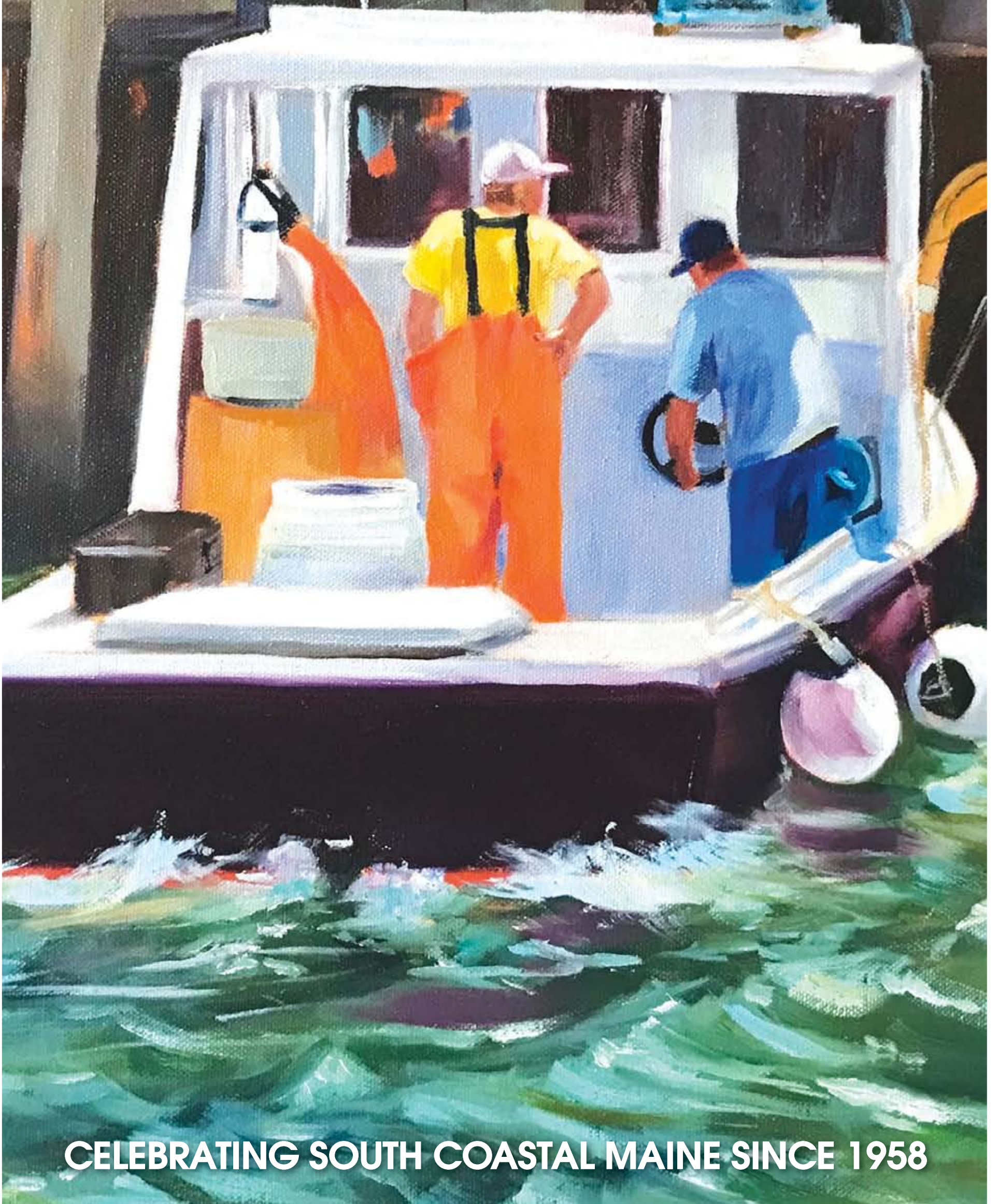


TOURIST & TOWN

FREE

Volume 65 Issue 11

July 20, 2023



CELEBRATING SOUTH COASTAL MAINE SINCE 1958

Our mission is to be an indispensable guide to life in South Coastal Maine, a champion for local businesses and a source of entertainment and goodwill for locals and tourists alike.

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Publisher's Note



Whether you are a tourist or a "townie," you can count on Tourist & Town to give you what you seek.

Anyone who enjoys travel knows that tourists love to play townie (and I use the term "townie" 100% affectionately), looking to soak up as much local color as possible for a fully authentic travel experience.

And anyone who loves where they live knows that townies love to play tourist, experiencing their hometowns with fresh eyes - falling in love with where they live over and over again.

With resources for visitors, community news for residents and loads of local color for both, Tourist & Town brings tourist and townie together in one publication, knowing it's both the tourists and the townies who keep the wheels turning in our communities and give this area its sweet, sweet flavor.

On the following pages, we know you will find just what you're looking for - with extra goodies to boot. Happy exploring!

Handwritten signature of Kingsley Gallup

Kingsley Gallup, Publisher



Cover Artist: Dawn Maron

"I was born in Portland, Maine, but moved to Massachusetts by the time I was four. Nevertheless, Maine was home to me every summer. Holidays were spent with my grandparents, who lived in Gorham. After college, I moved to Ohio to start a career in teaching and later, school psychology. With three children and a full time job, there was little time to paint.

As soon as I retired, I began my journey into the painting world. Fourteen years ago, my husband and I moved to Maine, and the painting began. I have been fortunate to be inspired and tutored by a number of very fine artists. Each one of these generous people extended and deepened my ability to paint. I take this opportunity very seriously, for it is something that I have always wanted to do, and I am now doing it." ~ Dawn Maron.

Find Dawn Maron's work at The Wright Gallery in Cape Porpoise.

Some of you are finding us tucked into the Maine Sunday Telegram today, thanks to our exciting new partnership with the Portland Press Herald. Now, in addition to our local distribution to hundreds of drop sites throughout coastal York County, Tourist & Town is inserted into the Maine Sunday Telegram. What an incredible honor this is for Tourist & Town and its readers. If this is your first time reading our publication, now in its 65th year, we hope you enjoy it. And be on the lookout our summer magazine!

Publishing Calendar 2023
Remaining 2023 Newspaper Dates

Table with 2 columns of dates: July 27, August 3, August 10, August 17, August 24, August 31, September 14, September 28, October 12, October 26, November 9, November 23** and July 19, July 26, August 2, August 9, August 16, August 23, September 6, September 20, October 4, October 18, November 1, November 15

** The Holiday Issue

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Advertisement for 'The Timely and The Timeless' featuring a QR code and images of magazine covers.

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The Kitchen Table Band – serving up the tunes with gusto

by Valerie Marier

The toe-tapping music starts every Friday morning at 10 when a group of musician friends, all “75 plus,” gather around a

circular oak table near the refrigerator in a house off Sea Road in Kennebunk. For the next two hours, the Kitchen Table Band (as they dub themselves)

Hawes makes music on her Martin guitar, and the result is magically melodic. They sing, harmonize and improvise from a repertoire of 139 songs in a variety of keys, and include every genre from folk, jazzy blues to Americana.

plays a medley of tunes ranging from oldie-but-goodies like “Back in the Saddle” and “Killin’ the Blues” to today’s popular “Wagon Wheel.”

Kirk Smallman and Rich Gaito strum baritone ukes, Sandra

Smallman even added a kazoo solo during their rendition of “Why Don’t We Do This More Often, Just What We’re Doing Tonight.” He has fond memories of hearing this song while growing up because his parents played it on their Victrola whenever company walked through the front door.

Prior to Covid quarantining, the Kitchen Table Band frequently played at memory care units throughout southern Maine. “But never for money,” Smallman added. “One nursing home offered to pay us but we absolutely refused. We’re just people who like to sing and play.” They hope to resume concerts at nursing facilities again soon.

The band started playing together about 15 years ago. At one point, the group included six members, including a fiddler. But, Smallman said, “No electric guitars! We’re more uke and guitar.” All are also members of Kennebunk’s First Parish Unitarian Universalist Church where they gather for a “song swap” on the second Friday evening of every month between 7 and 9 PM.

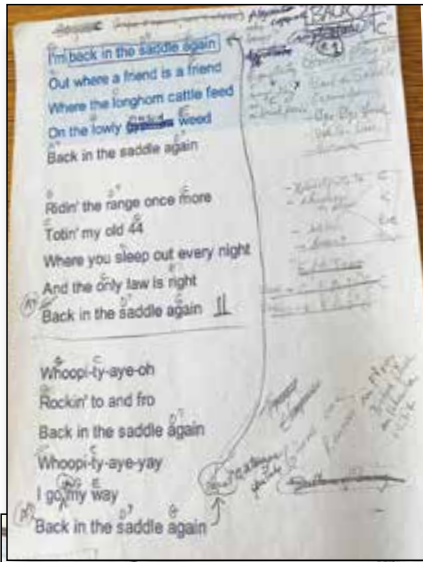
Rich Gaito explained: “We invite people to come and sing songs with us, or introduce a song they’ve written. Someone might play the piano, one time a guy brought his bagpipe. The gathering is ‘virtual’ so a few people attend on Zoom.”

“There’s a couple in Utah who check in regularly for the song swap. Generally, though, about 15 people show up in the sanctuary and it’s a real fun evening.”

Smallman’s kitchen is a long way from Carnegie



Kirk Smallman, Rich Gaito and Sandra Hawes are the heart and soul of the Kitchen Table Band, which sometimes expands to include six musicians. Here Smallman and Hawes wear the “band shirt.”




Above left: With a repertoire of nearly 140 songs, the Kitchen Table Band favors music from the ‘20s and ‘40s, including “Back in the Saddle Again.” Above right: Rich Gaito, Sandra Hawes and Kirk Smallman meet year-round every Friday morning to play music and sing around Smallman’s oak kitchen table in Kennebunk. All photos by Val Marier

Hall but this group makes great music. All have played instruments for decades, including Gaito, who first held a guitar when he was 10 years old. Today, he says, “Arthritis is taking a little toll on my fingers,” but that was not noticeable to this listener.


“Our constant reward is that each time we play a song, we know we’ve never played it that well

before!” Smallman said. “Plus, it’s just a lotta fun.”


If you’re interested in attending “Swap Song” with the Kitchen Table Band, go to Kennebunk’s First Parish Unitarian Universalist Church on the second Friday of every month between 7 and 9 PM. FMI on The Kitchen Table Band, email Kirk Smallman: kboy@gwi.net.



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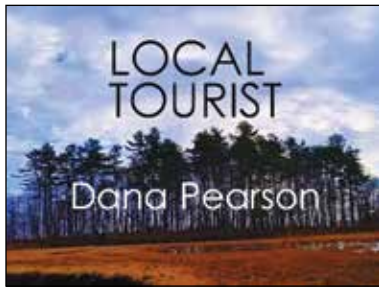
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by Dana Pearson

I picked a lousy day to visit the Old Boston Preserve in Ogunquit for the first time, but with this summer, beggars can't be choosers. Nonetheless, I enjoyed what I saw; after all, there's a reason that the loveliest, most atmospheric photographs are taken on overcast, damp days. And you can't beat the rich scent of a wet forest.

So yes, it was drizzling the morning when I drove down to the preserve on North Village Road with my wife, the both us Gore-Texed to the gills – after all, the Great Works Regional Land Trust's web-

site indicated there would be "vernal pools and productive wetland habitats." Having recently been to the Kenyon Hill Preserve (also under the stewardship of GWRLT), which will have its rugged parking area brought up to snuff this fall, it was a delight to pull into a brand new, professionally graded, bona fide parking lot.

