

TOURIST & TOWN

FREE

Hello Summer!

Volume 65 Issue 7

June 15, 2023



CELEBRATING SOUTH COASTAL MAINE SINCE 1958
VOTED BEST LOCAL PUBLICATION 2019, 2020, 2021 & 2022

Our mission is to be an indispensable guide to life in South Coastal Maine, a champion for local businesses and a source of entertainment and goodwill for locals and tourists alike.

TOURIST & TOWN

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Publisher's Note

Summertime in Maine. . .
So much to do.
So little time.
Yes, the season of fun is upon us. We all know the signs. The beaches start filling up, the roads start backing up and the energy in the air gets more jubilant by the day.
And as Tourist & Town's calendar pages explode with summertime fun, I can't help but wonder if others share my sense of urgency – responsibility, even – to fit it all in. It's such a short season – especially in Maine.
I'm now thinking, however, that trying to 'do it all' might actually be a counter-intuitive approach to summer. And so, in the face of countless fun options (many of which I hope to do), I have a game plan.
My goal for summer '23?
To spend a little time doing absolutely nothing.
And it sounds delicious.
Happy summer everyone!

Kingsley
Kingsley Gallup, Publisher
Tourist & Town

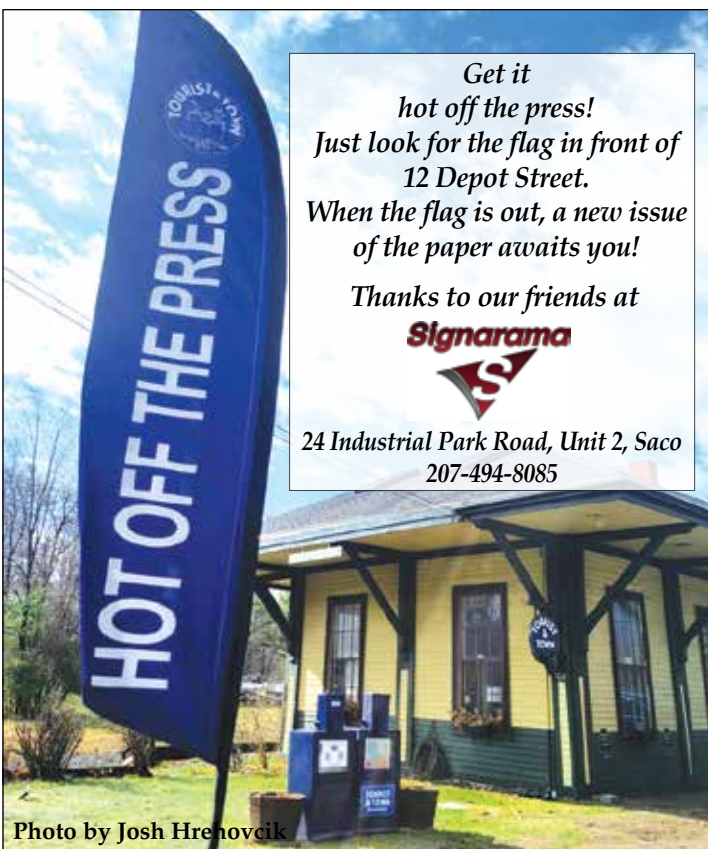


Photo by Josh Hrehovcik

On the Cover

Cover artist Scott McNeff grew up in Wells and now lives in Kennebunk. He worked for many years as a professional falconer, both in Vermont and overseas before returning to Maine to take on the responsibility of running Scoop Deck Ice Cream so that his father could retire. He and his wife officially took ownership of the business in 2014 and a few years later, his lifelong interest in making art became something of an obsession. In 2021 he published a coffee table book with over 220 paintings of the town of Wells. The project was such a success that he is now beginning to work on a similar book for the Kennebunks. Scott says that Mother Nature is his "god" and the outdoors is his "church." Making art is a natural extension of his relationship with that spirituality and it helps him look more closely at the beauty of everyday moments. As an avid outdoorsman with an academic background in biology, many of his paintings refer to those subjects.



