

Our mission is to be an indispensable guide to life in South Coastal Maine, a champion for local businesses and a source of entertainment and goodwill for locals and tourists alike.

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Publisher's Note

It's hard to say what I love most about fall – and this is something I think about a great deal, being a lover of all things fall.

Is it the high school football games? (And times are pretty darn exciting for this football mom right about now.) Is it the cooler mornings? The sweater weather? The heavenly sleeping temps? Or... is it that extra blue fall sky? A sky that looks photoshopped in the zillions of photos I snap this time of year?

While I know there are certain atmospheric reasons for the bluer sky in fall (I believe things like wavelength, jet streams and water vapor are somehow involved here), I can't for the life of me remember exactly what those reasons are. It doesn't help that I tend to cognitively shut down at the mention of these types of concepts.

Maybe, just maybe, my scientifically naive brain wants to say, the sky just appears more blue when juxtaposed against the oranges and reds of fall (though I'm still waiting for fall to really arrive here in New England, spoiled as that may sound.)

Either way, I flat out love a fall sky.

And when you combine a deep blue fall sky with a high school football game, well, it's sensory overload for this gal.

So happy blue skies everyone. And go Rams! (Okay, shameless.)









Some of you are finding us tucked into the Maine Sunday Telegram today, thanks to our exciting new partnership with the Portland Press Herald. Now, in addition to our local distribution to hundreds of drop sites throughout coastal York County, Tourist & Town is inserted into the Maine Sunday Telegram. If this is your first time reading our publication, now in its 65th year, we hope you enjoy it. And be sure to pick up our quarterly magazine!



Hot off the press! Just look for the flag in front of Tourist & Town headquarters at the old Kennebunk Train Depot, 12 Depot Street. When the flag is out, a new issue awaits you! Thanks to our friends at 207-494-8085 Signarama

Cover Artist: James Mattison

James Mattison (1990) is a self-taught fine artist focusing on contemporary impressions of people and his surroundings both of his home in New England and beyond. Born in Portland, Maine, James started painting at an early age but it wasn't until after he finished college that he found himself working as a fine artist full-time with the George Anderson Gallery.

Graduating from Stetson University in 2018, earning a degree in Digital Arts and Marketing, James started his career as a Graphic Designer in Florida. After building up a portfolio, he moved across the country to pursue a position with a long-term client in Portland, Oregon.

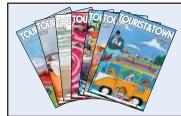
In 2020, James proudly found himself back in Maine where he was given the opportunity to co-manage the George Anderson Gallery, located on 340 Fore St. in Portland. Since then, James has had the freedom to find himself as a painter, creating pieces that display emotion and a sense of atmosphere through strong lines and vibrant colors.

'My landscapes generally have a sunny and warm disposition. They feel comfortable and more often than not come from a sense of gratitude. They may be places I've visited and found striking or a fabricated scene that feels more like a memory. When I paint, it's an outlet. Whatever I am feeling at a given moment finds its way to the canvas eventually. Whether it's a person, place, or thing, I hope to capture a sense of solitude. My work is both technically unique and fused with a feeling of connective emotionality. That's where the value lies. Painting is a means to express myself and to start a conversation with a sense of honesty and a feeling of togetherness through times of remoteness."



James Mattison is currently showing at Maine Art Hill in Kennebunk.

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Honey Lane: A stylish new shopping retreat in the heart of Lower Village Kennebunk

by Valerie Marier

"I wanted Honey Lane to be a shop where, if you're having a good day, you'll have an even better one by coming in," Allie Farren said about her new clothing and gift store on Western Avenue, Kennebunk. "Conversely, if you're having a bad day, the warm colors, welcoming vibes, helpful staff and upbeat music will lift you right up."

Farren named the store, which once housed Poofberry's Toys, after her adorable four-year-

old mini Goldendoodle fidence in the clothes they Honey, her avowed "best choose," she said. She's Honey, her avowed "best friend." She tapped a successful modeling career with Wilhelmina and Next Management along with a UNH major in communications, fashion merchandising classes she took in Los Angeles and New York, plus several years working in interior design with Ferrell Mittman to "curate a boutique that has something for everyone."

"I love helping people discover their own style and then glow with con-

happy to place special orders ("If you see a dress or sweater you like but don't know where to find it, let me help you.") Farren welcomes customers who prefer private appointments for fashion tips and styling suggestions. "I like interacting with my customers and getting their feedback on styles they'd like to see.'

Asked who her "typical customer" might be, Farren smiled and said, "Everyone! My clothes

are a fun mixture of pretty and preppy, edgy and bohemian, part tomboy and part girly-girly. We have contemporary clothing brands, including Risen jeans and Blue Ivy sweaters, plus dresses and classic blazers that look fabulous right here in Maine or for travel."

Since the champagne opening on September 30, the steady stream of customers through the front door indicates that Farren's instincts are on the mark. The shop itself is easy on the eyes, a muted rainbow of blues, whites and almond-toned flooring. Shelves and tables disgifts, and there's even a small (but



Allie Farren, former model with Wilhelmina and owner of Honey Lane in Lower Village Kennebunk, admits, "I love helping people feel confident in themselves by discovering their own style and taste." Photo by Val Marier



Honey Lane's signature surfboard hangs on the whitewashed walls of Lower Village Kennebunk's newest shop. Courtesy photo.

greeting card collection.

Honey Lane is brand new in town but its owner honor of her dog Honey, has enjoyed summers in Maine all her life. Farren's grandparents owned a house on Higgins Beach. all year but we'll soon Her parents fell in love be online so people can with Kennebunkport visit us that way too," she years ago and recently moved here. She added, "I love the lifestyle in Kennebunk and the Port. play scarves and I'm used to living in citspecial hostess ies and this is a lovely Dallas DiPullio get marchange.'

There are other changwicked-good!) es on the agenda. Far-

hopes to have a section with pet paraphernalia. "Honey Lane will be open said. Perhaps the biggest change in Allie's life will take place in August 2025 when the lovely former model and her fiancee Island.

"Owning my own 204-0399.

ren plans to add a men's retail store has been a section "soon" and, in dream since I was a little girl," Allie Farren said. "Fashion is more than just clothing to me. It's a feeling that radiates through us when we feel good about ourselves. I look forward to welcoming everyone and helping them find that special item."

Honey Lane is located at 21 Western Avenue, Kennebunk; open 8:30 AM to 6 PM Monday through ried in Newport, Rhode Thursday; 8 AM to 7 PM weekends; FMI call 207-



"Honey Lane specializes in contemporary and classic clothing but my plan is to add more gift and home decor items," owner Allie Farren says about her new boutique on Western Avenue, Kennebunk. Courtesy photo

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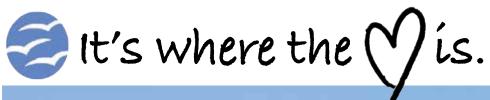
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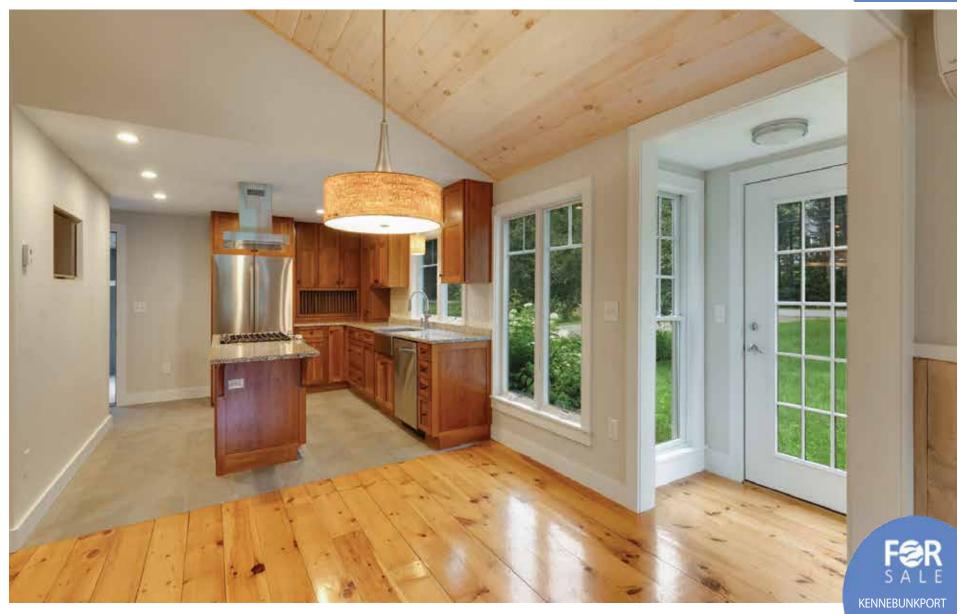
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October is Domestic Abuse Awareness Month: Let's Talk About It Kennebunk and York libraries host programs on domestic violence and emotional abuse

by Valerie Marier

hours, Maine law enforcement responds to a report of domestic violence.

Thousands of women happens in every commugender identity.

from Kittery to Fort Kent nity and zip code and at Every two and a half suffer brutal beatings, all income and education domestic violence are younger. Camden-based sexual assault, life-threat- levels. It cuts across race, ening injuries and ma-religion, marital status, nipulative degradation. It sexual orientation and

Some survivors of endured when she was nized Finding Our Voices well known. Maine's Governor Janet T. Mills has gone public about the physical abuse she

photojournalist Patrisha McLean was married to singer Don McLean (of "American Pie" fame) for nearly three decades until she "couldn't take the terror and abuse any longer."

Other survivors might live next door or down the street. Mary Lou Smith was married for 43 years to a University of Southern Maine professor. When the 83-year-old told him she was desperate to end the pain of living with him and was considering suicide, "he left the room, returned with a gun, and said, 'I'll show you how to put a gun to your head and be successful committing suicide.""

Survivors' stories are heartbreaking and rampant, but because of the bravery and encouragement of Patrisha McLean, their words are finally being heard loud and clear. Three years ago after newspaper headlines across the country revealed the abuse she'd experienced at the hands of Don McLean, she orga-

to help survivors break their silence and end the stigma and cycle of domestic abuse throughout Maine.

Patrisha explains, "Finding Our Voices is a grassroots, survivorpowered nonprofit boldly breaking the silence of domestic abuse, one community and conversation at a time, all across our state." This October, which is Domestic Abuse Awareness Month in Maine, several survivors who have found their voices are speaking at 11 public libraries across the state. Two of those presentations (which include short films and a survivor-led discussion) will be held here in southern Maine, on October 17 at York Public Library and on October 18 at Kennebunk Free Library.

The panels feature a former news anchor at WMTW, a Biddeford pharmacist, artist and illustrator Rebekah Lowell, a young teacher who managed to escape her abusive husband, and

- continued on next page



Sarah Graham, studio manager of "Yoga on York," is one of the Maine survivors who will be on panels at the York and Kennebunk libraries during October's Domestic Abuse Awareness Month. Graham and other survivors will discuss their experiences with domestic abuse and how they finally managed to break their silence. Photo by Patrisha McLean





Mary Lou Smith who was food costs for survivors. terrorized by her college professor husband for more than four decades.

These women will tell you they are not heroes. "We are simply survivors with a message," McLean states. They favor wearing yellow scarves and blouses. "We are trying to get to the bright side," McLean says. "To us, wearing yellow helps shine a light on domestic abuse. We have managed to cross to the bright side of safety and freedom, and we want everyone to realize that abuse DOES happen to independent, smart and accomplished people. But there is a way out."

In addition to urging women to speak up, McLean has instituted a host of innovative programs mitigating the isolation, brutality and financial degradation that are key factors in keeping women trapped in abuse, Finding Our voices has started pro bono dental programs called Finding Our Smiles in which dentists offer free, confidential, dignified and gold-standard dental care to women and children. A Get Out Stay Out fund helps pays for shelter, car repairs, legal help and 207-322-6460.

Additionally, Finding Our Voices organizes weekly online support groups and book clubs, healing retreats and song writing sessions.

Sponsors for the Kennebunk and York presentations include Kennebunk Savings Bank, Cosmetic Enhancement Center of New England and Hurlbutt Designs LLC. Additionally, the York Harbor Inn, the Colony Hotel and the Wanderer are providing lodging to the women participating in the event.

