

TOURIST & TOWN

FREE

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Our mission is to be an indispensable guide to life in South Coastal Maine, a champion for local businesses and a source of entertainment and goodwill for locals and tourists alike.

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Publisher's Note

Writing these publisher's notes is always the final step in putting the newspaper together and the very last thing I do before hitting "send."

I write today's note - for this, the Labor Day issue - on the heels of a wonderful team outing on the Pineapple Ketch - a beautifully restored 38' Downeaster Ketch, known in these parts as the Port's "pirate ship." Our outings are not only loads of fun, they are also a heartfelt thank you to an amazing and hardworking team.

I am filled immense with gratitude and respect, in fact, not only for the Tourist & Town team, but for all who labor with gusto in South Coastal Maine - the crofters, artists, and designers; the public servants and historians; the food industry workers and lobstermen; the entrepreneurs and visionaries; the educators and motivators; the activists, fundraisers and donors. . .

In the same way each member of our team adds to the flavor of each issue of Tourist & Town, each of you adds to the flavor we so savor about South Coastal Maine, contributing to quality of life for us all. We celebrate you and we honor the accomplishments of your labors each and every day.



Kingsley

Kingsley Gallup
Publisher, Tourist & Town

"We make a living by what we get, but we make a life by what we give."

Winston Churchill



Some of you are finding us tucked into the Maine Sunday Telegram today, thanks to our exciting new partnership with the Portland Press Herald. Now, in addition to our local distribution to hundreds of drop sites throughout coastal York County, Tourist & Town is inserted into the Maine Sunday Telegram. If this is your first time reading our publication, now in its 65th year, we hope you enjoy it. And be sure to pick up our quarterly magazine!



Photo by Josh Hrehovcik

Hot off the press! Just look for the flag in front of Tourist & Town headquarters at the old Kennebunk Train Depot, 12 Depot Street. When the flag is out, a new issue awaits you!

Thanks to our friends at

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Signarama



Cover Artist: Alan Claude

Inspired by bold, Poster Style graphics from the 1920s and '30s, mixed in with a little Edward Hopper, a heap of drama and a teaspoon of serenity, Alan Claude's art calmly reflects the beauty of New England coastal life. Overlooking the Kennebec River, the Alan Claude Gallery is located in historic downtown Gardiner. Alan Claude's Poster Style art of lighthouses, coastal and lake scenes and abstract art is boldly displayed in the artist's beautifully restored buildings and gallery.



Go Jump by Alan Claude

AlanClaude.com



The artist in his gallery. Courtesy photo

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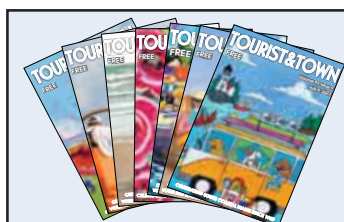
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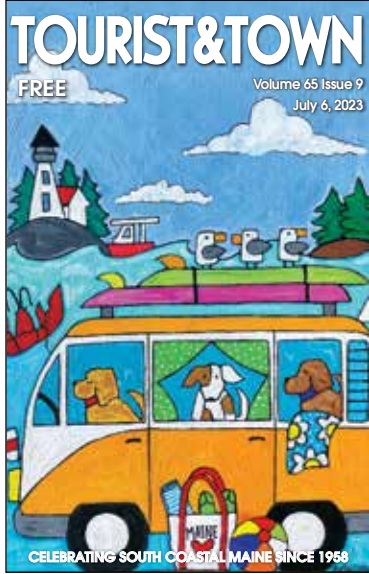


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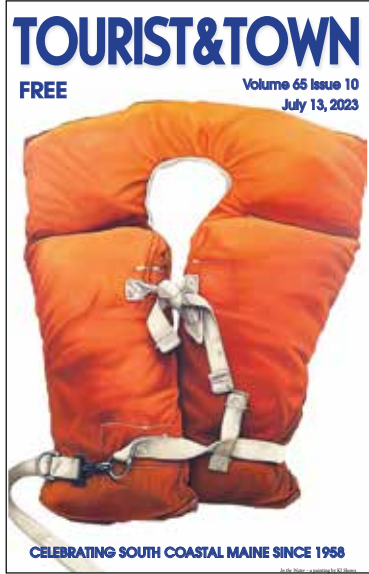




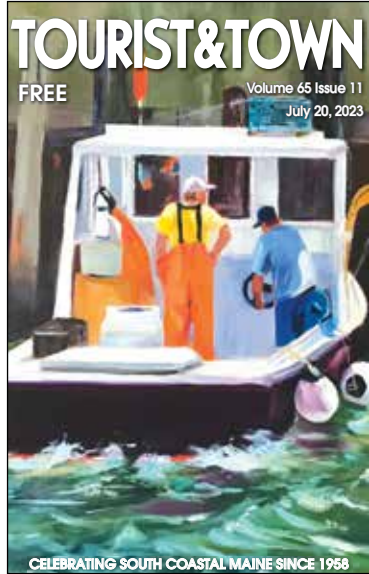
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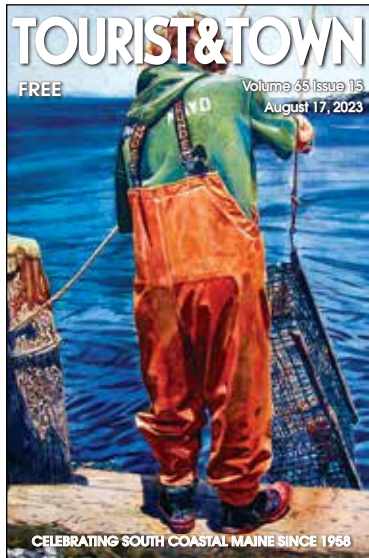
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La La Luna – A confection of chic clothing and uncommon gifts

by Valerie Marier

"I wanted La La Luna to be different from other stores in the Port, with

beautiful comfortable clothing and special extras, like one-of-a-kind hand-crafted jewelry, unusual

hard-cover books, contemporary barware and scented candles," owner Laura McCullough said.

She has done that to perfection at La La Luna which opened August 3 and has since welcomed a steady stream of customers and browsers. It's a treat for the eyes, with lavender and "Caribbean Crush" teal walls offset by crisp white trim, wide-plank mellowed wooden floors, a twinkling butterfly chandelier, even posh changing rooms with Palladian mirrors.

Inside the newest shop on Ocean Avenue that's located where King's Wharfe boutique once stood, Laura demonstrates she is a "fifth-generation retailer," manifesting a potent DNA in her savvy selection of clothing and gifts. It is, to be sure, not her first rodeo.

The 36-year-old Kennebunk High School graduate also owns Dannah and Dannah for Men on Ocean Avenue. Her mother, Diane Carr, ran Poofberry's Toys in Lower Village for 15 years, where Laura started working in her early teens. Diane said, "Laura comes from a long line of retailers, including my great-grandparents, who owned Starbuck's Department Store in Saratoga Springs, New York."

Laura bolsters her merchandising genetics

with discriminating taste. Her target market for La La Luna is women who want to look feminine and pretty, yet still feel comfortable in what they wear. She said, "When I go to markets in Atlanta, Chicago or New York, I look for clothing no one else has in our area. That's so important to me. But I also love color and design, and seek out soft lush fabrics women will love and appreciate."

Her favorite brands include Sea Lustre, which features delicate floral patterned dresses and blouses with a tropical vibe. The Marine Layer line includes pants, shirts and dresses suitable for "a seven-day weekend kinda lifestyle." La La Luna also showcases cashmere and cotton sweaters by Kerri Rosenthal, plus pants and tops fashioned in cozy sustainable plant-based fabrics by Suger (Maine Made Comfort).

Two young jewelers add an aesthetic touch. Emma Alexander creates hand-beaded pendants and necklaces. (Locals might appreciate her 26-inch-long silver necklace with a dangling pendant of a tiny map of Maine.) Devon Rutherford (of Devon Dowd Designs) handcrafts silver and 14-K gold-filled pieces accented with leather and a touch of stones. Laura says, "Their jewelry is elegant, fun and Maine-inspired."

What motivates this single, Kennebunk High School graduate, who is yoga-buff from workouts at the Daily Sweat, to own and operate three stores in a busy tourist town? "It's

been a lifelong dream to own my own shop," Laura admitted. "But I couldn't do this without the help of my mother, Diane Carr. We call her 'the Underboss.' She manages Dannah for Men and fills in if one of our employees is sick. She also handles finances and social media, enabling me to focus on the creative side of retailing."

Diane Carr is not surprised at her daughter's stick-to-itiveness success. "When Laura was two, my father was babysitting her one day and took a photo of Laura holding a gavel. He labeled the picture, 'Miss Laura, Chairman of the Board.' When she started helping me in Poofberry's at age 12, she was a natural. During her high school years, she worked at Dannah and thrived there. None of this surprises me."

In 2019, Laura moved back to Kennebunkport after a brief retail career in Florida. She recalls, "Dannah was ready to retire, I adored her shop, so I bought it. Then, within a year, I noticed that many customers kept asking where our men's section was, so I opened Dannah for Men in 2020. But I wanted a different name for my new shop and my mother helped on that."

