited us as we drove onto the Grammy Rose property for our newest Out of the Office story.

"Just don't make eye contact," we reminded each other as we pulled into Grammy Rose Dog Rescue & Sanctuary in Acton for this week's Out of the Office. Both of us are pretty maxed out in the canine department at present, so we had to be careful.

Once on the grounds of Grammy Rose Dog Rescue & Sanctuary, the likes of which neither of us had ever seen, we knew we could dispense with the no eye contact rule. This is a 100% feel good facility. The dogs are happy, loved and getting beautifully prepared for their future homes. So off we went – eyes wide open – on our tour with general manager Chris McKinley.

Grammy Rose Dog Rescue & Sanctuary, constructed over 18 months in 2021-2022, is named

for "Grammy" Rose Kessler Wentworth who, along with her husband "Wicky" Ralph Wentworth, lived in an 1800s farmhouse on the land where the rescue and sanctuary now sit – land that has been in the same family since the Revolutionary War.

Ralph Wentworth, born in 1899, served in France during World War I in Company E, 101st Regiment of the US Army Infantry. After returning home, Ralph met and married Rose Kessler. Dogs were an integral part of the couple's life together. Grammy Rose especially loved her dogs, so much so that she was known to give her dogs scrambled eggs for breakfast on Sundays.

While Ralph and Rose were the inspiration for Grammy Rose Dog Rescue & Sanctuary, the actual history of the facility begins with a dog named Sammie.

Born in Tennessee, Sammie was just hours away from being euthanized when he was rescued by Lucky Pup Rescue and brought to Maine. While out with his 'rescue mom' one summer evening, Sammie encountered Grammy Rose's granddaughter and her husband, who at the time were grieving the recent loss of a beloved dog. Sammie instantly made himself at home

in the husband's lap, after which the couple inquired about whether Sammie was adoptable. Indeed he was.

Ten years after this chance encounter and subsequent adoption, this wonderful, lovable dog inspired Ralph and Rose's granddaughter to turn her family land into Grammy Rose Dog Rescue & Sanctuary. Sammie, in fact, reached legend status when his silhouette actually became the logo for Grammy Rose!

The picturesque campus features six residential-style dog cabins, a welcome center, a conference center, a retail gift shop, acres of wooded hiking trails and a seasonal ice cream shop and mini-golf course whose operations support the rescue's daily operations.

The dog cabins – straight out of the loveliest summer camp one could imagine – were designed to help rescued dogs relax, decompress and acclimate to home life with their future adoptive families. Each cabin includes comfortable, climate-controlled bedrooms for each of the dogs, as well as a furnished living room area, laundry room, bathroom and kitchen. The living space is intended to provide a comfortable spot for staff and volunteers to interact with the dogs. Each cabin also has a private, fenced-in play area.

There is also a larger, hilltop play area that overlooks the campus. Local volunteers helped carve out trails where staff and vol-

unteers walk the dogs. The seasonal ice cream shop features hand-dipped and soft serve ice cream and the unique dog-themed 18-hole mini-golf course includes water features, animated characters and surprises around every corner. Wicky's Ralph's Ice Cream Shop and Mini-Golf Course are named after Ralph, who was a real "character" and a well-known ice cream lover in his day.

Grammy Rose Dog Rescue & Sanctuary is not only filled with beauty, it is filled with love – a palpable kind of love that finds its way into every aspect of the facility. The comings and goings of staff and volunteers are carefully orchestrated with radios. "I'm coming off trail with Vincent," a voice announced on the walkie talkie while we were on tour. This place is a well-oiled machine, we thought to ourselves.

As much as we loved the property and the thoughtful systems in place, we especially loved the dog stories McKinley regaled us with throughout our tour.

We heard about Bailey and Cooper, a pair of beautiful white dogs who recently arrived at Grammy Rose. Initially timid, the pair is gradually learning to trust and is preparing to meet a forever family. We heard about Star – a sweet little black and white dog who had come to Grammy Rose from a kill shelter with some concerning medical issues needed attention. After healing from a surgery in which a large (thankfully benign) tumor was removed, Star

–continued on next page



Above left: Sammie embodied love, friendship and loyalty – the hallmarks of the adoptable dog. Above right: joy abounds at this wonderful facility, every inch of which is dog themed.



Happy and abundantly loved is what Grammy Rose pups are.



Grammy Rose's mini golf course is filled with whimsy. Though, at first, we wondered why McKinley wanted to turn on the water pumps for our tour, we soon found out!

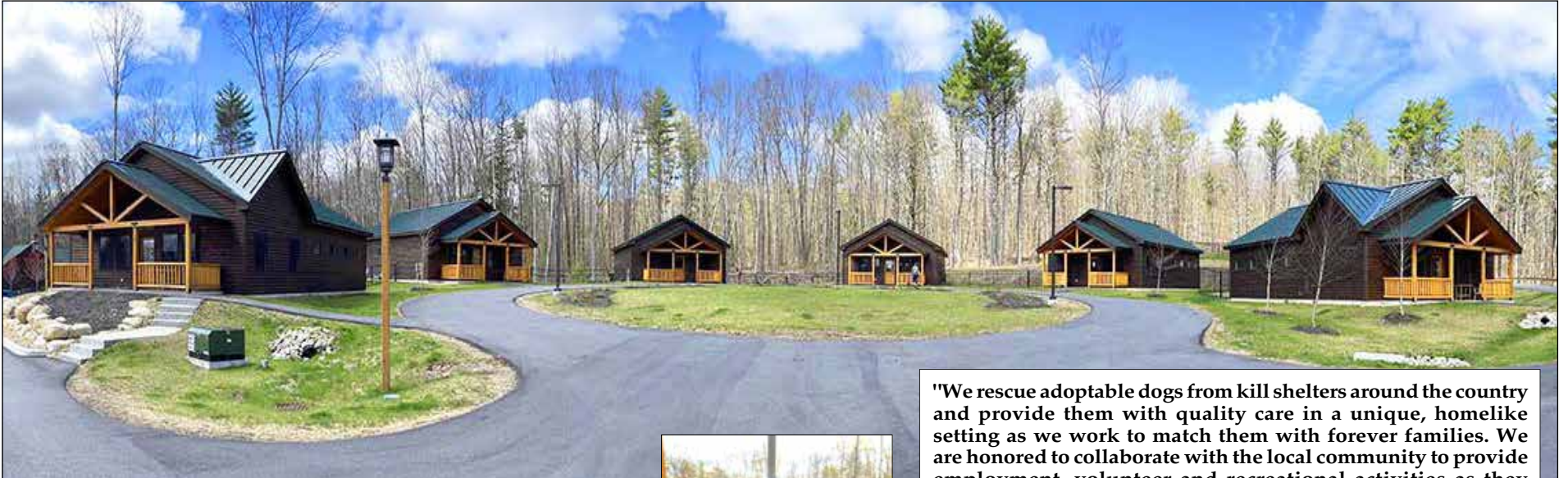
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Grammy Rose's six cabins are designed to meet the needs of their deserving and fortunate residents.

found herself a forever home. McKinley talked of her recent adoption with a smile.

We have not stopped talking about Grammy Rose since our visit. And though there were so many things which struck us and touched us, from the dogs' individual bins of toys to the walkie talkies to the clever structures and decorations throughout the facility, the one thing that struck us most

– and will stay with us always – was the love.

This place is simply steeped in love – a legacy of love tracing back to Ralph and Rose and carried forth by their granddaughter, who keeps herself humbly out of the limelight, always wanting the attention to be where it needs to be – on the deserving dogs who make their way to Grammy Rose. Whether it's for a season or a lifetime,

Grammy Rose gives these dogs a second chance they so dearly deserve.

If you have not yet visited Grammy Rose, we encourage you to do so. Play mini golf with the family, get some ice cream or set up a visit with the dogs. You will be glad you did. We certainly were.



"We rescue adoptable dogs from kill shelters around the country and provide them with quality care in a unique, homelike setting as we work to match them with forever families. We are honored to collaborate with the local community to provide employment, volunteer and recreational activities as they support our ongoing mission."



Upcoming Grammy Rose events/appearances:
 June 17- York Farmers Market
 June 24- Bridgton Farmers Market
 July 15- Bridgton Farmers Market
 July 29- Woofstock at AWS & Antique Trucks at the Apple Valley Campground
 August 19- Dog Days of Bridgton



Grammy Rose's dog-themed 18-hole mini-golf course was named after Ralph Wentworth. Courtesy photo

Was it chance or divine orchestration? You decide.

A mere 24 hours after visiting Grammy Rose and learning all about a certain sweet dog named Star, guess who walked up to our Tourist & Town booth at Kennebunk's Waterhouse Center during the May Day celebration, the shaved patch of fur from her recent surgery still visible? You guessed it! How wonderful it was to see the loving home Star has found with Kennebunk's Brenda Robinson.



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**New location, more space:
ReStore moves to Route 1 in Kennebunk**

by Valerie Marier

For nearly a decade, treasure-seeking area residents and visitors have driven down Industrial Lane off Route 1 in Kennebunk, hoping to find a secondhand dresser, arched floor lamp or G.E. refrigerator at the Habitat for Humanity ReStore. Inside the 7000-square-foot building, they discovered that and more. So much more!

From couches, desks and wooden doors to formica countertops, vintage china, even a kitchen sink, the ReStore is the go-to place for budget-conscious shoppers looking to replace their dining table, redecorate a bedroom or spruce up a college dorm room. Others come simply to buy a new "old" hamper.

Every Wednesday at noon when the ReStore

opens after a three-day weekend, people start lining up at 11:30. The reasonable prices and abundance of quality furnishings draw customers by the droves, while the quality and selection keep them coming back for more. That's known in merchandising as a win-win.

But the current ReStore has reached saturation point. The old building is literally "bursting at the seams," according to Amy Nucci, Executive Director of Habitat for Humanity York County. She says, "We also wanted to acquire our own permanent

home as we've been renting the current store site. We'll now have frontal exposure on Route 1 and we're gaining an extra 2000 square feet because, when it's all finished, the new store will be 9000 square feet."

For the past few months, many of the ReStore's 200 volunteers have helped prepare for the mid-May opening. Although much of the work is being handled by professionals, including Cyrus Chilton General Contractor, male and female vol-

—continued on next page



After 10 years in its current location on Industrial Lane, Kennebunk, the new ReStore will open in mid-May and feature 9000 square feet. The new ReStore, pictured above, is on Route 1 in the site once occupied by Heartwood School. All photos by Bob Dennis



Many of the ReStore's 200 volunteers are helping prepare the new building by sanding, spackling and painting or "doing whatever we can to help."

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unteers of every age show up to spackle, sand, paint and do whatever they can to help. Former President Jimmy Carter would fit right in.

The new space on Route 1 occupies offices once used by the *York County Coast Star*, then Heartwood College of Art. Even under construction, the most startling difference from the current ReStore is the lighting. Walls of windows allow sunlight to stream through and shine on cream-colored walls. The new facility will feature air conditioning, private offices for the staff, a conference room, a spacious snack and lunch area for the volunteers, and an impressively ample check-out counter.

"Significantly, our new location at 123 York Street will allow Habitat to increase the store inventory, host more events, and provide more programs

to serve the public," says Nucci who's headed Habitat York County for eight years. "Almost everyone here is a volunteer but we need more help. The hours are flexible. They can come once a month or three times a week, it's their choice. We are looking for truck drivers and handymen, plus people to sell, process deliveries, prepare and price items for sale and greet incoming customers. It's a fun place to work because we feel like one large family."

Managing the financial side of the relocation is James Connally who joined Habitat a year ago after a stint fundraising at Old Sturbridge Village in Massachusetts. He admits he got "hooked on fundraising" after graduating from UVA with a BA in history. While attending the Cooperstown Graduate Program, he learned, "Fundraising allows me to connect people who

want to make a difference to an organization and mission that does just that."