One in three women has experienced some form of physical violence by an intimate partner. It could happen to your mother, sister, daughter, grand-daughter, aunt or best friend. Help them break the silence. Encourage them to seek help. Start by coming to hear their voices on October 17 and 18.

Finding Our Voices presentation at York Public Library, 15 Long Sands Road, is on October 17, 6:30-8:30 PM; at Kennebunk Free Library, 112 Main Street, on October 18 from 5:30 to 7:30 PM. FMI visit https://findingourvoices.net or contact Patrisha McLean directly at

Let's talk about it – and let's keep talking about it!

Finding Our Voices Breaking the Silence of Domestic Abuse



Michelle Conners, director of the Kennebunk Free Library, holds Finding Our Voices posters that are part of an exhibit at four York County libraries, including in Kittery, Wells, York and Kennebunk. Photo by Patrisha McLean

Zip-lining though the spooky night sky Take Flight Aerial Adventures in Kittery Stages Hair-Raising Rides on Halloween Weekend (EEEEK!)

by Valerie Marier

Fog machines create a spectral setting and loudspeakers boom with Halloween classics, including "Monster Mash" and "Thriller." Dressed as zombies, the Take Flight staff offers glow sticks before sending you off on a frightfully fun, half-mile ride, zip-lining through treetops and past illuminated skeletons in this 12acre complex. It all starts as it should at dusk on Halloween weekend.

"We introduced Zom- mer and early bie Zips several years fall, Take Flight ago," says Sam Stocks, offers two and general manager of the a half hour aeraerial adventure challenge ial adventures, course on Route 1, Kittery. in cluding "They've been amazing- multi-vines, ly popular and this year cat walks, we're adding even more Burma bridges

'faint of heart' as you climb and zip-line through the dark. It's just pure excitement and something the whole family will enjoy."

Stocks encourages "all ages and anyone weighing between 50 and 250 pounds" to arrive wearing Halloween costumes. "Just no capes or anything inflatable," she adds. Closed toe and heel shoes are required for participation.

The zombies were having fun, The party had just begun. They did the Monster Mash! (The Monster Mash) It was a graveyard smash! (*They did the Mash*) It caught on in a flash! (They did the Mash) They did the Monster Mash!

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rides. These are not for the ticipants choose their own adventure at three different levels (12, 24 or 36 feet up), with cargo nets to climb up, on, across, over and through. Everyone gets outfitted with a harness and is introduced to a "buddy," a staff member who accompanies them on the challenging course, offering advice, help and

"Zombie Night is a little different!" Stocks says. Throughout the sum- "We're just as careful and

encouragement.

eerie stuff to the 30 minute and swinging tires. Par- it's lots of fun for everyone, including our staff. But space is limited, so we strongly urge making reservations in advance because tickets sell fast."

Zombie Zips start Friday, October 27, from 6-9:30 PM; Saturday, October 28, 4-9:30 PM; Sunday, October 29, 6-9:30 PM. Cost is \$60 per person; Take Flight Aerial Adventure Čhallenge Park is located at 506 US Route 1, Kittery; FMI call 439-8838.



During the day, Take Flight decorates for Halloween climbs. But at dusk the 12-acre site turns into a spooky setting. Photo courtesy of Take Flight Aerial Adventures



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Ron Phillips Prevoir's

"Back to Nature: A Study of Native American Art" - An intriguing, not-to-be-missed art show

Ronald Phillips Prevoir has communed with Naern Maine. Originally, the artifacts.

For the last 50+ years, Shapleigh Knoll Farm on Native American artist which Prevoir resides was 20, this gifted and acpart of a plot of sacred Native land – land which has artist will open his twoture in the hills of south- revealed unique finds and day, one-man show, to life experiences to create



Ronald Phillips Prevoir. Courtesy photo



One of Prevoir's unique sculptural pieces. Courtesy photo

complished coastal Maine be held at the renowned

Oak Street Bistro in Alfred. The Bistro, with wonderful food and ideal setting for Prevoir's show, which will run throughout the weekend. Friday's reception run on Saturday and Sunday, 11:30 AM to 8 PM both days.

Prevoir's Nature" will feature a multitude of paintings representing work from across the years. Prevoir's work will include several mediums, in addition to various sculptural pieces created from unique objects found right in Prevoir's own backyard. The show will also

On Friday, October feature several numbered prints from many of Prevoir's original works.

Prevoir combines his works that both educate and inspire. An artist and educator, Prevoir prefers watercolor for its fluidity, oils for their patina service, is the and texture, and wood in its natural state as found in nature. Prevoir draws inspiration from nature's creations and his Native American background.

Elder Ronald Phillips will be held from Prevoir treasures his Na-5 to 8 PM. The tive Penobscot heritage. show will then He has been recognized as one of the tribal leaders in many of the local pow wows over the years and is recognized by many other tribal leaders across show "Back to America and Canada.

Prevoir received a Bachelor of Science in Education from Massachusetts College of Art. He went on to receive his Master's Degree in Education from Assumption College and studied at the Boston Museum School and the American School in Rome.

Prevoir has taught art for over 27 years at both high school and college levels. He has also led

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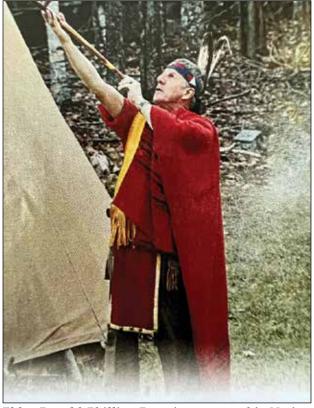
over six contingents of rope. Prevoir's work is well represented nationally through awards by the USDA and in private collections across 16 states.

Prevoir is the owner and manager of the Shapleigh Knoll Farm in Shapleigh. His original flock of rare Cheviot sheep was one of only 12 flocks left of this breed in Maine. Argyle, his prize ram, was the star character in a national award-winning children's book. The flock has been nationally registered since 1970.

Prevoir has served as president for the Art Guild of the Kennebunks. He has judged the Ogunquit Chamber of Commerce's Sidewalk Show for over 10 years, and he is currently known as Shapleigh's Artist in Residence.

Prevoir's work has been students for study in Eu- locally displayed in hospitals and medical centers. He has also been represented by, and shown in, numerous area galleries with venues across the coast of southern Maine, as well as at a variety of locations in Massachusetts. Prevoir's work has found its way into venues at several area colleges and universities and in several Boston museums.

'Back to Nature: A Study of Native American Art" will be held at the Oak Street Bistro at 3 Oak Street in Alfred. The opening reception will take place on Friday, October, 20, from 5 to 8 PM. The show will be open for viewing throughout the weekend, on Saturday and Sunday, October 21 and 22, from 11:30AM to 8 PM. This intriguing show is not to be missed.



Elder Ronald Phillips Prevoir treasures his Native Penobscot heritage. Courtesy photo

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"If I had my life to live over again, I would have made a rule to read some poetry and listen to som music at least once every week." ~ Charles Darwin

Let Mid-Week Music take over

Mid-Week Music continues Wednesday, October 25 at 7 PM with "Words & Music by James Marshall Hendrix." The monthly concert series is held at the Kennebunkport Historical Society's Town House School at 135 North Street.

As Ed Williamson said of Jimi Hendrix, "Obviously he was a force of nature on guitar, but I always felt that his songwriting prowess never got the appreciation it deserved. His songs are so pure and timeless." To that end, Mark Gunter (keyboards, vocal), John Kumnick (bass), Dylan Kumnick (drums), and Dana Pearson (guitar, vocal) will perform an evening of solidly written Hendrix tunes, including "Crosstown Traffic," 'Castles Made of Sand," and "House Burning Down."

FMI and tickets: kporths.com/events, info@kporths.com, or 967-2751.



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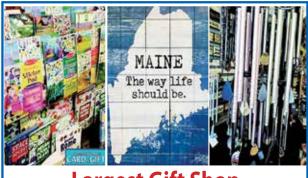
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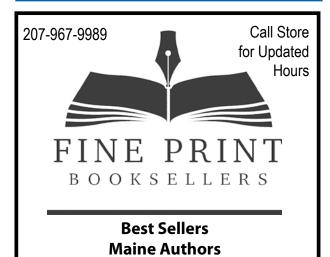
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Children's Books Port Walk, Dock Square, Kennebunkport

Meet the new owners of Bradbury Brothers Market

by Jo O'Connor

Tourangeau and Tim Pasterczyk – the new proprietors of the 89-year old Bradbury Brothers Market, the venerable grocery store in the heart of Cape Porpoise.

While they both grew up in Springfield, Massachusetts, they didn't meet until they were in their late 30s – in spite of having numerous mutual friends.

Introducing Michele grew up working in restaurants since she was 14 Ogunquit. She went on to earn a bachelor's degree in hospitality managebecca's on Beacon Hill for 12 years. in Boston and David's in Boston's theatre district. had an intriguing back-From there, she went on ground story. Like Mi-

The affable Michele to become a corporate was their mutual friend trainer for the restaurant chain Olive Garden. Later, and spent summer weeks Michele moved on to beon Moody Beach and in come the catering manager at Hotel Northampton in western Massachusetts. Finally, she was the marment for UMass Amherst. keting and events manager She then managed two at Hampshire College in popular restaurants: Re- Amherst, Massachusetts

The witty Tim also has

chele, he grew up in restaurants in Springfield since he was 12. He then studied psychology and business at Springfield Technical Community College. After that, he packed up his things and moved to Phoenix and then Tempe, Arizona, where he ran a few bars and clubs. Yearning for home, he moved back to Springfield and became a corrections officer with the Department of Youth Services for 6 years. After that period, he became a car salesman.

It was kismet that brought the two together even though they were the same age and grew up in thesame town, it

Todd (Quasi) Crisostomo, who introduced them. Ouasi knew Michele from high school and Tim from the neighborhood and sports teams. Quasi's family has a house in Biddeford Pool and connected the two when Michele came to Maine in 2013. They have been together ever since.

Within a year of knowing each other, they bought the Puffin Inn, a 10-room bed & breakfast, which they sold in 2021 after nine seasons. While they were running that, Tim created a golf-cart taxi business called The Ogunquit Shuttle, running from April to October. Michele became beer and wine distributor in York County (Elliot-Kennebunkport) for nine years. One of her clients was Bradbury Brothers Market. The former coowner Christine Faiella approached her about purchasing the business and with some number crunching and serious planning, they came on board.

Michele and Tim are the epitome of a success story as effective entrepreneurs. Since the purchase of the business in early July, they have jumped in full steam, maintaining the successful store, learning the systems and processes and making sure things

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Tim Pasterczyk and Michele Tourangeau are the new owners of the iconic Bradbury Brothers Market in Cape Porpoise. Photo by Jo



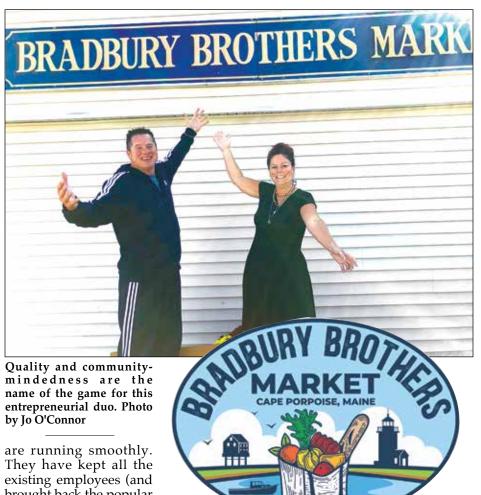
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brought back the popular baker Jodie Beaudoin), put in a new phone system, installed surround sound music into the shopping experience and created a new logo. They plan to expand the grab-and-go menu and create some holiday-themed events. Look for details about a Cape Porpoise Tree Lighting reception with Three Seas Fish Market in December.

"We are so community-minded and are looking to honor the deep and

long traditions that Brad- Bradbury's Meat Departbury Brothers Market has ment. Don't forget to visit always represented. We their expansive wine and look forward to meeting and serving many people in this community," said Michele and Tim today!

bury's will still offer a full deli and sub-shop menu featuring Boar's Head PM. FMI: bradburybros. brand deli meats and com/167 Main Street, cheeses as well as serve Cape Porpoise, Kenexceptional offerings at nebunkport

liquor section too.