Apparently, Diane was driving back to Kennebunkport from Portland one afternoon, mulling over potential names. She

says, "Our family nickname for Laura has always been 'La La.' My grandparents were Italian and the Italian word for moon is 'luna.' Suddenly, I put them all together: La La Luna. Amazingly, Laura loved the name!"

Running her trifecta of stores, Laura is up before sunrise, visiting each shop, restocking merchandise and bags, eyeballing the inventory and placing orders. Yet she also finds time to support the community, serving on the board of the Tommy McNamara Charitable Foundation. (The foundation pays tribute to Tommy McNamara, a young man from the Kennebunk community who passed away tragically in 2012. Their mission is to raise funds to develop and maintain quality recreational sports facilities for the youth of Kennebunk and Kennebunkport.)

"It's a busy life but I truly love what I do," she said.



Owner Laura McCullough (left) stands with two local artists who create jewelry for La La Luna — Emma Alexander (center) and Devon Rutherford (right). All are dressed in clothing from La La Luna. Courtesy photo



Beauty right down to the packaging at La La Luna. Photo by Josh Hrehovcik

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You can find La La Luna at 45 Ocean Avenue in Kennebunkport. Photo by Josh Hrehovcik

Customers find clothing, books and candles at La La Luna, the newest shop on Ocean Avenue in Kennebunkport. Photo by Josh Hrehovcik



Photos above: "I wanted more than clothing in my shop; I love having books here too," Laura McCullough said. In addition to *The Date Night Cookbook*, her eclectic collection includes a leather-bound edition of Julia Child's *Mastering the Arts of French Cooking*. (Photo by Val Marier). La La Luna also showcases cotton and cashmere sweaters by Kerri Rosenthal. (Photo by Val Marier). You will also find beautiful glassware and cocktail recipe books. (Photo by Josh Hrehovcik)

La La Luna is located at 45 Ocean Avenue, Kennebunkport; open Monday-Saturday, 10 AM to 7 PM; Sundays, 10 AM to 6 PM. FMI call 204-0545



A mother-daughter duo: Diane Carr (left) and Laura McCullough (right). Laura admitted, "I couldn't do all this without my mother's help." Courtesy photo

A large advertisement for Latitudes Waterfront Dining. The background is a bright blue sky over the ocean. In the foreground, there is a close-up of a hand squeezing a lemon wedge over a dish of lobster. To the right, there is a tall glass of iced tea with a lemon wedge. The text "LATITUDES WATERFRONT DINING" is prominently displayed, along with the website "www.nonantumresort.com" and the hours "OPEN DAILY 11-9".

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American premier of *The Da Vinci Code* at Ogunquit Playhouse

by Steve Hrehovcik

Art, history, religion, legends and secret codes become entwined in the suspenseful and dazzling production of the American premier of *The Da Vinci Code* at the Ogunquit Playhouse.

The show is based on

one of the most popular books in the modern literary world. Written by Dan Brown, the book, published in 2003, has sold more than 100 million copies and been translated into 55 languages. It also was produced as a popular movie starring

Tom Hanks in 2006. It was adapted for the stage by Rachel Wagstaff and Duncan Able.

The mystery thriller begins when Robert Langdon, a Harvard professor, is summoned to the Louvre Museum in Paris. The police believe he can help solve the meaning of a cryptic message on the body of Jacques Saniere, the museum curator who was murdered.

The first message Langdon must decode is the why Saniere positioned his dying body in the form of da Vinci's famous Vitruvian Man, with hands and feet extended. Also on his body is a drawing in blood of a pentacle in the shape of a star.

Michael Urie plays Robert Langdon with a sense of purpose and drive. He embraces the idea of discovering who committed the murder and unraveling the secrets of each new clue he uncovers. Langdon is joined by Sophie Neveu, the victim's granddaughter, who is also a police cryptographer. Langdon and Neveu become an inseparable team attempting to unravel clues to the murder.

Adding to their difficulties, Langdon and Neveu become suspects in the murder and must escape to elude capture by the police. Hannah Cruz plays So-

phie Neveu, granddaughter of the murder victim. Cruz gives a commanding performance as she becomes embroiled in the intrigues and conspiracies that emerge in their hunt for answers. Adding to the drama, she unwittingly discovers the personal part she plays in the solution to the mystery. Their search for clues takes them to numerous locations in Paris museums, churches, plus London and Scotland, and bank vaults and offices of Opus Dei, an institution of the Catholic Church.

Hoping to help them solve the mystery, Langdon and Neveu visit Sir Leigh Teabing, a wealthy friend of Langdon who is an expert on the legend of the Holy Grail. Teabing uses da Vinci's painting of the Last Supper, along with other da Vinci art, to explain more clues.

Charles Shaughnessy plays Sir Leigh Teabing with a panache and wit that endears him to the audience. As Teabing helps them uncover new secrets, they find other puzzles, which become

even more bewildering. David T. Patterson plays Silas, a devoted and dedicated believer whose misguided allegiance drives him to take extreme actions in his pursuit of loyalty to his cause.

Adding to the non-stop drama and visual excitement is the elaborate set designed by David Woodhead. In seamless changes, ornate screens lower and move as they project new locations and create atmospheric moods of the mysteries. They also present graphic descriptions of the clues that Langdon and Neveu struggle to untangle.

Providing suspense and tension is the excellent supporting cast who play

multiple roles. They include Howard Kaye, Glenn Morizio, Tarik Lowe, Katya Collazo, Jennifer Regan and Thursday Farrar. Director Leigh Toney creates nonstop action as the story uncovers legends and suggestions of religious controversies connecting the life of Jesus with Mary Magdalene. As a non-musical, *The Da Vinci Code* is departure from the Ogunquit Playhouse prominent presentation of popular musicals. It makes an exciting evening of summer theater entertainment.

The Da Vinci Code runs through Saturday, September 23. For tickets call 207-646-5511 or visit www.ogunquitplayhouse.org.



Hannah Cruz, Michael Urie and Charles Shaughnessy in a tense moment in the Ogunquit Playhouse production of *The Da Vinci Code*. Photo by Gary Ng

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Senior project gives life to Atlantic salmon – 193 of them!

by Dana Pearson

Alex Morin wasn't exactly sure what to choose for a senior project at The New School in Kennebunk. But then science teacher Ally Muir told Alex about Fish Friends, an educational program run through the Maine Council of the Atlantic Salmon Federation. The program, which provides students with the permits, eggs, and information on how to raise and release Atlantic salmon, intrigued Alex, who had recently been with a friend to the Maine Wildlife Park in Gray.

"They have a brook trout hatchery with full grown fish there," said Alex, 18, who's had a lifelong interest in animals and marine biology. "I started looking into it, and then I figured, OK, I can do this."

That was last fall, when Alex learned that funding would be needed for the equipment required to hatch the salmon eggs – including a filter, a bubbler, and, most crucially, a chiller for the tank.

"We had a 55-gallon fish tank at school," Alex said, "but salmon are of

a different caliber." To start raising money for the chiller, Alex designed and produced a salmon T-shirt emblazoned with the words: "I Will Survive."

Alex, who had never screened printed before, created – and sold – 70 of them. That stage lasted from the fall into the winter. In March of this year, they received 200 bright orange eggs in a one-gallon drink cooler with ice in it.

Alex gently poured the tiny eggs into the fish tank. At that point, the chiller was set at 36 degrees Fahrenheit, per instructions, which included a helpful timeline to follow. Soon, black eyes developed in the delicate little eggs. Over the next two months, Alex and their classmates kept a careful watch over the fish-to-be.

"When they hatched, they looked kind of

weird," said Alex. "The yolk sac stays on their bellies, which they feed off. At first, they're translucent, but then they turn into inch-long green fish." The chiller was adjusted gradually, until, as the day for releasing them approached, the water temperature was in the 50s.



Alex designed the "I will survive!" T-shirt to raise funds for hatching supplies. Courtesy photo

As Release Day neared, Alex created a series of salmon

notecards using pencil-and-watercolor original artwork, which they sold at Kennebunk's May Day Festival. John Burrows, Executive Director of the Atlantic Salmon Federation's U.S. Programs, who lives in Kennebunk, was at the festival.

"My mom's friend knows his wife," said Alex. "When I was selling the cards, he stopped by. The ASF has weekly news updates, and I was featured in that. It was super cool." Alex has used their own Instagram account to educate people about Atlantic salmon and the challenges they face, including the continued existence of dams that prevent the fish from swimming upriver to spawn.

"The benefits of taking dams away so salmon can swim upriver again are overwhelming," said Alex. "It's ridiculous to ask a fish to climb a ladder. And while that may help them, it doesn't help all sorts of other fish. I want to make people aware of these things."

Of Alex's 200 eggs, 193 survived to be released in the Little River – a tributary of the Androscoggin in Lisbon Falls – on May

15. That's a nearly 97 percent survival rate, which is remarkably higher than the average survival rate of under 10 percent.

"I didn't expect so many to survive," said Alex, who was modest about their achievement, saying, "I assumed that was partly due to me having just 200 eggs. Hatcheries will oversee thousands of them, and they probably can't monitor them all so closely. I hovered over mine." They smiled and added, "My mom says it was the love and care."

Alex led a small group up to Lisbon Falls for the release, after carefully netting the fish out of the tank and returning them to the cooler for transporting. It was time: Having dispensed with their yolk sacs, the fish – which were all given names – were ready to feed on their own.