One of Habitat's key missions is building affordable, safe and efficient houses for residents in need. Connally says, "Since 1985, we have helped over 35 households do just that. We generally build two houses a year but our new strategic goal is to increase that to four annually."

Nucci adds, "Land acquisition is tough and expensive but we're lucky to already have land in Sanford where we can build four or five homes over the next few years. Construction begins this May."

Connally adds, "ReStore sales will help pay for the new building but we also need gifts and grants to achieve that goal. We are thankful for support from the Kennebunk Savings Bank and

the Joseph and Anna C. Dias, Jr. Family Foundation of Massachusetts, but we are hoping for more sponsorships. We're adding special recognition and naming opportunities for donations made to our new building, including plaques in honor or recognition of someone you know." (For further information or to donate, contact James Connally at development@habitat-yorkcounty.org)

Habitat for Humanity was founded as a non-profit organization in 1976 and now operates in more than 70 countries. The York County chapter started 38 years ago. Connally says, "Our ReStore is the only one in York County and we are excited to be expanding. After all, in order to have a bigger house, we need a larger foundation, and that's exactly what the new building will give us."



Amy Nucci, executive director of Habitat for Humanity of York County, stands in front of the almost-finished new ReStore and looks forward to "greeting our new customers and old friends."

Housing Data from Maine State Housing Authority

Median home price in York County (2022): \$440,750

Median income in York County: \$75,472

Median income NEEDED to afford the median home price: \$136,513

Total of 89,259 households in York County.

80.4% of households (71,797) in York County are unable to afford a median price home.

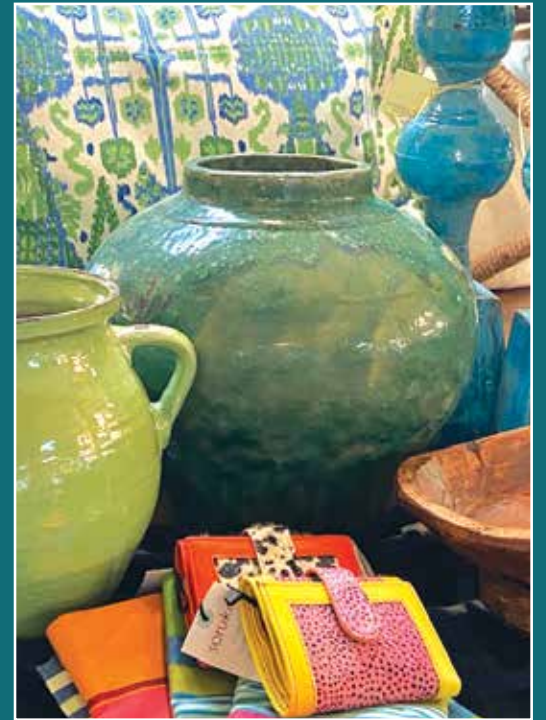
(Habitat's James Connally notes, "These statistics underscore the importance and relevance of Habitat's mission here in York County.")

Donate time and goods

The ReStore needs donations. In addition to money, they happily accept your time as a volunteer (name your hours) or your "stuff," including furniture, appliances, plumbing supplies, tools. There's even a Clynk delivery spot to donate bottles and cans.

Habitat for Humanity of York County ReStore is currently located at 4 Industrial Drive, Kennebunk. In mid-May (check the website: habitat-yorkcounty.org for official opening day) ReStore will move to 123 York Street (Route 1), Kennebunk. Open 12-4 Wednesday, Thursday, Friday; 10-4 on Saturday. FMI call 985-4850

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Digging into the museum vaults for OMAA's 70th season

by Dana Pearson

How did the Ogunquit Museum of American Art begin? If you want to get technical about it, visit OMAA for its open-

ing exhibitions of its 70th season. Because there, in the Henry Strater Gallery (named after the Lost Generation icon who, with other artists and commu-

nity members, opened the museum in 1953), are architect Charles Worley Jr.'s original blueprints of the modernistic building that hugs the Ogunquit shoreline.

had these framed and hung." Also to be found in the "Architect of a Museum" exhibition, which runs through the entire season to November 12, are several works that Strater gifted to the museum at its founding, including his own portraits of his wife and Ernest Hemingway.

"These have never been on display," said Devon Zimmerman, OMAA's Associate Curator of Modern and Contemporary American Art. As part of his mission in this anniversary year "to tell the story of the museum, we

Beyond the Strater Gallery is the Minnie S. Ireland Gallery, where Zimmerman has created "Networks of Modernism, 1898-1968," an exhibition culled primarily from the museum's permanent collection.

"I wanted to delve into the collection," said Zimmerman, who considers himself "a narrative generator." To that end, he has chosen works that show the world inhabited by the artists who lived, worked, or visited Ogunquit – starting with the founding of Charles Woodbury's school in 1898 – and how they reacted to the massive changes taking place in America.

Examples in this exhibition include Reginal Marsh's somber paintings of New York's Bowery in the 1930s, Rockwell Kent's stunningly stark Alaskan landscape, Walt Kuhn's 1911 panoramic painting of the Ogunquit shoreline (including the site of OMAA), and Marguerite Zorach's bold depiction of a couple of woodsmen sawing a massive log. Another Kuhn painting, the poignant "Sleeping Girl," shows a scantily clad young woman slumbering in a chair, dancing shoes set aside, her exhausting stage performance at an end.

In the three connected oceanside spaces – the Little, Leary, and Long galleries – one can view "Shifting Sands: Beaches, Bathers, and Modern Maine Art." It's a yearlong exhibition that celebrates

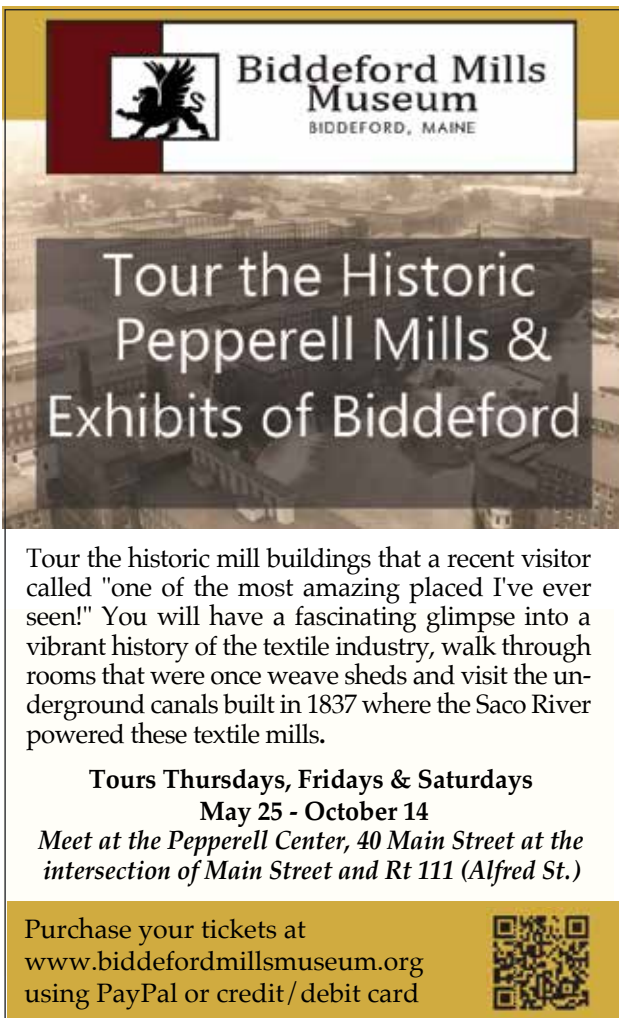


This original 1920's swimsuit can be seen in OMAA's "Shifting Sands" exhibition this year. Photo by Dana Pearson



Walt Kuhn's *Sleeping Girl* (1922, oil on canvas, gift of Vera Kuhn) is part of the "Networks of Modernism" exhibition at the Ogunquit Museum of American Art.

—continued on next page




Biddeford Mills Museum
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Associate Curator Devon Zimmerman gathered these portraits in the Strater Gallery as the Ogunquit Museum of American Art celebrates its 70th anniversary. This trio of visitors to OMAA is greeted by the Atlantic Ocean, courtesy of the massive windows forming one of the galleries' rear wall. Photo by Dana Pearson

the shoreline (stretching from Ogunquit to Atlantic City) and how people have escaped their homes to enjoy it for over a century.

Guest curated by Donna Cassidy, Professor Emerita at the University of the Southern Maine, "Shifting Sands" features paintings that came out of the early 20th century Ogunquit art colony (including works by Gertrude Fiske, Charles Woodbury, and Mabel May Woodward), which are on loan from the family of Darin R. Leese, whom Zimmerman described as "a passionate and dedicated collector of art from Ogunquit." A point of interest in that gallery is an original 1920s one-piece wool bathing suit from the museum's collection.

The modern portion of the exhibition spotlights current artists and how they react to the fragile ecology of the shoreline, using photography, quilting, and mixed media (e.g. painting/kelp) to express their views. More

information on the new exhibitions and museum programs (including a Tuesday Talk by Zoom on June 13 with the afore-

mentioned Donna Cassidy) can be found at ogunquitmuseum.org. dana@touristandtown.com

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CALENDAR: MAY 18-31

Going on now:

"Color, Mood and Time!" – An Exhibition of Watercolors and Acrylics by Liz Roper, Speers Gallery, Kennebunk Free Library, 112 Main Street, Kennebunk. The exhibit runs through May 31. Come see this collection of fourteen paintings in watercolor and acrylics on watercolor paper.

Shifting Sands: Beaches, Bathers, and Modern Maine Art: An Exhibit at the Ogunquit Museum of American Art (OMAA). This exhibition explores the unique place the beach holds in modern art. Exhibition curator Donna Cassidy will deliver a lecture on the exhibition via Zoom on Tuesday, June 13. For a complete list of exhibitions and events, visit the Ogunquit Museum of American Art's website at www.ogunquitmuseum.org. Shifting Sands is on view through Sunday, July 16.

Early Release Wednesday: Games & Crafts, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 12-4 PM. Looking for something fun to do? Spend your early release Wednesday at the library. FMI call 967-2778 or visit www.graveslibrary.org.

Going on now through May 24

Art Guild of the Kennebunks Exhibit, Grand Hotel, 1 Chase Hill Road, Kennebunk. The exhibit is hosted by Maine Art Hill and takes place through Wednesday, May 24. Hours are 10 AM to 5 PM. Reception open to the public: Saturday, May 20, 2:30 to 4 PM.

Thursday, May 18

Nonfiction Book Group, Wells Public Library, 1434 Post Road, Wells, 4:30 PM. The nonfiction book group will meet in person and all are welcome. The pick for this month is *Outwitting History: The Amazing Adventures of a Man Who Rescued a Million Yiddish Books* by Aaron Lansky. FMI contact Cindy Appleby at cappleby@wellstown.org or call the library at 207-646-8181.

Artists' Talk with River Tree Arts, Graves Library, 18 Maine Street, Kennebunkport, 5:30 PM. Local artists Ingunn Milla Joergensen and Claire Bigbee will talk about their style, their process and what inspires them. Ingunn is a fine art painter and a garden devotee, dividing her time between her studio and her gardens. For Claire, art is all about capturing a moment in time, reflecting a remarkable spectrum of colors, and having distinct energy and harmony. Both artists are represented by Maine Art Hill. A reception with light refreshments will follow.

Weekly Conversational French Language Group, Wells Public Library, 1434 Post Road, Wells, 6:30 PM. An informal approach to practicing or re-learning French. Venez parler français avec nous! FMI contact Cindy Appleby at cappleby@wellstown.org or call the library at 207-646-8181.

