

# TOURIST & TOWN

FREE

Volume 65 Issue 18  
September 14, 2023



CELEBRATING SOUTH COASTAL MAINE SINCE 1958

*Our mission is to be an indispensable guide to life in South Coastal Maine, a champion for local businesses and a source of entertainment and goodwill for locals and tourists alike.*

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# TOURIST & TOWN

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**Publisher's Note**

Did you know World Gratitude Day is celebrated each year on September 21? This actually started in Hawaii in 1965, when, at an international gathering, it was proposed that one day per year be dedicated to formally expressing gratitude and appreciation for all the wonderful things in the world. Since that time, Gratitude Day has spread across the world.

I am reminded of a special seven-year-old, about whom I have written previously and whose life motto, he said, was "Live to Give." (And yes, a seven-year-old already had a life motto!)

South Carolina's Jermaine Bell had been saving up for a trip to Disney World, but when Hurricane Dorian hit his home state, he put that dream aside and knew exactly what he needed to do. He traded his Disney money for supplies and stood along Highway 125 handing out hot dogs, chips and water to hurricane evacuees.

I share this story again in the spirit of gratitude – gratitude like Jermaine's, a young boy who, in spite of his desires, knew he already had all he needed... and he wanted to be sure others did too.

I am grateful for all the Jermaines out there of all ages, who give of themselves with no expectation of recognition or reward.

Happy Gratitude Day, everyone!

*Kingsley*

Kingsley Gallup, Publisher  
*Tourist & Town*



Some of you are finding us tucked into the *Maine Sunday Telegram* today, thanks to our exciting new partnership with the *Portland Press Herald*. Now, in addition to our local distribution to hundreds of drop sites throughout coastal York County, *Tourist & Town* is inserted into the *Maine Sunday Telegram*. If this is your first time reading our publication, now in its 65th year, we hope you enjoy it. And be sure to pick up our quarterly magazine!



Photo by Josh Hrehovcik

*Hot off the press!  
Just look for the flag  
in front of  
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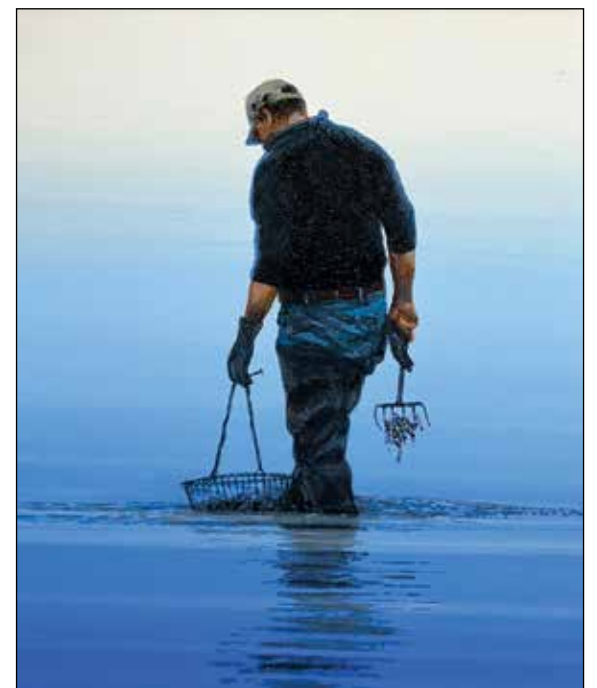
**Cover Artist: Del Bourree-Bach**

**Del Bourree-Bach** is an award winning and much acclaimed realist who paints primarily in acrylics on panel. Del has been taking his inspiration from the sea and life around it, rural farms, city sidewalks, and the people of these communities for over 40 years. With a background in illustration, Del hopes that his paintings will "invite viewers to enter into each scene and challenge them to create their own stories."



Del Bourree-Bach. Courtesy photo

Del's dedication to his craft and his hard work have paid off as his paintings are included in many private and public collections, and he has received more than 200 awards in national and international competitions. He has three times received the Award of Excellence at the International Exhibition of Marine Art at the Maritime Gallery at Mystic Seaport, and his work was named Best in Show and Best Painting in Acrylic in the National Oil and Acrylic Painters Best of America show. These are but a few amongst his many accolades and achievements. Mr. Bourree-Bach exhibits his work at The Wright Gallery, 5 Pier Road, Cape Porpoise, and online at [thewrightgallery.com](http://thewrightgallery.com).

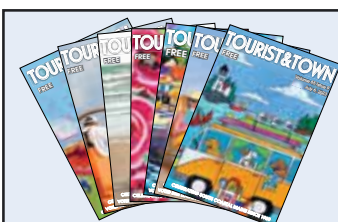


Done for the Day by Del Bourree-Bach

**Remaining 2023 Newspaper Dates**

DATE	DEADLINE
September 28	September 20
October 12	October 4
October 26	October 18
November 9	November 1
November 23*	November 15

\*\* The Holiday Issue



*The Timely*



*and The Timeless*



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### Friday Night Lights

*The quintessential late summer/early fall scene, captured by talented photographer and devoted football mom Alysson Homa. It was Rams vs. Rams (Kennebunk vs. Gorham) under a beautiful September 1 moon.*



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# More than trees will be popping with color this fall on Maine Art Hill



Late Nighter by James Mattison

As Maine Art Hill's summer season winds down, their fall pop-ups begin. This is a time for new, fun, and exciting artists to celebrate cooler nights, colorful days, and beautiful art.

Maine Art Hill has three separate pop-ups from the start of September through the end of October. Each is in a different location on The Hill, and all are welcome.

Beginning September 9 and running through the month, Heather Fountain, Angelique Luro and Amalia Tagaris are at Maine Art Hill Shows at 5 Chase Hill Road in Kennebunk.

"They are three female artists who are coming together to celebrate the fall with Maine Art Hill.

This trio compliments but does not compete. They are a beautiful blend of color, texture, and light," said gallery owner John Spain. "Fountain works in glass, Luro is an abstract artist, and Tagaris is an encaustic artist working with beeswax, damar resin, and colored pigments."

On September 14, Van Tassell Art is at The Gallery on Maine Art Hill at 14 Western Ave in Kennebunk. This impressive family of artists is featured until September 27.

"This is a local family quartet of artists: mother, father, daughter, and daughter-in-law," said Abby Daggett, the gallery's marketing director. "We welcome a visit for this amazing show full of

Maine-inspired work and enlightened creativity. Jan and his wife Linda both work in watercolors. Their daughter Katrina and daughter-in-law Nancy both work in a variety of mediums."

Finally, at the end of September, James Mattison is taking over The Gallery at The Grand at 1 Chase Hill Rd Kennebunk until the end of October.

A landscape artist, Mattison has always admired artists that boldly use color. "It takes confidence to view color as a choice," said Mattison. "Light and shadow inspire countless possibilities and color arrangements, and it is with those choices between the xlines that an artist

proves their sense of certainty."

Maine Art Hill is a unique art destination celebrating over thirty years in business. They welcome you to explore all seven galleries on three adjacent properties. Open daily at 10 AM.

Heather Fountain, Angelique Luro and Amalia Tagaris will be exhibiting September 9 through 28 at 5 Chase Hill Road in Kennebunk.

From September 14 to 27, Van Tassell Art will be at the gallery at 14 Western Avenue in Kennebunk.

Lastly, from September 29 to October, James Mattison will be exhibiting at 1 Chase Hill Road in Kennebunk.

"If I could say it in words there would be no reason to paint." ~ Edward Hopper

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## Maine Women in the Arts announces upcoming show

Fall is the perfect time to enjoy the southern coast of Maine by attending the Maine Women in the Arts fall art show in Kennebunkport. Of the four annual MWA shows, this show includes not only larger fine art pieces, but also a wide range of smaller pieces, making it easy to find affordable art for art lovers. In addition, original matted art and cards are available. It's the perfect time to shop for gifts for your home or someone special.

The show will be held at the Masonic Lodge at 10 North Street in Kennebunkport. It opens Friday, September 29, from

9:30 AM to 7 PM. From 5-7 PM on Friday, an opening reception will feature refreshments and live music.

The show continues Saturday, September 30, from 9:30 AM to 5:30 PM and Sunday, October 1, from 9:30 AM to 4 PM.

Maine Women in the Arts has over 85 active members. The objective of Maine Women in the Arts is to promote and give exposure to local artists and their work in all media. FMI visit [www.mainewomenarts.com](http://www.mainewomenarts.com).



Glorious Gloriosa by Beulah Jean Caddell



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# Learn about South Coast Senior College courses at September 15 reception

On Friday, September 15, the South Coast Senior College board is hosting a Wine & Cheese Reception to welcome anyone interested in learning about the numerous courses scheduled for 2023-24. The reception will be held from 2-4 PM at the Wells Ogunquit Senior Center, 300 Post Road (Route 1), in Wells. The "meet and greet" is open to all.

Instructors will be on hand to share insight and information about their courses, including "Byz-

antium — the 1100 Year Empire that Time Forgot" and the "Untold Story of Resistance to Hitler." Other teachers can answer questions about the Life Story Writing workshops and Book Talk.

SCSC courses, most of which cost under \$25, are given both on zoom and/or in person. The volunteer instructors are former teachers or specialists whose joy of learning has never abated. There are no grades, no tests, no homework or term pa-

pers. Instead, it's a relaxed and worthwhile way to keep smartly up-to-speed about art, travel, history, books, writing, music and politics.