"They'll be a year, a year and a half in the river, and then they'll swim to Greenland where they'll get big and bulky," said Alex, who, after taking a semester off this fall in order to work, will take the animal care and management course at York County Community College in Wells.

Atlantic salmon, when they're ready to spawn, always return to where they were hatched. Since a return to The New School's fish tank is highly unlikely, Alex is certain that their fish, perhaps all 193 of them, will return to the Little River, to begin a new and natural life cycle.

dana@touristandtown.com



Alex Morin sold original handmade cards made with pencil and watercolors at Kennebunk's May Day Festival this year to raise money for the Atlantic salmon senior project. Courtesy photo



The bright orange Atlantic salmon eggs that Alex Morin received earlier this year soon developed eyes before turning into inch-long green fish. Courtesy photo

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Seven High welcomes the neighborhood in to eat

Dine in or take out at Kennebunk's newest restaurant, featuring the first rooftop eatery in town!

by Valerie Marier

Chef Casey Doyle said, "Our goal here at Seven High was to create a cozy and comfortable neighborhood restaurant." His wife Sara Robinson added, "This building had been Cherie's Bistro for many years and we also wanted to continue her tradition of offering tasty take-out food."

Consider the dual deed done!

This culinary couple, veterans of Pier 77, the Ramp and Pedro's, bought the brown clapboard building at 7 High Street, Kennebunk, in 2020, just as Covid spread through our area. They continued operating the "grab-and-go" side known as Cherie's Bistro. But it wasn't until 2022 when Uptown Curl, a beauty salon occupying the other half of



Above and left: The bright, airy and inviting space is filled with unique touches. Photos by Josh Hrehovcik.

7 High Street, relocated to Storer Street, that the couple "looked at that large empty room and realized the space was perfect for our dream restaurant."

That dream had originated at Boston's Franklin Cafe, a hip neighborhood gastropub in the South

-Continued on next page

It's Maine blueberry season at *the holy donut*

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Seven High is currently open Thursday through Sunday, 4 to 9 PM. Photo by Josh Hrehovcik

End, which the couple frequented when they lived and worked in the Hub a decade ago. Sara recalls, "We were regulars. It was so warm and welcoming. We appreciated everything about the place, and promised each other that if we ever opened a restaurant, it had to be like the Franklin Cafe."

Seven High's dining menu is classic New England, featuring steamed PEI mussels, fried calamari, Panko-crusted haddock and Bistro steak, among other savory fare. Head chef Casey, a graduate of Johnson & Wale's Culinary School, runs the kitchen assisted by sous chef John Bagley.

Sarah, a graduate of School of the Museum of Fine Arts, handles the

baking and "all the other tasks involved with managing a take-out and eat-in facility." Her background in interior design shines throughout. Eye-catching paintings (including one by her grandfather, Maine artist Gordon Robinson) hang on walls painted Roycroft pewter accented with Colonnade gray. Weathered pine planks from century-old barns have been refashioned to serve as bars – one upstairs, one down.

The vibe in this 48-seat restaurant is simple, serene, comfortable. "We also think we have Kennebunk's first roof-top eating area," Casey said, pointing to a second floor deck with five wooden tables dappled in sunlight.

Seven High's take-out

side features hot and cold sandwiches, gourmet cheeses and crackers, ready-to-eat dinners including sausage lasagna and chicken burritos, frozen entrees from Terra Cotta and Dumping Daughter, along with beer and wine. It's "grab and go" food but take a minute to linger over the extensive wine selection. The most discriminating sommelier would be purring.

"The night we opened, we knew many of the people who walked in," Sara said. "They're from our greater neighborhood, looking for a quiet yet excellent restaurant. That's who and what we are." Currently, because of staffing shortages experienced by every establishment in the area, the restaurant is only open Thursday, Friday and Saturday nights. "Ultimately, we'll be open a lot more, including for lunch and dinner," Casey added. "And definitely year-round!"

"We can't wait for people to come try us out," Sara added. "Hospitality is in our veins."

Seven High is located at 7 High Street, Kennebunk; Hours of operation are Thursday through Saturday, 4 to 9 PM, with expanded hours coming soon. FMI call 985-1200.



Husband and wife team Casey Doyle and Sara Robinson toast to the opening of their dream restaurant in Kennebunk. Courtesy photo



Seven High's second floor leads out to a rooftop dining area, yet another enticing aspect of Kennebunk's newest eatery. Photo by Josh Hrehovcik



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Downtown Kennebunk
 117 Main Street
brickstoremuseum.org

Thursday, August 31-Wednesday, September 13
Pop-Up Show with Phil Oulette and Robin Swennes, 14 Western Avenue, Kennebunk, 10 AM-6 PM daily. A reception will be held Saturday, September 9 from 4-6 PM. FMI call 207-967-2803.

Thursday, August 31
Evening Book Group, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 5 PM. The group is reading *In Love* by Amy Bloom. FMI call 967-2778 or visit www.graveslibrary.org.

Friday, September 1
Antiques on Nine Sale Begins, 81 Western Avenue, Lower Village Kennebunk, 10 AM-5 PM. The sale will run through Monday, September 4.

York County Senior College's Fall Lineup Announced. Find class listing at yorkcountyseniorcollege.org or on CourseStorm at york-county-senior-college.coursestorm.com. Fall semester begins the week of September 25. FMI email info@yorkcountyseniorcollege.org or call (207) 282-4030.

"Hands That Fashion Our World" Exhibit Opening, Speers Gallery, Kennebunk Free Library, 112 Main Street, Kennebunk. This photography exhibit by Kennebunk resident Nora Ordway runs September 1-30. Nora's exhibit features 20 photographs of the hands of people who work in Maine. FMI visit www.kennebunklibrary.org.

Fabulous Friday Family Story Time, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 10 AM. This program includes stories, finger plays, and songs. FMI call 967-2778 and ask for the Junior Room or visit our website at www.graveslibrary.org.

Friday-Sunday, September 1-3
Scalwags Sidewalk Sale, 3 Dock Square, Kennebunkport, 10 AM-5 PM. Up to 50% off!

Saturday, September 2
Community Yard/Lawn Sale + Depot Day, 12 Depot Street, Kennebunk, 8 AM start. All are welcome to join in. Just email publisher@touristandtown.com

Kennebunk Artisans Marketplace, Waterhouse Center, 51 Main Street, 9 AM-2 PM. FMI visit www.kennebunk-maine.us/artisansmarketplace

Kennebunk Farmers' Market, Garden Street Lot, Kennebunk, 8 AM - 12:30 PM. FMI www.kennebunkfarmersmarket.org

Saco Farmers' Market, Saco Valley Shopping Center, Saco, 8 AM-12 PM. FMI www.sacofarmersmarket.com

Sanford/Springvale Farmers' Market, Central Park (across from City Hall) Sanford, 8 AM-12 PM. FMI www.sanfordfarmersmarket.org

York Farmers' Market, Lot behind York Region Chamber of Commerce, 1 Stonewall Lane, York, 9 AM-1 PM. FMI www.gatewaytomaine.org/farmers-market/summer-farmers-market/

Italian Supper, First Congregational Church, 141 North St., Kennebunkport, 4:30-6 PM. The meal will include sausage, pepper, onions, pasta salad, garlic bread, beverage and dessert. Exact change is required: \$12 per person. There will be limited seating outdoors weather permitting. FMI call Carol at (207)710-7060.

Monday, September 4
Labor Day Concert, First Congregational Church, 141 North St., Kennebunkport. 4 PM. The fundraising concert will feature flutist Mary Carol Kennedy and pianist Barbara Berry, both active local musicians. The duo will offer diverse works from classical, jazz, folk and tango idioms, from Bach to Bernstein, Faure to Piazzolla. A suggested donation of \$15 at the door is encouraged. FMI contact Carol Cook At 207-710-7060.

Tuesday, September 5
Morning Yoga, 342 Laudholm Farm Road, Wells, 8-9:15 AM. Begin a new series of gentle Hatha yoga classes in which you can increase your strength, flexibility, endurance, focus and concentration with guidance from Leslie Fiore, founder of Port Yoga in Kennebunkport. Most sessions can be attended either in-person or online. \$84/\$70 for 7 weeks. Registration required. Call 207-646-1555 x116 or email suzanne@wellsnerr.org to reserve your space. FMI wellsreserve.org/calendar.

Technology Class, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 11:15 AM. Tired of feeling overwhelmed by technology? Come to this tiny tech class to practice and ask questions. FMI call 967-2778 or visit www.graveslibrary.org.

Kennebunk Land Trust Annual Fall Social and Annual Meeting, near Parsons Beach, 5-7 PM. Join in with Kennebunk Land Trust to review the past year's highlights and special projects, hear next year's goals and celebrate KLT volunteers, supporters and community. The evening will include a presentation by Carey Kish - nature enthusiast, outdoor writer and author. Tickets are no charge, but registration is required and in limited quantity. Visit kennebunklandtrust.org, call 985-8734 or email info@kennebunklandtrust.org.

Wednesday, September 6
Wednesday Wonders, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 1-1:45 PM. This early release story time will feature picture books that celebrate wonders around the world. FMI call 967-2778 or visit www.graveslibrary.org.

