# TOURSTATOWN

FREE

Volume 65 Issue 8 June 29, 2023



CELEBRATING SOUTH COASTAL MAINE SINCE 1958
VOTED BEST LOCAL PUBLICATION 2019, 2020, 2021 & 2022

Our mission is to be an indispensable guide to life in South Coastal Maine, a champion for local businesses and a source of entertainment and goodwill for locals and tourists alike.

# **FOURIST&TOW**

#### **SERVING SOUTH COASTAL MAINE SINCE 1958**

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**Valerie Marier i**s a wife, mother and grandmother, who enjoys knitting, reading, golf and travel, and writes about them in her blog Wandering With Val. www.wanderingwithval.com



**Jo O'Connor** is a mother of twins and founder/lead singer of the local band The Dock Squares. She teaches Zumba and aqua classes and is a marketing communication professor. ifboconnor@gmail.com



Dana Pearson is a writer and musician living in Kennebunk with his wife Diane. His books can be found at amazon.com/ author/danapearson. dana@ touristandtown.com

#### **Publisher's Note**

"You are so much sunshine in every inch." (Walt Whitman)

My daughter Daisy definitely resembles this quote, especially when she stops in her tracks to comment on the sweetness of summer air (something she does routinely) and how great it is to just pause and take a whiff.

I look at her and think how powerful it is to be able to stop, pause and focus on the simple, good stuff. It's one of life's little gifts - that ability to appreciate (if we stand still long enough to do so). It's one of life's little freedoms.

With Independence Day around the corner, my mind turns to thoughts of freedom – in this case, those day-today moments of sweet freedom that come in countless different flavors.

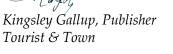
They come as freedom of opinion and expression. They come as freedom to be who we are. They come as freedom to relax, enjoy, and unapologetically belly laugh. They come as freedom to extend ourselves, give of ourselves, and actively love.

I made a promise to myself while writing last week's publisher's note to spend some time doing absolutely nothing this summer – and even though the very thought of it makes me restless, there's something good in that brand of boredom. There is opportunity. Maybe it's the chance just to spend some time in nature - and nature always enjoys its freedom.

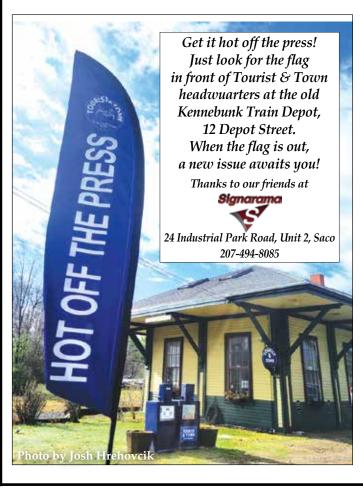
Make room for those little freedoms, then savor them. They're bigger than you think.

Happy Independence Day everyone.









#### On the Cover: Lori Mehta

Our world is complex. We are inundated with information, social media, technology, and overpowering visuals. Quiet moments and things often go unnoticed, as we juggle the pace of our modern day world. As my children got older, and this pace subsided a bit, I noticed that



my fondest memories were not those of grandeur, but that of a recognizable gesture, or an unsung moment, those which we often see out of the corner of our eye. I hope my paintings help the viewer reconsider the beauty of the ordinary and evoke relatable moments.

The process of painting is invigorating. It is also a period of time in which I have trained myself to shut out all distractions. There is a purity to this state of mind. I create art because nothing gives me a greater sense of calm and purpose. FMI lorimehtaart.com

#### **Happy News**







Some of you are finding us tucked into the Maine Sunday Telegram today, thanks to our exciting new partnership with the Portland Press Herald.

Now, in addition to our local distribution to hundreds of drop sites throughout coastal York County, *Tourist & Town* is inserted into the *Maine* Sunday Telegram. What an incredible honor this is for *Tourist & Town* and its readers.

If this is your first time reading our publication, now in its 65th year, we hope you enjoy it. And be on the lookout for the summer edition of our quarterly magazine, available soon. Please see the facing page for more information on our publications.

#### Publishing Calendar 2023 Remaining 2023 Newspaper Dates

ISSUE DATE ADS/PR DUE
June 29* June 21
July 6 — June 28
July 13 — July 5
July 20 — July 12
July 27 July 19
August 3 — July 26
August 10 August 2
August 17 August 9
August 24 August 16
August 31 August 23
September 14 — September 6
September 28 — September 20
October 12 — October 4
October 26 — October 18
November 9 — November 1
November 23**— November 15
* Summer weeklies begin ** The Holiday Issue

**VOTED BEST LOCAL PUBLICATION 2019, 2020, 2021 & 2022** 





# Independence Day Celebrations Fireworks, parades, road races and more!

#### In York:

Saturday, July 1

**Fireworks,** 9 PM, York Harbor Beach, Hartley Mason Park

Tuesday, July 4

Four on the 4th Road Race, York High School. Registration open until 8 PM, July 2. Pick up bib and shirt day of race at York High School between 6:30-7:25 AM. The race begins at 7:30 AM sharp.

Fireworks, 9 PM, Short Sands Beach

#### In Ogunquit:

Tuesday, July 4

**Fireworks**, 9:15 PM, Ogunquit Beach. Fireworks can be seen from Main Beach to Footbridge Beach.

#### In the Kennebunks:

Monday, July 3

**29th Annual July 4th 5K Road Race**, Goose Rocks Beach, 9 AM start at the Community House. Hosted by Goose Rocks Beach Association. Registration begins at 7 AM and number pick-up begins at 8 AM. Online registration will be open until midnight June 30. After that, register in person on race day.

Tuesday, July 4 Fireworks, 9 PM, Kennebunk Beach

#### In Sanford:

Monday, July 3

Block Party, Number One Pond

Vendors open at 4 PM; Water Ski Show Warm ups at 6 PM; Water Ski Show at 6:30 PM; Music starts 7:30 PM (with Fireball); Fireworks launch at 9 PM.

#### In Saco:

Monday, July 3

Fireworks, Funtown/Splashtown USA, 9:30 PM, US Route 1, 774 Portland Road, Saco. Fireworks In the rear parking lot. Have fun by day and fireworks by night! Rain date July 4.

#### In Old Orchard Beach & Ocean Park:

Monday, July 3

**37th Annual Ocean Park Sand Sculpture Competition**, 2-5 PM, Randall and Ancona Avenues, Ocean Park. Register to be a part of the competition. Judging begins at 4:30 PM. Winners will be announced at 5 PM. FMI: (207)934-9068 or visit: oceanpark.org/calendar.

**Fireworks at Palace Playland,** 9:45 PM, 1 Old Orchard Street, Old Orchard Beach.

#### Tuesday, July 4

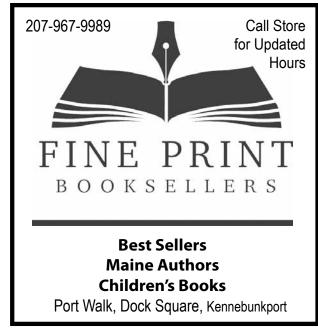
Saco Bay Artists-Art in the Park, 9 AM-4 PM, Ocean Park's Memorial Library (11 Temple Ave.)

Ocean Park 73rd Annual Independence Day Parade, 10-11 AM, Bell Tower at 50 Temple Avenue, Ocean Park.

Seaside Pavilion Concert Series: 195th Army National Guard Band, 7 PM, Seaside Pavillion, 8 6th Street, Old Orchard Beach. What better way to celebrate Independence Day than with the 195th Army National Guard Band? Parking opens at 5:30 PM. Gates open at 6 PM and showtime is 7 PM. FMI seasidepavillion.org

Fireworks at Palace Playland, 9:45 PM, 1 Old Orchard Street, Old Orchard Beach

Did you know?
Old Orchard Beach sets off fireworks
every Thursday night in the summer
(through August 24, 2023), weather permitting,
by the Pier and Palace Playland!





Current Stories
Local News and Reviews
Arts and Entertainment Listings
Upcoming Events and Activities
Expert Fishing Reports and Tide Charts

Bi-weekly April-November (weekly in summer)

And Loads of Added Surprises

TOUR! TOUR TOUR TOURISTRIOWN



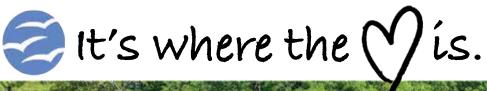
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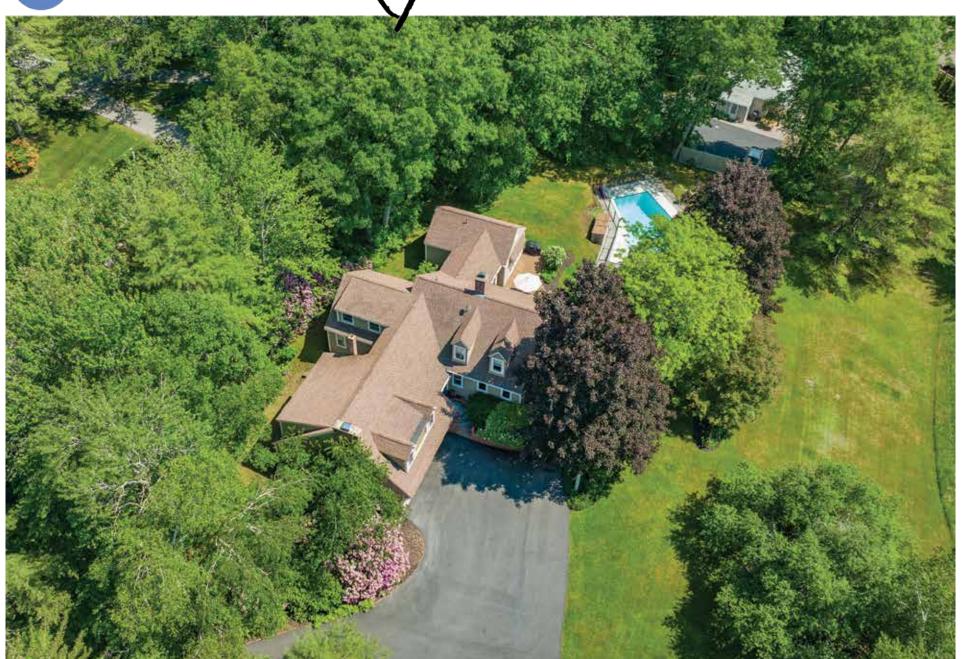
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#### Two new shops open in Dock Square

by Valerie Marier

Visitors and locals strolling along Port Walk in Kennebunkport experience countless temptations as they pass the flower-bedecked coffee, candy and ing once home to Shell branch of Kate Nelligan's

will multiply big time.

book stores in the heart of Shack, two new individ-Dock Square. Starting on ual shops are opening for July 1, those temptations business: The Lobstore ("a clawfully good gift shop!") At the far end of Port run by Deb Lennon, and Walk, in a shingled build- Go Fish (a "fishy and fun"

popular Local Color). The co-renters are good pals who are "delighted to be neighboring with other great merchandisers on this sweet little street."

The Lobstore will feature "everything lobster," including books, crustacean-themed apparel, kitchenware and unique household items by Thomas Paul. Lennon says, "Our price range is \$2 to under \$100, and it's all whimsical and lobstery." (Of note too: the Lobstore's windows offer an amazing view of the Kennebunk River.)

Go Fish is the masterwork of Kate Nelligan, a nationally recognized designer and graphic artist. Her Local Color shops in Kennebunkport and Portland are a technicolor motherlode of pillows, melamine tableware and clothing. "But," she says, "the new shop, which is only steps from the Port's Local Color, will be a little

-continued on next page



Two good friends open two cool new stores on Port Walk in Kennebunkport. Both photos by Kate Nelligan







different. More fish apparel, darker colors, plus nautical sweatshirts, hoodies and tee shirts. We'll range in price from \$2.50 to \$250."

For Kate Nelligan (whose motto is: "Life is too short for beige!"), Go Fish allows her to differentiate her ample mer-

tough to sell fish pants next to high end linen dresses, but that's what we've been doing at Local Color. Now show my whole line."