Friday, May 19

Fiber Arts, Wells Public Library, 10:30 AM. Show off your latest knitting creation, get tips on your crochet technique and just chat with old friends and make some new ones. All ages and levels of ability are encouraged to join for ideas, inspiration and lively conversation. FMI contact Stefanie Claydon at sclaydon@wellstown.org or call the library at 207-646-8181.

Mill Studio Arts Show, Biddeford Mills, 2 Main Street, Building 18, Biddeford, 5:30-7:340 PM. Bring the family. Free family makers space.

Biddeford Art Walk, hosted by Engine, 5-8 PM. The Biddeford ArtWalk is a free event celebrating local arts and creativity on the third Friday of the month from May through October. ArtWalks are an intersection of Maine's contemporary art scene, its historic downtowns and the natural world. Rain or shine. FMI <https://www.feedtheengine.org/artwalk/>

Saturday, May 20

Plant Sale, Union Church, Biddeford Pool. This sale supports Community Outreach.

Plant and Pie Sale, Wells Ogunquit Senior Center, 9 AM-12 PM.

EcoFest at Beach Plum Farm, 610 Main Street,

Ogunquit, 10 AM-2 PM. Take advantage of a wide range of expert advice and support to help you choose native plants for your yard, save energy at home, reduce your plastic footprint, protect and enjoy our natural areas and take community sustainability practices to the next level. Admission and parking are free. Rain date: Sunday, May 21. FMI visit EcoFest | HeRO (healthyriversogunquit.org) or www.healthyriversogunquit.org/ecofest.

UMaine Extension Master Gardener Plant Sale, outside the University of Maine Extension Office, 15 Oak Street, Springvale, 8:30 AM-12 PM. University of Maine Cooperative Extension Master Gardener Volunteers will be on hand to help you select plants that best meet your needs and answer your questions. Selections include native and pollinator plants, organic vegetable and herb seedlings, annuals and perennials. Proceeds from the Plant Sale benefit York County Master Gardener Volunteer Projects in communities across York County. FMI or to request a reasonable accommodation, or contact Mary Wicklund by calling 207-324-2814 or mary.wicklund@maine.edu

Friends of Hope Cemetery & Woods' Guided Walk with Gordon Collins, Maine Master Naturalist, Kennebunk, 10 AM. The next one will be Sunday, June 18 at 1 PM. Please join us. To register for either one, email friendsofhw@gmail.com or call 207-387-9100.

Renowned Viennese fortepianist Daniel Adam Maltz Concert, Brick Store Museum, 117 Main Street, Kennebunk, 4:30 PM. Maltz's historically-informed performance style offers a rare and unique opportunity to experience the music of these great composers the way that they would have heard it during their own lifetimes. Seating is limited to 50 guests inside the museum's first gallery, with a wine reception and "meet and greet" with the artist following the performance. To reserve tickets, please visit www.brickstoremuseum.org/calendar or call (207)985-4802. Tickets are \$40 per person, and \$30 for Museum Members.

Seacoast Community Chorus Performances. The first performance on May 20 will be held at First Parish Church, Central Avenue in Dover, New Hampshire, at 7 PM. The second performance will be held Sunday, May 21, at 3 PM at the First Parish Church on York Street in York. The chorus has sung for 52 years. Our maestro is Wendell Purrington. Our theme is One World, One Voice, One Song as we try to heal the world.

Summer Exhibit Opening, Saco Museum, 371 Main Street, Saco. The show runs through August 11. The Saco Museum's summer exhibit will feature photographs, souvenirs and other memorabilia that tell the story of The Summer Playground of the Nation. Come relive the heydays of the resort hotels, promenades along the Old Orchard boardwalk, the quieter shores of Ferry Beach, the all-night dances of the 1920s and '30s, and the delicacy of summer picnics.

Artists' Talk at Haley Art Gallery, 178 Haley Road, Kittery, 1 PM. Artists Barbara D'Antonio, Joe Flaherty, Lisa Lane, Maria Paz Lundin and Chris Newcomb, whose works are showcased in the "Nature Beckons" group exhibit, will give a talk. Meet the artists and learn about their styles and techniques, inspirations and influences while you view the artists' works in oil, acrylic, and watercolor. The Nature Beckons exhibit will remain on view through August 26. FMI call 617-584-2580, email haleygallery@comcast.net or visit <https://haleyartgallery.com/> Follow on Facebook @HaleyArtGallery Instagram <https://instagram.com/haleyartgallery>

"A Tour of the Americas" - a concert with Andy Happel his Los Galactacos String Band, Dunaway Center, 23 School Street, Ogunquit, 7:30 PM. "Galactacos," the Spanish word for "galactic," a loose translation for superstar or a boast of ability levels that are "out of this world," would provide an apt descriptor of the band's new program: a tour de force of authentic, inspired musicianship, featuring the blazing fiddle work of violinist Andy Happel, dobro guitar and twin fiddle by Jonathan Cooper, bassist Drew Wyman and percussionist Sean Daniels. Happel, a well known and favorite musician of Ogunquit and visitor audiences, will be performing a lively repertoire of songs. Tickets are \$20 in advance, \$25 at the door, \$5 Student, and may be purchased at the Dunaway Center, Cricket's Corner Beach and Toy and Ogunquit Welcome Center until 24 hours prior to the concert - or at www.ogunquitperformingarts.org.

Reception for the Art Guild of the Kennebunks' First Exhibit of 2023, The Grand Hotel, 1 Chase Hill Road, Kennebunk, 2:30 to 4 PM.

Sunday, May 21

DaPonte String Quartet, Sanford Performing Arts Center, 100 Alumni Boulevard, Sanford, 3 PM. Tickets are \$18-\$20 for students and seniors and \$20-\$22 for adults in advance via <https://sanfordpac.org/shrek/> or available at the door.

"Bohemian Sunday Poetry Readings," Brick Store Museum, Program Center Auditorium, Kennebunk, 1-3 PM. Hosted by WePoets & Verse Come hear local poets from the Kennebunks and beyond share a mix of simple and profound original poems. Free and open to the public. FMI email poetryawakenings@gmail.com. A warm gathering of poets awaits you!

Tuesday, May 23

Gather 4 Good benefiting River Tree Arts, The Nonantum Resort, 95 Ocean Ave, Kennebunkport, 4-9 PM. Gather 4 Good is a community fundraiser where your dining dollars do more. Enjoy a delicious meal at one of the Nonantum Resorts' delicious restaurants and 10% of your food and beverage bill will be donated to River Tree Arts.

Wednesday, May 24

Opening of the Art Guild of the Kennebunks' First Exhibit of 2023, Grand Hotel, 1 Chase Hill Road, Kennebunk, 10 AM to 5 PM. On display will be the works of 34 AGK members. FMI check the AGK website www.artguildofthekennebunks.com or call (207) 324-0527.

Thursday, May 25

Adult Crafternoon – Gardening Swap, Wells Public Library, 1434 Post Road, Wells, 2 PM. It's finally time for Zone 5 to start planting outdoors. Bring leftover seeds, self-harvested seeds, plant cuttings, and other gardening tools that you want to swap with other gardening fans. The Little Seed Library will also make an appearance for the second year! FMI contact Stefanie Claydon at sclaydon@wellstown.org or call the library at 207-646-8181.

Friday, May 26

"Highlight" – A Community Art Show at River Tree Arts, Opening Reception, 35 Western Avenue, Kennebunk, 6-8 PM. This show will put the spotlight on visual artists throughout the entire community. Pieces in the show will be available for purchase both in-person and online and all proceeds will go directly to the artists. The show will run until June 17.

Saturday, May 27

KW Contemporary Art's Annual Summer Soiree and Opening Reception, 184 Port Road, Kennebunk, 5-8

Through the with Bob Dennis



Memorial Day in Kennebunkport Dock Square. A parade with marching veterans, and the solemn playing of heroes is read. Before, during, and after (1989-93), the parade was often graced by George H. W. Bush and First Lady Barbara Bush. I am fortunate to have attended the parade the first time in 1990 and I was there for his last appearance in 2017. The couple was in the parade, often waving their small flags. As the parade began to decline, the President would frequently acknowledge the crowd by signing autographs. Besides their own, the Bushes' enduring affection for each other is evident. Since their passing, the Town has placed their names next to the podium as a part of our history. I look forward to attending the Memorial Day parade every year when our community was joined by our veterans and citizens of Kennebunkport. Photos spanning the years 2005 (left) to 2017 (right) by Bob Dennis

PM. The exhibition will show new work from Hunt Slonem, Yangyang Pan, Paul Villinski, Liz Barber, Havoc Hendricks, and more. The opening will also feature the premiere of the work of Carolyn Johnson and Betsy Enzensberger. Johnson's work utilizes reclaimed surfboards which have been layered with resin, ink, paint and metallic pigments to create unique pieces that reference the ocean and its boundless depths. The gallery can be found in Lower Village, Kennebunk. This event is free and open to the public.

Seacoast Garden Club's Plant and Pie Sale, St. Martha's Church, Kennebunk, 8:30-10 AM.

Artist's Reception for Holly Lombardo, The Wright Gallery, 5 Pier Road, Unit 1, Kennebunkport, 5:30-8:30 PM. New works. Refreshments will be served. FMI www.thewrightgallery.com or 502-0012.

Lens

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t. A morning of pure Americana in marching bands, first responders, local taps as the roll call of our fallen and after their White House years faced by the presence of President Barbara Bush. I was incredibly parade for many of these years. My or the Bushes' final Memorial Day could always attentively watch the American flags. Before his health would address the gathering and the people in the crowd, sometimes passionate love of our country, the other was also always apparent. placed empty chairs bearing their poignant reminder of the role they ward to the patriotic pageantry of year but I will never forget the years by these two remarkable Americans. The accompanying collage shows top left) to 2012 (bottom right). ~

Cemetery on Route 1 for ceremonies.

Biddeford/Saco Parade, Main Street, Biddeford, 10 AM.

Kennebunk Parade, Central Firehouse start. The parade will continue down Main Street to the Mousam River Bridge, where a wreath ceremony will take place. The parade continues up High Street, turns onto Friend Street and heads back through town, ending at Washington Memorial Park.

Kennebunkport Parade, Temple Street start, 9:30 AM. The parade will proceed to North Street, then down Spring Street to Dock Square. After a 21-gun salute

at the bridge the parade will continue to Kennebunk Lower Village, turn at the intersection of Routes 9 and 35, then head back to Dock Square.

Eastern Cemetery Tour, 10 AM-2 PM. This special Memorial Day event will highlight notable soldiers and sailors in the cemetery. Tours are free for military members and their families.

Saturday, June 3 Annual Plant Sale, Old York Garden Club, 9 AM-12 PM.

Tuesday, May 30 Spring Watercolor Workshop at River Tree Arts, 35 Western Avenue, Kennebunk. This class will be held on Tuesdays, May 30 and June 27, 5:30-7:30 PM. This class for adults ages 18+ is perfect for all levels of experience. Grab a friend and your drink of choice and come relax and create! Members: \$37/Non-Members: \$42.

Cribbage Game Night, Wells Public Library, 1434 Post Road, Wells, 6 PM. Calling all cribbage players! The Wells Public Library is hosting a casual monthly game night. Players of all ages and abilities are welcome to come and play, watch others play, learn the game, or just kibbitz. This free event is sponsored by the Friends of the Wells Public Library. FMI contact Stefanie Claydon at sclaydon@wellstown.org or call the library at 207-646-8181.

Coming Attractions: Thursday, June 1 (and Thursday, June 8), 3-5:30 PM. Plein Air Drawing on location at Gooch's Beach, Kennebunk, hosted by Brick Store Museum. All levels are welcome, to learn how to draw complex forms in the open air. Participants will draw outside at Gooch's Beach with instruction and support. Sessions are \$35 each. FMI and to register, visit www.brickstoremuseum.org or call 985-4802.