Explore the Shore, Wells Reserve at Laudholm, 342 Laudholm Farm Rd, Wells, 10 AM-12 PM. While strolling Laudholm Beach, explore questions about the sand, the wrack line, and found objects. Free with site admission. Registration required at 207-646-1555 x110 or caryn@wellsnerr.org. FMI wellsreserve.org/calendar.

Thursday, September 7
Opening of Online Auction with Little River Antiques & Estate Sales. See information below.

Meeting of the Newcomers and Neighbors Club of Kennebunk, Kennebunkport, & Arundel, Community House, 8 Temple Street, Kennebunkport, 6:30 PM. Watch as talented artist Diane Lent creates a painting before your



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Online Auction begins: 5 PM, Thurs., Sept. 7
Online Auction ends: 8 PM, Thurs., Sept. 14
Winning Bidders Pickup: Sat., Sept. 16

To view and bid on items
 Google and select: Auction Ninja
 Then proceed to: Little River Antiques & Estate Sales

FMI: Sandy Gnidziejko sfgnidziejko@gmail.com
www.antiquesandestatesalesme.com

eyes! While she is painting, she will speak about her art and what motivates her to paint. The presentation starts at 7:15 PM. FMI www.kptanewcomers.org

C.A.R.E.S., Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 6 PM. Join this monthly discussion with 3 Towns: 1 Community C.A.R.E.S. (Conversation, Advocacy, Resources, Education, Support). C.A.R.E.S. meets the first Thursday of every month for a guest speaker presentation, open discussion, and overdose first aid training. FMI call 967-2778 or visit www.graveslibrary.org.

Friday, September 8

Fabulous Friday Family Story Time, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 10 AM. This program includes stories, finger plays and songs. FMI call 967-2778 and ask for the Junior Room or visit www.graveslibrary.org.

Drive thru Barbeque, American Legion Post 159, 102 Maine Street (across from the police station), Kennebunkport, 5 PM 'til the food runs out. The menu consists of pulled pork, smoked chicken, bratwurst, beans, cole slaw, potato salad, jalapeno cornbread and desert. Donations welcomed. FMI call 207-967-2400

Friday & Saturday, September 8 & 9

Springvale Library Book Sale and Fall Festival, 443 Main Street, Springvale. Book sale is 9 AM-3 PM on Friday. Book Sale and Fall Festival is 9 AM-3 PM on Saturday. Rain dates are September 15 and 16.

Saturday & Sunday, September 9 & 10

35th Annual Laudholm Nature Crafts Festival, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 10 AM-4 PM. The 35th running of this juried event will highlight many of New England's most skilled creative people on the historic grounds of the Wells Reserve at Laudholm. More than 130 exhibitors have been invited to participate. The festival is a major fundraiser for Laudholm Trust, the nonprofit that supports the Wells National Estuarine Research Reserve. \$10/\$5. FMI 207-646-4521 or wellsreserve.org/crafts.

Saturday, September 9

Kennebunk Artisans Marketplace, Waterhouse Center, 51 Main Street, 9 AM-2 PM. FMI visit www.kennebunkmaine.us/artisansmarketplace

Kennebunk Farmers' Market, Garden Street Lot, Kennebunk, 8 AM-12:30 PM. FMI www.kennebunkfarmermarket.org

Saco Farmers' Market, Saco Valley Shopping Center, Saco, 8 AM-12 PM. FMI www.sacofarmersmarket.com

Sanford/Springvale Farmers' Market, Central Park (across from City Hall), Sanford, 8 AM-12 PM. FMI www.sanfordfarmersmarket.org

York Farmers' Market, Lot behind York Region Chamber of Commerce, 1 Stonewall Lane, York, 9 AM-1 PM. FMI www.gatewaytomaine.org/farmers-market/summer-farmers-market/

5th Annual Chalk the 'Port, Kennebunkport Rec Department, 20 Recreation Way, Kennebunkport, 9 AM-4 PM. This event brings together talented artists, residents and visitors, turning the pavement of the Kennebunkport Rec building into an open-air gallery. While the artists create their works, attendees can enjoy the art and craft fair, as well as live music and food and beverages from local vendors. The Carnival of Color will top off the day from 4 to 7 PM with fun and games for the family. To participate, register online at www.chalktheport.com. FMI visit www.chalktheport.com or contact Stephanie Simpson at ssimpson@kennebunkport.

John Palfrey Lecture, York Public Library, 15 Long Sands Road, York. The talk will be followed by a short Q&A and reception at 5 PM. The event is free and open to the public, although registration is required as space is limited. Visit yorkpubliclibrary.org/Palfrey to reserve a seat.

Tuesday, September 12

Laudholm's Farming Past. 342 Laudholm Farm Road, Wells, 10-11:30 AM. Delve into the rich history of the Wells Reserve at Laudholm, from homestead to farmland to estuarine reserve. This docent-led walk covers about 1/2 mile and includes access to some buildings not normally open to the public. Free with site admission. Registration required at caryn@wellsnerr.org or 207-646-1555 x110. FMI wellsreserve.org/calendar.

Mindful Experience, 342 Laudholm Farm Road, Wells, 2-3:30 PM. Slow down and open yourself to the sights, sounds and scents surrounding you on the Laudholm campus of the Wells Reserve. Practice slow and quiet walking, using your senses in different ways. For ages 12 and up. \$8/\$6 plus site admission. Registration required at linda@wellsnerr.org or 207-646-1555 x128. FMI wellsreserve.org/calendar.

Wednesday, September 13

Kayaking on the Little River Estuary, 342 Laudholm Farm Road, Wells, 9 AM-12 PM. Paddle the quiet waters of a Maine estuary, watching wildlife and learning about this treasured habitat from a registered Maine Kayak Guide at the Wells Reserve. For ages 12 and up. Some restrictions apply. \$60/\$48 plus site admission. Registration required. FMI 207-646-1555 or wellsreserve.org/kayak.

subMerge: An Oceanic Relationship, 342 Laudholm Farm Road, Wells, 12-1 PM. Krisanne Baker, ecological artist and educator, will discuss her creative process and artworks currently on display at the Wells Reserve. Baker's solo exhibit includes underwater intertidal images, a glass "mutating" plankton installation, and paintings inspired by plankton under a microscope and satellite imagery. Free with site admission. FMI wellsreserve.org/calendar.

Thursday, September 14

Morning Book Group, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, at 9:45. The group will continue discussing *Eleanor* by David Michaelis. FMI call 967-2778 or visit www.graveslibrary.org.

Friday, September 15

Furry Tales Story Time, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport at 10 AM. FMI call 967-2778 or visit www.graveslibrary.org.

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The Cottage Artworks & Gallery
Where: 56 Branch Road - Wells, Maine 04090
Phone: 207-468-9747
Time: 10am to 4pm - Thursday thru Sunday

Artistic spirit alive and well at Chalk the 'Port

Kennebunkport becomes even more enchanting each year with the return of Chalk the 'Port. This year's event will take place Saturday, September 9. This event, now in its 5th year, brings together talented artists, residents and visitors, turning the pavement of the Kennebunkport Rec building into an open-air gallery.

"We are thrilled to host Chalk the 'Port once again," said Stephanie Simpson, Director of Parks and Recreation for Ken-

nebunkport. "It's a great celebration of art and community. It is also the main fundraiser for the Kennebunkport Parks & Recreation Scholarship Fund which benefits so many in our community."

Talented artists will create masterpieces on pavement at the Kennebunkport Rec Building, 20 Recreation Way (next to the Consolidated School), from 9 AM to 4 PM. While they work, visitors are invited to enjoy the art and craft fair, as well as live music and food and beverages from local vendors. The Carnival of Color will top off the day from 4 to 7 PM with fun and games for the family.



A chalk artist hard at work at last year's Chalk the 'Port. Courtesy photo

To participate in Chalk the 'Port, register online at www.chalktheport.com. Spaces are limited,

so early registration is encouraged. The event is free to attend.

For more information,

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Claire Bigbee lights up Maine Art Hill

"On the shore of nature's magic, I dreamed summer knew no end." -Angie Weiland-Crosby.

Join Maine Art Hill in ushering out the last beautiful rays of summer sunshine through the eyes of local artist Claire Bigbee beginning September 2. This is the last show of the summer season and runs through September 27 at the Gallery at the Grand, at 1 Chase Hill Road in Kennebunk. On Saturday, the doors open promptly at 10 AM for viewing and sales. Join the gallery staff and the artist for a free public reception from 5 to 7 PM. All are welcome.

No matter what time of year, the palette and subject of Claire Bigbee's acrylics and oils bring an endless summer to canvas. With colors that push even Mother Nature's boundar-

ies, Bigbee captures memories of places in Maine and New England that hold warmth and beauty for all.

"My approach to painting borderlines on an abstract viewpoint. I aim to achieve something more permanent, or my inner landscape," said Bigbee. "The views around me are classic Maine, a lulling sea with long-range tides, wind-swept clouds framed by Maine's unmovable rocky coastline."

For Bigbee, Maine and her landscapes are just a part of her. They have known each other for as long as she can remember, and their connectedness is



New Dawn by Claire Bigbee

evident in her paintings. "There is comfort in the permanency of the Maine landscape," said Bigbee. "It's my home, and I have been painting it since I was young. It is intimate and personal."