Deb Lennon added, "I've come full circle because, years ago, I owned this building. I've always

chandise. She admits, "It's loved the location and am thrilled to be back here showcasing Maine's iconic lobster."

The Lobstore and Go I'll have more space to Fish are located steps from Kennebunkport's Dock Square at the end of Port Walk. Hours will be 10AM to 8 PM daily, with opening day on July 1.

#### **Model of Positive Living Award**

The Center is seeking nominations for its 9th Annual Model of Positive Living Award, an award given to a community member who is 50 or older and makes a difference in the lives of others through kind gestures, volunteerism and a can-do attitude. Visit seniorcenterkennebunk.org, call 967-8514 or email info@seniorcenterkennebunk.org to nominate. The deadline is August 1.





The former Shell Shack on Port Walk, Kennebunkport, will now be two stores: the Lobstore and Go Fish. Here's how they look from the other side of the Kennebunk River.







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#### Farmers' Market Roundup

#### Kennebunk Farmers Market

Saturdays, 8 AM - 12:30 PM May - November Garden Street Lot www.kennebunkfarmersmarket.org

#### **Kittery Community Market**

Sundays, 10 AM - 2 PM June 4 – November 19 Post Office Square 10 Shapleigh Road, Kittery www.kitterycommunitymarket.com

#### North Berwick

Thursdays, 3-6 PM June - September Mill Field, 10 Canal Street, North Berwick

#### Saco Farmers' Market

Saturdays 8 AM-12 PM Saco Valley Shopping Center, Saco www.sacofarmersmarket.com

#### Sanford/Springvale

Saturdays, 8 AM-12 PM May through October with a market the Saturday before Thanksgiving Central Park (across from City Hall) Sanford www.sanfordfarmersmarket.org

#### Wells Farmers' Market

Wednesdays, 1:30-5 PM June – September Wells Library, Post Road, Wells www.wellsfarmersmarket.org

#### York Farmers' Market

Saturdays, 9 AM-1 PM May 27-October 7

Behind York Region Chamber of Commerce 1 Stonewall Lane, York www.gatewaytomaine.org/ farmers-market/summer-farmers-market/



In an episode of Seinfeld, George's wallet becomes so overstuffed with cards and slips of paper that it finally explodes – literally. That scene always comes to mind when I periodically weed out my wallet. I try to keep only the essentials in it, although there are a couple items that are purely sentimental. The first is a paragraph from Les Misérables describing how Marius falls in love with Cosette (I've carried that little scrap on me since high school, for obvious reasons).

The second is this passage: "Jean-Paul Sartre, in The Words, wrote: 'I began my life as I shall no doubt end it: amidst books. In my grandfather's study there were books everywhere. It was forbidden to dust them, except once a year.' This is a comforting thought for those of us who live amid piles, agonize about shelf space and go on collecting: we are booklovers, and therefore rich beyond the dreams of avarice."

Amen.

I still have some of my childhood books, including Winnie-the-Pooh, Mike Mulligan and His Steam Shovel, Homer Price, and shop.

#### So many books, too few bookcases

the crustacean classic, Le-*Crab.* My true collection bookcases, one of which me. phase started after settling into our house 30 right of my desk. She years ago, when I finally had room for multiple bookcases. Diane – you know, my wife – is an avid reader, but isn't into collecting, if only because our house could not possibly hold the the future. She ended up books of two collectors. Of the 11 bookcases in our house, two are hers (with one of them dedicated to the works of Stephen King), leaving nine for me. And that doesn't count the few boxes of surplus books.

Then Diane started reading this book about how to eliminate household clutter, including books, and of course my first thought was, "She should start with any book giving advice on TV show where a scene is how to eliminate household clutter, including books." But no. She dug right in. And I joined her, because it suggested starting with clothes, and I had a bunch of clothes don't trust a person who to get rid of, and it ended up being a very purging experience. Because I can occasionally have an nowed her collection, open mind, I even joined around 40 volumes from my bookcases and donating them to a local thrift

I did my books before in sight. Just sitting there. stands by the wall to the (and magazines) on the floor and went through them, gauging their importance, determining if they brought her joy or said, feigning agreement. would be of any use in creating several stacks of books slated for removal from the house. She probably has eliminated about a quarter of her decades-old collection.

If you told me I had to get rid of a quarter of my books, I'd end up in jail on assault and battery charges. There is no way in hell I would do that. They bring me too much joy – even the ones I haven't read yet. Whenever we watch a movie or set in a character's home where a room is nothing but floor-to-ceiling bookcases, I get chills. I find books beautiful and comforting. I certainly doesn't have at least one bookcase in their house.

Like I said, Di winleaving the bookcase in on the elimination of here in the study (which some books, removing previously housed her non-King books) half empty. Yeah. Think of that: a bookcase that is half empty. Constantly com

roy the Lobster and Crabby Diane got to her two Teasing me. Tempting

After setting aside her old books to be donated, stacked all the books Diane, knowing me too well, looked at me and said, "That bookcase is still mine."

'Of course it is," I

"No, I'm serious," she said. "You are not to put any books in it."

"I wouldn't think of it," I said, thinking of it. I mean, to be able to see the back panel of a bookcase from the front is just...wrong.

Then it hit me: Because Stephen King is physiologically incapable of not writing at least one novel a year (on top of short story collections), Di's bookcase of his works has recently started overflowing into an adjacent bookcase, which is technically mine. So it'd only be fair if I were able to start adding books to - oh, hold the phone...damn, I can't do that. Another thing just hit me: I've got my 12-volume History of England perched atop her King bookcase. Sigh.

I may just have to move my desk out of the study to remove myself from temptation. After all, I wouldn't want to upset my Cosette.

dana@touristandtown.





#### La Dolce Vita: The hack job



Laura Dolce, director of the Kennebunk Kennebunkport and **Arundel Chamber of Commerce** 

Last year, my Instagram account got hacked.

It happened so quickly, my access to it was gone immediately, despite my best efforts to retrieve it.

First, I was mad at myself for allowing it to hapwasn't 6 AM on a Saturday and that I didn't think I was talking to a relative (whose account had been hacked first, it turns out), I might not have fallen for the "send me a screenshot" scam.

Second, I'm still angry at Instagram the company for being absolutely completely useless in helping me to get it back. I followed their hacking suggestions, reported the account, had my friends, family and community members (many of whom had received messages urging them to invest in cryptocurrency – sorry!) report it as well.

Isubmitted four-FOUR videos via Instagram's link to prove I was an actual human and that my face for our daughters, two appeared on my account. All four were rejected. (I

dog, who appears on my page the most...)

The only thing Instawas to rule that one of my reports wasn't considered valid. While they didn't have time to have someone ported account, they wrote, there was no reason to think it went against community standards or was a problem.

As if I somehow decided to stop posting pictures of my dog and instead offer ily members and funny investment advice to the community.

pen. I'd like to think if it sad that someone else – some despicable scammer now has control over my photos and can use them for his/her own purposes. Already a photo of me and Dave from a trip to Hilton Head last fall was used as a background for a fake phone Lock Screen (one that purported to show a tiny investment in cryptocurrency netted me \$10k).

> And I've received dozens of messages from confused friends, and lost dozens of followers.

> I know I can still save the photos, still capture them for posterity, but here's what I can't salvage: nine years of memories, stories and comments from friends and family.

That's three graduations proms, memories with my mom, losing two dogs and wonder now if I should've gaining two more. It's three *com* 

submitted a video of my trips to Disney, two different jobs, one drag queen.

It's three houses (two of them ours), dozens of gram has done thus far birthday cakes and photos celebrating our daughters finding the lives of their

It's nine Christmases, actually check out the re- Easters and Halloweens, along with a Fourth of July or two.

It's untold plates of beautiful food, watching my nieces grow, Mother's Days and trips to Acadia.

It's friends and fammemories, all in the hands of someone who just wants Third, I'm furious and to use them to make a quick buck at someone else's expense.

It's infuriating.

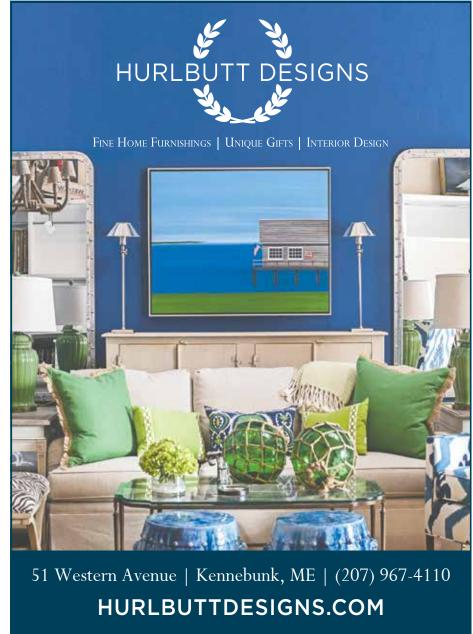
It's a violation. And, apparently, it's

impossible to fix. I've discovered many others in exactly the same boat - bailing furiously while Instagram execs belly up to the buffet.

If I didn't need to use Instagram for work, I don't think I'd bother creating a new account (but I have: Laura.dolce207, for those missing pics of my dog), putting precious memories at risk with a company that does nothing to protect or support its platform's users.

But nine years' worth of lost photos pretty much guarantees I won't be trusting it with precious memories again.

Laura.dolce@rocketmail.



"Summer was on the way; Jem and I awaited it with impatience. Summer was our best season: it was sleeping on the back screened porch in cots, or trying to sleep in the tree house; summer was everything good to eat; it was a thousand colors in a parched landscape; but most of all, summer was Dill." ~Harper Lee, To Kill A Mockingbird

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#### Maine Women in the Arts announces awards

In late May, 42 local artists participated in Maine Women in the Arts' annual awards.

The first-place recipient was Ellen Pelletier for her pastel Moonlit. Show attendees were also asked to vote for their favorite piece of artwork. This "people's choice" award went to Kathy Chase for her oil painting Three Seconds in Time at Boothbay.

Maine Women in the July 28-30. The objective give exposure to local art-mainewomenarts.com.



Ellen Pelletier



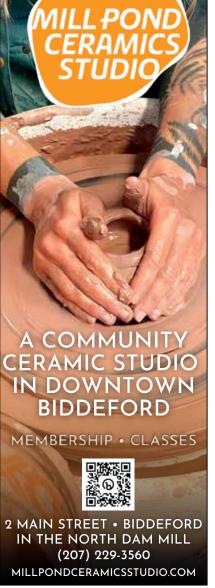
**Kathy Chase** 

Arts has four shows a of Maine Women in the ists and their work in all year; the next will be Arts is to promote and media. FMI visit www.

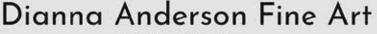


na Cassidy and Christina De Léon, artists Cara Řomero, Ever Baldwin, Liam Lee, Meg Webster, Katherine Bradford, Celeste Roberge, Joe Wardwell and Marjorie Agosín will be at the museum to discuss their work.

Tuesday Talks take place at 5 PM and are free with museun admission. FMI visit www. ogunquitmuseum. org/totally-tuesday-talks/.







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#### Art Guild of the Kennebunks announces "Summer Celebration of Art"

The Art Guild of the Kennebunks begins its summer season of exhibitions with a "Summer Celebration of Art" on Friday, July 21, at the Community House, 8 Temple Street, Kennebunkport.

"The Art Guild of the Kennebunks is fortunate this year to have two summer shows at the Community House in Kennebunkport," said Linda Van Tassell, Art Guild president. "In July we will have a Summer Celebration of the Arts and in August our Awards Show."

The exhibition will run through Sunday, July 23, from 10 AM to 6 PM on Friday and Saturday and 12-4 PM on Sunday. There will be a reception from 4-6 PM on Friday evening.