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Bradbury Brothers And don't worry, Brad- Market is open Monday-Saturday, 7 AM-7 PM, and Sunday, 8 AM-6





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Heart of Biddeford - a major force helping Biddeford reinvent itself

by Steve Hrehovcik

Welcome to Biddeford a city rich in history and tradition – that is now in the midst of an exciting renaissance and revival.

Due to its location on the Saco River, this York county city transformed from a sleepy fishing village to a prosperous blue-collar manufacturing mill center. After years of dramatic growth, Biddeford went into a period of economic decline during the 1970s. Competitive forces and consumer habits forced mills to close and businesses to relocate. Today Biddeford is bouncing back and experiencing a return to its days of business and cultural accomplishment.

tion to revitalize and reinvent the city is the "Heart of Biddeford." HOB is a non-profit volunteer organization working to encourage economic downtown section of Bid- of operation.

deford. In cooperation with the city, local businesses, property owners and residents, HOB has inspired developments with popular citywide events, promotional activities and beautification programs.

has been executive director of HOB for the past 12 years, said, "We're proud to say HOB will celebrate its 20th anniversary in 2024. We are part of the Maine Development Foundation's Main Street Maine, which promotes downtown areas throughout the state. In recognition of our work, we received the Great American Main Street Award in 2022."

One of the ways HOB Taking a leading posi- encouraged downtown in the state. Biddeford development was with a contest called the "Main Street Challenge." Three winners of the challenge received funds and services to help them during growth and improve the their first challenging year

work closely with the city and have ties with the Biddeford Saco Chamber, and Saco Main Street, to help revive the growth of both downtowns. Oncevacant storefronts have Delilah Poupore, who reopened with locally designed clothing, antique stores, art and craft galleries, health food suppliers and specialty and gift shops, plus a variety of restaurants offering ethnic foods, such as Chinese, Thai and Irish-American. Many restaurants have been featured in The New York Times and Yankee Magazine."

> A drive through Biddeford's downtown reveals some of the most distinctive architectural designs also has the tallest building in Maine – St. Joseph's Church, at 235 feet and built in 1870.

> While new businesses are drawn to downtown locations and into converted empty mill space,

Poupore added, "We several have prospered through the city's turbulent years. These include Reilly's Baker, Alex's Pizza and the Palace Diner, the oldest diner in Maine.

To support these ongoing activities, HOB recently hired Abby Leibowitz as assistant director, who coordinates events and works with hundreds of volunteers

Leibowitz said, "To help new and existing business, HOB sponsors networking events, an entrepreneurs' group and courses in leadership, customer service, storefront designs and computer training. We also partner with veterans' organizations, promote women and Black-owned businesses and support Pride events."

HOB provides a high profile by sponsoring "Happening" events throughout the year, such as Music in the Park, River Jam, Oktoberfest

- continued on next page

Richard Russo and Andre Dubus III in conversation

The Louis T. Graves Libestsellers Nobody's Fool brary is excited to present an intimate conversation with award-winning au-Andre Dubus III at 6:30 PM on Thursday, October 19, at Vinegar Hill Music Theatre. The evening will begin at 5:30 PM, with a cocktail hour and book

Dubus and Russo have new novels to discuss. Dubus' Such Kindness, the story of a working-class white man's terrible fall, has been called "a powerful portrait of recovered dignity" by People magazine. İn Somebody's Fool, Russo returns to North Bath, in upstate New York, and to the characters that captured the hearts and imaginations of millions of readers in his beloved

and Everybody's Fool.

Richard Russo is the author of ten acclaimed thors Richard Russo and novels, two collections of stories and the memoir Elsewhere. In 2002 he received the Pulitzer Prize for *Empire Falls*, which, like Nobody's Fool, was adapted into a multipleaward-winning minise-France's Grand Prix de Littérature Américaine.

Andre Dubus III's books include The New York Times' bestsellers House of Sand and Fog, The Garden of Last Days, and his memoir Townie. His recent novel Gone So Long was named to many "Best Books" lists, including *The* Boston Globe's "Twenty Best Books of 2018."

The authors' latest nov-





Above left: Andre Dubus, III. Photo by John Hauschildt. ries. In 2017, he received Above right: Richard Russo. Photo by Elena Seibert

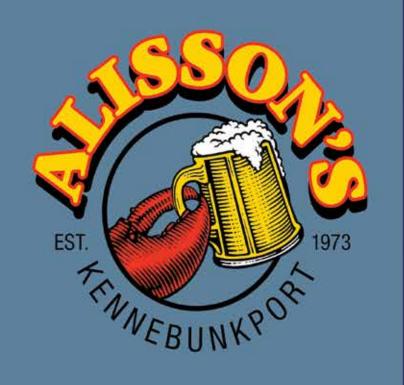
els brim with the authors' trademark heartrending observations andwry humor. These are two masters in peak form.

Moderating the conversation will be former Graves Library board member Joshua Bodwell, editorial director of Godine and Black Sparrow Press.This event is being sponsored by Vinegar Hill

Music Theater. A variety of the authors' works will be sold during the first hour of the event and purchases can be personalized.

Vinegar Hill Music Theatre is located at 53 Old Post Road, Arundel. Tickets are \$50 and are available at vinhillmusic. com. Proceeds benefit the Graves Library.





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and Maine Craft Weekend. Coming up are the Downtown Creep Crawl, with a Halloween theme, Holiday Festival and Winterfest

To accomplish its city growth objectives, HOB has four major committees that focus on events, beautification, business support and fundraising/volunteer recruitment.

Poupore said, "If you heartofbiddeford, org.

are new to the area or haven't been to Biddeford in a while, I invite you to visit and see the many changes in our downtown as well as other areas of the city."

HÓB is located at 205 Main Street, Biddeford, adjacent to the City Theater. To learn more about HOB call 207-284-8052 or visit www. heartofbiddeford,org.



During Biddeford's Oktoberfest event sponsored by the Heart of Biddeford, Abby Leibowitz, assistant director of HOB, Kiara Frischkorn, Oktoberfest participant and Delilah Poupore, executive director of HOB, pause to enjoy the festivities. Courtesy photo

Biddeford at a Glance

Biddeford is Maine's sixth largest city with a population of more than 22,000. Discovered by European explorers in the 1600s, it was named after "Bedeford," a town in Devon, England, the previous home of many settlers. Waterpower from the Saco River helped develop Biddeford into a manufacturing center. In the 1800s, companies such as the Laconia and Pepperell built expansive mills for the production of shoes and textiles. Other mills also produced electronics, machinery and plastics. The mills drew waves of immigrants from Canada, Ireland, Albania and many other countries. Today, Biddeford offers a diversity of districts that include the downtown, big box stores at Biddeford Crossing and several shopping areas, industrial parks, a hospital, the University of New England, the MacArthur Library, and City Theater – the former Opera House built in 1896. In addition to its extensive business communities, Biddeford has residential districts and rural areas, plus river and oceanfront neighbor-

hoods and an airport.

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Have you picked up a copy of Tourist & Town's Fall 2023 Magazine? If not, be sure to do so ASAP!

* CHEZ ROSA*

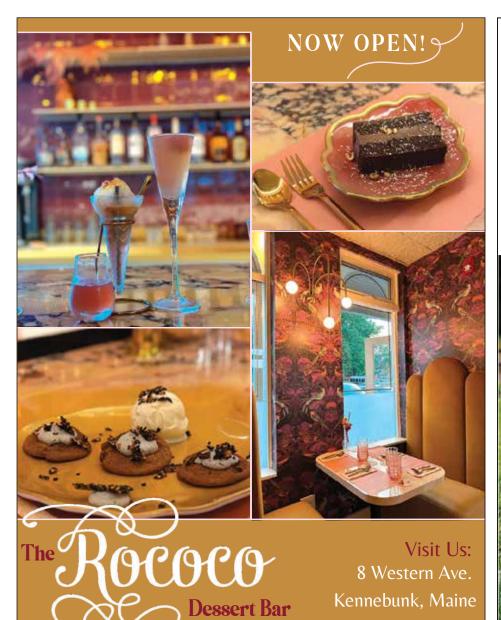
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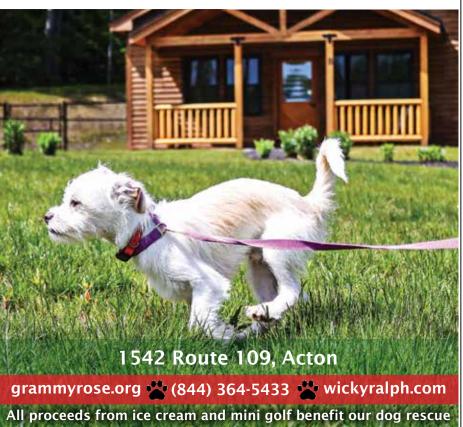
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CALENDAR

ONGOING Through October:

Art Exhibit: "York Art" at the York Public Library, 15 Long Sands Rd., York. Open during library hours, through the end of October. The current exhibition honors York Art Association members; some are professional exhibitors, some are art teachers, and some engage art for the deep pleasure of making art. In this exhibit you will view the work of Maine artists at every skill level. Refreshments will be provided. FMI 363-2818 or yorkpubliclibrary.org.

Costume Swap, York Public Library, 15 Long Sands Rd., York, through October 31 at 5 PM. YPL is hosting a costume swap! Do you have a gently used costume that you are ready to pass along? Improve your carbon footprint and recycle those like-new costumes from a previous year. Bring your costume to the library to swap for a new (to you) costume. Drop-off your costume downstairs in Youth Services in September or October. Select a costume from the swap between October 1 and October 31. PLEASE make sure costumes are clean and in a gently used, like new condition. All sizes from babies to adults accepted. FMI 363-2818 or yorkpubliclibrary.org.

Thursday, October 12

Morning Book Group, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 9:45 AM. The book *Horse* by Geraldine Brooks will be discussed. This group meets on the second Thursday of every month. New members are always welcome. For further information, please call 967-2778 or visit our website at www. graveslibrary.org.

Secrets of the Salt Marsh Walk, 10-11:30 AM. Learn what is special about these productive ecosystems nestled between seashore and uplands, on a docent-led walk at the Wells Reserve that covers about 1 mile. Free. Registration required at caryn@wellsnerr.org or 207-646-1555 x110. FMI wellsreserve.org/calendar.

Dried Flower & Fabric Decoupage Pumpkins, Brick Store Museum, 117 Main Street, Kennebunk, 5:30 PM -7 PM. Create your original decoupage pumpkin. Every participant will leave with a finished original decoupage pumpkin sure to be the star of your fall décor. All materials will be provided by the Brick Store Museum. Bring a friend and a beverage and join the museum for a fun night out! Cost \$40/\$35 Museum Members. Learn more by calling 985-4802 or visit www.brickstoremuseum.org.

Blue Zones: "An Unexpected Discovery," Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 9-10:30 AM. Community screening and discussion about Live to 100: Secrets of the Blue Zones. View and discuss a four-part documentary featuring Dan Buettner as he discovers five unique communities where people live long and vibrant lives. Dan Buettner is an explorer and best-selling author who has studied Blue Zones for twenty years. This documentary features five regions across the globe with the highest number of centenarians or people who live to 100. (Wednesday, October 25, "The End of Blue Zones?" Thursday, November 2, "The Future of Longevity")

Friday, October 13

Kayaking on the Little River Estuary, 9 AM-12 PM. For ages 12 and up. Some restrictions apply. \$60/\$48. Registration required. FMI 207-646-1555 or wellsreserve. org/kayak.

Special Firefighter Story Hour, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 10 AM. October is fire prevention month. This special event includes a truck, stories and a firefighter demonstration referenced to the Wabanaki people. For ages 12 and up. of putting on gear in under two minutes! Children can then practice with their own pink, red, or black helmet to take home. FMI call 967-2778 and ask for the Junior Room or visit www.graveslibrary.org.

Community Art Show, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 5:30 PM. The current pieces will hang in the Business Center through May, 2024. Come celebrate local talent and support community artists. Fifty percent of proceeds benefit the library. Light refreshments will be served. The show includes a diverse range of artistic styles and mediums including acrylic abstracts, watercolor landscapes, mixed media and photography. Parking is available at the Village Fire Station (North Street) and Consolidated School (Route 9). FMI call 967-2778 or visit www.graveslibrary.

