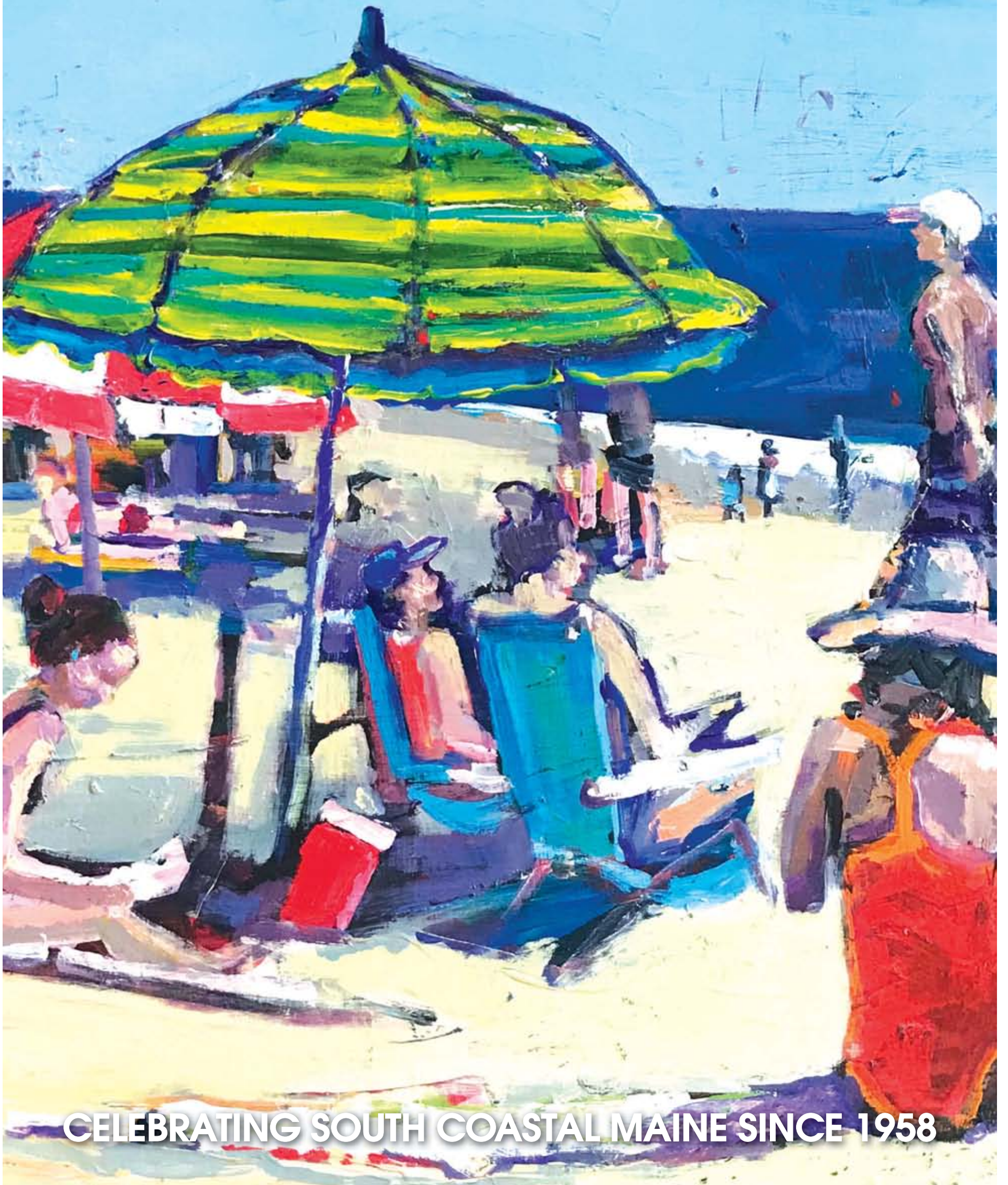


TOURIST&TOWN

FREE

Volume 65 Issue 13

August 3, 2023



CELEBRATING SOUTH COASTAL MAINE SINCE 1958

Our mission is to be
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to life in South Coastal Maine,
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and a source of entertainment
and goodwill for locals
and tourists alike.

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Publisher's Note

How do I love thee?
Let me count the ways. . .
On second thought, I've tried that before and there just isn't enough space for me to count the ways I love south coastal Maine – and the town within it that I call home.

But I sure do love a town that loves its dogs. . .
While studies have reported that those who own dogs tend to live longer, be calmer, be healthier and more active, I also believe that towns who love their dogs experience the very same benefits - collectively. In loving their resident dogs, towns also reveal much about their character. It's character made up of compassion, respect for living creatures, love of the natural world and – if you ask me – general joie de vivre.

I see it around here and I saw it on two recent overnights with my kids to Boothbay Harbor and Bar Harbor. Suffice it to say, it's a dog's life in those two towns – but it wasn't just the dogs who were benefiting. My kids and I could feel that special collective character all around us – and it was a wonderful thing.

Today, a local friend's heart is heavy. It's heavy because he has just said goodbye to his sweet, sweet Sonny – his faithful sidekick for the last 14+ years. The only thing more evident than Sonny's unwavering devotion to his master was my friend's devotion to Sonny. This inseparable duo has been a fixture on the sidewalks of the Kennebunks for many years, walking faithfully side by side, usually twice daily, and always at a nice brisk clip. I know I'm not the only one whose heart was warmed by the sight – and by that palpable devotion.

Yes, there is something special about a dog town – and the wonderful people who make it such.

Kingsley

Kingsley Gallup, Publisher



Photo by Josh Hrehovcik

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Nancy Keenan Barron

Cover Artist
Nancy Keenan Barron

"I feel that art has something to do with the achievement of stillness in the midst of chaos. A stillness which characterizes prayer, too, and the eye of the storm. I think that art has something to do with an arrest of attention in the midst of distraction." ~ Saul Bellow

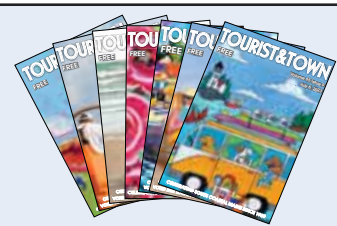
As early as I can remember I have been a maker. I didn't call it art. I called it drawing, painting, playing. It was my go-to activity. I consider myself a student of the arts with "classes" starting on the closet walls of my childhood bedroom that became a spaceship with the help of a crayon. I was born and raised in Farmingdale, Maine. Education followed with art lessons held in Mrs. McGrail's basement; for two hours on Saturday mornings I would get lost with pastels, paint and charcoal. Later, while at the University of Southern Maine, I learned all the fun I was having for years drawing and painting had its own language. Words like gesture, mood, line, color and contrast are some of the ideas I work on developing in my art. For the past 7 years, I've been fortunate to work at Spindleworks Art Center as an artists' mentor, where in addition to experiencing the full spectrum of human emotions every day, I'm able to be part of a diverse creative community. I currently practice my craft at my home studio near the banks of the mighty Kennebec River in historic South Gardiner, Maine.



Remaining 2023 Newspaper Dates

DATE	DEADLINE
August 10	August 2
August 17	August 9
August 24	August 16
August 31	August 23
September 14	September 6
September 28	September 20
October 12	October 4
October 26	October 18
November 9	November 1
November 23*	November 15

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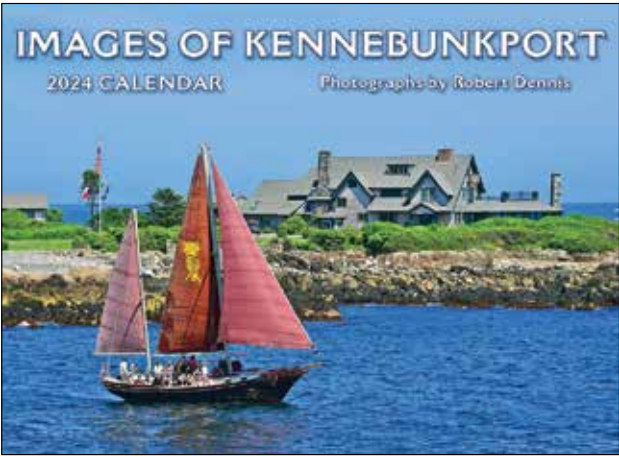


This edition of Out of the Office centers on a one-of-a-kind, feast-for-the-eyes kind of shop in Lower Village, Kennebunk. The shop is **Resurrected** – and it's more than a shop really, it's a way of life, an ethos, a celebration of recycling, upcycling and climate consciousness – a place that makes you realize that possibilities really *are* endless.

If you are on the hunt for a treasure – something unique, something massively creative and something you can feel nothing but good about – look no further!



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"I published my first Images of Kennebunkport Calendar in 2001. Over the years the calendar has developed a strong following among tourists and locals and the 2024 edition is now available in local shops and through my website. Every year I spend many hours going through all my new photos to select the best and most seasonally-appropriate images for the calendar. The monthly photos in the new calendar include snowy winter scenes, arctic sea smoke, a colorful sunrise, a dramatic moonrise, calm water reflections, heavy surf, fall color, and Christmas Prelude. Twelve additional photos show the beauty of Kennebunkport in all seasons. Check it out!" ~ Bob Dennis

Find the 2023 Images of Kennebunkport calendar in the Kennebunks at HB Provisions, The Whimsy Shop, Saxony Imports, Colonial Pharmacy, Beach Grass, Mail-It Unlimited, Bradbury Bros Market, Cape Porpoise Kitchen, The Colony Gift Shop, The Nonantum Gift Shop, Goose Rocks Beach General Store or visit kportimages.com.



Some of you are finding us tucked into the *Maine Sunday Telegram* today, thanks to our exciting new partnership with the *Portland Press Herald*. Now, in addition to our local distribution to hundreds of drop sites throughout coastal York County, *Tourist & Town* is inserted into the *Maine Sunday Telegram*. What an incredible honor this is for *Tourist & Town* and its readers. If this is your first time reading our publication, now in its 65th year, we hope you enjoy it. And be sure to pick up our summer magazine!



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“Did you ever see a place that looks like it was built just to enjoy? Well, this whole state of Maine looks that way to me.”
~ Will Rogers

York's Wild Animal Kingdom – fun for all

by Jo O'Connor

Last year was the first time I ventured to the incredible zoo known as York’s Wild Animal

Kingdom. It left such an indelible impression on me, I vowed to make it an annual jaunt. With my photographer sister Sue

and 20-year-old son Lucas in tow, we set out on the venture.

Did you know it is Maine’s only zoo? This

lush park is situated on 57 acres with a figure-eight zoo layout. It opens up to a large and languid lake full of ducks. This is only one of many areas to feed the animals/birds.

Turning to the left, there are camel and little pony rides. I decided to take a ride while reading our venerable publication – good reading indeed. While I am a bit of a horseback rider, riding the humped-back camel named “Tucker” was very adventuresome. For one token, you get to ride around the pen – it ended far too quickly. I will certainly do this again.

Further along, you are greeted by an active group of gibbons – boy, are they chatty and social in their enclosed tree forest.

