

Our mission is to be an indispensable guide to life in South Coastal Maine, a champion for local businesses and a source of entertainment and goodwill for locals and tourists alike.

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Publisher & Editor

Kingsley Gallup Gallup Publishing, LLC **Feature Writers**

Rob Coburn, Faith Gillman, Steve Hrehovcik, Valerie Marier, Jo O'Connor, Dana Pearson, Kathy Oberman Tracy

Advertising:

Rayanne Coombs Sandy Janes **Content Editor:** Geraldine Aikman Social Media: Meghan Candee **Distribution Manager:** Joshua Hrehovcik

Business Consulting: Melissa Ross

12 Depot Street, Kennebunk P.O. Box 647 Kennebunkport, ME 04043 207-467-3292 publisher@touristandtown.com touristandtown.com

Contributors this issue:



Steve Hrehovcik has been with Tourist & Town (formerly Tourist News) since 2006. Steve's book Rebel Without A Clue: A Way-Of Broadway Memoir can be found at kennebunkartstudio.com.



Valerie Marier is a wife, mother and grandmother, who enjoys knitting, reading, golf and travel, and writes about them in her blog Wandering With Val. www.wanderingwithval.com



Jo O'Connor is a mother of twins and founder/lead singer of the local band The Dock Squares. She teaches Zumba and aqua classes and is a marketing communication professor. jfboconnor@gmail.com



Dana Pearson is a writer and musician living in Kennebunk with his wife Diane. His books can be found at amazon.com/ author/danapearson. dana@ touristandtown.com

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Publisher's Note

"Old world"

adjective

Belonging to or associated with former times, especially when considered quaint and attractive.

Many of us crave old-world experiences. Those who visit Maine are looking for them. Those who move here are looking for them. And those who were born and raised here appreciate their value.

It's our nostalgia that drives this desire for old-world experiences. Nostalgia is part of the human experience and in my view, it serves some pretty important purposes in our lives.

Nostalgia drives us to recall the past and relive in our hearts and minds meaningful experiences. Nostalgia gives us a sense of continuity with the past and motivates us to hold on to tradition. Nostalgia reminds us who we are and where we have been.

If nostalgia drives our desire for old-world experiences, then nostalgia must be behind the love of a local newspaper. Newspapers are consummate old-world experience, bringing people back to a simpler time, engaging and connecting people and fostering community.

We see *Tourist & Town* as an integral part of the oldworld experience those who live here and visit here are seeking – and we thank you for sharing our commitment to this sweet, simple tradition.

(By the way, if you appreciate the old-world vibe of a local newspaper, you might also enjoy writing

letters, playing board games, having live conversations, reading actual books, sewing, having picnics. . .)



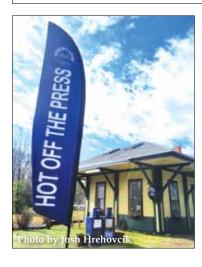
Kingsley Gallup, Publisher







Some of you are finding us tucked into the Maine Sunday Telegram today, thanks to our exciting new partnership with the Portland Press Herald. Now, in addition to our local distribution to hundreds of drop sites throughout coastal York County, Tourist & Town is inserted into the Maine Sunday Telegram. If this is your first time reading our publication, now in its 65th year, we hope you enjoy it. And be sure to pick up our quarterly magazine!



Hot off the press! Just look for the flag in front of Tourist & Town headquarters at the old Kennebunk Train Depot, 12 Depot Street. When the flag is out, a new issue awaits you! Thanks to our friends at



Cover Artist: Amy Kelly

"I'm expressing extreme gratitude for the opportunity to live, dwell and thrive with all things art. My passion over 64 years has been PEOPLE! What makes us tick? And Curiosity! Intrigue and big love is a part of my story!

Ćurrently, the Gathering of diverse and eclectic artists converging



in spaces sacredly chosen to display and sell art that is affordable to all who wish.

The Collective galleries include Maine Art Collective (21 artists) Portland and now 119 Perkins Cove (14 artists), Ogunquit, founder Sue Vittner Artist and mentor, Galeria Isabel Segunda (30 plus artists) in Vieques, Puerto Rico, Inn at Peaks Island joined by Artist Jennifer Pope, Live Catering and Events in Kennebunk joined by artists, Sue Vittner, Lynn Ericson, Diane Carr and Jennifer Pope.



Freckles by Amy Kelly

Other venues include The Cliff House, Clay Hill Farm & Řestaurant, New England Fishmongers and Joe Coffee in Provincetown!

Thank you to everyone who contributed to help me along this journey! Namasté." ~ Amy Kelly

@talespinstudio 119 Perkins Cove Rd, Ogunquit

Remaining 2023 Newspaper Dates

DATE	DEADLINE
August 17	August 9
August 24	August 16
August 31	August 23
September 14	September 6
September 28	September 20
October 12	October 4
October 26	October 18
November 9	November 1
November 23*	November 15









** The Holiday Issue



BEST LOCAL PUBLICATION 2019, 2020, 2021 & 2022









Depot Day + Community Yard Sale!

12 Depot Street, Kennebunk
Saturday, August 12, 8 AM start
All are welcome to particpate!
Setup begins at 7 AM!
Email publisher@touristandtown.com.
Then bring your table and sell, sell, sell!



Kennebunk River Club Art Show to be held Sunday, August 13

This August, the club will host its 66th show inside two weathered and venerable buildings listed on the National Register of Historic Places — the Boathouse and Casino on Ocean Avenue. It's the only time during the year when the 134-year-old private club is open to the public.

The show is chaired by M.L. Norton and Andrea Sahin, both of

whom are renowned locally for their artistic endeavors and achievements Norton's and Sahin's planning and preparation begin months before opening night.

"We start by collecting images from the various artists, then sort them according to color or subject, mood or medium," Norton said. Sahin



added, "During the show, visitors can purchase one-of-a-kind originals. Prices start at approximately \$125 and might run into the thousands. The subject matter, different mediums and price range make this a unique and worthwhile exhibit."

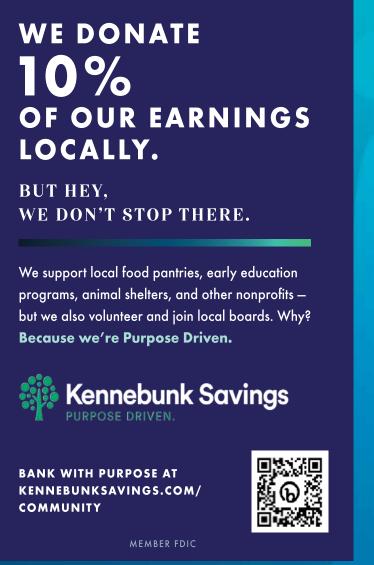
Three judges will decide and award prizes for "Best in Show" and two Honorable Mentions among

the expected 140 pieces of art. Traditionally, the judging panel includes a curator, a gallery owner and an art teacher.

The Kennebunk River Club Art Show is open to the public on Sunday, August 13, 10 AM to 5 PM in the Casino and Boathouse, 116 Ocean Avenue, Kennebunkport; \$10 admission. FMI call 967-2090.







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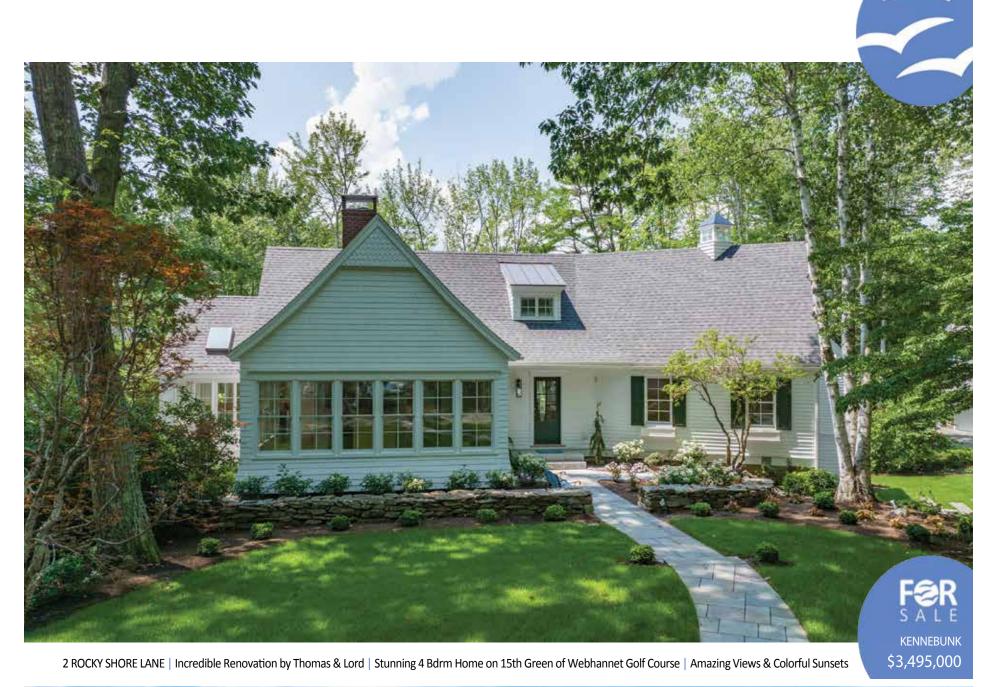








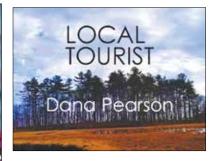








It's Maine blueberry season at the holy donut blueberry glazed blueberry lemon blueberry cinnamon sugar blueberry holy cannoli heholydonut.com



This column is a doufinding places and doing things in coastal York County that I've never seen or done; however, then I have to admit to the public that I've never seen or done them. But I feel I may not be alone when it

Finding sanctuary at Biddeford Pool

around online, I discovered East Point Audubon

Sanctuary in Biddeford ble-edged sword: I love Pool. And by "discovcame to my attention. I picked a recent glorious late July day (after the humidity broke) and drove over to the 27-acre site that juts out at the (not surprisingly) eastern end of the Pool, overlooking Saco Bay.

oculars; even if I struck of the year.

comes to taking out with our feathered one's surround- friends, I'd be able to get ings for granted. a closer look at the land-By futzing marks. By the way: So as not to disturb the birds and other wildlife on the site, dogs are absolutely forbidden.