"We hope to see many people at our reception on September 15," says Sandi Kahn, director of South Coast Senior College. "It will be an informative gathering but also fun!"

FMI about reception or classes at South Coast Senior College, email southcoastseniorcollege@gmail.com or call 274-3105.

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# Building community through rhythm

by Dana Pearson

Out of the murmurings of fading conversations,

a rhythm begins. Dean French and Jeff Wentworth have begun playing

a pattern on their djembes. The collection of chairs – no two alike – form a reef around an island of drums brought for those who arrive without one. More than a dozen people have arrived this evening, and ultimately there will be 18 participants at the monthly drum circle held at Flourish at 140 Main Street in Biddeford.

The pattern has a pulse. Another drummer locks into it, rapping out beats on her djembe with modest fills that complement what Dean and Jeff are playing. Someone else joins in, this time on the off-beat and with a smaller drum with a higher pitch. Gradually, the others jump into the rhythm, most on djembes, but some on various percussive instruments provided for the occasion. It's a symphony of handmade sounds created by people who, for the most part, have never met one another until now.

After seven minutes or so, the players, one by one, ease up on their drums, until the music, maintaining the rhythm but losing its intensity,

finally hits its run-out groove.

There's a pause. Then Dean looks over at Patsy and says, "Were you about to get this started?" Not for the only time tonight, there's laughter.

The Southern Maine Community Drum Circle is Patsy Onatah's baby. Although she is a professionally trained and certified Drum Circle Facilitator, she points out, "For this group, I don't facilitate. It's free form. It's about building community, and rhythm is my tool to do that."

She hosts two drum circles every month, one here at Flourish (the next on September 30 at 6PM) and one at the Kennebunk Unitarian Universalist Church (October 8 at 4PM, with guidance beginning at 3PM).

"It's absolutely inclusive, for all ages, all physical and mental abilities," she says. "No experience is required, no musical background." That being said, she notes, "We're all born with rhythmic connection. My mission is to reconnect. I'm not looking for perfect rhythm, I'm looking for happy people."

There are plenty here tonight. The Biddeford drum circle is held in a space behind the artisan shop run by Maribeth Amber, who'll add interesting touches to the proceedings from the periphery on a gong, rain drum, and other percussion. Like many shops on this street, it has wooden floors, brick walls, and high tin ceilings painted white; however,

—continued on next page



Maribeth Amber, who owns the Main Street business in Biddeford where the Southern Maine Community Drum Circle takes place, adds touches to the proceedings, including the gong. Photo by Dana Pearson



Patsy Onatah of The Humble Drum leads the Southern Maine Community Drum Circle at Flourish in Biddeford every month. Photo by Dana Pearson



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this spacious room, with the lights dimmed and colorful, Maribeth's paintings lining the walls, and the air redolent of incense, is warm, inviting, and relaxing.

Just as conversations preceded the drumming, they will cap them after two hours. But the drum circle, once it gets started, is all about the communal drumming. After Patsy commences a round of introductions, she tells those gathered that their level of participation is up to them, saying, "Join in or don't." Regarding the rhythmic songs, she says, "They work or they won't, and if they don't, we laugh about it and go on."

Patsy first attended a

workshop with Inanna, Sisters in Rhythm in 2009. While taking lessons with Annegret Bair and Carl Nickerson, she joined a drum circle, where she met like-minded souls. She founded The Humble Drum and started her first drum circle in Sanford in 2012; that one ended when the pandemic struck. The new one at Flourish started in January 2022, with the Kennebunk version beginning in March of this year.

Through her association with the Drum Circle Facilitators Guild, she's had access to its training sessions and annual conference. The skills she has acquired allow her to bring The Humble Drum

to assisted living facilities, libraries, schools, Girl Scout camps, veterans' retreat shelters, and adult ed classes.

The mood is light and cheery between the rhythms, but when the people are playing, most of the faces are studies in concentration; there is a therapeutic, almost escapist quality to the incessant pounding of a drum, as anyone who has ever done it knows.

"It's great for stress relief," says David Hussey afterward. "It heals you." The Biddeford man started attending the drum circle shortly after it began last year, never having drummed before. "I just bought one," he says, "and

it's just starting to click now." He says drumming videos on YouTube have helped his progress.

"It's a cool, unique experience," says Dean, who started playing 10 years ago. "It's different people every time, and it's always fun."

Drum circles can have added outcomes: It was at a drum circle in Sanford where Patsy met Jeff; they started dating in 2013, and have just celebrated their fifth wedding anniversary.

More information can be found at the Facebook pages of The Humble Drum and the Southern Maine Community Drum Circle.

[dana@touristandtown.com](mailto:dana@touristandtown.com)



Participants at August's drum circle in Biddeford played various percussion, though mostly djembes. Photo by Dana Pearson

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# The Retro Roadtrip Report: All roads lead to Cornish

by Joshua Hrehovcik and Geraldine Aikman

Well maybe not all roads. But a bunch of

them go there, and it's worth the trip. Only 34 miles from Portland (according to the sign), Cornish can boast that it was chosen by *Downeast Magazine* as one of the 16 most desirable places to live in Maine. And when it comes to Retro Roadtrips, this northernmost town in York County will certainly make it into your top-ten list.

Your drive will take you along those country roads that

you can only find in New England. Upon reaching Cornish (formerly called Cornishville, and before that Francisborough. It was even named Pumpkintown at one point.), it's time to park the car on Main Street and enjoy everything this charming small town has to offer. Take a walk along Main and Maple streets to admire the Victorian, Greek Revival and Colonial homes built in the 18th to 19th centuries.

You will have a variety of food choices, unique shops and – did someone say antiquing? Cornish could also boast the “Most Antiques Shops per Square Foot on

a Main Street Award,” if there was such a thing.

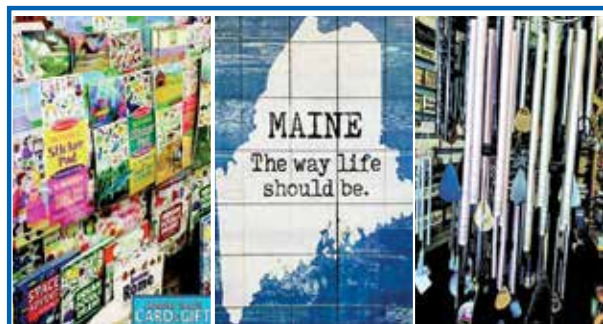
Many of the buildings have quite a history, among them Village Jewelers, where you can find Maine gemstones such as tourmaline. The red building – with its waterwheel at its side – was originally a grist mill in the 1870s. Due to a flood in the early 1900s washing away most of the old mill, it was rebuilt and made into the town's firehouse.

Cornish is a place that you will want to visit during every season of the year and be sure to bring your camera so you

–continued on next page



Antique store in Cornish



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## Stellar poets coming to Kennebunk!

From 1-2 PM on Sunday, September 24, renown former Portland Poet Laureates Linda Aldrich and Steve Luttrell and local poet Paul Nelson will read their celebrated poems at “Bohemian Sunday Poetry Readings,” hosted by WePoets & Verse. There will be a reception, book signing and refreshments. The program is free and will be held at the Brick Store Museum's Program Center in Kennebunk.



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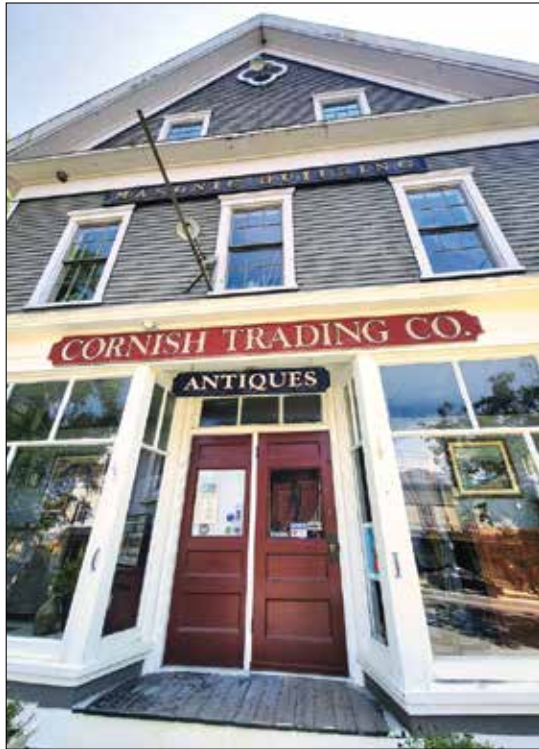
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### Steampunk Fair explores futuristic history

On Saturday, September 23, the Brick Store Museum in Kennebunk will host its 9th annual Southern Maine Steampunk Fair from 12 to 4 PM. The event will explore Steampunk (a unique blend of history and future), in lectures, music, vendors and demonstrations.



Courtesy photo

The day will include crafts, costuming, artwork, history lectures, live music, fashion design presentations and a children's book reading. Entry to the museum's exhibitions are included in the \$5 ticket price. Ticket sales raise funds for museum programming.

Steampunk is a blend of history and future; a view of the world if Victorian aesthetics and

steam power existed in modern day. Novels like *20,000 Leagues Under the Sea* and *Sherlock Holmes* featured the Steampunk theme.