Friday, June 2 (and Friday, June 10) Plein Air Drawing on location at Gooch's Beach, Kennebunk, hosted by Brick Store Museum. Join Suzanne Demeo, artist, and William and Mary, instructors, to draw complex natural rock forms in plein air. All levels welcome. FMI & register visit: <https://brickstoremuseum.org/calendar/>

Saturday, June 3 Saco Bay Gardening Club Annual Plant Sale, Dyer Library, 371 Main Street, Saco, 9 AM. The Saco Bay Gardening Club Annual Plant Sale will take place in the parking lot area of the Dyer Library/Saco Museum (in the grassy areas of the museum lawn). The sale will go until 12 PM or when all plants have been sold.

Baked Bean and Pasta Supper, M.L. Day School Gym-Limerick Road, Arundel, 4:30-6 PM. Baked beans (2 kinds), mac 'n' cheese, American chop suey, hot dogs, cole slaw, cornbread/rolls, drinks and coffee, plus homemade desserts, Takeout available. Suggested donation: adults \$10, kids 6-10 \$5. Ages 5 and under free. This event includes historical displays, raffles and merchandise for sale. This event benefits the Arundel Historical Society.

Tuesday, June 6 Watercolor workshop via Zoom, hosted by South Coast Senior College. Have you always had a secret yen to paint the scene at Wells Beach on a sunny July day or the rosa rugosa that blooms in August along Ocean Avenue in Kennebunkport? You've got the time, but do you wonder if you have the talent? Think again! Noted artist Judy Gaudet is teaching a 4-week watercolor workshop for beginners and seasoned artists. The cost: only \$27. Gaudet is one of the numerous experts and teachers at South Coast Senior College, a volunteer-driven, on-line and in person school with a yearly "membership tuition" of \$25. That small fee entitles anyone over 50 to take classes at SCSC and all other senior colleges throughout Maine. FMI visit South-Coast-Senior-College-Coursestorm.com.

Wednesday, June 7 Early Release Workshop, Brick Store Museum, 117 Main Street, Kennebunk, 1-3 PM. Students will learn the art of mono printing using material from local beaches. The workshop fee is \$25 per student. Three weeklong summer camps are also planned for the weeks of July 17 (Wool Week); July 24 (In the Maine Studio); and August 7 (Community Art Project). More information and registration can be found on www.brickstoremuseum.org/calendar.

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The Atlantic Hall Pancake Breakfast is back by popular demand!
Sunday, May 28 ~ 8 to 11 am

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York First Parish Church 3pm

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The Creative Soul: A hive of activity

by Faith Gillman

As a kid, 'Doodle' was Dawn Burns nickname because that's what she loved to do.

"There was nothing like the feeling of a new pack of crayons. I was

there for anything artsy," said Burns artist, owner, and creative director of The Creative Soul in Kennebunk. "Creating always excited me and it still does. My mind goes a million miles an hour thinking

about what I could make. Art is really a life changing experience."

The Creative Soul, which celebrated its grand opening on April 29, offers classes, workshops and beginning May 18, an open studio for all ages in a bright and friendly space in Kennebunk's Lower Village.

"People can come during open studio hours and pick whatever project they want to do Thursday through Saturday for now," said Burns.

While Burns didn't pursue art educationally – she went to school for early childhood education and was a kindergarten teacher – it has always been a part of her life.

"In 2013 I taught myself to paint watching YouTube videos online. I focused on pet portraits, as I love animals. It is great to combine my passions – art and animals," she said. Pixi, her adopted dog is the studio's ambassador.

"It is so satisfying to pull people in and share my enthusiasm," said Burns. "There's an energetic vibe, so positive. It's truly meditative and relaxing. You lose track of time and forget about the problems of the day."

The Creative Soul offerings include painting, ceramic, and wood projects, along with classes such as "Paint Your Pet," "Intro to Alcohol Ink," and "Unicorn Spit."

"You'll have to take the glass to find out what that's about – it's paint, stain, gel but not," Burns said.

Burns leads classes and provides materials. Most

classes are in the \$30 range. There is a \$15 studio fee for open studio along with the cost of materials, which generally runs \$10.

"Part of all of this is do-it-yourself kits that can be taken home. I also have a heat press and can make customized gifts, like mugs and puzzles. There are so many different opportunities to let your creativity soar," said Burns.

Classes are two hours long, although "Paint Your Pet" runs to three. Burns can accommodate eight to ten people per class and participants don't have to come as a group, although it can be an enjoyable way to celebrate a birthday, bachelorette party or an interactive experience with friends.

"We will begin running kids' classes on Saturday mornings June through September," said Burns. "Myself and another teacher, Sarah Alter, will alternate Saturdays."

Burns also offers events at local businesses, which in May included a Mother's Day workshop for kids at TipToe Eco Marketplace in Kennebunk and a Lobster on Wood class at Saltwater Farm in Wells.

"I like the variety of

people and it expands my range," said Burns. "I can also go to private homes and I am happy to work with organizations/individuals on fundraising. I have done several with animal rescue organizations like AWS and Ever After Mustang, as well as Lucky Pup Rescue."

Burns, who is originally from Massachusetts, raised her kids in Salem, New Hampshire and had a paint party business there. Her husband's family had a home in Kennebunkport and the couple decided to make the move to Maine about six years ago.

"I love Maine, I'm never leaving," said Burns. "I found my people. The community is so friendly and welcoming. I feel like I belong here."

When Burns first came to Maine, she had a small studio and did some classes. She began working full time at Ogunquit Chamber of Commerce as marketing and operations manager. She "missed the art," and began making plans to open a new studio to pursue her passion full time.

"I came up with name The Creative Soul because I am a creative soul.

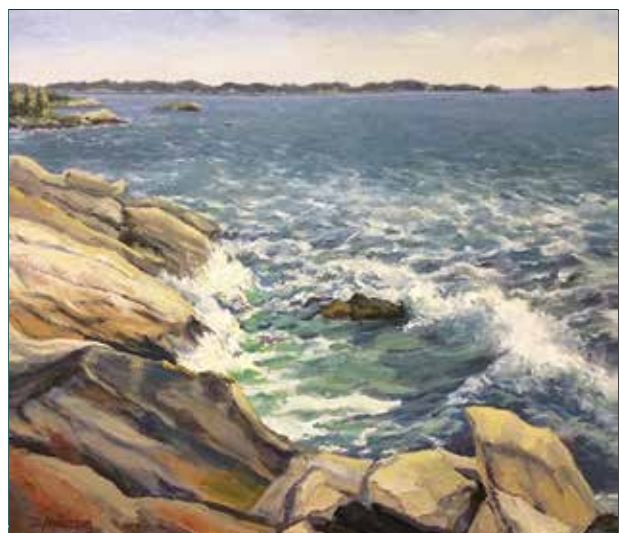
I witness first-hand how people who say they have no creative ability and say "it will probably be terrible," come to one of my classes and leave feeling proud of what they've done," said Burns. "People need someone to tell them to believe in themselves and know you are creative. It might not be perfect but it is beautiful – don't be hard on yourself."

The studio's logo includes a happy bumblebee. The symbolism fits perfectly with what Burns is trying to convey with her studio offerings.

"The lesson of the bumblebee is to become focused in the moment, to fully engage with our creative endeavors," said Burns. "The challenge is there's so many things I want and like to do. But the reward is seeing happy people, spreading joy through art, and creating a welcoming environment for the community to come together and relax, do a fun art project, and leave the day's problems at the door."



Dawn Burns, center, celebrates with family, friends and the Kennebunk, Kennebunkport and Arundel Chamber of Commerce on April 29 at the grand opening of The Creative Soul. Photo courtesy of the Chamber of Commerce.



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The Creative Soul June Events			
JUN 1	Adult Art Night/Open Studio Location: The Creative Soul	\$15+	6pm
JUN 8	Adult Art Night/Open Studio Location: The Creative Soul	\$15+	6pm
JUN 9	Paint Night Location: For the Love of Food + Drink	\$35	6pm
JUN 15	Intro to Unicorn Spit Location: The Creative Soul	\$30	6pm
JUN 21	Paint Your Pet Workshop Location: The Creative Soul	\$50	5:30pm
JUN 22	Adult Art Night/Open Studio Location: The Creative Soul	\$15+	6pm
Saturday Morning Kid's Classes			
JUN 3	Tissue Paper Suncatcher Location: The Creative Soul	\$10	10am
JUN 10	Monogram Canvas Art Location: The Creative Soul	\$10	10am
JUN 17	Father's Day Gift Class - Mug Location: TipToe, LLC	\$25	10am
JUN 24	Paint Your Pet Workshop for Kids Location: The Creative Soul	\$20	10am



Clockwise from top right: There are projects and supplies available for all ages at The Creative Soul, including paint your own canvas, wood, or ceramic piece or the opportunity to turn a work of art into a puzzle; a tiny ceramic truck painted by The Creative Soul's owner Dawn Burns artfully displays the studio's logo (photo by Faith Gillman); the Creative Soul, at 2 Christensen Lane in Kennebunk's Lower Village, offers an array of art classes, workshops and open studio time (photo by Faith Gillman); Beth Sandmire proudly displays the portrait she painted of her own pup at one of The Creative Soul's "Paint Your Pet" classes (photo courtesy of Dawn Burns).

KFL Announces June Art Exhibit “Wabi-sabi: Finding Beauty in the Imperfect”

The Japanese concept of wabi-sabi, which celebrates that which is imperfect, transient, aged or incomplete, is the theme of the June exhibit (June 1-30) at The Speers Gallery, located on the lower level of the Kennebunk Free Library, 112 Main Street, Kennebunk.

“Wabi-sabi: Finding Beauty in the Imperfect” is an exhibition of photography by Maine resident Elizabeth T. Schoch.

“The idea of wabi-sabi resonates with me,” Schoch explained. “Wabi-sabi encourages us to see beauty in the imperfect. It reshapes our expectations



sides in Biddeford. She is the author of *The Everything Digital Photography Book* (first edition)

Schoch’s photos and gelatin prints have been on display at various venues in Southern Maine, including Engine

in Biddeford, Brick Store Museum Holiday Shop in Kennebunk, Fa-Fa Gallery in Portland and Dyer Library in Saco. Schoch is a regular participant of the monthly Reader’s Choice group at Kennebunk Free Library.

Please check the library website for current hours and gallery access, www.kennebunklibrary.org.

of what beauty is. I view my subjects as perfectly imperfect.”

The exhibit runs from June 1 through June 30. The public is invited to an opening reception on Saturday, June 3, from 2 to 4 PM.

Schoch, a self-taught photographer and artist, is a retired writer who re-

Art Guild of the Kennebunks Announces First Exhibit for 2023

The Art Guild of the Kennebunks (AGK) announces its first exhibit of 2023 which takes place Wednesday, May 24, at the Grand Hotel, 1 Chase Hill Road, Kennebunk. Hours are 10 AM to 5 PM. On display will be the works of 34 AGK members. There will be a reception Saturday, May 20, 2:30 to 4 PM.



Framed acrylic painting by Dee Burdick will be raffled to benefit this year’s annual \$500 scholarship fund. Tickets are available at each AGK exhibit.

Shore, by Dee Burdick, will be this year’s scholarship raffle painting,” said Linda Van Tassell, president of the AGK. “The Guild presents a \$500 scholarship to a graduate of Kennebunk High School who has demonstrated a talent and interest in art. Raffle tickets can be purchased at any of the Guild exhibits throughout the year.”

FMI check the AGK website www.artguildofthekennebunks.com or call (207) 324-0527.

“We are very pleased to announce the acrylic painting *Along the*

AGK website www.artguildofthekennebunks.com or call (207) 324-0527.