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Happy News



Have you heard about **Tourist & Town's** exciting new partnership with the **Portland Press Herald**?

Now, in addition to our regular distribution, **Tourist & Town** will be inserted into the **Portland Press Herald**!

What an incredible honor and growth opportunity this is for **Tourist & Town**.

Starting at the end of June, 2023, **Tourist & Town** will be reaching two large zones spanning all of York County – and we are considering adding Greater Portland down the road a bit.

In other words, in addition to our regular distribution, each issue of **Tourist & Town** will be inserted into over 6000 **Portland Press Herald**/ **Maine Sunday Telegram** newspapers.

Needless to say, this is HUGE news for our readers and advertisers!

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A Dog and His Boy: The Adventures of Spillway & Scotty

A Maine boy with special needs is the super hero of a new book

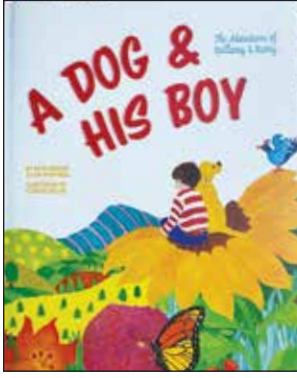
by Valerie Marier

Scotty Wentzell is 22 years old. He couldn't walk until he was six and needs a walker to ambulate today. He communicates through his iPad and only eats pureed food. Though he was born with congenital heart defects and the Dubowitz syndrome, a rare and terrible disease that causes significant developmental delays, through it all Scotty has a smile and determination that never quit. Ever!

Despite physical impairment, he learned to ski when he turned five, schussing down the slopes on an H-shaped slide. Special Surfer night at Kennebunk Beach is one of the highlights of his summers. He relishes zoom cooking sessions with his grandmother and activates a stand-up mixer with a simple switch. Best of all, perhaps, he is now the super hero of a wonderful new book, *A Dog & His Boy: The Adventures of Spillway and Scotty*.

Spillway, incidentally, is a life-size toy dog named for a ski trail at Sugarloaf. Scotty's mother Lisa gave him the stuffed animal on his ninth birthday and Scotty's been lovingly embracing Spillway — along with 25 replacements due to nonstop hugs and kisses — ever since. Scotty totes Spillway everywhere, even to the beach and to the family's camp near Farmington.

A Dog & His Boy is the joyful collaboration of Scotty's mother Lisa and



A Dog and his Boy: The Adventures of Spillway and Scotty has been featured on News Central Maine. Scotty and his mother Lisa also do presentations and readings at schools throughout Maine.

Heidi Mullen, a third-grade teacher in Bethel. "During the pandemic," Lisa said, "I posted a photo of Scotty and Spillway on Facebook. Someone saw it and suggested I contact Heidi, who'd written several books. We wanted this to be a tribute to the true meaning of friendship and the importance of inclusion, and were lucky to have Claudia Diller of Kingfield, Maine, do the fun and clever illustrations."

The book is catching major interest throughout Maine. It was recently featured on *News Central Maine*. Lisa, Heidi and Scotty also did readings at LL Bean as part of the "Tent Tales for Kids" series. In addition, the mother-son team (with Spillway, too) visit elementary schools throughout the state and donate copies of the book to their libraries. Lisa said, "We recently did a presentation at several elementary

schools in Scarborough and gave out 700 books."

At the conclusion of their presentations, Heidi and Lisa ask the audience, "Now ... would you like to meet Scotty and Spillway?" With resounding cheers, Scotty and Spillway appear. Scotty says "hi" through his iPad and invites students to pet Spillway. "It's a lovefest," Lisa said.

"Scotty's done everything that's depicted in the book," Lisa said, citing his trips to the lighthouse at Portland Head, riding his specially-rigged bike with Spillway strapped to the back, and competing in the Special Olympics. When he graduated from Cumberland's Greely High School in 2019, Scotty was the last to receive a diploma. Clad in a maroon graduation robe, he maneuvered his walker towards the stage and received a standing ovation.