Visitors will hear lectures by professor Lacey Sparks (on the meaning and significance of steampunk) and Leanna Renee Hieber, who has authored several steampunk books and recently

released *Invisible Women: True Stories of America's Ghosts*. Interested vendors and speakers may apply to participate through September 15, via [brickstoremuseum.org](http://brickstoremuseum.org).

The museum is located at 117 Main Street in Kennebunk.

FMI call 207-985-4802 or visit the museum's website at [www.brickstoremuseum.org](http://www.brickstoremuseum.org)


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# CALENDAR

**Maine Women in the Arts**  
**Fall Fine Art & Small Works Show**  
*ALL ORIGINALS*

**Friday, Sept. 29, 9:30a-7p**  
**Opening Reception 5-7p**  
*live music & refreshments*

**Saturday, Sept. 30, 9:30a-5:30p**  
**Sunday, Oct. 1, 9:30a-4p**

**Masonic Lodge, 10 North Street, Kennebunkport**



Artists, clockwise from top left: Richard Winslow, Doris Porell, Erin Sherman, Cindy Mathieson, Beulah Jean Cadwell, Sara Ostrov

**Admission is Free**

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**Thursday, September 14**

**Morning Book Group**, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, at 9:45. The group will continue discussing *Eleanor* by David Michaelis. FMI call 967-2778 or visit [owww.graveslibrary.org](http://owww.graveslibrary.org).

**The Climate Benefits of Healthy Salt Marshes**, Wells Reserve at Laudholm, 342 Laudholm Farm Road, 12-1 PM. In this talk, Bev Johnson, a biogeochemist at Bates College, describes carbon stocks and sequestration in Maine marshes and explores the carbon benefits associated with salt marsh restoration. \$5 suggested plus site admission. Registration required at [suzanne@wellsnerr.org](mailto:suzanne@wellsnerr.org) or 207-646-1555 x116. FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar).

**Friday, September 15**

**Furry Tales Story Time**, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport at 10 AM. This special story time is in partnership with Animal Welfare Society of Kennebunk. Cookie the hamster will also be joining. FMI call 967-2778 or visit [www.graveslibrary.org](http://www.graveslibrary.org).

**Wine & Cheese Reception**, South Coast Senior College, Wells Ogunquit Senior Center, 300 Post Road (Route 1), Wells, 2-4 PM. Anyone interested in learning about the numerous courses scheduled for 2023-24 is welcome to attend. FMI email [southcoastseniorcollege@gmail.com](mailto:southcoastseniorcollege@gmail.com) or call 274-3105. See page 7 of this issue for additional information.

**Deadline for Submissions for Sense of Wonder Photo Contest**. The deadline is 11:59 PM. You may submit up to three photos; twelve winning images will be selected for the 2024 Rachel Carson NWR calendar available beginning November. All photo submissions must be taken on Rachel Carson National Wildlife Refuge property located in Wells, Kittery, Biddeford, Saco or any other area specified as refuge land. Go to <https://www.friendsofrachelcarson-nwr.org/photo-contest>.

**Saturday, September 16**

**Kennebunk Artisans Marketplace**, Waterhouse Center, 51 Main Street, 9 AM-2 PM. FMI visit [www.kennebunkmaine.us/artisansmarketplace](http://www.kennebunkmaine.us/artisansmarketplace)

**Kennebunk Farmers' Market**, Garden Street Lot, Kennebunk, 8 AM - 12:30 PM. FMI [www.kennebunkfarmersmarket.org](http://www.kennebunkfarmersmarket.org)

**Saco Farmers' Market**, Saco Valley Shopping Center, Saco, 8 AM-12 PM. FMI [www.sacofarmersmarket.com](http://www.sacofarmersmarket.com)

**Sanford/Springvale Farmers' Market**, Central Park (across from City Hall) Sanford, 8 AM-12 PM. FMI [www.sanfordfarmersmarket.org](http://www.sanfordfarmersmarket.org)

**York Farmers' Market**, Lot behind York Region Chamber of Commerce, 1 Stonewall Lane, York, 9 AM-1 PM. FMI [www.gatewaytomaine.org/farmers-market/summer-farmers-market/](http://www.gatewaytomaine.org/farmers-market/summer-farmers-market/)

**9th Annual Arundel Historical Society's Heritage Day**, corner of Limerick Rd. & Alfred Road, Arundel, 10 AM-4 PM. Enjoy and reminisce with antique engines, crafters, demonstrations, bake sale, games for kids, pony rides and live music all day. This event is a celebration of Arundel's rural history and the people in Arundel's past who made the town what it is. This is a family friendly event and all are welcome to what will be a great community event for Arundel and surrounding communities. FMI go to the AHS website [info@arundelhistoricalsociety.org](mailto:info@arundelhistoricalsociety.org) or call 283-9699.

**Art in the Park**, Moulton Park, 394 York Street, York, 10 AM-5 PM. There will be close to 50 vendors, live music and a food truck. No charge for entry. FMI visit [yorkartassociation.com](http://yorkartassociation.com).

**"The Silenced Muse: The Brief Life of the Poet Matilda Olkinaite" – A Talk on Lithuanian Poet Matilda Olkinaite by Artist Laima Vince**, Haley Art Gallery, Kittery, 1-3 PM. Vince will discuss how her paintings included in the gallery's current exhibit "In Art We Trust" depict interval moments in the cerulean bird-woman's flight, which evolved out of the imagery of "The Cerulean Bird" poem written in 1940 by the Lithuanian Jewish poet Matilda Olkinaite, who was murdered in the Holocaust in Lithuania at the age of 19. FMI call 617-584-2580, email [haleygallery@comcast.net](mailto:haleygallery@comcast.net) or visit <https://haleyartgallery.com>.

**Espionage in the American Revolution with S.W. O'Connell**, hosted by the Association of Former Intelligence Officers (AFIO), Kennebunk High School's Eonomos Lecture Hall, Fletcher Street, Kennebunk, 2 PM. This is the start of The Association of Former Intelligence Officers' new season of public speaker programs. S.W. O'Connell is a retired U.S. Army and Senior Defense Intelligence Officer. He has an extensive background in military history in addition to over 30 years experience of planning and running intelligence and counterintelligence

operations in Europe and worldwide. Mr. O'Connell has written historical fiction thrillers including a Revolutionary War spy series *Yankee Doodle Spies*. In his talk, he will put into perspective the war regions and strategies used by both sides as they related to intelligence operations. His final view will be about Revolutionary War Lessons for today.

**Sunday, September 17**

**Annual Rosh Hashonah**, Ogunquit Chamber of Commerce, 102 Main Street, Ogunquit, 10 AM-12 PM. Including potluck. Officiant: Cantor Ellen Farber. RSVP to Ellen Farber at 251-1746.

**The 15th annual Herb Noble Memorial Ride**, begins and ends at Bentley's Saloon, Arundel. Registration is from 8 to 10 AM. The cost of the ride is \$25 per person, which includes a T-shirt. Riders will leave the saloon at approximately 10:30 AM and circle back to Bentley's by early afternoon. The ride benefits The Barbara Bush Children's Hospital. There will be 50/50 raffle, gift certificates and items to be raffled, thanks to the generosity of several local businesses and ride sponsors. FMI contact Bob Noble at [rnoble14@roadrunner.com](mailto:rnoble14@roadrunner.com).

**New England Author - Emily Franklin**, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport at 2 PM. Franklin's award-winning work *Tell Me How You Got Here* has appeared in the *New York Times*, *Boston Globe*, *Guernica*, *JAMA*, and numerous literary magazines as well as long-listed for the London Sunday Times Short Story Award. Doors open at 1:30 PM. Parking is available at the Village Fire Station (North Street) and Consolidated School (School Street). Light refreshments will be served, and copies of the book *The Lioness of Boston* will be for sale and signing after the program. FMI call 967-2778 or visit [www.graveslibrary.org](http://www.graveslibrary.org).

**Mattress Fundraiser**, Kennebunk High School, 10 AM-4 PM. Now is your chance to purchase brand-name mattresses at huge savings AND to support the KHS football program! 25+ styles on display. This is a *great* way to get your next mattress. Delivery available. This event supports the Kennebunk football program.

**Monday, September 18**

**Kayaking on the Little River Estuary**, Wells Reserve at Laudholm, 342 Laudholm Farm Road, 12-3 PM. Paddle the quiet waters of a Maine estuary, watching wildlife and learning about this treasured habitat from a registered Maine Kayak Guide at the Wells Reserve. For ages 12 and up. Some restrictions apply. \$60/\$48 plus site admission. Registration required. FMI 207-646-1555 or [wellsreserve.org/kayak](http://wellsreserve.org/kayak).

**Tuesday, September 19**

**Your Health Matters Book Club**, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 12 PM. This lunchtime book discussion will focus on *Year of No Garbage* by Eve O. Schaub. Feel free to bring your lunch. FMI call 967-2778 or visit [www.graveslibrary.org](http://www.graveslibrary.org).

**All Aboard!**, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 3:15-4 PM. Embark on a fun-filled board game adventure with Miss Marina and Miss Terri. This month we'll play Apples to Apples and Catan. For children 8+. Space is limited and pre-registration is required. FMI call 967-2778 or visit [www.graveslibrary.org](http://www.graveslibrary.org).