# We're Open! Thursday thru Saturday - 10AM to 4PM The Cottage rtworks & Gallery Where: 98 Branch Road, Wells Phone: 207-468-9747

#### Mid-Week Music announces summer lineup &:

monthly concert series presented by the Kennebunkport Historical Society. It is held at the Town House School, 135 North Street, Kennebunkport, at 7 PM on the second Wednesday of every month.

On July 12, "Three of a Kind & Friends Play Good Songs" sees Mark Gunter (keyboards, vocals), Janet Wentworth (vocals), and Ron Breton (drums), who often perform as Three of

an eclectic setlist of tunes Nowhere"). covering various genres.

On August 9, bassist John Kumnick, drummer Dylan Kumnick, and 16, when Dana Pearson guitarist Dana Pearson and Dan Blakeslee, who perform "Master/Pupil: performed a Johnny Cash Dylan/Waits," a concert split into two distinct yet together again on the Midconnected sets: one of songs by Tom Waits ("Downtown Train," "Come On acoustic guitars. Up to the House"), the other of songs by the man who initially inspired him,

An extra concert this year (not falling on a second Wednesday) is on August Week Music stage to trade original songs on their

Stevens (Yusuf)" on Sepa Kind, being joined by Bob Dylan ("Just Like a tember 13. Upright bassist

Mid-Week Music is a bassist John Kumnick on Woman," "You Ain't Goin' Nick Phaneuf and keyboardist Mike Effenberger (members of the Calabash Club who have performed at the Town House School with singer-songwriter Dan Blakeslee) join guitarist Dana Pearson for an evening of Cat Stevens classics, including "Where Do the Children Play" and "Father and Son."

Shows are BYOB and And capping off the for ages 21 and older. For summer shows is "Cat advance tickets: kporths. com/buy-tickets, info@ kporths.com, or 967-2751.



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#### **CALENDAR**

#### Saturday, July 1

Kennebunk Artisans Marketplace, Waterhouse Center, 51 Main Street. 9 AM-2 PM. FMI visit www.kennebunkmaine.us/artisansmarketplace. The marketplace happens every Saturday through October 7.

Annual Vintage Base Ball Game, Parsons Field, Kennebunk, 12 PM. The game will be played by "living history" teams, who embody the game of base ball as it was invented in the 1860s. FMI visit brickstoremuseum.org

Kennebunk Farmers' Market, Garden Street Lot, Kennebunk, 8 AM-12:30 PM. FMI www.kennebunkfarmersmarket.org

Saco Farmers' Market, Saco Valley Shopping Center, Saco, 8 AM-12 PM. FMI www.sacofarmersmarket.com

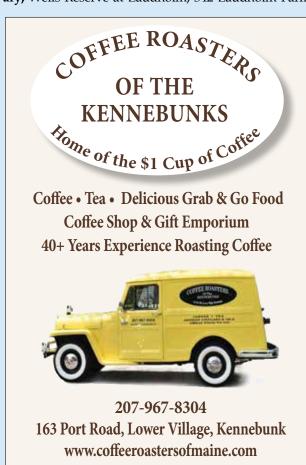
Sanford/Springvale Farmers' Market, Central Park (across from City Hall), Sanford, 8 AM-12 PM. FMI www. sanfordfarmersmarket.org

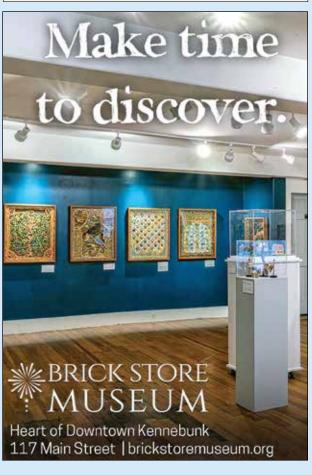
York Farmers' Market, Lot behind York Region Chamber of Commerce, 1 Stonewall Lane, York, 9 AM-1 PM. FMI www.gatewaytomaine.org/farmers-market/summerfarmers-market/

Sunday, July 2

Christ Church Worship Services, 6 Dane Street, Kennebunk, 9:15 AM. Celebrate the final worship services at 6 Dane Street during the month of July. After July, the Sunday 9:15 AM worship services will be held with the West Kennebunk United Methodist Church at 160 Alfred Road, West Kennebunk.

Sunday Morning Kayaking on the Little River Estuary, Wells Reserve at Laudholm, 342 Laudholm Farm





Maine estuary, watching wildlife and learning about this treasured habitat from a registered Maine Kayak Guide. For ages 12 and up and limited to 4 participants. Some restrictions apply. \$75/\$60 plus site admission. Registration required. FMI 646-1555 or wellsreserve.org/kayak.

#### Wednesday, July 5

Secrets of the Salt Marsh Walk, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 10-11:30 AM. Learn what is special about these productive ecosystems, nestled between seashore and uplands, on a docent-led walk. Free with site admission. Registration required at caryn@wellsnerr.org or 207-646-1555 x110. FMI wellsreserve.org/calendar.

The Children's Eternal Rainforest and Other Forests Saved by Children, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 12-1 PM. Author and illustrator Lynne Cherry spent last winter as an artist-inresidence at El Bosque Eterno de los Niños in Costa Rica, writing the history of this amazing rainforest that was saved by the world's children. Lynne will show photos and share the stories of young people who have saved forests in other parts of the world. \$5 suggested donation. Masks requested. Registration required at suzanne@ wellsnerr.org or 207-646-1555 x116.

Thursday, July 6

Weekly Conversational French Language Group, Wells Public Library, 1434 Post Road, Wells, 6:30 PM. An informal approach to practicing or re-learning French. FMI contact CindyAppleby at cappleby@wellstown.org or call the library at 207-646-8181.

Laudholm's Farming Past, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 10-11:30 AM. Presented in French as Histoire de la Ferme Laudholm, this tour covers four centuries of change at a prominent farm that is now a protected reserve. Free with site admission. Registration required at caryn@wellsnerr.org or 207-646-1555 x110. FMI wellsreserve.org/calendar.

Kayaking on the Little River Estuary, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 12-3 PM . Paddle the quiet waters of a Maine estuary, watching wildlife and learning about this treasured habitat from a registered Maine Kayak Guide. For ages 12 and up. Some restrictions apply. \$60/\$48 plus site admission. Registration required. FMI 646-1555 or wellsreserve.org/kayak.

#### Friday-Sunday, July 7-9

Anthony Catalfano Designer Warehouse Sale, 2190 Post Road, Wells, 10 AM-4 PM daily. Furniture, antiques, lighting and decor. FMI anthonycatalfanohome.com

Friday, July 7

Fiber Arts, Wells Public Library, 1434 Post Road, Wells, 10:30 AM. All ages & levels of ability are encouraged to join this weekly group for ideas, inspiration and lively conversation. FMI contact Stefanie Claydon at sclaydon@ wellstown.org or call the library at 207-646-8181.

Estuary Discoveries, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 1-2:30 PM. Take a peaceful and easy meander along the accessible trail at Harbor Park in Wells. Registration required at linda@wellsnerr. org or 207-646-1555 x128. FMI wellsreserve.org/calendar.

July Astronomy Club Meeting, The New School, 38 York Street, Kennebunk, 7:30 PM. The Astronomical Society of Northern New England (ASNNE) is a local association of amateur astronomers that meets monthly. All those interested in astronomy are welcome, from stargazers and hobbyists, to serious observers, astro-

Road, Wells, 9 AM-12 PM. Paddle the quiet waters of a photographers, and those interested in astronomical theory. The general public is also most cordially invited and welcome. ASNNE also owns its own Observatory. ASNNE hosts Star Parties at its Talmage Observatory at Starfield, on Route 35 in West Kennebunk. FMI visit www.ASNNE.org.

Saturday & Sunday, July 8 & 9

Summer Solstice Craft Show, Wells Junior High, 1470 Post Road, Wells, 10-3. Free admission. FMI summersolsticecraftshows.com or 207-967-2251.

Saturday, July 8

Kennebunk Artisans Marketplace, Waterhouse Center, 51 Main Street, 9 AM-2 PM. FMI visit www.kennebunkmaine.us/artisansmarketplace

Kennebunk Farmers' Market, Garden Street Lot, Kennebunk, 8 AM - 12:30 PM. FMI www.kennebunkfarmersmarket.org

Saco Farmers' Market, Saco Valley Shopping Center, Saco, 8 AM-12 PM. FMI www.sacofarmersmarket.com

Sanford/Springvale Farmers' Market, Central Park (across from City Hall) Sanford, 8 AM-12 PM. FMI www. sanfordfarmersmarket.org

York Farmers' Market, Lot behind York Region Chamber of Commerce, 1 Stonewall Lane, York, 9 AM-1 PM. FMI www.gatewaytomaine.org/farmers-market/summerfarmers-market/

Bird Walk, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells,, 7:30-9:30 AM. York County Audubon birders lead a guided walk around the Wells Reserve property. Beginners welcome. Please bring binoculars if you have them. Free with site admission. Registration  $required \ at suzanne@wellsnerr.org \ or \ 207-646-1555 \ x116.$ FMI wellsreserve.org/calendar.

Music on the Library Lawn at Sunset: Beau Dalleo, Graves Library, 18 Maine Street, Kennebunkport, 6 PM. Bring your chairs, sit back, tap your feet and listen to some local beat. \$10 donation as an appreciated entrance fee. FMI call 967-2778 or email ml@graves.lib.me.us

Sunday, July 9

Christ Church Worship Services, 6 Dane Street, Kennebunk, 9:15 AM. Celebrate the final worship services at 6 Dane Street during the month of July. After July, the Sunday 9:15 am worship services will be held with the West Kennebunk United Methodist Church at 160 Alfred Road, West Kennebunk.

Kittery Community Market, Post Office Square, 10 Shapleigh Road, Kittery, 10 AM - 2 PM. FMI www.kitterycommunitymarket.com

Guided Walk in Hope Woods with Maine Master Naturalist, Gordon Collins, hosted by Friends of Hope Cemetery & Woods, 1 PM (and Saturday, August 19 at 10 AM). Come enjoy and learn about the flora that is right here in the center of Kennebunk. To register, email friendsofhcw@gmail or call 207-387-9100.

Monday, July 10 (and August 14)

Explore the Shore, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 10 AM-12 PM. The treasures we find on the beach can tell us stories about the land, the ocean, and the beach itself. While strolling Laudholm Beach, we will explore questions about the sand, the wrack line, and found objects. Free with site admission. Registration required at 207-646-1555 x110 or caryn@ wellsnerr.org. FMI wellsreserve.org/calendar.

#### **Reclaim It!**

#### Brought to you by Old House Parts

Antique architectural salvage is not only very attractive, exquisitely crafted, and a source for unlimited creativity, it also contains volumes of embodied energy: the total sum of energy consumed to produce a given product. And it's FUN. Sometimes folks aren't sure how to use it. Meet us here each issue for inspiration on how to use architectural salvage to add character and sustainability to your life.

We salvaged an old chimney in Arundel and now the pieces are finding new homes all around the region, including this Kennebunk step landing. The contrast between old and new is quite charming!

We've seen it all, so contact us any time to discuss the possibilities that lie ahead for you and architectural salvage! Wanderers and explorers





#### **CALENDAR**

SMAA Medicare Info Sessions, Wells Public Library, Maine estuary, watching wildlife and learning about this 1434 Post Road, Wells, 10 AM-1 PM. Southern Maine Agency on Aging Medicare Program comes to Wells Library every second Monday of the month to help answer any questions you may have on Medicare, such as how to enroll, help understand your Medicare coverage or help you understand your billing issues. FMI call Laudholm's Farming Past. Wells Reserve at Laudholm, Southern Maine Agency on Aging at 207-396-6524 for more information.

Tuesday, July 11

Bird Banding Demonstration, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 7-10 AM. Visit the bird banding station at the Wells Reserve at Laudholm. Free with site admission. FMI 207-646-1555 or wellsreserve.org/calendar.

Morning Yoga, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 8-9:15 AM. A new 6-week series of gentle Hatha yoga classes begins both online and in person at the Wells Reserve. The series costs \$72/regular or \$60/member. Registration required. Call 207-646-1555 x116 or email suzanne@wellsnerr.org to reserve your space. FMI wellsreserve.org/calendar.