Bigbee's exhibit runs September 2 to 27. Can't make it to the gallery? See the show virtually at www.maine-art.com/

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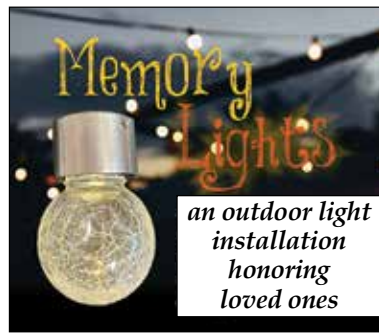
Museum launches MemoryLights Project

This fall, the Brick Store Museum invites families to take part in the MemoryLights Project, an installation of globe lights in the Museum's courtyard, representing the multi-cultural traditions of memorializing and honoring loved ones and ancestors during the fall season, including All Souls' Day in November.

Participation starts by ordering a light (\$15 donation) to be included in the installation and sharing a story of a family member you want to honor. Solar-powered globe lights will be installed in the museum's courtyard, and on October 1, the installation will open to the public. As the evenings grow darker, the MemoryLights will "come alive" to remember the stories of ancestors and family members. Exhibit attendees can scan a code on each light to read

each ancestor's story. When the installation is taken down in January, participants may pick up their Globe Light to keep.

To sign up, visit brickstoremuseum.org/memory-lights.



POP UP SHOW

Artwork by local husband & wife,
Phil Ouellette & Robin Swennes
THURS. AUG. 31 – WED. SEPT. 13, 10AM–6PM
Reception: Saturday, Sept. 9, from 4-6PM



Pop-Up inside The Gallery
 14 Western Ave, Kennebunk, ME
 FMI: (207) 967-2803

Maine Women in the Arts Fine Art and Small Works Show
 September 29-October 1
Friday, Sept. 29:
 9:30 AM to 7 PM
 5-7 PM: Reception with refreshments and live music.
Saturday, Sept. 30
 9:30 AM-5:30 PM
Sunday, October 1
 9:30 AM-4 PM
 Masonic Lodge
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CLAIRE BIGBEE

GALLERY AT THE GRAND

SEPTEMBER 2-27

SHOW OPENS AT 10 AM

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LOCAL HUSBAND & WIFE ARTIST DUO

PHIL OUELETTE & ROBIN SWENNES

AUGUST 31 - SEPTEMBER 13

POP-UP AT THE GALLERY
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 KENNEBUNK



JANIS H. SANDERS

AUGUST 19 - SEPTEMBER 6

SHOWS #1
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 KENNEBUNK

MICHELE POIRIER MOZZONE

AUGUST 19 - SEPTEMBER 6

SHOWS #2
 5 CHASE HILL RD.
 KENNEBUNK



Kitchen Talk



Beef up your Labor Day dinner!

"I love to take something ordinary and make it really special." ~ Ina Garten

The Best Pasta Salad I've Ever Tasted

(serves 8-10 as a side dish)

(I'm not a fan of chilled pasta salads. This changed my mind.)

Ingredients:

1 lb. fusilli
Salt and pepper
1/4 cup extra-virgin olive oil
3 garlic cloves, minced
3 anchovy fillets (rinsed, patted dry, minced)
1/4 tsp. red pepper flakes
1 cup pepperoncini, stemmed, plus 2 tbsp. brine
2 tbsp. capers
2 oz. (2 cups) arugula
1 cup chopped basil
1/2 cup oil-packed sun-dried tomatoes, sliced thin
1/2 cup pitted Kalamata olives, quartered
8 oz. salami, diced into 3/8-inch pieces
8 oz. fresh mozzarella, cut into 3/8-inch pieces, patted dry.

Directions:

Bring 4 qts. water to a boil, add pasta and 1 tbsp. salt. Cook 3 minutes past al dente, stirring often. (Here's a tip from *Cook's Illustrated*: when serving cold pasta, cook until it's a little too soft. When cool, it firms up to the right texture.) Drain/rinse in cold water, transfer to large bowl. Meanwhile, combine oil, garlic, anchovies and pepper flakes in liquid measuring cup. Cover and microwave 30-60 seconds, until bubbling and fragrant. Set aside. Slice half of pepperoncini into thin rings; set aside. Put remaining pepperoncini in food processor, add capers and pulse 8-10 times until finely chopped, scraping side of bowl when needed. Add pepperoncini brine and warm oil mixture; process 20 seconds until well combined. Add dressing to pasta. Toss to combine. Add arugula, basil, tomatoes, olives, salami, mozzarella, and reserved pepperoncini. Toss well. Season with salt and pepper.

(Salad can be refrigerated for up to 3 days. Bring to room temperature before serving.)

Neighborhood Nosh

Sometimes the tastiest (and simplest to make) recipes are found in your own back yard. Two neighbors introduced me to these two winners:

Anne Maragus' Blueberry Zucchini Bread

Ingredients:

3 large eggs, lightly beaten
1 cup canola or vegetable oil
3 tsp. vanilla
1 1/4 cups granulated white sugar
2 cups shredded zucchini
3 cups all-purpose flour
1 tsp. each: salt, cinnamon, baking powder
1/4 tsp. baking soda
1 pint (2 cups) fresh blueberries tossed with 1 teaspoon flour

Directions:

Preheat oven to 350. Lightly grease 4 mini-loaf pans, or 2 regular-size loaf pans. In large bowl, beat together eggs, oil, vanilla and sugar. Fold in zucchini. In separate bowl, whisk flour, salt, baking powder, baking soda and cinnamon. Beat into wet mixture until "just incorporated." Gently fold in blueberries. Transfer batter to the prepared pans. Bake 1 hour or until a knife inserted in center of loaf comes out clean. Cool 20 minutes in pan, then turn out onto wire rack to cool completely.

Flank Steak Panzanella

Panzanella is a Tuscan chopped salad of "peasant" bread, onions and tomatoes that frequently includes cucumbers and basil, and is dressed with extra-virgin olive oil and vinegar.

The addition of flank steak turns this side dish into a late summer dinner that serves 4-6.

Ingredients for Vinaigrette (can make a week prior):

1/2 cup olive oil
1/4 cup red wine vinegar
1 tbsp. Dijon mustard
1/2 tsp. kosher salt
1/4 tsp. fresh ground black pepper

Ingredients for Salad:

1 10-oz. loaf of peasant bread (or multi-grain)
1/2 medium red onion, thinly sliced
12 oz. flank steak
1/2 tsp. kosher salt
Fresh ground black pepper
2 lbs. ripe tomatoes
1 medium English cucumber
2 oz. arugula
1/2 cup thinly shaved Parmesan cheese

Directions:

Place all vinaigrette ingredients in small bowl; whisk until emulsified. Tear bread into 1-inch cubes (about 8 cups total) and place in even layer on a rimmed baking sheet, then into preheated oven (300 degrees) on middle rack. Bake 20-25 minutes, until hardened on outside. Stir halfway through and rotate baking sheet. Cool. Place onion in large bowl, add 2 tbsp. of vinaigrette, toss to combine. Cut tomatoes and cucumbers into bite-size pieces and add to bowl with onions. Add arugula, bread cubes and 1/2 cup vinaigrette. Toss to combine. Heat 10-inch iron cast skillet over high heat until smoking (might take 10 minutes!). Liberally season steak with salt/pepper on both sides. Add steak to skillet and sear for 7 minutes per side for medium rare (9 minutes per side for medium). Transfer steak to chopping board. Slice steak across the grain. Add steak and Parmesan to salad. Toss.

Smash Burgers

(serves 4)

(I first tasted Smash Burgers at the Lincoln Hotel in Biddeford, then a week later at Batson River Fish Camp in Wells. I was hooked! This recipe is the closest I could find for making these delicious burgers at home.)

Ingredients:

1 lb. ground beef (80% lean)
1 tsp. canola oil
1 tsp. kosher salt, divided
1 tsp. coarsely ground pepper, divided
4 hamburger rolls (I prefer Hannaford's Brioche hamburger buns)
(Optional: cheese, sliced tomato, mayonnaise, dill pickle slices, lettuce, yellow mustard, ketchup)

Directions:

Gently shape beef into 4 balls, shaping just enough to keep together. (Do not compact the meat.) Place a 9-inch cast iron skillet over medium high heat. Add 2 balls. Using a heavy metal spatula, flatten each to 1/4"-1/2" thickness and sprinkle each with 1/8 tsp. salt and pepper. Cook until edges start to brown (about 1 1/2 minutes). Turn and sprinkle each with additional 1/8 tsp. salt and pepper. Cook until well browned (meat thermometer reads at least 160 degrees). Repeat with remaining beef. Serve burgers on buns with optional toppings.

Dan Harrington's Tastiest Sangria Ever

(I'd never been a fan of sangria UNTIL I sipped Dan's version at a neighborhood gathering.)

Ingredients:

2 liters store-bought sangria
(Dan prefers Sam's Club for \$6 a bottle)
1/2 cup raspberry-flavored vodka
1/2 cup Triple Sec
1 lite Sprite
Sliced oranges

Mix and "make it to your taste." Dan served the concoction in a large glass jar with a spout, adding 2 frozen bottles of water to the sangria "so it stays cold but doesn't get diluted." It's pretty to look at and easy to swallow.