**The Birds of Guatemala**, Mather Auditorium, Wells Reserve at Laudholm, hosted by York County Audubon, 7 PM. Doug Hitchcox will be presenting. Hitchcox is the Staff Naturalist for Maine Audubon and writes a regular nature column for the *Portland Press Herald*. FMI, including information on attending via Zoom, visit [www.yorkcountyaudubon.org](http://www.yorkcountyaudubon.org)

**Writing Group**, York Public Library, 15 Long Sands Road, York, 5:30-7 PM. Join a casual group in the Wheeler Room for support with your works in progress. Meets monthly.

**From the Power of Prevention to the Hope of Recovery**, York Public Library, 15 Long Sands Road, York, 5:30-7 PM. Join Sally Manninen, York Hospital Community Health; Dr. Christine Munroe, York Hospital Recovery Center; Susie McKenna, Recovery Coach; and Lacey Bailey, Options Clinician, for helpful updates, progress, and resources from the field of opioid use and overdose prevention, treatment, and recovery.

**Wednesday, September 20**

**Estuary Discoveries**, Wells Reserve at Laudholm, 342 Laudholm Farm Road, 2-3:30 PM. Take a peaceful and easy meander along the accessible trail at Harbor Park in Wells. We will learn about the value and importance of estuaries, where rivers meet the sea. Free. Registration required at [linda@wellsnerr.org](mailto:linda@wellsnerr.org) or 207-646-1555 x128. FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar).

# CALENDAR

**Virtual Author Talk: Adam Alter**, York Public Library, 15 Long Sands Road, York, 2-3 PM. Join *New York Times* bestselling author Adam Alter for a virtual discussion of his new book *Anatomy of a Breakthrough: How to Get Unstuck When It Matters Most*. Adam Alter is a professor of marketing and the Stansky Teaching Excellence Faculty Fellow at New York University's Stern School of Business. He also holds an affiliated professorship in social psychology at NYU's psychology department. In 2020 he was voted professor of the year by the faculty and student body at NYU's Stern School of Business and was among the Poets and Quants 40 Best Professors Under 40 in 2017. Alter is the *New York Times* bestselling author of two books: *Drunk Tank Pink* and *Irresistible*. Register for this virtual event at [yorkpubliclibrary.org/calendar](http://yorkpubliclibrary.org/calendar).

## Thursday, September 21

**Write On!** Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 3 PM. Join a different kind of writing group. Creative writing prompts will be given at the end of each meeting. FMI call 967-2778 or visit [www.graveslibrary.org](http://www.graveslibrary.org).

**Secrets of the Salt Marsh Walk**, Wells Reserve at Laudholm, 342 Laudholm Farm Road, 10-11:30 AM. Learn what is special about these productive ecosystems, nestled between seashore and uplands, on a docent-led walk at the Wells Reserve of about 1 mile. Free with site admission. Registration required at [caryn@wellsnerr.org](mailto:caryn@wellsnerr.org) or 207-646-1555 x110. FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar).

**Preschool Story Hour**, Wells Reserve at Laudholm, 342 Laudholm Farm Road, 10:30-11:30 AM. Enjoy an outdoor reading of John Canty's *Heads and Tails Underwater*, followed by a related craft activity and a walk on Wells Reserve trails. For ages 3 to 5 with a caregiver. Free with site admission. Registration required at [suzanne@wellsnerr.org](mailto:suzanne@wellsnerr.org) or 207-646-1555 x116. FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar).

**College Essay Workshop with Cider Hill Advising**, York Public Library, 15 Long Sands Road, York, 5:30-6:30 PM. Join Meg Martinson from Cider Hill Advising in YPL's Community Room for this one-hour workshop. The session will provide an overview of the college application process and then focus on how to craft a competitive and unique college essay. Register at [yorkpubliclibrary.org/calendar](http://yorkpubliclibrary.org/calendar).

**Monthly Movie Night**, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 6:45 PM. Shown will be the recorded evening with David Baldacci at the River Club from June 22. Special thanks to Mike Kelly. Light refreshments will be served. FMI call 967-2778 or visit [www.graveslibrary.org](http://www.graveslibrary.org).

**Nonfiction Book Group**, Wells Public Library, 4:30 PM. The pick for this month is *The Bookseller of Kabul* by Åsne Seierstad. FMI contact Cindy Appleby at [cappleby@wellstown.org](mailto:cappleby@wellstown.org) or call 207-646-8181.

**Weekly Conversational French Language Group**, Wells Public Library, 6:30 PM. An informal approach to practicing or re-learning French. FMI contact Cindy Appleby at [cappleby@wellstown.org](mailto:cappleby@wellstown.org) or call 207-646-8181.

## Friday, September 22

**Fiber Arts**, Wells Public Library, 1434 Post Road, Wells, 10:30 AM. Join this Friday group to show off your latest knitting creation, get tips on your crochet technique and just chat with old friends and make some new ones. All ages and levels of ability are encouraged to join. FMI contact Stefanie Claydon at [sclaydon@wellstown.org](mailto:sclaydon@wellstown.org) or call 207-646-8181.

**Fabulous Friday Family Story Time**, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 10 AM. This program includes stories, finger plays and songs. FMI call 967-2778 and ask for the Junior Room or visit [graveslibrary.org](http://graveslibrary.org).

## Saturday, September 23

**Kennebunk Artisans Marketplace**, Waterhouse Center, 51 Main Street, 9 AM-2 PM. FMI visit [www.kennebunkmaine.us/artisansmarketplace](http://www.kennebunkmaine.us/artisansmarketplace)

**Kennebunk Farmers' Market**, Garden Street Lot, Kennebunk, 8 AM - 12:30 PM. FMI [www.kennebunkfarmersmarket.org](http://www.kennebunkfarmersmarket.org)

**Saco Farmers' Market**, Saco Valley Shopping Center, Saco, 8 AM-12 PM. FMI [www.sacofarmersmarket.com](http://www.sacofarmersmarket.com)

**Sanford/Springvale Farmers' Market**, Central Park (across from City Hall) Sanford, 8 AM-12 PM. FMI [www.sanfordfarmersmarket.org](http://www.sanfordfarmersmarket.org)

**York Farmers' Market**, Lot behind York Region Chamber of Commerce, 1 Stonewall Lane, York, 9 AM-1 PM. FMI [www.gatewaytomaine.org/farmers-market/summer-farmers-market/](http://www.gatewaytomaine.org/farmers-market/summer-farmers-market/)

**Steampunk Fair**, Brick Store Museum, Kennebunk. The most unique event of the year illustrates what happens when history and the future collide. The full schedule can be found on the Museum's website, [www.brickstoremuseum.org](http://www.brickstoremuseum.org). This event is sponsored by Kennebunk Savings Bank, Sharper Events & Tents and Char Wrigs Fried Dough. Tickets may be purchased in advance on [www.brickstoremuseum.org](http://www.brickstoremuseum.org) or at the door.

**Intro to Foraging**, Wells Reserve at Laudholm, 342 Laudholm Farm Road, 1-4 PM. Join forager and expert naturalist Dan Gardoqui to stroll the fields, forests, and shoreline of the Wells Reserve, connecting with wild plants, trees, fungi, and other life forms through all your senses. Dan has been studying naturalist skills, wildlife tracking, bird language, and mentoring for decades. He co-founded and led White Pine Programs for 20 years and now runs Lead with Nature. Co-hosted with York County Audubon. \$30/\$25. Registration required at [suzanne@wellsnerr.org](mailto:suzanne@wellsnerr.org) or 207-646-1555 x116. FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar).

## Sunday, September 24

**The Art of Poetry with Three Luminaries**, hosted by WePoets & Verse, Brick Store Museum, Program Center, Main Street, Kennebunk, 1-2 PM. will showcase former Portland Poet Laureates Linda Aldrich, Steve Luttrell and local poet Paul Nelson reading powerful original poems. There will be a reception, book signing and refreshments. FMI: [poetryawakenings@gmail.com](mailto:poetryawakenings@gmail.com).

## Monday, September 25

**Find Your New Read!** Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 10 AM. Visit the Book Cellar for what's in the store. The Book Cellar is open Monday-Friday 9:30-5:00; Saturdays 9:30-12:30. For further information, please call 967-2778 or go to [graveslibrary.org](http://graveslibrary.org).

## Tuesday, September 26

**Lego Madness!** Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 3:15 pm. Imagine, create, build! Bring your imagination for an hour of fun. Unstructured build time followed by a group building challenge and game. This program is for elementary-aged students. Space is limited and pre-registration is required. For further information, please call 967-2778 or visit our website at [graveslibrary.org](http://graveslibrary.org).

**Lunar New Year Brush Painting (rescheduled)**, Wells Public Library, 2 PM. Celebrate Lunar New Year 2023. Learn how to write out simple phrases in Chinese characters with a brush and inkwell and learn what the Year of the Rabbit means in Chinese folklore. This event requires registration as space is limited. FMI contact Stefanie Claydon at [sclaydon@wellstown.org](mailto:sclaydon@wellstown.org) or call 207-646-8181.