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Bits 'n' Pieces

Helpful Hint

Cutting/slicing onions for the flavor you want

For a milder flavor, cut with the grain (vertically) and only use the outside layers. (Especially good for salads and sandwiches.)

To boost the flavor, cut the onion against the grain (horizontally) and use the inner layers. (This is particularly important when the onion is being cooked for French onion soup or rice pilaf.)

These seven foods contribute to a healthier immune system

"If your gut is happy, so is your immune system."

Your immune system fights harmful germs and works 24/7 to keep you healthy. A group of registered dietitians suggest these seven foods contribute to a strong immune system:

Leafy greens can be used in smoothies, omelets, soup or chili in addition to salads. Eating two to three cups daily of bok choy, spinach or kale provide potent immune-supporting nutrients.

Mushrooms are one of the few foods in the produce section that contain Vitamin D which can successfully battle invading bacteria and viruses.

Blueberries and raspberries are loaded with Vitamin C and antioxidants which soothe stress, reduce inflammation, and help mend skin wounds.

Fermented foods (like yogurt, kefir or kimchi) contain probiotics, the good bacteria that lives in your gut.

Sweet potatoes are high in beta-carotene (Vitamin A), Vitamin C and fiber.

Oysters are a key source of zinc, an essential mineral supporting a healthy immune system.

Fatty fish are rich in Omega-3 fats. Eating salmon, anchovies, herring, sardines, bluefin tuna or mackerel twice a week will keep your immune system in top shape

Don't forget the ginger – an anti-inflammatory "superfood" you should always have in your kitchen.

Fresh, ground, pickled or preserved ginger is both anti-inflammatory and flavorful. When buying fresh, look for plump pieces with a firm texture.

Here's a helpful hint to julienne fresh ginger: slice thinly against the grain, spread in a row like a deck of cards, then slice lengthwise to create long strands. (But remember: organic ginger does NOT have to be peeled!)

Kitchen Talk

soups, salads and a healthy immune system!

SPRING PEA SOUP

"How luscious lies the pea within the pod." (Emily Dickinson)

Chef Peter Rudolph is the culinary mastermind of Ocean at the Cape Arundel Inn & Resort in Kennebunkport. *Yankee* notes this tony restaurant presents "the best ocean view" in the area, with a "generous wall of windows" peeking at the Atlantic and Bush estate on Walker's Point. The French and Mediterranean-inspired menu includes delectable appetizers and entrees, including Rudolph's Steelhead Trout Tartare and Rack of Lamb with Fiddlehead Ferns, but we asked for, and received, his noted recipe for Spring Pea Soup.

Spring Pea Soup with lemon-scented whipped cream and mint

Ingredients for soup base:

2 quarts water
2 stalks celery cut into 2" segments
1 shallot, sliced
2-3 stalks and fronds of a fennel bulb, cut into 2" segments
1/4 bunch of parsley
1/4 bunch of tarragon
3-4 mint leaves
2 strips of lemon peel
1 tbsp. and 1 tsp. kosher salt
1 cup heavy cream

Directions:

Bring all ingredients (except the cream) to a boil; simmer 20 minutes. Add cream and return to a boil, then reserve the liquid and strain out all ingredients. Cool completely; store in refrigerator until ready to serve.

Ingredients for Pea Puree

2 lbs. frozen peas or 3-4 lbs. fresh English peas in pods
1/4 bunch tarragon (pick the leaves from the stalks)
1/4 bunch parsley (pick the leaves from the stalks)
1 tbsp. regular salt
2 tbsp. kosher salt

Directions:

Bring 4 qts. water and salt to a boil. Blanch peas and parsley until tender (approximately 1-2 minutes), then shock them in cold water. Using a blender, puree peas, parsley and tarragon/ parsley leaves into a thick puree, using enough of the soup base to make blender work properly. Cool completely; store in refrigerator.

Final Preparation for serving:

Using bowl, whip 1 cup heavy cream, salt and 1/2 lemon (zested) until mixture forms medium peaks. Store in refrigerator until ready to use. Bring soup base to a boil. Add 1/4 cup pea puree for each cup of base, then blend together with immersion hand blender or in a standing blender. Dollop whipped cream on soup, then sprinkle julienned mint leaves on the finished dish. Serve immediately to maintain color and flavor. (Ocean at Cape Arundel Inn & Resort, 208 Ocean Avenue, Kennebunkport; serving dinner nightly, 5-9 PM There is also a Veranda Menu, with tapas and cocktails served on the veranda and lawn daily, 3-5 PM; FMI call 800-514-0968)

"Historic" Rhubarb Marmalade Recipe

In 1853, Louisa Caroline Wilcox Putnam of York, Maine, accompanied her husband, Captain William E. Putnam, on the maiden voyage of *The Empress of the Seas*, from New York harbor to San Francisco. Louisa penned a diary and tried recipes in the tiny galley during the arduous trip, which included passing around Cape Horn at the bottom tip of South America. The Old York Historical Society shared Louisa's "historic" and tangy recipe for Rhubarb Marmalade.

Louisa's recipe states: "Pare five oranges (taking away the white rind and seeds) and put the pulp in a sauce pan. Add orange peels cut very small. Boil two hours, adding five pounds rhubarb cut very small for last half hour. Then add four pounds of loaf sugar. For a nice change, use three lemons instead of five oranges."

Rhubarb is now in season! Try something new with this age-old recipe. And remember the words of CeltArctic from *In Praise of Rhubarb*: "Luscious stems of green and red, plus healthy benefits widespread."

Two simple...and simply delicious...vegan salads

Last minute toss-togethers to please the Vegan in your home:

Shred Napa cabbage and radishes. Sprinkle on a dressing made of roasted peanuts, lime juice, peanut or other oil, cilantro and fresh or dried chili, all whizzed in a blender. "Deliciousness belies ease."

A classic Moroccan salad: thinly slice carrots (or grate or shred them in food processor). Mix with toasted cumin seeds, olive oil, lemon juice and cilantro. There's no better use of raw carrots, and raisins add a delicious touch.



Happy 100th Anniversary to Shields Meats on Route 1 in Kennebunk. Serving a wide variety meats and produce to southern Maine, they pride themselves on offering good old-fashioned service. Shown here, left to right, are the fourth generation Shields brothers – Greg, Dean, Steve and David – posing in front of a vintage Shields pickup truck at the anniversary celebration. Photo Credit: Sandy Gnidziejko



"God Save the King!" It was a royal celebration at British clothier FatFace in Dock Square Kennebunkport. High tea and a selection of sweet offerings was served to shop visitors on May 6. Pouring the tea was General Manager Brandon Ouellette. Photo Credit: Sandy Gnidziejko

Maine News Briefs

by Jo O'Connor

Welcome to the new owner/innkeeper of the historic Waldo Emerson Inn in Kennebunk, Amelia Rockelein.

A thank you very much to Congdon's Doughnuts in Wells for donating 24 dozen doughnuts for the recent Wells Beach cleanup.

Kennebunk Beach Improvement Association (KBIA) – its playground is back and open to the public after the area had significant damage over the winter. Thanks so much to the efforts of Rimmer Construction, George Burr Co. and Spurling Fitness volunteers.

Congratulations to Kennebunk High School junior Alexander Barth who won gold at the Maine Skills USA competition for the Digital Design program in the #D Visualization and Animation Contest. Onward to the nationals!

Happy retirement to Richard and Donna Jellison, who were both custodians in the RSU 21 School District, capping careers that totaled 100 years of service combined.

Welcome home to South Berwick native Connor Garvey, who is well-known on the national folk music scene. He performed with his 6-piece studio band last week at Marshwood High School to raise funds for South Berwick's summer concert series.

The iconic Way Way Store in Saco is famous again. The rural general store was featured on "CBS Sunday Morning" last week.

Got some used sneakers lying around that you could live without? Biddeford Cultural and Heritage Center has partnered with GotSneakers to collect sneakers in any condition to be sent to third world countries or to recycle to help the environment. Contact the Biddeford Saco Chamber of Commerce for drop locations.

A big shoutout goes to City Theater in Biddeford for their recent "Best of 207" award.

The good news is Funtown/Splashtown in Saco is opening on Memorial Day weekend; however due to a staffing shortage, they will be closed on Mondays this summer.

The iconic LL Bean Freeport store released plans for its expansion. There will be a new Main Street look, the removal of the Boat, Bike and Ski store and an expansion of Discovery Park.

Mark your calendars for Friday, May 26, when Maine's own Grammy winner Dave Gutter plays Vinegar Hill Music Theatre in Arundel.

According to LoveFood.com, the very best cheeseburger in Maine can be found at Wild Willy's on Route One in York.

Sources: Seacoastonline.com, portlandpressherald.com, WCYY, Wells Police, KBIA, 3 Towns, 1 Community, Portsmouth Herald, Biddeford Saco Chamber of Commerce, Q 97.9, News Center Maine, LoveFood.com.

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La Dolce Vita

by *Laura Dolce*

This year, more than any other, I'm ready for spring.

For many reasons, this past winter was very dark for us, so I'm ready for sunshine. Two weeks of rain didn't help anything except for the weeds in my lawn, but this week has been filled with sun and gentle breezes. I'm living every minute of it.

This time of year I always feel like the Kennebunks themselves are releasing a long-held breath.

There's a sense of anticipation in the air as seasonal businesses reopen, everyone starts their sprucing up and flowers start to bloom.

Speaking of which, we have the most beautiful orange-red tulips blooming for the first time this year

and I'm loving watching their progress from green leaves to flaming flowers. I especially love seeing them closed up tight against the morning chill and then slowly unfurl in the warmth of the day.

Tulips are in bloom everywhere you look, from Kennebunkport's Village Green to Kennebunk's Hope Cemetery.

More people are out and about now, but the tourists haven't yet arrived, so there's still plenty of time to hit your favorite spots without waits.

Boats are slowly going into the water, and soon we'll see white sails racing up the river.

(Pro tip: You don't need to pay for parking at most beaches until June 15, so take advantage and enjoy while there's still parking and empty sand to be

found! And parents - enjoy some solitude while the kids are still in school!)

Last weekend we celebrated May Day in Kennebunk, the perfect start to the season. And this weekend is Mother's Day, so we're barreling toward summer.

And while I'm not a summer girl, despite being born in July, I'm looking forward to all that it brings: The heat of the sun on my face.

Kids racing through our parking lot on their bikes, joyous voices ringing out.

Evenings spent under the pergola, watching the neighborhood go by.

Sleeping with the windows wide open, curtains billowing in the breeze.

Dinners on the grill, filling the yard with yummy smells.

Long days when the

light lasts until 9 o'clock. Sitting in the beach, feet buried in the sand.

Playing tourist and enjoying all the things tourists enjoy, at the height of season.

What heralds the season in for you? I'd love to know! Drop me an email at Laura.dolce@rocketmail.com



Laura Dolce is director of the Kennebunk Kennebunkport and Arundel Chamber of Commerce

Memorial Day Weekend "Plant and Pie" sale Seacoast Garden Club's annual sale, featuring home-grown indigenous plants ... delectable pies, too

An age-old Maine truism: plant your gardens after the last full moon tide in May.

Contemporary advice: the best place to get tried-and-true homegrown indigenous vegetables, herbs and flowers is the Plant & Pie Sale on Saturday, May 27, from 8:30-10 AM at St. Martha's Church, Route 1, Kennebunk.

Since the first Seacoast Garden Club Plant & Pie sale more than a decade ago, both savvy and novice gardeners have found the selection and quality "outstanding. And it pays to get there early because everything sells," said a satisfied customer last year while checking out with two cartons of flowers and vegetables plus a blueberry pie.