And it wasn't just the parking lot that was new. As we hiked it, it became clear that the entire 1.2-mile loop trail had recently been tended to. Freshly cut limbs were visible on the side of the path that formed a figure eight over the rolling terrain, occasionally skirting stone walls that were part of this former farmstead. What used to be pasture is now forest, mostly hardwoods, with plenty of space between the oaks and maples so

Old Boston Preserve opens to the public

that, with visibility unimpaired, it's easy to imagine the fields rolling down to a creek that leads to the Ogunquit River.

One guy was just leaving with his dog; the trail was all ours. Aside from the distant hum of the turnpike and the not-distant-enough hum of the occasional mosquito, it was peaceful.

The newest GWRLT acquisition, the Old Boston Preserve opened June 10. The 156-acre preserve was purchased as two lots: 99.7 acres on the western side of North Village Road in December 2020, and 57 acres on the eastern side in January 2021. The Maine Natural Resource Conservation Program provided \$860,000 of the total tab of \$1.2 million, making it that program's largest single grant ever.

"It was the largest tract of undeveloped land in Ogunquit, so the state agencies found it a high prior-

ity," said Dan Maxton, Community Engagement Coordinator for GWRLT. "And the town, too," he added, noting that 88 percent of Ogunquit voters approved \$300,000 toward the project.

Maxton said the bulk of the trail work was completed this spring, with the designers often following natural wildlife trails around the property, which the Boston family acquired in 1649. (Its use as a farm ended in the early 20th century during the life of Nahum Boston (1838-1925), and was last inhabited in 1958.)

"Over the course of several stewardship workdays, volunteers diligently prepared the trails for public use," said Maxton. "And on Arbor Day, four different tree service companies donated a very long day's work felling dangerous dead pines and limbs overhanging the trails. We're extremely grateful for that donation."

Because we took the clockwise route of the figure eight, we ended our hike by passing through the old Boston family cemetery and the remains of the foundations of the 19th century farmhouse and barn, located right off North Village Road. It's a bitter-sweet, atmospheric site (especially in gloomy weather), where you can fantasize what it must have looked like with people busily working the farm under the sun.

-continued on next page



The loop trail on the Old Boston Preserve passes by the family's cemetery. Photo by Dana Pearson



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"We raised enough funds to steward and manage the land in perpetuity," said Maxton. "It's one of the few properties we have that can easily host a universal access trail," which is a project the trust will address in the future, with the town's help. Maxton said they also hope to connect the parcel with the York Land Trust's adjacent Hilton-Winn Preserve.

For more information: gwrlt.org
dana@touristandtown.com



The Seacoast Arborist Collaborative donated time on Arbor Day this year to remove problematic trees and limbs from the Old Boston Preserve's figure eight-loop trail. From left to right: Matt Hersom, James Fields, Micum Davis, Chris Kemp, Great Works Regional Land Trust Executive Director Jordan Kelley, Ben Canfield, Jeff Whitney, Derek Barnett, and George Fryou. Courtesy photo



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The Old Boston Preserve is located on Old Village Road in Ogunquit. Photo by Dana Pearson



Aboveleft: Former property steward Donovan Spaulding with volunteers Cath Mende and Jackie Danner at the Old Boston Preserve's newly built trail kiosk this spring. (Courtesy photo) Above right: The remains of the Boston family farm's barn. (Photo by Dana Pearson)



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Destination Arundel: antique stores, consignment and thrift shops

by Jo O'Connor

Are you into treasure hunting? You know, you get that "finding that one-of-a-kind object that you can't live without" feeling? Or maybe the antique route is your thing. This edition's destination takes you to a quarter-mile stretch on Route 1 in Arundel.

Melissa's Mighty Finds Now celebrating 10 years,

this is a groovy 3,500 sq. ft. space that is wonderfully staged. Owner Melissa Paquette carefully curates this thrift space. "With all of the rain lately, this has already become a banner summer," said Paquette.

The store has coastal décor, jewelry, clothes, spotted horse tack, women and men's apparel and furniture. This location has the cool factor going for it. You

won't leave empty handed.

Hot Sellers: Lawn cement statutes including Buddahs, lobsters, mermaids, seahorses, garden figures, angels, frogs, stepping stones, benches and birdbaths.

FMI: Daily 11 AM-5 PM; 1479 Portland Road

Our Way Antiques Traveling north on Route 1, you will come upon Our Way, which has been open

for the past 2 ½ years. This 1,000 sq. ft. space features 8 vendors and is pure eye candy. They have antiques, memorabilia, gifts, primitives, vintage advertising and furniture – at every price point. Proprietor Angie Collard said the summer season thus far has been very steady. There's a really groovy vibe at Our Way that you will want to take in.

Hot Sellers: Lamps and furniture.

FMI: Wednesdays-Saturdays, 10 AM-4 PM/Sundays, 10 AM-2 PM (closed Mondays and Tuesdays). Located at 1654 Portland Road.

Antiques USA

With 15,000 square feet of space, you could lose yourself with this destination alone. There are more than 130 vendors and it is chock-a-block full of great antiques. Experience the "pleasure of treasure" inside their cavernous space.

Visit owner Tony or his team Robin or Mary, who always accommodate your



Our Way Antiques. Courtesy photo

every antique need. They just celebrated their 30th year in business and it shows. Mark your calendar, as each year, Antiques USA has a blow-out sale from January 2 to March 23, with discounts running between 10% and 60% off.

Hot Sellers: Everything – duh.

FMI: Daily 10 AM-5 PM; 1669 Portland Road

Arundel Antique Village

With two floors of well-lit space, Arundel Antique Village has more than 200 dealers and 250 display areas including locked cases. Owned by Joanne Cacciapaglia and open since 1978, this is a destination with a bit of everything with different price points.

The many dealers take great pride in turning over the merchandise for a terrific shopping experience. With all the inclement weather, this summer has been going gangbusters for them.

Hot Sellers: Jewelry, coins, comic books and albums.

FMI: Daily Mondays-Fridays, 10 AM-5 PM/Saturdays-Sundays, 9 AM-5 PM; 1713 Portland Road

-continued on next page



Melissa's Mighty Finds. Courtesy photo

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Arundel Flea Market. Courtesy photo

Arundel Flea Market

Step out the door of Arundel Antiques Village and into their sizable parking lot, and you have reached nirvana. If you love flea markets, then you are home. With 200+ outdoor tables, vendors are willing to dicker with you. Some vendors even pull into the lot as early as 3 AM to claim their perfectly located table. Really, there is something for everyone.

Looking to get rid of some of your wares? This flea market's table prices are very reasonable, too, at \$5/weekday and \$10/weekend.

Hot sellers: You just never know.

FMI: Open year-round, weather dependent; 1713 Portland Road



Arundel Antiques Village Courtesy Photo



Antiques USA. Courtesy photo



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Ryan Kohler solo summer show opens July 22 on Maine Art Hill

"Collage is not a streamlined process, and it's not practical," said artist Ryan Kohler. "The upside is that I have clean shapes of pure color and exactly the shape I want."

Kohler's solo summer show opens on Saturday, July 22, on Maine Art Hill, 5 Chase Hill Road, Kennebunk, and will run

through Wednesday, August 16. The artist will attend the opening reception from 5 to 7 PM on Saturday, July 22, and all are welcome.

Ryan Kohler is a young Maine artist who has worked with many mediums. Acrylic led to the addition of collage, and now he is trying his process with

oil. Even though Kohler finishes with collage, he is still a painter at heart.

"I spend a lot of time painting the initial colors, making sure my value structure and color design is as good as I can make it," said Kohler. "I respond to the painting a lot during this process. Some paintings want to be more paint-

erly and loose, and others more graphic."

Once he begins with collage elements, they take on a more illustrative look. Kohler leans into this and uses it to his advantage.

"Once I have a quality, almost finished canvas, I move to the collage. The process and results are a bit like palette knife marks,

except I have much more control," he explained. "If I don't like the piece I've just added to the painting, I simply remove it. I have a window of time before the glue permanently adheres the paper to the canvas, and even if I am beyond that window, I still have the option to continue gluing more paper to cover up."

"Sometimes that leads to the most interesting results," said Kohler. "I am always amazed at what each small step adds to the finished piece."

The gallery is open at 10 AM daily. FMI call 207-967-2803 or visit maine-art.com/shows.



Ryan Kohler. Courtesy photo

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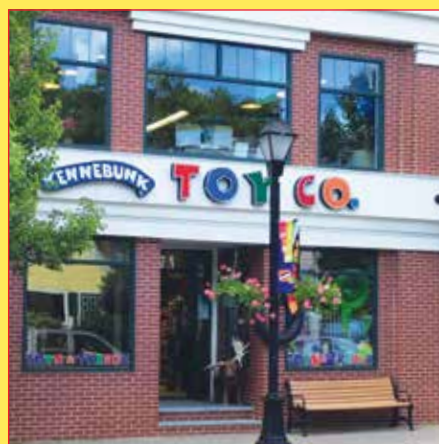


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Kennebunkport Historical Society presents "Songs of Women's Suffrage" at the Town House School

The Kennebunkport Historical Society is thrilled to announce an exciting upcoming event that celebrates the rich legacy of the women's suffrage movement. On Wednesday, July 26, at 7 PM, the Society will host a captivating evening of historical music titled "Songs of Women's Suffrage" at the esteemed Town House School.

Renowned vocalist Katherine Rhoda will take center stage, showcasing a collection of poignant songs that emerged during this pivotal era in American history. The women's suffrage movement served as a catalyst for a surge of artistic expression, resulting in the creation of numerous compositions and the transformation of familiar melodies with new lyrics.

"Songs of Women's Suffrage" provides a unique opportunity to journey back in time through the power of music, rekindling the spirit of those who fought tirelessly for women's rights. Katherine Rhoda, an exceptional vocalist known for her captivating performances, has meticulously curated a selection of these historical songs.

To delve deeper into the program and gain insight into the profound impact of the women's suffrage movement, interested individuals can visit Katherine Rhoda's website at <https://katherinerhoda.com/offerings/songs-of-womenssuffrage/>.

The Kennebunkport

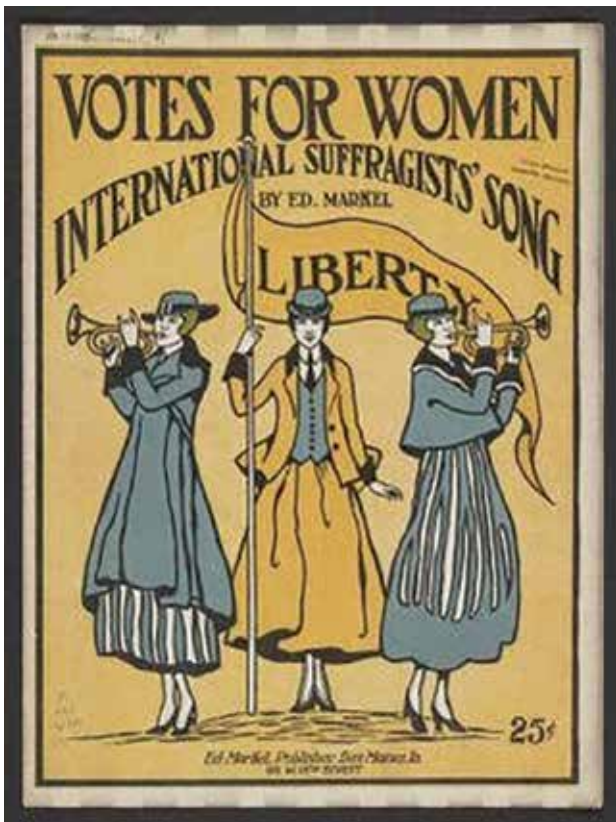
Historical Society encourages attendees of all ages and backgrounds to join them for this unforgettable evening. Whether you are a history enthusiast, music lover, or simply curious about the profound impact of the women's suffrage movement, "Songs of Women's Suffrage" promises an enlightening and inspirational experience.