—continued on page 6



Scotty Wentzell and his pet Spillway, a life-size stuffed animal, are inseparable. The Spillway shown here is his 25th because Scotty loves to hug his pet "dog" and carries him everywhere. Photo by Lisa Wentzell

Design by Daisy Fine

#

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May - November

Garden Street Lot

www.kennebunkfarmersmarket.org

Kittery Community Market

Sundays, 10 AM - 2 PM

June 4 - November 19

Post Office Square

10 Shapleigh Road, Kittery

www.kitterycommunitymarket.com

North Berwick

Thursdays, 3-6 PM

June - September

Mill Field, 10 Canal Street

North Berwick

Saco Farmers' Market

Saturdays 8 AM-12 PM

Saco Valley Shopping Center, Saco

www.sacofarmersmarket.com

Sanford/Springvale

Saturdays, 8 AM-12 PM

May through October with a market

the Saturday before Thanksgiving

Central Park

(across from City Hall) Sanford

www.sanfordfarmersmarket.org

Wells Farmers' Market

Wednesdays, 1:30- 5 PM

June - September

Wells Library, Post Road, Wells

www.wellsfarmersmarket.org

York Farmers' Market

SATURDAYS, 9 AM-1 PM

May 27-October 7

Lot behind York Region

Chamber of Commerce

1 Stonewall Lane, York

www.gatewaytomaine.org/farmers-market/summer-farmers-market/

-continued from page 3

One of his mother's goals in co-authoring the book was to "encourage people to accept and embrace differences," she said. "Even though Scotty doesn't talk, he still wants friends and I want people to give him a chance." (Personal aside: Five minutes with this wonderful boy confirms how easy he is to love. His humor and sense of fun are contagious.)

A Dog & His Boy recently received a "legislative sentiment by the Maine House of Representatives, recognizing the importance of promoting friendship and inclusivity in our communities." Ultimately, Lisa hopes to place the book in every



Scotty and Spillway are together 24/7, even at the beach and especially on bike rides. (Photo by Lisa Wentzell)

library throughout Maine, "and hopefully the United States."

"I'm so proud of how brave and strong Scotty

is," Lisa said. "This book is not about what he can't do - it's about what he can do. We are lucky to have him."

A Dog & His Boy (published by McSea Books, www.mcseabooks.com), is available on Amazon and at spillwayandscotty.com.

Witness to Dignity: The Life and Faith of George H.W. and Barbara Bush book signing and discussion

On Monday, June 26, Graves Memorial Library will host Reverend Dr. Russell Levenson, Jr., for a discussion of his newly-released *Witness to Dignity: The Life and Faith of George H.W. and Barbara Bush*. The talk will run from 5:30 to 7:30 PM at the library at 18 Maine Street, Kennebunkport.

Former President George H.W. and Former First Lady Barbara



Author Reverend Dr. Russell Levenson, Jr. Photo courtesy of St. Martin's Episcopal Church

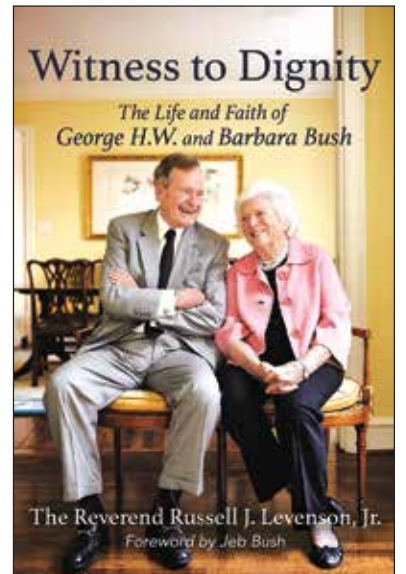
Bush were active members of Levenson's church - St. Martin's Episcopal Church in Houston, Texas - for more than 50 years. Levenson wrote this book to share many of the personal interactions he had with the Bushes and to witness to their deep faith.