Starting in early May, club members dig up healthy plants from their gardens, put them in sterilized pots (to prevent transmission of diseases)

and add potting soil. The final touch is placing an identification card in the pot (with name of plant, indication of shade or sun, and other useful information for growing). During the sale, club members clad in signature green aprons are available for advice and suggestions.

In addition to this popular and well-attended sale, the Seacoast Garden Club has a summer-long presence throughout the Kennebunks as they plant and tend various public gardens, including at the Graves Memorial Garden and Dock Square monument in Kennebunkport, as well as Kennebunk's Town Hall and Free Library.

The 2023 Plant & Pie Sale is chaired by Gail



Left to right - Gail Phillips and Karen Andrews, co-chairs of the Seacoast Garden Club's annual Plant & Pie Sale on Saturday, May 27. Phillips said, "It's the best assortment of home-grown indigenous plants and we hope people will come rain or shine!" Photo by Val Marier

Phillips and Karen Andrews. Phillips said, "We are proud of our members' contributions to this wonderful sale and just hope area residents will come and buy some of the healthiest indigenous plants around!"

Plant & Pie Sale: Saturday, May 27, 8:30-10AM, St. Martha's Church parking lot, Route 1, Kennebunk.

FMI contact gailphillips1@gmail.com or Karen Andrews at abzme@yahoo.com



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WePoets' 2023 season kicks off Sunday, May 21

Local poets from the Kennebunks and beyond will read original poems. Free and open to the public. The kickoff event will take place Sunday, May 21, from 1-3 PM at the Brick Store Museum's auditorium in Kennebunk.

FMI email poetryawakenings@gmail.com. Consider reading at a future event. This warm gathering of poets awaits you!

Mainely Authors: An interview with Robert Monroe

by Kristen Kuehnle

For twelve years, Robert Monroe worked as a casting director and talent executive. His credits include projects with the Walt Disney Company and the UPN. In 1999, he moved to Portland, Maine, to pursue a career as a photographer. His exhibitions include the Portland Museum of Art Biennial and Photographing Maine: Ten Years Later at CMCA.

Bungalow Terrace is his debut novel. Spanning five decades, *Bungalow Terrace* is the saga of four best friends who are inadvertently turned into a singing group, catapulted to fame, and become one of the most iconic rock bands of the 20th century. Grappling with such issues as addiction, death, rape, and sexual identity, it is the story of four diverse lives and a superstar rock group.

What fiction writer inspired you early in your career?

The writer who in-

spired me the most in my early career was Grace Metalious. She was ahead of her time in her attempts to confront the darker nature and baser impulses of the human condition. It is this crisis, this conflict of self that I explore in *Bungalow Terrace*.

What current authors do you admire most?

I admire both Jon Clinch and Andre Aciman. Jon Clinch's ability to retain his own identity while emulating the writing styles of such masters as Dickens and Twain is remarkable, and I love the angst and humanity inherent in Andre Aciman's characters.

What kind of reader were you as a child?

As a child, I read a lot of Golden Books and fairy tales. When I en-

tered adolescence, I took out the novel *Yearbook* by David Marlowe from the library, and I was hooked. The gay overtones in the book gave me characters I could identify with at a time when my own burgeoning sexuality was considered unacceptable. It was then that I discovered the extraordinary power of books.

What books might people be surprised to find on your shelves?

I collect novels, particularly those made into motion pictures during the 40s, 50s, and 60s. So, you might be surprised to find that I have original hardcover editions of *Midnight Cowboy* by James Leo Herlihy, *The Stepford Wives* by Ira Levin, and *Myra Breckinridge* by Gore Vidal.

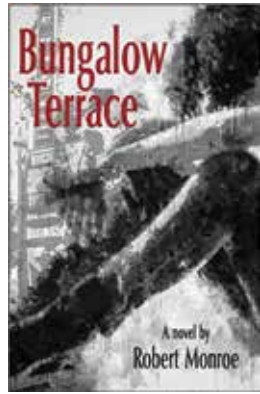
What are you working on now?

I am working on a novel titled *The Summer of Our Discontent*. It's the story of a 31-year-old woman who auditions for a third-rate summer dinner theater in an attempt to escape the drudgery and monotony of her life and, in the process, rediscovers herself.

How difficult was it to find a publisher?

It was complicated to find a publisher. I spent five years querying agents and discovered my biggest hurdle was word count. The number of words my book entails is greater than the 90,000 to 120,000 words deemed acceptable for contemporary fiction.

It wasn't until I started looking in my own backyard that I discovered a non-traditional publisher who was less concerned with word count and more concerned with the merits of my novel.



The butterfly lady

by Valerie Marier

Last week I was attempting to extricate a shopping cart near the



front door at Hannaford's but the wheels were stuck. I pushed, pulled and finally jarred it loose, simultaneously bumping into a lady standing behind me. I apologized and said, "I hope you're okay. I didn't mean to hit you."

With that, she pulled a two-inch paper butterfly out of her pocket and said, "Please

take this. Butterflies are messengers and heralds of joy. They're also a lucky charm during cycles of change in your life, so this may bring you luck." With that, she turned to leave.

I said, "Please wait. Who are you? And why did you give this to me?"

She answered, "I'd rather not state my name. Just call me the Butterfly Lady. Wherever I go, I often sense that people might need a little extra happiness, so I give them a butterfly. You were polite and you smiled when you accidentally

ran into me, and I wanted to thank you."

The Butterfly Lady has been asked to appear on local television and other media outlets in Maine. "I'm not doing that," she said. "I just want to brighten up someone's day." She's been spreading "joy" from Kittery to Biddeford for seven years now.

Be on the alert the next time you go food shopping. Apparently, she finds supermarkets good spotting grounds.

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Team Crusaders of Port City Athletics in South Portland won the D2 Summit Championship in the L3 Senior Coed - Medium division cheering competition, scoring 98.8 out of 100 points. The premier end-of-season event hosted by Varsity All Star took place May 5-7, 2023, in Orlando, Florida. The Crusaders, with team members from across Southern Maine, including Kennebunk, had secured a berth at the Summit with a win at the National Cheerleading Association meet in Dallas in February of this year. Photo courtesy of Port City Athletics

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The Brunswick
May 5: 8:30 PM, Clayton Blanck
& The Stoney Coast
May 6: 2-6 PM, Ben Lyons & Brian Rex Duo
May 6: 8:30 PM, Something Stupid
May 7: 2-6 PM, Quiet Riot Act
May 12: 8:30 PM, 12/OC
May 13, 1-5 PM, Tickle
May 13: 5-8 PM, Gonna & Keith
May 13: 9 PM, Motor Booty Affair
May 14: 1-5 PM, Quiet Riot Act
May 19: 8:30 PM, Bad Habit
May 20: 1-5 PM, 3 OF 6
May 20: 8:30 PM, Stolen Mojo
May 21: 1-5 PM, Quiet Riot Act
May 26: 8:30 PM, 12/OC
May 27: 1-5 PM, The Last of the
Duke Street Kings
May 27: 8:30 PM, Tickle
May 28: 1-5 PM, Clayton Blanck &
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May 11: 5-8 PM, Isaiah Bennett
May 12: 7-10 PM, Ben Kilcollins
May 13: 7-10 PM, Steve Dennis
May 14: 12-3 PM, Maddi Ryan
May 18: 5-8 PM, Isaiah Bennett
May 19: 7-10 PM, Lucas Roy
May 20: 7-10 PM, Vernon Northover
May 21: 2-3 PM, Maddi Ryan
May 25: 12-3 PM, Isaiah Bennett
May 26: 7-10 PM, Krystian Beal
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The Dance Hall Kittery
May 5: 7:30-9 PM, David Surette
Mandolin Festival
May 6: 7:30-9 PM, Neil Perlman
May 7: 3-4:30 PM, Bedford Big Band
Feat. Greg Abate
May 12: 7:30-9 PM, The Mari Black Trio
Fiddling Around the World

May 13: 7:30-9 PM, Randy Armstrong &
World Beat Marimba Feat. Ben Baldwin
& Stairwells Quartet

May 19: 7:30-9:30 PM, North Sea Glass
May 20: 7:30-9 PM, Gina & the Red Eye
Flight Crew

May 26: 7:30-9 PM, Soggy Po Boys
May 27: 7:30-9 PM, Clements Brothers
The Dance Hall, 7 Walker Street, Kittery
www.thedancehall.org
Tickets Needed

Elements
May 5: 6:30-8 PM, Sigrid Sibley
May 6: 6:30-8 PM, Dominic Lavoie
May 12: 6:30-8 PM, Dana Pearson
May 13: 6:30-8 PM, Suzie Assam
May 19: 6:30-8 PM, Susanne Gerry
& Owen Conforte
May 20: 6:30-8 PM, The Empress
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www.nonantumresort.com | 967-405

The Pilot House
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www.thepilothouseme.com | 204.0709

Town House School Kennebunkport
Historical Society
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May 13: 5-8 PM, AJ Caron
May 19: 5-8 PM Paul Chase Jr.
May 20 5-8 PM Phil Maurice
May 26: 5-8 PM Freddy Dame Jr.
May 27: 5-8 PM Phil Maurice
May 28: 5-8 PM Scot Stinson

Exit Laughing a crowd pleaser

by Steve Hrehovcik

Four loyal bridge playing gals – Connie, Leona, Millie and Mary – gather for their weekly game at Connie's house. But there's a problem: one of them, Mary, is dead.

In spite of spending the evening as ashes in an urn, Mary plays a major role in the laugh-filled comedy *Exit Laughing* appearing at the Biddeford City theater.

The fun starts when college student Rachel, played by Jessica Rogers, storms into the living room, disgusted with all men because she was stood up for her first date with a classmate, Bobby Grayson.

Rachel's mom Connie, played by Rebecca Cole, a long-time divorced woman who has settled into a sedentary, non-adventurous life, does her best to console Rachel.

Arriving for their regular bridge game, Leona, played by Rebecca Rinaldi, heads for the liquor cabinet – and steady refills throughout the night. This helps her add a tipsy bedlam to the commotion caused by Mary's unexpected visit.

Millie, played by Katherineine Davis, has a ditzzy naive nature you just gotta love. You can understand

why, in her innocent gullibility, she would steal Mary from the funeral parlor where she was cremated and placed in an urn. After much confusion by Connie and Leona about Mary joining their bridge game, they place the urn at Mary's usual spot at the game table.

The evening livens up when Mary, who knew she only had a short time left, had arranged for a policeman, played by Zimra Winters, to show up at the front door.

The girls fear they will be arrested for stealing the urn. But they soon discover the policeman is, in fact, a stripper.

Alarmed at first, they warm up to the idea, as the policeman, with music blaring from his portable radio, sheds one article of his uniform after another.

He's down to his skivvies when Rachel comes down from her bedroom to find out what's causing all the racket. Shocked to see the girls – especially her mother – cavorting with a near nude stripper, she becomes even more outraged to learn the stripper is Bobby Grayson, the classmate who stood her up.

Among the frivolity of the evening comes a poignant moment that de-

scribes the true friendship of the four bridge players. As they romp around the room, they find a package sent by Mary before she died. When they open the package, they realize Mary amassed a sizeable bank account over the years.

In the package is a check for Bobby to pay for his education, along with airline tickets for the girls. Mary wanted them to go to the places she had always dreamed of visiting, but never got the chance to go. It was Mary's way to "exit laughing."

Exit Laughing was written by Paul Elliott and has been a popular show with theater companies across the country.

Producer/Director Linda Sturdivant staged the production with non-stop laughs and dramatic surprises.

Exit Laughing continues through Sunday, May 28 with performances on Friday and Saturday at 7:30 PM and Sunday matinees at 2 PM.

City Theater is located at 205 Main Street, Biddeford. For tickets call 207-282-0849 or visit www.citytheater.org.