The event will be held at the Town House School, 135 North Street, Kennebunkport. Tickets are \$15 for Historical Society members; \$18 for non-members. Admission to this event is open to the public, with tickets avail-

able for purchase through the Kennebunkport Historical Society's website, as well as at the door on the day of the event.

FMI contact: Kristin Lewis Haight, Executive Director, at 207-967-2751 or email KHaight@kporths.com.

The Kennebunkport Historical Society is dedicated to preserving and sharing the rich heritage of Kennebunkport and its surrounding communities. Through engaging programs, exhibits, and educational initiatives, the Society aims to foster an appreciation for local history and its enduring influence on the present.



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CALENDAR

Thursday, July 20

Historic District Walking Tour, 10:30AM, Brick Store Museum, 117 Main Street, Kennebunk. Explore the history of the elaborate and historic homes that line Kennebunk's Summer Street neighborhood in Downtown Kennebunk. Led by Museum tour guide. \$10 per person/\$5 for members. Reserve in advance by calling 985-4802 or visit www.brickstoremuseum.org.

2023 Kennebunk Savings Summer Concert Series: The Dock Squares, 20 Recreation Way, Kennebunkport, 6-8 PM. Hosted by Kennebunkport Parks & Recreation. Live music, food trucks, Batson River Brewery, Banded Brewing Co., bounce house, face painting. FMI Kennebunkportrec.com or 207-967-4304

Nonfiction Book Group, Wells Public Library, 1434 Post Road, Wells, 4:30 PM. The Nonfiction book group will meet in person - all are welcome! Our pick for this month is *Finders Keepers: A Tale of Archaeological Plunder and Obsession* by Craig Childs. FMI contact Cindy Appleby at cappleby@wellstown.org or call the library at 207-646-8181.

Banjo Jimmy, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport 10:30 AM. The groovy events continue for the summer reading program, as Banjo Jimmy performs some Beatles tunes and other family favorites. There will also be a musical craft for kids. All ages are welcome to this rain or shine event. Pre-registration is required. FMI call 967-2778 or visit graveslibrary.org.

Write On! Louis T. Graves Memorial Public Library is located at 18 Maine Street, Kennebunkport, at 3 PM. Enjoy putting pen to paper with your thoughts and stories? Join a different kind of writing group. Creative writing prompts will be given at the end of each meeting. FMI call 967-2778 or visit graveslibrary.org.

Friday, July 21

Biddeford Art Walk, downtown Biddeford, 4-8 PM. Art Walk is held every third Friday.

"Summer Celebration of Art," Community House, 8 Temple Street, in Kennebunkport. This Art Guild of

the Kennebunks exhibition will run through July 23: 10 AM-6 PM on Friday and Saturday, 12-4 PM on Sunday. There will be a reception from 4-6 PM on Friday evening.

Sweet Charity opens at City Theater, Biddeford, 7:30 PM. A high energy, dance-filled, comedic musical sensation! July 21 through August 6. The show runs on Fridays and Saturdays at 7:30 PM and Sundays at 2 PM. There is no performance on Sunday, July 23. Tickets are \$25 and \$30 (all fees included) and are available at www.citytheater.org/buy_tickets or 207-282-0849.

Saturday, July 22

Blueberry Festival & Craft Fair, First Parish Unitarian Universalist Church, 114 Main Street, Kennebunk. 9 AM-3 PM. Featuring home-made blueberry pie and blueberry buckle, crab rolls, hot dogs, veggie wraps, home-made lemon ice cream and beverages; 40 artists, crafters and artisans; folk music; vintage jewelry; perfect weather on order. All welcome, Free! uukennebunk.org.

Kennebunk Artisans Marketplace, Waterhouse Center, 51 Main Street. 9 AM-2 PM. FMI visit www.kennebunk-maine.us/artisansmarketplace

Kennebunk Farmers' Market, Garden Street Lot, Kennebunk, 8 AM - 12:30 PM. FMI www.kennebunkfarmersmarket.org

Saco Farmers' Market, Saco Valley Shopping Center, Saco, 8 AM-12 PM. FMI www.sacofarmersmarket.com

Sanford/Springvale Farmers' Market, Central Park (across from City Hall) Sanford, 8 AM-12 PM. FMI www.sanfordfarmersmarket.org

York Farmers' Market, Lot behind York Region Chamber of Commerce, 1 Stonewall Lane, York, 9 AM-1 PM. FMI www.gatewaytomaine.org/farmers-market/summer-farmers-market/

Kennebunk Beach History Walking Tour, hosted by Brick Store Museum, 10 AM. Begins at Trinity Chapel, Railroad Avenue, Kennebunk Beach. Learn the history of the development of Kennebunk Beach as a tourist destination. About a one-mile loop, 90 minutes, led by trained tour guide. \$10.00 per person/\$5 for members. Reserve in advance by calling 985-4802 or visit www.brickstoremuseum.org.

Historic District Walking Tour, Brick Store Museum, 117 Main Street, Kennebunk, 12 PM. Explore the history of the elaborate and historic homes that line Kennebunk's Summer Street neighborhood in Downtown Kennebunk. Led by Museum tour guide. \$10 per person/\$5 for members. Reserve in advance by calling 985-4802 or visit www.brickstoremuseum.org.

Earthly Observations Climate Art Show Public Reception, Brick Store Museum, 117 Main Street, Kennebunk, 12-1:30 PM. Earthly Observations: Artist Perspectives on Climate is a multi-artist show with 2D and 3D artworks that illustrate our changing climate and artists' responses to these challenging world issues. Artwork is shown inside the gallery and outside in the Museum's center courtyard. A public artists' reception for this exhibition will occur on Saturday, July 22 from 12-1:30 PM. Free and open to all, sponsored by Saco & Biddeford Savings Institution.

Sunday, July 23

Christ Church Worship Services, 6 Dane Street, Kennebunk, 9:15 AM. Christ Church invites the community to celebrate the final worship services at 6 Dane Street during the month of July. After July, the Sunday 9:15 AM worship services will be held with the West Kennebunk United Methodist Church at 160 Alfred Road, West Kennebunk.

Tuesday, July 25

Recycle Art Workshop for Kids, Brick Store Museum, 117 Main St, Kennebunk, 10 AM-12 PM. This workshop will focus on creating sculptures from found and repurposed elements in the Kennebunk community. Students will learn about the life cycle of the items they are using. Trash artists' work will be discussed, and examples shown. This workshop is for 7 and older. Instructor: Elizabeth Winter. Fee: \$30. Reserve in advance by calling 985-4802 or visit www.brickstoremuseum.org.

Imagine That: Three Centuries of Kennebunk Commerce Tour, Brick Store Museum, 117 Main St, Kennebunk, 10:30 AM. New tour! This walking tour explores Main Street and its commercial history over three hundred years. Stretches from the Museum down to the Mousam River Bridge. (about a half mile, 60 minutes, led by trained tour guide). \$10.00 per person/\$5 for members. Reserve in advance by calling 985-4802 or visit www.brickstoremuseum.org.

Free Admission Day, Brick Store Museum, 117 Main St, Kennebunk, 10 AM-5 PM. Visits to the Museum are free every Tuesday from June through December! Basketmaking and paper folding demos offered during your visit alongside history and art exhibitions. FMI call 985-4802 or visit www.brickstoremuseum.org.

Music on the Lawn Concert with Beau Dalleo (acoustic guitar - exquisite sound and creativity), Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 6 PM. Good vibes and live music in the garden at Graves Library. Bring your friends, bring your chair, sit back, tap your feet, and listen to some local beat. A suggested donation of \$10 per person would be appreciated. This event will be held in the community room if it rains. Parking is available on Maine Street or at Consolidated School. Check out Beau's website - (www.beaudalleo.com). FMI call 967-2778 or visit graveslibrary.org.

Cribbage Game Night, Wells Public Library, 1434 Post Road, Wells, 6 PM. Calling all cribbage players! The Wells Public Library is starting up a casual monthly game night. Players of all ages and abilities are welcome to come and play, watch others play, learn the game, or just kibbitz. FMI contact Stefanie Claydon at sclaydon@wellstown.org or call the library at 207-646-8181.

Wednesday, July 26

Sea Life - Monoprinting & Drawing Workshop, at Brick Store Museum, 117 Main St, Kennebunk, 10 AM-12 PM. Students will learn the art of mono printing using materials from our local beaches. They will also learn to draw the amazing creatures that live in our Maine waterways. Driftwood, sand, seaweed, rocks and shells and paint will be used to create one-of-a-kind sea print. Monoprint process and techniques will be taught. This workshop is for 7 and older. Instructor: Elizabeth Winter. Fee: \$30. Reserve in advance by calling 985-4802 or visit www.brickstoremuseum.org.

Make Your Own Sketchbook Journal Workshop, Brick Store Museum, 117 Main St, Kennebunk, 1-3 PM. In this class, students will first learn how books are bound, see and touch examples of handbound books showing various binding techniques, and learn the names of the parts of a book. Following this introduction, students will have the opportunity to make their own soft cover pamphlet book and a soft cover Japanese stab bound book each full of drawing paper. Instructor: Gayle Fitzpatrick. Fee: \$30. Reserve in advance by calling 985-4802 or visit www.brickstoremuseum.org.

Fabric Fun for Kids, Brick Store Museum, 117 Main St, Kennebunk, 10 AM-12 PM. Have fun creating with fabric! In this no sew workshop students will create fabric crowns and fort flags. They will also be able to make fabric garlands. This workshop is for 7 and older. Instructor: Elizabeth Winter. Fee: \$30. Reserve in advance by calling 985-4802 or visit www.brickstoremuseum.org.

Weekly Conversational French Language Group, Wells Public Library, 1434 Post Road, Wells, 6:30 PM. An informal approach to practicing or re-learning French. FMI contact Cindy Appleby at cappleby@wellstown.org or call the library at 207-646-8181.

27th Annual Affairs to Remember Auction, Kennebunk River Club Casino, 6-8 PM. Hosted by The Center, this event features both a live and silent auction with get-aways, unique experiences, special items and family outings. Your \$50 ticket includes one drink ticket and



Above Board - All Hands on Deck hosts "Endless Summer"

Above Board will host its fifth annual fundraising event on Thursday, August 17, at The Boathouse Restaurant in Kennebunkport. Proceeds will directly support Believe in Kids Maine, a non-profit organization that provides resources for foster children living in York County. There are currently 900 foster children living in York County. The aim is to raise \$30,000. The need in Maine is massive, with over 30,000 kids throughout the state living in poverty. Believe in



Kids Maine provides simple necessities such as: food, clothing, mattresses, iPads with programming for impaired children and school supplies. Attendees of Endless Summer can look forward to a fabulous end-of-summer party at the Boathouse with live music, gourmet food, cocktails and more. For tickets, donations and sponsorships visit aboveboardmaine.org. Look for an expanded story in an upcoming issue of *Tourist & Town*.

hors d'oeuvres. Tickets are available at the door, online or at The Center. FMI call 207-967-8514 or see seniorcenterkennebunk.org.