Along the way, we took in the leaping lemurs, jumping red-tailed monkeys, a family of ze-



Writer Jo O'Connor finds an interesting place to read *Tourist & Town*. Photo by SueO



A light blue parakeet lands on a food stick. Photo by SueO



A Queen Owl Butterfly resting. Photo by SueO

–Continued on next page



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bras, two large, colorful Macaws and a large pen of young goats for petting and feeding.

Then, we entered the parakeet encounter – a spacious feeding experience, where the 300-plus pastel-colored tiny budgerigars flew around in a friendly fashion. Visitors can hold food sticks (\$2.50) to get a closer encounter with the birds. I felt like singing “Mister Bluebird is on my shoulder.”

Other animals did not disappoint: a sloth just hanging out; a pen of fallow deer (another feeding experience); a few kangaroos, two scary-looking alligators and playful river otters in their jacuzzi-like flowing river pool.

Then you come upon the lioness and lion resting in the vast field. I started singing again, “. . . In the jungle, the mighty jungle, the lion sleeps tonight!” To see them was both calming and daunting at the same time.

Not to be missed is the airy 5,500 sq.ft. Butterfly Kingdom featuring South and Central American butterflies (I counted 7 different types). I visited during the morning when they were particularly active – flying around the greenhouse enclosure. One even landed on my son’s full and wavy locks. Within the trees of this sanctuary, we witnessed the beautiful and sometimes iridescent wings of these graceful insects.

Lions and tigers and bears – oh my? Well, no bears – Maine’s got plenty of them in the wild. There was so much to take in. For the \$17.25 admission, it is well worth your money. Plan a full half-day at the Kingdom as they also have an 18-hole mini golf course, 13 kiddie rides (Go-Karts and bumper cars, too) and, to be expected, sumptuous fried dough – all within steps of Short Sands Beach.

Each year, more than 200,000 people visit

Maine’s favorite zoo. I plan on getting a frequent visitor card next time!

Adults: \$17.25; under 10: \$11. Zoo open daily until September 24; 10 AM-5

PM (admission closes at 4 PM). Check website for amusement park hours. Free parking. 1 Animal Park Road, York; york-swildanimalkingdom.com

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Lucas Doherty feeds the baby deer. Photos by SueO

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The Brick Store Museum

The Retro Roadtrip Report: four magnificent museums

by Joshua Hrehovcik and Geraldine Aikman

Let's get ready to make history, Retro Roadtrippers, as we explore some of the world-class museums we have on offer right here in Southern Maine.

On Main Street in Kennebunk is the beautiful Brick Store Museum, one of the most unique museums in the world. Founded in 1936, it is one of only 21 museums in the United States to be founded by a single woman. Now through August 20 you will be able to enjoy

two stimulating exhibits. Wrapped in Blue utilizes fashion to promote world health, and Making the Modern World charts the changes in communication, health, and entertainment in America over the past 100 years. Let me know if you can figure out how the antique washing machine works.

Next up is the Seashore Trolley Museum on Log Cabin Road in Kennebunkport. This family and dog friendly museum has the largest collection of public transportation vehicles in the world. Take a ride on one of their historic trolleys and be sure to check out the impressive gift shop.

Time to gear up for a visit to the Maine Classic Car Museum (hey I couldn't help myself) on Route 1 in Arundel. You can up close and personal

with over 50 amazing autos, including one of only 51 Tuckers in existence as well as a 2001 Ferrari F1 show car.

We'll wrap this edition of the Retro Roadtrip Report by going deep in the Biddeford Mill Museum. And by deep, I mean exploring the underground canals where the Saco River once powered this huge textile mill. The tours are guided by former mill workers, who will give you their personal account of this historic example of the industrial revolution.

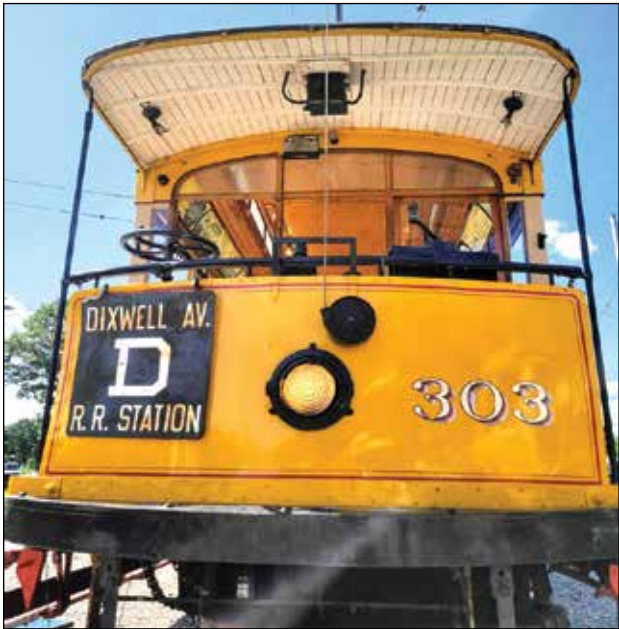
Brick Store Museum: 117 Main Street, Kennebunk. Open Tuesday–Friday, 10 AM–5 PM; Saturday, 10 AM–4 PM; and Sunday, 12 to 4 PM.

Seashore Trolley Museum: 195 Log Cabin Road, Kennebunkport. Open Wednesday–Sun-

day, 9:30 AM–4:30 PM.

Maine Classic Car Museum: 2564 Portland Road (Rte. 1), Arundel. Open daily, 10 AM to 5 PM.

Biddeford Mills Museum: 2 Main Street, Bldg. 18, Suite 108, Biddeford. Open Thursday–Saturday, 12 to 4 PM. The Retro Roadtripper books are available at retroroadtripper.com.



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The Biddeford Mills Museum, Brick Store Museum and the Maine Classic Car Museum are on this week's route.

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La Dolce Vita

Confession: I'm a Barbie girl.

My daughter recently returned from seeing the *Barbie* movie, enthralled and surprised about its message of empowerment.

I'm not shocked: My Barbies were always ahead of their time.

As a little girl in the 70s, I had a lot of Barbies, and I mean a LOT. As the only granddaughter for my mom's parents, Nan and Pop, I was spoiled and indulged in most things I loved.

For me, that meant books and Barbies.

Since my Nan was a firm believer in dolls, I progressed from baby dolls to Barbie dolls and had plenty of both. The Barbies, though, had plenty of accessories, so I amassed quite a bit of not only dolls but all that went with them: fancy gowns, high-heeled shoes, tiny pink hangers and trunks to keep it all in.

And one of those "accessories" was Ken. Malibu Ken, to be precise. He sported molded blond hair (I guess plastic was sleeker than hair if you're a swimmer), a deep tan, bare feet and red swim trunks.

Now with just one Ken doll and a dozen or more Barbies, you'd think Ken would be living like a king. Not true.

My Ken existed solely to escort my various Barbies to fabulous events where they could wear their glamorous gowns. In fact,

I finally asked for clothes for Ken (a tuxedo) simply because he was really embarrassingly underdressed for these formal affairs.

My Barbies, on the other hand, lived rich lives. They attended soirées, they had careers, they had children (my Dawn dolls served this role, as they were considerably tinier, though certainly dressed inappropriately for children. And I guess Ken got to be the dad.).

And they always had a wide circle of friends.

My favorite Barbie was a brunette with green eyes. I called her Meg, and she came with a pretty green print gown with white puffed sleeves. She was the Barbie all those blonde Barbies wanted to be.

And when, one Christmas morning, I woke up to find a Barbie Dream House under the tree, she was the

first one through the door (and probably the first to try the elevator, which every little girl from the 70s will tell you never reliably worked).

I was too young at the time to realize that maybe making the green-eyed brunette the center of attention was really about little green-eyed brunette Laura, but Meg certainly blazed a path and drove home a lesson: That you COULD have it all.

When our girls were little, it's hardly surprising that they, too, had Barbies. By then there were Spice Girls Barbies, Disney Princess Barbies and Barbies who had careers ranging from vet to astronaut.

Barbie had shows on TV, full-length video movies and even a huge pink and white limo she used to tool around Disney's Epcot,

much to the delight of a then 6-year-old Emily.

While the girls didn't play with their Barbies quite as long as I did (I had passed 10 and was still surreptitiously playing with them in my room), I like to think their time with Barbie might have nonetheless reinforced that "you can have it all" message young girls so badly need to hear.

So long live Barbie! And may she continue to play a part in little girls' dreams for years to come.



Laura Dolce is director of the Kennebunk Kennebunkport and Arundel Chamber of Commerce

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Reinventing a community market in Eliot

by Dana Pearson

The people’s anguish and longing will end next month. Since June, they have been deprived of that which they had come to love. The creator, however, swears she will resume making it in September.

“I know people are suffering from soup withdrawal,” said Hannah Makuck, who owns Maine Market at 177 Moses Gerish Farmer Road in Eliot with husband Jordan Hickey. “But I needed a soup-break.”

No surprise there. Maine Market opened last October, during an especially lovely autumn – perfect soup weather. From the get-go, Heather’s made-from-scratch offerings included two

dairy-free and gluten-free soups a day, one vegan/vegetarian and one meat/protein soup. Sausage with white bean has been a favorite, along with carrot and ginger, split pea, and corn chowder; when she makes a chicken soup, it’s made with rice instead of noodles to keep it GF.

While Hannah has taken a break from soup production, business continues briskly at the venture she and her husband decided upon last summer. “Not a what, but a when” is how she described the origin of Maine Market. “The seed for the idea was Jordan’s,” who grew up in York. “He had a bee in his bonnet. His parents owned a business, and his grandfather did, too. This

was his endgame.” Sitting at a chipped and worn wooden table by the window – the very table that she shared meals at with her family while growing up in Connecticut – Hannah explained how she ended up transforming the former convenience store called the Eliot Meet Market into something new for the community.

When her family moved to York Beach when she was 14, Hannah became best friends with the daughter of Mark Meehan, who co-owned the Meet Market. As such, she had an inside scoop on the market; during the pandemic, when it became clear that the owners of the market were open to selling it, Hannah (who was an account manager

and social media manager for small businesses) and Jordan decided to take the plunge.

Jordan, who was making surfboards at the time (and still does), undertook a complete renovation of the 1,800-square-foot store with Hannah’s brother-in-law Seth King. The partnership was a natural, as Jordan and Seth are builders together. The renovation job started shortly after the couple bought the property in July 2022; they opened the market (and moved in upstairs with son Finnbar) three months later.

“It was always going to be a breakfast/lunch place with wine and beer and soup, because those are all things I love,” said Hannah, who works alongside

her sister Katlyn King and best friend Lucia Tenuta, who used to manage Darwin’s in Harvard Square in Boston.

“We were in the food and beverage industry together in our twenties,” said Hannah, who refers to the experienced Lucia as “my boss.” The trio makes virtually everything from scratch, including the popular scones (using Jordan’s mother’s recipe), the Breakfast Bulkie (“It’s the Connecticut in me” says Hannah of her use of a hard roll for the breakfast sandwich), falafel, marinated tofu Italian subs, and lunch sandwiches with Boar’s Head meats. (Though plenty of gluten-free items are offered, Hannah notes that it is not a certified GF kitchen.)

Some elements of the old convenience store exist, like eggs, orange juice, beer, and wine; however, there’s no doubt that the market underwent a major reinvention – one

that Hannah has come to discover the community wanted. Business has been so brisk that she often finds it overwhelming – but in a good way.