There's limited parkered," I mean it finally ing at the end of Lester B. Orcutt Boulevard, but I found a spot and walked to the entrance of the sanctuary, which begins with a curved and shady wooded right-of-way trail between a couple of oceanfront residences on the right and the Abena-Because it's known as kee Golf Club on the left. I a great spot for birders could've arrived at pretty (with more than 260 spe- much any time, since the cies having been spotted sanctuary is open from out at Wood Island and its there), I brought my bin- dawn to dusk every day

They couldn't have planned a better introduction to the sanctuary than that right-of-way; you're walking through the trees for a little while, and then you come out of it like it was a tunnel, and the sky opens up and you look over and there are no trees between you and the ocean. The path cuts through low vegetation, including bayberry and goldenrod, with East Point off to the right (I'd reach it on a side trail on my way back).

The path cuts straight across to the northern rim of Biddeford Pool, so that suddenly you're looking

-Continued on next page



Among the flora found in the East Point Audubon Sanctuary are morning glories. Photo by Dana Pearson



East Point runs through a leafy tunnel of sorts. Photo by Dana Pearson







Wood Island and its iconic lighthouse are visible from East Point Audubon Sanctuary in Biddeford Pool. Photo by Dana Pearson

lighthouse, Stage Island walk through Biddeford of East Point Audubon to the left at the mouth of the Saco River, and across the bay to Ferry and Old Orchard beaches. Beyond Wood Island on this crisp day, Cape Elizabeth was clearly visible. It was truly a VistaVision spectacle.

Had I taken that side trail to the right, to East Point, and then back, it would have been an .8-mile walk. However, since I was taking the main loop trail along the northern coast, I was in for a 1.6-mile stroll. Which was fine by me, as it was such a gorgeous day and it was so cool to be on that particular spot on

The first person I met on the sparsely populated path was Jessica Zeldner, who, as fate would have it, was also experiencing East Point Audubon Sanctuary for the first time.

Pool when she noticed the sign for the sanctuary and decided to give it a try. Funny thing is, her husband is originally from Biddeford Pool, and they have vacationed there (as well as Springvale and Shapleigh, where they also have family) for many years; she spent plenty of childhood summers working in Ogunquit at Barnacle Billy's or Finestkind Scenic Cruises, which was owned by her aunt and uncle.

Zeldner, who now lives in Boulder, Colorado, was amazed by the scenery, saying, "You know, it reminds me a little of Marginal Way, but it's much nicer...less people."

Âfter affording killer views of the islands and the sea, the path veers off into the woods for She was taking a brisk the loop portion. Friends



follow us @shoplocalcolor

ers – was formed in 2019; that year, joined by some Pool residents, they imthe Friends, contact Nick Lund at nlund@maineaudubon.org.)

enjoys the sanctuary for its views, abundance of birds, and convenient parking. Carrying her 2-year-old daughter Jessie, she noted that it's a great place to bring her children (she also has a 5-year-old) for an easy 20-minute walk.

"I worked at the

nature lovers and bird- Abenakee golf shop in 2005," said Garrity, who's known of the trail for many years, having first proved this section of the come here on walks with trail. (To learn more about her father around 20 years ago. "It's the closest place to get these perfect Maine dubon.org.) views – you know, the Birdie Garrity of Saco rocky coastline. We always take friends here."

Garrity mentioned how she had recently been out to the lighthouse, courtesy of a tour offered by Friends of Wood Island Lighthouse (woodislandlighthouse. org). I've never been out there. I may have to rectify that soon.

dana@touristandtown.com











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Destination: York – a guide to antique stores and consignment/thrift shops

by Jo O'Connor

This retail series continues with a look at antique stores and consignment/ thrift shops along US Route 1 in York and Cape Nedto plan 2-plus days of ad-

venture, treasure hunting and finding those objects **signment Shop:** This chic you just can't live without. resale boutique located This is a partial list as some shops were not open when I started my trek. Gas up dick. You're going to want the car, grab a friend and clothing shop features tell me what you find.



Columbary House Antiques

Upscale/Resale Conin historic York has some items ranging from \$20-\$60. This carefully curated casual, comfortable and

classic clothes from Eileen Fisher and Sigrid Olsen to Flax and Chico's. Check out their accessories, too-handbags, scarves and one-ofa-kind jewelry. This destination is for the savvy shopper; indeed, it is cleverly stylish clothing. FMI: 449 US Rte. 1, York; Open Wednesday-Saturday, 11 AM-5 PM; upscaleresaleonline.com

Lost & Found Antiques: Looking for a bit of everything vintage? Look no further, they have got it all: furniture, home décor and antiques. There is loads and loads of memorabilia too - dolls and toys, books and one-of-kind items that you will want to take home. This shop is a decorator's dreamcome-true: a great place to find that one perfect item. Nostalgia lives here. FMI: 647 US Rte. 1, York, in Meadowbrook Plaza; Open Wednesday-Saturday, 10 AM-4 PM, and Sunday, 11 AM-3 PM

The Clown - Art, Antiques and Wine: Celebrating life's finer arts, this spectacularly unusual shop features a wonderful selection of wines, fantastic original artwork and incredible European antiques and accessories. Their 18th and 19th century furniture embodies the perfect combination of well-crafted value and enduring beauty. From copper pans, painted trunks and armoires to French and English soaps, textiles and French pots, The Clown is a cultural shopping experience. Looking to remodel your old farmhouse? This is your spot. BTW: there is a GREAT wine selection too. FMI: 659 US Rte. 1, York, in Meadowbrook Plaza, Open Monday-Saturday, 10 AM-6 PM; the-clown.

York Community Service Association Thrift **Shop:** Here it is, York's great hit-or-miss thrift shop. I would say, if you are willing to put in the time to look, you can hit it every time. This twostory gem is a true go-to for bargain hunters. With its great jewelry showcase, art section and very well organized clothing racks, a shopper can find a treasure or two in this inventory-rotating store. Many items are under \$5. Let the shopping begin. FMI: 855 US Rte. 1, York; Open Daily 10 AM-5 PM; ycsame.org

-Continued on next page



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www.kennebunkmaine.us/artisansmarketplace for pictures, vendors and more!

The York Antiques everything. Take a stroll **Gallery**: As York's largest antique store, it could easily take you a good 2 hours to browse through

through this early 4-story barn setting complete with original floors and beams. The Gallery features an



The Clown



York Community Service Association Thrift Shop

and 20th century furniture and decorative arts. One could get lost searching through the glassware, original artwork, nauticaltheme antiques and home décor. With more than 30 booths and 65 showcases, their inventory is everchanging. Authenticity is the name of the game here. FMI: 746 US Rte. 1, York;

eclectic mix of 18th, 19th

yorkantiques.com Maritime Antiques: This 20x60 sq. ft. shop has everything nautical. It specializes in fine maritime antiques as well as firehouse memorabilia and fire department antiques. A mini museum, it has history written all over it. The hot summer sellers this season are scrimshaw, telescopes and nautical instruments. FMI: 935 US Rte. 1, York; maritiques.com

Open Daily 10 AM-5 PM;

Tangibles Antique: Step into this shop and you will find treasures galore. With multiple dealers, Tangibles has an incredible, large collection of original art, amazing rugs, old clocks and pottery and several glassedin showcases too. This is your destination to purchase a rare find – that

thing you just can't live without. The hot seller this summer: vintage clothing. FMI 935 US Rte. 1, York, Open daily 10 AM-5 PM; tangiblesantiques.net

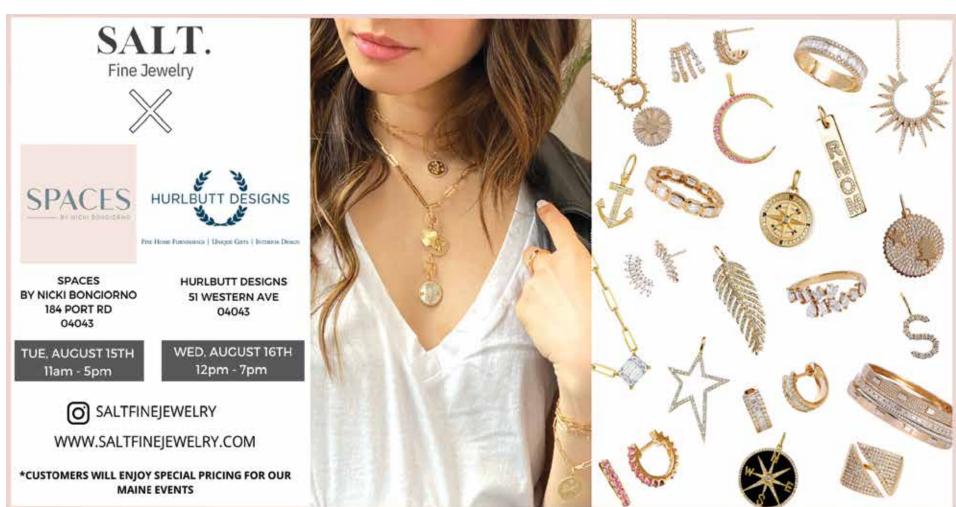
Columbary House Antique: Last, but certainly not least, on my list is the famed Columbary House Antiques, which has been in business for 40 years. It is famous for offering a large and extraordinary collection of antiques and other cool and/or rare items. BTW: it is also famous as Paul Newman and Joanne Woodward, and subsequently Barbra Streisand, shopped here. You will find an exceptional multi-dealer collection spread across three different buildings (an 1830s Greek Revival farmhouse, a barn and a shop). With more than 10,000 sq. ft for shopping, be prepared to take an armful ĥome with you. Whether you are a dealer or a collector, you need to shop here. Hottest selling items: Purex, jadite and mid-century modern furniture. Get ready to languidly wander through while saying, "I will take it all." FMI: 1286 US Rte. 1, Cape Neddick; Open daily 10 AM-5 PM; columbary-





Lost & Found Antiques





Godspell – Inspiring and joyous musical at Hackmatack

by Steve Hrehovcik

in the Gospel of Matthew serve as the inspiration for the uplifting and entertaining production of the musical Godspell, now appearing at the Hackmatack Playhouse.

While it may be helpful to be aware of Matthew's New Testament verses when vou see Godspell, it's not necessary. Michael Robert Krebs' sensitive and engaging portrayal of Jesus as he preaches his sermons to the multitude, reveals the power of the show's message of love and compassion.

The Biblical parables out to his followers in an inventive weaving of songs and dance. Krebs' powerful voice and his devotional interpretation of his message would convert even the most ardent doubting Thomas.

> Matthews' Biblical verses come to life as Jesus and the talented ensemble reveal the "word of God." Jesus tells the multitude to reject the Old Testament saying, "an eye for an eye

> ..." telling them to "cast the other cheek, if anyone slaps you on the right cheek."