Friday-Sunday, July 28-30

Maine Women in the Arts Summer Fine Art Show with Craft, Masonic Lodge, 10 North Street, Kennebunkport. Summer in Maine is the perfect time to enjoy the work of local artists and craftsmen. The Maine Women in the Arts "Summer Show" highlights many local and regional artists and features a variety of fine art mediums and an eclectic selection of handmade crafts. The show is a treasure trove of unique items for your home or as a special gift or memento of your time in Maine. Join in the celebration at the opening reception on Friday, July 28, 5-7 PM. Refreshments are provided and there is live music to enjoy. The full show schedule is Friday, July 28, 9:30 AM - 7 PM; Saturday, July 29, 9:30 AM - 5:30 PM; Sunday, July 30, 9:30 AM - 4 PM.

Friday, July 28

Fiber Arts, Wells Public Library, 1434 Post Road, Wells, 10:30 AM. Come show off your latest knitting creation, get tips on your crochet technique, and just chat with old friends and make some new ones. All ages & levels of ability are encouraged to join us for ideas, inspiration, and lively conversation. For more information, please contact Stefanie Claydon at sclaydon@wellstown.org or call the library at 207-646-8181.

Artists by the Sea Reception, hosted by the Biddeford Pool Community Center, 5-7 PM. This is showcase of local artists. Following the reception on Friday, July 28, the gallery will open Saturday, July 29, from 10 - 5 and Sunday, July 30, from 10-3. BPCC is located at 2 Yates Street, Biddeford Pool.

Goose Rocks Beach Association Book Discussion, Community House at Goose Rocks Beach, Kennebunkport. The book, *Frankie's Place: A Love Story* by Jim Sterba, will be the topic. Wine and cheese will be served. All are welcome.

Saturday, July 29

Woofstock, hosted by the Animal Welfare Society, 46 Holland Road, Kennebunk, 11 AM-3 PM. Southern Maine's only free, family-friendly, dog-friendly food and beer festival. All proceeds benefit Companions for Life, AWS' fund dedicated to providing quality and affordable pet veterinary care. FMI visit animalwelfare.society.org/woofstock.

Baked Bean and American Chop Suey Supper, First Gregational Church, 141 North Street, Kennebunkport, 4:30-6 PM. This is the church's monthly baked bean and American chop suey supper. First Church bean suppers will be held on the last Saturday of each month through October 2023. Exact change is required: adults and children age 12 and over \$10.00 per person, and children under 12 \$5.00 per child. There will be limited seating outdoors weather permitting. FMI call Carol at (207) 710-7060.

Kennebunkport Summer Lawn Party: A Fundraiser for the Kennebunkport Historical Society, 8 Maine Street, Kennebunkport. See opposite page.

Sunday, July 30

Christ Church Worship Services, 6 Dane Street, Kennebunk, 9:15 AM. Christ Church invites the community to celebrate the final worship services at 6 Dane Street during the month of July. After July, the Sunday 9:15 am worship services will be held with the West Kennebunk United Methodist Church at 160 Alfred Road, West Kennebunk.

Tuesday, August 1

Fiction Book Club, Wells Public Library, 1434 Post Road, Wells, 6 PM. This group meets the first Tuesday of every month and is open to all adults. Join in to chat about books, share favorite books/ authors, and discover new favorites. This month the book is *Night of the Living Rez* by Morgan Talty. For more information, please contact Stefanie Claydon at sclaydon@wellstown.org or call the library at 207-646-8181.

Thursday, August 3

Music on the Library Lawn Concert with Dana Pearson (acoustic guitar, covers of songs we know!), Graves Library, 18 Maine Street, Kennebunkport, 6 PM. Bring your chairs, sit back, tap your feet and listen to some local beat. \$10 donation as an appreciated entrance fee. FMI call 967-2778 or visit graveslibrary.org.

Friday, August 4

Astronomical Society of Northern New England (ASNNE) Meeting, Talmage Observatory at Starfield, West Kennebunk. This is an annual barbeque meeting and potluck. Both members and the general public are invited. ASNNE will provide grills, but all guests should bring their own food and favorite beverages. People should plan on arriving between 5 and 6 PM. ASNNE will provide the gas grills. Members are invited to bring as many family and friends as they wish. At about 6:30 PM, the general meeting will begin. Following the meeting, there will be observing. If cloudy, the meeting will proceed as planned. If rainy, a regular meeting will be held at the New School at 7:30 PM and there will be no cookout. The New School is at 38 York Street, Kennebunk. Directions to the Talmage Observatory at Starfield and the New School, may be found at: <http://www.asnne.org/where-to-find-us.php>. To learn of any last-minute changes to the August meeting, please email asnne.astronomy@gmail.com. FMI visit www.asnne.org.

Saturday, August 5

Biddeford Pool Community Center Garden & Art Tour. This event includes a self-guided walking tour of home owner gardens in the coastal communities of Biddeford Pool, Hills Beach, Fortunes Rocks and Granite Point. Local artists will feature and offer some of their work for sale and Master Gardeners will be on hand at a few locations to answer attendee questions. Purchase tickets online at Eventbrite - Search for: Biddeford Pool Community Center Garden & Art Tour - for \$30 each. Proceeds benefit the BPCC. FMI www.biddefordpoolcommunity-center.org

Community Yard Sale

Kennebunk Free Library, 112 Main Street, Kennebunk, 8:30 AM-12:30 PM. Shoppers will find an array of items from local artists and your neighbor's

garage. 10'x10' spaces are available to rent for \$35 and 30"x72" folding tables are also available to rent for an additional \$15. A clean-up deposit of \$25 is required and will be returned at the conclusion of the event. You'll receive prime visibility on Main Street, free advertising and all for a small donation to benefit KFL. Applications and fees are due by Monday, July 31. Spots are limited. Applications and additional information can be picked up at the library or found on website. FMI call 207-985-2173 or visit kennebunklibrary.org.

Wednesday, August 9

Mini-Golf Fundraiser for the Center for Grieving Children, Schooner Mini-Golf, Saco, 4-6 PM. This family-friendly event will raise funding to support the Center's grief peer support services. A fun-filled evening of mini golf, ice cream, prizes and more. Corporate tickets and sponsorships available (FMI email emma@cgmaine.org). Prizes awarded. FMI visit cgmaine.org or 775-5216.

Saturday, August 12

Woodies in the Cove 2023, 974 Post Road, Wells, 8:30 AM-2 PM. Free, donations welcome. Additional information on page 15 of this issue.

Maine News Briefs

by Jo O'Connor

Congrats to Quinn McDaniel, who was selected by the San Francisco Giants in the 5th round of the MLB draft. He is a 2020 graduate of Marshwood High School in South Berwick.

Don't forget every Wednesday during the summer, the Seashore Trolley Museum in Arundel hosts its Ice Cream Night from 5:50-7:30 PM. Your \$12 admission includes a trolley ride too.

Can I get an alright? Three cheers to Portland-based women's football team, the Maine Mayhem, who are on trek for a national title.

Get ready! Amusement park Palace Playland in Old Orchard Beach has announced the arrival of their newest ride: the Hyper Jump - a new take on a classic-style spin ride.

Model of Positive Living Award

The Center is seeking nominations for its 9th Annual Model of Positive Living Award, an award given to a community member who is 50 or older and makes a difference in the lives of others through kind gestures, volunteerism and a can-do attitude. Visit seniorcenterkennebunk.org, call 967-8514 or email info@seniorcenterkennebunk.org to nominate. Deadline is August 1.



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This event is a fundraiser for the Center, a 501(c)3 charity organization.

Farmers' Market Roundup

Kennebunk Farmers Market

Saturdays, 8 AM - 12:30 PM

May - November

Garden Street Lot

www.kennebunkfarmersmarket.org

Kittery Community Market

Sundays, 10 AM - 2 PM

June 4 - November 19

Post Office Square

10 Shapleigh Road, Kittery

www.kitterycommunitymarket.com

North Berwick

Thursdays, 3-6 PM

June - September

Mill Field, 10 Canal Street, North Berwick

Saco Farmers' Market

Saturdays 8 AM-12 PM

Saco Valley Shopping Center, Saco

www.sacofarmersmarket.com

Sanford/Springvale

Saturdays, 8 AM-12 PM

May through October with a market

the Saturday before Thanksgiving

Central Park (across from City Hall) Sanford

www.sanfordfarmersmarket.org

Wells Farmers' Market

Wednesdays, 1:30- 5 PM

June - September

Wells Library, Post Road, Wells

www.wellsfarmersmarket.org

York Farmers' Market

Saturdays, 9 AM-1 PM

May 27-October 7

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What a feeling: To pack a bag, hop in the car, and drive north along the shore to Round Pond for a night or two. It's a privilege we've enjoyed for more than 30 years, thanks to our friend Ann, who had a cottage on the edge of that beautiful little harbor on Muscongus Sound. I say "had," because Ann died recently after a long decline; her sister Lucia has been the de facto owner of the cottage for some time now, and she has generously allowed us continued access to the place. Whenever she comes out from California and we meet up at the cottage, there's always laughter.

It's not a common oc-

To disconnect or not to disconnect

currence, perhaps once or twice a year, but when we do go up, it means escape. Round Pond has a McCloskey vibe, where the 21st century is tolerated but not fully embraced. Having lousy cellphone service isn't necessarily a bad thing. In fact, that's the whole point of our Round Pond excursions: disconnecting from the world. Reading our Stephen King novels on the deck overlooking the water as the gulls cry, playing Yahtzee and cribbage, taking a break to go to the Granite Hall Store for an ice cream cone, playing my guitar, maybe walking the length of Back Shore Road to enjoy the wider views of the islands of Muscongus Bay. Anything but our regular routine, which often involves TV.

On this trip, we consciously left my laptop behind (and with it, the

opportunity to plug in the DVD adapter and watch a movie or TV show in the evening). There would be none of that time-sucking, easy-on-the-brain entertainment on this trip. We were going to eschew the digital world and go full-bore McCloskey.

So we read our books and played our games and had our cones on a rare sunny day in early July. It was delightful. It was delicious. And yes, it was de-lovely.

As the evening approached, I noticed the small flat-screen TV on the bookcase. There wasn't a blu ray player attached, which made me wonder, because I didn't think the cottage had cable. We had never watched TV there before, just the movies and TV shows on disc we had brought along to play on my laptop. Curious.

"You don't think Lucia has cable now, do you?" I asked Diane – you know, my wife. It was a foolish question, because without a blu ray player in sight, the answer had to be a re-

sounding Duh. Di handed me the remote. I turned the TV on. The menu on the screen was loaded with apps, including Netflix and Amazon Prime.

"Oh no," I moaned. "Ohhh, noooo." My head tilted forward on its axis in defeat. Hoping that the icons were purely ornamental, I clicked on the Prime Video logo. And there he was, in all his boyish-yet-studly world-saving glory: John Krasinski as Jack Ryan.

We knew the fourth and final season of the Tom Clancy-inspired series had just become available, and we had planned on watching it when we returned home. But here it was... here, in the little cottage in Round Pond...just waiting for us...waiting for us to put down our books and dice and guitar so we could zone out in front of the tube.

Which is exactly what we did. In our defense, we had the windows open so we could still hear the gulls.

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12th Annual Woodies in the Cove

The Twelfth Annual Woodies in the Cove Car Show sponsored by the Historical Society of Wells and Ogunquit will be held on Saturday, August 12.

Interest in these unique vehicles has made this show one of the largest attended and most popular car shows in New England and on the East Coast. The show is the largest fundraiser for the Historical Society and remains free to the public. People of all ages are welcome to come and see this rolling history museum come to life.

"Woodies in the Cove is one of Wells and Ogunquit's beloved summer events." Says Executive Director Bryce Waldrop, "These beautiful, restored cars bring back fond memories of beach days in the 1950s and '60s. It is such a fun day."