“We want people to feel happy and healthy and full,” she said. To enhance the community vibe, Maine Market offers a beer or wine tasting every third Friday from 5 to 7PM (check their Facebook page or Instagram for details). “We’ve also grilled burgers and dogs out in the parking lot, and have had local businesses do pop-ups here,” including a plant seedlings workshop and a ceramicist clinic.

“We’ve enjoyed a healthy mix of old regulars and new regulars,” she said. “Some people who didn’t think they’d like a new thing, do like it.”

And they’re bound to like it even more when soup’s on again in September.

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Maine Market is enjoying its first summer in Eliot, having opened last October. Courtesy photo



Hannah Makuck and Jordan Hickey, seen here with son Finnbar, purchased the Eliot Meet Market last fall and reinvented it as the Maine Market. Courtesy photo

Oceanfront Lodging, Dining & Gatherings

FRIDAY MARINER'S BUFFET
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Ingunn Milla Joergensen's Solo Summer Show at Maine Art Hill

"For as long as I can remember, I have been fascinated with texture and aging objects, particularly simple everyday things with stories that are equally important to me as the object itself," said artist Ingunn Milla Joergensen.

A solo show featuring new works from local artist Joergensen will open at 10 AM on Saturday, August 5, at the Gallery at the Grand, 1 Chase Hill Road (on Maine Art Hill), Kennebunk. The show will run through August 30, with an Artist Reception on Saturday, August 5, from 5-7 PM. All are welcome.

"I have walked the empty beaches from sunrise to sunset in my life in Kennebunkport as well as during my time wandering elsewhere," Joergensen said. "I hope my viewers can relate to what happens when and where I paint. My paintings offer a little sun bleached in an otherwise busy world."

Joergensen works in layers, adding paint, scraping off, and often mixing the oil paint directly on the canvas. Being extremely tactile, she usually paints with her bare hands, simplifying more and more.

"With so much clutter and noise surrounding us, I pare down to the bare essentials, and I can breathe," said Joergensen. "The spaces in between... where nothing happens, are almost more important. It puts the rest into perspective. I am working towards my paintings being a mental pause for the viewer. If I suggest half the story, the rest is up to them."

"I spend a lot of time meditating. Therefore, approaching the same subject over and over becomes like meditative prose. Every time I try to get closer to the essence, or the soul of the subject."

"Instead of photorealism, I rather focus on the emotion the landscape brings out, the transparency or translucency of it," Joergensen said. "I try to recreate my impressions in a simple, and hopefully to the viewer, peaceful and contemplative way."

Ingunn Milla Joergensen's solo summer show should not be missed whether you visit in person or online.

Take in Joergensen's show from August 5 to August 30. Maine Art Hill is open every day at 10 AM. And remember the Artist Reception on Saturday, August 5, from 5-7 PM. All are welcome.

FMI 207-967-2803 or www.maine-art.com/shows.



Quiet #2



Geraniums #2



INGUNN MILLA JOERGENSEN

GALLERY AT THE GRAND

AUGUST 5-30

SHOW OPENS AT 10 AM

ARTIST RECEPTION AUGUST 5, 5-7 PM

Meet the artist, enjoy live music and refreshments!

1 Chase Hill Rd. Kennebunk

OTHER HIGHLIGHTS ON MAINE ART HILL



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JULY 22 - AUG 16

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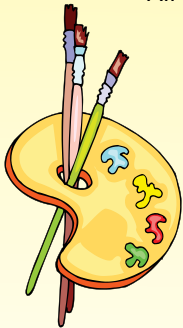
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“Summer.
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the music gets louder,
and life gets better.”
~ Author unknown

Goose Rocks Beach Association

Art Show

Featuring local artists and galleries
All items will be for sale



Saturday,
August 5, 2023
4:00 - 6:30 pm

at the
GRBA Community House

\$5.00 admission ~ Public Welcome
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Inside & Out



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3 different topics!



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Giant Annual Book Sale (until September 2), Dyer Library, 371 Main Street, Saco. Countless selections of hardcovers, paperbacks, fiction, non-fiction, cookbooks, children's and YA books, coffee table books, antique and art books, reference books and more! Also, VHS tapes, DVDs, CDs, audio books, puzzles, etc. The Book Sale is open during library hours. FMI: dyerlibrarysacomuseum.org

The Summer Playground of the Nation (until August 11), Saco Museum, 371 Main Street, Saco. Less than two weeks left for Saco Museum's popular summer exhibit, The Summer Playground of the Nation. Come relive the heydays of the resort hotels, promenades along the Old Orchard boardwalk, the quieter shores of Ferry Beach, the all-night dances of the 1920s & '30s and the delicacy of summer picnics. Museum admission is \$5 adults, \$3 seniors, \$2 students and children age 7-18. FMI: dyerlibrarysacomuseum.org

Thursday, August 3

Crafty Kids, Wells Public Library, 1434 Post Road, Wells, 3 PM. Drop in art projects include painting, drawing, gluing, collaging and more! All materials will be provided and all ages are welcome. FMI contact Allison Herman at aherman@wellstown.org or call 207-646-8181.

Music on the Library Lawn Concert with Dana Pearson (acoustic guitar, covers of songs we know!), Graves Library, 18 Maine Street, Kennebunkport, 6 PM. Bring your chairs, sit back, tap your feet and listen to some local beat. \$10 donation as an appreciated entrance fee. FMI call 967-2778 or visit graveslibrary.org.

Pulitzer Prize-Winning Reporter and Maine Author Barbara Walsh, Union Church, 3 Stonecliff Rd., Biddeford Pool, 7 PM. This will be a memorable evening as Walsh talks about her 40-year journalism career and her books, including *The Lobster Lady: Maine's 102-year-old Legend*; children's book *Sammy in the Sky*, and *August Gale: A Father and Daughter's Journey into the Storm*, an epic, true "sea story." \$20 adults/\$10 children; all proceeds benefit community nonprofits and individuals and families in need. FMI and tickets; unionchurchme.com / "Events" tab.

Friday-Sunday, August 4-6

Little River Estate Sale at 4 Prebble Lane, York, 9 AM-3 PM daily. Find home furnishings, bakeware, linens, furniture, pottery, glassware, outdoor items and more! FMI and for photos, visit www.antiquesandestatesales.com or call 751-6466.

Friday, August 4

Fiber Arts, Wells Public Library, 1434 Post Road, Wells, 10:30 AM. Come show off your latest knitting creation, get tips on your crochet technique and just chat with old friends and make some new ones. All ages & levels of ability welcome. FMI contact Stefanie Claydon at sclaydon@wellstown.org or call the library at 207-646-8181.

Double or Nothing featuring Illusionist Steve Corning, Wells Public Library, 1434 Post Road, Wells, 11 AM. In addition to Steve Corning, with his juggling routines, escape artistry, contortion and stunts, magician Shane Miclon will be performing. It's double the fun when there are TWO talented performers! FMI contact aherman@wellstown.org or call the library at 207-646-8181.

Astronomical Society of Northern New England (ASNNE) Meeting, Talmage Observatory at Starfield, West Kennebunk. This is an annual barbeque meeting and potluck. Both members and the general public are invited. ASNNE will provide grills, but guests should

bring food and beverages. Plan on arriving between 5 and 6 PM. At about 6:30 PM, the general meeting will begin. Following the meeting, there will be observing. If cloudy, the meeting will proceed as planned. If rainy, a regular meeting will be held at the New School at 7:30 PM and there will be no cookout. The New School is at 38 York Street, Kennebunk. Directions to the Talmage Observatory at Starfield and the New School, may be found at www.asnne.org/where-to-find-us.php. FMI email asnne.astronomy@gmail.com. FMI visit www.ASNNE.org.

Saturday, August 5

Kennebunk Artisans Marketplace, Waterhouse Center, 51 Main Street, 9 AM-2 PM. FMI visit www.kennebunk-maine.us/artisansmarketplace

Kennebunk Farmers' Market, Garden Street Lot, Kennebunk, 8 AM - 12:30 PM. FMI www.kennebunkfarmersmarket.org

Saco Farmers' Market, Saco Valley Shopping Center, Saco, 8 AM-12 PM. FMI www.sacofarmersmarket.com

Sanford/Springvale Farmers' Market, Central Park (across from City Hall) Sanford, 8 AM-12 PM. FMI www.sanfordfarmersmarket.org

York Farmers' Market, Lot behind York Region Chamber of Commerce, 1 Stonewall Lane, York, 9 AM-1 PM. FMI www.gatewaytomaine.org/farmers-market/summer-farmers-market/

Lawn Sale (and Library Book Sale), Atlantic Hall, Cape Porpoise, 8 AM-2 PM. Tables are available; please contact Ed at 967-3337.

Biddeford Pool Community Center Garden & Art Tour. This event includes a self-guided walking tour of home owner gardens in the coastal communities of Biddeford Pool, Hills Beach, Fortunes Rocks and Granite Point. Local artists will feature and offer some of their work for sale and Master Gardeners will be on hand at a few locations to answer attendee questions. Purchase tickets online at Eventbrite – Search for: Biddeford Pool Community Center Garden & Art Tour – for \$30 each. Proceeds benefit the BPCC. FMI www.biddeford-poolcommunitycenter.org

Community Yard Sale, Kennebunk Free Library, 112 Main Street, Kennebunk, 8:30 AM-12:30 PM. Shoppers will find an array of items from local artists and your neighbor's garage. 10'x10' spaces are available to rent for \$35 and 30'x72' folding tables are also available to rent for an additional \$15. A clean-up deposit of \$25 is required and will be returned at the conclusion of the event. Spots are limited. Applications and additional information can be picked up at the library or found on website. FMI call 985-2173 or visit kennebunklibrary.org.

Textile Collection with The Planeteers of Southern Maine, at Quest Fitness, 11 Livewell Drive, Kennebunk, 10 AM to 2 PM. The Planeteers are sponsoring a textile collection by "HELPSY," with the environmental mission of keeping unwanted clothing out of landfills. Donate new and old unused clothing including footwear, accessories and linens. FMI contact SoMePlaneteers@Yahoo.com. For a full list of items being collected, contact info@helpsy.co.

Sunday, August 6

Author Jennifer Ackerman, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 2 PM. For further information on this talk about owls, please call 967-2778 or visit www.graveslibrary.org. See full story on page 14 of this issue.

Send your questions to rsimon@legacysir.com

Q: We are trying to decide the best time to put our condo on the market. Is there a good way to figure this out? We just want to be sure we are on at the best time. Suggestions? Brian and Paula

A: Actually your broker should be able to help you make this decision. Usually the winter is not the best time because many of the buyers are not here during winter weather. Usually the most active times are Spring and Summer, but again your broker should be able to guide you as to your price range, etc.

Q: We have been reading your column for years and find it useful and we appreciate that. Our question is based on having our good friend be a broker in the area but not the broker that we believe will be our best choice. Any suggestions as to how we should deal with this as we truly do not want to offend her but she is not our best choice and we want to do what is best for us. Appreciate your take on this. Cecile and Robest

A: This is always a difficult issue for folks who have a friend in the industry and I get asked this question a lot. A sit-down, person-to-person conversation is your best path. You can explain to your friend that you do not want to offend her or hurt her feelings but you feel it is best not to mix friendship and business. This pathway will not necessarily make it a painless process but it is a clear way to explain your decision and move forward.