Meet the Scientist: A Southern Crab in a Warming Gulf of Maine. Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 1-2 PM. Laura Crane describes ongoing research aimed at better understanding the extent and implications of blue crab range expansion into the Gulf of Maine. Free with site admission. Registration required at suzanne@wellsnerr.org or 207-646-1555 x116. FMI wellsreserve.org/calendar.

Wednesday, July 12

Yoga with Virginia Williamson (July 12, 13, 14, 15, 17 & 19, 20, 21, 22, 24), Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 9 AM. Virginia is a Kriya Yogi, in the lineage of Paramahansa Yogananda, she holds multiple teaching certifications and has had more than 2200 hours of training, study, and practice. A \$15 donation is suggested for this class and can be paid to the instructor. Classes will also be available via Zoom so friends far and wide can join. FMI call 967-2778 or visit graveslibrary.org.

Wells Farmers' Market, Wells Library, Post Road, Wells, 1:30-5 PM. FMI www.wellsfarmersmarket.org

Flying Jewels: Dragonflies and Butterflies of Southern Maine. Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 1-2 PM. Get to know some charismatic insects with Sue Bickford at the Wells Reserve at Laudholm. \$8/\$6 or \$20/\$15 per family plus site admission. Registration required at suzanne@wellsnerr.org or 207-646-1555 x116. FMI wellsreserve.org/calendar.

Peter Boie Magic Show, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 10:30 AM. Mind-blowing magic and side-splitting comedy. Peter first became fascinated with magic at the age of eleven when he stumbled across a magic book at his local library. He now travels around the country performing his award-winning magic that will defy your reality.FMI call 967-2778 or visitgraveslibrary.org.

Mid-Week Music's "Three of a Kind & Friends Play Good Songs" Show, Town House School, 135 North Street, Kennebunkport, 7 PM. Mark Gunter (keyboards, vocals), Janet Wentworth (vocals) and Ron Breton (drums), who often perform as Three of a Kind, will be joined by bassist John Kumnick on an eclectic setlist of tunes covering various genres. All shows are BYOB and are for audiences 21 and older. For advance tickets: kporths.com/buy-tickets, info@kporths.com, or 207-967-2751.

Thursday, July 13 Adult Crafternoon -Zentangle with Joyce Amend, Wells Public Library, 1434 Post Road, Wells, 1:30 PM. Zentagle combines simple shapes and lines to make beautiful and interesting artworks. Registration is required as space is limited. FMI contact Stefanie Claydon at sclaydon@ wellstown.org or call the library at 207-646-8181.

Kayaking on the Little River Estuary, Wells Reserve at Laudholm, 342 Laudholm Farm Road. Wells, 8-11 AM. Paddle the quiet waters of a

treasured habitat from a registered Maine Kayak Guide at the Wells Reserve. For ages 12 and up. Some restrictions apply. \$60/\$48 plus site admission. Registration required. FMI 207-646-1555 or wellsreserve.org/kayak.

342 Laudholm Farm Road, Wells, 10-11:30 AM. Delve into the rich history of the Wells Reserve at Laudholm, from homestead to farmland to estuarine reserve. This docent-led walk covers about ½ mile. Free with site admission. Registration required at caryn@wellsnerr.org or 207-646-1555 x110. FMI wellsreserve.org/calendar.

Friday, July 14

**Drive Thru BBQ,** American Legion Post 159, 102 Main Street (across from the police station), Kennebunkport, 5 PM until food runs out. The menu consists of pulled pork, smoked chicken, beans, bratwurst, potato salad, cole slaw, jalapeno cornbread and desert. Donations welcome. FMI call 967-2400.

Music on the Library Lawn at Sunset: Andy MacLeod, Graves Library, 18 Maine Street, Kennebunkport, 6 PM. Bring your chairs, sit back, tap your feet and listen to some local beat. \$10 donation as an appreciated entrance fee. FMI call 967-2778 or email ml@graves.lib.me.us

**Annie Royer Concert,** Vinegar Hill Music Theatre, 53 Old Post Road, Arundel, 8 PM. See ad this page.

Saturday, July 15

Kennebunk Artisans Marketplace, Waterhouse Center, 51 Main Street. 9 AM-2 PM. FMI visit www.kennebunkmaine.us/artisansmarketplace

Kennebunk Farmers' Market, Garden Street Lot, Kennebunk, 8 AM-12:30 PM. FMI www.kennebunkfarmersmarket.org

Saco Farmers' Market, Saco Valley Shopping Center, Saco, 8 AM-12 PM. FMI www.sacofarmersmarket.com

Sanford/Springvale Farmers' Market, Central Park (across from City Hall) Sanford, 8 AM-12 PM. FMI www. sanfordfarmersmarket.org

York Farmers' Market, Lot behind York Region Chamber of Commerce, 1 Stonewall Lane, York, 9 AM-1 PM. FMI www.gatewaytomaine.org/farmers-market/summerfarmers-market/

Book Reading and Signing of If I Built a Car by Chris Van Dusen, Maine Classic Car Museum, 2564 Portland Road, Arundel, 10 AM- 12 PM. The Maine Classic Car Museum and Graves Memorial Public Library present this fun-filled event with this acclaimed children's book author. Take home a cool car craft and build your own car. See the museum cars that made history. Kids under 7 are free, admission is \$12 per person. RSVP at the museum at 602-6620, ext. 431 or at the library at 967-2778.

Christ Church Worship Services, 6 Dane Street, Kennebunk, 9:15 AM. Celebrate the final worship services at 6 Dane Street during the month of July. After July, the Sunday 9:15 am worship services will be held with the West Kennebunk United Methodist Church at 160 Alfred Road, West Kennebunk.

National Ice Cream Day/Family Yoga, Scoop Deck Ice Cream, Wells, 12 PM. Join this class, hosted by The Daily Sweat, on the lawn at Scoop Deck. Enjoy a free cone or discount after class from Daily Sweat's favorite scoopers. Proceeds from this donation-based class go to Special Surfers.

Monday, July 17

Wonderful Weeds, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 10 AM-12 PM. Discover the medicines and foods underfoot on the Laudholm campus of the Wells Reserve. \$8/\$6. Registration required at linda@wellsnerr.org or 207-646-1555 x128. FMI wellsreserve.org/calendar.

What is AI and How is it Used: An Introduction, Wells Public Library, 1434 Post Road, Wells, 4 PM. If you've been wondering how AI can impact daily life, join Ellen Bradley, Business Developer for Digital Mountain, Inc., to help answer your questions. FMI email sclaydon@ wellstown.org or call the library at 207-646-8181.

Tuesday, July 18

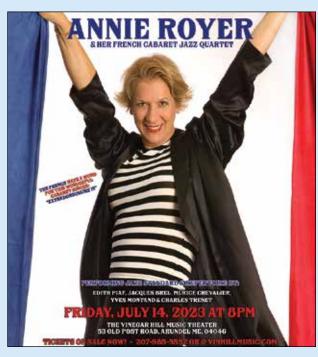
Bird Banding Demonstration, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 7-10 AM. Visit the bird banding station at the Wells Reserve at Laudholm. Free with site admission. FMI-646-1555 or wellsreserve. org/calendar.

Secrets of the Salt Marsh Walk, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 10-11:30 AM. Learn what is special about these productive ecosystems on a docent-led walk at the Wells Reserve that covers about 1 mile. Free with site admission. Registration required at caryn@wellsnerr.org or 207-646-1555 x110. FMI wellsreserve.org/calendar.

Build a StoryMap, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 11 AM-1:30 PM. During this hands-on, virtual workshop, learn how StoryMaps can help you tell compelling, interactive stories while creating your own draft StoryMap. To register, visit wellsreserve.org/calendar.

Two Species, Two Coasts, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 12-1 PM. In this virtual talk sponsored by the Wells Reserve, learn about gray whales on the west coast, right whales on the east coast, and feeding strategies of large baleen whales. To register, visit wellsreserve.org/calendar.

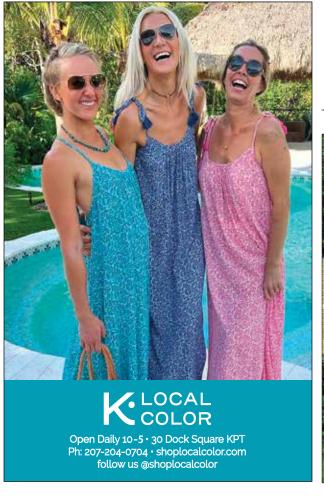






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# The Wright Gallery Maine Inspired Fine Art www.thewrightgallery.com 5 Pier Road, Cape Porpoise Kennebunkport, Maine 207-502-0012



#### **Annual Summer Solstice Craft Show features** distinctive Maine and New England artisans

craft at the annual Summer Solstice Craft Show on Saturday and Sunday, July 8 and 9, at the Wells Jr. High School on Route 1 (1470 Post Road) in Wells. Hours are 10 AM to 4 PM on Saturday and 10 AM to 3 PM on Sunday.

Now in its 39th year, the popular juried craft show features 70+ crafters and artists who display their handmade wares inside and also outside on the Jr. High grounds. Traditional, contemporary and country crafts will be featured. You will find stained glass, jewelry of all types, pottery, soaps, clothing, wood crafts, fiber arts, graphics, photography, handcrafted specialty foods and much more.

Many of the crafters and artists have been coming back for years, and they look forward to making new products for their customers. Following is a sampling of the variety you'll find at this upcoming show.

Brigitte Delaplace, Kennebunk: Brigitte demonstrates her love for vintage with the jewelry she has creates. Her earrings, pins and pendants feature a vintage piece as the focal point.

Steve Burt, Wells: Au-

Enjoy the best of art and thor Steve Burt writes mvstery books and joke books for children. How great is that?

Laurie Adelman, Rollingsford, New Hampshire: If you are looking for wearable art, look no further. Laurie's designs will truly make you sparkle.

David Sullivan, Ogunquit. David certainly has the photographer's eye when it comes to his area photos. He also creates a wonderful yearly calendar.

Betty Snowman, Auburn: Šhowman creates ladies' appliquéd sweatshirt, tee-shirts, sweaters and jackets, among other customized items.

Al Pelletier, Kennebunk: Pelletier's handmade pottery pieces are functional as well as artistic.

Joyce Huff, Cape Porpoise: Accomplished artist Huff creates whimsical wall hangings and ornaments for all occasions. Each piece is original.

Eileen Twiddy: Yarmouth: Twiddy creates handmade stuffed animals, fleece throws and cloth ornaments. Her pieces are every child's treasure.

Nadine Webster, Wells: Webster makes vegan and gluten-free baked goods. Her sweets are delicious and allergy free.



David Sullivan photograph



Julee Applegarth

Maggie and Pete Adams, Camden: This duo creates original wire art.

The Summer Solstice Craft Show is held rain or shine and parking and admission are free.

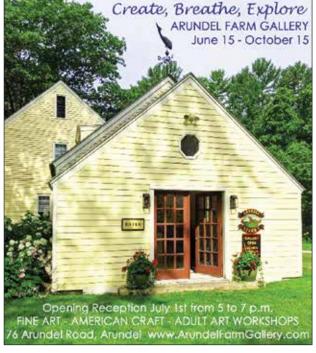
FMI contact Rita Poli by calling 207-967-2251, visiting summersolsticecraftshows. com or emailing summersolsticecraftshows@ gmail.com.



Karol Peralta



Jeanne Morrison







Mother's Beach designed by Geraldine Aikman available at Morph Gallery 155 Port Road, Kennebunk



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### Learning the ropes at Take Flight

by Valerie Marier

From birthday parties to bachelorette gatherings, corporate outings or family bonding sessions, Take Flight stages unforgettable adventures and cements lifelong memories. Located on Route 1 in Kittery and open rain-or-shine all summer long, it's a place where laughter prevails and courage grows – and heartbeats might accelerate in the process.