Vehicle registrants are for Woodies only, with some additional unique and high-end cars that may attend by invitation only. Please contact the event coordinator, Sonny Perkins via email at woodiesinthecove@gmail.com and supply a picture of your car if you feel you have a vehicle that fits into that category. Trophies will be awarded by The Historical Society.

The event will be held next to McDonalds on Route 1 in Wells, Maine, at 974 Post Rd and runs from 8:30 AM until 2 PM, followed by a parade from the venue through Ogunquit and into Perkins Cove between 2 and 3 PM.




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Blueberry Festival & Craft Fair Saturday, July 22

The First Unitarian Universalist Church's annual Blueberry Festival & Craft Fair will be held on Saturday, July 22, from 9 AM to 3 PM, at 114 Main Street in Kennebunk. The event will feature homemade blueberry pie and blueberry buckle, crab rolls, hot dogs, veggie wraps, home-made lemon ice cream and beverages, plus 40 artists, crafters and artisans, folk music and more. All welcome. uukennebunk.org.



Courtesy photo

It's Maine blueberry season at the holy donut



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Olive Oil and Cigar Ashes: Who Knew?? (Louise did!)

My dining room table got marred when a lit votive fell over, spewing hot wax that scorched a 3" circle in the mahogany surface. I consulted Louise Hurlbutt of Hurlbutt Designs in Kennebunk, a savvy lady who knows furniture and a whole lot more.

Louise advised, "My mother owned a lot of antique furniture and she always used a special recipe when surfaces got scratched or marred. She mixed equal measurements of cigar ashes and olive oil, then repeatedly rubbed the ointment in small circles on 'the wound.' It really works. The scratches become far less conspicuous, even hard to see." (Apparently, cigar ashes act as ultra-fine sandpaper and the olive oil soothes the way.)

Fortunately, my friend Jerry Wolfson smokes good Cuban cigars. When I asked his help, Jerry leapt to the rescue, spending an entire afternoon puffing away on a Montecristo Habana cigar out on his patio at Kennebunk Beach, then tapping the ashes into a plastic bag.

I placed equal amounts of his cigar residue and good virgin olive oil in a small bowl, mixed it well to combine, then did as Louise's mother suggested. Amazingly, the ugly tabletop damage seemed to disappear the more I rubbed.

The table mark is not completely healed. That would take a major and expensive refinishing. So I continue to apply the magic elixir and each time I'm amazed that **ashes for gashes** actually helps minimize, if not obfuscate, the burn mark. Try it!



The wrapper from Jerry Wolfson's Cuban cigar. "Nothing but the best for your Ashes for Gashes recipe, Val," he said. Photo by Val Marier

Boho Bee Plastic Wraps The ultimate in stick-to-it-ive-ness!

These eco-friendly beeswax food wraps replace Saran and other expensive plastic wraps and can be reused for an entire year with good care. (Now that's a money-saver!) After 365 days, Bee's Wraps then make an excellent natural fire starter or enhance your compost pile.

The warmth of your hands help shape and seal the wrap around food or bowl, creating a breathable yet protective seal. Afterwards, hand-wash them in cool water with mild dish soap, and let dry. Store in a cool spot in your kitchen.

Sold for around \$15 from Amazon, fine culinary shops or directly from Boho Bee Company (www.bohobee.com)



These malleable plastic wraps from Boho Bee Company are economical, long-lasting, and effective. Bye-Bye, Saran. Photo by Val Marier

Kitchen Talk

Summer Favorites,
a surprising trick and more!

S'mores Galore Milkshake

Kids (and Adults) Love this Refreshing Mid-Summer Cooler

Visitors and locals enjoy casual poolside nosh at The Dory, located in the Lodge on the Cove (29 South Main Street, Kennebunkport). The menu features an assortment of tasty pizzas, healthy sandwiches, cocktails and wine, but one of their most popular items is the S'Mores Galore Milkshake.

We asked for, and they graciously sent, the recipe.

Ingredients for milkshake:
2 large scoops vanilla ice cream
1/2 cup milk
Smidge of chocolate syrup

Toppings:
More chocolate syrup
Vanilla cake frosting
Crushed graham crackers
Whipped cream

S'mores:
1 marshmallow
1/3 chocolate bar
1 full graham cracker

Prepare your glass by using a small spoon or spatula to apply frosting to the rim of cup. (Hint: the more frosting, the better!) Crush several graham crackers into itty-bitty pieces and put on a plate. Roll the frosted rim of the cup in the graham crumbs. Pop cup into refrigerator while you make the s'mores.

S'mores

On a microwave-safe plate, assemble half a graham cracker (bottom), a big marshmallow (middle) and 1/3 chocolate bar (top). Warm on high for 10 seconds. (Be careful taking it out of oven; it's hot and marshmallow will be 4X its original size.) Put the other half graham cracker on top. Put into refrigerator to cool.

Milkshake

Blend ice cream, milk and chocolate syrup. (Add more milk if necessary to get right consistency).

Decorate

Squeeze chocolate syrup along inside of cup. Let it run down and pool at the bottom
Pour milkshake into cup. Add whipped cream to the top.
Then add s'mores. ENJOY.



This has got to be the most delicious milkshake anywhere (and it's available at the Dory in Kport.) Photo courtesy of Kennebunkport Resort Collection

"A world without tomatoes is like a string quartet without violins." ~ Laurie Colin, author of "Home Cooking: A Writer in the Kitchen"

This recipe (with a zesty parmesan dressing) makes a perfect addition to grilled steak and corn on the cob.

Heirloom Tomato Salad with Parmesan Vinaigrette

Ingredients:

4 tbsp. red wine vinegar
2 tbsp. fresh lemon juice
1 tsp. finely minced garlic
1/2 cup finely grated Parmesan cheese
Fine sea salt and freshly cracked black pepper
6 tbsp. extra-virgin olive oil
2 lbs. heirloom tomatoes (assorted sizes and varieties)
1 pint cherry tomatoes
1/4 cup marjoram leaves, roughly chopped
1/2 cup flat-leaf parsley leaves
1/2 cup thinly sliced red onion, soaked in ice water, then drained

Directions for dressing:

Place vinegar, lemon juice and garlic in a mixing bowl and let marinate for 10 minutes.

Then stir in Parmesan and 1 tbsp. freshly cracked pepper.

Slowly whisk in olive oil until emulsified.

Season with salt and pepper.

(Note: the vinaigrette can be made up to three days ahead and stored in the refrigerator.)

Directions for salad:

Cut larger tomatoes in half crosswise, then into 1/4 inch slices.

Cut smaller tomatoes into wedges.

Cut cherry tomatoes in half.

Place all tomatoes in large bowl and toss with marjoram, parsley, red onion and vinaigrette.

Season to taste with salt and pepper.

Tran Produce & Grocery Market

One trip to Tran Market had me dusting off my wok!

For authentic Asian kitchen staples and fresh organic veggies, add Tran Market to your food shopping stops. I was impressed with the gigantic Nana cabbages, crab-apple-size red radishes and reasonably-priced mini-cucumbers (\$1 for 6!).

Tran's aisles feature wooden bins filled with Sichuan peppers, huge turnips, kiwis and mangoes. Packages of fat ripe blueberries are an absolute bargain. Shelves are stacked with canned lychees and yellow jack fruit, crunchy garlic sauce and soybean paste, while the vast assortment of Asian teas will entice the most discriminating connoisseur.

Take time to poke around the whole store, including the freezer section in the back. (That's where I found delicious Chinese dumplings.)



Tran Market in Biddeford features a wide variety of authentic Asian foodstuffs, sauces and organic vegetables. Photo by Val Marier

This page is curated by
Tourist & Town's Val Marier
valmarier@me.com

Bev's Café and Market: Come for the food and warm hospitality

by Faith Gillman

Annie Callan and Nate Norris are not new to the restaurant business. The owners of the recently opened Bev's Café and Market on Main Street in Kennebunk have spent considerable time pursuing their trade, mostly at the renowned Zuni Café in San Francisco, where Callan served as Pastry Chef and Norris as Executive Chef.

The couple are originally from the east coast – Callan grew up in Schenectady, New York, and Norris in Philadelphia, Pennsylvania – and while they loved California, both wanted to be closer to family.

"Much of our adult lives and careers have been in the Bay area," said Norris. "We accomplished and learned a lot there. But we got tired of plane rides to visit family and wanted a

step up in our career." It takes a lot to start a business and Maine felt like a favorable option for the couple, who already had ties to the area. Callan took summer visits to Kennebunk growing up and has an aunt in York.

"We got really lucky to find the opportunity where we did. We were looking for something established or to take over and re-invent," said Norris. "We wanted to be in the middle of town, have people around us. We liked Kennebunk a lot. It's a strong community year-round and has a great summer season."

Norris did the culinary route at Drexel University and "worked with really excellent people" over the years to hone his skills. Callan pursued a different path in college but has been a baker since childhood.

"Annie really loves bak-

ing. It's a natural process, very satisfying. She learned from her grandmother Bev (the café's namesake) who is a big part of Annie's life," said Norris, who is happy to report that Bev is "93 years young."

Norris and Callan became friends and learned about each other through work. They've been a couple for about seven years. Norris feels they are well suited to run a business together, as they have already spent considerable time working together.

The renovation of the space took more time than planned but Norris said they wanted to get the feel right.

"The esthetics are important to us. We want it to feel nice, comfortable, elegant. Sit down and enjoy a space that has a feel of a European café – simple, casual hospitality," he said.

"We want guests to experience that whether they're having a snack, a glass of wine or a full meal. We want you to feel like you can walk in and have a great experience with great food and service. Do that well and people will come for food and hospitality."

Norris said the menu ideas are not "earth shattering," but "narrow and focused."

"It's food we enjoy eating. A classic, balanced, and cohesive menu with diverse flavors, textures, and consideration of dietary restrictions. And it matters that staff know the product they are providing."

Norris wants customers to know that as they build the business it is their intention to offer things that are good quality, build up a competent staff, and be a market that people can grab ingredients or a meal to take home.

"What we enjoy we want to share. Focus on dine in and take away enjoyed in the moment. Everything on the menu is made fresh. Focused on [food] being excellent. Simple but amazing; not fancy and never exclusionary in any way. I'm excited to build up relationships and year-round staff, getting stable, growing, and teaching people from a professional perspective, which will contribute to what Bev's is able to offer people that love food and hospitality. It takes everyone working to make it great."

Maine is a unique place for small business and working with local sources is also important for Bev's, Norris said.

"As we get our bearings we will make it a focus as much as we can. Direct relationships with people growing food (farms) or creating a product we use. Will take time to build those relationships. That's how I make excellent food from my culinary perspective. And money stays in community."

Norris and Callan are happy they've landed in Kennebunk.

"We've been so welcomed by the community. The town has

been great; they couldn't be more accessible and helpful. They have a function to perform but also were making sure the business got up and running. Other shops and people that live

upstairs are great neighbors," said Norris. "We feel we've hit the lottery. People have been so warm and honest, not superficial, with a ton of enthusiasm. It's so rewarding."




Nate Norris and Annie Callan are the owners/chefs of Bev's Café and Market in Kennebunk. Photo by Faith Gillman



Above left: The owners chat with customers inside the café on a rainy Sunday morning while bright red bistro tables outside stand ready for customers, once the sun reappears. Above right: The recently renovated café is light filled and airy, blending modern convenience with historical touches. Photos by Faith Gillman






Bev – Annie Callan's grandmother and the café's namesake – was (and still is at 93) a spirited lady. Photo courtesy of Annie Callan.