As Jesus, Krebs reaches the Field gives comfort to the doubtful. People learn forgiveness with the return of the Prodigal Son. The Ten Talents describes the value of a strong work ethics. The Good Samaritan, Lazarus rising from the dead and the Beatitudes from Jesus' sermon on the mount, plus more of His many teachings become a divine force. Would it be an exaggeration to describe it as "heavenly?"

With his wild black hair and beard, Jacob Randlett plays Judas with a sinister, vet sympathetic nature. The story of the Lilies of His authentic portrayal of history's most cowardly villain reveals his remorse and guilt for betraying Jesus for 30 pieces of silver.

The twelve-member ensemble represents the Twelve Apostles, plus each has an energetic solo number to carry to story for-

At Hackmatack Playhouse, the musical Godspell offers a message of love and compassion.

ward. Members of the tal- engage the audience as "We Beseech Thee" and Joanis, Sarita Alvarado, Madison Wenig, Zachary Poore, Bobby Collinge II, Reid, Nick Adams, Jonathan Daiel, Evan Stechaun-

ented ensemble are Emma they strut up and down the aisles of the theater sharing the message of Jesus.

Among the song made Isabelle Crignon, KeYana popular from the show are "Day By Day" – which reached high on the pop er, Katelin Garland and music charts - "Learn Lauren Sheris. In addition Your Lesson Well," "Bless to playing supportive roles as followers of Jesus, they World," "All Good Gifts,"

"By My Side."

Husband and wife team Jacob Zentis as director and Emily Zentis as musical director have created a non-stop spinning colorful Rubic cube of enthusiastic singers and dancers. Inspired choreography was designed by Sophie Calderwood, and Shaughnessey H. Gower created a festive splashy look with a variety of present-day costumes.

With book by John-Michael Tebelak and music and new lyrics by Stephen Schwartz, Godspell started as an off-Broadway production in 1971. It had several revivals along with numerous world tours, plus a film version in 1973. Through the years it has had many revisions from the original story.

This is the fourth time the Hackmatack Playhouse has produced Godspell. A member of the audience who has seen all four productions said each one is different, but always en-

tertaining.

Godspell runs through Sunday, August 19, with performances on Thursday, Friday and Saturday at 7:30 PM, and Thursday and Saturday matinees at 2 PM. FMI, call 207-698-1807 or email at boxoffice@hackmatack.org. The playhouse is located at 538 School Street, (Route 9) Berwick.



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JEWELRY

Above Board - All Hands on Deck hosts "Endless Summer"

Above Board committee members invite the community to attend their fifth an-

Thursday, August 17, at The Boathouse Restaurant in Kennebunkport.The proceeds of this very special evening will directly support Believe in Kids Maine, a non-profit organization that provides resources for foster children living in York County. There are currently 900 foster children living in York County.

Believe in Kids Maine realizes the need in Maine is massive – with over 30,000 kids throughout the state living in poverty. Ten percent of those in the foster care system; 900 kids living with extended family; 20% of the kids that age out at 18 end up homeless with 40% having substance use disorder. Many of these children's basic needs are not being met and many of these children's parents are incarcerated and/or have substance use disorder. Believe in

Kids Maine is raising funds to help provide simple necessities such as: food, clothing, mattresses, iPads with programming for impaired children, school supplies, sneakers and much more. When a child is placed with grandparents, there is currently no funding provided until the grandparents become licensed foster parents. Above Board aims to raise \$30,000 to help Believe in Kids provide these extra resources.

Attendees can look forward to a fabulous end of summer party at the Boathouse. DJ Lloyd will be spinning tunes as guests



nual fundraising event on can dance, mingle and organization, recovery take in Kennebunkport's coach training for combeautiful waterfront. Sip on specialty cocktails, craft beer, and regional wine from local purveyors, and sample the delicious local cuisine provided by The Boathouse Restaurant. Cocktail attire suggested. For tickets, donations and sponsorships visit aboveboardmaine.org.

About Above Board

Above Board is a volunteer committee of proactive community members looking to support initiatives that directly affect the greater York County region. The organization hosts one event goals. As a 501(C)3 organization, Above Board providing surf boards, the past four years.

wetsuits, paddleboards and all other water equipment needed for the Special Surfers

munity members and first responders, mental health services to assist local police departments, funding to help rebuild Kennebunk's Skatepark, and sponsorship of the 2020 CS3 Christmas Party where families in need receive clothing and toys for children. The common thread for Above Board's fundraising efforts is to assist our community with inclusive initiatives.

About Believe in Kids Maine

Believe in Kids Maine was founded by Larry Stoddard to raise awareper year and relies on ness and provide resourcsponsorships, ticket sales es to the many needs of and donations to meet its children in Maine currently living in poverty and in the foster care sysis proud to have raised tem. Larry, in addition to in excess of \$185,000 to owning Distinctive Tile benefit various local initia- and Design and Hometives that directly affect wood Flooring, has fosthis community including: tered twelve children over MEN'S & WOMEN'S CLOTHING • ANTIQUES • BOOKS

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thriftmaine.org 100% of proceeds benefit The New School - TNSK.ORG **CHILDREN'S TOYS • HOUSEHOLD LINENS**





Kristin Parone Gouache Paintings Friday, August 25th from 4 - 6 p.m.

76 Arundel Road, Arundel, Maine 04046 www.ArundelFarmGallery.com 561-702-6396



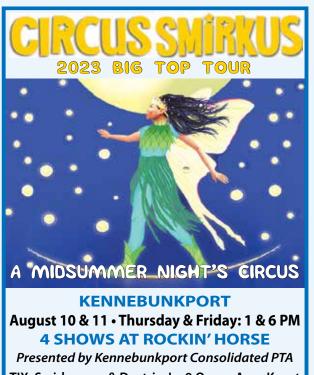
CALENDAR





Mother's Beach designed by Geraldine Aikman available at Morph Gallery 155 Port Road, Kennebunk





TIX: Smirkus.org & Daytrip Jr., 9 Ocean Ave., Kport

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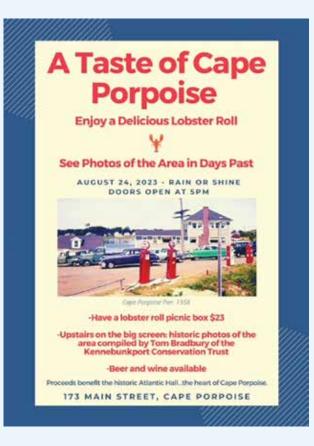












Going on Now

Giant Annual Book Sale (until September 2), Dyer Library, 371 Main Street, Saco. Countless selections of hardcovers, paperbacks, fiction, non-fiction, cookbooks, children's and YA books, coffee table books, antique and art books, reference books and more! Also, VHS tapes, DVDs, CDs, audio books, puzzles, etc. The Book Sale is open during library hours. FMI: dyerlibrarysacomuseum.org

The Summer Playground of the Nation (until August 11), Saco Museum, 371 Main Street, Saco. Less than two weeks left for Saco Museum's popular summer exhibit, The Summer Playground of the Nation. Come relive the heydays of the resort hotels, promenades along the Old Orchard boardwalk, the quieter shores of Ferry Beach, the all-night dances of the 1920s & '30s and the delicacy of summer picnics. Museum admission is \$5 adults, \$3 seniors, \$2 students and children age 7-18. FMI: dyerlibrarysacomuseum.org

Thursday & Friday, August 10 & 11

Circus Smirkus, Rockin' Horse Farm, 245 Arundel Road, Kennebunkport. FMI smirkus.org.

Thursday, August 10

Morning Book Group, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 9:45. *Eleanor* by David Michaelis will be discussed. This group meets on the second Thursday of every month. New members are always welcome. FMI call 967-2778 or visit www. graveslibrary.org.

Historic District Walking Tour, Brick Store Museum, 117 Main Street, Kennebunk, 10:30 AM. Explore the history of the elaborate and historic homes that line Kennebunk's Summer Street neighborhood in Downtown Kennebunk. Led by Museum tour guide. \$10 per person/\$5 for members. Reserve in advance by calling 985-4802 or visit www.brickstoremuseum.org.

Santa in the Summer, Wells Public Library, 1434 Post Road, Wells, 5:30 PM. Come hang out with the big man and tell him your wishes early this year. Stories and activities will be provided for the whole family to enjoy. All ages welcome. FMI contact aherman@wellstown. org or call the library at 207-646-8181.

Friday, August 11

Fiber Arts, Wells Public Library, 1434 Post Road, Wells, 10:30 AM. Come show off your latest knitting creation, get tips on your crochet technique and just chat with old friends and make some new ones. All ages & levels of ability welcome. FMI contact Stefanie Claydon at sclaydon@wellstown.org or call the library at 207-646-8181.

Saturday, August 12

Community Lawn/Yard Sale + Depot Day, Kennebunk Train Depot, 12 Depot Street, Kennebunk, 8 AM start. Space available! FMI publisher@touristandtown.com.

Kennebunk Artisans Marketplace, Waterhouse Center, 51 Main Street, 9 AM-2 PM. FMI visit www.kennebunkmaine.us/artisansmarketplace

Kennebunk Farmers' Market, Garden Street Lot, Kennebunk, 8 AM - 12:30 PM. FMI www.kennebunkfarmersmarket.org

Saco Farmers' Market, Saco Valley Shopping Center, Saco, 8 AM-12 PM. FMI www.sacofarmersmarket.com

Sanford/Springvale Farmers' Market, Central Park (across from City Hall) Sanford, 8 AM-12 PM. FMI www. sanfordfarmersmarket.org

of Commerce, 1 Stonewall Lane, York, 9 AM-1 PM. FMI www.gatewaytomaine.org/farmers-market/summerfarmers-market/

Special August Tour: Enslavement in Maine at Eastern Cemetery, 224 Congress St., Portland, 2 PM. Join Vana Carmona for a special tour exploring long-hidden history. From Portland's beginning, enslaved and free black people were part of the community. Many of their names have been lost and they were usually buried in unmarked graves. But they had a critical role in the success of the white settlers. Visit the graves of some prominent enslavers and learn the names of enslaved people who helped make their success possible. Also visit the two African American sections of Eastern Cemetery. Tickets at Eventbrite. FMI https://www.spiritsalive.org/tours/

Annual Sidewalk Sale! 50% off everything outside! Kennebunk Toy Company, 14 Main Street, Kennebunk, 10 AM-5:30 PM. FMI kennebunktoyco.com or 985-1465.