## Wednesday, September 27 (rescheduled from 9-13)

**subMerge: An Oceanic Relationship**, Wells Reserve at Laudholm, 12-1 PM. Krisanne Baker, ecological artist and educator, will discuss her creative process and artworks currently on display at the Wells Reserve. Baker's solo exhibit includes underwater intertidal images, a glass "mutating" plankton installation, and paintings inspired by plankton under a microscope and satellite imagery. Free with site admission. FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar).

**Research It! York History Digital Archives**, York Public Library, 15 Long Sands Road, York, 1-2 PM. Learn how to access over a hundred years of York history with the York History Digital Archive. Held in YPL's Wheeler Room. Register at [yorkpubliclibrary.org/calendar](http://yorkpubliclibrary.org/calendar).

**Canine Cuddle Time (for Teens and Tweens)**, York Public Library, 15 Long Sands Road, York, 3-4 PM. Going back to school can be stressful. De-stress after school today by hanging out with Millie, a certified therapy dog, in the Young Adult Program Room.

**Let's Go Tidepooling!** 2-5 PM. Wells Reserve at Laudholm, 342 Laudholm Farm Road, 2-5 PM. Join Carol Steingart of Coast Encounters for an afternoon of romping in the tide pools on Middle Beach in Kennebunk. Peek under rocks and seaweed and identify more than 30 intertidal plants and animals through safe and respectful exploration. Discover how plants and animals survive between Maine's 10-foot tides. For ages 18+. \$70/\$55. Registration required at [suzanne@wellsnerr.org](mailto:suzanne@wellsnerr.org) or 207-646-1555 x116. FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar).

**Virtual Author Talk: Amor Towles**, York Public Library, 15 Long Sands Road, York, 8-9 PM. Please tune in to this discussion with *New York Times* bestselling author Amor Towles about his incredible body of work. Register for this virtual event at [yorkpubliclibrary.org/calendar](http://yorkpubliclibrary.org/calendar).

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## Order a MemoryLight in honor of a loved one

Take part in the Brick Store Museum's MemoryLights Project, an installation of globe lights in the Museum's courtyard to memorialize and honor loved ones and ancestors. Order a light (\$15 donation) to be included in the installation and share the story of a family member you want to honor. On October 1, the installation will open to the public. When the installation is taken down in January, participants may pick up their Globe Light to keep. FMI [brickstoremuseum.org/memorylights](http://brickstoremuseum.org/memorylights).

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## La Dolce Vita

I've seen patches of red leaves on a tree at the end of our block.

The mornings are cooler, though the days can still be unbearably hot.

And some little critter has started stockpiling pears in a corner of our backyard.

The signs are unmistakable and come every year, just like pumpkin spice lattes: fall is rapidly approaching.

The stores, of course, have been full of it for months. Even in August, Halloween items filled the shelves. Now Christmas has started to creep in.

My dad keeps asking me if I'm ready for mums (he keeps finding super super deals on them, apparently), but I keep saying now. Our flowers this year, likely because of the never-ending rain, are LUSH. And they still aren't showing any signs of slowing down, so I'm going with it.

For the first time in a really long time I'm not looking to jump a season ahead, but to let the one I'm in play itself out.

A Facebook memory popped up in my feed yesterday showing me that just two years ago I'd already started decorating my mantel for Halloween. I had fall pillows and blankets out and had dragged decorating bins

up from the basement.

This year they're still down there, tucked in a dark corner, while upstairs brightly-colored pillows run riot over the couch and the mantel still sports pops of white, yellow and pink.

I have to confess that I did buy a three-pack of cute pumpkin pillows a week or two ago, but so far they haven't made it out to the chairs they're intended for.

And yup, this really isn't like me at all. Usually by the first of September I'm chopping at the pumpkin-spiced bit, driving my husband bananas as I tear apart the house so I can drape fall leaves and autumnal colors everywhere, all while cranking the ac.

I'm not sure what caused the change this year.

Maybe it's planning our upcoming trip to Disney World, where I know that, despite the season, temps will hover in the 80s and we'll be breaking out the shorts again? Fall in Florida is much like summer in Maine (though maybe hotter).

Or maybe in this first year after losing my mom each new season brings back old memories and a fresh sense of loss? Maybe while half of my brain is thinking how well I'm do-

ing coping the other half thinks it's completely in denial, remembering trips to TJ Maxx to buy fall decor, younger years taking the kids apple picking and Halloween traditions like family pizza night?

After losing my brother and my mom 18 months apart, our family is smaller now, but somehow memories loom larger, and never more so around holidays, be it Halloween or Christmas.

Or maybe I'm finally learning to appreciate each season for what it is, and to allow it to linger and fade into the next. Maybe I'm holding on to summer's warmth, its lush flowers and lazy bees, even through these cool mornings and glimpses of red.

Maybe I finally see that "To every thing there is a season, and a time to every purpose under heaven."



Laura Dolce is Director of the Kennebunk Kennebunkport and Arundel Chamber of Commerce

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### Wells Chamber hosts Family Jamboree

The Wells Chamber of Commerce will host their 14th Annual Family Jamboree on Saturday, September 23, from 11 AM to 3 PM, at Wells Harbor Park, 331 Harbor Road. This event will be fair weather only.

This event is the epitome of free family fun, featuring games including a doughnut/ apple eating challenge, ball toss, beanbag toss and relay races, activity booths to make your own beaded bracelet, temporary tattoos, fan making and pumpkin decorating compliments of Nancy Hafford-State Farm Agent. Ranger Tom will be back again this year with his Explore Archery game. The Wells Fire Department will bring their Junior Firefighter Obstacle Course, Knock Down the Flames and Emergency Vehicle displays.

Craft Vendors will be in attendance and Tony Hafford will be there with his Vera's Vittles food truck. Admission, parking and all games and activities are free.

For detailed information, visit [www.wellschamber.org](http://www.wellschamber.org) or call the Chamber at 207-646-2451.



Be on the lookout for *Tourist & Town's* Fall 2023 Magazine, on stands in late September!



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Love, Loss and What I Wore

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Fridays & Saturdays at 7:30pm  
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by Nora Ephron & Delia Ephron based on the book by Ilene Beckerman

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## York County Audubon presents: The Birds of Guatemala

Guatemala is a wonderful birding destination with many avian specialties, beautiful scenery, a colorful culture (including the proud Mayan, perhaps the richest indigenous culture remaining in the New World) and some of the best coffee in the world. In March of this year, Doug Hitchcox was a leader of a spectacular trip to that destination. The areas that the group



visited were varied, from the cool pine-oak forests near Antigua and Tecpan (think Pink-headed Warbler) to humid tropical lowland forests in the Petén (the Caribbean slope).

On Tuesday, September 19, at 7 PM, York County Audubon will host Doug Hitchcox as he gives a presentation on that spectacular trip. The program will be presented live in the Mather Auditorium at the Wells Reserve at Laudholm and will be live streamed via Zoom.

Doug is well known in Maine and beyond. He's the Staff Naturalist for Maine Audubon and writes a regular na-

ture column for the *Portland Press Herald*. In his free time, Doug is one of Maine's eBird reviewers, owner and moderator of the 'Maine-birds' listserv and member of the Maine Bird Records Committee. He also served as the Outreach Coordinator for the Maine Bird Atlas.

If you prefer to view this presentation via Zoom, please register in advance by going to [www.yorkcountyaudubon.org](http://www.yorkcountyaudubon.org) where you will find a registration link. After registering, you will receive a confirmation email containing information about the meeting.

FMI visit [www.yorkcountyaudubon.org](http://www.yorkcountyaudubon.org)



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## Gravestone Talks and Cemetery Walks

The Historical Society of Wells and Ogunquit announces its first Cemetery Lecture and Walking Tour, to be held Saturday, October 7, at 10 AM. Ron Romano, a cemetery historian and author from Portland, will begin with a brief lecture at the Historical Society, after which attendees will reconvene at Oceanview Cemetery in Wells for a walking tour.

Romano will present a 30-minute slideshow followed by a 30-minute walk through Ocean View Cemetery to celebrate his latest book *Curious Gravestones in Northern New England*. The slide show will be packed with photos and stories about an interesting form of grave marker from the mid-1800s that Ron discovered and named "billboard monuments" (for their large and unique construction resembling signboards).

This program is limited to 15 participants and has sold out in the past! A link to purchase tickets is here: <https://www.eventbrite.com/e/713719051897?aff=oddtcreator>

### Upcoming Programs

- Oct. 7: Cemetery Lecture & Tour
- Oct 11: Annual Meeting
- Oct 21: Wells Quarry Tour
- Nov. 4: Wabanaki Textiles Lecture
- Nov. 18: Paleo Indian Life in Wells
- Dec. 9: Holiday Children's Program
- Dec. 10: Holiday Market Craft Fair

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# Kitchen Talk

## Fall Salads, Handy Hints and more!

### Fall Salads

*The days are still warm and these salads are so flavorful.*

#### Farro Salad with Tuna

*(I'm a big fan of farro — a nutty, whole-grain variety of wheat. It's delicious as a side but also a key ingredient in this luscious salad.)*

**Ingredients:**

- 2 tsp. fennel seeds
- 1/4 cup plus 1 tsp. olive oil, divided
- 1 head radicchio, quartered
- 1 tbsp. sherry vinegar
- 1 tbsp. Dijon mustard
- 1 1/2 tsp. kosher salt
- 3 cups cooked farro
- 1 Bosc pear, thinly sliced
- 4 cups baby arugula
- 1 6.7-oz. jar high quality tuna, drained and broken into chunks.