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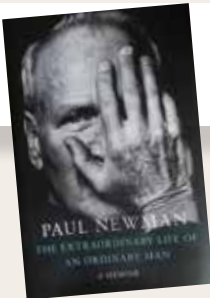
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Paul Newman: The Extraordinary Life of an Ordinary Man: A Review

by Dana Pearson

As a movie freak and a great admirer of the work of Paul Newman (1925-2008), my antennae naturally picked up the news that his long dormant memoir was going to be published. And Knopf had the honors in 2022 when it released *Paul Newman: The Extraordinary Life of an Ordinary Man*.

Nearly 40 years ago, Newman, tired of the raft of inaccurate reportage on his life, decided to set the record straight, if only for the benefit of his children and other descendants. From 1986 to 1991, dictating to his old pal, screenwriter Stewart Stern (1922-2015), Newman talked about every aspect of his life; he further gave the green light to his friends, family, and colleagues, including Elia Kazan, George Roy Hill, Tom Cruise, Sidney Lumet, and Eva Marie Saint, to speak with Stern, provided they told the prickly truth about him – not the sugar-coated BS that one typically finds in an authorized biography.

I highly recommend this memoir for that reason alone: Newman, perpetually uncomfortable about being a movie star (and painfully aware that much of what came his way was due to his stunning looks, especially his legendary blue eyes), and desirous of being seen as a regular beer-drinking guy, is brutal in his self-assessments. While shocking at times, it's refreshing to hear him (and the contributors) tell the truth. The only disappointment for me was the absence of Robert Redford, with whom Newman starred in two of his greatest movies, *Butch Cassidy and the Sundance Kid* (1969) and *The Sting* (1973).

dana@touristandtown.com

Be sure to visit Tourist & Town's Book Depot, where you can take a book, leave a book, return a book – and enjoy visiting the historic train depot. The Book Depot is open every Saturday from 9 AM to 12 PM at 12 Depot Street in Kennebunk.

Retro Roadtrip Report: Scarborough to Ocean Park

by Joshua Hrehovcik and Geraldine Aikman

Welcome to another edition of the Retro Roadtrip Report, a series of short, fun, and educational excursions that you can take right here in beautiful southern Maine.

We'll begin our journey by fueling up with Maine potato donuts, made from scratch every day, from The Holy Donut on Route 1 in Scarborough. (You can

also start your trip from The Holy Donut on Route 1 in Arundel.)

The selection is awesome, so be ready to take some time with your choice (or choices). And when in doubt, go for the maple bacon because, hey, where else are you going to get a maple bacon potato donut?

From Scarborough, head south and turn onto Cascade Road (Route 98)

which turns into Portland Road, and right across the street from the Old Orchard Beach Town Office will be the Old Orchard Beach Historical Society and Harmon Museum.

Find out why Charles Lindberg landed on the beach in 1927, and check out the impressive collection of artifacts and photographs



Harmon Historical Museum



Ocean Park Shuffleboard

from this storied and colorful Maine town. Whether you're interested in maritime history, local traditions, or the evolution of this beloved vacation spot, the Harmon Museum provides an enlightening and enjoyable experience for all.



The Holy Donut

Now it's time to head down Old Orchard Street and turn onto West

Grand Avenue to Ocean Park, a village in OOB where it's time to get your shuffle on! That's right, Ocean Park Shuffleboard is open 7 days a week, and on Thursday mornings at 9 they host a Family Fun Doubles Tournament. Whether you're a seasoned player or new to this classic game, we promise the whole family will have a fun time on the court.

The Holy Donut: 398 US-1, Scarborough. Open every day, 6 AM-4 PM

Old Orchard Beach Historical Society and Harmon Museum: 4 Portland Avenue, Old Orchard Beach. Open Monday-Friday, 10 AM-4 PM in the summer.

Ocean Park Shuffleboard: 196 W Grand Ave, Old Orchard Beach. Open Monday-Saturday, 9 AM-9 PM. Sunday noon-8 PM.

Joshua Hrehovcik's *Retro Roadtrip* books can be found at retroroadtripper.com

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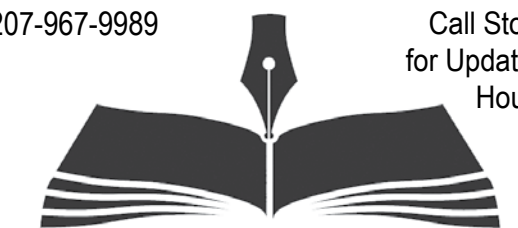
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The Dyer Library Annual Book Sale starts on Saturday, July 22, at 9:30 AM! On hand will be countless selections of hardcovers, paperbacks, fiction, non-fiction, cookbooks, children's books, YA books, coffee table books, antique books, art books, reference books and more! The early bird gets the best books! There are also VHS tapes, DVDs, CDs, audio books, puzzles, etc. The Book Sale will continue until the end of August during Dyer Library hours.



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City Theater in Biddeford presents *Sweet Charity* – the high-energy, dance-filled, comedic musical

Sweet Charity opens on Friday, June 21, at City Theater in Biddeford and will run through August 6. *Sweet Charity* premiered on Broadway in 1966, where it was directed and choreographed by Bob Fosse. It was nominated for nine Tony Awards and won for Fosse's choreography.

With a tuneful, groovy mid-1960s score by Cy Coleman, sparkling lyrics by Dorothy Fields, and a hilarious book by Neil Simon, *Sweet Charity* captures all the energy, humor, and heartbreak of *Life in the Big City* for one sweet and irrepressible optimist, Charity Hope

Valentine. The story follows Charity, the sassy, diehard romantic dance-hall hostess whose naivety and overeager embrace of every man she meets keeps getting her in hot water. Despite her bad luck with men and her frustrations with her job, she remains sweet and hopeful, as she encounters one awkward and amusing experience after another.

Colleen Katana appears in the title role of Charity Hope Valentine, a down-on-her-luck, but always hopeful, dance-hall hostess. Charity's best friends, sultry and sassy dancers at the Fandango Ballroom,

Nicki and Helene, are played by Chelsea Miller and Kristen Gilhooley. Matt Scala takes on the role of Oscar Lindquist, a square and claustrophobic accountant. City Theater favorites Brian McAloon and Joanna Clarke will appear as Vittorio Vidal, a handsome Italian movie star, and Ursula March his gorgeous, hotheaded girlfriend. Daddy Brubeck, the groovy hip leader of the revival church will be played by Derek Kingsley, and newcomer Tim Allen is the grizzled and annoyed owner of the Fandango Ballroom.

There are a bounty of much-loved songs: "Big Spender," "If My Friends Could See Me Now," "There's Gotta Be Something Better Than This," "I'm a Brass Band," and "Baby Dream Your Dream," as well as some exhilarating dance numbers.

The 2022-2023 City Theater Season is presented through the generous sponsor-

ship and support of our season sponsors: Pizza by Alex, Jim Godbout Plumbing and Heating, and Stoner & Co., and our show sponsors: The Lincoln, Pratt Abbott, Batson Brewing.

Sweet Charity runs July 21 through August 6 on Fridays and Saturdays at 7:30 PM and Sundays at 2 PM. There is no performance on Sunday, July 23.

Tickets are \$25 and \$30 (all fees included) and are available at www.citytheater.org/buy_tickets or 207-282-0849.

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Kristen Gilhooley as Helene, Colleen Katana as Charity, Chelsea Miller as Nicki. Photo credit: Rich Obrey

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SIMON
Says



Q: We are relocating to this area and have been looking at houses. We seem to be drawn to the antique properties and have found one that we really like and want to buy. It appears to have an electrical system called Knob and Tube and we have no idea what that is. We have looked at the house several times and have met the seller. He seems like a really nice fellow and told us that he has never had any problems or issues with the electrical system. Can you give us some information so that we can move forward? Thanks Marvin and Betsy

A: Yes, your question is important. Knob and Tube Wiring is historic and goes back many years. The fact that the seller has had no problems with it is good. Due to the history of that wiring and the fact that there have been many serious problems with it insurance companies will not insure a home that has that wiring still in place. That could be a potential problem for you. The result would likely be that you would have to have the system replaced. That could be a costly issue and one that you likely do not want to take on. It is the seller's problem and they should have to correct it at their expense. It is a costly issue.

Randal Simon has been a real estate broker for over 30 years. His column was in the Portland Press Herald for many years; he is now pleased to be participating locally in Tourist & Town. He has been a contributor to The Wall Street Journal, Unique Homes and The New York Times.

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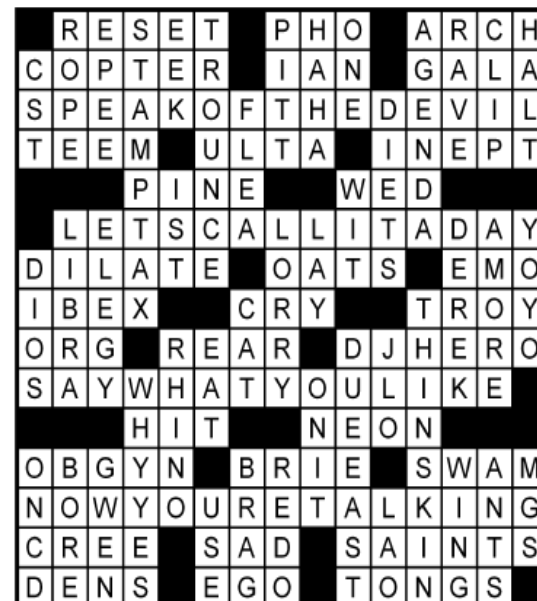
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Saltwater Fishing Report – Plenty of Fish

by *Captain Greg Metcalf*

The offshore fishing for tuna and sharks started to take hold this week. Ground fishing for haddock and pollock also remains strong. The inclement weather and rough seas has made striper fishing on the inshore grounds a bit challenging at times, but there are plenty of fish in the area. There have also been a few scattered reports of bluefish. Patience

is the key to success.

Kennebunkport: The fishing from Cape Porpoise to Wells Bay was a little more challenging this past week despite the presence of decent size body of stripers in our local waters. Mackerel have been scarce but activity appears to be on the uptick the last few days. Hopefully they will move back inshore in big numbers this week due to the fact that then water

temperature has warmed up several degrees.

Some larger sized stripers have recently moved in which really good to see. Fishing guides from Kennebunkport and Wells have reported several jumbo-sized striped bass were caught aboard their charters.

Wells, Ogunquit: Brandy from Webhannet River Bait and Tackle reported that striped bass are being caught along the beaches from between the Mousam and Ogunquit Rivers. The action in the rivers and at the river mouths has also been steady.

Stripers are being caught on live mackerel, chunks of fresh mackerel and pogies, soft plastic lures like Sluggos or Hogy's and surface plugs early in the morning. It was a good week with several keeper-sized fish landed.

York: Captain Phil Breton of Breton Charters told me stripers are being caught from the Piscataqua River to Ogunquit on live mackerel as well as cut bait. Longs Sands Beach and York Harbor were

red hot in Thursday and Friday.

The mackerel fishing finally picked up as well as the flounder fishing in the York River. Captain Phil has some shark charters on the books for early August.

Goose Rocks Beach: Captain Dave Rand reported it was a good week of fishing week at Goose Rocks. Sand eels have returned and the striper fishing picked up considerably. Stage Harbor and Cape Porpoise striper activity also improved. Try using cut mackerel sitting on the bottom as the current from the tide increases. Sand worms would also be a good bet to use for bait.