Kennebunk Beach History Walking Tour, begins at Trinity Chapel, Railroad Avenue, Kennebunk Beach, 10 AM. Learn the history of the development of Kennebunk

Beach as a tourist destination. About a one-mile loop, 90 minutes, led by trained tour guide. \$10.00 per person/\$5 for members. Reserve in advance by calling 985-4802 or visit www.brickstoremuseum.org.

Historic District Walking Tour, Brick Store Museum, 117 Main Street, Kennebunk, 12 PM. Explore the history of the elaborate and historic homes that line Kennebunk's Summer Street neighborhood in Downtown Kennebunk. Led by Museum tour guide. \$10 per person/\$5 for members. Reserve in advance by calling 985-4802 or visit www.brickstoremuseum.org.

Woodies in the Cove 2023, 974 Post Road, Wells, 8:30 AM-2 PM. Interest in these unique vehicles has made this show one of the largest attended and most popular car shows in New England and on the East Coast. The show is the largest fundraiser for the Historical Society and remains free to the public. FMI contact woodiesinthecove@gmail.com. The event will be held next to McDonalds on Route 1 in Wells, Maine, at 974 Post Rd. and runs from 8:30 AM until 2 PM, followed by a parade from the venue though Ogunquit and into Perkins Cove between 2 and 3 PM.

Sunday, August 13

Native Plant Swap and Sale, Rogers Pond Park & Pavilion, 49 Water Street, Kennebunk, 1:30-3 PM. Plant drop off is from 1-1:30. Bring plants that are native to Maine (wildseedproject.net/comprehensive-plant-list) and are "straight species," not cultivars. Those who don't have native plants to share are welcome to attend to jump start your native plant gardens. Native Haunts Nursery will have native plants for sale as well (https:// nativehaunts.com/plant-list). Pre-ordering with Native Haunts via email or phone is encouraged. From 3-4 PM, stop by the ever growing Pollinator Pathway at the corner of High Street and Cat Mousam Road in Kennebunk. The events are sponsored by Kennebunk Area Native Plants, Planeteers of Southern Maine and UMaine Cooperative Extension's Modern Day Homemakers. Rain or shine. FMI NativePlantSwap@gmail.com

Sea-Vu Campground's David F. Talevi Memorial Bike Ride and Run/Walk. Adults can choose from 12-, 24- or 36-mile rides or a 51/2-mile run/walk) and there will be a 1-mile fun ride for children. Registration is \$30 for adults. Kids are free. When registering, you will be entered into a drawing for a Huffy Mountain Bike or a \$100 Gift Certificate to Sea-Vu. Proceeds from this event help fund the many local charities that the David F. Talevi Foundation supports, as well as grants for local students. FMI or to register, call Sea-Vu Campground at 207-646-7732.

Summer Band Blast 6 at the Waterhouse Center, 51 Main Street, Kennebunk, 5-7:30 PM. Rain or shine, this will be an afternoon of entertainment offered by local musicians including The Biddo Honeys, Byon Yeatts, Dana Pearson, Gary Vail, Lincoln Continental, The Dock Squares and other special guests. The free show is a benefit for Community Outreach Services; concert-goers are asked to bring a non-perishable food item or cash donation to help those in need in the local community. Grab a chair and some dancing shoes and enjoy this fun community event. FMI call Faith at 985-6570.

Kennebunk River Club Art Show, Sunday, August 13, 10-5 in the Casino and Boathouse, 116 Ocean Avenue, Kennebunkport; \$10 admission; FMI call 967-2090. See page 3 of this issue for more details.

Monday, August 14

Outdoor Storytimes at Kennebunk Free Library, 112 Main Street, Kennebunk, 10 AM. Let's get all together now for some stories and songs with Miss Maria. Storytimes will be held outside the library near the faerie garden. Bring a York Farmers' Market, Lot behind York Region Chamber blanket or towel to sit on, and don't forget your sunscreen! In the event of rain or inclement weather, storytime will

Tuesday, August 15

SALT. Jewelry Pop-Up, Spaces, 184 Port Road, Kennebunk, 11 AM-5 PM. FMI salfinejewelry.com.

Wednesday, August 16

Groovy Snacks, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 10:30 AM. Learn how to make yummy, fun graham cracker garden treats. Fruity flowers, blueberry bugs, and more! All materials provided. Pre-registration is required. FMI call 967-2778 or visit www.graveslibrary.org.

Finale Party and Ice Cream Social at Kennebunk Free Library,112 Main Street, Kennebunk 4-6 PM. Drop in for a celebration of a fun-filled summer! We'll have a choice of ice cream or frozen treat, and there will be some fun games to play. We hope you can join us! The Finale Party is part of All Together Now, our Summer Reading Program. FMI call 985-2173 or visit the website www. KennebunkLibrary.org.

SALT. Jewelry Pop-Up, Hurlbutt Designs, 51 Western Avenue, Kennebunk, 11 AM-5 PM. FMI salfinejewelry.

Post Road, Wells, 7 PM. In partnership with the Astronomical Society of Northern New England, the library invites you to view the night sky through telescopes. This program will be held at the ASNNE Observatory in Kennebunk (www.asnne.org/starfield_observatory. php) FMI contact Stefanie Claydon at sclaydon@wellstown.org or call 646-8181.

Henry Lowery Concert, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 6 PM. Bring your friends, bring your chair, sit back, tap your feet and listen to some local beat. Henry is a Kennebunk High School graduate that plays an array of country and blues on his guitar. A suggested donation of \$10 per person would be appreciated. This event will be held in the community room if it rains. Parking is available on Maine Street or at Consolidated School. For further information, please call 967-2778 or visit our website at Sunday, August 20 www.graveslibrary.org.

Mid-Week Music: Original Works, Kennebunkport Historical Society's Town House School, 135 North Street, Kennebunkport, 7 PM. Dana Pearson will be joined by singer-songwriter Dan Blakeslee (danblakeslee. com) to play an evening of original songs on their acoustic guitars. FMI and tickets: kporths.com/events, info@ kporths.com, or 967-2751.

Thursday, August 17

Above Board - All Hands on Deck's "Endless Summer," The Boathouse Restaurant, Kennebunkport. Proceeds will directly support Believe in Kids Maine, a non-profit organization that provides resources for foster children living in York County. There are currently 900 foster children living in York County. The aim is to raise \$30,000. The need in Maine is massive, with over 30,000 kids throughout the state living in poverty. Believe in Kids Maine provides simple necessities such as: food, clothing, mattresses, iPads with programming for impaired children and school supplies. Attendees of Endless Summer can look forward to a fabulous end-of-summer party at the Boathouse with live music, gourmet food, cocktails Wednesday, August 23 and more. For tickets, donations and sponsorships visit aboveboardmaine.org.

"Protected Landscapes of Southern Maine: Kennebunk Plains and Wells Barrens" - Walking Tour **of Kennebunk Plains,** parking area at the Kennebunk Plains on the north side of Route 99, 6-7:30 PM. In this free guided walk, participants will learn about the 30-plus-year effort to protect this large nature preserve and Wildlife Management Area, and its geology, plants and animals. They will also find out about the role carefully controlled fire – also known as prescribed fire – plays in maintaining this rare ecosystem. The walk will be led by Paul Dest, local Conservationist and Naturalist; Jon Bailey, Land Manager/Burn Boss for The Nature Conservancy in Maine (TNC); and Sean Campbell, Wildlife Biologist with the Maine Department of Inland Fisheries and Wildlife (ME IFW). This is one of a series of walks introducing residents and visitors to some of the protected landscapes of southern Maine. To register for this walk and for more information, email pauldest5@ gmail.com or call 207-251-9851.

Nonfiction Book Group, Wells Public Library, 4:30 PM. The Nonfiction book group will meet in person - all are welcome! The pick for this month is *The Big Oyster*: History on the Half Shell by Mark Kurlansky. FMI contact Cindy Appleby at cappleby@wellstown.org or call the Monday, August 28 library at 207-646-8181.

Friday & Saturday, August 18 & 19

Annual Center Porch Sale, The Center, 175 Port Road, Kennebunk, 9 AM-1 PM. FMI 967-8514.

Friday, August 18

Free Drive Thru Barbeque, American Legion post 159, 102 Main Street, (across from the police station) Kennebunkport, 5 PM until food runs out. The menu consists of pulled pork, smoked chicken, bratwurst, beans, cole slaw, potato salad, jalapeno cornbread and desert. Donations welcomed. FMI 967-2400

Saturday, August 19

Kennebunk Artisans Marketplace, Waterhouse Center, 51 Main Street, 9 AM-2 PM. FMI visit www.kennebunkmaine.us/artisansmarketplace

Kennebunk Farmers' Market, Garden Street Lot, Kennebunk, 8 AM - 12:30 PM. FMI www.kennebunkfarmersmarket.org

Saco Farmers' Market, Saco Valley Shopping Center, Saco, 8 AM-12 PM. FMI www.sacofarmersmarket.com

Sanford/Springvale Farmers' Market, Central Park (across from City Hall) Sanford, 8 AM-12 PM. FMI www. sanfordfarmersmarket.org

Stargazing with ASNNE, Wells Public Library, 1434 York Farmers' Market, Lot behind York Region Chamber of Commerce, 1 Stonewall Lane, York, 9 AM-1 PM. FMI www.gatewaytomaine.org/farmers-market/summerfarmers-market/

> Guided Walk in Hope Woods with Gordon Collins, 10AM. Additional walks to be held on September 17 at 1PM, October 14 at 10AM and November 12 at 1PM. Hope Woods is open daily from dawn to dusk. FMI friendsofhcw@gmail.com or hopecemeterykennebunk.

> Art by the Sea: Ogunquit Museum of American Art (OMAA) Summer Auction and Party, 5-8 PM. The museum will celebrate its 70th Anniversary with an auction, we well as live music, dancing, light fare, and signature cocktails. Stay tuned for more information on this event.

No Strings Attached Benefit Concert: "Beethoven and Friends," Holy Cross Lutheran Church, Storer and Lord Streets, Kennebunk, 3 PM. The program includes selections by Beethoven, Brahms, Schubert and more. Audience members are encouraged to bring a donation for Community Outreach Services (COS) which provides help with food, fuel and other needs in the Kennebunks. For more information on COS visit coskennebunks.org. No Strings Attached is an informal orchestral ensemble for violin, viola, cello and double bass whose members enjoy playing - and sharing - great music simply for the fun and joy of it. The group is led by Pamela Doughty, Portland Symphony Orchestra violist from 1978 to 2022.