Witness to Dignity: The Life and Faith of George H.W. and Barbara Bush, which includes a forward by Jeb Bush, is an intimate, first-person account of the character, integrity, faith and dignity of former President George H.W. Bush and first lady Barbara Bush. The book includes never-before-shared correspondence, experiences and personal stories about the Bushes' wit, wisdom and values, including the importance of family and friends, service to others and loyalty to their church, faith and God.

Levenson's book includes references to Kennebunkport, including Mrs. Bush's beloved Ganny's Garden on the River Green, which is managed

by the Kennebunkport Conservation Trust. "*Witness to Dignity*," said Levenson, "is for readers who yearn for our public officials to serve with faith and integrity like the Bushes. But above all else, this book shows how powerful it is when world leaders are humbled before the power that rests above all powers."

The Reverend Russell J. Levenson, Jr. lives in Houston, Texas, where he has served as Rector of St. Martin's Episcopal Church since 2007. With nearly 10,000 members, St. Martin's is the largest Episcopal Church in North America. Levenson co-officiated and offered a homily at the state funeral for President George H.W. Bush in Washington, D.C. and in Houston. He also officiated and preached at the funeral of First Lady Barbara Bush in Houston. Levenson has been ordained for 30



years and is the author of several devotional books.

Books will be available for purchase at the signing and are available for purchase at Books a Million, Amazon, Barnes and Noble, Target and other stores.

FMI on the event, visit www.graveslibrary.org. FMI on Reverend Levenson, visit www.facebook.com/RussellJLevenson and FMI on the Kennebunkport Conservation Trust, visit www.kporttrust.org.



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Field Notes of a Maine Birdwatcher – The Star of the Show –

by Ken Janes

Spring migration is the highpoint of the year for Maine birdwatchers and everyone has their favorite species to look out for as millions of birds return from winter homes in Central and South America. My all-time favorite is the gorgeous Scarlet Tanager. This bird is unmistakable with a bright red body set off by deep black wings and tail. They are usually found high in the canopy of deciduous forests singing a rich, burry song while they search for caterpillars.



Photo by Ken Janes

Every year in early May, a few visit our backyard bird feeders, and I can't wait for them to arrive. They eat hulled sunflower seeds, but they love meal worms. A few years ago they were so hungry from the long flight back from places like Nicaragua, I had

them eating out of my hand.

Scarlet Tanagers need large areas of unbroken forest for breeding and for winter habitat, and that is especially important in South America where they spend most

of the year. It has been discovered that they like to visit coffee plantations during migration, so the Smithsonian Migratory Bird Center has been encouraging farmers to grow coffee under trees, so-called shade-grown

coffee, to provide critical habitat for tanagers.

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Programs for bird lovers at Wells Reserve

Wells Reserve at Laudholm has some wonderful offerings for bird lovers. Bird banding demonstrations are held on Tuesday mornings from 7 to 10 AM, during which scientists from the Biodiversity Research Institute and the Maine Medical Center Research Institute study bird migration, breeding activities, life spans and vector ecology. These

demonstrations are free with site admission.

Another program for bird lovers is the piping plover beach walk and talk. In 1981 there were only seven pairs of piping plovers in the entire state of Maine. After decades of hard work and dedication, a record 140 pairs were recorded in 2022. Join Helen Manning, a biological science techni-

cian from Rachel Carson National Wildlife Refuge, on a walk to Laudholm Beach to learn about the piping plover and the efforts that have helped the species begin to make a recovery. This program is free with site admission. Registration is required at suzanne@wellsnerr.org or 207-646-1555 x116. FMI wellsreserve.org/calendar.

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Community makes a garden – and close bonds – grow

by Faith Gillman

For more than 15 years the Kennebunk Community Garden Committee has worked to provide garden space and help with growing not just vegetables, herbs and flowers but also

connections. Local gardeners pay a fee to utilize a plot in one of the two sites the committee manages. The main garden, in West Kennebunk at the end of Holland Road came first, followed by an accessible

raised bed garden 10 years ago at Park Street School in downtown Kennebunk. Originally an elementary school, Park Street is now an apartment building serving individuals who are 62 years or older

and/or disabled. The garden has become a popular spot at the complex, although Leslie Lindgren, who serves as chair of the Community Garden Committee wasn't sure the all-volunteer committee "could handle a second garden."