Steampunk Vintage Journal Class, Brick Store Museum, 117 Main Street, Kennebunk, 2-5 PM. Three-session journal-making class. Learn about tools and techniques to create a steampunk or vintage journal (your choice) with mixed media. Play with antiqued paper, ephemera,

embellishments and your own "found" treasures. Bring an old hard-cover book to the first class (or use one from our stockpile!). Instructor: Christine Burgess, Teaching Artist. Class size is limited. Dates: Fridays, October 13, 20, 27 from 2-5 PM. Three sessions are \$115/\$130. Sign up by calling 985-4802 or visit www.brickstoremuseum.org.

Saturday, October 14

Portal of Awareness Walk, Wells Reserve, Wells, 9:30-10:45 AM. Learn about compassion and mindfulness from author, therapist, compassion educator, and grief worker Elizabeth Straka. We will meet and talk at the gazebo, then take a facilitated walk to discuss principles of compassion and elements of awareness. Free. Registration not required. FMI wellsreserve.org/calendar.

Pastel Art Demonstration with Wade Zahares, Brick Store Museum, 117 Main Street, Kennebunk, 10 AM. Explore the Museum's "Pastels Only" international pastel show with partner Pastel Society of Maine, and watch a demonstration of the medium by local artist Wade Zahares! Free program. Learn more by calling 985-4802 or visit www.brickstoremuseum.org.

HarvestFest at the Museum, Brick Store Museum, 117 Main Street, Kennebunk, 10 AM-1 PM. Explore the Museum and take part in family crafts and activities, including sugar skull making! Complete offerings on our website. Free admission for HarvestFest! Learn more by calling 985-4802 or visit www.brickstoremuseum.org.

Monday, October 16

Seasonal Stroll: Autumn, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 11AM-12:30 PM. Do you revel at the first reds and yellows of fall? Do you look forward to the arrival of warblers in the spring? Do you wonder how monarchs know it's time to head south? The timing of these life events matters and on this autumn stroll at the Wells Reserve talk about why. For ages 12 and up. \$8/\$6. Registration required at 207-646-1555 x110 or caryn@wellsnerr.org. FMI wellsreserve.org/calendar.

Historic District Walking Tour, Brick Store Museum, 117 Main Street, Kennebunk, 12 PM. Explore the history of the elaborate and historic homes that line Kennebunk's Summer Street neighborhood in Downtown Kennebunk. Led by Museum tour guide. \$10 per person/\$5 for members. Reserve in advance by calling 985-4802 or visit www.brickstoremuseum.org.

SMAA Medicare Info Sessions, Wells Public Library, 1434 Post Rd., Wells, 10 AM-1 PM. Southern Maine Agency on Aging Medicare Program will be coming to Wells Library every second Monday of the month to help answer any questions you may have on Medicare, such as how to enroll, help understand your Medicare coverage or help you understand your billing issues. This unbiased free service is offered through a partnership with the Wells Library to help you make an informed decision about your health insurance. If you have any questions, please call Southern Maine Agency on Aging at 207-396-6524 for more information.

Tuesday, October 17

Wabanaki Wonderings: Paleo-Archaic, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 10 AM-12 PM. Who were the ancient humans in this area? What was the landscape like? How did people eat, live, and relate? What flora and fauna were present with them? We will share insights and knowledge while exploring the Wells Reserve. Leader Linda Littlefield Grenfell is of European descent and has studied about and with the Wabanaki people. All information and knowledge are \$8/\$6. Registration required at linda@wellsnerr.org or 207-646-1555 x128. FMI wellsreserve.org/calendar.

Your Health Matters Book Club, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 12 PM. Louis T. Graves Memorial Public Library and the Kennebunkport Public Health Department invite you to participate in a lunchtime book discussion of *The* In-Between: Unforgettable Encounters During Life's Final Moments, by Hadley Vlahos R.N. Copies of the book are available at the Library. Feel free to bring lunch. FMI call 967-2778 or visit www.graveslibrary.org.

Wednesday, October 18

Wednesday Walk, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 10:30 AM. The natural world has long been a muse for poets, writers, and artists. On this walk at the Wells Reserve, docent Norma Fox will choose a route for exploring and finding inspiration. For ages 12 and up. Free. Registration required at 207-646-1555 x110 or caryn@wellsnerr.org. FMI wellsreserve. org/calendar.

Kayaking on the Little River Estuary, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 12-3 PM. Paddle the quiet waters of a Maine estuary, watching wildlife and learning about this treasured habitat from a registered Maine Kayak Guide at the Wells Reserve. For ages 12 and up. Some restrictions apply. \$60/\$48. Registration required. FMI 207-646-1555 or wellsreserve.

Thursday, October 19

Marsh Marvels. Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 10:30 AM-12:30 PM. Explore the wonder and beauty of the salt marsh through hands-on science. Under the wide-open saltmarsh sky, we will explore the waters, animals, and habitats of the estuary. With easy-to- use scientific equipment, we will investigate water quality, discuss long-term environmental monitoring, and discuss the interconnected ecosystem and how it's changing. For ages 12 and up. \$8/\$6. Registration required at 207-646-1555 x110 or caryn@wellsnerr. org. FMI wellsreserve.org/calendar.

Knock Out Browntail Moths, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 2 PM. Browntail moth populations, found in patches along the coast and up to 60 miles inland from the western Maine border, to the New Brunswick border are building in Maine once again. Come by the library for this informational session from the Department of Agriculture, Conservation, and Forestry and protect yourself from infestations. For more information, please contact Stefanie Claydon at sclaydon@wellstown.org or by calling the library at 207-646-8181.

Nonfiction Book Group, Wells Public Library, 1434 Post Rd., Wells, 4:30 PM. The nonfiction book group will meet in person - all are welcome! Our pick for this month is *The* American Way of Eating by Tracie MacMillan. This free event is sponsored by the Friends of the Wells Public Library. For more information, please contact Cindy Appleby at cappleby@wellstown.org or call the library at 207-646-8181.

Weekly Conversational French Language Group, Wells Public Library, 1434 Post Rd., Wells, 6:30 PM. Join us for an informal approach to practicing or relearning French! We welcome anyone with a French Language interest to participate. Venez parler français avec nous! This free event is sponsored by the Friends of the Wells Public Library. For more information, please contact Cindy Appleby at cappleby@wellstown.org or call the library at 207-646-8181.

Write On! Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 3 PM. This is a different kind of writing group. Discuss findings, share writing and get to know your own unique inner talents. Creative writing prompts will be given at the end of each meeting. FMI call 967-2778 or visit www.graveslibrary.org.

Richard Russo and Andre Dubus, III: In Conversation, Vinegar Hill Music Theater, 53 Old Post Road, Arundel, 5:30 PM. See page 10 of this issue for more details. FMI call 967-2778 or visit www.graveslibrary.org.

Friday, October 20

Furry Tales Story Time, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 10 AM. The Animal Welfare Society of Kennebunk will join for a very special story time. A coloring craft will follow. Preschoolers and their families explore the exciting world of animals with stories, playtime, crafts, songs, movement, and plenty of animal time. FMI call 967-2778 or visit www.graveslibrary.org.

Fiber Arts, Wells Public Library, 1434 Post Rd., Wells, 10:30 AM. Join us on Fridays to show off your latest knitting creation, get tips on your crochet technique, and just chat with old friends and make some new ones. All ages and levels of ability are encouraged to join us for ideas, inspiration, and lively conversation. For more information, please contact Stefanie Claydon at sclaydon@ wellstown.org or call the library at 207-646-8181.

Back to Nature: A Study in Native American Art with Ronald Phillips Prevoir, Oak Street Bistro, 3 Oak Street, Alfred, 5-8 PM. See story on pages 6 and 7 of this issue.

Saturday & Sunday, October 21 & 22

Back to Nature: A Study in Native American Art with Ronald Phillips Prevoir, Oak Street Bistro, 3 Oak Street, Alfred, 12-8 PM. Featuring music by harpist Gail Wilber.

Saturday, October 21

Portal of Awareness Walk. Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 9:30-10:45 AM. Learn about compassion and mindfulness from author, therapist, compassion educator, and grief worker Elizabeth Straka. We will meet and talk at the gazebo, then take a facilitated walk to discuss principles of compassion and elements of awareness. Free. Registration not required. FMI wellsreserve.org/calendar.

The Capitol Fools, Sanford Performing Arts Center, 100 Alumni Boulevard, Sanford, 7 PM. Political comedy that will unite us all with mind-boggling, backward-talking spoonerisms, break-neck costume changes, over the top impressions and all-new song parodies reflecting the day's news. Tickets \$29-\$49. (207) 206-1126 / www.sanfordpac.org

Tuesday, October 24

Wabanaki Wonderings: Woodlands People through Current Presence, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 10 AM-12 PM. What were the changes that influenced the indigenous people on this landscape? What were the food sources? How did people travel? We will examine this history, look at how contact with European colonists changed life, and discuss how colonization continues to affect life for all residents. Linda Littlefield Grenfell is of European descent and has studied about and with the Wabanaki people, to whom all information and knowledge is referenced. For ages 12 and up. \$8/\$6. Registration required at linda@ wellsnerr.org or 207-646-1555 x128. FMI wellsreserve. org/calendar.

Small Mammals in the Maine Forest, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells (and via Zoom), 7 PM. We all know our cats and dogs have personalities, but have you ever wondered about the squirrels in your backyard? How would you even go about evaluating personality traits in squirrels, mice, or voles and why would you bother? Join York County Audubon for this entertaining program. For more information, please visit yorkcountyaudubon.org

Wednesday, October 25

Laudholm's Farming Past, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 10-11:30 AM. Delve into the rich history of the Wells Reserve at Laudholm, from homestead to farmland to estuarine reserve. This docent-led walk covers about 1/2 mile and includes access to some buildings not normally open to the public. Free. Registration required at caryn@wellsnerr.org or 207-646-1555 x110. FMI wellsreserve.org/calendar.

Mid-Week Music, 7-9 PM. Mark Gunter, Dylan Kumnick, John Kumnick, and Dana Pearson perform Jimi Hendrix covers

Thursday, October 26

Preschool Story Hour, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 10:30-11:30 AM. Join Wells Reserve education director Suzanne Kahn for a reading of Bats at the Beach by Brian Lies, followed by a related craft activity and a trail walk. For ages 3 to 5 and their caregivers. Free. Registration required at 207-646-1555 x116 or suzanne@wellsnerr.org. FMI wellsreserve.org/

Lego Madness! Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 3:15 PM. Imagine, create, build! Bring your imagination for an hour of fun. Unstructured build time followed by a group building challenge and game. This program is for elementaryaged students. Space is limited and pre-registration is required. For further information, please call 967-2778 or visit our website at www.graveslibrary.org.

Monthly Movie Night, Louis T. Graves Memorial Public Sunday, October 29 Library, 18 Maine Street, Kennebunkport, 6:45 PM. Join us for our monthly movie night. All are welcome to attend. Bring a buddy to this heartwarming buddy film. Light refreshments will be served. For further information, please call 967-2778 or visit our website at www. Reserve. Learn about the importance of habitat with graveslibrary.org.

Evening Book Group, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 5 PM. The group is reading The Swimmers by Julie Otsuka. For further information, please call 967-2778 or visit our website at www.graveslibrary.org.

Friday, October 27

Spooktacular Story Time, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 10 AM. Wear your costume to this Halloween Parade story time. We'll have a special craft and treats, it'll be adoraboo! For further information, please call 967-2778 and ask for the Junior Room or visit our website at www. graveslibrary.org.

Saco River Theatre Pressents *Outside Mullingar*, a play by John Patrick Shanley, on October 27, 28 and November 2, 3, and 4 at 7:30 PM, and on October 29 at 2:30 PM. Tickets are \$15 for general admission and can be purchased at www.sacorivertheate.org or by calling 207-929-6473. Saco River Theatre is at 29 Salmon Falls Road, Bar Mills.

Sugar Skulls & Movie Night, Brick Store Museum, 117 Main Street, Kennebunk. Children gather at the museum to explore the art and history of sugar skull making and the original traditions of celebrating family and heritage with a viewing of the animated feature Coco.