The 2 1/2 hour Aerial Adventure Challenge Course features 65 activities, including multi-vines, cat walks, Burma bridges, swinging tires and more. Participants can "choose their own adventure" at three different levels – 12, 24 or 36 feet up. All levels include cargo nets to climb up, on, across, over, and through.

Adventure Zip Line tours (approximately 2 1/2 hours) include three elevated stations "to climb up and zip down," with six zip lines ranging from 75 to 400 feet long. There

nets to traverse between you "lie flat in a sling, get the zip wires.

Participation requires more than an "I can do it!" attitude, but that helps. Customers must weigh at least 50 pounds and stand 48 inches tall. Typically, the youngest participants During the pre-flight instruction session, they all get outfitted with a harness and meet their "buddy," a staff member on the challenging course and who stays right next to them for instruction, advice, help and encouragement.

This unique and fun destination is the brainchild of owners Charlie and Deb Williams who opened Take Flight in check on all the equip-2012. It's run like clockwork by Director of Operations Sam Stocks, who first came to work at Take Flight 12 years ago. (Incidentally, Sam is absolutely fearless. Years ago she rode the petrifying Sky Coaster at Six Flags,

hauled up nearly 175 feet, at which point you pull the rip cord and .... drop." She LOVED it!)

"I've worked every position here at Take Flight," Sam said. "And I'm especially proud of our staff. are five or six years old. They're trained, knowledgable and personable. More than half of this year's crew worked here last year." Greeters and check-in staff start workwho accompanies them ing here at age 14, but "to be part of the actual flight crew, they must be at least 18 years old and trained in all aspects of climbing and zip lining," Sam said.

The entire facility gets "seriously inspected" every year. In addition, the staff conducts a daily ment, focusing specifically on "connection points." (Note: All customers must sign a Participant Agreement, Release and Acknowledgement of Risk Form before they can set foot on the course.)

"People come to have are also bridges and cargo a nail-biter ride in which fun here but other good

things happen too," Sam said. "One day a father and his step-son walked in. It was fairly apparent that they were having a tough relationship, barely talking to each other, but they wanted to change that. Out on the course, communicate and trust each other, and we saw it happen."

"On another day," Sam continued, "Delta







Clockwise from top: Participants on the Aerial Adventure Challenge course which features more than 65 different activities up in the air! (Photo courtesy of Take Flight); Max MacCannell teaches sister and co-worker Maddie "the ropes" at Take Flight, (Photo by Val Marier); Director of Operations Sam Stocks has worked at Take Flight for 12 years. "We are extremely careful and cautious here and use state-of-the-art safety clips and 'smart snaps." (Photo by Val Marier)

Airlines sent 15 of their top people here to foster teamwork. Two and a half they HAD to hours later they were truly a unit. I call these moments 'possibilities' because over the years we've learned that it's very possible to make good things happen

It's also a lot of fun!

Take Flight is located at 506 US Route 1, Kittery; prices start at \$49 for children under 12; \$54 for students, seniors over 65 and active/retired military; and \$59 for adults; zip line adventures are \$84 pp; combo-packages available. Reservations suggested. FMI call 439-8838.



Instruction, help and encouragement is always available from any Flight Crew member. Photo by Val Marier



Open rain or shine, Take Flight's Aerial Adventure Challenge accommodates 100 people with "buddies" who help/instruct/ encourage. Participants can choose to go up to platforms 12, 24 or 36 feet in the air. Photo by Val Marier

# Bell Farm Shops



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"And so with the sunshine and the great bursts of leaves growing on the trees, just as things grow in fast movies, I had that familiar conviction that life was beginning over again with the summer." ~ F. Scott Fitzgerald, The Great Gatsby

#### **HOW LONG DOES IT TAKE FOR YOUR CAR TO GET HOT?**

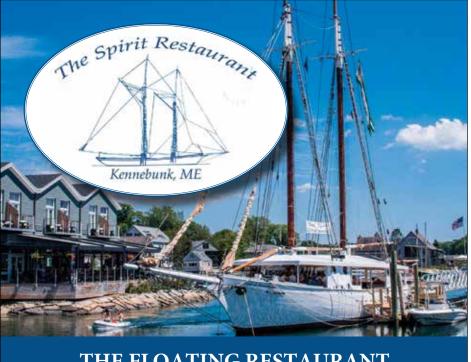
Even with car windows cracked, the temperature inside your vehicle can increase within minutes. When in doubt, leave your pet at home!



Bailey & Maggie say: HOT DOGS ARE NOT COOL!

PET SAFETY CHART		
Outside	Inside	
Temp (F)	Temp (F)	
	10 mins	30 mins
70°	89°	104°
75°	94°	109°
80°	99°	114°
85°	104°	119°
90°	109°	124°
95°	114°	129°

**CAR TEMPERATURE** 



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#### FRIDAY-TUESDAY TO GO MENU

#### **APPETIZERS:**

Zesty Gazpacho – \$10.50/QT

Cape Porpoise Clam Chowder - \$13.95/QT

Mini Peekytoe Crab Cakes with Spicy Remoulade – \$36/doz **Grilled Firecracker Shrimp** with Lemon Basil Aioli – \$28/doz **Devilled Eggs** – w/ Smoked Salmon or Chives – \$20/doz, \$15/doz Smoked Salmon Platter - Capers, Red Onion, Chopped Egg, Creme Fraiche - \$26.99/lb

Charcuterie Platter – Assorted Cheese, Meat, and Fruit with Crackers – \$10/person (min. 6 people)

#### <u>MAIN COURSE SELECTIONS:</u>

BBQ Baby Back Ribs - Rubbed, Slow Roasted, and Fallin' off the Bone \$19.99/lb

BBO Pulled Pork - \$17.99/lb

Buttermilk Fried Chicken - \$16.99/lb Marinated and Grilled Flank Steak

with Chimichurri Sauce - \$27.99/lb

Poached Atlantic Salmon with Cucumber Dill Sauce - \$27.99/lb **Lobster Salad** – Fresh Lobster Meat with Lemon Zest and Mayo - \$MKT

**Lobster Pot Pie** – Fresh Lobster Meat with Sherry Cream Sauce in a Flaky Pie Crust - \$MKT

#### SALADS & SIDES:

Country Potato Salad - Applewood Smoked Bacon, Egg, Scallion, and Mayo – \$9.99/lb

Herbed Red Bliss Potato Salad with Extra Virgin Olive Oil \$9.99/lb Summer Slaw - \$8.99/lb

Fresh Corn Salad with Basil and Red Onion – \$8.99/lb Fresh Pea Salad with Cabot Cheddar and Fresh Dill – \$9.99/lb Bowtie Pasta Salad with Roasted Grape Tomatoes, Basil Pesto, and Shaved Parmesan - \$9.99/lb

> Farro, Corn and Edamame Salad – \$10.99/lb Grilled Summer Vegetables - \$9.99/lb

July 4th Shortcake – Fresh Strawberries and Blueberries on Flaky Biscuits with Whipped Cream – \$4.95/ea Pies - Wild Maine Blueberry, Strawberry Rhubarb, Mixed Berry, Apple - \$18.99 French Silk, Key Lime – \$12.50/\$25.99 Assorted Cupcakes – \$3.50/ea

Jen's Homemade Whoopie Pies – \$3.49/ea

\* Please have all orders in by Wednesday, June 28th



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# Catching up with Colby Nunan – and some of his classic recipes at Three Sea's Fish and Lobster

#### colby Nunan is right back where he started - and he couldn't be happier!

It's Greek to Me: Tzatzíkí This classic Mediterranean dip is

a tasty topping for grilled burgers, chicken or salmon. It also spices up an omelet. (To sample more Greek delicacies, go to the summer festival at St. Demetrius Greek Orthodox Church in Saco, July 14-15-16. See story in this newspaper.)

Recipe courtesy of Anne Maragus.

Ingredients:

2 pints plain yogurt (Fage preferred because it's thick)

1 cup cucumbers, finely chopped or grated

salt to sprinkle 1 clove garlic

1 tsp. olive oil

1 tbsp. fresh dill

1 tbsp. fresh lemon juice

Directions:

Add 1 tsp. salt to yogurt and let stand (uncovered) 2 hours. Keep draining off water until remaining yogurt thickens.

Peel, then scrape cucumber to get rid of seeds. Finely chop or grate.

When done, sprinkle with salt. Press cucumber dry using a strainer (or squeeze dry with cheesecloth).

Combine thickened yogurt, cucumber and remaining ingredients. If too thick, add a bit of olive oil.

Mix well and chill.

(Anne Maragus admits, when pressed for time," she buys Cedars Tzatziki. "But only occasionally!")

#### Memory Lane Salad Dressing

(Originally served at the Captain's Restaurant in Cape Porpoise where Colby worked from age 13 to 23 as a dishwasher, waiter, kitchen coordinator)

Ingredients:

1/3 cup apple cider vinegar

1/3 cup olive oil

1/3 cup sugar

1 tsp. celery seed

Salt and pepper

Directions:

Mix all ingredients well. Keeps several months in the refrigerator. (Note from Val: this was the yummiest salad dressing and I used to buy several jars from the Captain's before it closed. It's not dietetic but it sure dresses up a green salad.)

#### Cucumber Dill Sauce

(perfect on salmon, chicken, even steak)

Mix 1/3 cup sour cream, 1/3 cupmayonnaise, 1/3 cup peeled/diced cucumber, and "dill to the eye." (Colby's translation: "Add as much or as little dill as you want – your eye will know."

At nine, Colby Nunan's first job was picking cooked lobster and scaling fish at Sanborn's Lobster & Veggies on Main Street, Kennebunkport. Today, he's doing the exact same thing in the exact same building, but now as the proud creative owner of Three Sea's Fish and Lobster, a shop he opened in 2021 as Covid swept the nation.

Three Sea's is the perfect place to pop in and pick up quick and easy-to-cook dinners, such as Colby's ready-to-be-sauteed fresh Maine crab cakes. There's always a hot cauldron of delicious seafood chowder on the counter, plus cooked picked lobster for salads or rolls in the display case. In addition to the wide variety of Sea'sonal Maine produce, Three Sea's is also a first class fish market, featuring salmon, swordfish, scallops, shrimp, halibut and bluefin sushi-grade tuna.

Colby is as "local" as it gets. He's a Nunan and has countless Nunan cousins, aunts and uncles throughout Cape Porpoise and K'port. His grandmother Shirley Nunan taught him how to cook when he was growing up on Turbats Creek Road. He recalled, "Grandma believed in good old-fashioned Irish cooking. She made foods you rarely see on menus today, and one of my favorites was Salmon Pea Wiggle. Basically, it was a cream sauce with salmon and peas that you'd serve over toast. It was delicious!"

"I also consult Marjorie Standish's Cooking Down East: Favorite Maine Recipes, he said. During the 1960s, Standish wrote a widelyread recipe column in the Maine Sunday Telegram. Colby frequently flips through the splattered pages of her popular cookbook, cited as the best-selling Maine cookbook ever, because "Marge keeps things simple and old-school, and that's how I like to cook," he

A quick perusal around Three Sea's confirms that Colby did more than haul lobsters in his late teens after graduating from Kennebunk High. Later, he received a degree in finance and business administration from the University of Southern Maine. He's also done his culinary homework for the store: the shelves are stocked with an amazing variety of sauces, jams and condiments. It's a gourmet's treasure-trove.

Why Three Sea's? Are we talking about the Atlantic or the Gulf of Maine here? Actually, Three Sea's is a play on words invented by his mother Melanie who nicknamed her three children (Cody, Colby and Chelsea) the "Three Sea's." These days, those other "C's" help him out by working in the shop (along with his pal Krissy) or supplying him with fresh fish and lobster.

Two excellent culinary tips from Colby: Don't use anything canned ("Fresh is always better") and keep your knives sharp ("We sharpen our knives here three times a week").