"One of the committee members lived at Park Street and thought it would be a good idea," said Lindgren. "The gardens are a lot of work. I thought it might be too much but the it has turned into a real jewel in the crown of both gardens. It has been well handled by our committee."

The Park Street garden has been successful in more ways than one. Not only has it provided a harvest for gardeners, it has brought community members together.

"We've had a wonderful collaboration with the Kennebunk High School (KHS) Alternative Education class, led by Ed Sharood and Jacquelyn Holmes, through the years. The kids are excited to work in the garden and it is wonderful for us," said Lindgren. "They built our shed, a picnic table, harvest table, two fence gates and replaced all 38 raised beds. Our committee's maintenance/vice chair Dick Coots was instrumental in communicating with students."

Last fall the committee had a celebration for a new perimeter fence, built in collaboration with the KHS students and Kennebunk Public Works.

"We had to obtain approval from Avesta for the fence as the land is owned

–continued on next page



The Park Street Garden houses 44 beds including more than half a dozen for the Maine Harvest for Hunger program. Photo courtesy of Leslie Lindgren



Members of the Kennebunk High School Alternative Education began construction of the new metal and wood raised beds for the garden during the winter. Photo courtesy of Leslie Lindgren

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Kennebunk High School Alternative Education class members, left, join with Kennebunk Community Garden members (front) Kathy Dolan, Gus Favreau, MaryLiz Baker, (rear) Sandy Tillman, Dick Coots, and Rona Klein in celebrating newly installed raised beds in the Park Street Garden. Photo courtesy of Leslie Lindgren

by them. We have a Memorandum of Understanding between the Town of Kennebunk and Avesta for use of the land," said Lindgren. "It was a beautification project to improve the curb appeal of the garden and we will plant native/bee pollinating plants along the fence."

Several years ago, the class built 16 new cedar beds from a grant the committee received. Last fall, the remaining 22 beds needed rebuilding. With the price of cedar prohibitive, other alternatives were considered.

"Biddeford Community Garden had some metal and wood beds we looked at and the cost of materials was very reasonable," said Lindgren. "KHS students, led by sophomore Novalee Page Auger, worked on planning and building them."

Materials were delivered in December and students built beds in the

hallway outside their classroom.

"When beds were finished, our town angel, Dave Boyd at Public Works, arranged to pick them up and deliver to Park Street. The completed beds were stacked up outside the garden until the ground could be worked and graded for weed barrier fabric to be put down," said Lindgren. "Two KHS seniors, Kaitlyn Schoener and Lauren DeLeo, worked on weeding and putting down weed barrier for the garden and also planting tomato plants at the West Kennebunk site."

In early June the committee hosted a raised bed celebration with the students, giving them the opportunity to visit the garden with the beds filled and planted by the community gardeners. Several beds are dedicated to The Maine Harvest for Hunger program. The program, administered by the Uni-

versity of Maine Cooperative Extension, with the efforts of Master Gardener volunteers, provides free produce for neighbors experiencing hunger across the state.

Lindgren is humbled to point out that the combined output of West Kennebunk and Park Street gardens constitutes 14 percent of the total grown in York County for the program.

"We've donated 50,000 pounds of produce since 2009," said Lindgren. "It's amazing."

Lindgren said she can't "speak highly enough of all the support our committee has received over the years from the students and the Town of Kennebunk, particularly Dave Boyd and his crew at Public Works. Dave has been there every step of the way with support for transport, soil grading, building and reinforcing fences, irrigation trouble shooting and so much more," she said. "And we

are blessed to have a wonderful group of volunteers on the committee. They are such hard workers and so generous with time and talent. Community makes it happen."