Randal Simon, Legacy Properties, Sotheby's International Realty
150 Port Rd, Kennebunk (C) 207-590-9656 (O) 207-967-0934
rsimon@legacysir.com www.legacysir.com

SIMON
Says



Randal Simon has been a real estate broker for over 30 years. His column was in the Portland Press Herald for many years; he is now pleased to be participating locally in Tourist & Town. He has been a contributor to The Wall Street Journal, Unique Homes and The New York Times.

Monday, August 7
Outdoor Storytime, Kennebunk Free Library, 112 Main Street, Kennebunk, 10 AM. Stories and songs with Miss Maria. Storytimes will be held outside the library near the faerie garden. Bring a blanket or towel to sit on – and don’t forget your sunscreen! In the event of rain or inclement weather, storytime will be held indoors.

31st Annual Pet Show and Parade, Kennebunk Free Library - front lawn, 112 Main Street, Kennebunk, 6 PM. In the past, the library has been visited by a variety of animals from cows to snails – and everything in between. Share your pet and receive a certificate. This year, owners can lead their pets across the library lawn for everyone to admire. Kennebunk Veterinary Hospital will be on hand to help give each pet a special title. Registration and signed waiver are required. One pet per child. Pets must be up-to-date on shots, on leash or caged, and accompanied by an adult. To register, visit the library’s online calendar or call 985-2173. In the event of inclement weather, the event will be held on Monday, August 14, at 6 PM. FMI call 985-2173 or visit www.KennebunkLibrary.org.

Tuesday, August 8
Adult Crafternoon: Bug Repellant Bracelets, Wells Public Library, 1434 Post Road, Wells, 2 PM. Sick and tired of slapping at mosquitoes? Come make your own natural bug repelling bracelet using macrame knotting and lava beads and look quite stylish to boot. FMI contact Stefanie Claydon at sclaydon@wellstown.org or call the library at 646-8181.

Kindness Club, Kennebunk Free Library, 112 Main Street, Kennebunk, 3:45 PM. In a world where you can be anything, be kind! Come hear a story about kindness and make a craft. This program is open to ages 6 and up; registration is appreciated but not required. Kindness has no age requirement – if a friend younger than 6 would like to join in, please reach out to Miss Maria at mrichardson@kennebunklibrary.org, or 985-2173 x 105. Parents are encouraged to join in.

Wednesday, August 9
Mini-Golf Fundraiser for the Center for Grieving Children, Schooner Mini-Golf, Saco, 4-6 PM. This family-friendly event will raise funding to support the Center’s grief peer support services. A fun-filled evening of mini golf, ice cream, prizes and more. Corporate tickets and sponsorships available (FMI email emma@cgcmaine.org). Prizes awarded. FMI visit cgcmaine.org or 775-5216.

Mid-Week Music's "Master/Pupil: Dylan/Waits," Kennebunkport Historical Society’s Town House School, 135 North Street, Kennebunkport, 7 PM. John Kumnick (bass), Dylan Kumnick (drums), and Dana Pearson (guitar, keyboard) perform “Master/Pupil: Dylan/Waits.” The concert will be split into two distinct yet connected sets: one of songs by Tom Waits (“Downtown Train,” “Come On Up to the House”), the other of songs by the man who initially inspired him, Bob Dylan (“Highway 61 Revisited,” “You Ain’t Goin’ Nowhere”). FMI and tickets: kporths.com/events, info@kporths.com, or 967-2751.

Thursday & Friday, August 10 & 11
Circus Smirkus, Rockin' Horse Farm, 245 Arundel Road, Kennebunkport. FMI smirkus.org. See poster on page 7 of this issue.

Thursday, August 10
Morning Book Group, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 9:45. *Eleanor* by David Michaelis will be discussed. This group meets on the second Thursday of every month. New members are always welcome. FMI call 967-2778 or visit www.graveslibrary.org.

Santa in the Summer, Wells Public Library, 1434 Post Road, Wells, 5:30 PM. Come hang out with the big man and tell him your wishes early this year. Stories and activities will be provided for the whole family to enjoy. All ages welcome. FMI contact aherman@wellstown.org or call the library at 207-646-8181.

Friday, August 11
Fiber Arts, Wells Public Library, 1434 Post Road, Wells, 10:30 AM. Come show off your latest knitting creation,

get tips on your crochet technique and just chat with old friends and make some new ones. All ages & levels of ability welcome. FMI contact Stefanie Claydon at sclaydon@wellstown.org or call the library at 207-646-8181.

Saturday, August 12
Kennebunk Artisans Marketplace, Waterhouse Center, 51 Main Street, 9 AM-2 PM. FMI visit www.kennebunk-maine.us/artisansmarketplace

Kennebunk Farmers' Market, Garden Street Lot, Kennebunk, 8 AM - 12:30 PM. FMI www.kennebunkfarmersmarket.org

Saco Farmers’ Market, Saco Valley Shopping Center, Saco, 8 AM-12 PM. FMI www.sacofarmersmarket.com

Sanford/Springvale Farmers' Market, Central Park (across from City Hall) Sanford, 8 AM-12 PM. FMI www.sanfordfarmersmarket.org

York Farmers' Market, Lot behind York Region Chamber of Commerce, 1 Stonewall Lane, York, 9 AM-1 PM. FMI www.gatewaytomaine.org/farmers-market/summer-farmers-market/

Woodies in the Cove 2023, 974 Post Road, Wells, 8:30 AM-2 PM. Interest in these unique vehicles has made this show one of the largest attended and most popular car shows in New England and on the East Coast. The show is the largest fundraiser for the Historical Society and remains free to the public. FMI contact woodies-inthecove@gmail.com. The event will be held next to McDonalds on Route 1 in Wells, Maine, at 974 Post Rd. and runs from 8:30 AM until 2 PM, followed by a parade from the venue though Ogunquit and into Perkins Cove between 2 and 3 PM.

Sunday, August 13
Native Plant Swap and Sale, Rogers Pond Park & Pavilion, 49 Water Street, Kennebunk, 1:30-3 PM. Plant drop off is from 1-1:30. Bring plants that are native to Maine (wildseedproject.net/comprehensive-plant-list) and are “straight species,” not cultivars. Those who don’t have native plants to share are welcome to attend to jump start your native plant gardens. Native Haunts Nursery will have native plants for sale as well (<https://nativehaunts.com/plant-list>). Pre-ordering with Native Haunts via email or phone is encouraged. From 3-4 PM, stop by the ever growing Pollinator Pathway at the corner of High Street and Cat Mousam Road in Kennebunk. The events are sponsored by Kennebunk Area Native Plants, Planetears of Southern Maine and UMaine Co-operative Extension’s Modern Day Homemakers. Rain or shine. FMI NativePlantSwap@gmail.com

Sea-Vu Campground's David F. Talevi Memorial Bike Ride and Run/Walk. Adults can choose from 12-, 24- or 36-mile rides or a 5 1/2-mile run/walk) and there will be a 1-mile fun ride for children. Registration is \$30 for adults. Kids are free. When registering, you will be entered into a drawing for a Huffy Mountain Bike or a \$100 Gift Certificate to Sea-Vu. Proceeds from this event help fund the many local charities that the David F. Talevi Foundation supports, as well as grants for local students. FMI or to register, call Sea-Vu Campground at 207-646-7732.

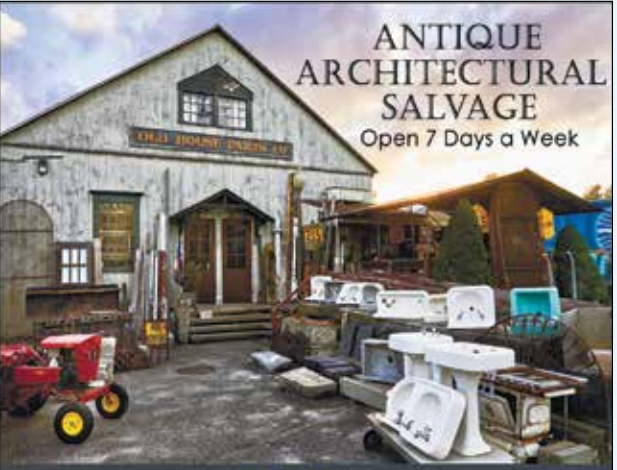
Summer Band Blast 6 at the Waterhouse Center, 51 Main Street, Kennebunk, 5-7:30 PM. Rain or shine, this will be an afternoon of entertainment offered by local musicians including The Biddo Honeys, Byon Yeatts, Dana Pearson, Gary Vail, Lincoln Continental, The Dock Squares and other special guests. The free show is a benefit for Community Outreach Services; concert-goers are asked to bring a non-perishable food item or cash donation to help those in need in the local community. Grab a chair and some dancing shoes and enjoy this fun community event. FMI call Faith at 985-6570.

Monday, August 14
Outdoor Storytimes at Kennebunk Free Library, 112 Main Street, Kennebunk, 10 AM. Let’s get all together now for some stories and songs with Miss Maria. Storytimes will be held outside the library near the faerie garden. Bring a blanket or towel to sit on, and don’t forget your sunscreen! In the event of rain or inclement weather, storytime will be held indoors.

Wednesday, August 16
Groovy Snacks, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 10:30 AM. Learn how to make yummy, fun graham cracker garden treats. Fruity flowers, blueberry bugs, and more! All materials provided. Pre-registration is required. FMI call 967-2778 or visit www.graveslibrary.org.

Finale Party and Ice Cream Social at Kennebunk Free Library, 112 Main Street, Kennebunk 4-6 PM. Drop in for a celebration of a fun-filled summer! We’ll have a choice of ice cream or frozen treat, and there will be some fun games to play. We hope you can join us! The Finale Party is part of All Together Now, our Summer Reading Program. FMI call 985-2173 or visit the website www.KennebunkLibrary.org.

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Graves Library hosts author Jennifer Ackerman

The Louis T. Graves Memorial Public Library in Kennebunk is delighted to welcome *New York Times* Best Selling Author Jennifer Ackerman on Sunday, August 6, at 2 PM for a special lecture. The library is located at 18 Maine Street, Kennebunkport.

Jennifer Ackerman has been writing about science, nature and health for more than three decades. Her work aims to explain and interpret science for a lay audience and to explore the riddles of the natural world, blending scientific knowledge with strong storytelling. She has won numerous awards and fellowship.

Jennifer's most recent book is *What an Owl Knows: The New Science of the World's Most Enigmatic Birds*. In pre-publication reviews, *Publisher's Weekly* called the book "a masterful survey," and *Kirkus*, "fascinating food for thought for owl seekers." Jennifer also recorded the audiobook for *What an Owl Knows*. Her previous book, *The Bird Way: A New Look at How Birds Talk, Work, Play, Parent, and Think* (Penguin Press, 2020; paperback, 2021), was a finalist for the PEN/E.O. Wilson Literary Science Writing Award and was nominated for numerous other awards.