This page is curated by Tourist & Town's Val Marier
valmarier@me.com



La Dolce Vita – the art of listmaking



Laura Dolce is Director of the Kennebunk Kennebunkport and Arundel Chamber of Commerce

Have to bring Dave to the hospital and he needs stuff plan:
Cpap
Mask and hose
Pj pants
Underwear
Watch and device charger

Putting in a new garden plan:
Geraniums - 13
Sun gold cherry tomatoes - 3 or 4?
Ivy - 13
Grass - 10
Petunias - 24
Thyme and lemon thyme

I do, they'll go onto the packing list.

And then the mother of all lists: a full spreadsheet with a list of dining reservations, park reservations, special events, rides, etc.

(Not to mention the lists of things the dog sitters need to know about our pups and the house.)

By comparison, my husband has no lists. On the night before we leave, he will throw some T-shirts and shorts in a bag and call it a day. This casual approach keeps him blissfully stress-free, but doesn't guarantee success in the least. We once went on vacation and upon arrival discovered he had forgotten to pack underwear ...

Instead, I will make lists for him - and then check them twice - so I know for sure his medical supplies are safely packed, he has more than one pair of shoes and

that the aforementioned underwear don't get left behind, forcing him to park hop while going commando.

After years of (totally unscientific) research, I've concluded that in every relationship there is a list-maker, for whom the plan-

ning is half the fun, and a fly by the seat of my pants (but don't check what's under them) partner, who will not plan a moment but enjoy the benefits of their partner's hard work.

I'm not sure how these two inevitably find each other - karma, chemistry

- but find each other they do.

It's just as well, since the fly guy can usually help you lighten up and unwind. The list-maker, on the other hand? Well, we'll make sure you wear actual undergarments while you do.

I'm a planner.

If a holiday is coming up you'll find me with lists upon lists. There's a list for gifts, a list for food I'm planning on serving and a list for all the food I need to buy.

The notes feature on my phone is filled with these lists:

New food plan:
Chia
Hemp
Flax seeds
Almond milk
Blueberries
Cherries
Gluten free flour

And the lists go on. And on.

For example, we are headed down to Disney World on a family trip this fall, and when I say I have lists, I kid you not.

I have a list of things I need to pack for myself.

A list of things I need to buy to take down (once

York County Senior College fall course lineup now available

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YCSC's fall 2023 course lineup is available for viewing on yorkcountyseniorcollege.org or through CourseStorm, YCSC's online catalog and registration platform, at york-county-senior-college.coursestorm.com. FMI email info@yorkcountyseniorcollege.org or call (207) 282-4030.

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The Craft Corner – How to decoupage seashells

by Jo O'Connor

Every now and then, I feel crafty. A decade ago I started making driftwood trees, and I still make them today. It started innocently enough, as I made seven just after Thanksgiving for family arriving for the holidays. I put them on my porch, and then a car with Connecticut plates pulled into my driveway and the driver shouted, "How much for the trees?" I replied, "Oh, I am not selling them, they're gifts." I then heard, "Can you make more?" Thus, starting my crafting life.

I have also been obsessed with sea glass and figured I would start making images on glass with the sea glass. Then I got commissioned to create

four images for the windows of the famed lobster house on Langsford Road in Cape Porpoise Harbor. I was hooked. Over the years, I have had a successful mini side-hustle during the Thanksgiving, Christmas Prelude and holiday season. Now, on to shells.

I think it is magical to find sand dollars, but I have never been one to collect clam, oyster or mussel shells – until now. For the past two weeks (when weather has permitted), I have gone out to Gooch's Beach in Kennebunk an hour before dead low tide, and collected the aforementioned shells. The larger, the better. Now, I have learned the art of decoupage (gluing images onto shells). After viewing about an hour's

worth of YouTube videos, I am getting better at it. Here's how you do it.

Gather your materials

- Large Shells
- Mod Podge (matte)
- Mod Podge (gloss)
- Mod Podge clear acrylic sealer spray (Super Hi-Shine) – optional
- Several paint brushes
- Acrylic white paint
- Gold and silver acrylic paint – optional
- Cocktail napkins, tissue paper, craft or origami paper, wrapping paper
- 1 large piece of Saran Wrap
- Scissors

Clean your shells

Give your shells a warm soapy soak and get all the sand and seawater off them. Fully dry them.

Line them up according to size (this will make it easier when you try to select the right size paper).

Paint your shells

Now that your shells are dry, paint them completely with white acrylic paint. That way, the darker imperfections won't bleed through the paper. Some people like to paint the back of the shells as well. (I personally like the natural look.) Let them dry. I try to find a space I can work where there is ceiling fan overhead to speed up the process.

Size the images



Photos by Karyn Tirabassi

to the shell

When completely dry, select the paper and then size up the image. It is best for you to manipulate the paper in and around the shell so you make the paper form to the shell. Please note, if you use a cocktail napkin, you need to remove one of the plies of the tissue paper (so it is as thin as possible). Remember, it takes more paper than you think, as you have to tuck the paper under the hood of the shell and curl the paper over the edges. You can cut off the excess paper later.

Glue the shell

Take a small/medium size paintbrush and brush the inside of the shell amply with glue, including

underneath the hood, in the tiny shell vessel at the top and all the edges. I suggest you use the matte Mod Podge. Gently start at the middle, pressing the paper onto the shell (while napkins and tissue paper are the best, they tend to wrinkle and bubble more). If you find your fingers are getting glue-ridden, use the piece of Saran Wrap to press the paper into place. Try to press out and wrinkles (sometimes you can't get them all flattened out). Make the paper fold over the edges (you can trim the edges later). Let dry (15 minutes).

Take your scissors and trim the excess paper away. Then apply the gloss Mod Podge (red label) to the top

side of the paper. Do not freak out, this will go on like a white glaze (but it will dry clear). Let dry (30 minutes).

Paint the edges (optional)

If you like, you can frame the edge of the shells with some metallic gold leaf or metallic silver paint. Some think it gives a finishing look. Let dry (30 minutes).

Final spray

For that extra shine/wet look, spray the Mod Podge clear acrylic sealer called Super Hi-Shine. This too is an optional step. Let dry (30 minutes)

Voila! A great project and so relaxing and you can crank out many shells. These make great gifts.

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It could have been a really, really, really bad day

Coincidentally enough, after what I'm about to relate happened, I read Orrin Frink's guest column in the *Kennebunk Post* in which he complained about drivers running the stop sign at the top of Spring Street in Kennebunkport – you know, at the T where you either take a left or right onto Maine Street, in view of the Nott House. Apparently it's a popular spot for traffic violations.

One such violation occurred on a recent sunny day as I was heading back from the post office on Temple Street to where I had parked my truck behind the Nott House (perfectly legal – I was on Kennebunkport Historical Society business). I was on the sidewalk on the right side of Spring Street. I reached the intersection with Maine Street, which conveniently provides a bright white crosswalk for pedestrians such as I.

First of all, it's common knowledge that drivers typically yield to pedestrians entering a crosswalk; however, pedestrians are typically not so foolish as to blindly trust drivers with their lives. That being said, I looked left and right and left again, making sure I could safely cross the

road. A car coming from the right on Maine Street had stopped; a car coming up Spring Street alongside me had stopped; a car was approaching from the left on Maine Street, but it hadn't reached its stop sign yet – I had plenty of space and time in which to cross.

Except I didn't. Because the guy coming from the left on Maine Street drove through the stop sign at a decent clip, maybe 15 miles an hour, obviously intending to continue on Maine Street whether I was in the way or not. I was halfway across his traveling lane when my Spidey-sense kicked in. I darted. And I don't dart. It's not my thing. I prefer ambling. Or strolling. But I darted, so as not to be struck by the SUV with out-of-state plates.

In the span of about five seconds, this happened: I spun around as I cleared the dividing line, crying out a certain savior's full name; the driver, with eyes so wide and enlarged I couldn't help but think of the last time I watched *Young Frankenstein*, yelled through his open window, "I didn't see you!"; and I, with a dramatic and adrenaline-fueled downward sweeping of my left arm, as though presenting the next act, yelled back, "Crosswalk!"

The guy didn't stop. He had slowed a bit at the last second, but the SUV con-

tinued on its way up Maine Street. I made it back to my truck, trembling. I could've been hit. I could've had a leg or hip broken. If not for the wonderful survival instinct that made me leap out of the way...

And you know what? I believed the guy. I believe he didn't see me, just as I

believe he hadn't seen the stop sign. It hadn't been a willful act. My guess is negligence. Maybe he had turned briefly to ask his wife where they were going for lunch. When he yelled *I didn't see you*, it wasn't an accusation, as though somehow I was to blame (for the record, I

was not wearing asphalt-colored clothes); it was a statement of fact. His eyes had said it all: He was shocked and terrified at the realization of how close he had come to maiming some stranger on a sunny day in beautiful Kennebunkport, Maine.

I mentioned out-of-

state plates. Let me clarify here that I'm not one who believes only people from away are capable of taking me out in a crosswalk. That being said, most locals are aware of the location of stop signs, and would be less likely to kill me. I hope.