Saco River and Saco Bay: Captain Cal Robinson of Saco Bay Guide Service told me mackerel started the week being plentiful and the right size, but by week's end were hard to find and very large in size. The stripers were very consistent the first part of the week with most charter boats and local sharpies landing multiple keepers on a daily basis. This changed with the barometer on Friday and fishing through the weekend was very tough.

Most of the boats traveling to Tanta's Ledge are limiting out on haddock with a lot of big porbeagle shark stories. The first rod-and-reel tuna were landed at Camp Ellis this week.



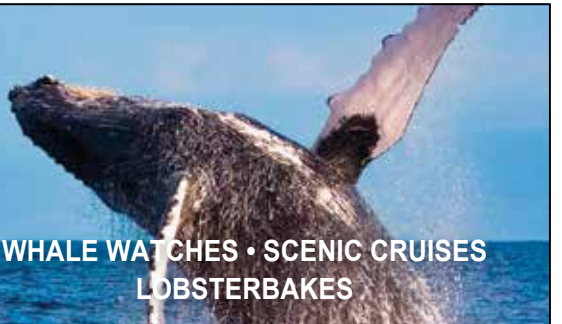
Rain didn't stop three generations of the Bellia family from a morning 4th of July fishing trip aboard the *Striper Swiper*. Left to right; Luciano, 8-year old Gio, Sal Sr. and 10-year old Sal Jr.

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Tide Chart July 20-August 3

Thursday, July 20 High 01:28 AM.....9.4 Low 07:51 AM.....0.36 High 02:04 PM.....8.34 Low 07:53 PM.....1.31 Sunrise: 5:19 AM Sunset: 8:17 PM	Tuesday, July 25 High 04:54 AM.....8.15 Low 11:00 AM.....1.26 High 05:20 PM.....8.56 Low 11:31 PM.....1.47 Sunrise: 5:24 AM Sunset: 8:13 PM First Qtr: 6:08 PM	Sunday, July 30 Low 03:17 AM.....0.25 High 09:34 AM.....8.07 Low 03:23 PM.....1.05 High 09:43 PM.....10.11 Sunrise: 5:29 AM Sunset: 8:08 PM
Friday, July 21 High 02:07 AM.....9.26 Low 08:27 AM.....0.47 High 02:42 PM.....8.38 Low 08:33 PM.....1.35 Sunrise: 5:20 AM Sunset: 8:16 PM	Wednesday, July 26 High 05:43 AM.....7.88 Low 11:45 AM.....1.45 High 06:05 PM.....8.69 Sunrise: 5:25 AM Sunset: 8:12 PM	Monday, July 31 Low 04:14 AM.....-0.27 High 10:32 AM.....8.5 Low 04:21 PM.....0.6 High 10:40 PM.....10.59 Sunrise: 5:30 AM Sunset: 8:07 PM
Saturday, July 22 High 02:47 AM.....9.04 Low 09:03 AM.....0.63 High 03:20 PM.....8.41 Low 09:14 PM.....1.42 Sunrise: 5:21 AM Sunset: 8:16 PM	Thursday, July 27 Low 12:23 AM.....1.33 High 06:37 AM.....7.7 Low 12:34 PM.....1.57 High 06:55 PM.....8.9 Sunrise: 5:21 AM Sunset: 8:16 PM	Tuesday, August 1 Low 05:09 AM.....-0.77 High 11:26 AM.....8.98 Low 05:17 PM.....0.12 High 11:36 PM.....10.97 Sunrise: 5:31 AM Sunset: 8:05 PM Full Moon: 2:33 PM
Sunday, July 23 High 03:27 AM.....8.77 Low 09:40 AM.....0.82 High 03:59 PM.....8.44 Low 09:56 PM.....1.48 Sunrise: 5:22 AM Sunset: 8:15 PM	Friday, July 28 Low 01:20 AM.....1.09 High 07:35 AM.....7.65 Low 01:28 PM.....1.56 High 07:48 PM.....9.21 Sunrise: 5:27 AM Sunset: 8:10 PM	Wednesday, August 2 Low 06:02 AM.....-1.15 High 12:19 PM.....9.46 Low 06:12 PM.....-0.3 Sunrise: 5:32 AM Sunset: 8:04 PM
Monday, July 24 High 04:10 AM.....8.46 Low 10:19 AM.....1.04 High 04:39 PM.....8.48 Low 10:42 PM.....1.51 Sunrise: 5:23 AM Sunset: 8:14 PM	Saturday, July 29 Low 02:19 AM.....0.72 High 08:35 AM.....7.77 Low 02:25 PM.....1.39 High 08:45 PM.....9.62 Sunrise: 5:28 AM Sunset: 8:09 PM	Thursday, August 3 High 12:30 AM.....11.16 Low 06:53 AM.....-1.37 High 01:11 PM.....9.86 Low 07:07 PM.....-0.57 Sunrise: 5:33 AM Sunset: 8:03 PM

Note: The number for each high and low tide indicates the height in feet above or below sea level. This chart shows tides for the mid-coast of York County; tide times are a few minutes earlier to the north (Old Orchard Beach) and a few minutes later to the south (York Beach). Tides are affected by the weather and cycles of the moon; the actual times and tide heights can differ slightly from the predictions above.



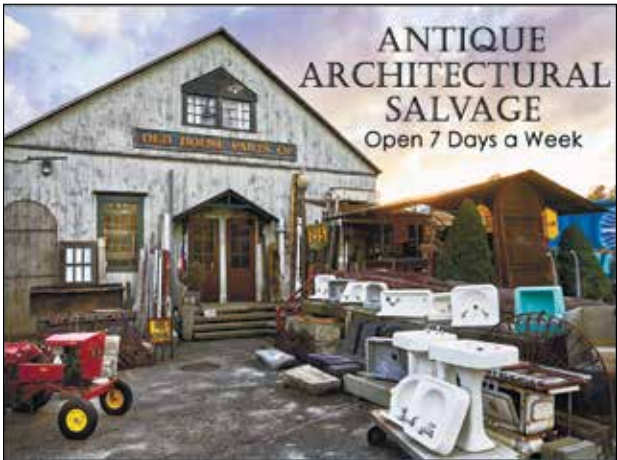
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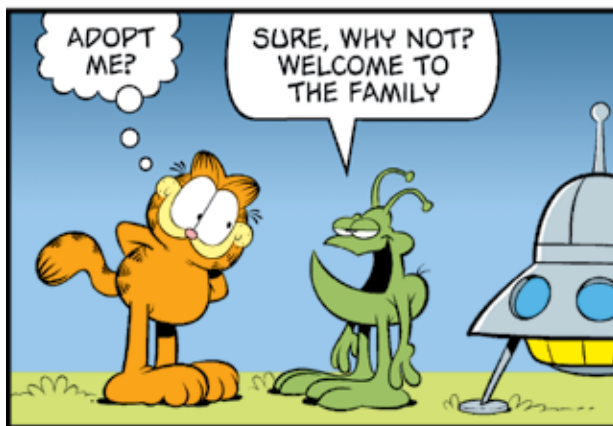
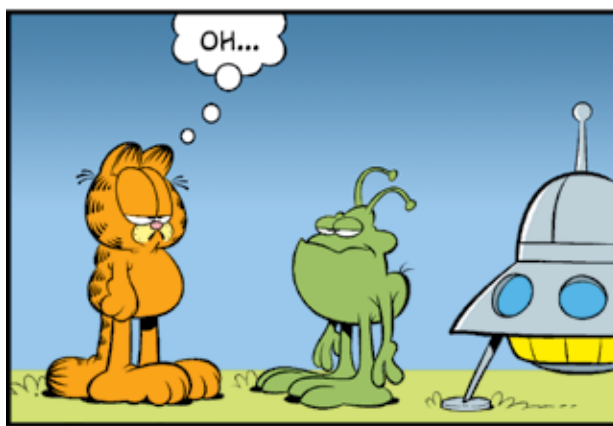
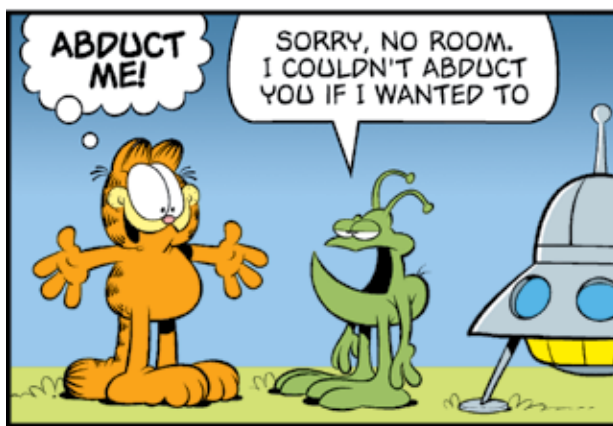
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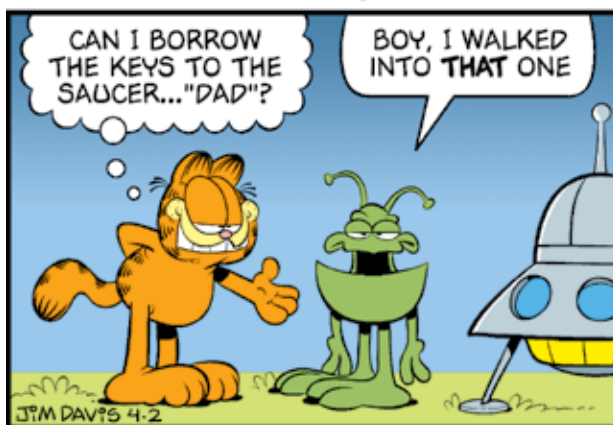
GARFIELD BY JIM DAVIS