FMI: Kennebunk Community Garden on Facebook or [kennebunkmaine.us/717/Community-Garden-Committee](https://www.facebook.com/kennebunkmaine.us/717/Community-Garden-Committee)

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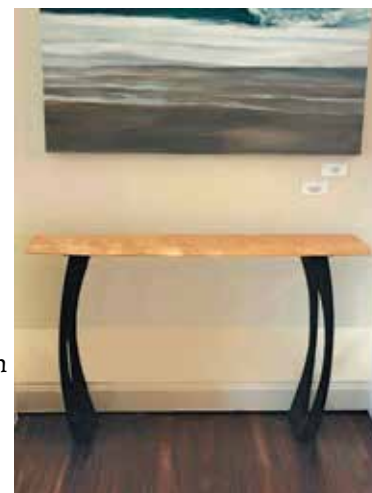
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Ogunquit Museum of American Art hosts annual Art in Bloom event

The Ogunquit Museum of American Art will host its annual Art in Bloom event from Friday, June 23, through Sunday, June 25. During this three-day event, the museum will showcase up to 15 floral sculptures created by area garden clubs, professional florists and independent floral designers. Responding to works of art on view at the museum, the participating designers will present arrangements made from organic matter including seed pods, driftwood, and other natural treasures.

"We love to see color, texture, and themes from the works of art in the museum captured in floral interpretations," said Amanda Lahikainen, PhD, Executive Director

of Ogunquit Museum of American Art. "This event is a fantastic way to showcase local talent, bring nature into the galleries, and welcome our guests with a burst of color."

The exhibitions on view during the event are Shifting Sands: Beaches, Bath-ers, and Modern Maine Art; Joe Wardwell: Mural Commission; Networks of Modernism, 1898-1968; and The Architect of a Museum.

The museum will celebrate the event and the floral designers at the Art in Bloom Garden Reception on Sunday, June 25. There will be drinks and light fare and the visitor's choice award for best floral display will be announced. The celebration will take place from 4 to 5 PM in the

museum's outdoor Sculpture Garden.

Art in Bloom is free with museum general admission. The Garden Reception tickets are \$20 per person. For tickets, visit ogunquitmuseum.org.

OMAA was founded in 1953 by Lost Generation artist Henry Strater. OMAA houses a permanent collection of paintings, sculpture, drawings, prints and photographs from the late 1800s to the present. OMAA's seaside landscape - a three-acre sculpture park containing 18 small gardens - complements its exhibitions and overlooks Narrow Cove and the Atlantic Ocean. The museum is open April 29 through November 12. FMI visit www.ogunquitmuseum.org.

Have you visited Just Us Chickens in Kittery?

Just Us Chickens is an artist cooperative in the heart of Kittery displaying work from 30 local artists in every medium. In this special gallery, visitors can enjoy looking at jewelry, paintings, sculptures, drawings, fiber works, basketry and other unique forms of art. Just Us Chickens is not only a joy to visit for its eclectic art, it is a wonderful source for gifts and greeting cards. 156A State Road, Kittery. FMI justuschickens.org

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York County Audubon presents: Birds of Prey with the Center for Wildlife

What's the difference between a hawk and a falcon? Do we have vultures in Maine? What is our smallest owl? What is our largest hawk?

At 7 PM on Tuesday, June 20, York County Audubon will present the Center for Wildlife's "Birds of Prey: Our "Talon-ted" Friends" program in the Mather Auditorium at Wells Reserve at Laudholm. This program is free and suitable for all ages.

Using the Center for Wildlife's live non-releasable bird ambassadors, posters and hands-on materials, presenters will discuss Maine's birds of prey, their habitats and habits, their place in the food chain and why they need protection.

The Center for Wildlife has treated over 50,000 injured and orphaned wild animals and presents programming to thousands annually. CFW's vision

is to instill a sense of understanding, responsibility, and compassion for our natural world leading to a society connected to nature and empowered to take action, and we do this through conservation medicine, environmental education, community empowerment, and advocacy. FMI



Courtesy photo

www.thecenterforwildlife.org

Local Maine Scene Bracelets

Mother's Beach • Goose Rocks • Gooch's Beach • OOB & more unique • metal • adjustable – the perfect gift for Maine lovers!



Mother's Beach designed by Geraldine Aikman available at Morph Gallery 155 Port Road, Kennebunk

Gerding and Hoyt: Two Artists. Two Views. Two Shows.