Monday, August 21

Outdoor Storytimes at Kennebunk Free Library, 112 Main Street, Kennebunk, 10 AM. Let's get all together now for some stories and songs with Miss Maria. Storytimes will be held outside the library near the faerie garden. Bring a blanket or towel to sit on, and don't forget your sunscreen! In the event of rain or inclement weather, storytime will be held indoors.

Find Your Summer Beach Read! Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 10 AM. Visit the Book Cellar for what's in the store. Thousands of books to choose from, as well as notecards, journals, rare collectible books, ball caps, special gift books, coffee mugs, tote bags, bookmarks and more. The Book Cellar is open Monday-Friday 9:30-5; Saturdays 9:30-12:30. FMI call 967-2778 or go to graveslibrary.org

Thursday, August 24

2023 Kennebunk Savings Summer Concert Series: Fog Ave, 20 Recreation Way, Kennebunkport, 6-8 PM. Hosted by Kennebunkport Parks & Recreation. Live music, food trucks, Batson River Brewery, Banded Brewing Co., bounce house, face painting. FMI Kennebunkportrec.com or 207-967-4304

A Taste of Cape Porpoise, Atlantic Hall, 173 Main Street Cape Porpoise, 5 PM. All proceeds to benefit Atlantic Hall. See opposite page for more details.

Friday, August 25

Afternoon Tea Party with Kristin Parone, Arundel Farm Gallery, 76 Arundel Road, Arundel, 4-6 PM. Visit the gallery and take in Parone's wonderful gouache paintings. FMI arundelfarmgallery.com or 561-702-6396.

Outdoor Storytimes at Kennebunk Free Library, 112 Main Street, Kennebunk, 10 AM. Let's get all together now for some stories and songs with Miss Maria. Storytimes will be held outside the library near the faerie garden. Bring a blanket or towel to sit on, and don't forget your sunscreen! In the event of rain or inclement weather, storytime will be held indoors.

Wednesday, August 30

Jimmy Mac Concert, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 6 PM. Join us for some good vibes and live music in the garden at Graves Library Summer Music Series. Bring your friends, bring your chair, sit back, tap your feet, and listen to some local beat. Jimmy plays lots of cover tunes from the 60s, 70s, and 80s. Let's celebrate summer, our community, and our fondness for talented artists right in our own backyard! A suggested donation of \$10 per person would be appreciated. This event will be held in the community room if it rains. Parking is available on Maine Street or at Consolidated School. For further information, please call 967-2778 or visit our website at www.graveslibrary.org.





"Images of Kennebunkport" calendar now available

Find the 2024 Images of Kennebunkport calendar in the Kennebunks at HB Provisions, The Whimsy Shop, Saxony Imports, Colonial Pharmacy, Beach Grass, Mail-It Unlimited, Bradbury Bros Market, Cape Porpoise Kitchen, The Colony Gift Shop, The Nonantum Gift Shop, Goose Rocks Beach General Store or visit kportimages.com.

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The Art of Poetry with three poet luminaries

It's not too early to put this on your calendar. "Bohemian Sunday Poetry Readings" will feature three poet luminaries on September 24, 1-2 PM, followed by Reception and refreshments. Listen to the deep succulent power of poetry featuring former Portland Poet Laureates Linda Aldrich and Steve Luttrell with local poet Paul Nelson. Free and open to all at Brick Store Museum's Program Center auditorium in Kennebunk. WePoets & Verse is thrilled to host this unforgettable event and your presence matters. FMI: poetryawakenings@gmail.com.



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La Dolce Vita

I was listening to a local radio station last week and they had a segment about a grandmother who (I never heard how this actually happened) accidentally ordered a stripper for her grandchild's party.

The station then asked if anyone else had birthday party disaster stories, and the memories came flooding back of what we'll call The Not So Little Mermaid Partv..

Emily was turning 2, and we planned a big party that year. As a little redheaded girl, her absolute favorite movie was The Little Mermaid and, of course, her favorite character was

We had a children's birthday business near our house where you could hire characters - Disney princesses, Power Rangers, Ernie and Bert, etc. - for kids' parties. I drove over one day and made the arrangements.

The business showed you a photo album with all the actors and charShe was a young woman, maybe 22, with what appeared to be long, natural red hair.

She had a sweet smile and the children in all the photos were looking up at her adoringly. She was perfect and I booked her on the spot.

The plan was for Ariel to make an appearance at Em's party, planned as a barbecue and pool party at my parents' house. We'd meet her out front and then bring her to an assuredly delighted Emily.

For weeks I imagined how thrilled Emily would be to meet her idol. I pictured the adorable photos we'd have to capture this moment, ones we'd look back on for years.

party, I could barely contain my excitement. Everyone arrived as planned and gathered on the deck as I went out front at the allotted time to greet Ariel.

Imagine my dismay when, instead of the lovely acters they had available 22 year old I was expecting,

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and there she was: Ariel. a ... different ... mermaid grinned from ear to ear. got out of the car.

> to 40 than 20, wearing thick layers of garish makeup and with a wig that was more Chucky than Ariel.

She had a two-pack-day voice that she used to explain there had been some doublebooking issue, and her shells were straining to hold back her substantial

onto the back deck and up to Emily, where Adult Ariel dropped to her knees to hug her. Em immediately burst into tears and fought to get away.

We never did get that photo I imagined. The only one we have is of me holding Emily as close as she'd allow herself to On the morning of her be near Ariel, eyes red and swollen, while Ariel

Ariel was, however, a This woman was closer big hit with all the dads at the party, who were more than happy to fill the photographic gap left by Emily, and line up for pics with Adult Ariel.

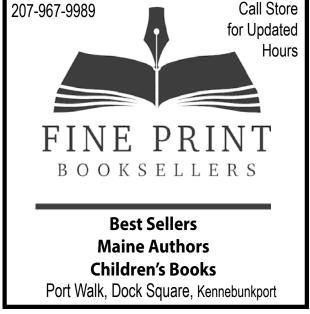
At the time I was sad, angry and horrified. Now, looking back, I realize what a hilarious situation it truly was.

And that, my friends, is Struck dumb, I led her the tale of the Not So Little Mermaid.



Laura Dolce is drector of the Kennebunk Kennebunkport and Arundel Chamber of Commerce















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A Master Gardener to the end



Tall. That was my first impression of him. He was tall. Very tall. And with his slender, nearly bony physique, I'd say Lincoln tall. A long face, piercing blue eves, frequent broad smile, and a rich, sonorous voice that I couldn't imagine ever needing a microphone to be heard.

He had volunteered to take photographs the evening I was taking Diane out on a date. He had a Polaroid. I was nervous, as it was the first time I had dressed up for my girlfriend. We were sophomores at Kennebunk High. He and his wife were friends of Diane's parents; he bore an avuncular attitude toward Diane, as he would for many years to come. I felt it was important that I should get him to like me, to win his approval, although, as an insecure, dorky 15-yearold, I had no idea how to go about doing that.

We posed by the fireplace mantel. Did I mention I was wearing braces at the time? Yeah, they really helped. At any rate, we stood side by side, Diane smiling radiantly, me doing a version of a grin, and not a particularly photogenic one – perhaps signifying that I knew I was out of my league. He stood 10 feet away with his state-of-the-art camera and snapped the plastic button. The bulb flashed, then the Polaroid whirred as it spit out a square piece of glossy gray paper that, within a few minutes, would develop before our eyes into a color photograph.

We stood on either side of him as the picture came to life. And then, there we were: Diane looked adorable; I looked pathetic. I made a disparaging remark about my appearance, something like, "Oh God, I look awful."

That's when George Hermans nodded and said with a wry smile, "Well, kid, you work with what you're given."

I was simultaneously crushed and amused. As an adult, he was supposed to boost my confidence; but George would never talk down to anybody. Though stung, I knew what he said was true; more importantly, I knew it was funny.

George would deliver countless zingers in the following decades. But his supply was finally exhausted early in the morning on August 1, when he died in Brunswick at the age of 96.

We had visited him two days earlier, along with two of his children and their mates, and Diane's sister and mother. Somehow, there was joy in that room, even with George – the World War II vet (Pacific Theater), Master Gardener, career salesman, and consummate family man – barely communicative in his hospice bed. We shared stories and photographs (certainly not the one he took in 1979), and there was plenty of laughter, because George was a funny guy and the subject of so many funny incidents. He was devastated when Merry, his wife of 69 years, died in 2020, and longed to be reunited with her; still, he didn't entirely lose his sense of humor or joie de vivre.



George Hermans's final tomato ripening in the sun in Brunswick before being shared by family and friends. Photo by Dana Pearson

strength to speak or gesticulate clearly, though every now then we could pick up a word or intention. One of those words was "tomato." We finally divined that he wanted a tomato to be picked from the plant on his sunny windowsill, sliced up, and shared. There were three candidates, but only one ripe one. His son Steve produced a knife and did the honors. The first slender sliver went to George, who slowly chewed it, seemingly pleased. The rest of the tomato was He didn't have the divvied up on a napkin and passed around the room. It was zingy and delicious.

While it was obvious why we were there, I didn't witness any tearful, cinematic farewells as we left. That would have broken the mood. We each took a turn giving him a hug and saying goodbye, knowing it would be for the last time. I gave him a kiss on the cheek (which was smooth; he had earlier indicated he had shaved that morning), while saying, "See you, George." Then I pulled back, looked him straight in those brilliant blue eyes, and said, "Thanks for the tomato." How fitting that the last thing I saw him do was smile.

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Delicious Summer Foods – and Foodie Tips!

Saturday Morning Scones Bursting with Blueberries

Typical August email here along the southern coast of Maine: "Hi, we're coming to Maine and would love to stop and see you." Whoever they are, can you blame them? With our delectable shedders now in season, plus silver queen corn and native wild blueberries dominating the display at farmer's markets, Maine is the culinary Center of the Universe in this eighth month of the year.

Warning: this blueberry scone recipe (for 8 large) could trigger more emails.

Blueberry Scones

Ingredients:

2 cups all purpose flour (plus more for hands and work surface)

1/2 cup granulated sugar

21/2 tsp. baking powder

1 tsp. cinnamon

1/2 tsp. salt

1/2 cup unsalted butter (frozen)

1/2 cup heavy cream (plus 1 tbsp. for brushing)

1 large egg

11/2 tsp. vanilla

1 heaping cup fresh blueberries

For topping: coarse sugar and vanilla icing



Directions:

Whisk flour, sugar, baking powder, cinnamon and salt

together in large bowl.