**Directions:**

Heat a medium-size skillet over medium heat, then add fennel seeds. Stir often until toasted and fragrant (3 minutes). Transfer to cutting board and, using the bottom of a small bowl, lightly crush seeds. Heat 1 tsp. oil in same skillet over high heat. Add radicchio wedges. Cook, flipping once, until softened (2-3 minutes per side). Transfer to cutting board and cool. Remove/discard core and chop radicchio into 1-inch pieces. Whisk crushed fennel, vinegar, mustard and salt in large bowl. Mix in remaining 1/4 cup oil. Add farro, pear, arugula and radicchio to bowl and toss to coat. Divide salad among plates and top with tuna.



#### Steak and Beet Salad with Radicchio

**Ingredients:**

- 3 medium size red beets (approx. 1 lb.)
- 3 tbsp. water
- 1 pound hanger steak, trimmed
- 1 3/4 tsp. kosher salt, divided
- Fresh ground pepper
- 3 1/2 tbsp. olive oil, divided
- 1 small head radicchio (8 oz.) torn (about 3 cups)
- 1 1/2 tbsp. red wine vinegar
- 2 tsp. honey
- 2 tsp. fresh thyme leaves
- 1 cup whole-milk Greek yogurt
- 2 tbsp. roasted / salted pepitas (shelled pumpkin seeds)

**Directions:**

Preheat oven to 425. Place beets and water in shallow baking dish, cover tightly with aluminum foil and bake until tender, 45-50 minutes. Uncover, cool, peel and cut into half-inch wedges. Set aside. Sprinkle steak with 1 tsp. salt and several grinds of pepper. Heat 1 tbsp. oil in large cast iron skillet over medium-high heat. Cook steak until desired doneness (about 4 minutes per side for medium rare). Transfer to cutting board and let rest 10 minutes before slicing across the grain. Combine beets, radicchio, vinegar, honey, thyme, 2 tbsp. oil, 1/2 tsp. salt and 1/4 tsp. pepper in large bowl. Toss to coat. Stir together yogurt and remaining 1/2 tbsp. oil, 1/4 tsp. salt and several grinds of pepper. Spread yogurt mixture on a platter or each of four plates. Top with sliced steak, beet salad mixture and pepitas.



#### Suggestions for fall dinner party table decorations

Use a mixture of red, yellow and green apples (or miniature pumpkins) as place card holders. Mix fresh asters, coneflowers or marigolds with dried florals in simple white vases of varying heights. Or use autumnal foliage as the main event in your vase, adding dried hydrangeas, wispy ferns or berries. For the super ambitious, fill an oval earthen container with potting soil and plant a variety of succulents in the center. Tuck in mini pumpkins and seasonal veggies like kale and fresh herbs. (This arrangement will keep for a few weeks too!) Fill an antique urn with a variety of gourds in different shapes and sizes, then tuck in sunflowers and bittersweet vines. (Add a monarch butterfly for whimsy.)

### September

by Helen Hunt Jackson

The golden-rod is yellow;  
The corn is turning brown;  
The trees in apple orchards  
With fruit are bending down.

The gentian's bluest fringes  
Are curling in the sun;  
In busy pods the milkweed  
Its hidden silk has spun.

The sedges flaunt their harvest,  
In every meadow nook;  
And asters by the brook-side  
Make asters in the brook.

### Handy Hints

*(I'm always on the prowl for ways to improve my cooking and make cleanup easier. Here are a few suggestions I've been given ... and like.)*

Spread a paper towel on your cutting board when chopping more than one item. Speeds cleanup!

Put a damp cloth beneath your cutting board when chopping. This prevents it from swiveling while you're wielding a sharp paring knife.

Take cookies out of the oven a few minutes before the stipulated time. They continue to cook on the baking sheet, and a chewy cookie tastes so much better than a crumbly dry one.

When baking cakes or pies, set your timer for a few minutes LESS than the stipulated time. All ovens heat differently. You can fix an "undercooked" situation.

Save bacon grease to fry eggs or hash browns, for roasting vegetables instead of using olive oil, and to make tastier burgers in a cast iron skillet. Grilled cheese sandwiches get raves when cooked in bacon grease. It adds zip to a pizza crust before adding toppings.

Mince garlic by hand. (Confession: I have several garlic mincers and they work fine for certain recipes, but to get the true pungent fabulous flavor of garlic, I chop it with a sharp knife.)

Clean as you go. Don't let the sink fill up with dirty pots, pans, mixing bowls and utensils. Take a little break and clean as you go along.

#### If your glass oven door is coated with grease, try these remedies:

I found that glass cleaners don't always clean the interior of a glass oven door. Then I experimented with these tips.

Make sure door is cool. Create a THICK paste using baking soda mixed with water. Spread on the glass with a sponge or rag, and let it sit for 15 to 20 minutes, even overnight if necessary. (Note: the mixture darkens as it absorbs dirt, grime, grease.) Remove paste with a warm wet rag.

If glass oven door is still streaky, apply drops of DOVE dishwashing soap and wipe down door. Rinse with a clean damp cloth.

Alternatively, mix one part white vinegar (even better: cleaning vinegar) to one part water in spray bottle. Spray on door, wipe clean with cloth.



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Photos by Josh Hrehovcik

# Summer? What summer?



Photo by SuO

by Jo O'Connor

Curmudgeon alert!  
I hope everyone enjoyed the longest Maine spring season in history. I did not.

Here's my complainy-rambling-ranty-outburst: I needed my natural vitamin D fix; I needed to body surf at Gooch's (at least once); I needed to dine on Arundel Wharf's deck; I needed to drive a bucket of balls at Hillcrest; I needed to light off (yes, illegal) firecrackers on the 4th; I needed to get so hot that I would pull down all the shades in my house in the morning and eat cold cereal for supper.

And yet, none of that happened. The summer weather rained on my parade. (Literally, it rained on nearly all parades).

Summer has long been the dessert to the other nine lima bean-and-kale months we tolerate with typical New England grace. What, what, what did we do to deserve this? We endured the notorious Maine winter – the plowing, the scraping, the salting, the ice, the school cancellations, the power outages and the Nor'easters that Father Winter served up.

Then, we faced mud season and the deluge of rain all spring. That we expect. And so, once May was over, we thought with anticipation: here comes summer and the unending stretches of good weather that we deserve. But this summer. Whaaaaat????

It poured most of Memorial Day weekend, and the 4th of July weekend too.

According to everyone, including the stressed-out meteorologists, we didn't have one completely dry weekend during the last beloved, precious and treasured 13 weeks. It leaves me as the resident grump on everything that should be typical during our short New England summer.

My Fair Lady had it right; the rain in Maine is aptly insane! I think she's got it.

I ask: Was Mother Nature in a bad mood for three months?

Why did I haul five AC units into the windows of my old farmhouse only to NOT use them?

Wavy or curly haired people, you might as well have thrown out your straighteners.

Statistics show that all-time records were broken for consecutive days of measurable precipitation this summer. Thanks, Captain Obvious.

Yes, the grass is green everywhere – but just try to find a time to mow without getting your tractor stuck (and that back right wheel spitting out mud onto your shorts – yuck!). Even when you might have found a dry moment, it was always a super slow-mo-mow (like the first time out in the season). Very painful, indeed.

Oh, and those poor seagulls are practically malnourished as they had to forage elsewhere rather

than on the beachgoer's lunch scraps.

If you bought sunblock and suntan lotion in May, it expires in a year – so throw it out. What a waste.

Don't even get me going on the cancellations: BBQs, outdoor live music, dining out, hiking, camping, golfing, pickle-balling too.

Yet, in spite of the epic rains during this summer, that didn't stop the black flies, red ants, greenheads, brown-tailed moths and ticks from being omnipresent. And don't forget the Maine state bird – the trusty mosquito – they flourished and are now dining on locals and tourists alike.

It all leads me to ponder, beg, and sing on repeat, the lyrics to a Creedence Clearwater Revival tune – "And I wonder, still I wonder, who'll stop the rain?" Dear God, who, I ask? On August 14, no less, I walked outside on my porch and, by Jesus, didn't it fully feel like fall. Seriously? Now?

So, by early August, when I saw a cluster of red maple leaves appear, it just about did me in. Too soon, I say, just too soon. My sister Sue just said that this year, summer started on September 2 and now has carried on for an eight-day spell, but I'm not quite feeling grateful. I just need to de-humidify my house, my mind and my attitude. Now, who's ready for apple-picking (in the rain)?



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# A magical sail aboard the *Ketch* – we highly recommend



Captain Justin Troiano. Photo by Josh Hrehovcik



Captain Justin Troiano. Photo by Josh Hrehovcik



Tourist & Town's Val Marier enjoys learning more about the *Ketch*. Photo by Josh Hrehovcik



Waving at *The Schooner Eleanor*. Photo by Josh Hrehovcik



Tourist & Town's Josh Hrehovcik and Kingsley Gallup. Courtesy photo



A handful of *Tourist & Town* staffers, from the left: Sandy Janes, Val Marier, Dana Pearson, Jo O'Connor, Rayanne Coombs, Steve Hrehovcik, Sandy Gnidziejko, Kingsley Gallup and Josh Hrehovcik. Courtesy photo

*"For whatever we lose (like a you or a me), it's always our self we find in the sea."*  
~ E.E. Cummings



Tourist & Town's Sandy Janes. Photo by Josh Hrehovcik



Tourist & Town's Dana Pearson. Photo by Josh Hrehovcik



Photo by Bob Dennis

## Sail away on the Pineapple Ketch

*Tourist & Town* staffers enjoyed a recent sail about the elegant *Pineapple Ketch*. The day couldn't have been more lovely, nor the crew more pleasant and informative, regaling us throughout our sail with local lore and stories of the sea.