Her *New York Times* bestseller *The Genius of Birds* (Penguin Press, 2016; paperback 2017) was named one of the 10 best nonfiction books of 2016 by *The Wall Street Journal*, a Best Science Book of 2016 by National Public Radio's "Science Friday," a Best Book of the Year by *The Spectator* and the *National Post*, and a Nature Book of the Year by the *London Sunday Times*. It was a finalist for the 2017 National Academies Communication Book Award and for the 2017 Smart Book Award in Poland.

Other books include *Birds by the Shore: Observing the Natural Life of the Atlantic Coast* (a 2019 re-issue by Penguin Press of her first book *Notes from the Shore*); *Ah-Choo! The Uncommon Life of Your Common Cold* (Twelve, 2010), named a finalist for the Books for a Better Life Award; and *Sex Sleep Eat Drink Dream: A Day in the Life of Your Body* (Houghton Mifflin, 2007; Mariner Paperbacks, 2008), an exploration into the biological events we experience over the course of a day and a *New York Times* "Editor's Choice." Ackerman's book *Chance in the House of Fate: A Natural History of Heredity* (Houghton Mifflin 2001; Mariner Paperbacks 2002) was named a *New York Times* "New and Noteworthy" paperback and was selected as a *Library Journal* Best Book of the Year in 2002. She is the editor of *The Curious Naturalist* and the co-author with Dr. Miriam Nelson of *The Social Network Diet* and *The Strong Women's Guide to Total Health*.

The 1802 House in Kennebunkport is sponsoring this event and the Graves Library Snack Team will provide treats. Doors open at 1:30 PM. Copies of *What the Owl Knows* will be available for sale and signing. Parking is available at the Village Fire Station (North Street) and Consolidated School (School Street). FMI call 967-2778 or visit www.graveslibrary.org.



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Jennifer Ackerman. Courtesy photo

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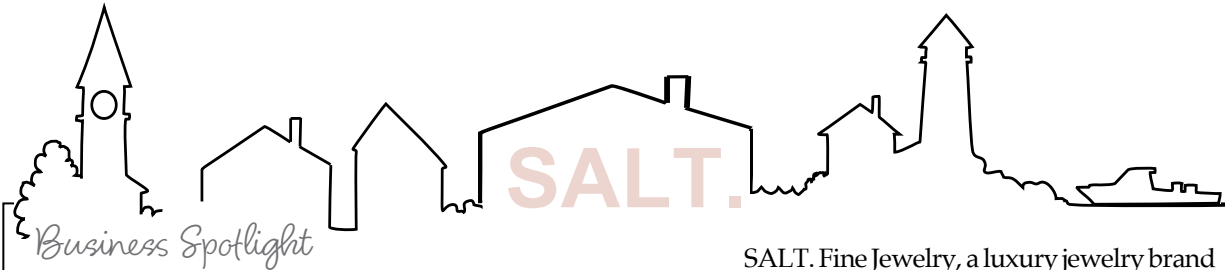
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Business Spotlight



SALT. Fine Jewelry, a luxury jewelry brand based out of Toronto and Los Angeles, will be doing 2 pop-ups for the first time in Maine on Tuesday and Wednesday, August 15 and 16. SALT. has customers around the globe and has a presence on red carpets and in various magazines and television shows

SALT. was founded by Tara Turnbull and Sally Brooks in 2016 shortly after meeting in Toronto. The ladies quickly discovered their shared passion for design and jewelry which led to the creation of SALT. Tara is very excited to be bringing SALT. to one of her favorite places, having spent all of her summers at Kennebunk Beach. This will be Sally's first visit to Maine and she is excited to explore the area and of course, eat lobster.

Tara is thrilled to be popping up in two of her favorite Kennebunk stores, Spaces by Nicki Bongiorno on Tuesday, August 15, and Hurlbutt Designs on Wednesday, August 16.

The brand's focus is on catering to the everyday woman who desires to enhance her style with beautiful handcrafted pieces that are both timeless and on-trend. A few signature pieces that put SALT. on the map were the solid 14K gold paperclip chains and stunning charms.

One of the core values of SALT. is its commitment to using ethically sourced diamonds and working with skilled tradespeople in Los Angeles, New York, Italy and Toronto.

Tara and Sally are excited to share their collection of 14K gold and diamond jewelry this August in Kennebunk!



Downtown Biddeford 4-8 PM

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The Art of Poetry with three poet luminaries

It's not too early to put this on your calendar. "Bohemian Sunday Poetry Readings" will feature three poet luminaries on September 24, 1-2 PM, followed by Reception and refreshments. Listen to the deep succulent power of poetry featuring former Portland Poet Laureates Linda Aldrich and Steve Luttrell with local poet Paul Nelson. Free and open to all at Brick Store Museum's Program Center auditorium in Kennebunk. WePoets & Verse is thrilled to host this unforgettable event and your presence matters. FMI: poetryawakenings@gmail.com.



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Kitchen Talk

Summer Time... and the livin' is delicious!

Pie Crust Pointer

Whether you're baking blueberry, peach, plum or apple pie for dessert, here's a different technique to get the crispest and brownest crust: brush the top thoroughly with water. Yes, H₂O.

Not egg, not half and half, only water. Then sprinkle sugar on top. The water moistens the dough so it holds onto more sugar, which then becomes a candy-like layer while baking. Yum!



Blueberry Muffins – Who Knew?

I always added more blueberries to my muffins than the recipe called for. Thought it would bolster their flavor. But guess what? Those blueberries sank right to the bottom. The muffins looked more like blueberry layer cake.

But I discovered that by simmering a cup of blueberries on the stove for about 10 minutes, then mixing that concentrated jam with a cup of fresh blueberries, and then gently stirring that concoction into the dough, the muffins were replete with blueberries ... from top to bottom.

Perfection.



This page is curated by
Tourist & Town's
Val Marier
valmarier@me.com

The Most Popular Salad – at our Golf Luncheon

After Ladies Day at Webhannet Golf Club in Kennebunk Beach, we gather upstairs in the century-old shingled clubhouse for lunch. Home-made salads, sandwiches and desserts are placed on cloth-covered tables topped with technicolor bouquets of hydrangeas, roses and dahlias. Not fancy, just lovely.

Last week one salad kept receiving raves, kudos and requests from everyone. It's an oldie but goodie, and Jennifer, who brought the crunch ramen noodle salad, admitted it's been her go-to summer salad for years. Of course I got the recipe! Here it is:

Jennifer Houston's Ramen Noodle Salad

Serve 8, easily doubled for a crowd.

Ingredients:

- 1 16-oz. bag coleslaw mix
- 2 3-oz. packages of ramen noodles, crumbled, without the seasoning. Use any brand of packaged noodles)
- 1 cup shelled/cooked edamame
- 1 avocado, peeled, pitted and diced
- 1 mango, peeled, pitted and julienned
- 1/2 cup thinly sliced almonds
- 1/2 cup thinly sliced scallions
- Sesame honey vinaigrette (see ingredients below)

Sesame Honey Vinaigrette ingredients:

- 1/2 cup avocado oil (vegetable oil works too)
- 1/4 cup honey (or your desired sweetness)
- 2 tsp. soy sauce
- 1/4 tsp. toasted sesame oil
- Pinch of salt/pepper

Whisk all these ingredients until combined.

Salad Directions:

Heat oven to 425F.

Spread crumbled ramen noodles and sliced almonds out on a baking sheet, then stir to combine. Bake 5 minutes or until almonds and noodles are slightly toasted and golden.

Remove baking sheet and give the mixture a good stir, then return to oven and toast an additional 3 minutes. Keep a close eye on the mixture so it doesn't burn. Remove and set aside.

Mix ingredients (including vinaigrette) in a large bowl and toss until well combined.

Serve immediately or cover and refrigerate for up to 3 days.

Jennifer's honed tips: This salad is much better eaten the first day as the noodles lose their crunch the longer it sits. Also, the avocado may brown a bit. I frequently leave out the mango and use approximately 1 1/2 times the slaw mix; sometimes I try a mixture of cabbage slaw and broccoli slaw. It's fun to vary the salad. Just be sure to pour in ALL the dressing.

And now for two refreshing summer appetizers for cocktails on the deck at dusk. . .

Cucumbers are tumbling out of the bins at farm stands. In my backyard veggie garden, they're multiplying overnight. Here's a simple recipe that I've used for years to take advantage of these abundant in-season veggies.

Feta with Cucumbers on Toast

Ingredients:

- 1/2 baguette
- 6 tps. extra-virgin olive oil
- 3 oz. feta
- 1/2 tsp. fresh lemon juice
- Coarse salt and ground pepper
- 1 small English cucumber, thinly sliced crosswise

Directions:

Preheat oven to 450 degrees.

Split baguette lengthwise and lightly brush cut sides with 2 tsp. olive oil. Bake 5 minutes or until golden around edges.

In small bowl, mash feta, 4 tsp. oil, and lemon juice with a fork. Season with salt and pepper.

Spread feta mixture evenly over toasted baguette and top with cucumber.

Season with salt, pepper, lemon juice, and a drizzle of oil.

Cut into pieces to serve.

White Bean Hummus with a Touch of Lemon

Makes 1 3/4 cups

Ingredients:

- 1 can (15-oz.) white beans such as cannellini, drained, 2 tbsp. liquid reserved
- 1/4 cup tahini
- 1/3 cup fresh lemon juice (approx. 2 lemons)
- 2 tbsp. extra-virgin olive oil
- 1 small garlic clove
- Coarse salt

Directions:

Puree beans, tahini, lemon juice, oil and garlic in food processor until smooth. Add reserved bean liquid as needed to thin hummus to attain desired consistency. Season generously with salt, then refrigerate. (Keeps up to 2 days in the refrigerator).

Hint: if you're feeling posh, serve the hummus in a crystal martini glass!

A Recipe from County Clare, Ireland...

Tasted it meself, I did, in a wood-paneled pub not far from the fabled Burren. When I told the chef I was from Maine where chowders are cherished, he gladly gave me the recipe. It's a perfect entree for that first cool August evening.



Corn and Shellfish Chowder

Serves 4

Ingredients:

- 2 tbsp. butter
- 1 small onion, chopped
- 12-oz. sweet corn (cut from the cob)
- 2 1/2 cups milk
- 2 scallions, finely chopped
- 1 cup peeled and cooked shrimp (Note: prawns are preferred but....shrimp work)
- 6-oz. fresh white crabmeat
- 1/4 cup cream
- Pinch of cayenne pepper, salt and ground black pepper
- 4 whole shrimp (or prawns) in the shell to garnish (if desired)

Directions:

Melt butter in large saucepan and fry onion for 4-5 minutes until soft.

Reserve 2 tbsp. corn for garnish, then add remainder to the pan, along with the milk.

Bring to a boil, reduce heat, cover and simmer over low for 5 minutes.

Pour soup in batches into blender or food processor. Process until smooth.

Return soup to pan. Stir in scallions, crabmeat, shrimp, cream and cayenne pepper. Reheat gently over low heat.

Meanwhile, place reserved corn kernels in small frying pan without oil and dry-fry over moderate heat until golden and toasted.

Season to taste with salt and pepper. Serve each bowl of soup garnished with a few of the toasted corn. (Garnish with 4 extra shrimp in shell.)