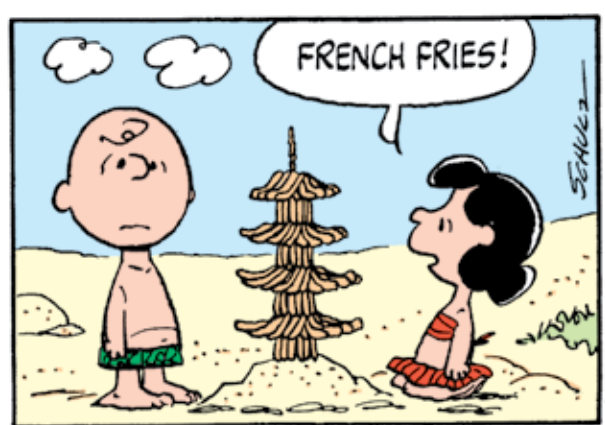
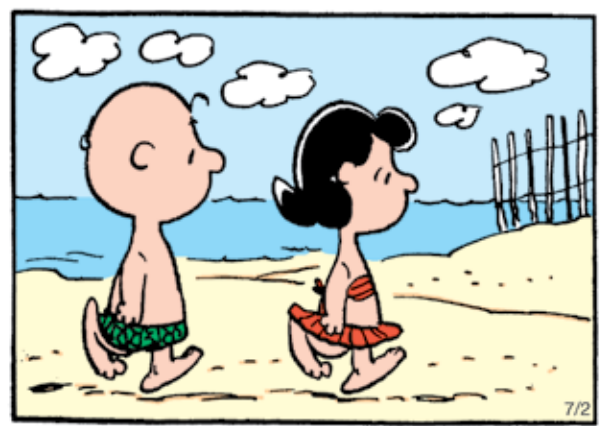
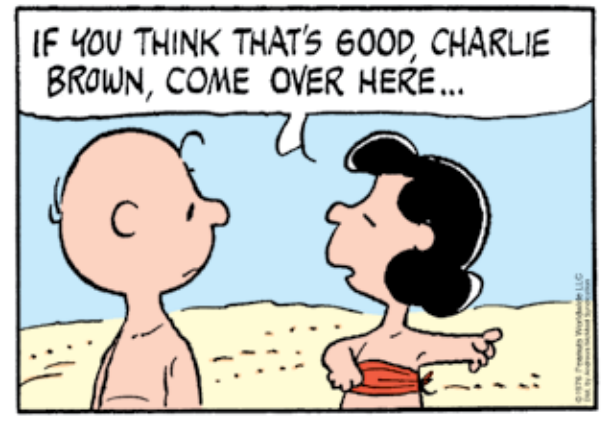
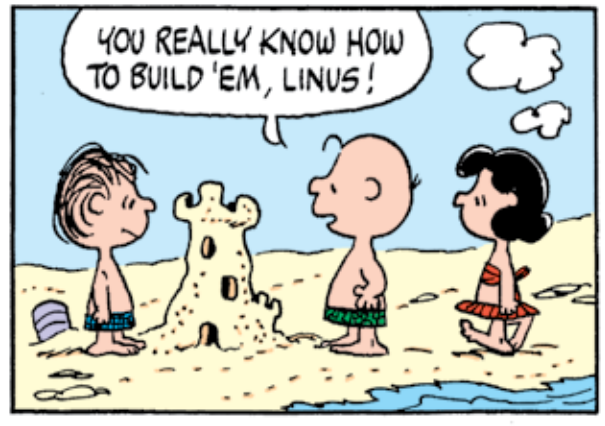
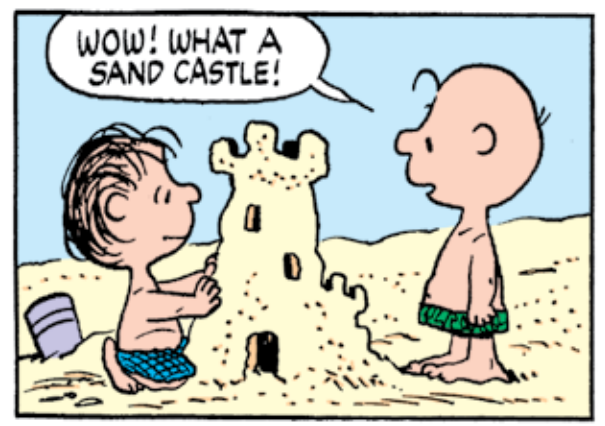
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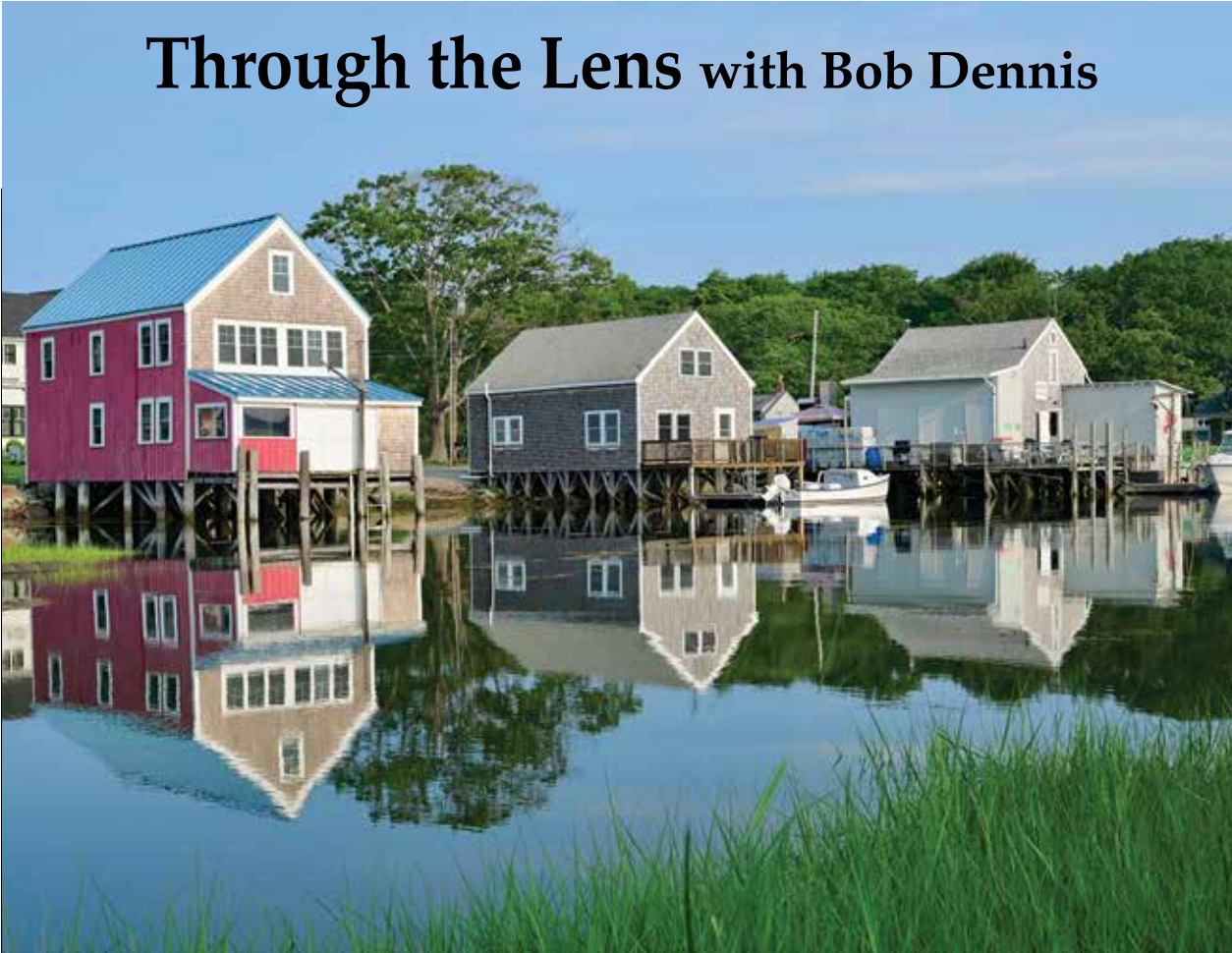
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CLASSIC PEANUTS BY CHARLES SCHULZ



Through the Lens with Bob Dennis



This is a scene I've photographed many times over the years, in all seasons. For me, it connects Cape Porpoise's rich maritime history to the present day. Originally, the three structures on Langsford Road were nineteenth century fish houses used by local fishermen for storage and work space. Today the homes on the left and center are seasonal residences while the third structure is the popular Langsford Road Lobster and Fish House. On the early morning of July 12, I hoped that the blue sky, calm water, and high tide might be perfect for capturing the scene with some great reflections. Thankfully, I was right!

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Depot Days take place on the lawn of the Kennebunk train depot – aka *Tourist & Town* headquarters – throughout the summer season (and into early fall).

As we prepare to kick off Depot Days 2023, we would like to extend an open invitation to local makers and emerging businesses to join us!

NO CHARGE
to participate this summer!

To inquire about setting up shop at one of our Depot Days this summer, email touristandtown@gmail.com. Bookings will be confirmed on a first come, first served basis and will be confirmed via email.

We hope you will join us. We are here for YOU!

Follow us on Facebook and Instagram and visit our online edition for the schedule of upcoming vendors!

- ACROSS**
- 1 Change, as a clock
 - 6 Vietnamese soup
 - 9 St. Louis landmark
 - 13 Aerial tour vehicle, informally
 - 14 "Chariots of Fire" actor Charleson
 - 15 Apple variety
 - 16 Bishop's advice to a priest preparing a sermon on sins?
 - 19 Abound
 - 20 Beauty chain with a salon inside each store
 - 21 Totally unskillful
 - 22 Yearn
 - 24 Tie the knot
 - 25 God's comment after the first 24 hours?
 - 32 Widen at an eye exam
 - 33 Feed bag fill
 - 34 Mopey music genre
 - 35 Sure-footed goat
 - 36 Bawl
 - 37 City where Achilles fought
 - 38 Alternative to net
 - 39 Parent
 - 41 Video game with turntables
 - 43 Waitress's guidance to a first-time customer?

- 46 Chart-topper
 - 47 Gas in a glowing sign
 - 48 Delivery doc
 - 51 Cheese on crackers
 - 53 Did the butterfly, perhaps
 - 57 Parent's exclamation after a toddler's first sentences?
 - 60 Tribe whose Moose band lives in northern Ontario
 - 61 In need of a lift?
 - 62 They're all good
 - 63 Bear cubs' homes
 - 64 Freudian topic
 - 65 Hammer's partner
- DOWN**
- 1 Catch with a lasso
 - 2 Largest fencing sword
 - 3 Levy that angered American colonists
 - 4 "A rat!"
 - 5 Defeat big-time
 - 6 Brad of "Babylon"
 - 7 "That's hysterical!"
 - 8 "The loneliest number"
 - 9 To-do list
 - 10 Dance party
 - 11 Cut short
 - 12 "Stop right there!"
 - 13 Winter hrs. in Chicago

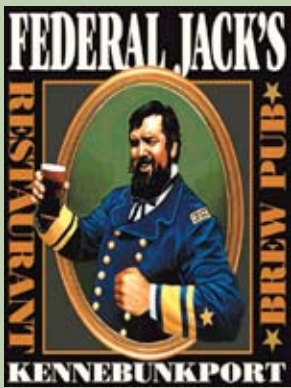
- 17 Dog biter
- 18 Fare reductions?
- 23 Believer's suffix
- 24 Talent for banter
- 25 Sign symbolized by scales
- 26 Mournful poem
- 27 Tottenham truck
- 28 Verb often confused with "lie"
- 29 "10" actress Bo
- 30 Love, Italian-style
- 31 It comes easily to hand
- 32 God, in Spanish
- 36 Pet that may be named Whiskers
- 37 Hypersensitivity to criticism

- 39 Safari beast, informally
- 40 "Dig in!"
- 41 Directly toward sunrise
- 42 Nickname for a Latina pop icon
- 44 Surprised affirmation
- 45 Taking care of business
- 48 Like some audiobooks
- 49 Hardly the life of the party
- 50 Broadway star Verdon
- 51 Boast
- 52 Change the decor of
- 54 Chicken piece
- 55 Carpenters and harvesters
- 56 Metric dosage amts..
- 58 Wear and tear
- 59 Language related to Thai

Utter Nonsense by Paul Coulter

	1	2	3	4	5		6	7	8		9	10	11	12
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Universal Crossword
Solution on page 20
 (no peeking)



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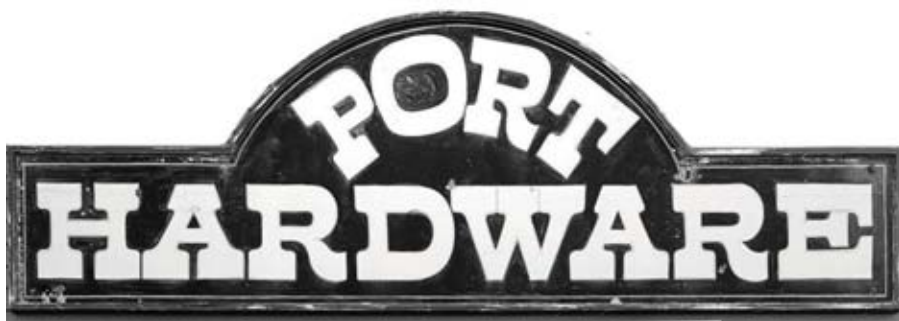


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