Cast member of *Exit Laughing* at City Theater Rebecca Cole, Kate Davis, Rebecca Rinaldi. Mary is in the urn. Courtesy photo

A comedy about all the fun you can have when you're truly living.

EXIT
Laughing

a comedy by Paul Elliott

May 12th-28th

Fridays & Saturdays at 7:30pm
Sundays at 2:00pm
No performance on May 14th

Tickets Available for Online
Purchase at CityTheater.org
or Call (207)282-0849

BIDDEFORD MAINE'S HISTORIC OPERA HOUSE
City Theater
HEART OF THE PERFORMING ARTS

Send your questions to rsimon@legacysir.com



Q: We have interviewed and met with several brokers as we move toward selling our condo. One of the things that several of the brokers mentioned was using a lock box on the property. This way it appears that the broker that we hire is not present for the showing and buyers and their broker, none of whom we know, are walking through our home. That feels totally unacceptable to us. We are totally uncomfortable with the idea of having strangers walk through our home alone. Also, from a sales perspective that does not seem like a positive way to show the place and highlight the positive aspects of it and answer any questions that the buyers have. We will not hire any of the brokers who use the lock box. It seems totally like something that no sellers would want. Just wondering your take on this issue. Aaron and Beth

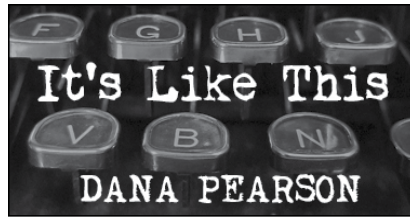
A: I understand your dilemma. Every broker has a different approach to marketing and showing a property. Many of them do use Lock Boxes if their clients are comfortable with it and many of them do not. Without question, it is a mixed issue. Personally, I do not use them for my listings as it is something that does not resonate in any way to me. But, as in all businesses, each individual has their own methodology and it has to meet the needs of their client.

Q: We have been trying to sell our place for quite awhile and have had showings but no offers. Is this indicative of the marketplace right now or should we be concerned? Always appreciate your perspective. Thanks, Michael and Michelle

A: This is a question that I am often asked during this time. Yes the market is difficult to access during this time. You need to sit down with your broker and evaluate what is going on in your specific location. Your broker will be able to show you data of what is going on. That information will help you ascertain what you need to do, if anything. It is your broker's job to help you understand the market.

Randal Simon has been a real estate broker for over 30 years. His column was in the Portland Press Herald for many years; he is now pleased to be participating locally in Tourist & Town. He has been a contributor to The Wall Street Journal, Unique Homes and The New York Times.

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It's been a love-hate relationship. There are times when she's been supportive and helpful, guiding me along the path with clear directions, always there to patiently correct me when I've made a mistake. At other times, she's led me so far astray that I wonder if she's fueled by malicious intent.

I am, of course, talking about my Google Maps woman. Now, I know she's not a woman. I am fully aware that it's an algorithm, an artificial intelligence, and not a disembodied yet sensual voice of an operating system that I'm in danger of falling in love with (first of all, I'm married; secondly, she doesn't sound like Scarlett Johansson; and thirdly, if you haven't seen Spike Jonze's brilliant 2013 film Her, do so). Even with all that, I do interact with her (yes, I'm using feminine pronouns), as does Diane – you know, my wife, who is not at all concerned about my relationship with her – meaning the other her, the Google Maps woman, whom I have yet to name – so it can't be serious then, can it? (For the purposes of this article, though, I cannot call her Google Maps woman, and will settle on...Loretta.)

So a couple weeks ago, Loretta and I went down to western Massachusetts to visit my mother. I didn't need her on the way down there, because I know the route blindfolded. Coming home, however, was

Continue for 42 miles, my darling

another matter, since I had vowed upon everything holy and sacred in the universe that I would not return by way of Route 495 again, since the highway that morning had been so backed up that I recommended it adhere to a high-fiber diet.

Diane and I had once returned to Maine via Vermont and New Hampshire; while it guaranteed steady forward motion, the route was physically longer and could not be completed in less than three hours. Like I said, we did it just the one time. But, since it was just Loretta and me, and there were no time constraints, I figured I'd take the long road home.

But I'd need a bit of guidance, so I put Loretta's volume up high and headed north on Route 91 from Whately into Vermont. It was an overcast afternoon, and I was grateful for the change in scenery; taking the same route time and time again can become monotonous; just ask Loretta.

She led me off Route 91 at Brattleboro, immediately crossing the state line into New Hampshire, guiding me along Route 9 toward Keene.

It's a lovely wooded stretch that ends abruptly in a developed area just before Keene where the roadway comes to a 90-degree left turn at a traffic light. Loretta calmly talked me through it, just as she had been calmly offering travel advice every few miles for the past hour. But then, as Route 9 departed the environs of Keene, taking the next stage of the journey to Concord, she uttered the most remarkable statement: "Continue for 42 miles."

I was simultaneously pleased and saddened: Pleased that I could drive 42 miles uninterrupted; saddened that I would have to drive 42 miles without hearing from Loretta. I wasn't in the mood to listen to music (shocking, I know), so the next half hour – I mean 40 minutes, yes, it was 40 minutes, not 30, I swear – was pretty quiet. And just plain pretty. For quite a few miles, Otter Brook hugs either side of the road, and since it had been raining the previous few days, the brook was rushing dramatically along the edge of the woods. I wish Loretta – I mean Diane – could have seen it.

My non-romantic operating system piped up soon enough, guiding

me out of Concord down toward Durham along Route 4. Now, at that point, I knew the rest of the way home. The landscape was becoming familiar; the sense of adventure was fading. I was about to close Google Maps when I decided not to. I'd spend a little more time with Loretta, even though she wouldn't be saying anything I needed to hear.

She talked me through Durham and Dover and back into Maine and through the Berwicks to Wells and – finally – Kennebunk. Having come this far with Loretta, I wasn't about to shut her down after she said, "In a quarter mile, your destination will be on the right." Somehow, that would be rude. Well, virtually rude.

I slowed the car, right directionals blinking, and as I turned into my driveway, I was rewarded for my determination to stick it out with Loretta the entire way, because it was then that she said, in her calm voice, something I'd never heard her say before: "Welcome home."

If Loretta had tagged my name onto the end, Diane might have cause to fret.

dana@touristand-town.com

Publishing Calendar 2023

ISSUE DATE	ADS/PR DUE	ISSUE DATE	ADS/PR DUE
February 2	January 25	August 3	July 26
April 6	March 29	August 10	August 2
April 20	April 12	August 17	August 9
May 4	April 26	August 24	August 16
May 18	May 10	August 31	August 23
June 1	May 24	September 14	September 6
June 15	June 7	September 28	September 20
June 29*	June 21	October 12	October 4
July 6	June 28	October 26	October 18
July 13	July 5	November 9	November 1
July 20	July 12	November 23**	November 15

* Summer weeklies begin
** The Holiday Issue

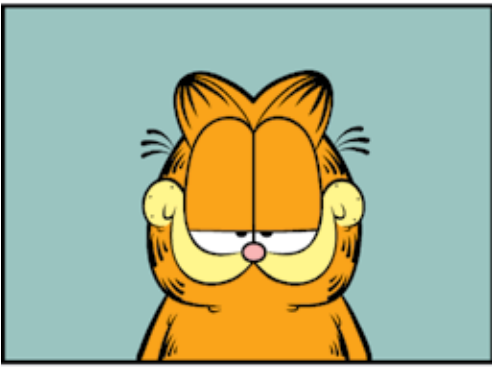
+ 4 Editions of Tourist & Town's Magazine (eadlines for magazines TBA)

Tide Chart

May 17 – May 31

Wednesday, May 17 Low 04:01 AM...-0.36 High 10:14 AM...9.61 Low 04:16 PM...-0.05 High 10:34 PM...10.39 Sunrise: 5:16 AM Sunset: 8:00 PM	Monday, May 22 High 01:24 AM.....9.7 Low 07:51 AM.....0.18 High 02:06 PM.....8.26 Low 07:53 PM.....1.46 Sunrise: 5:11 AM Sunset: 8:05 PM	Saturday, May 27 High 05:35 AM.....8.36 Low 12:02 PM....1.44 High 06:18 PM....7.79 Sunrise: 5:08 AM Sunset: 8:10 PM First Qtr: 11:23 AM
Thursday, May 18 Low 04:51 AM...-0.56 High 11:04 AM....9.48 Low 05:01 PM....0.13 High 11:18 PM...10.42 Sunrise: 5:15 AM Sunset: 8:01 PM	Tuesday, May 23 High 02:09 AM.....9.35 Low 08:37 AM.....0.56 High 02:53 PM....7.96 Low 08:39 PM....1.76 Sunrise: 5:11 AM Sunset: 8:06 PM	Sunday, May 28 Low 12:15 AM....2.12 High 06:29 AM....8.28 Low 12:51 PM....1.43 High 07:08 PM....8.03 Sunrise: 5:07 AM Sunset: 8:11 PM
Friday, May 19 Low 05:38 AM...-0.58 High 11:51 AM....9.25 Low 05:44 PM....0.4 Sunrise: 5:14 AM Sunset: 8:02 PM New Moon: 11:54 AM	Wednesday, May 24 High 02:56 AM.....9.02 Low 09:26 AM.....0.92 High 03:43 PM....7.74 Low 09:28 PM....2.01 Sunrise: 5:10 AM Sunset: 8:07 PM	Monday, May 29 Low 01:09 AM....1.92 High 07:21 AM....8.27 Low 01:37 PM....1.37 High 07:54 PM....8.34 Sunrise: 5:06 AM Sunset: 8:12 PM
Saturday, May 20 High 12:00 AM...10.29 Low 06:23 AM...-0.45 High 12:36 PM....8.95 Low 06:27 PM....0.74 Sunrise: 5:13 AM Sunset: 8:03 PM	Thursday, May 25 High 03:47 AM....8.73 Low 10:17 AM.....1.2 High 04:34 PM....7.63 Low 10:22 PM....2.16 Sunrise: 5:09 AM Sunset: 8:08 PM	Tuesday, May 30 Low 02:00 AM....1.62 High 08:11 AM....8.3 Low 02:20 PM....1.28 High 08:36 PM....8.69 Sunrise: 5:06 AM Sunset: 8:13 PM
Sunday, May 21 High 12:42 AM...10.03 Low 07:07 AM...-0.17 High 01:21 PM....8.61 Low 07:09 PM....1.1 Sunrise: 5:12 AM Sunset: 8:04 PM	Friday, May 26 High 04:41 AM....8.51 Low 11:10 AM....1.37 High 05:27 PM....7.65 Low 11:18 PM....2.21 Sunrise: 5:08 AM Sunset: 8:09 PM	Wednesday, May 31 Low 02:47 AM....1.24 High 08:59 AM....8.39 Low 03:01 PM....1.17 High 09:17 PM....9.08 Sunrise: 5:05 AM Sunset: 8:14 PM

Note: The number for each high and low tide indicates the height in feet above or below sea level. This chart shows tides for the mid-coast of York County; tide times are a few minutes earlier to the north (Old Orchard Beach) and a few minutes later to the south (York Beach). Tides are affected by the weather and cycles of the moon; the actual times and tide heights can differ slightly from the predictions above.



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JIM DAVIS 4-9



Memorial Day 2023 Weekend Menu

APPETIZERS:

- Cape Porpoise Clam Chowder \$ 13.95 QT
- Mini Maine Crab Cakes with Lemon Dill Aioli \$36.00 doz
- Maple Glazed Scallops Wrapped in Applewood Smoked Bacon \$34.00 doz
- Deviled Eggs: with Smoked Salmon or Chives \$20/doz, \$18/doz
- Smoked Salmon Dip \$18.99/lb
- Cheese & Charcuterie Platter w/ Fresh Fruit & Crackers \$10.00 per person
- Minimum \$ 40.00.