Saturday, October 28

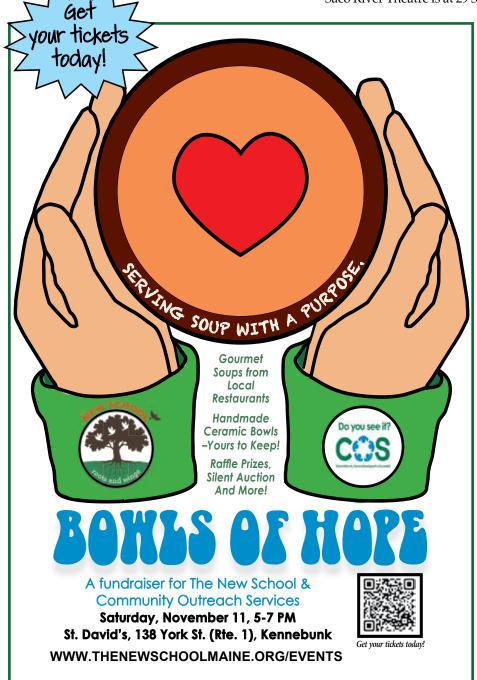
All Souls Walk, Brick Store Museum, 117 Main Street, Kennebunk. The museum's signature Halloween event, now celebrating 20 years running! Be a part of the community event exploring Hope Cemetery and those who came before us.

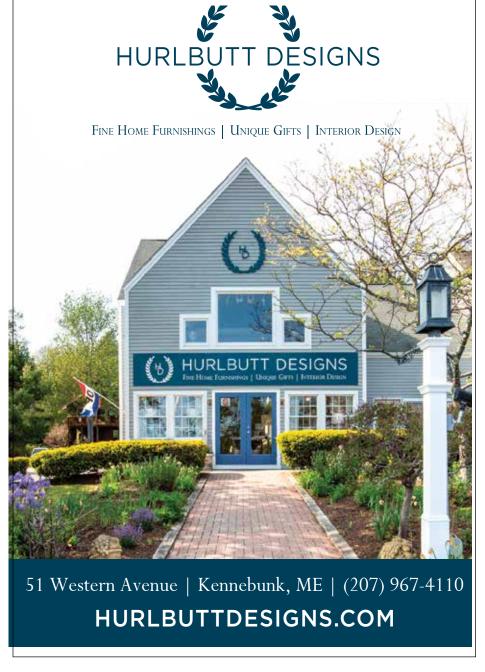
Full Moon Walk, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 5-7 PM. The sun sets at 5:39 PM and the moon rises at 5:31PM. Watch these events from the Knight Trail at the Wells Reserve, then walk to be beach to observe the moon over the ocean and share quiet time and reflections. Enjoy a slow, quiet experience with poetry and stories. \$8/\$6. Registration required at linda@wellsnerr.org or 207-646-1555 x128. FMI wellsreserve.org/calendar.

Fun with Fungi, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 1-4 PM. Dr. Lawrence Millman gives a 1-hour indoor presentation on fungal ecology followed by a 2-hour trail walk at the Wells respect to fungi and how to identify fungi based on diagnostic features. Please note: The word "edible" will not be used during this program. Millman has led mushroom walks in Labrador, Western Samoa, Slovakia, Nantucket, Maine, and elsewhere. He is the author of 20 books. For ages 21 and up. \$8/\$6. Registration required at 207-646-1555 x116 or suzanne@wellsnerr. org. FMI wellsreserve.org/calendar.

Tuesday, October 31

The Aging Brain, Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 2 PM. This is a talk about ways to stay healthy, reduce risk and live well with dementia. There will be an overview of "dementia worry" or the anxiety one might have about a dementia diagnosis. Grace Simonson is a medical student on the board of the Geriatrics and Palliative Care Club at UNE College of Osteopathic Medicine. Susan Wehry is a board-certified geriatric psychiatrist with almost 40 years of experience. She is the director of AgingME, a GWEP, to create a more age-friendly health system. FMI call 967-2778 or visit www.graveslibrary.org.





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Put this holiday wine tasting on your calendar



Get a jump start on season. Nikki Ranwell, the three selected wines. your holiday entertain- owner of Kennebunking plans and support port's The Port Box will your library at the same provide coned charcutetime. Kennebunk Free rie skewers to enjoy with Library is sponsoring a the wine. We will have Holiday Wine Tasting on time for discussion and Wednesday, November 15, from 6:30 to 7:30 PM in the library's welcoming to listen, learn, and get Parsons Reading Room.

are perfect for the holiday a 10 percent discount on

questions, and trivia prizes will be awarded. Come ideas for your holiday Betsy Ross, owner festivities and gift giving. of Kennebunk's Wine Show your ticket at Wine House on Main, will tell House on Main for this us about three wines that KFL fundraiser to receive

Suggested donation for tickets is \$10. Purchase tickets to receive descriptions of the three chosen wines along with your ticket to the tasting.

This program is wheelchair accessible. The Kennebunk Free Library is located at 112 Main Street in Kennebunk. For more information please call 207-985-2173 or email us at kfl@kennebunklibrary.org.

Invitation to Maine Made Artisans: Join the Inaugural Maine Made Fair in Kennebunkport

Historical Society is delighted to extend a warm invitation to all Maine -made artisans for the inaugural Maine Made Fair, a celebration of our state's rich tradition of craftsmanship and creativity. As passionate advocates of Maine's artisanal spirit, the Kennebunkport Historical Society is excited to bring together a select group of talented artists and makers to showcase their unique creations.

The location for this event will be overlooking the picturesque Dock Square in Kennebunkport, 8 Maine Street. The date will be Friday, December 1. Vendors can set up their 6x6 space starting at 7 AM.

While on-site parking is unavailable, convenient drop-off areas are provided between the church and the house. Public parking is just an eighth of a mile down North Street, adjacent to the fire station.

A diverse array of ar-

The Kennebunkport tisans and makers will be represented at this fair, all of whom share a common bond - everything they offer is proudly made right here in Maine. Whether you specialize in photography, handcrafted textiles, jewelry, literature, or any other form of artistic expression, you are invited to join us in this celebration of Maine's creative spirit.

Space is limited, with room for only 15 artists and makers. Vendor applications will be accepted on a first-come, first-serve basis. Cost is \$75 for a 6X6 space in a heated tent. Vendors may choose to bring your own 6-foot table or rent one from the Historical Society for a nominal fee of \$15.

This venue, a highly vislawn of White Columns, offers the perfect backdrop for your creations to shine. Imagine your work showcased in the heart



White Columns, Kennebunkport. Courtesy photo

Prelude - an incredible Society, at 207-967-2751 opportunity to connect with art enthusiasts and potential customers. Artisans are encouraged to seize this unique chance to be part of the Maine Made Fair and showcase your exceptional talent. This is a ible and heated tent on the time to celebrate Maine's craftsmanship and your fellow artisans.

For vendor applications and inquiries, please contact Kristin Haight, of Kennebunkport, dur- Executive Director of the ing the festive Christmas Kennebunkport Historical ing a vibrant future.

or via email at KHaight@ KPortHS.com

About Kennebunkport Historical Society: The Kennebunkport Historical Society is dedicated to preserving and sharing the rich history and cultural heritage of Kennebunkport, Maine. Through exhibits, educational programs, and community events, we aim to inspire a deeper appreciation of our town's past while foster-

Habitat for Humanity York County

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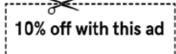
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- Free Donation Pick Up

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Drop Off Donation Hours: Tues-Sat, 9-3



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All About Apples!!



After you go apple picking. . . make Roasted Apfelmus

Kathy Gunst (2015 James Beard Award winning journalist, author of 16 cookbooks and Resident Chef of NPR's "Here and Now") described a sweet scene about apple picking in *Notes From a Maine Kitchen*, one of my key culinary references.

Kathy wrote: "A family of four pulls a bright red wagon overflowing with apples. The kids munch away, sweet juice dripping down their chins. It's hard to remember that when apples are fresh off the tree they have that kind of juice. The little girl's white dress, adorned with hand-embroidered roses, had a zigzag line running down the middle from apple juice stains. She looks happy. Damn the dress!"

When making Kathy Gunst's Apfelmus (German for "apple-sauce"), she picks as many varieties as she can find: "It's better to mix super-sweet with sour ones, or firm with soft."

Directions:

Preheat oven to 450.

Peel/core apples and cut into 1" slices.

Place in large roasting pan and mix with maple syrup

(1//4 cup for every 3 lbs. apples).

Sprinkle on a heavy dash of any or all of these spices: cinnamon, cardamon, nutmeg, allspice, ground ginger.

Mix well, then sprinkle 1/8 cup sugar for every 3 lbs. apples. It depends on how sweet you like applesauce.

Place the roasting pan on the middle shelf in preheated oven and cover with foil. Roast 30 minutes.

Stir gently.

Uncover and add 1/2 to 1 cup apple cider (for every 3 lbs. apples) and roast another 30-45 minutes, or until apples are very tender and starting to fall apart.

Remove from oven and let cool a few minutes before using potato masher to gently mash apples to consistency you like — thick and chunky or smooth.

Taste for seasoning, add more sugar or spice if needed. Place in a bowl or covered jar and refrigerate up to 5-7 days, or place in freezer bags, seal tightly and freeze up to 6 months.

Grandma Hogan's Special Ingredient for Stove-Top Applesauce

When my parents traveled, Grandma Hogan babysat us four kids. I loved her chicken and dumplings but her applesauce was the best. Years ago she told me her secret tip: adding peels makes it more flavorful.

Ingredients:

3 lbs. Macintosh apples, peeled/cored.

Reserve the peels and cores

11/2 cups water

1/4 cup packed brown sugar Pinch of ground allspice

Directions:

Put reserved peels and cores in small saucepan; add 1 cup water; bring to a boil and cook 15 minutes, mashing occasionally until mixture is deep pink.

Cut apples into quarters, place in large saucepan, add sugar, allspice and 1/2 cup water; boil for 15 minutes or until apples are very soft.

Mash apples to desired consistency.

Transfer peel/core mixture to fine-mesh strainer set over mashed apples.

Use rubber spatula to stir, press and then scrape the extracted pulp into mashed apples below.

Add more brown sugar, if desired.

Hudson Valley Apple Cake

A speciality of renowned chef Donna Hammond who received raves for this confection at Cornwall, New York's renowned Hudson Street Cafe.

Ingredients:

6 medium apples (peeled, cored and rough-cut from 1/2'' to 1'') (4 1/2 to 5 cups peeled apples)

5 tbsp. granulated sugar

11/2 tsp. cinnamon

23/4 cups all-purpose flour, sifted

1 tbsp. baking powder

1 tsp. salt

2 cups granulated sugar

1 cup vegetable oil

1/4 cup orange juice

1 tbsp. orange zest

21/2 tsp. vanilla extract

4 large eggs

Directions:

Preheat oven to 350 degrees; grease / flour a 10" tube pan, large bundt pan or 2 bread pans.

In large bowl, toss chopped apples with sugar and cinnamon. Set aside.

Whisk together the flour, baking powder and salt in large bowl.

Whisk together sugar, vegetable oil, orange juice, zest and vanilla in medium bowl.

Add wet ingredients to flour mixture and stir to combine.

Add eggs to the mixture one at a time, mixing well after each addition (batter will start out very thick but gets looser as you add eggs). Scrape down sides and bottom of bowl so that all ingredients are fully incorporated.

Add a thin layer of cake batter to the bottom of the pan, then place 1/3 of apples on top of batter. Note: this batter will not completely cover all the apples. Repeat this process two more times with remaining apples and batter, ending with a layer of cake batter. Place cake in preheated oven on center rack. Bake 1 1/2 hours or until a skewer inserted into center comes out clean. Allow cake to cool before removing to a wire rack to cool completely.

Chef Donna adds: "I recently made this for company. It's delicious for breakfast, dessert, midnight snack, any time! It freezes well and is good plain or with a bit of vanilla ice cream or whipped cream."

The ABCs of Apples

Crisp denser apples take longer to break down when cooking.

Green or yellow apples make a beige sauce.

Coring apples before peeling ensures that no bits of skin remain on the apples' tops or bottoms.

Apples get sweeter with age because they consume tart malic acid during storage. That's why many smart cooks wait to add sugar until after cooking.

Red Delicious apples are often too sweet for applesauce.

Golden Delicious apples don't always "break down" or get mushy enough, when cooking.

And Grandma Hogan was correct. Apple skins are loaded with flavor and aroma compounds, which is why applesauce made with the peels tastes so much better.