Grate frozen butter (using a box grater) and add to flour mixture, then combine with a pastry cutter, two forks or your fingers until mixture comes together in pea-sized crumbs. Place in refrigerator.

Whisk 1/2 cup heavy cream, egg and vanilla together in small bowl.

Drizzle over flour mixture, add blueberries, mix together until everything seems moistened.

Pour onto counter and, with floured hands, work dough into a ball as best you can. (Note: if dough is too sticky, add more flour; if it seems too dry, add 1-2 tbsp. heavy cream.) Press into an 8-inch disc and, with a sharp knife, cut into

Brush scones with remaining heavy cream. (For extra crunch, sprinkle with coarse sugar.)

Place scones on a plate and refrigerate for at least 15 minutes. Preheat oven to 400.

Line a large baking sheet with parchment paper or silicone baking mat.

Place scones 2-3 inches apart on the baking sheet.

Bake 11-25 minutes or until golden brown around the edges. Remove from oven, let cool for a few minutes before topping with vanilla icing.

(Extra tips: freeze scone dough wedges on a plate for 1 hour. Once relatively frozen, layer them in a freezer-friendly bag. Then bake from frozen, adding a few minutes to the bake time.)

For some reason, Gazpacho tastes better in August than any other month. I've tested the one below to near-standing ovations.

Green Gazpacho Serves 6

Ingredients:

1 pound green zebra tomatoes (6-8 small tomatoes)

2 cups chopped Romaine lettuce leaves

1 cup green seedless grapes

1/2 cup flat-leaf parsley leaves 1/2 cup thinly sliced scallions

1/2 cup finely diced celery

2 tbsp. diced and seeded jalapeño (or to taste) 1 tsp. minced garlic

6 tbsp. sherry vinegar

Fine sea salt, fresh ground black pepper

Extra-virgin olive oil

Directions:

In a blender or food processor, combine tomatoes, Romaine, grapes, parsley, scallions, celery, jalapeño, garlic and vinegar.

Puree until smooth.

Pass mixture through a fine-mesh sieve and season to taste with salt and pepper.

Refrigerate until chilled.

Divide gazpacho among six chilled soup bowls and drizzle each with olive oil.

> This page is curated by **Tourist & Town's** Val Marier valmarier@me.com

When the corn is as high as an elephant's eye, it's time for **Mexican Corn Salad**

(serves 6-8)

3 tbsp. fresh lime juice plus extra for seasoning (2 limes)

3 tbsp sour cream (or substitute with plain Greek yogurt)

1 tbsp. mayonnaise

1-2 serrano chiles, stemmed and cut into 1/8"-thick rings (can use jalapeños; adjust amount to suit your taste)

2 tbsp. plus 1 tsp. vegetable oil

6 ears of corn, kernels cut from the cobs (6 cups)

2 garlic cloves, minced

1/2 tsp. chili powder

4 oz. cotija cheese, crumbled (1 cup); can substitute feta

3/4 cup coarsely chopped fresh cilantro

3 scallions sliced thin

Directions:

Combine lime juice, sour cream, mayonnaise, serranos and 1/4 tsp. salt in large bowl. Set aside.

Heat 1 tbsp. oil in 12-inch nonstick skillet over high heat until shimmering. Add half of corn and spread into even

Sprinkle with 1/4 tsp. salt.

Cover and cook without stirring, until corn touching skillet is charred, about 3 minutes.

Remove skillet from heat and let stand, covered, 15 seconds, until any popping subsides.

Transfer corn to bowl with sour cream mixture.

Repeat with 1 tbsp. oil, 1/4 tsp. salt and remaining corn. Return now empty skillet to medium heat and add remaining 1 tsp. oil, garlic and chili powder. Cook, stirring constantly, until fragrant, about 30 seconds. Transfer garlic mixture to bowl with corn mixture and toss to combine. Let cool 15 minutes.

Add cotija, cilantro and scallions, and toss to combine. Season salad with salt and up to 1 tbsp. extra lime juice to taste.

Celebrate these official (and national) food holidays in August aka: any excuse for a party!

August 10: S'mores Day

August 11: Raspberry Tart Day

August 12 : Julienne Fries Day

August 13: Filet Mignon Day August 14: Creamsicle Day

August 15: Lemon Meringue

Pie Day

August 16: Bratwurst Day

August 17: Vanilla Custard Day

Helpful Hints

Husking Tip

When husking ears of corn, slip on a pair of clean rubber gloves. The friction from the gloves helps grab the silky threads, making them a cinch to pull away.

Watermelon "sticks"

I saw this on Facebook, tried it and now keep a loaded plate in the refrigerator for an easy refreshing mid-August snack. Start by halving the melon crosswise. Then, with melon face down and working one half at a time, cut 1" to 2" slices across and through the melon, then rotate and cut again in a grid pattern. To eat, simply pull out a "stick." Instant watermelon!

Peachy-Keen: The Best Way to **Peel and Pit Peaches**

For firm peaches, use sharp vegetable peeler to remove circle of skin at top and bottom, then remove remaining skin with top-to-bottom strokes.

For soft peaches, Cut shallow cross in skin at bottom end of each peach. Plunge peaches (a few at a time) into large pot of boiling water for 30 seconds. Transfer fruit to bowl of ice water until cool enough to handle, then strip away skin with your fingers (use paring knife for stubborn spots).

To pit, cut peeled peach in half along equator (make sure you cut down to the pit). Grasp both halves and twist in opposite directions until 1 side pulls away from pit. Wiggle pit back and forth to loosen, then remove.

wells**reserve** at laudholm A PLACE TO DISCOVER 7 miles of trails open every day 7 am to sunset wellsreserve.org/trails

The Retro Roadtrip Report – Route 112 Fun (with a frugal side trip)

by Joshua Hrehovcik and es, and it's available for apples, or sign up for the duce for your table. Geraldine Aikman

Get ready for a country ride at its finest, Retro Roadtrippers, because we're taking to the road in this edition of the Retro Roadtrip Report.

We'll begin by heading north from Saco on Route 112. On the right will be our first stop, The Way Way Store. Built in 1927, The Way Way Store got its name from its location being "way, way out of town." Today it's a unique destination where you can buy penny candy, check out the vintage treasures, or simply pretend you've stepped back in time. This eclectic Maine establishment is listed on the National Register of Historic Placparties and social events.

Continuing north on Route 112 for 10-or-so minutes, we cross into Buxton and stop at the picturesque Snell Family Farm, which dates back to 1926. It's time to pick your own raspberries, and purchase fresh produce and beautiful flowers from the farm store.

Make sure you come back in September and October to pick your own organically grown pro-

Autumn Wreath workshop, where they'll serve you a slice of pie just for being there.

To continue with our rural theme: just around the corner, about a mileand-a-half down Rankin Road, we'll arrive at Frugal Farmers, another family-owned farm. Here, you can visit their greenhouses and find plenty of flowers and herbs, plus

The Way Way Store, 93 Buxton Rd., Saco. Open 7 days, 10 AM to 8 PM

Snell Family Farm, 1000 River Rd., Buxton. Open Wednesday-Sunday, 9 to 4

Frugal Farmers, 293 Rankin Rd., Buxton. Open Tuesday–Saturday, 9 to 5; Sunday, 9 to 4

Joshua and Geraldine's family of Retro Roadtrip travel books can be found at retroroadtripper.com





Snell Family Farm

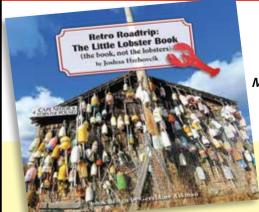
Frugal Farmers



The Way Way Store, a unique place to visit, is full of candy and vintage treasures.

Retro Roadtrip: The Little Lobster Book

Beautiful photos of everything lobster: Lobster rolls, lobster boats, lobster buoys, lob ter traps, lobster signs, lobster pounds, lobster dinners, and even a lobster centerfold.



This is the 9th Book in the Retro Roadtrip Family of Books!

Buy your copy at Morph Gallery (Port Rd., Kbunk) Lobstore (Kport) Wright Gallery or Bradbury's (Cape Porp)

"What can I say? It's a book!"

"If you don't have anything else to read..." 'There are no words. Actually there are a couple of words, but mostly it's pictures." www.retroroadtrip.com









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A unique dining experience

43 Ocean Avenue, Kennebunkport 207-967-3444

Wells Chamber of Commerce to host annual Chili-Fest



The Wells Chamber of Commerce will be hosting their 22nd Annual Chili-Fest on Saturday, August 26, at the Wells Junior High Campus on Route 1 in Wells from 11 AM to 3 PM.

The "Joe Harvey Invitational" cookoff, sanctioned by the International Chili Society, is among one of the events available for "chiliheads" to qualify to compete in the World Championship which will be held this year in September in Myrtle Beach, South Carolina.

Entrants for this cookaway as Florida, Nevada and Illinois.

The cook-off will feature cooks in four categories Red Chili made with beef and red ripened chili peppers; Green Chili (verde) made with either chicken or pork and green chili peppers, Homestyle (traditional chili with beans) along with a Youth Homestyle division and Salsa. Cash prizes and plaques are given to the winners along with bragging rights.

The chili cooks serve off have come from as far their chili for a chance to win the "People's Choice" competition, with a \$250 first prize. Ballots for "People's Choice" are included in the "tasting kits" available for sale. Proceeds from the event will benefit the Wells Chamber of Commerce Scholarship Fund.

Added to the great food are vendors and crafters, sho make this an event to remember. Parking is free, as is admission.

FMI, please visit www. wellschilifest.com.

Send your questions to rsimon@legacysir.com Q: My mother recently died and we are working to

sell her house. We have had several brokers in, and all of them have said that the house is totally full of too much stuff and it has to be emptied out and cleaned up. This is not something that I had planned to do until the place is sold but the brokers are saying that the mess of stuff,

my mother was a saver of everything, is a real deterrent to get the place sold. I am overwhelmed by the amount of time it will take to clean it out and the question of where does all the crap go? Be grateful for any suggestions you have asap as we need to get this sold. Appreciate your input, Ray

A: Your challenge is not an unusual one, as many families face the same issue. I would recommend that you rent a Pod and then hire someone to empty out the place putting the stuff in the Pod. I would place the Pod in the back of the house if possible so it does not deter from potential curb appeal. Then you will have the time to sort through the Pod and arrange to keep those items you want, give away and or throw away the rest. This process will give you the time you need to get everything gone without a lot of pressure. It is not an easy process, but doing it this way can give you the time you need to get it done.