MAIN COURSE SELECTIONS:

- BBQ Baby Back Ribs: Rubbed, Roasted, Bourbon Glazed \$21.99/lb
- Buttermilk Fried Chicken (Legs Thighs, Breasts) \$16.99/lb
- Marinated & Grilled Flank Steak w/ Chimmi Churri Sauce \$24.99/lb
- Grilled Atlantic Salmon w / Mango Salsa \$27.99/lb
- Lobster Salad- Fresh Lobster Meat, Lemon Zest Mayo MKT
- Lobster Mac & Cheese MKT & Lobster Rolls MKT

SALADS & SIDES:

- Grilled Chicken Salad w/Snap Peas, Bell Peppers & Lemon Thyme Vinaigrette \$16.99/lb
- Country Style Potato Salad w/ Bacon, Egg, Scallion, Herbed Mayo \$8.99/lb
- Summer Slaw \$6.99/lb
- Fresh Corn Salad w/ Red Onion & Basil \$ 9.99/lb
- Grilled Spring Vegetables \$ 10.99/lb
- Twice Baked Potatoes w/ Sour Cream, Bacon & Chives \$4.99 ea

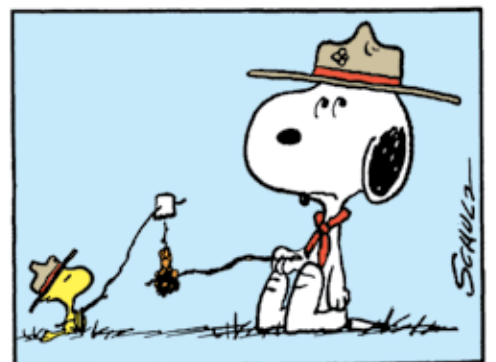
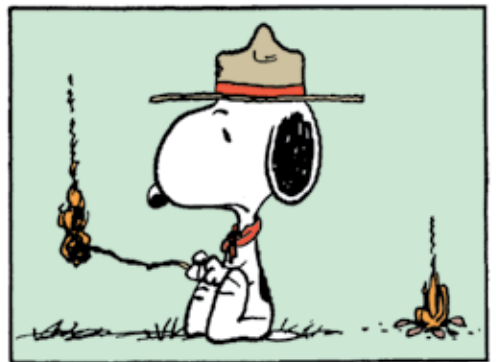
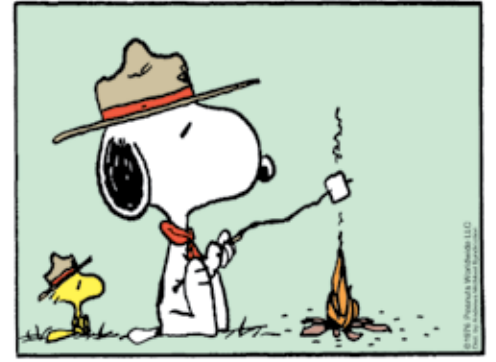
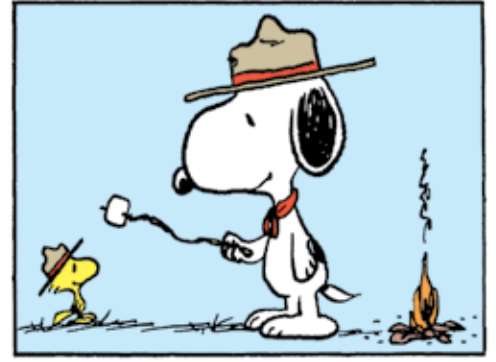
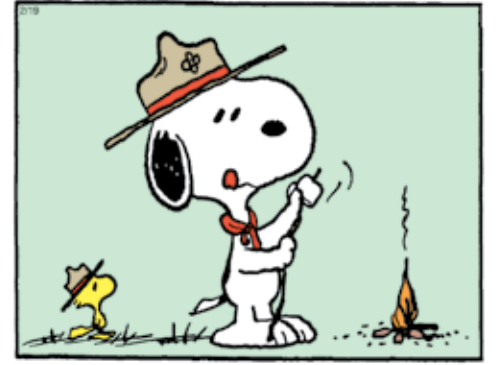
DESSERT:

- Pies: Wild Maine Blueberry, Strawberry Rhubarb, Apple & Tri-Berry \$18.99
- French Silk, Key Lime Pies \$23.99
- Assorted Cup Cakes \$ 3.49 +, Jen's Classic Whoopie Pies - \$ 3.49 ea
- Assorted Fresh Baked Cookies & Bars - MKT

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The Saltwater Fishing Report: A Season Preview

by Captain Greg Metcalf

Memorial Day Weekend 2023 is upon us and so is the beginning of the summer tourist and saltwater fishing season.

The early reports for haddock fishing on Jeffrey's Ledge have been very. The local rivers are already full of small baitfish, herring as well as shad. Striped bass have moved in along the local beaches and in the rivers.

This year's early arrivals seem to be larger than last year's body of fish. 2023 is shaping up to be a great fishing season.

The state fishing regulations for striped bass remain unchanged from the 2023 season for now but these regulations in the very near future. For now, fishermen may possess one striped bass per angler between 28 inches and 35 inches in length.

This slot limit is due to change before July 4th to one fish per angler per day between 28 inches and 31 inches in length. There will be an official announcement by the state of Maine when this new law goes into effect.

Kennebunkport: Charter boats in the Kennebunk River are all getting ready for the 2023 season. Mackerel will soon arrive and striper fishing will really take off.

My boat the *Striper Swiper* will be at the Break-

water Inn and Spa once again. We start running charters on Memorial Day Weekend. Additional charter boats can be found at the Nonantum Resort, as well as at Performance Marine.

Local charter boats will be participating in the Fishing for Freedom event this year on June 8th. Fishing for Freedom honors the Wounded Heroes of Southern Maine and is hosted by the Nonantum Resort.

Many of the local charter boats and captains from Kennebunkport and Wells donate their boats and time to these very worthy group local heroes to whom we all owe so much. Local businesses and organizations also donate services and time to make this an outstanding event in their honor.

Catch the boat parade as we exit the harbor through the jetty at 10:15 AM on June 8, to wave and support our wounded heroes.

Wells, Ogunquit: Webhannet Bait and Tackle told me he has heard reports of huge numbers of school-size stripers in the Merrimack River, not too far down the coast in Massachusetts. There have been local reports school-sized fish in the surf off the beaches, rivers and marshes.

Hopefully it won't be too long fishing off the southern Maine coast will



Hopefully jumbo stripers like this 44-inch striped bass that was caught by Chris Henchey aboard the *Striper Swiper* last September will be plentiful in 2023.

turn on. Offshore fishermen are already doing well catching pollock, redfish and haddock using both bait and jigs.

York: Captain Phil Breton from Breton Charters told me there have been several reports of mid-sized school-size striped bass in the York River. He has not seen or heard of any reports of mackerel to date.

Saco River and Saco

Bay: Captain Cal Robinson of Saco Bay Guide told me the early report from the Saco River are looking very favorable. The river is loaded with shad and alewives so the bass fishing has already begun should be in full swing by Memorial Day weekend.

Captain Cal and his boat the *Amy Vee* runs out of Camp Ellis in the Saco River and is available again this season.

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Universal Crossword

Edited by David Steinberg January 17, 2023

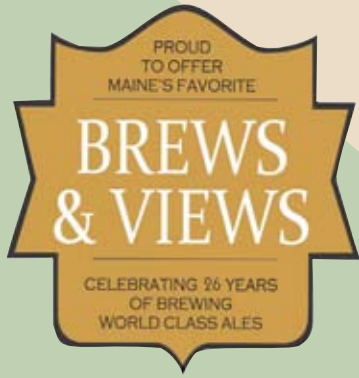
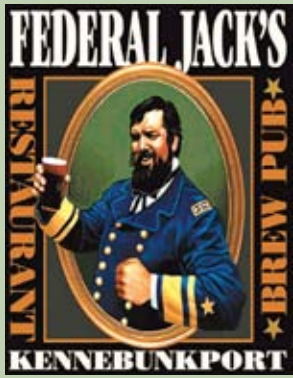
ACROSS

- 1 Avian symbols of wisdom
- 5 Avian symbol of peace
- 9 Likelihood
- 13 Two-tone cookie
- 14 Name that sounds like a corned beef sandwich
- 15 Sob
- 16 Landscaper's digging tool
- 18 Grandma
- 19 Eerie
- 20 Light-colored beers: Abbr.
- 22 It saves TV shows
- 23 Lightbulb unit
- 25 Stops doing
- 27 It's lit!
- 30 Spy's recording tool
- 33 Get more mature
- 34 Show host
- 35 Taco (fast-food chain)
- 36 Appreciative word in a text
- 38 Form of dance for Savion Glover
- 39 Notions
- 42 It's rolled out for yoga
- 43 Apportion
- 45 Empire State sch.
- 46 Architect's drafting tool
- 49 Thorny part of a rose
- 50 One-dimensional
- 51 "Ouch!"
- 53 Driver's licenses, e.g.
- 54 Male deer
- 57 Words of confession
- 61 Dark hours, informally
- 63 Red herring or love triangle ... or
- 65 Was aware
- 66 Four-time Grand Slam singles champion
- 67 Not odd
- 68 Fairy-tale fiend
- 69 Collared shirt
- 70 Young fellas
- DOWN**
- 1 Sounds of amazement
- 2 Rolled-up lunch
- 3 "Jaywalking" comedian
- 4 "Same for us!"
- 5 Pair
- 6 "Duh!"
- 7 Prez's right hand
- 8 Intertwine
- 9 Bring your bottle
- 10 Completely quiet
- 11 Type of omelet that may have originated as a sandwich in the American West
- 12 Thinly distributed
- 14 What a drummer keeps
- 17 Genre related to rocksteady
- 21 "That email is ready to go!"
- 24 Little mint
- 26 Amazed
- 27 "Salt, ____, Acid, Heat" (Samin Nosrat cookbook)
- 28 "That's disgusting!"
- 29 Luca in Disney's "Luca" or the kraken
- 31 Gave a hand, in a way
- 32 Position, as troops
- 34 Background actors
- 37 FiveThirty-Eight founder Silver
- 40 Congressional "yes"
- 41 Total
- 44 Maker of Tater Tots
- 46 Popular pricing game on "The Price Is Right"
- 47 On a roller coaster, say
- 48 "Creative" genre for Bjork and FKA Twigs
- 49 Turn in a chair
- 52 Poem of dedication
- 55 "Let me add ..."
- 56 Objective
- 58 Exploding star?
- 59 Like many cold lattes
- 60 Hamilton's bills
- 62 Milk producer for Manchego cheese
- 64 Boxing ring call: Abbr.

There's a Twist! by Taylor Johnson

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Crossword solution on page 20!



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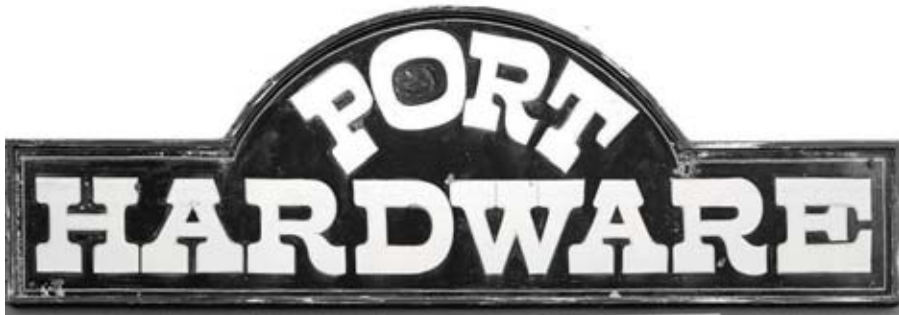


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