After Apple Picking

by Robert Frost

"My long two-pointed ladder's sticking through a tree
Toward heaven still.
And there's a barrel that I didn't fill
Beside it, and there may be two or three
Apples I didn't pick upon some bough.
But I am done with apple-picking now..."

Did You Know?

The saying, "an apple a day keeps the doctor away," originated in Wales in 1866, but with a different rhyming format:

"Eat an apple on going to bed and you'll keep the doctor from earning his bread."

Because apples are rich in fiber and antioxidants, eating them is linked to a lower chance of getting many chronic conditions, including diabetes, heart disease and cancer. Apples may also promote weight loss and improve gut and brain health.



This page is curated by Tourist & Town's Val Marier valmarier@me.com

Pilot House Eat, drink & enjoy. Like a local. In the heart of town, near Dock Square 4 Western Avenue, Kennebunk

Governor Janet T. Mills to speak at Graves Library

November 5 event highlights book of letters written between a young mother living in the Maine woods and the new governor when Covid-19 restrictions shuttered the state

by Valerie Marier

Janet T. Mills is the first woman to serve as governor of Maine. One year after her inauguration, as the global Covid-19 pandemic spread throughout the country, Mills imposed unprecedented restrictions on her state. Though initially supported by many, approval for her necessary choices soon turned negative and rampant, this despite Maine boasting one of the highest vaccination rates and lowest death rates in the country, as well as later enjoying one of the strongest economic recoveries across the nation.

As mail began pouring

into Blaine House, one made wrenching, often compelling true story that particular letter among the many thousands came from a young mother Mullen learned about this named Ashram Knapp who lived in a remote homestead in the woods of northern Maine. Mills took note! And a correspondence began.

Knapp's handwritten letters, which embodied simple wisdom and striking penmanship, detailed how the public health emergency was upending her family's life and livelihood. She promised "to time." The governor ad-

unpopular choices."

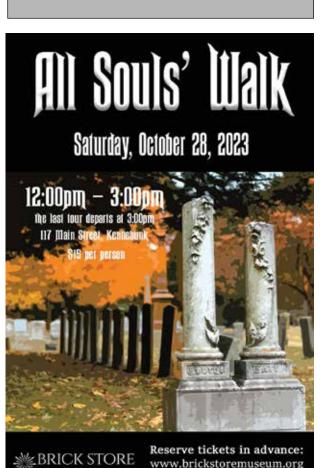
Journalist Shannon A. special correspondence and has woven the two women's letters and the governor's journal into a new book titled In Other Words, Leadership: How a Young Mother's Weekly Letters to her Governor Helped Both Women Brave the First Pandemic Year.

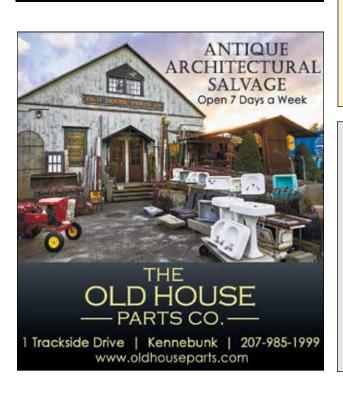
Mullen's writing has been published by The New Yorker, The Boston Globe and Boston Magakeep writing every week zine. She said, "Although until we are through this the letters between these two women were never mitted that Knapp's letters intended for publication, "kept her grounded as she they tell an intimate and

is a celebration of civility and compassion in the face of rancor. They also demonstrate resolve in the face of adversity."

On November 5 at 2 PM. both Governor Mills and author Shannon Mullen will discuss the book at the Louis T. Graves Memorial Public Library in Kennebunkport. Light refreshments will be provided by the Graves Library Snack Team. There is no admission charge and doors open at 1 PM.

Louis T. Graves Memorial Public Library located at 18 Maine Street, Kennebunkport; FMI call 967-2778.





MUSEUM

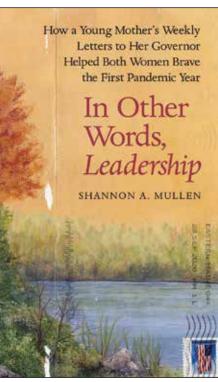
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117 Main St, Kennebunk



Governor Janet T. Mills. Courtesy Mullen's book, the subject of the November Journalist Shannon A. Mullen.





Courtesy photo

Graves Library in Kennebunkport makes annual appeal

"All the things that are wrong in the world seem conquered by a library's simple unspoken promise: Here I am, please tell me your story; here is my story, please listen." - Susan Orlean, The Library Book

The Louis T. Graves Library's commitment to serving its community is what makes the Graves Library the warm and welcoming community hub that it is. With the tireless dedication of its staff and director Mary-Lou Boucouvalas, recently named "Outstanding Librarian of the Year" by the Maine Library Association, the Graves Library offers a growing list of activities, including storytime, a book cellar, yoga classes, technology assistance, art shows and more. Link to the library's YouTube program "What's Your Story" from the library's website to meet some of the many interesting people who pass through the library doors every day.

One hallmark of the library is the array of first-rate authors hosted each year. This year, at least a dozen authors captivated overflow audiences with their unique storytelling, ranging from tales of Maine history to crime solvers, owls, museum founders, family sagas, and much more.

There are so many reasons why more people are coming to Graves Library, and none of them would be possible without the generous gifts of friends like you. The majority of the library's annual budget – more than 60 percent – is funded through their annual appeal, which is a steeper hill to climb every year as costs rise. Last year, the library came close to reaching its ambitious goal of raising \$100,000. With your help, the hope is to make it there this year. Save a stamp by making your gift online at www.graveslibrary. org/donate. The Graves Library is there for its community. Thank you for being there for Graves Library.

Reclaim It! Brought to you by Old House Parts

Antique architectural salvage is not only very attractive, exquisitely crafted, and a source for unlimited creativity, it also contains volumes of embodied energy: the total sum of energy consumed to produce a given product. And it's FUN. Sometimes folks aren't sure how to use it. Meet us here each issue for inspiration on how to use architectural salvage to add character and sustainability to your life.

Dave and Jackie noticed this coffee table based would work as a breakfast bar if tipped on its side. So, they did just that and topped it with a salvaged rafter from the home's remodel. Now they're sippin' morning coffee in style with a killer view!

We've seen it all so contact us any time to discuss the possibilities that lie ahead for you and architectural salvage! Wanderers and explorers welcome.



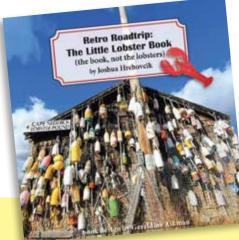
Maine News Briefs

by Jo O'Connor

- Attention: the fast-growing lifestyle chain Miniso, out of China, has descended upon Maine. Miniso opened in the Maine Mall last month. It is a low-cost retailer and variety store chain that specializes in household and consumer goods including cosmetics, stationery, toys and kitchenware.
- Congrats to Honey Lane, a new boutique selling clothing, home goods and gifts, located on Western Avenue in Lower Village Kennebunk.
- In other local news, congratulations to Biddeford Pool summer resident Philip Bermingham, a photographer, who was commissioned by the late Supreme Court Justice Ruth Bader Ginsburg to take a portrait of her in 2017. Now, a painting based on the photo is featured on a commemorative stamp that will be unveiled at the Smithsonian National Portrait Gallery in Washington, DC. The U.S. Postal Service will issue 32 million Ginsburg Forever Stamps for 66 cents apiece to honor her groundbreaking contributions to justice, gender equality and the rule of law. She is the 15th Supreme Court justice to be featured on a stamp.
- Can I get an alright? A big shout-out to Maine's own Travis Mills, who now graces the cover of Men's Health, a magazine that focuses on fitness, nutrition, health, sex, style and all that embodies a man's lifestyle. Mills was critically injured by an IED while he was serving in Afghanistan. He is a quadruple amputee now and has used his trauma to inspire the world.
- Alright Kennebunkport for being named one of the top 20 best Christmas family vacation destinations in the world (#6). This town is the only New England town in the top #10.
- Mark your calendars: October 28 from 10 AM-2 PM is Maine Prescription Drug Take Back Day. In York County, you can turn in your prescription drug bottles in Kennebunkport, Old Orchard Beach, Wells and York police stations.
- Congratulations to Dave Talevi of Wells, who won first place in the 3-day International Marlin Tournament at the Montego Bay Yacht Club in Jamaica last week. He'll now have plenty of fish stories to tell.
- Yahoo! Saeng Thai House on Congress Street in Portland has been named as Maine's top place for Thai food and one of the best places in the nation by FoodLove.com.

Retro Roadtrip: The Little Lobster Book

Beautiful photos of everything lobster: Lobster rolls, lobster boats, lobster buoys, lobster traps, lobster signs, lobster pounds, lobster dinners, and even a lobster centerfold...



This is the 9th Book in the **Retro Roadtrip Family of Books!**

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(Cape Porpoise) "There are no words. Actually there are a couple of words, but mostly it's pictures."

www.retroroadtripper.com

Saco River Theatre's

Saco River Theatre presents

Outside Mullingar

troup The Originals will present Outside Mullingar, a play by John Patrick Shanley, on October 27, 28 and November 2, 3, and 4 at 7:30 PM, and on October 29 at 2:30 PM. Tickets are \$15 for general admission and can be purchased at www. sacorivertheate.org or by calling 207-929-6473. Saco River Theatre is located at 29 Salmon Falls Road, Bar Mills.



Spirits Alive announces annual Walk Among the Shadows event

After record breaking attendance last year, Spirits Alive is ready to welcome even more visitors to the old burial ground at Eastern Cemetery in Portland to meet a new set of resident spirits.

This year's theme is "Portland's Inferno, 1866: Fire and Resurgence" and will run October 19-21 & 26-28, from 6:30 to 7:30 PM, and Sundays, October 22 and 29 from 5:30 to 6:30 PM.

Eastern Cemetery is located at 224 Congress Street in Portland. More information can be found at: https://www.spiritsalive.org/wats/









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Arundel Historical Society presents an afternoon of song

The Arundel Historical in 1874. Kathgerine Society is proud to host "Vintage Grange Songs" on Sunday, October 22, at the Arundel Municipal Building (Town Hall). This will be an interesting journey into the Grange movement and the songs

An egalitarian, non-there will be a brief partisan fraternal orga- explanation of the nization founded in the Grange movement wake of the Civil War and its impact on to advance the interests rural communities of farming communi- in America. Grange ties, the Grange (AKA the Order of Patrons of formed and old Husbandry) has had a profound influence on rural American life. It has a rich history of song, with a number of song books published, starting

Rhoda collects and studies this material and will share songs celebrating agriculture, rural life, and the pursuit of the common good.

At this event, songs will be pergrange songbooks will be on display for those who attend.

There will be refreshments available. Suggest-



ed donations are \$10 for

The public should find non-members and \$8 for this to be an informative and entertaining look into

Enjoy a fun girls' night out at the Public Theatre

The Public Theatre ter Grace. "The presents the world premiere of Paint Night, a hilarious and heartbreaking new play that will speak to women of all ages. The show will run from October 20 to 29.

Imagine a modern-day Steel Magnolias, when six women get together in a Paint Studio for a muchneeded girls night out. Their plan is to paint and sip, but as the alcohol flows, so does their laughter and tears, and their thoughts on motherhood and womanhood get hilariously and heartbreakingly revealed. Paint Night is about the way women support each other in an unpredictable world and what happens when we put down our cell phones and paint outside the lines of our comfort zone.

Director Janet Mitchko said, "Whether you're a mother, a daughter or a grandmother, every woman will recognize a part of herself or her life in this play. Paint Night also raises current topics happening in our world in a funny, honest, and relatable way."

Last season Mitchko directed playwright Carey Crim's, Morning Afgreat thing about Carey's writing" said Mitchko, "is her sense of humor and the way she incorporates it so truthfully into the difficult moments of life. We are pleased that Maine audiences will be the first people to see this play and we promise it will make you laugh, cry and perhaps even inspire you to

In fact, audiences will have a chance to meet playwright Carey Crim and share their thoughts about the play as she DiGiovanni) and Bree's free Saturday, October 21 post-show discussion following the 3 PM performance.

try a paint night".