#### Easy Peasy Salmon

Ingredients:

4 salmon fillets

2/3 cup Parmesan cheese

1 minced garlic clove

Olive oil, salt and pepper

Directions:

Put salmon fillets on a lightly-oiled baking

Sprinkle with Parmesan and garlic. Drizzle a little olive oil on each fillet, then

shake on salt and pepper. Bake 15 minutes at 375 degrees, or until done. Broil for a minute to crisp the top.

#### Colby's Mom's Crab Artichoke Dip

(Colby's mother, Melanie Wendell, taught him how to make this tangy sauce. "You can use lobster instead of crab, too, for a different taste," he says.)

Ingredients:

8 oz. cream cheese

1/4 cup sour cream

1/4 cup mayonnaise

1/2 cup shredded cheddar cheese

14-oz. can artichoke hearts, rinsed and minced

1 garlic clove, minced

2/3 cup Parmesan cheese 6 oz. fresh spinach (Not frozen. Fresh)

Mix all ingredients and refrigerate for several hours before serving. "This freezes well, too," Colby says.



of his day cleaning lobster. But it's also a first class fish market featuring salmon, swordfish, halibut, haddock and seafood chowder. Photo by Val Marier



The maestro at work! Colby Nunan, owner of Three Sea's Fish and Lobster in Kennebunkport, prepares fresh halibut. Photo courtesy of Three Sea's

#### Baked Stuffed Shrimp

Ingredients:

Three Sea's Fish

and Lobster,

130 Main Street,

Kennebunkport.

204-0402

2 sleeves Ritz crackers, crushed

5 saltine crackers, crushed

1/2 cup fresh parsley minced

1/2 tsp. celery salt

1 minced garlic

1/2 cup fresh crabmeat (available at Three Seas)

4 scallops, chopped

1/4 cup good sherry

Olive oil

1/4 cup butter

20 (or so) jumbo shrimp (peeled, deveined, tail left on)

Slice shrimp horizontally through the middle (don't cut all the way through – the shrimp should open like a book. Place on baking sheet.

Melt butter, then mix with other ingredients.

Place a tablespoon or so of stuffing on each shrimp and drizzle with olive oil.

Bake at 350 for 15 minutes (or until done).

(Colby adds: "You can also use this for baked stuffed haddock or lobster. Just be sure to make a deep pocket in the fish or lobster and don't cut all the way through. Both should be baked at 350 for approximately 15 to 20 minutes, or until done.)

This page is curated by Tourist & Town's Valerie Marier. valmarier@me.com

#### Singin' in the Rain makes a splashy production at Ogunquit Playhouse

by Steve Hrehovcik

Mother Nature played an atmospheric supporting role at the opening night performance of Singin' in the Rain at the Ogunquit Playhouse. A torrential downpour drenching theater arrivals sets the mood of anticipation for the stage version of one of Hollywood's most famous musicals.

The movie version of Singin' in the Rain first appeared in 1952 and has grown in popularity with repeated showings in theaters and on television. It stars Gene Kelly, Debbie Reynolds and Donald O'Connor, and tells the story of how the introduction of the "talkies" in the late 1920s created havoc in Hollywood movie studios.

The Ogunquit Playhouse production provides an authentic homage to the action of the original classic film. Betty Comden and Adolph Green wrote the "Splash Zone."

the screenplay and Nacio Herb Brown and Arthur Freed composed the songs.

Non-stop action celebrates iconic moments in the story with songs that include "Fit as a Fiddle," "Make 'Em Laugh,"
"You Were Meant for Me," "Moses Supposes," "Good Morning" and of course "Singin' in the Rain," plus many more.

Hollywood-handsome Don Lockwood, played with panache by Max Clayton, is a major star of the silent film era. Clayton sings and dances with an expertise that transfers from silent to sound films with confidence. As the rain pours down on Clayton during the "Singin' in the Rain" Act 1 finale, he sings, twirls his umbrella, stretches out from a lamppost and cavorts in puddles to cause the first few of rows in the audience to become designated as

centered and vindictive Lina Lamont, Lockwood's gorgeous leading lady. While fans love her in silent movie roles, she has a serious problem when she must convert her acting style to talkies. Her harsh nasal twang conjures up the sound of fingernails scratching on a blackboard. No amount of voice training by Miss Dinsmore, played by Lianne Marie

Dobbs, can get Lamont to say, "I cahn't stahnd him." The best Lamont can do is, "Ah ken't stan' 'em."

Kathy Sheldon, Lockwood's on-and-off love interest is played by perky Chiara Trentalange, who sings and dances with grace and style.

Caught in the romantic triangle between Lockwood and Lamont, Sheldon gets forced to dub Lamont's singing and helps make their latest

Christian Probst appears as Cosmo Brown, Lockwood's long-time best friend and performing partner. His command of comic delivery – in particular the riotous "Make 'Em Laugh," adds to the hilarity to the show.

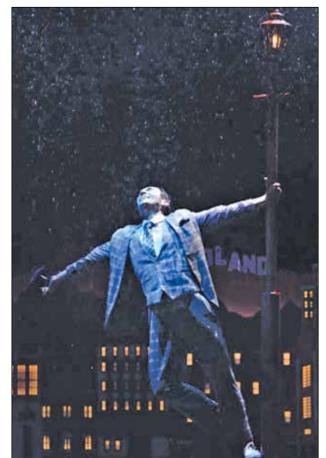
Lance Roberts plays R.F. Simpson, the head of Monumental Studios,

Kate Loprest plays self- where all the drama over the conversion from silent to sound films takes place. Roberts gives us a witty and humorous portrayal of the studio head who has to navigate both high society and big business antics.

Major supporting roles include Greg Jackson as film director Rosco Dexter, Calvin L'Mont Cooper as the diction coach, Jamie Foord the featured dancer in "Broadway Rhythm," Alex Temple Ward the tenor in "Beautiful Girl," and Jillian Wessel playing Zelda, Lina Lamont's snitching pal.

The ensemble cast members sing, dance, play multiple roles, shift scenery and contribute to the high energy of the production, culminating in the full cast encore production number sporting yellow slickers, rain hats and spinning umbrellas in another downpour.
Adding to the fun is the

projection on a lowered screen showing silent films in period costumes with comic dialogue captions. When the studio experiments the same film with the sound versions, a projection mishap gets characters meaning to say, "Yes! Yes! Yes!" but it's mixed up and comes out "No! No! No!" This blooper becomes



Max Clayton plays Hollywood silent film star Don Lockwood in the current Ogunquit Playhouse production of Singin' in the Rain. Photo credit: Gary Ng

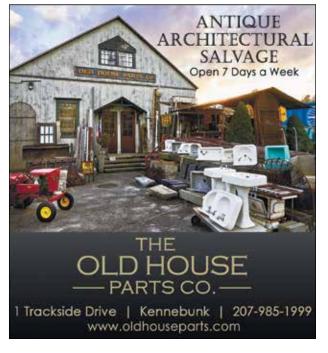
the clue for dubbing the lyrical voice of

Kathy Sheldon for the shrill sounds of Lina Lamont, a device that saves the picture. Directing the show is Jayme Mc-Daniel, who also directed quitplayhouse.org.

the first time Singin' In The Rain appeared at the Ogunquit Playhouse.

Singin' in the Rain runs through Saturday, July 15. For tickets call 207-646-5511 or visit www.ogun-





#### Funny movie tackles unfunny subject people have to die, right?

REEL TIME DANA PEARSON

Sometimes you can tell how funny a movie is going to be by its poster. Such is the case with The Blackening, which bears the tagline, "We Can't All Die First."

For anyone who's never seen a slasher/horror movie, that's a joke about how in those types of movies, it's always the Black character who dies first. Well, what if the thriller has an all-Black cast? How will the audience figure out who

Directed by Tim Story, example, who helmed Barbershop Lisa (Antoi-(2002), The Blackening is a nette Robclever comedy that takes ertson) is the clichéd set-up of Young becoming People in a Cabin in the romantical-Woods Being Bumped Off ly attached by a Mad Killer and peppers it with razor-sharp racial and political humor, all the while eliciting thrills by adhering to its slasher though he movie foundation. The intro, borrowing heavily from *Scream* (1996), is a nononsense horror sequence in the Cabin in the Woods that sets the stage for the arrival of their six friends and a last-minute arrival who are gathering to share a fun weekend and celebrate Juneteenth. Not quite.

dies first - because, after baggage, and not just set), where a racially offen- by his voting record and all, it's a horror flick, and the ones containing their

clothes. For again with Nmandi (Sinqua Walls), even broke her heart repeat-

edly in college - a bit of them all years ago - but history that Lisa's friend Dewayne (Dewayne Perkins, who co-wrote the script with Tracy Oliver) will not let go.

The stakes are raised when the group stumbles upon the game room The gang arrives with (where the scary intro was least Black, as evidenced sive board game is ready to his muttered line as he's be played – The Blackening. They know something is seriously wrong when the game starts talking to The Blackening, and they to them – and addressing them by name – and soon they are compelled to start answering ques-tions and accepting challenges that test their level of Blackness (and pop culture aptitude), including, "Name five Black actors who appeared on Friends." Of course, wrong answers will be rewarded with an

instant death sentence. The wild card, as all their lives are in peril, is the last-minute arrival, the Urkel-like Clifton (Jermaine Fowler), who knew



Not liking what they're seeing in the horrorcomedy The Blackening are, from left, Melvin Gregg, Grace Byers, Antoinette Robertson, Sinqua Walls, Jermaine Fowler, Dewayne Perkins, and X Mayo. Photo/Lionsgate Films

they're not entirely sure

how. When the entire gang

is threatened extermina-

tion unless they choose one

of their own to sacrifice,

naturally he's the one they

scapegoat - and it helps that

he's determined to be the

pushed out the door: "All lives matter." There's a great energy clearly had fun skewering Hollywood slasher movies and the current state of racism; in fact, one can draw a connection to Blazing Saddles (1974), in which Mel Brooks brilliantly used comedy to address the decidedly unfunny subject of racism in America. While it's unfortunate that, nearly 50 years later, filmmakers still have to use comedy to tackle racism, at least we're treated to wonderfully silly

movies like *The Blackening*. dana@touristandtown.com

- and thought-provoking -

Saturdays 9 AM - 2 PM 51 Main Street • Kennebunk

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May 27 to October 7



www.kennebunkmaine.us/artisansmarketplace for pictures, vendors and more!

#### Summertime in Maine

by the late Dean Johnson walkway anywhere than ing a bike to taking a hike, So what is there to do in Maine this summer?

Start by walking. Anywhere. There is Gooch's Beach, Ogunquit Beach, Goose Rocks Beach, Long Sands, Short Sands, any kind of sand. A startling variety of beaches are within a short drive of wherever you are on Maine's southern coast.

Not exactly a sandbetween-the-toes kind of person? Not a problem. Hike the many trails on Mount Agamenticus in York. You'll be hard pressed to find a more impressive oceanside

Ogunquit's Marginal it all starts with the 65-plus

Conservation Trust maintains all manner of wood-Rachel Carson Wildlife tuary in Biddeford Pool.

The beauty of just taking a walk is that it can be done solo or with a family, and the degree of diffi- food: lobster. It's okay to Just pick.

And if you prefer tak- one, isn't it?) tend to over-

miles of the Eastern Trail The Kennebunkport that begins in Kittery and ends in South Portland.

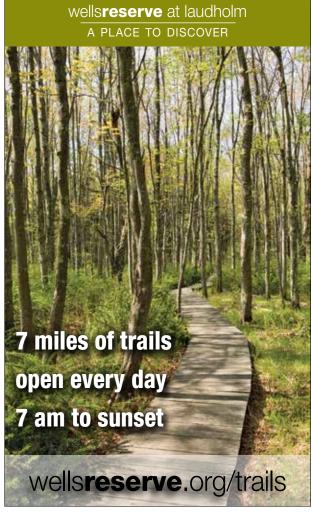
It's also not unusuland trails. Don't overlook al to see entire cycling Laudholm Farm and the teams training on the roads in and around the Refuge in Wells, or more Kennebunks. Again, the seaside spectacle at the variety of sceneries and East Point Audubon Sanc- roadways can meet most every ability from familyof-four to "I've biked in France, y'know!'