Maine Day Ventures celebrates success in the growing food tourism industry

Maine Day Ventures: Maine Foodie Tours, a leading provider of educational and entertaining tours in five coastal towns in Maine, is thrilled to announce not one, but two significant accomplishments in the rapidly growing food tourism sector. With its unwavering commitment to providing unforgettable experiences, Maine Day Ventures has just been voted #8 among the country's best food tours in the "USA Today 10Best Reader's Choice Awards for 2023" and selected as #11 in the Arival Directory of "Top 20 U.S. Food Tour Operators."

USA Today 10Best, a respected online travel resource, recently announced its top 10 food tours for 2023, and explains that "Going on a food tour is not only a great way to discover the local culture, history, and flavors of a destination, but also a fun way to meet new people who share your passion for food and travel. The 10 food tour companies were voted as the best in the country by our readers because they excel at providing a variety of dishes to sample and teach about the ingredients, traditions, and stories behind them."

This accolade underscores the company's dedication to offering journeys through the state's rich culinary traditions. Maine Day Ventures takes pride in curating extraordinary food adventures that blend local flavors, cultural heritage, and remarkable storytelling to create lasting memories.

In addition to this popular choice award, Maine Day Ventures has secured a coveted spot in the renowned Arival Directory of the "Top 20 U.S. Food Tour Operators." Arival is an influential organization dedicated to advancing and elevating the tours and activities sector via conferences and ongoing research. The top tour operators in the U.S. were chosen with the most online reviews and best ratings across select third-party websites. Arival research found 1,000 food tour offerings in the US alone, showcasing the sheer growth in the industry.

"We are absolutely thrilled to receive these ac-

colades, which are a testament to our team's passion, hard work, and dedication to delivering exceptional tour experiences," said Pamela Laskey, founder and CEO of Maine Day Ventures. "For the past 14 years, our mission on the food tours has been to showcase the talents of Maine's bakers, distillers, brewers, chocolatiers, and restaurateurs, just to name a few, in an immersive, educational, and memorable way. We have watched the U.S. industry grow from 5 food tours in 2009 to 1,000 in 2023, all scoring phenomenal online ratings overall of 4.9 out of 5 stars. These recognitions motivate us to continue to provide our guests with unparalleled adventures in a range of experiences, now including tours focused on history, architecture, gardening and more."

Maine Day Ventures' success can be attributed to its team of expert guides, who possess in-depth knowledge of the local culture. Each tour is designed to connect people authentically with each town, celebrating the rich flavors, traditions and stories of Maine's culinary landscape. Maine Day Ventures is excited to continue innovating and expanding its offerings, aiming to introduce even more travelers to the incredible stories that lie within Maine's vibrant culture. For more information about Maine Day Ventures and its award-winning tours, please visit www.mainedayventures.com.



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Guided walks of a unique ecosystem: Kennebunk Plains

The public will have an opportunity to take a walking tour of the Kennebunk Plains to learn about this unique ecosystem on Thursday, August 17, from 6 to 7:30 PM.

Titled “Protected Landscapes of Southern Maine: Kennebunk Plains and Wells Barrens,” the one-mile walk begins at the parking area at the Kennebunk Plains on the north side of Route 99. The guided walk is free of charge.

Participants will learn about the 30-plus-year effort to protect this large nature preserve and Wildlife Management Area, and its geology, plants, and animals. They will also find out about the role carefully controlled fire – also known as prescribed fire – plays in maintaining this rare ecosystem.

The walk will be led by Paul Dest, local Conservationist and Naturalist; Jon Bailey, Land Manager/Burn Boss for The Nature Conservancy in Maine (TNC); and Sean Campbell, Wildlife Biologist with the Maine Department of Inland Fisheries and Wildlife (ME IFW).

The Kennebunk Plains and Wells Barrens encompasses about 3,000 protected acres and was the first funded project under the Land for Maine’s Future Program. The property includes the state’s largest sandplain grassland, pitch pine/shrub oak forests and red maple alluvial swamp forests – habitats that are rare in Northern New England. The area is home to rare animal species such as the Grasshopper Sparrow and Northern Black Racer Snake, and unusual plants, such as the globally rare Northern Blazing Star, which blooms in August. It is also the source for vast amounts of the public drinking water for the Kennebunk, Kennebunkport, Wells Water District (KKWWD). The Kennebunk Plains/Wells Barrens are owned and managed by three entities: TNC, ME IFW, and KKWWD.

This is one of a series of walks introducing residents and visitors to some of the protected landscapes of southern Maine. To register for this walk and for more information, email pauldest5@gmail.com or call 207-251-9851.

Oldies Dance Group passes \$100K milestone in Ronald McDonald House fundraising

The Oldies Dance Group has reached a new milestone in its mission to support the Ronald McDonald House of Portland, thanks to the enduring popularity of rock n’ roll.

The organization’s 21st dance on April 15 in Biddeford sold 329 tickets in just 10 days and earned \$6,913, pushing the total amount that the group has raised in 15 years for the Ronald McDonald House to \$100,301.

The Ronald McDonald House provides comfort for the families of pediatric patients in Maine, supporting programs that directly improve the health and well-being of children through family-centered care.

“We certainly are grateful for everyone who has attended the dances staged by the Oldies Dance Group through the years, and to all the individuals and businesses who continue to showcase their commitment to assisting sick children and their families,” said Bruce Martin, Oldies Dance Group organizer.

“We are dedicated to supporting the Ronald McDonald House of Portland and humbled that through the community’s generosity that we have passed the \$100,000 threshold.”

The dances are held twice a year, in the spring and in the fall, and are more than just typical fundraisers. “For those who



The 22nd Rock n’ Roll Oldies Benefit Dance will be held Saturday, October 7. Courtesy photo

grew up listening to these great rock n’ roll songs, this a wonderful social event,” Martin said, adding that the demand for tickets is constant, with requests coming in from all over Maine.

The next Rock n’ Roll Oldies Benefit Dance will be Saturday, October 7 at the Eagle’s Hall, 57 Birch Street, Biddeford, from 7 PM to midnight. Tickets are \$10 and sell out quickly. “Within days, all of the tickets are gone,” said Martin, “and that’s a testament to how popular these dances are.” FMI, to purchase tickets or to volunteer, call 207-284-4692.

*“Rock and roll music,
if you like it, if you feel it, you can’t help but move to it.
That’s what happens to me. I can’t help it.”
~ Elvis Presley*

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Barbie
Barbie followed by Oppenheimer. This would've made a mind-blowing double feature at a drive-in. But since it wasn't, I had to see one on Saturday, the other on Tuesday.

When word came out that there'd be a Barbie movie, I just shook my head. But when I learned that the wife-and-husband team of Greta Gerwig and Noah Baumbach would be writing it, with Gerwig directing, my hopes soared. These are two highly intelligent and witty filmmakers; in their hands, *Barbie* was bound to be a biting satire.

And so it is. With Mattel approving the project, there is enough (tongue-in-cheek) propaganda in the film to boost sales of the iconic doll; however, the story goes so much deeper than one would expect. Margot Robbie (who else, seriously?) is the title character, who begins to



Ryan Gosling and Margot Robbie co-star in *Barbie*.

Barbie & Oppenheimer: together at last

suffer an identity crisis and – gasp – to think about her mortality. This does not sit well with her fellow Barbies and Kens in glossy Barbieland, which, by the way, is another home run by production designer Sarah Greenwood.

The main Ken (Ryan Gosling – again, who else?) is a frustrated being, defining himself only in terms of being there for Barbie. While there are plenty of great jokes and sight gags both in Barbieland and the real world (where Barbie goes to find an answer to her dilemma), Gerwig and Baumbach's script addresses society's "rules" about male and female roles, and how one gender (guess which one) has dominated the other for ages. But when you have many of the satirical lines delivered by the Mattel CEO played by Will Ferrell, it's fun and easy to digest, and doesn't come close to being preachy.

Oppenheimer
Oppenheimer is writer-director Christopher Nolan's powerful biopic of the American scientist who led the Manhattan Project, which produced the first atom bombs that were the sharpest of all double-edged swords: they ended

World War II and saved hundreds of thousands of American soldiers' lives, yet incinerated and poisoned at least 100,000 Japanese civilians and ushered in the Atomic Age with all its horrifying possibilities. It's a stunningly shot and sequenced film with images that are impossible to forget.

Cillian Murphy delivers a heart-wrenching performance as the scientifically brilliant yet personally flawed man who possesses the know-how to lead other scientists in developing the A-bomb before the Nazis could. That clear motive causes them to place any concerns about the future use of such a weapon on the back burner; after all, if the Nazis built one first, the world would be toast.

However, after the bomb is tested and then used, those moral objections are voiced, much to the chagrin of those in the U.S. government who are keen to forge ahead with building bigger bombs (specifically the hydrogen bomb) to maintain military superiority over the Soviets, who became Enemy Number One after the fall of the Third Reich.

Oppenheimer balances those political maneuverings (and shenanigans) with the title character's personal life, particularly his volatile marriage to Kitty (Emily Blunt) and romantic involvement with an avowed Communist (Florence Pugh), which didn't help Oppenheimer's reputation during the rabid anti-Red McCarthy era. However, much of the drama occurs between Oppenheimer and Atomic Energy Commission Chairman Lewis Strauss (Robert Downey Jr., who, after playing Iron Man too

many times, finally gets to prove what an amazing dramatic actor he is; I smell a Best Supporting Actor Oscar).

In the Los Alamos portion of the film, Matt Damon plays General Leslie Groves, who chose Oppenheimer to lead the project. As the testing of the first full-size bomb nears (despite our knowledge of its results,

Florence Pugh alongside Cillian Murphy in *Oppenheimer*.

the suspense is incredible), Groves half-jokingly says to Oppenheimer, "Try not to blow up the world." So far, so good.

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Florence Pugh alongside Cillian Murphy in *Oppenheimer*.

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Double your Mid-Week Music pleasure

Mid-Week Music presents two concerts in August at the Kennebunkport Historical Society's Town House School at 135 North Street.

The first is held Wednesday, August 9 at 7PM, when John Kumnick (bass), Dylan Kumnick (drums), and Dana Pearson (guitar, keyboard) perform "Master/ Pupil: Dylan/ Waits." The concert will be split into two distinct yet connected sets: one of songs by Tom Waits ("Downtown Train," "Come On Up to the House"), the other of songs by the man who initially inspired him, Bob Dylan ("Highway 61 Revisited," "You Ain't Goin' Nowhere").

Then, on Wednesday, August 16 at 7PM, Pearson will be joined by singer-songwriter Dan Blakeslee (danblakeslee.com) to play an evening of original songs on their acoustic guitars. The duo last performed on the Mid-Week Music stage in February for a Johnny Cash tribute show.

FMI and tickets: kporths.com/events, info@kporths.com, or 967-2751.

Benefit Strings Concert August 20

Community string ensemble "No Strings Attached" invites the public to "Beethoven and Friends," a concert of light classical favorites on August 20 at 3 PM at Holy Cross Lutheran Church. The church is located at the corner of Storer and Lord streets in Kennebunk, Maine. The program includes selections by Beethoven, Brahms, Schubert and more.

Audience members are encouraged to bring a donation for Community Outreach Services (COS) which provides help with food, fuel and other needs in the Kennebunks. For more information on COS visit coskennebunks.org.