Captain Justin Troiano has spent the past 12 years living on – or under – the sea. The Kennebunkport native's sailing log reads like a master mariner's. He's captained dive boats throughout the Caribbean, led scuba expeditions in the Indian Ocean off Madagascar, and commanded a 172-foot "Phinisi" luxury yacht past remote islands of Indonesia.

His first job onboard any boat, however, was on the *Pineapple Ketch*, a 38-foot two-masted sailboat with tanbark sails and a shiny black hull, moored at the Nonantum Resort along the Kennebunk River. Last fall, when he learned the *Pineapple* was for sale, Troiano admits he "jumped on that quickly."

"Custom sails" aboard the *Pineapple* are available throughout the summer and into early fall. Some feature wedding arrivals of groomsmen, others might be escorting the bride and groom downriver after their Nonantum reception. Families can also book afternoon-long trips to Stage Island where the *Pineapple* drops anchor, allowing passengers to swim to shore, enjoy a picnic lunch and explore this tiny island near Biddeford Pool.

Having lived and sailed all over the world – in Perth, Honduras, and the Cayman Islands – Troiano is happy to be back in his home town where he first discovered his love for the sea. "I was driving my father's boat on my own long before I could legally drive a car!" he says. "But to own the *Pineapple*, it's a dream come true."

The *Pineapple Ketch* is moored at the Nonantum Resort, Ocean Avenue, Kennebunkport. FMI on or to charter a sail, go to [www.pineappleketch.com](http://www.pineappleketch.com). Book a sail before the season ends!

Portions of this are pulled from Val Marier's May, 2021 *Tourist & Town* story on the *Pineapple Ketch*

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 www.bentleysaloon.com  
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 Curt Bessette and Jean Kurtz  
 Thursdays, 5 PM:  
 Gordon Shannon  
 Friday, 6 PM: Katherine Mayfield  
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 Katherine Mayfield  
 Sundays 5 PM: Sweet Serenity w/ Curt Bessette and Jenn Kurtz  
 220 Clay Hill Road, Cape Neddick  
 www.clayhillfarm.com  
 361.2272

**Crew OGT**  
 September 14, 4:30-7:30 PM  
 Isaiah Bennett  
 September 15, 8-11 PM  
 Lucas Roy  
 September 16, 8-11 PM  
 TJ Swan  
 September 19, 4:30-7:30 PM  
 Isaiah Bennett  
 8-11 PM, Maddi Ryan  
 September 20, 8-11 PM  
 Vernon Northover  
 September 21, 4:30-7:30 PM  
 Isaiah Bennett  
 September 22, 8-11 PM  
 Mike Forgette  
 September 23, 8-11 PM  
 Ben Kilcollins  
 September 26, 4:30-7:30 PM

Isaiah Bennett  
 8-11 PM, Maddi Ryan  
 September 27, 8-11 PM  
 Steve Dennis  
 8 Shore Road, Ogunquit  
 www.crewogt.com | 216-9236

**The Dance Hall Kittery**  
 September 8: Rakish  
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**Funky Bow Beer Company**  
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 Electric Mist  
 September 16, 1-4 PM  
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 5-9 PM, Inflatables  
 September 17, 1-5 PM 12/OC  
 September 21, 4-8 PM,  
 Henry Lowery  
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 September 23, 1-4 PM  
 David Ames  
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 Amanda Dane  
 8-11 PM Beau Dalleo  
 September 23, 2-5 PM  
 Beau Dalleo  
 8-11 PM Eric Andrews  
 Jazz Quartet  
 September 24, 12-4 PM  
 Beau Dalleo  
 73 Main Street, Ogunquit  
 www.nikanos.com  
 646-1112

**The Nonantum Resort Latitudes**  
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 KT McCammond  
 September 17, 1-4 PM  
 Michael Corleto  
 September 18, 5-8 PM  
 Jim Ciampi  
 September 19, 5-8 PM  
 Lisa Mills & Don Wessels  
 September 20, 5-8 PM  
 Jimmy Macisso  
 September 24, 1-4 PM  
 Michael Corleto  
 95 Ocean Avenue, Kennebunkport  
 www.nonantumresort.com  
 967-4050

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Send your questions to [rsimon@legacysir.com](mailto:rsimon@legacysir.com)



**Q:** We are looking to purchase a 2nd home in the area as our children live here and we are looking to be close to them. One of the issues that I am reading about is Radon in the home. To be forthright, I have done research about radon and inasmuch as we will only be here for the summer it does not seem like something that I need to deal with, I am just reaching out to you to get your take on this and if I am making a mistake. Appreciate your perspective and input. Marshall

**A:** I understand as this is a question that I get asked quite a bit from people from away. Yes, radon is an active issue in Maine, and even if you do not care about it, it is a health threat that should be attended to. So even if it is irrelevant to you, it is a health issue. And if and when you decide to sell your house, your new owner will test for it and if it is present you will have to take on the expense of dealing with it. So even if it is not a health issue for you, {which it is} it can end up being an expense that the individual who you are buying the house from needs to remediate as part of the sale to you.

**Q:** We are looking at houses to buy. I am very clear that we will need to have the house inspected when we find one that we want. Just wondering, inasmuch as we are from out of state, how do we find a knowledgeable and reputable inspector that we can rely on? Thanks, Phil and Betty

**A:** Your real estate broker should be able to refer you to a good inspector. You are correct that it is an important part of a real estate purchase and you need to have someone that you trust.

*Randal Simon has been a real estate broker for over 30 years. His column was in the Portland Press Herald for many years; he is now pleased to be participating locally in Tourist & Town. He has been a contributor to The Wall Street Journal, Unique Homes and The New York Times.*

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[rsimon@legacysir.com](mailto:rsimon@legacysir.com) [www.legacysir.com](http://www.legacysir.com)

## Art Guild of the Kennebunks announces awards

An acrylic painting by Joseph Cousins of Freeport, titled *The Hoodlums of Dirty Cow Farm* won Best in Show at the annual awards show of the Art Guild of the Kennebunks held in Late August. Guild President Linda Van Tassell described the event as "spectacular, top to bottom. The work was first rate. All of our artists have reason to be proud."



Best in Show winner Joseph Cousins. Courtesy photo

Cousins was among 30 artists from Southern Maine and neighboring New Hampshire, all members of the Guild, to enter work in the competition.

Judges Mary Ledue-Bell and Jeffrey Bell considered six categories of media. First place winners included Robert Milashewski (acrylic), Mike Maron (oil), Ellen Pelletier (pastel), Jan Van Tassell (watercolor), Carol McLeod (Photography) and Susan Colburn Motta (mixed media).

Also on display during the three-day show was an acrylic piece by Dee Burdick titled *Along the Shore*. It was raffled to support the Guild's annual scholarship, which goes to a Kennebunk High School senior with a demonstrated interest and ability in the arts. The scholarship will be presented to a 2024 graduate of Kennebunk High School.

The Art Guild of the Kennebunks is a juried organization supporting artists in Southern Maine and surrounding areas.

## Reclaim It!

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Sue rescued this pedestal sink for her house on Lake Ontario, NY. It truly lends itself to the old-fashioned-summer-lake-house vibe she has created.

We've seen it all so contact us any time to discuss the possibilities that lie ahead for you and architectural salvage! Wanderers and explorers welcome.



# Southern Maine Saltwater Fishing Report: Some good fishing is ahead

by Captain Greg Metcalf

Labor Day weekend has come and gone, and some of the best fishing of the season is still ahead of us. Striped bass will start their annual migration in northern New England during September. The southern Maine shoreline should be alive with fishing activity for the next several weeks as long as the weather continues to cooperate.

There will be a definite change in the weather pattern this month. The mornings are cooler, the wind tends to blow more, but there will also be some spectacular fishing days.

Offshore fishing for sharks and tuna will hit its peak and ground fishing for haddock and pollock will be strong. There will also be a short season from September 1 to October 31 when anglers will be allowed to catch and retain one cod per angler with a minimum length of 22 inches.

Kennebunkport: The fishing from Cape Porpoise to Parsons Beach was really good this past week. Mackerel have reappeared and have been easy to locate and catch, and the striper activity has been solid. There seems to be plenty of fish around the beaches, rocky shoreline and Kennebunk River. There have also been some sporadic bluefish blitzes.

As we move through September, and the water continues to cool, stripers will begin to migrate – and there are sure to be some red-hot fishing days along the beachfronts, particularly early in the morning.

Wells, Ogunquit: Brandy from Webhannet River Bait and Tackle reported the water has remained in the mid-sixty-degree range, and there seems to be some bluefish in the mix with some really good striper fishing. Mackerel have been relatively easy to find and catch. Using live or fresh cut bait fished

tight to beach is the best way to catch a trophy bass this time of year.