The six professional actresses in the show portray mothers, daughters, and grandmothers, as well as friends. Kate Udall (Miriam) plays the mother of Lolly (Jessica Mosher) the bride-to-be the paint night is celebrating. Also at the paint nights.



Six professional actresses headline Paint Night at The Public Theatre. Courtesy photo

night is Miriam's old (Susan Craves), accompanied by her multi-tasking daughter Bree (Jessica will be attending the best friend and mother of three, Gwen (Jeri Marshall). Leading the paint night is Vera (Jane Abernethy) the creative and Yoda-like owner of the paint night studio. These actresses have been practicing their painting skills with local artist Melanie Therien from Wicked Illustrations. In fact, many of the paintings on the set are from actual local paint

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CHILDREN'S TOYS • HOUSEHOLD LINENS

Grab the women you college roommate Fern love and go see Paint Night, now playing at The Public Theatre, Lewiston/Auburn's Professional Theatre. The show runs October 20-29. Showtimes are Thursday and Friday at 7:30 PM, Saturdays at 3 PM, Sundays at 2 PM, with an added Saturday evening show on October 28 at 7:30 PM.

Tickets are \$30 Adults, \$25 groups 10+, \$20 student 19+ with ID and can be purchased online at thepublictheatre.org or by calling 782-3200. The theatre is located at 31 Maple Street in Lewiston.

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Tootsie – A musical laugh riot at Ogunquit Playhouse

by Steve Hrehovcik

In the final production of its 2023 season, the Ogunquit Playhouse presents the uproarious musical stage version of *Tootsie,* based on the 1982 Oscar-winning film starring Dustin Hoffman and Jessica Lange.

The musical makes a theatrical leap from a television soap opera theme in the film to a show-within-ashow on Broadway. Discouraged by rejections at auditions for his obnoxious and meddlesome interpretation of parts, actor Michal Dorsey makes a desperate decision. Since he can't make it as a male actor, he auditions for a female part, dressed as a woman he names Dorothy Michaels. To his surprise, he gets the part of the nurse in Juliet's Curse, an updated musical version of Romeo and Juliet.

Michael Dorsey does such a convincing job portraying the female nurse in the musical, his invention of Dorothy takes on an unexpected life as a role model for women. Adding to complications that neither Michael nor Dorothy ever expected, Dorothy inspires unwanted romantic entanglements from male and female members of the cast.

Dan DeLuca creates magic as frustrated actor Michael Dorsey. With quick costume changes and wig added, he transforms his character into a charismatic Dorothy Michaels. Everyone gets taken in by the deception except his best friend and roommate, Jeff Slater, played by Reed Camp-

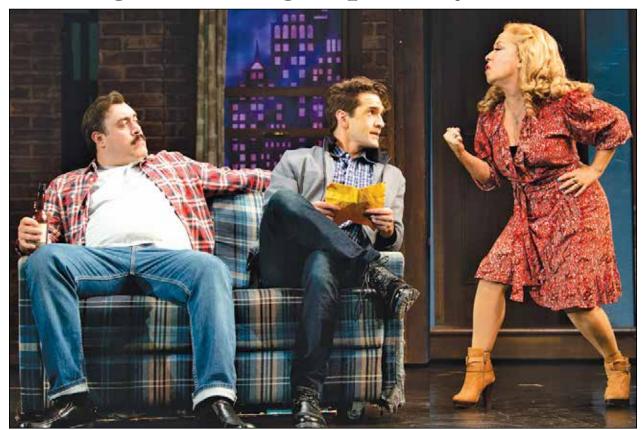
rock-solid performance as he watches, bemused, as Michael/Dorothy's lives spiral out of control.

Perky and animated Jen Cody plays Sandy, Michael's neurotic exgirlfriend. Also auditioning for the nurse in Juliet's Curse, Cody adds theatrical sparks to her character as she panics, fearing what may happen at the tryout. Erica Dorfler appears as Julie Nichols, who plays Juliet in Juliet's Curse. During rehearsal for the Broadway opening, her relationship with Dorothy rises to respect and friendship, unaware that Dorothy is, in fact, a man. More complications arise when Michael falls in love with Julie.

Speaking of falling in love, Antony Festa turns into a crazed romantic lunatic as Max Van Horn, who becomes captivated by Dorothy's deceptive feminine charms. Also in the cast in *Juliet's Curse*, Max goes to desperate lengths to make a per-Dorothy. No spoiler alert here to ruin the fun.

Josh Breckenridge has fits of creative anxiety as Ron Carlisle, the director and choreographer of Juliet's Curse. He becomes befuddled by all the shenanigans caused by Dorothy, and must give in to Dorothy getting a larger part in the Heather Jane Rolff.

In her 23rd appearance at the Ogunquit playhouse, the ever-pop-Rita Marshall, the mil-Juliet's Curse. Rita is so



Reed Campbell as Jeff, Dan DeLuca as Michael and Jen Cody as Sandy in the Ogunquit Playhouse production of Tootsie. Photo credit: Gary Ng

The talented singing manent impression on and dancing ensemble includes Lexi Baldachino, Reese Britts, Kaleigh Cronin, Michael Dikegoros, Nicole Fragala, Rory Furey-King, Anthony J. Garcia, Austin Wong Harper, Destini Hendricks, Naomi Kakuk, Kal Kalil, Trent Kidd, Kyle Laing, Juliana Lamia, Kevin Morrison and

Larry Raben directed the non-stop mayhem. Set changes designed by Christine Peters become ular Sally Struthers plays a joy to watch. Like a choreography ballet, scenes lionaire who is backing shift from New York City, Dorsey's apartenamored by Dorothy as ment, a rehearsal stage, an actress and woman, a park bench, a lounge bell. Campbell gives a she changes the name and places in between.

of the musical to Juliet's David Yazbek created Sunday, October 29. The Music, at the Music Hall, Robert Horn. Choreography is by Jennifer Rias.

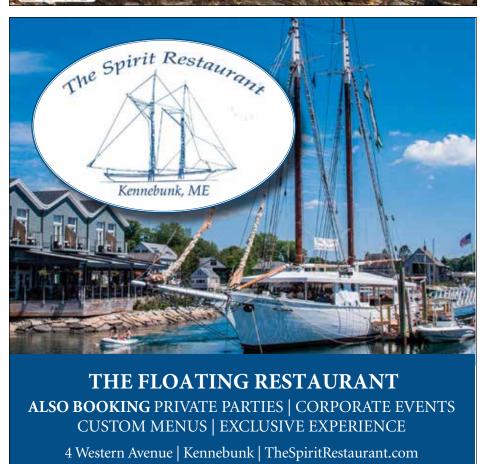
the music and lyrics for Ogunquit Playhouse is *Tootsie*, with book by located at 10 Main Street, Ogunquit.

Tootsie opened on Broad- final production at the 29 to Sunday, December way in 2019, followed Ogunquit theater loca- 17. For tickets call 207by an international tour. tion, the last show of the 646-5511 or visit ogun-Tootsie runs through season is The Sound of quitplayhouse.org.

28 Chestnut Street, Portsmouth, New Hampshire. Performance dates are While Tootsie is the Wednesday, November







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Mondays, 4:30-8: Curt Bessette and Jean Kurtz Thursdays, 5 PM: Gordon Shannon Friday, 6 PM: Katherine Mayfield Saturdays, 6 PM: Katherine Mayfield Sundays 5 PM: Sweet Serenity w/ Curt Bessette and Jenn Kurtz 220 Clay Hill Road, Cape Neddick www.clayhillfarm.com 361.2272

Crew OGT

October 12: Isaiah Bennett, 5-8 PM October 13: Ryan Halliburton, 8-11 PM October 14: TJ Swan, 8-11 PM October 17: Isaiah Bennett, 5-8 PM Maddi Ryan, 8-11 PM Toby Mcallister, 8-11 PM

October 19: Isaiah Bennett, 5-8 PM October 20: Pete Finkle, 8-11 PM October 21: Ben Kilcollins

8-11 PM October 24: Isaiah Bennett, 5-8 PM Maddi Ryan, 8-11 PM October 25:

Vernon Northover, 8-11 PM 8 Shore Road, Ogunquit www.crewoqt.com | 216-9236

The Dance Hall Kittery

October 13: Joe Fonda: Eastern Boundary Quartet, 8-9:30 PM October 14: Louise Bichan, 8-9:30 PM October 15 Sojoy 5-6:30 PM October 20: Mari Black: Fiddling Around the World, 8-9:30 PM

October 21: Taylor O'Donnell & Mike Effenberger, 8-9:30 PM 7 Walker Street, Kittery thedancehall.org

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Town House School Kennebunkport Historical Society

October 25, 7-9 PM Mid-Week Music Mark Gunter, Dylan Kumnick, John Kumnick, and Dana Pearson perform Jimi Hendrix covers 135 North Street, Kennebunkport info@kporths.com 967-2751

Ryan's Corner House Irish Pub

Live Music - Call Restaurant 17 Western Avenue Lower Kennebunk 967.3564

Wild Bevy

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Send your questions to rsimon@legacysir.com



Q: We are selling our house to a young couple from out of state. One of the parts of the decision to sell is that they want to purchase much of our furniture and some personal items that we no longer need as we are scaling down into a condo. It turns out that their broker has added all the items to the contract. It seems that that is a format that is going to be confusing as they are paying us for some of the furniture and we are just leaving some of the items for them at no cost. Is it necessary that all of this be added to the contract as it just seems confusing. Eric



A: Actually all items that are conveyed with the sale should be noted in writing. It can be clear that some of the items are being paid for and others are not. This way there will be no confusion. All aspects of any transaction should be documented in writing so that all parties are in agreement. It is in all parties' best interest to have it clearly documented. The non-paid for items can be put in a separate agreement but all needs to be in writing.

Q: We are in the process of searching for a new home. We did read your column about meeting with a lender to be clear about our credit rating and the price that we are set for. Thank you, it made a big difference once we had that meeting. Our credit is not good and we are working toward doing what is necessary to repair it. The lender was terrific and we are moving in the right direction. Thank you, your advice saved us a lot of heartache. Paul and Amanda

A: That is good news. I hope other readers will take that step as they begin their search...it can make a major difference for all.

Randal Simon has been a real estate broker for over 30 years. His column was in the Portland Press Herald for many years; he is now pleased to be participating locally in Tourist & Town. He has been a contributor to The Wall Street Journal, Unique Homes and The New York Times.

> Randal Simon, Legacy Properties, Sotheby's International Realty 150 Port Rd, Kennebunk (C) 207-590-9656 (O) 207-967-0934 rsimon@legacysir.com www.legacysir.com

Tide Chart

October 12-26 Tuesday, October 17 Thursday, October 12 High 01:18 AM 8.74 Low...... 04:26 AM.... 0.76

High 10:36 AM 8.76 High10:51 PM9.02 Sunrise: 6:51 AM

Sunset: 6:06 PM

Friday, October 13 Low...... 05:01 AM.... 0.65 High11:11 AM9.06 Low......05:17 PM.....0.6 High 11:29 PM 9.07 Sunrise: 6:53 AM

Sunset: 6:04 PM Saturday, October 14 Low.......05:33 AM....0.61 High 11:44 AM 9.28

Sunrise: 6:54 AM Sunset: 6:02 PM New Moon: 1:56 PM

Sunday, October 15 High 12:05 AM 9.03 Low 09:19 AM 1.48 Low.......06:05 AM....0.65 High......03:34 PM....9.32 High 12:16 PM 9.43 Low 10:03 PM 0.46 Low......06:27 PM....0.23 Sunrise: 7:01 AM Sunrise: 6:55 AM

Sunset: 6:01 PM Monday, October 16 High 12:41 AM 8.92 Low...... 06:37 AM.... 0.74

High 12:49 PM 9.51

Low......07:02 PM....0.15 Sunrise: 6:56 AM Sunset: 5:59 PM

Low...... 07:11 AM.....0.9 Low......04:40 PM....0.88 High......01:23 PM....9.53 Low......07:40 PM....0.12 Sunrise: 6:57 AM

> Sunset: 5:57 PM Wednesday, October 18 High 01:57 AM 8.53 Low...... 07:49 AM....1.08 High 02:00 PM 9.51

> Low......08:22 PM....0.18 Sunrise: 6:59 AM Sunset: 5:56 PM

Thursday, October 19 High 02:40 AM 8.28 Low....... 08:31 AM....1.28 High02:44 PM 9.44 Low.......05:52 PM....0.39 Low.......09:09 PM.....0.3 Sunrise: 7:00 AM