And now a word about culty is completely up to overindulge. Us locals and you. We have everything. relocators (That may be a new word, but it's a nice

do it each summer, too.

We just don't do bibs. That's our little joke on people from away, and it never grows old. To us, anyway. And don't get caught up in trying to find the very best lobster roll, though a visit to perennial contenders such as the Clam Shack in Kennebunk or Red's Eats in Wiscasset is never a bad thing.

Just remember that a lobster roll is like that old joke about democracy: When it's great, there is nothing like it, and even when it's not so great... it's still better than almost anything else.



#### **Maine News Briefs**

by Jo O'Connor

- Congratulations to Kennebunk High School's girls lacrosse team, now Class A state champions!
- Congratulations also to York High School's softball team for winning the Class B state championship.
- Three cheers to Pierce Cote of York and Amy Stanek of Sanford who captured first places in the York 5K to benefit York Hospital's cardiac care unit.
- Martel's Ice Cream on Route One in Scarborough has opened its newest mini golf course called The Maine Getaway.
- Woo-hoo to Portland for being named one of the 25 best places to live in the Northeast list by Livability.com. Here is what they had to say: "Portland maintains its small-town feel without sacrificing the culture and conveniences of metropolitan living, making it one of the best places to live in the Northeast... Great schools, cute Victorian homes, a premier art museum and fantastic seafood are some of the perks the 68,000-plus Portland residents enjoy."
- The Palace Diner in Biddeford was one of only two diners in New England to make eater.com's list of "29 Great American Diners." The entry states that "you don't need the fog of nostalgia to fall hopelessly in love with Palace's tuna melt, layered with an inch of crunchy iceberg lettuce on grilled challah or its pancakes, unbelievably buttery and light.7
- Happy 84th birthday to the Seashore Trolley Museum in Arundel, the world's first and largest electric transit museum.
- The Nail Spa has opened a second location at 469 Elm Street in Biddeford. Congrats!

Sources: Portland Press Herald; Seacoast online; WBLM-FM



"Summer afternoon—summer afternoon; to me those have always been

the two most beautiful words in the







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#### Live Music

#### **Back Street Grill**

Saturday Night Karaoke 16 School Street, sanford-www. backstreetsanford.com 850-1228

#### Bentley's Saloon

Saturday July 1, 7-11:
Nobody to Blame- The Ultimate
Tribute to Chris Stapleton
1601 Portland Road, Arundel
985-8966

#### www.bentelyssaloon.com

**Billy's Chowder House** Thursdays 5-8: Live Music with Billy Stinson 216 Mile Road, Wells 646-7558

#### www.billyschowderhouse.com

The Brunswick
Saturday, July 1, 1-5 PM:
The Inflatables, 8:30 PM:
XS Dance Band
Sunday, July 2, 1-5 PM: Below Deck,
8:30 PM: Sugarbox
Monday, July 3, 1-5 PM: Trifecta
8:30 PM: Tickle
Tuesday, July 4, 1-5 PM: Clayton

Blanck & The Stoney Coast 8:30: Stolen Mojo Wednesday, July 5, 1-5: Ben Lyons & Brian Rex Duo, 8 PM: Holly Heist Thursday, July 6, 1-5 PM: Dan &

Darren, 8 PM: 12/OC 39 W Grand Ave, Old Orchard Beach www.thebrunswick.com 934-4873

#### Clay Hill Farm

Mondays, 4:30-8: Curt Bessette and Jean Kurtz
Thursdays, 5 PM: Gordon Shannon Friday, 6 PM: Katherine Mayfield Saturdays, 6 PM: Katherine Mayfield Sundays 5 PM: Sweet Serenity w/ Curt Bessette and Jenn Kurtz 220 Clay Hill Road, Cape Neddick www.clayhillfarm.com 361.2272

#### Cowbell Burger Bar

July 7, 7 PM: Mike & Paul July 14, 7 PM: Xander Nelson July 21, 7 PM: Mike Mellen July 28: Ric Roy 40 Main Street, Biddeford www.eatatcowbell.com 284.2355

#### Crew OGT

July 1, 8:30 PM: Steve Dennis July 2, 12 PM: Crystal Marie 8:30 PM: Jay Larkin July 3, 8:30 PM: Ben Lyons July 4, 8:30 PM: Maddi Ryan July 5, 4 PM: Maddi Ryan 8:30 PM: Pete Finkle July 6, 4:30 PM: Isaiah Bennett 8:30 PM: TJ Swan 8 Shore Road, Ogunquit www.crewogt.com | 216-9236

#### The Dance Hall Kittery

July 7, 7:30-9 PM: Meta Beat
July 8, 7:30-9 PM: Leland Martin
& Conor Hearn
July 9, 5-7 PM: Jazz Casual Series;
Scott Kiefner Trio ft. Chet Doxas
7 Walker Street Kittery
thedancehall.org
Tickets Needed

#### Féile Restaurant & Pub

Live Music 1619 Post Road, Wells www.feilerestaurantandpub.com 251.4065

#### The Front Porch

Live Piano Bar Wednesdays 5-10 Thursdays, 5-10 PM Fridays 5-11:45 PM Saturdays 4-11:45 PM Sundays 2-8 PM 9 Shore Road, Ogunquit thefrontporch.com | 646.4005

#### Funky Bow Brewery and Beer Company

Live Music all weekend 21 Ledgewood Lane, Lyman www.funkybowbeercompany.com 409.6814

#### Hurricane Restaurant

Wednesdays
July 6 Michael Corleto
29 Dock Square, Kennebunkport
www.hurricanerestaurant.com
967.9111

#### Kennebunk Inn

Facebook @kennebunkinn Insta @kbkinn 45 Main Street, Kennebunk www.thekennebunkinn.com 985-3351



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Best beer selection in 3 states
6 humidors of Premium Cigars
Open Sunday 10-5, Monday-Saturday 9-8

207-641-8622 Hannaford Plaza, Wells

www.TullysBeerandWine.com

#### Lobster in the Rough

Saturday July 1, 6-10 PM: Fugitive Sunday July 2, 1-4 PM: Ralph Allen 5-9 PM: Acoustic Tandem Thursday July 6, 7-9 PM: Dan Morgan Duo Friday, July 7, 6-10 PM: Brazen Cane US Route 1, York www.theroughyorkmaine.com 363-1285

#### Nikanos Mediterranean Bar & Grille

Saturday, July 1, 2-5 PM: Kaia Mac
8-11 PM: Eric Andrews Quinter
Sunday, July 2, 12-2:30 PM:
Amanda Dane
Sunday, July 2, 3-6 PM:
Jason Weber
Monday, July 3, 12-3 PM:
Amanda Dane
Thursday, July 6, 2-5 PM:
George Morley, 9-11 PM:
Bill Gearin
73 Main Street, Ogunquit, Maine

#### The Nonantum Resort Latitudes

646-1112 | www.nikanos.com

Monday, July 3, 5-8 PM: Jim Ciampi Tuesday, July 4: 5-8 PM: Jim Ciampi Wednesday, July 5: 5-8 PM: Jim Macisso Thursday, July 6, 1-4 PM: Henry Lowery Thursday, July 6, 5-8 PM: KT McCammond 95 Ocean Avenue, Kennebunkport www.nonantumresort.com

#### Ryan's Corner House Irish Pub

967-4050

Live Music Often, Call Restaurant 17 Western Avenue Lower Kennebunk 967.3564

#### Sand Dollar Bar & Grille

Live Music on the Outside Deck 2 Beach Street, York Beach www.sanddollarbarandgrille.com 606-0077

#### Seaside Pavilion

Tuesday, July 4, 7 PM:
195 Army National Guard Band
Friday, July 14, 7 PM:
So Good: The Neil Diamond
Experience Starring Robert Neary
Seaside Pavilion, 8 6th Street
Old Orchard Beach
www.seasidepavilion.org
935-2024

#### Town House School Kennebunkport Historical Society

July 12, 7-9 PM: Three of a Kind 7 Friends Play Good Songs July 26, 7-9 PM: Katherine Rhoda; Songs of the Suffragettes 135 North Street, Kennebunkport info@kporths.com 967-2751

#### Ryan's Corner House Irish Pub

Live Music Often Call Restaurant 17 Western Avenue Lower Kennebunk 967.3564

#### Wild Bevy

July 1, 5-8 PM: Phil Maurice July 2, 5-8 PM: Meraki July 6, 5-8 PM: Kevin Horan 596 N. Berwick Road, Wells www.wildbevy.com 251-8868

#### Send your questions to rsimon@legacysir.com

Q: I am getting ready to put my parent's house on the market. I have met with two brokers and each of them came up with a suggestion that I am having a hard time with. My mother recently passed away and had lived in the house for over fifty years, and now I have inherited it. Without question, it is a tired old place that will need a lot of work for a new owner. My issue with both brokers is that

they both said that I should have a home inspection done before we put it on the market. This seems like an unnecessary spending of money and I truly do not want to go down that road. Just curious about your thoughts on this, please. Thanks, Adam

A: This is a question that I get asked quite a bit. The brokers are suggesting that you do that so that if there are issues that you will have to repair or correct, it is better and easier for you if you do it without the buyer involved. I understand you're not wanting to do it and you certainly can make your own decision on this. But just know that the brokers are trying to protect you from a potential issue that will either cost you a great deal of money to repair or could lead to the buyer walking away from the transaction. Another option is that you can put the house on the market and put in the listing that the house is being sold 'as is.' Again, there is no guarantee how buyers will react to that. You have options.

Q: Our house is scheduled to close in two weeks. We have just been informed by our broker that the buyers will be doing a walk through of the house on the day of closing. I am just surprised that this is going to take place. They have viewed the house several times and I am not understanding why they need another viewing on the day it is going to close. Might they change their mind and withdraw from the purchase? It just seems weird to me and puts us at risk. Interested on your take on this as we are very uncomfortable. thanks, Ian

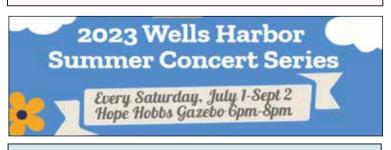
A: I understand your confusion about this. Please know that this is standard procedure for a buyer. The walk through is the final check that everything is conveyed to them in the condition of the house being clean, in good shape and all personal items have been removed. I have never had a closing where this final walk through does not take place. It is absolutely standard procedure.

Randal Simon has been a real estate broker for over 30 years. His column was in the Portland Press Herald for many years; he is now pleased to be participating locally in Tourist & Town. He has been a contributor to The Wall Street Journal, Unique Homes and The New York Times.

Randal Simon, Legacy Properties, Sotheby's International Realty 150 Port Rd, Kennebunk (C) 207-590-9656 (O) 207-967-0934 rsimon@legacysir.com www.legacysir.com

### Concert Series at The Outlook Tavern at The Links, South Berwick

Check out their great summer lineup at www.outlooktavern.com



#### Seaside Pavilion in Old Orchard Beach 2023 Concert Schedule

Tuesday, July 4: 195th National Guard Army Band Friday, July 14: The Neil Diamond Experience starring Robert Neary Tuesday, July 18: Deep Blue C Studio Orchestra: A Burt Bacharach Tribute

Tuesday, August 8: The Diamonds Tuesday, August 15: Top of the World: A Carpenters Experience

No reservation required. 86th Street • PO Box 285 Old Orchard Beach, Maine 04064 seasidepavillion.org

#### Saltwater Fishing Report – great season ahead



Andrew Hall from Brighton, Michigan, caught this beautiful 42-inch striped bass on Friday, June 16, aboard the Striper Swiper. On June 17, he and his beautiful high school sweetheart were married at the Nonantum Resort.

#### Seas the Day!

Enjoy a day of fishing or sight-seeing with Captain Greg Metcalf aboard Striper Swiper.



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by Captain Greg Metcalf Striper fishing from Kit-tery to Portland has been fantastic! The weather was a bit challenging so the charter boats lost a few days of fishing last weekend. As soon as the ocean settled down, the stripers started biting with a vengeance.