Goose Rocks Beach and Biddeford Pool: Captain Dave Rand told me Goose Rocks still remains very slow for stripers. The rocks outside the beach are holding some small fish. Fishing the Cape Porpoise area has been much better. Best fishing occurs on the incoming tide as the fish move up onto the flats.

York: Captain Phil Breton from Breton Charters told me the inshore fishing seems to be in transition from the Piscataqua River to York Beach. Bluefish are very scarce but the striper fishing is relatively productive along the beachfronts and river mouths. Offshore ground fishing for sharks has been excellent as well as the tuna fishing.

Saco River and Saco Bay: Captain Cal Robinson of Saco Bay Guide Service reported that the



Robbie Dean from Houston, Texas, caught this beautiful striped bass on September 6 while fishing aboard the *Striper Swiper*.

Amy Vee has just finished another great charter season. There are still some decent fish around and stripers are still plentiful.

Fishing should remain strong along the shoreline and school-size fish will be moving back into the rivers again. Artificial

Baits are working well at Higgins Beach just before dawn as well as the fresh cut bait and live mackerel.

The Timely

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## Maine News Briefs

by Jo O'Connor

- Grab your tickets to "The Da Vinci Code" at the Ogunquit Playhouse running through September 23. Based on Dan Brown's bestselling novel, Professor Robert Langdon and Cryptologist Sophie Neveu are in a race against time to solve a murder and unlock the secrets of the Holy Grail. The pair must decipher a labyrinthine code before a shocking historical secret is lost forever.
- Mark your calendars from now through September 30, the Speers Gallery at the Kennebunk Free Library will host "Hands that Fashion our World," a photography exhibit by Kennebunk resident Nora Ordway.
- Get on over to Local Color in Dock Square, Kennebunkport as their 50% summer clothing sale ends on September 30.
- In entertainment news, Bangor native Jana Savage just screened her new film. *Wildflower* is a coming-of-age dramatic comedy that centers on the struggles of trying to flourish while caring for neuro-divergent parents. Film stars Kiernan Shipka ("Mad Men"), Jean Smart ("Designing Women") and Brad Garrett ("Everybody Loves Raymond"). This unconventional tale premiered at the Toronto International Film Festival.
- Portland will soon have a United Soccer League 1 team. According to WMTW, they will play at Fitzpatrick Stadium starting in 2025. Maine could make \$10 million in tax revenue, as well as create dozens of permanent jobs.
- If you are headed to Hampton Beach in the off season, the Aces and Eights Casino at 169 Ocean Blvd. are betting their new 14,000-square-foot renovation will now be open year-round.
- You've got to wait a little longer, as the first Costco store in Maine is heading for a big opening in Scarborough later this fall. The 161,100-square-foot store as well as a gas station and nearly 800 parking spaces sits on a 19-acre lot at the corner of Payne Road and Scarborough Downs Road.
- Congrats to Seacoast Pickleball, who will open its doors at 1050 US Rt. 1 in York this September in a space previously used by Seacoast United. It will feature eight courts and two lounges for viewing.

## Seas the Day!

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**Through the Lens with Bob Dennis**

"Taken at 7:30 on Thursday morning, September 7, this image shows the petunias in one of the flower boxes on the Lanigan Bridge that connects Kennebunk and Kennebunkport. In the distance, the three dories are in soft focus in the calm water of the Kennebunk River." ~ Bob Dennis  
 @portimages kportimages.com

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**ACROSS**

- 1 "1,000 songs in your pocket" device
- 5 Troublesome tykes
- 9 Bread unit
- 13 Desert mound
- 14 Begin
- 15 "Why We're Polarized" author Klein
- 16 With 62-Down, biometric reading from the eye
- 17 Oscar honoree
- 18 Talk up
- 19 Boldly punctuates a performance
- 22 Org. for the Timberwolves and Trail Blazers
- 23 "Immediately!"
- 24 It's 100% settled
- 26 What (aptly?) holds up government projects
- 30 Honey or hot tar
- 31 Palindromic kitchenware brand
- 32 Like some diets that eschew pasta
- 35 "Look \_\_\_ talking!"
- 39 70 degrees F, e.g.
- 41 "Goodness me!"
- 42 Termite's home

- 43 Cold drink with a Blue Raspberry flavor
  - 44 Exfoliating sponge
  - 46 "I've solved the puzzle!"
  - 47 Apt letters missing from "de\_epti\_"
  - 49 Unexpected winter break
  - 51 Ancient Eurasian trade route
  - 56 Aunt, to Mom
  - 57 "Rules \_\_\_ rules"
  - 58 Deteriorate
  - 63 Tiger : cub :: sheep : \_\_\_
  - 65 Home of India's Lotus Temple
  - 66 Green Tex-Mex topping
  - 67 Watery blue
  - 68 Set a maximum for
  - 69 Name in operettas?
  - 70 Gossip to dish
  - 71 Incoming flight stats
  - 72 Back in the day
- DOWN**
- 1 "\_\_\_ it my way" (Sinatra lyric)
  - 2 (Belly rubs ... warm milk ... what a dream!)
  - 3 Russian church topper
  - 4 Tyrant
  - 5 React to chicken pox
  - 6 Defeated in chess

- 7 Ad that generates hype
- 8 Casserole legume
- 9 "\_\_\_ 'er rip!"
- 10 O3
- 11 A Caribbean island
- 12 Like a major flaw
- 14 Took a chair
- 20 Elegant waterbird
- 21 Susan Wojcicki, to YouTube
- 25 Finish off, as a drink
- 26 Indian bread in seyal
- 27 "Suit" at a company
- 28 Foam on the water?
- 29 Voice-over artist's bane
- 33 Earlier in time
- 34 NFL officials

- 36 Begin to fail ... or a hint to the last word of 3-, 8- or 28-Down
- 37 Work safety grp.
- 38 "Don't leave me!"
- 40 Quick kiss
- 45 It's fired at a fire
- 48 www.gatesfoundation. \_\_\_
- 50 Gizmo
- 51 Dressed dish
- 52 Turk's neighbor
- 53 Madagascar primate
- 54 Face-planted
- 55 Stuffed grape leaf
- 59 "So it's come to \_\_\_"
- 60 Far from a flop
- 61 Garden entrance
- 62 See 16-Across
- 64 Vampire \_\_\_

**Mind in the Gutter by Jared Goudsmit**

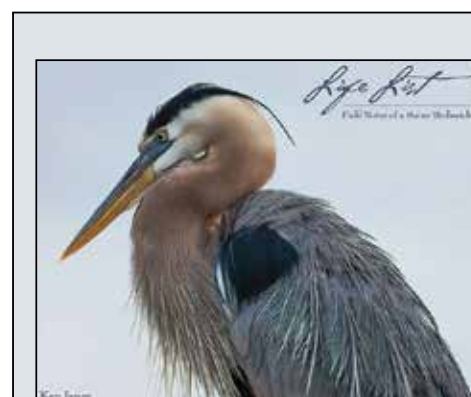
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**Universal Crossword**

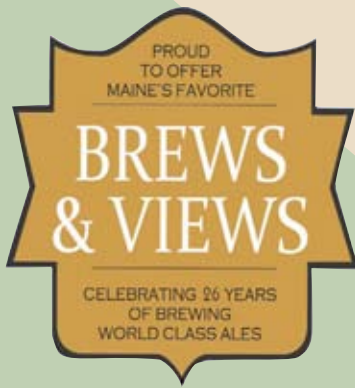
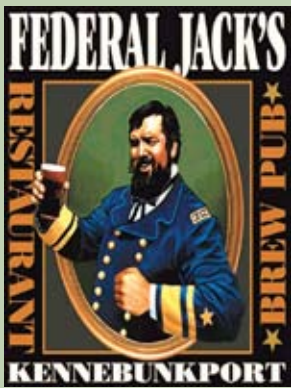
*Solution on page 20*

*(no peeking)*

**Enjoy!**



Ken Janes, a lifelong naturalist and amateur photographer, created this award-winning journal in which he documents the rich diversity of bird species found along the coast of southern Maine. Available at Fine Print Booksellers, Hurlbutt Designs, Antiques on Nine, HB Provisions, Mail-It Unlimited, Morph, Wells Reserve at Laudholm Farm and North Country Press.



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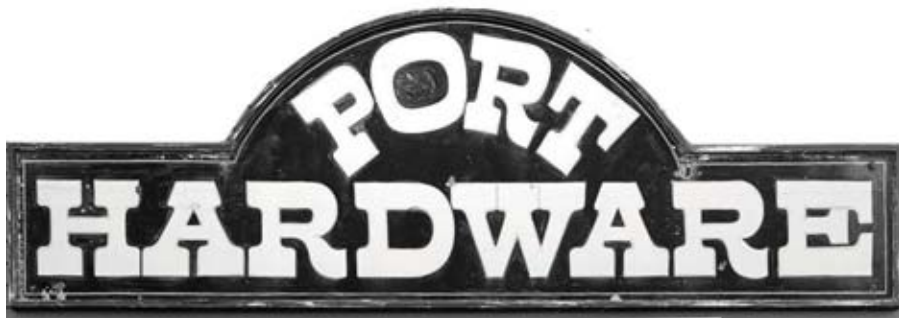


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