Sunset: 5:54 PM Friday, October 20 High 03:30 AM 8.05

Sunset: 5:52 PM Saturday, October 21

High 04:26 AM 7.88 Low...... 10:16 AM....1.63 High 04:33 PM 9.21 Low...... 11:04 PM....0.58

Sunrise: 7:02 AM Sunset: 5:51 PM First Qtr: 11:31 PM Sunday, October 22

High 05:29 AM 7.88 Low...... 11:20 AM....1.63 High 05:40 PM 9.16 Sunrise: 7:04 AM

Sunset: 5:49 PM

Monday, October 23 Low...... 12:10 AM....0.57 High 06:36 AM 8.1 Low......12:30 PM....1.41 High 06:50 PM 9.24

Sunrise: 7:05 AM Sunset: 5:48 PM

Tuesday, October 24

Low......01:16 AM.....0.4 High 07:41 AM 8.57 Low......01:40 PM....0.95 High 07:58 PM 9.46 Sunrise: 7:06 AM Sunset: 5:46 PM

Wednesday, October 25

Low......02:19 AM.....0.1 High 08:41 AM 9.2 Low......02:45 PM....0.32 High 09:02 PM 9.74 Sunrise: 7:07 AM

Sunset: 5:45 PM Thursday, October 26

Low....... 03:15 AM.. -0.22 High 09:36 AM 9.87 Low......03:44 PM.. -0.34 High 10:00 PM 9.98 Sunrise: 7:09 AM Sunset: 5:43 PM

Note: The number for each high and low tide indicates the height in feet above or below sea level. This chart shows tides for the mid-coast of York County; tide times are a few minutes earlier to the north (Old Orchard Beach) and a few minutes later to the south (York Beach). Tides are affected by the weather and cycles of the moon; the actual times and tide heights can differ slightly from the predictions above.

The Retro Roadtrip Report – The Wright Museum of World War II Joshua Hrehovcik Jos

by Joshua Hrehovcik and Geraldine Aikman

know is a history buff, Museum of World War

If you or someone you Roadtrip to the Wright Hampshire.

WWII museums is its brick wall. remarkable collection of over 14,000 artifacts that highlight the United States' homefront as well as the battlefield. Dioramas and exhibits vividly portray the daily lives of Americans during those pivotal years.

Step into the museum's Time Tunnel to see what was happening in the world between the years 1939 and 1945. Then explore the amazing collection of fully operational vehicles maintained by a dedicated group of volunteers.

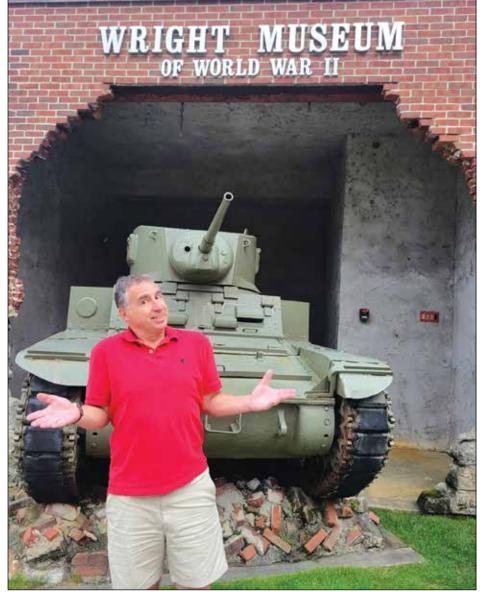
The Wright Museum is a world-class museum that you won't want to miss. And, it's pretty

boro... just look for the at 77 Center Street, Wolfe-What sets the Wright WWII M3A1 Stuart tank boro, New Hampshire, is Roadtripper on Insta-Museum apart from other breaking through the open May through Octo- gram @retroroadtrip-

ber, Monday–Saturday, per65

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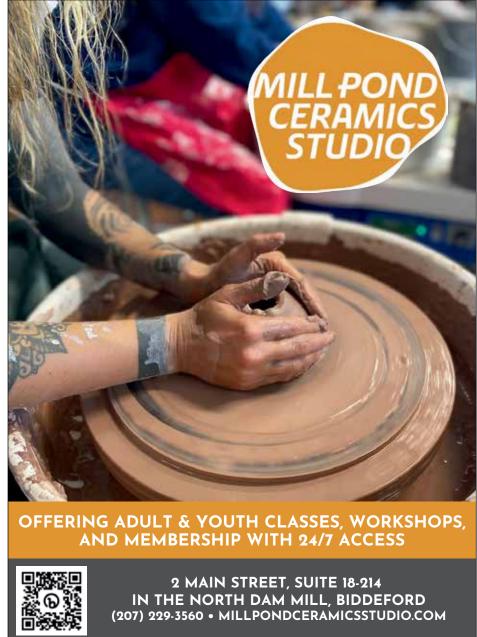
BANK WITH PURPOSE AT KENNEBUNKSAVINGS.COM/ COMMUNITY

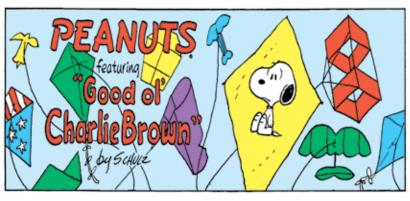


MEMBER FDIC

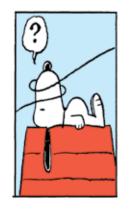


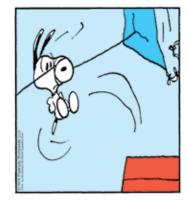
"Everyone tells me you are a fake, but I believe in you. P.S.: if you really are a fake, don't tell me. I don't want to know." – Linus (in his letter to The Great Pumpkin)







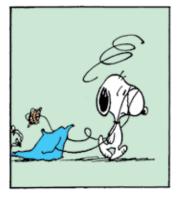




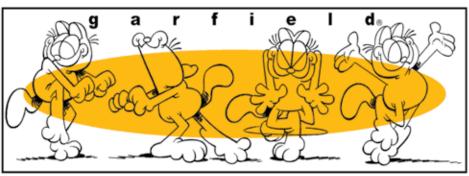


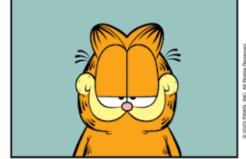












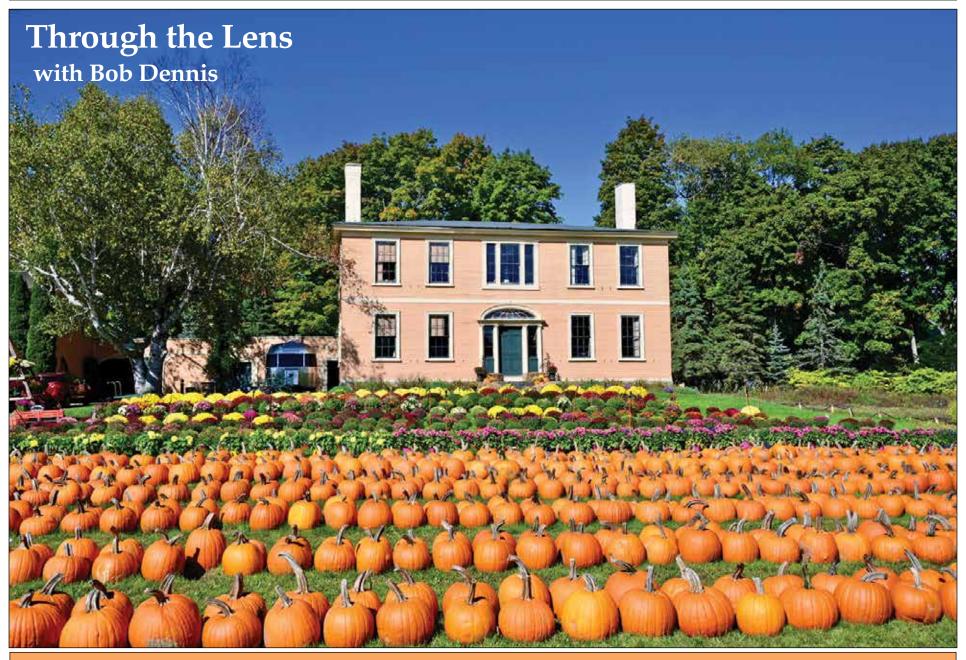












"Located on Rt 1 in Kennebunk, Wallingford Farm is one of those special places in southern Maine that has a rich history and attracts customers—and photographers—from all over. Built in 1804 for a distinguished citizen of the town, it remained in the Wallingford family until 1933. In 2004, it was added to the National Registry of Historic Places. During October, its expansive front lawn has pumpkins of all shapes and sizes. They can be nicely photographed from many different angles and perspectives. I took this one on Friday morning, October 6. I plan to return to Wallingford Farm in December when the lawn will have beautiful Christmas trees – hopefully snow-covered!" ~ Bob Dennis, @portimages, kportimages.com

Universal Crossword

Edited by David Steinberg April 4, 2023

ACROSS

- _ up (get loose before a game)
- Ogre who loves Fiona
- Fedora, for one
- Notion
- Everycity,
- USA Space
- oddity, briefly Baller known
- for speed?
- Isle of
- CPR pro Massages
- Estrogen
- producer Bro's kin
- Garment that may say When Í said 'I do' I didn't
- dishes" Baller known for hitting the
- books? "Schitt's Creek" character
- Rose 33 Chooses
- Greek god of love "Life of Pi"
- director Lee Brown eyes
- or curly hair Regret
- 39 Bank claim Environmentalist
- Brockovich Small steak Baller known for dribbling from sideline
- to sideline? Factions 48 So last year

- **49** See 18-Down
- 51 Baby bears 53 Nintendo Switch
- precursor 56 Apple pie
- _ mode 57 People who put group success before their own, or what 17-,
- 27- and 44-Across have become?
- "Madness" mo.
- 62 Walked confidently mater
- 64 Make a
- request 65 Recess
- rebuttal 66 Kill it, at a drag show
- DOWN Eve. for
- 2-Down 2 First husband?
- 3 Sit on a bench, perhaps
- Yoga pad Other half Cilantro
- or sage Seating
- divisions Historical
- period White-wine
- aperitif 10 Our fallibility
- In the distance 12 Best Play

award, say

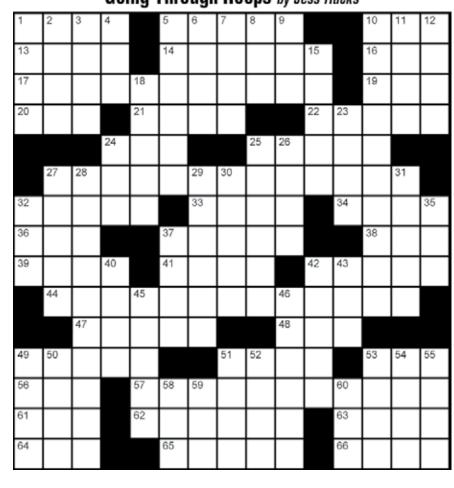
- 15 Decorate 18 With 49-Across, Mexican painter known for
- her selfportraits 23 Show of
 - hands California's Big
 - 25 Performing in a play
 - 26 Flea, e.g. boom 28 Striped predator of
 - the sea Martial arts legend Chuck
 - Noted Auto-Tuned rapper
 - 31 Like a 32 Prefix for
 - "adjusted" The Who's "I Can ___ for Miles"

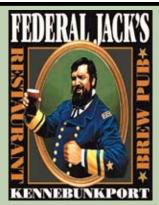
- 37 Class
- struggle? Christmas, in French
- Oral Roberts University's Oklahoma
- city Not good
- Many kilt wearers Stemmed
- glass Sutra
- "Sadly ...' "Stop
- dawdling!" Hairstyle such as a topknot
- With skill Cookbook writer
- Rombauer "Goodness
- 58 GPS guess 59 Spot for
- a shot _ queen!"

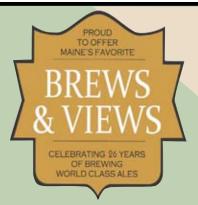
Universal Crossword Solution on page 20 (no peeking)

Enjoy!

Going Through Hoops by Jess Rucks







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