Q: We have had some incredibly low offers on our house that we are trying to sell. Our broker says that she is as surprised as we are at the low offers. I find them insulting and not sure how to proceed. The asking price is one that we have always thought the place would sell for. We chose a broker who agreed with our price. Any suggestions, as we do not want to miss out on this what seems to be a strong market? Eva

A: I would recommend a sit down meeting with your broker tor to The Wall after requesting that they prepare a Market Analysis for you on the property. This is information that you should definitely have as you decide what the asking price should be and this is definitely part of your broker's responsibility to you.

> Randal Simon, Legacy Properties, Sotheby's International Realty 150 Port Rd, Kennebunk (C) 207-590-9656 (O) 207-967-0934 rsimon@legacysir.com www.legacysir.com





Randal Simon has been a real estate broker for over 30 years. His column was in the Portland Press Herald for many years; he is now pleased to be participating locally in Tourist & Town. He has been a contribu-Street Journal, Unique Homes and The New

York Times.







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Tide Chart

August 10-24

Tuesday, August 15

Sunset: 7:41 PM

the moon; the actual times and tide heights can differ slightly from the predictions above.

Note: The number for each high and low tide indicates the height in feet above or below sea level. This chart shows tides for the mid-coast of York County; tide times are a few minutes earlier to the north (Old Orchard Beach) and a few minutes later to the south (York Beach). Tides are affected by the weather and cycles of

Thursday, August 10					
Low01:07 AM0.62					
High 07:20 AM 7.94					
Low01:13 PM1.5					
High 07:37 PM 9.14					
Sunrise: 5:41 AM					
Sunset: 7:54 PM					
Friday, August 11					
Low 02:12 AM0.73					
High 08:25 AM 7.74					
Low02:15 PM1.73					
High 08:37 PM 9.03					
Sunrise: 5:42 AM					
Sunset: 7:52 PM					
Saturday, August 12					
Low03:12 AM0.72					
High 09:26 AM 7.73					
Low03:13 PM1.77					
High09:33 PM9.04					
Sunrise: 5:43 AM					
Sunset: 7:51 PM					
Sunday, August 13					
Low 04:06 AM 0.63					
High 10:19 AM 7.84					
Low04:05 PM1.66					
High10:24 PM9.15					
Sunrise: 5:44 AM					
Sunset: 7:50 PM					
Monday, August 14					

Low...... 04:53 AM.... 0.51

High 11:05 AM 8.01

Low......04:52 PM....1.48

High 11:08 PM 9.29

Sunrise: 5:45 AM Sunset: 7:48 PM

rucsuuj, nugust 15	Juliuay, August 20								
Low 05:35 AM 0.4	High 02:16 AM 8.99								
High 11:45 AM8.2	Low 08:25 AM0.59								
Low05:34 PM1.27	High02:40 PM8.74								
High 11:49 PM 9.39	Low08:40 PM1.01								
Sunrise: 5:46 AM	Sunrise: 5:52 AM								
Sunset: 7:47 PM	Sunset: 7:39 PM								
Wednesday, August 16	Monday, August 21								
Low 06:13 AM0.31	High 02:54 AM 8.7								
High 12:22 PM 8.38	Low 08:59 AM0.82								
Low06:13 PM1.1	High03:16 PM8.74								
Sunrise: 5:47 AM	Low09:20 PM1.07								
Sunset: 7:45 PM	Sunrise: 5:53 AM								
New Moon: 5:39 AM	Sunset: 7:37 PM								
Thursday, August 17	Tuesday, August 22								
High 12:27 AM 9.43	High 03:34 AM 8.37								
Low 06:47 AM 0.28	Low 09:36 AM1.07								
High 12:57 PM 8.54	High 03:53 PM 8.75								
Low06:50 PM0.99	Low10:03 PM1.11								
Sunrise: 5:49 AM	Sunrise: 5:54 AM								
Sunset: 7:44 PM	Sunset: 7:36 PM								
Friday, August 18	Wednesday, August 23								
High 01:03 AM 9.38	High 04:18 AM 8.05								
Low 07:20 AM0.32	Low 10:17 AM1.33								
High01:32 PM8.65	High04:35 PM8.78								
Low07:26 PM0.95	Low10:52 PM1.13								
Sunrise: 5:50 AM	Sunrise: 5:55 AM								
Sunset: 7:42 PM	Sunset: 7:34 PM								
Saturday, August 19	Thursday, August 24								
High 01:39 AM 9.23	High 05:08 AM 7.77								
Low 07:52 AM0.42	Low 11:04 AM1.54								
High 02:06 PM 8.71	High 05:23 PM 8.86								
Low08:02 PM0.97	Low 11:48 PM1.08								
Sunrise: 5:51 AM	Sunrise: 5:56 AM								

Sunset: 7:33 PM

Sunday, August 20

Live Music

Back Street Grill

Saturday Night Karaoke 16 School Street, Sanford www.backstreetsanford.com 850-1228

Bentley's Saloon

Wednesdays: Open Mic and Old School Rock with Blues 7-10 PM Thursdays: Karaoke 7-10 PM Fridays: Bands 7-11 PM 3rd Friday of Every Month: Dance and Costume Party Saturdays: Bands 2-6 PM and 7-11 PM Sundays: Bands 1-5 PM and Acousitc/Duo 5-8 PM 1601 Portland Road, Arundel 985-8966 www.bentelyssaloon.com

Billy's Chowder House

Thursdays 5-8: Live Music with Billy Stinson 216 Mile Road, Wells 646-7558 www.billyschowderhouse.com

Clay Hill Farm Mondays, 4:30-8:

Curt Bessette and Jean Kurtz Thursdays, 5 PM: Gordon Shan-Friday, 6 PM: Katherine Mayfield Saturdays, 6 PM: Katherine Mayfield Sundays 5 PM: Sweet Serenity w/ Curt Bessette and Jenn Kurtz

Crew OGT August 10: 5-8 PM

220 Clay Hill Road, Cape Neddick

www.clayhillfarm.com

361.2272

Isaiah Bennett 8:30-11:55, Crystal Marie August 11: 8:30-11:55 PM Pete Finkle August 12: 8:30-11:55 PM, Andrew Dostie August 13: 12-3 PM Vernon Northover 8:30-11:55, Sam Hastings August 14: 8:30-11:55 PM April Cushman August 15: 5-8 PM Isaiah Bennett 8:30-11:55, Maddi Ryan August 16: 8:30-11:55 PM Kruytian Beal

8 Shore Road, Ogunquit www.crewogt.com | 216-9236

The Dance Hall Kittery

August 10: 6-7 PM Sojoy@JPJ Memorial Park August 11: 8-9:30 PM - Hildaland August 12: 8-9:30 PM MOCH: Brooklun Duo Patricia & Noel Brennan August 13: 5-7 PM Jazz Casual: Billy Mintz ft. Tony Malaby 7 Walker Street, Kittery thedancehall.org Tickets Needed

Féile Restaurant & Pub

Live Music 1619 Post Road, Wells www.feilerestaurantandpub.com 251.4065

The Front Porch

Live Piano Bar Wednesdays 5-10 Thursdays, 5-10 PM Fridays 5-11:45 PM Saturdays 4-11:45 PM Sundays 2-8 PM 9 Shore Road, Ogunquit thefrontporch.com | 646.4005

Hurricane Restaurant

August 10: Lisa Mills August 17: Beau Dalleo 29 Dock Square, Kennebunkport www. hurricanerestaurant.com 967.9111

Kennebunk Inn

Facebook @kennebunkinn Insta @kbkinn 45 Main Street, Kennebunk www.thekennebunkinn.com 985-3351

Lobster in the Rough

August 10: 6 PM, Dan Morgan Duo August 11: 6 PM, Freight Train August 12: 1-4 PM Max Sullivan 6-10 PM, The Accidentals August 13: 1-4 Pm Pete Petersdon 5-9 PM, Amanda Dane Band US Route 1, York www.theroughyorkmaine.com 363-1285

Nikanos Mediterranean Bar & Grille

Agiust 10: 2-5 PM, Kaia Mac 9-11 PM, Amanda Dane August 11: 2-5 PM, Kaia Mac 8-11 PM, Beau Dalleo August 12: 2-5 PM, Jason Weber 8-11 PM, The Hep Cats August 13: 12-3 PM, Jason Weber 3:30-5:30 PM, Harrison Goodell 73 Main Street, Ogunquit August 646-1112 www.nikanos.com

The Nonantum Resort Latitudes

August 14: 5-8 PM, Jim Ciampi August 17: 1-4 PM, Michael Corleto 95 Ocean Avenue, Kennebunkport www.nonantumresort.com 967-4050

Ryan's Corner House Irish Pub

Live Music Often, Call Restaurant 17 Western Avenue Lower Kennebunk 967.3564

Sand Dollar Bar & Grille

Live Music on the Outside Deck 2 Beach Street, York Beach www.sanddollarbarandgrille.com 606-0077

Town House School Kennebunkport Historical Society

August 9:Mid-Week Music "Master Pupil: Dylan/Waits" August 18: Mid-Week Music Original Songs with Dan Blakeslee and Dana Pearson 135 North Street, Kennebunkport info@kporths.com 967-2751

Ryan's Corner House Irish Pub

Live Music Often Call Restaurant 17 Western Avenue Lower Kennebunk 967.3564

Wild Bevy

August 11: 5-8 PM, Dan Walker August 12: 5-8 PM Mike Maurice 596 N. Berwick Road, Wells www.wildbevy.com 251-8868

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Southern Maine Saltwater Fishing Report: Fishing is heating up

by Captain Greg Metcalf Beautiful summer weather has heated up the water and the fishing. Offshore fishing for sharks and tuna was fantastic this past week. The inshore

fishing for stripers was also

excellent.

Kennebunkport: Anglers aboard my boat, the Striper Swiper had a great week catching striped bass. Mackerel of all sizes are everywhere and very easy to catch. Small harbor pollock can also be effective

live bait for stripers. The Kennebunk River was a productive area for stripers during the week as well as all the beachfronts and rocky areas along the shoreline. Several boats unloaded impressive catches of giant tuna at Government Wharf this week, including Captain Loren Brooks from Kennebunkport, who landed three beautiful bluefin.

Wells, Ogunquit: Webhannet Bat and Tackle reported stripers are being landed in the bright sunlit days off the beaches with chunk mackerel and clams. Outgoing and low tides have produced fish this week.