No Strings Attached is an informal orchestral ensemble for violin, viola, cello and double bass whose members enjoy playing – and sharing – great music simply for the fun and joy of it. The group is led by Pamela Doughty, Portland Symphony Orchestra violist from 1978 to 2022.

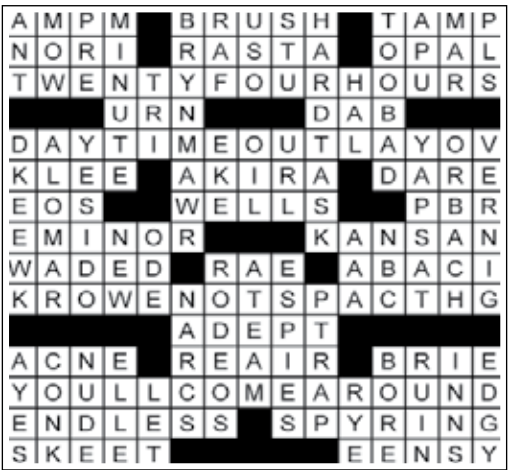


Seaside Pavilion – Upcoming Events

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August 15, 7 PM - Top of the World: A Carpenters Tribute

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Tide Chart
August 3-16

Thursday, August 3 High 12:30 AM...11.16 Low 06:53 AM...-1.37 High 01:11 PM...9.86 Low 07:07 PM...-0.57 Sunrise: 5:33 AM Sunset: 8:03 PM	Tuesday, August 8 High 05:12 AM....8.95 Low 11:13 AM....0.49 High 05:39 PM....9.69 Sunrise: 5:39 AM Sunset: 7:57 PM Last Qtr: 6:30 AM	Saturday, August 12 Low 03:12 AM....0.72 High 09:26 AM....7.73 Low 03:13 PM....1.77 High 09:33 PM....9.04 Sunrise: 5:43 AM Sunset: 7:51 PM
Friday, August 4 High 01:25 AM....11.1 Low 07:43 AM...-1.36 High 02:03 PM...10.12 Low 08:02 PM...-0.64 Sunrise: 5:34 AM Sunset: 8:02 PM	Wednesday, August 9 Low 12:01 AM....0.38 High 06:15 AM....8.36 Low 12:12 PM....1.06 High 06:37 PM....9.38 Sunrise: 5:40 AM Sunset: 7:55 PM	Sunday, August 13 Low 04:06 AM....0.63 High 10:19 AM....7.84 Low 04:05 PM....1.66 High 10:24 PM....9.15 Sunrise: 5:44 AM Sunset: 7:50 PM
Saturday, August 5 High 02:19 AM...10.78 Low 08:34 AM...-1.13 High 02:55 PM...10.23 Low 08:58 PM...-0.53 Sunrise: 5:35 AM Sunset: 8:00 PM	Thursday, August 10 Low 01:07 AM....0.62 High 07:20 AM....7.94 Low 01:13 PM....1.5 High 07:37 PM....9.14 Sunrise: 5:41 AM Sunset: 7:54 PM	Monday, August 14 Low 04:53 AM....0.51 High 11:05 AM....8.01 Low 04:52 PM....1.48 High 11:08 PM....9.29 Sunrise: 5:45 AM Sunset: 7:48 PM
Sunday, August 6 High 03:15 AM...10.26 Low 09:25 AM....-0.7 High 03:48 PM...10.17 Low 09:57 PM...-0.27 Sunrise: 5:36 AM Sunset: 7:59 PM	Thursday, August 10 Low 01:07 AM....0.62 High 07:20 AM....7.94 Low 01:13 PM....1.5 High 07:37 PM....9.14 Sunrise: 5:41 AM Sunset: 7:54 PM	Tuesday, August 15 Low 05:35 AM....0.4 High 11:45 AM....8.2 Low 05:34 PM....1.27 High 11:49 PM....9.39 Sunrise: 5:46 AM Sunset: 7:47 PM
Monday, August 7 High 04:12 AM....9.62 Low 10:18 AM...-0.13 High 04:42 PM...9.97 Low 10:58 PM....0.06 Sunrise: 5:38 AM Sunset: 7:58 PM	Friday, August 11 Low 02:12 AM....0.73 High 08:25 AM....7.74 Low 02:15 PM....1.73 High 08:37 PM....9.03 Sunrise: 5:42 AM Sunset: 7:52 PM	Wednesday, August 16 Low 06:13 AM....0.31 High 12:22 PM....8.38 Low 06:13 PM....1.1 Sunrise: 5:47 AM Sunset: 7:45 PM New Moon: 5:39 AM

Note: The number for each high and low tide indicates the height in feet above or below sea level. This chart shows tides for the mid-coast of York County; tide times are a few minutes earlier to the north (Old Orchard Beach) and a few minutes later to the south (York Beach). Tides are affected by the weather and cycles of the moon; the actual times and tide heights can differ slightly from the predictions above.

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Southern Maine Saltwater Fishing Report

by Captain Greg Metcalf

It was another good week of fishing along the Southern Maine coastline. Mackerel were a bit more difficult to catch than the previous week, but still available if you looked for them. Striped bass continued to be cooperative. There are plenty of small school-size fish, and good numbers of fish from twenty-six to thirty-two inches in length.

Kennebunkport: The fishing from Cape Porpoise to Wells Bay has been relatively steady. Some days are a little more challenging than others and require some extra patience, but there is plenty of bait and a decent body of stripers in the area.

The Kennebunk River has been producing some impressive catches of stripers including several keeper-size fish.

Wells, Ogunquit: Webhannet River Bait and Tackle reported that striped fishing was excellent again this



This 46-inch striper was caught by lucky angler Sage Stevers from Bristol, Vermont, while fishing with Captain Jason Hludik from Wells on July 18.

week. There are still mostly school-size fish along the coastline and in the rivers, but there are some big fish in the mix. One lucky angler landed a forty-three inch striper off the Wells Harbor jetty on Thursday.

Mackerel fishing was also very good. Live mackerel, chunk mackerel, clams and sea worms all worked well for fishermen. Early morning and early evening

seem to be the best times of day for optimum results.

York: Captain Phil Bretton reported bait is plentiful along the southern Maine coast so the stripers have been very active. He has caught both small and large fish along the rocks and beaches this week. Long Sands Beach has produced a few epic big fish bonanzas during last week but the action is very sporadic.

Goose Rocks Beach: Captain Dave Rand reported fishing the Goose Rocks Beach area was fair-to-good this week. Sand eels have moved back in along the sandy beach but the stripers don't seem to

be as active as other areas. Fishing along the Cape Porpoise shoreline and islands was also very good.

Saco River and Saco Bay: Captain Cal Robinson of Saco Bay Guide Service told me bait was more cooperative this week and the bass were plentiful, especially on the open beaches.

Mackerel have reappeared and are back in force. Trolling tube and worm rigs in the Saco River is very productive as well as drifting with chunks of mackerel for bait. There are still no bluefish catches to report but the water temperatures have stabilized.

Maine News Briefs

by Jo O'Connor

Northern Light Mercy Hospital in Portland recently announced that more than \$300,000 was raised at the two-day 2023 Bush Family Gala and Golf Classic to benefit Gary's House held at the Cape Arundel Golf Course in Kennebunkport. This is a fundraising record for the annual event.

According to the lifestyle website farandwide.com, Maine scored in second place in the nation in their annual list of the most peaceful states in the US. BTW: Maine was beaten by its sister state Vermont.

Looking for the perfect date-night destination in the Portland area? Try The North Point tucked away in the Old Port. According to LoveFood.com, it ranks as tops in this category due to its ambiance and shareable plates.

In another poll conducted by WBLM radio station, their listeners voted Bandaloop restaurant in Arundel as one of the state's best for outdoor dining.

Did you know Amtrak Downeaster has a stop that will drop you off directly at Old Orchard Beach? This stop runs from May to October, so hop on the train today.

Congratulations to 2002 Kennebunk High School graduate Chris Charles, who is teaming up with other writers to write a novel based on the 2021 movie called, "The Marksman" (starring Liam Neeson).



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The Secret Life of the American Musical

The Secret Life of the American Musical – How Broadway Shows are Built
a Book Review by Steve Hrehovcik

In 19 chapters Viertel takes us behind the curtain to examine the architecture of a Broadway musical. Viertel uses hundreds of examples of musicals that starts with Oklahoma in 1943 and ends with A Chorus Line in 1975.

Viertel's introduction becomes a "tuning up" as his inspiration for writing the book. He follows with the Overture which sets the mood for what the audience is about to see.

Next Viertel describes what happens when the curtain goes up with the "I want" number. Perfect examples of the "I want" is Eliza Doolittle singing "All I Want Is A Room Somewhere" in My Fair Lady and "I Want to be a Producer" from The Producers. The love interests, the subplots, the villains, how the plot thickens all get examined with Viertel's expert analysis.

Working through the scenes until the end of Act I, Viertel reveals how important it is for the story to have piqued the audience's attention, so they come back after the intermission.

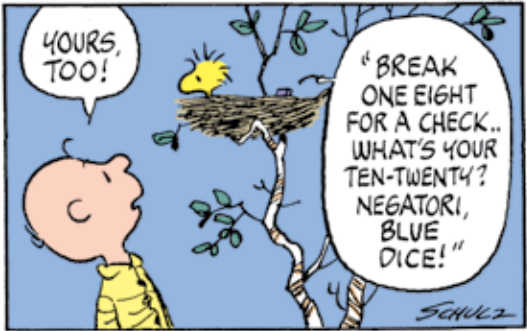
When the curtain rises on Act 2, Viertel describes what he calls "throwaway numbers." Examples of these are "This Was A Real Nice Clambake" in Carousel and "Too Darn Hot" in Kiss Me, Kate. None of these numbers affect the major plot. But they prepare the audience for the action, battles, climax and resolution to follow when the show ends.

Viertel held an executive position for a New York company that owned five theaters. He was involved in a number of Pulitzer Prize and Tony Award winning shows. Viertel was artistic director on New York City Center's Encores! Series and taught musical theater.

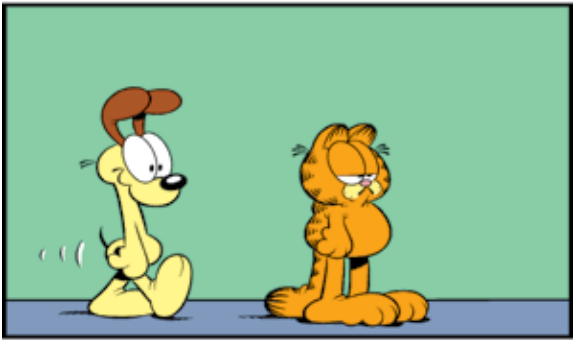
Thanks to Viertel's book, the secret of the American musical is no longer a mystery. The book is available on Amazon Books.

Be sure to visit Tourist & Town's Book Depot, where you can take a book, leave a book, return a book – and enjoy visiting the historic train depot. The Book Depot is open every Saturday from 9 AM to 12 PM at 12 Depot Street in Kennebunk.