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August 31: 5-8 PM, Isaiah Bennett
8:30-11:55, TJ Swan
September 1: 8-11 PM,
Andrew Dostie
September 2, 8-11 PM,
Crystal Marie
September 5: 4:30-7:30 PM
Isaiah Bennett
8-11 PM, Maddie Ryan
September 6: 8-11 PM
April Cushman
September 7: 4:30-7:30 PM,
Isaiah Bennett
September 8: 8-11PM,
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September 12: 8-11PM,
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September 2: 1-4 PM
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September 3: 1-5 PM, Frenzie
September 7: 4-8 PM Araron Nadeau
September 8: 5-9 PM, Deamond Sky
September 9: 1-4 PM, Henry Lowery
5-9 PM, Kennebunk River band
September 10: 1-5 PM, JC and Friends
September 14: 4-8 Michael Corleto
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September 3: 1 PM, Ralph Allen
5 PM, Freight Train
September 9: 6 PM, Blackbirds
www.theroughyorkmaine.com
363-1285

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September 1: 2-5 PM, Jim Dozet
8-11 PM, Beau Dalleo
September 2: 2-5 PM,
Matt Gerhard
8-11 PM, Eric Andrews
Jazz Quintet
September 3: 12-3 PM,
Abrielle Scharff
3:30-5:30 PM, Bill Gearin
September 4: 10-3,
Labor Day Brunch
12-3 PM, Matt Gerhard
September 7: 5-8 PM, Greek Night
September 8: 2-5 PM, Jim Dozet
8-11 PM, Eric Andrews
Jazz Quintet
September 9: 2-5 PM, Beau Dalleo
8-11 PM, The Hep Cats
September 10: 12-3 PM,
Amanda Dane
8-11 PM, Beau Dalleo
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August 31: 1-4 PM
Michael Corleto
September 4: 5-8 PM, Jim Ciampi
September 5: 5-8 PM,
Lisa Mills & Don Wessels
September 6: 5-8 PM,
Jimmy Macisso
September 7: 5-8 PM,
KT McCammond
September 11: 1-4 PM,
Michael Corleto
September 12: 5-8 PM,
Lisa Mills & Don Wessels
September 13: 5-8 PM,
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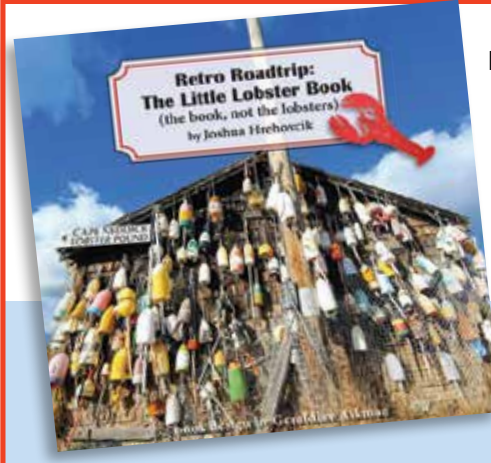
Cape Porpoise resident (and avid reader of T&T) Ed Briggs sent in this photo, with gratitude for the recent delivery.



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Through the Lens
with Bob Dennis



"People along Kennebunk Beach, Colony Beach, and along Ocean Avenue were captivated by a very unusual sight Monday afternoon, August 21, as a huge yacht, larger than any seen here in recent memory, was moored close to shore. It was the Schooner *Columbia*, a nine-year-old Florida-based replica of a legendary Gloucester-based fishing/racing schooner built in 1923. I imagined how exciting it would be to see the magnificent schooner under sail but I had no idea when it would happen. Suddenly, the vessel's sails began to be raised around 11:15 Tuesday morning and the boat began to sail away. The timing was fortuitous as the Schooner *Eleanor* was just beginning its first sail of the day. From my position along Ocean Avenue, I captured several shots of the 141' *Columbia* next to the 55' *Eleanor* as the schooners passed St. Ann's. About a half hour later, I watched in awe as the *Columbia*, with all seven sails now unfurled, sailed behind Goat Island Light as it headed out to sea. Those of us who witnessed it will not soon forget this brief but memorable visit from yachting royalty."
~ Bob Dennis @portimages • kportimages.com

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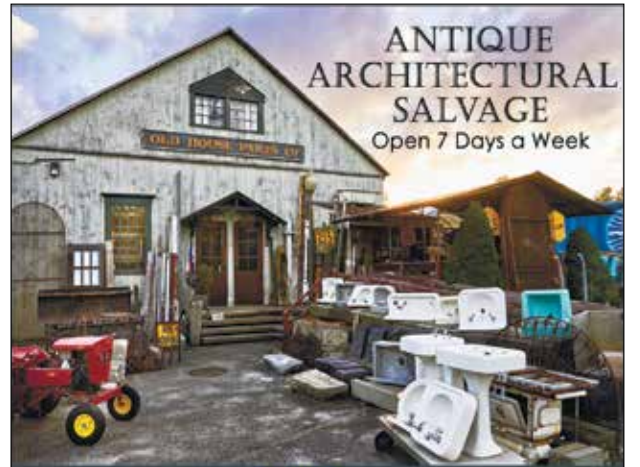
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Southern Maine Saltwater Fishing Report: Good local fishing

by Captain Greg Metcalf

It was a good week of saltwater fishing with a few slow days sprinkled in. Due to the scarcity of bluefish so far this season, striped bass has been the primary target for fishermen. The offshore action for tuna, sharks, pollock and haddock was very good all week long.

Kennebunkport: The striper fishing from Cape Porpoise to Parsons Beach has been very consistent. Anglers aboard the *Striper Swiper* have been catching decent numbers of fish. We caught several stripers over 40-inches during the week and several in the low- to mid-thirty-inch range.

Large schools of mackerel are still in the area but move around and take some time to find to locate on some days. The beaches and the Kennebunk River have both been very productive. The Kennebunk River is loaded with smaller school size stripers.

Wells, Ogunquit: Webhannet River Bait and Tackle told me the best striper action this week was early mornings and evenings. The water temperature is now in the mid-sixties and most fish were near the bottom.

The most success was with tubes and worms in

between the Wells Harbor jetties. Some larger stripers were taken on mackerel around Bibb Rock and near the Cliff house off of Ogunquit. Mackerel have been very abundant. Ground fishing reports from offshore have been very good.

York: Captain Phil Breton Charters had a promising report for the waters off of Cape Neddick. Mackerel fishing was very good from Bibb Rock all the way down to Nubble Light. Stripers were very cooperative particularly along Long Sands and Short Sands beaches. Most of the fish seem to be over the 31-inch maximum

length. He did catch many jumbo-sized stripers over 40 inches, which is considered to be world-class fishing. The striper fishing in September of 2022 was epic, 2023 is shaping up to be a repeat performance.

Goose Rocks Beach and Biddeford Pool: Captain Dave Rand reported fishing was much better this week. Mackerel were pushed into hiding in shallow water, but when located are very hungry. Dave had a great week with the stripers. Chunk bait, live pollock and mackerel all worked well. There are plenty of stripers on the beaches around the Cape

Porpoise islands and harbor.

Saco River and Saco Bay: Captain Cal Robinson of Saco Bay Guide Service told me finding bait is still a struggle and takes the best part of an hour to accomplish every day. There are just not a lot of fish around. When you locate a good spot, you can catch a few striped bass and then they move off, and it is back on the hunt for another small batch of fish but when you find them, most are all 30-plus inch. You have to be persistent and patient to be successful. Bluefish are around but Cal hasn't caught any to date.

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The Cracco Family from Ridgefield, Connecticut, had a great day of fishing with Captain Costa Moreshead of Hard to Port Fishing on August 21.

Tide Chart August 31-September 8

Thursday, August 31

Low 05:41 AM... -1.21
High 11:58 AM... 10.02
Low 05:58 PM... -0.81
Sunrise: 6:04 AM
Sunset: 7:21 PM

Friday, September 1

High 12:15 AM... 11.08
Low 06:31 AM... -1.36
High 12:48 PM... 10.43
Low 06:51 PM... -1.06
Sunrise: 6:05 AM
Sunset: 7:19 PM

Saturday, September 2

High 01:08 AM... 10.91
Low 07:19 AM... -1.24
High 01:37 PM... 10.62
Low 07:44 PM... -1.06
Sunrise: 6:06 AM
Sunset: 7:17 PM

Sunday, September 3

High 02:00 AM... 10.5
Low 08:07 AM... -0.88
High 02:27 PM... 10.56
Low 08:38 PM... -0.83
Sunrise: 6:07 AM
Sunset: 7:16 PM

Monday, September 4

High 02:54 AM... 9.9
Low 08:56 AM... -0.32
High 03:18 PM... 10.29
Low 09:33 PM... -0.42
Sunrise: 6:08 AM
Sunset: 7:14 PM

Tuesday, September 5

High 03:50 AM... 9.21
Low 09:48 AM... 0.35
High 04:10 PM... 9.87
Low 10:32 PM... 0.08
Sunrise: 6:10 AM
Sunset: 7:12 PM

Wednesday, September 6

High 04:48 AM... 8.55
Low 10:43 AM... 1.02
High 05:06 PM... 9.4
Low 11:34 PM... 0.55
Sunrise: 6:11 AM
Sunset: 7:10 PM

Thursday, September 7

High 05:50 AM... 8
Low 11:43 AM... 1.58
High 06:06 PM... 8.98
Sunrise: 6:12 AM
Sunset: 7:08 PM

Friday, September 8

Low 12:40 AM... 0.88
High 06:56 AM... 7.66
Low 12:47 PM... 1.93
High 07:09 PM... 8.71
Sunrise: 6:13 AM
Sunset: 7:07 PM