Those kayaking in the Ogunquit and Webhannet rivers have caught many fish trolling tubes with sand worms. Both rivers are very



Mike Gilman and Aaron Pacetti from Barre, Vermont, doubled up on a couple of nice stripers aboard the Striper Swiper on July 31.

shallow at low tide, but if still troll on the lower parts of the tide if you stick to the channels.

York: Captain Phil Breton from Breton Charters told me a few more bluefish have been showing up around Cliff House and over Drakes Island Beach. Not big bodies of fish and a hot bite, but a few fish. He has had the best luck trolling deep divers around the schools but it still not very productive.

There have been a few you are in a kayak, you can sporadic hot striper bites off of Long Sands Beach. The action is not steady, but when the bite is on it can be epic.

> Goose Rocks Beach: Captain Dave Rand reported fishing at Goose Rocks Beach this week was pretty good. There are plenty of striped bass of all sizes, including a few jumbos.

Cape Porpoise has also been very productive. Mackerel fishing remains

decent between the Cape Porpoise and Kennebunkport entrance buoys.

Saco River and Saco Bay: Captain Cal Robinson of Saco Bay Guide Service told me fishing the Saco River has slowed up some, as the water temperature inside the river is 72 de-

Bigger fish have moved into the area and can mostly be found along the beachfronts and rock piles. Live mackerel have been the best baits.

DEPOT DAYS

Saturdays, 9 AM-12 PM 12 Depot Street, Kennebunk

Our mission at Tourist & Town is to showcase and champion local businesses. Our Depot Days were founded on that same mission.

Depot Days take place on the lawn of the Kennebunk train depot – aka Tourist & Town headquarters – throughout the summer season (and into early fall).

We would like to extend an open invitation to local makers and emerging businesses to join us!

NO CHARGE to participate!

Email touristandtown@gmail.com.

We hope you will join us. We are here for YOU!

Seas the Day!

Enjoy a day of fishing or sight-seeing with Captain Greg Metcalf aboard Striper Swiper.



Sailing daily from Government Wharf Ocean Ave., Kennebunkport 401-617-9265 • Email: greg@captaingregmetcalf.com www.captaingregmetcalf.com

Maine News Briefs

by Jo O'Connor

Check out Portland's 25-year-old native Reilly Smedley on the 25th season of the reality TV show "Big Brother," which airs on CBS13 this week.

In a freak Mother Nature accident, the Marshal Point Lighthouse (known as the Forrest Gump lighthouse from the movie) was hit by lighting. It is currently dark until repairs can be made.

In Hollywood news, actor John Cusack, star of classic movies like "Say Anything," "Con Air" and "Grosse Point Break" will be hosting a movie night at the legendary State Theater in Portland on October 22. He will be screening the critically acclaimed movie "High Fidelity," in which he stars in along with Jack Black, Lisa Bonet, Tim Robbins and his sister, Joan.

Attention all dog lovers! Did you know that there is a beach in Maine that allows dogs all day long? It's Bayview Beach in Saco. And they call it Puppy Love.

Congrats to Funtown/Splashtown USA in Saco for opening their newest attraction: the Whispering Pines Hotel. This cool rise takes you on an interactive journey to save the hotel from a wicked curse!

Way to go Maine! We ranked #7 in the nation for health care quality according to WalletHub. Maine shines as #1 for quality of the public hospital system, hospital beds per capita, the average emergency-room wait time and physicians per capita.

"Sweet, sweet burn of sun and summer wind, and you, my friend, my new fun thing, my summer fling."

~ K.D. Lang





Join us aboard one of our boats, "Nick's Chance" or "Kylie's Chance," for an authentic and exciting experience out on the Atlantic Ocean. Choose between a longer tour or shorter, scenic cruise, either way, you'll get to experience Kennebunk and Kennebunkport, its wildlife, and the culture out on the water for a unique tour of the coast of Maine.

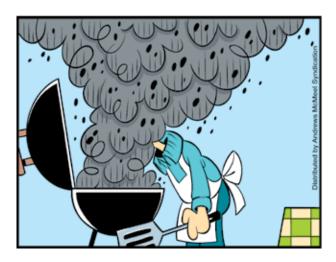


RESERVATIONS & INFO 207.967.5507 firstchancewhalewatch.com

GARFIELD BY JIM DAVIS









CLASSIC PEANUTS

THEY DON'T HAVE ANYTHING TO EAT THERE?! STOMACHS NEVER KNOWS! HOW ABOUT THE EARS? ALL RIGHT











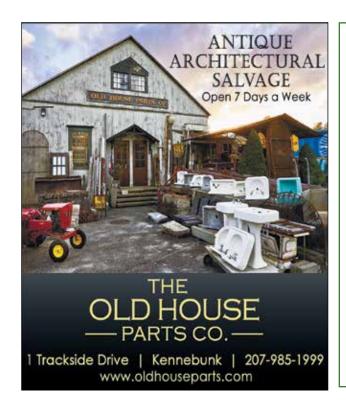














Special August Tour: Enslavement in Maine at Eastern Cemetery 224 Congress St., Portland – Sat., August 12 at 2 PM

Join Vana Carmona for a special tour exploring long-hidden history. From Portland's beginning, enslaved and free black people were part of the community. Many of their names have been lost and they were usually buried in unmarked graves. But they had a critical role in the success of the white settlers.

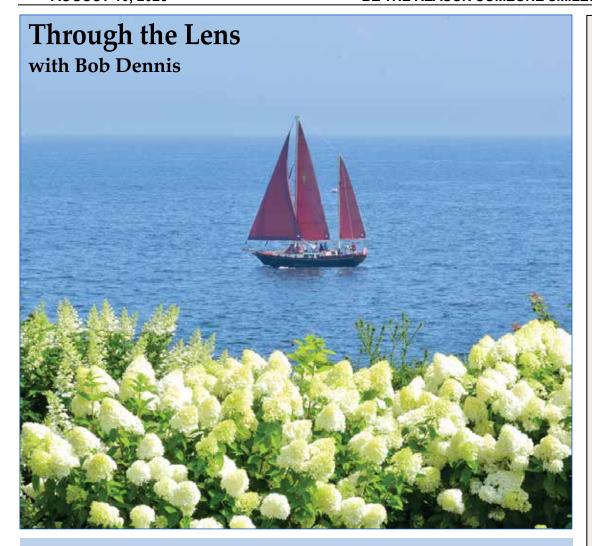
Visit the graves of some prominent enslavers and learn the names of enslaved people who helped make their success possible. Also visit the two African American sections of Eastern Cemetery. Tickets at Eventbrite

Our 4 pm daily walking tours continue through Oct 16.

Tickets at Eventbrite: \$10;
students and seniors (62+) \$5; children under 12 free.

FMI https://www.spiritsalive.org/tours/

Spirits Alive - dedicated to the preservation of historic Eastern Cemetery More info and volunteer opportunities at spiritsalive.org



"The progression of plants and flowers that beautify the landscape of southern Maine began with the daffodils of early spring and continues with the hydrangea of mid/late summer. After several attempts to capture hydrangea with an ocean backdrop, things finally clicked on Saturday afternoon August 5 as the Pineapple Ketch sailed past the seaside garden of the Cape Arundel Inn at just the right angle and distance from shore to allow me to get the composition I was shooting for." ~ Bob Dennis, @portimages, kportimages.com











ACROSS

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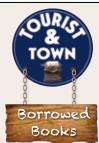
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pioneer Paul

Universal Crossword

Solution on page 20 (no peeking)

"Borrowed Books' celebrates the magic of books and the thrill of discovering a great read.



Brought to you by Tourist & Town's **Book Depot** at12 Depot Street, Kennebunk.

Book title: Sugaring Off by Gillian French Reviewer: Beth Towne

@maine_beth_reads on Instagram How did this book make its way to you?

A number of years ago, a fellow reader and friend recommended Gillian's books to me. At the time, she had a few books out and I ended up flying through them all in no time, and made it a point to meet her at a couple of events. Ever since, I have been a loyal fan of Gillian and her work, and consider her a friend and an inspiration.

What did you like about this book?

As a Mainer herself, she describes the scenic locations in a way that makes it easy to imagine you've visited, even if you haven't. Some of the settings in her books are real and recognizable, such as mentioning local stores or towns, which makes it more exciting to be able to be reading along and say, hey, I've been there or I've heard of it! In Sugaring Off, Gillian manages to tie Passamaquoddy and native heritage, deaf awareness and culture, and maple sugaring season into one book. While I wished it was longer, to touch more on all of the themes, it was another incredible read from Gillian!

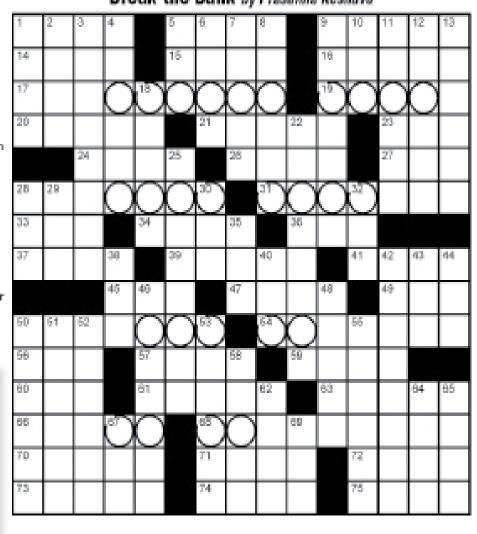
Favorite character?

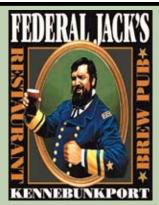
While I loved getting to know the main character, Owl, her aunt Holly is a supporting character with a unique story. In Sugaring Off, we are introduced to 17 year old Owl (Rochelle) who lives with her uncle Seth and aunt Holly on their maple farm on Waits Mountain in New Hampshire. Even though the book centers around Owl and her small circle, aunt Holly and her Passamaquoddy heritage, and mysterious past, left me wanting to get to know her better, as she is an important figure in Owl's story and the bigger picture of the book.

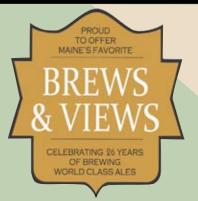
Who do you recommend this book?

Anyone who lives in, or loves reading about New England, and enjoys learning about the melting pot of cultures and history in our forests, mountains, and seacoast. If you're looking for light mysteries, innocent romantic encounters, and quick reads for various seasons, any of Gillian's books won't disappoint. Pair them with your favorite New England snack or beverage, perhaps blueberry or maple flavored, and immerse yourself in the scenery and plot twists through her descriptive writing.

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