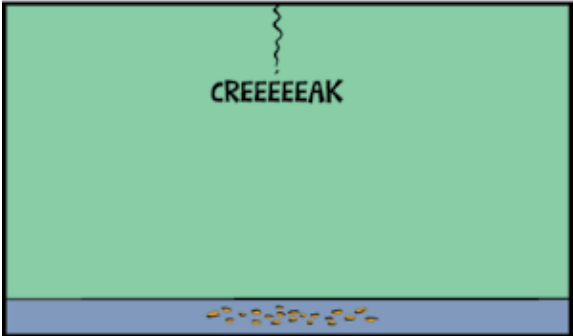
CLASSIC PEANUTS
BY CHARLES SCHULZ



GARFIELD
BY JIM DAVIS



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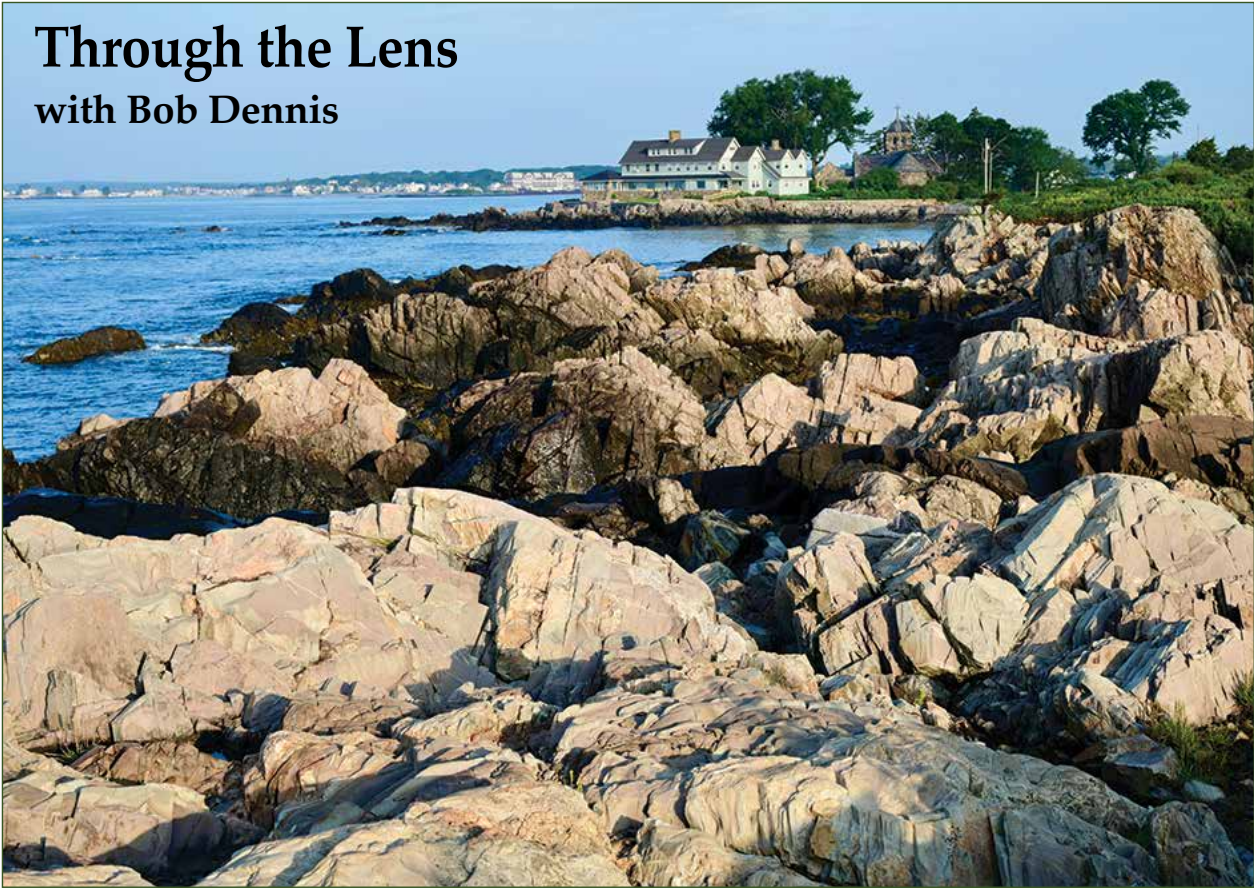
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with Bob Dennis



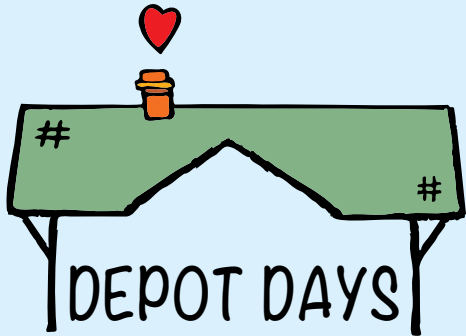
"Parson's Way, the two-mile path between Colony Beach and Walker's Point along Ocean Avenue in Kennebunkport, has long been a special place for me and others inspired by Maine's rugged coast. We've taken precious family photos here, most recently of our grandchildren scampering on the rocks. There is stunning scenery all along the way. A bench area halfway between St. Ann's Church and the Stone (aka "Dark Shadows") House is a particularly good spot for photographers to capture the huge waves of coastal storms, the snow-covered rocks of winter, as well as quiet summer scenes. Its where I took this image just before 7 AM on Saturday, July 29." ~ Bob Dennis



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As we prepare to kick off Depot Days 2023, we would like to extend an open invitation to local makers and emerging businesses to join us!

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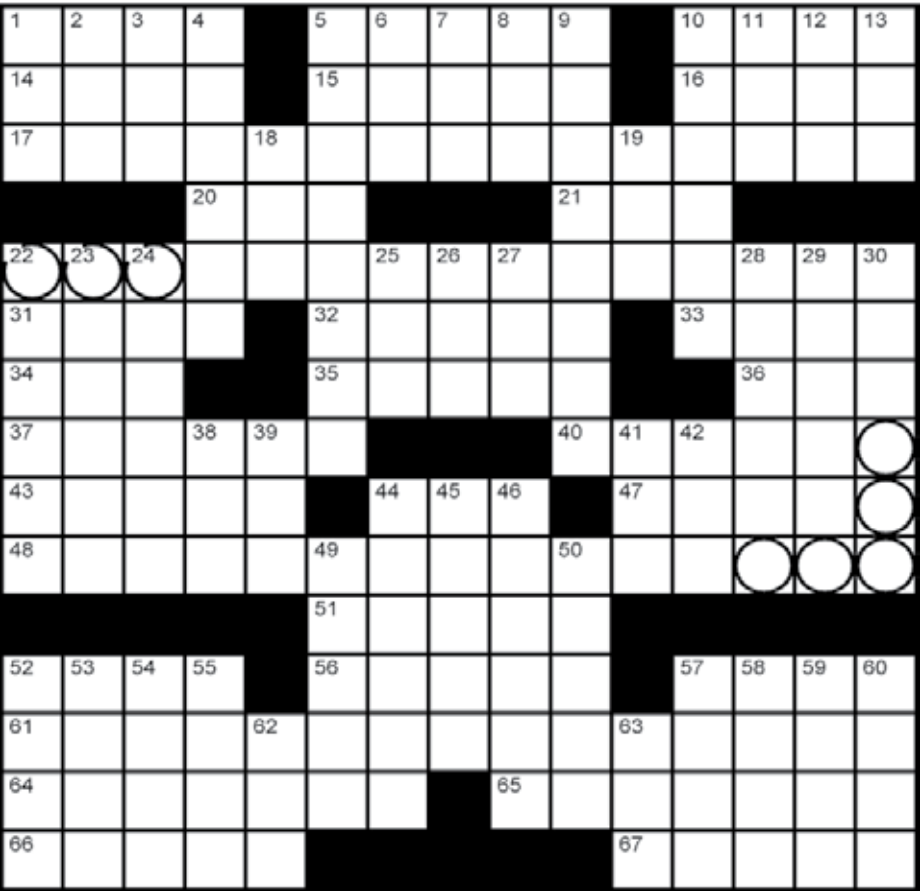
- 1 Time toggle
5 Comb alternative
10 Pack (down)
14 Sushi seaweed
15 Jamaican who believes in Jah
16 Purportedly unlucky gem
17 Length of Earth's rotation
20 Barista's dispenser
21 Pat, as with a tissue
22 [Start of a loop] When the sun shines / Break in a game / Amount spent / Break in a trip / Meteoric, like success / Drink before bed / Culminating achievement / Masonry / Monday to Friday, say ...
31 Artist whose surname sounds like "clay"
32 Director Kurosawa
33 Have the courage
34 Dawn deity, or a lip balm brand
35 See 26-Down
36 Cheap beer, for short
37 Key with one sharp

- 40 Dodge City resident
43 Crossed a shallow stream
44 Actress Issa
47 Ancient adding devices
48 [Part three of the loop]
51 Skillful
52 Zits and such
56 Broadcast again
57 Spreadable cheese
61 Optimistic remark to the unpersuaded
64 Like the loop starting at 22-Across
65 Group of moles?
66 Sport with clay pigeons
67 Extremely wee
DOWN
1 Colonial insect
2 Cut a lawn
3 Beginning of conception?
4 Wee
5 Seven Sister college near Philadelphia
6 U.K. military flyers
7 Troop entertainment letters
8 Apt-sounding name for a cook
9 Something challenging to do
10 "Bummer!"
11 Nahasapeemapieton of "The Simpsons"

- 12 Damage
13 Texter's polite word
18 Prefix with "angle"
19 "2001: A Space Odyssey" baddie
22 [End of the loop]
23 Blue Jays' Roberto
24 Redundant affirmation
25 ___ out a living
26 With 35-Across, petroleum sources
27 http:// address
28 Greets like a Peke
29 Jerry of "Law & Order"
30 [Part two of the loop]
38 Just released
39 Poem of praise

- 41 Small battery
42 Network with a peacock logo
44 Roping events
45 Starting squad
46 Catches a glimpse of
49 They seize kilos
50 Letter-shaped
52 Nays' opposites
53 Go kaput, with "out"
54 Like Venus, in many paintings
55 French fashion magazine
57 Yawner
58 Wreck
59 Rustic hotels
60 Far from conventional
62 Lease
63 Deli bread

Circle Back by Morton J. Mendelson



Universal
Crossword

Solution on
page 20
(no peeking)



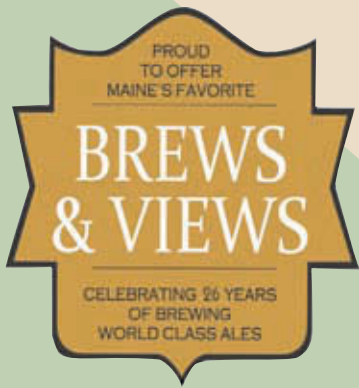
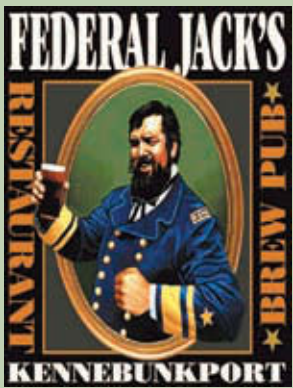
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