Saturday, September 9

Low 01:46 AM... 1.03
High 08:01 AM... 7.56
Low 01:51 PM... 2.02
High 08:11 PM... 8.65
Sunrise: 6:14 AM
Sunset: 7:05 PM

Sunday, September 10

Low 02:47 AM... 1.01
High 09:00 AM... 7.65
Low 02:50 PM... 1.89
High 09:09 PM... 8.76
Sunrise: 6:15 AM
Sunset: 7:03 PM

Monday, September 11

Low 03:39 AM... 0.88
High 09:51 AM... 7.88
Low 03:42 PM... 1.63
High 09:59 PM... 8.96
Sunrise: 6:16 AM
Sunset: 7:01 PM

Tuesday, September 12

Low 04:25 AM... 0.7
High 10:34 AM... 8.16
Low 04:28 PM... 1.33
High 10:43 PM... 9.15
Sunrise: 6:17 AM
Sunset: 6:59 PM

Wednesday, September 13

Low 05:05 AM... 0.54
High 11:13 AM... 8.45
Low 05:09 PM... 1.04
High 11:22 PM... 9.29
Sunrise: 6:18 AM
Sunset: 6:58 PM

Thursday, September 14

Low 05:40 AM... 0.43
High 11:49 AM... 8.71
Low 05:46 PM... 0.82
High 11:59 PM... 9.33
Sunrise: 6:19 AM
Sunset: 6:56 PM
New Moon: 9:41 PM

Note: The number for each high and low tide indicates the height in feet above or below sea level. This chart shows tides for the mid-coast of York County; tide times are a few minutes earlier to the north (Old Orchard Beach) and a few minutes later to the south (York Beach). Tides are affected by the weather and cycles of the moon; the actual times and tide heights can differ slightly from the predictions above.

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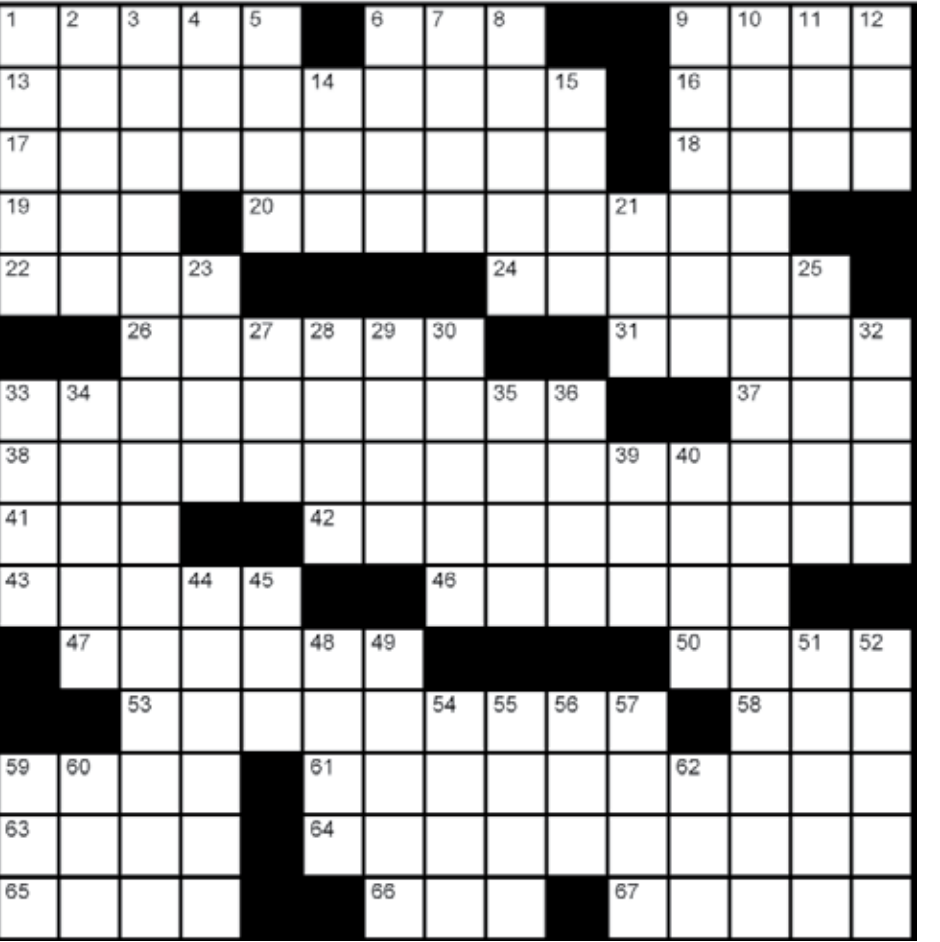
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|--|---|--|---|
| <p>ACROSS</p> <p>1 Shirts' opponents</p> <p>6 Genre for Latto and Amine</p> <p>9 Sudden course changes</p> <p>13 Mathematician with a theorem about right triangles</p> <p>16 Some poems</p> <p>17 Director's comment before "Action!"</p> <p>18 Crowded spot for a Thanksgiving chef</p> <p>19 Ga.'s capital</p> <p>20 "Go on, say something"</p> <p>22 Mystery novelist on "The Office"</p> <p>24 Costume designer's skill</p> <p>26 "Batman" actress Kitt</p> <p>31 "Come in!"</p> <p>33 Big fan of what's in store?</p> <p>37 Corp. figure who may be anti-union</p> <p>38 Movie line delivered at the mines of Moria</p> <p>41 "Car Talk" network</p> <p>42 Wheeled refreshment server</p> <p>43 Labor activist Chavez</p> | <p>46 Philly sandwich</p> <p>47 Fixes, as code</p> <p>50 Green energy?</p> <p>53 Bad font choice for a master's thesis</p> <p>58 Nameless John</p> <p>59 One of an Iraqi minority</p> <p>61 Birthday party handouts</p> <p>63 "___ what you did there!"</p> <p>64 "Those rumors are correct"</p> <p>65 Brooklyn hoopsters</p> <p>66 Male turkey</p> <p>67 Buttheads</p> <p>DOWN</p> <p>1 Jack who could eat no fat</p> <p>2 Japan's "Eternal City"</p> <p>3 "Mum's the word"</p> <p>4 Kraken's org.</p> <p>5 Defensive resources for squid</p> <p>6 Italy's "Eternal City"</p> <p>7 172,742 square miles, for Uzbekistan</p> <p>8 Indie singer Arlo ___</p> <p>9 Get a closer shot</p> <p>10 They're used to count down the days until Christmas</p> <p>11 "Color me surprised!"</p> | <p>12 ID with a billion possibilities</p> <p>14 "Mind the ___"</p> <p>15 Fill satisfactorily</p> <p>21 Be indebted to</p> <p>23 Shriill barks</p> <p>25 "Do ___ See God?" (palindromic book)</p> <p>27 Pep rally sound</p> <p>28 "The thing I'm pointing to"</p> <p>29 Logical flaw</p> <p>30 Deity praised during Eid al-Adha</p> <p>32 Like an optimistic outlook</p> <p>33 Align</p> <p>34 Desired, with "for"</p> <p>35 Really digging</p> <p>36 Former "Iron Chef America" chef Cat ___</p> | <p>39 Doll (up)</p> <p>40 Ballet 101 bend</p> <p>44 Humble dwellings</p> <p>45 Mojito component</p> <p>48 One of fashion's Hadid sisters</p> <p>49 Jazz poet Gil ___-Heron</p> <p>51 What "in" things are in</p> <p>52 Affirmative answers</p> <p>54 Passable, at best</p> <p>55 First man in Genesis</p> <p>56 Zero, in a soccer game</p> <p>57 "CSI: NY" actress Ward</p> <p>59 They're all relatives</p> <p>60 "___ the force, Luke"</p> <p>62 "Dynamite" septet</p> |
|--|---|--|---|



Universal Crossword
Solution on page 20
(no peeking)

Enjoy!

Now that our summer weeklies have ended, the next issue of Tourist & Town will be our September 14 issue!

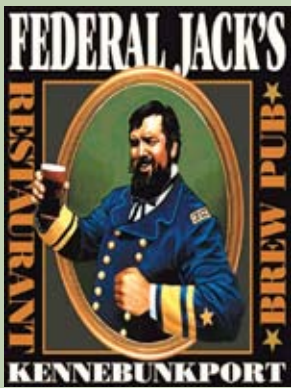
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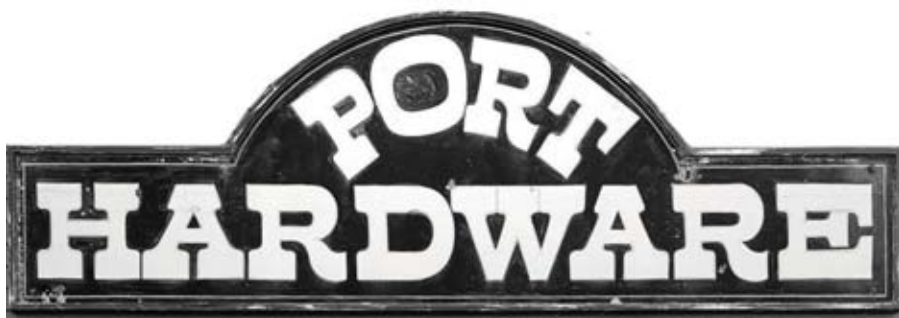


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