The 2023 prospects are looking good for a productive season, as long as the weather cooperates and the baitfish remain in residence. The offshore action for pollock and haddock has also been excellent.

**Kennebunkport:** The fishing from Cape Porpoise to Wells Bay was very good this past week. There are decent-size bodies of stripers in both the Kennebunk and Mousam rivers of all sizes. Mackerel fishing has been excellent and most of the schools are smaller tinker-size which make perfect live-striper baits. Some larger-sized stripers have also recently moved in which really good to see. Fish are being caught along the rocky shoreline of Ocean Ave and Mothers beach. Fishing guides from Kennebunkport and Wells have been reporting good numbers of jumbo-sized

Wells, Ogunquit: Brandy from Webhannet River Bait and Tackle reported that striped bass are being caught along the beaches from between the Mousam and Ogunquit rivers. The action in the rivers and at the river mouths has also been steady.

Stripers are being caught on live mackerel, chunks of fresh mackerel and pogies, soft plastic lures like Sluggos or Hogy's and surface plugs early in the morning.

York: Captain Phil Breton of Breton Charters told me stripers are being caught from the Piscataqua River to Ogunquit on live mackerel as well as cut bait. Longs Sands Beach and York Harbor were red hot on Thursday and Friday. The mackerel fishing finally picked up as well as the flounder fishing in the York River. Captain Phil has some shark charters on the books for early August.

Goose Rocks Beach: Captain Dave Rand reported it was a good week of fishing week at Goose Rocks. Sand eels have returned and the striper fishing picked up considerably. Stage Harbor and Cape Porpoise striper activity also improved. Try using cut mackere sitting on the bottom as the current from the tide increases. Sand worms would also be a good bet to use for bait.

Saco River and Saco Bay: Captain Cal Robinson of Saco Bay Guide Service told me mackerel started the week being plentiful and the right size, but by week's end were hard to find and very large in size. The stripers were consistent the first part of the week, with most charter boats and local sharpies landing multiple keepers daily. This changed with the barometer on Friday. Consequently, fishing through the weekend was very tough. Most of the boats travelling to Tanta's Ledge are limiting out on haddock with a lot of big porbeagle shark stories.



Join us aboard one of our boats, "Nick's Chance" or "Kylie's Chance," for an authentic and exciting experience out on the Atlantic Ocean. Choose between a longer tour or shorter, scenic cruise, either way, you'll get to experience Kennebunk and Kennebunkport, its wildlife, and the culture out on the water for a unique tour of the coast of Maine.



**RESERVATIONS & INFO** 207.967.5507 firstchancewhalewatch.com



#### Tide Chart **June 28 - July 12**

Wednesday, June 28		
Low	.01:09 AM1.56	
High	.07:21 AM7.94	
Low	.01:22 PM1.48	
High	.07:42 PM8.79	
Sunrise	: 5:04 AM	
Sunset:	8:26 PM	

#### Thursday, June 29

Low.......02:01 AM....1.23 High ...... 08:13 AM .... 7.93 Low......02:10 PM....1.45 High ...... 08:29 PM .... 9.14 Sunrise: 5:04 AM Sunset: 8:26 PM

#### Friday, June 30

Low....... 02:52 AM....0.81 High...... 12:43 AM..10.96 Monday, July 10 High ...... 09:07 AM ....8.04 Low......02:59 PM....1.32 High ...... 09:17 PM .... 9.56 Sunrise: 5:04 AM Sunset: 8:26 PM

#### Saturday, July 1

Low......03:44 AM....0.33 High ...... 10:00 AM .... 8.23 Low.......03:49 PM.....1.1 High ...... 10:06 PM .. 10.01 Sunrise: 5:05 AM Sunset: 8:26 PM

#### Sunday, July 2

Low ...... 04:35 AM .. -0.16 High ...... 10:52 AM .... 8.49 Low......04:40 PM....0.81 High ...... 10:57 PM .. 10.44 Sunrise: 5:05 AM Sunset: 8:26 PM

#### Monday, July 3

Low.......05:27 AM.. -0.59 High ...... 11:44 AM .... 8.78 Low......05:32 PM....0.51 High ...... 11:50 PM..10.78 Sunrise: 5:06 AM Sunset: 8:26 PM

#### Tuesday, July 4

Full Moon: 7:40 AM

Low......06:18 AM.. -0.91 High ...... 12:36 PM .... 9.05 Low......06:26 PM....0.24 Sunrise: 5:07 AM Sunset: 8:26 PM

#### Wednesday, July 5

Low ...... 07:10 AM.. -1.09 High ...... 01:30 PM .... 9.29 Low......07:20 PM....0.05 Sunrise: 5:07 AM Sunset: 8:25 PM

#### Thursday, July 6

High ...... 01:39 AM .. 10.95 Low....... 08:03 AM...-1.11 High ......02:24 PM ....9.49 Low......08:17 PM.. -0.01 Sunrise: 5:08 AM Sunset: 8:25 PM

#### Friday, July 7

High ...... 02:35 AM .. 10.75 Low...... 08:56 AM.. -0.96 High ...... 03:19 PM .... 9.64 Low......09:15 PM....0.02 Sunrise: 5:09 AM Sunset: 8:25 PM

#### Saturday, July 8

High ...... 03:33 AM.. 10.37 Low...... 09:50 AM.. -0.68 High ...... 04:15 PM .... 9.74 Low......10:16 PM....0.14

#### Sunrise: 5:09 AM Sunset: 8:24 PM

Sunday, July 9 High ...... 04:33 AM .... 9.87 Low...... 10:46 AM.. -0.29 High ...... 05:12 PM .... 9.77 Low...... 11:20 PM....0.28

#### Sunrise: 5:10 AM Sunset: 8:24 PM Last Qtr: 9:49 PM

High ...... 05:34 AM .... 9.32 Low...... 11:43 AM....0.15 High ...... 06:09 PM .... 9.74 Sunrise: 5:11 AM Sunset: 8:24 PM

#### Tuesday, July 11

Low...... 12:25 AM....0.38 High ...... 06:37 AM .... 8.82 Low......12:41 PM....0.59 High ...... 07:07 PM .... 9.67 Sunrise: 5:11 AM Sunset: 8:23 PM

#### Wednesday, July 12

Low......01:30 AM....0.43 High ...... 07:42 AM .... 8.42 Low......01:40 PM....0.98 High ...... 08:05 PM .... 9.58 Sunrise: 5:12 AM Sunset: 8:23 PM

Note: The number for each high and low tide indicates the height in feet above or below sea level. This chart shows tides for the mid-coast of York County; tide times are a few minutes earlier to the north (Old Orchard Beach) and a few minutes later to the south (York Beach). Tides are affected by the weather and cycles of the moon; the actual times and tide heights can differ slightly from the predictions above.



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#### **GARFIELD** BY JIM DAVIS



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ODIE! SHUT UP!

#### CLASSIC PEANUTS BY CHARLES SCHULZ

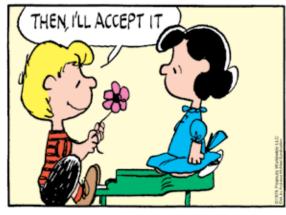




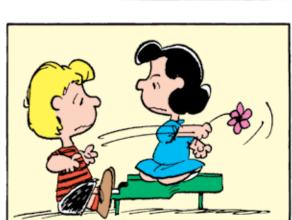














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JIM DAV15 4-16

#### Through the Lens with Bob Dennis

Taken at twilight on Thursday, June 15, this photo features a near-perfect reflection and strong color but it also demonstrates something important: There's a lot more to lobstering than just tossing traps into the ocean and hauling them back up. Besides a lot of science and research involved, there are many different "tools of the trade." Situated right off Cape Porpoise Pier (with Goat Island Light in the distance), this floating platform used by the Nunan family holds several of those tools, including traps, bouys, buckets, barrels, rope, as well as containers of caught lobsters. Observing how the Nunans work off this platform offers valuable lessons on all the hard work that goes into lobstering.

#### @portimages kportimages.com



#### **ACROSS**

- 1 Goatee, for example
- 6 Where to find toe beans
- Do a terrible stand-up set
- "We want to
- be included!"
- "Now!"
- Adidas 16 competitor
- Men's Health
- alternative Blend
- together Blog feed
- format letters Goulash
- or birria
- Food label stat.
- Online place to obsess about your
- favorite band 28 Device that uses a threeprongea
- approach? **30** Brewpub
- order 31 Piece of a formal
- ensemble 33 Dairy animal One of six on
- Australia's flag
- That guy Carve into a
- plaque, say 38 Middle Eastern rulers
- Private info dished to a journalist
- Some Energizers
- Mimic Grp. that might host a bake sale

- 49 Housing for a filly or colt
- 53 ISP since 1993
- **54** Fit
- **55** "Ha! What was I thinking?!"
- **57** Edge of a skirt
- 58 Palindromic
- address
- Seasonal ailment
- 61 Away from the shore
- 63 Carpenter's tool ... or what might beep when near 17-, 31- and 49-Across?
- 68 Cash register part
- 69 RPG spell caster 70 Too trusting
- 71 Put on the market
- **72** Annual Austin fest 73 Selfish desire
- DOWN
- 1 Coding flaw 2 Abbr. on a
- lawyer's door 3 Cash
- dispenser 4 Lion's
- outbursts 5 Watches someone's pointer, say
- **6** La (Bolivian capital)
- 7 Words on a sale rack label
- 8 Classified document?
- Racer's swimwear brand
- **10** "Kapow!"

- 11 Benefit of working an extra shift,
- 12 Less spicy
- 13 Kitsch, basically 18 Sharp-witted
- and fold (laundromat
- service) **24** Confront
- head-on 25 Tons
- 26 Scent picked up on a
- test drive 27 Final, for one 29 "SNL" legend
- Hartman "Sappho's
- Leap" author Jong Corned beef
- dish 39 Pilfers from
- **40** Joint with tobacco and mariiuana **42** Particle

**CERN** 

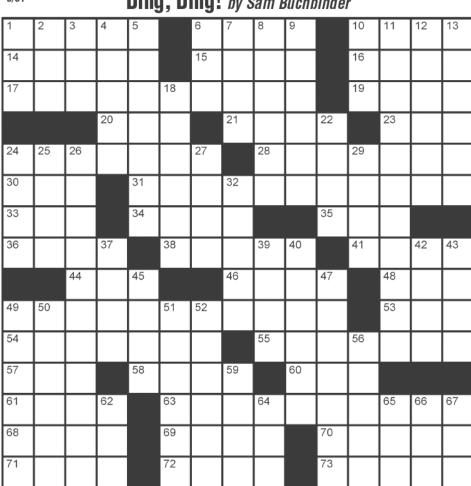
smashed at

- 43 Smoothie green Baseball
- maybe
  - Hollering
    - 50 Baby
    - snaps **51** They're jerks! 52 It provoked
    - "party" in Boston 56 Like the
    - Islamic calendar
    - cups
    - on a Cubs nat

- stitching
- Drum kit cymbals
- garment with
- a famous
- 59 Coffee shop
- 62 Every bit Mountain Baja Blast
- Craps cube The night before
- 67 Like the "C"

#### 3/31

#### Ding, Ding! by Sam Buchbinder

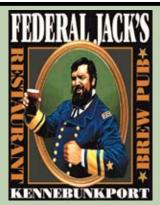


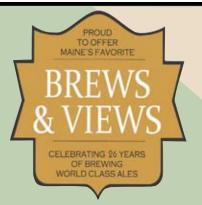
#### Universal Crossword

Solution on opposite page (no peeking)









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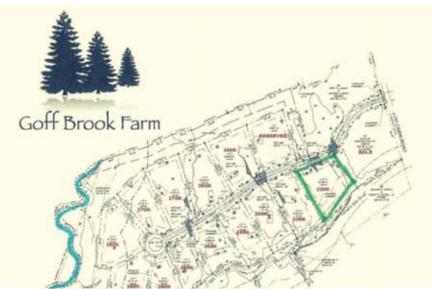
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