On Saturday, June 24, artists Margaret Gerding and William B. Hoyt come together in side-by-side shows at Maine Art Hill in Kennebunk. The show opens at 10 AM on the 24th, with an Artists' Reception from 5-7 PM that same day.

Margaret Gerding, an artist and Kennebunkport resident, is thrilled to fill the walls with all her favorite places near and around the area. With broad sweeping strokes and soft, captivating colors, Gerding's works are memories and moments captured in paint.

"Each piece is based on a real place, a moment I have experienced and been inspired by. There is something about being alone with nature, a quiet

that connects me like no other," shared Gerding.

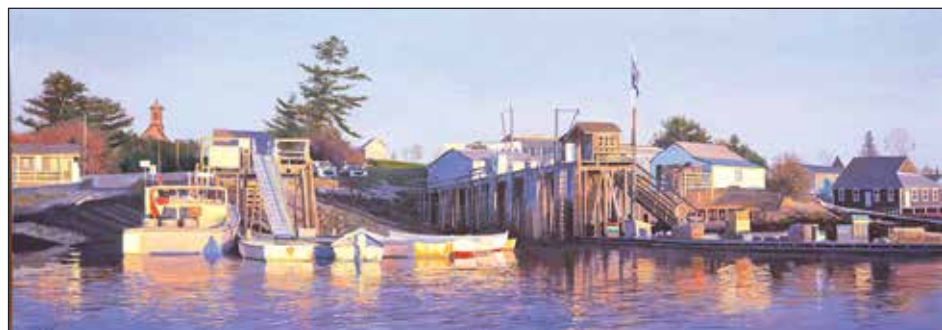
Alongside Gerding is William B. Hoyt, known for his realistic works of New England. With realism, a style in which the subject of the painting looks much like the real thing, it is only when examined close up that apparently solid colors reveal themselves as brushstrokes of many colors and values. It is

during this examination that the "wow" moments happen.

The show runs through July 19 at Maine Art Hill at 5 Chase Hill Road, Kennebunk. FMI call 207-204-2042 or visit www.maine-art.com/shows.



Cape Porpoise, ME by Margaret Gerding



Round Pond Sunrise by William B. Hoyt



home & away Native American jewelry and arts marketplace

2 Christensen Lane Lower Village, Kennebunk www.homeandaway.gallery

Jewelry | Baskets | Beadwork | Sculpture Please call for hours: 207 423-8473

Navajo inlay artist Earl Plummer shows his jewelry at Home & Away June 23, 24, 25 11 to 5



GRAMMY ROSE Dog Rescue & Sanctuary

Wicky Ralph's ICE CREAM & MINI-GOLF



1542 Route 109, Acton

grammyrose.org (844) 364-5433 wickyralph.com

All proceeds from ice cream and mini golf benefit our dog rescue



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Going on Now

All Together Now - Summer Reading Challenge, York Public Library, Another fun summer of bingo, books, programs and prizes. FMI visit yorkpubliclibrary.org/summer-challenge

Wednesday, June 14 (through August 19)

Sign-ups for Adult Summer Reading Program: All Together Now, Wells Public Library, 1434 Post Road, Wells. Register online or in person. Earn an entry for a weekly raffle drawing just by signing up, then participate in Reading Bingo to earn even more entries. Programs begin June 20. FMI contact Stefanie Claydon at sclaydon@wellstown.org or call the library at 207-646-8181.

Mid-Week Music's '50s Rock & Roll Dance Party, Kennebunkport Historical Society's Town House School, 135 North Street, 7 PM. The performers are guitarist Dana Pearson, pianist Mark Gunter, drummer Ron Breton, and saxophonist Alan Shepard. FMI and tickets: kporths.com/events, info@kporths.com, or 967-2751.

Thursday, June 15

Preschool Story Hour, 10:30-11:30 AM. Enjoy an outdoor reading of Lisa Morlock and Carrie Anne Bradshaw's *Track That Scat!* followed by a related craft activity and a search for scat along a Wells Reserve trail. For ages 3 to 5 with a caregiver. Free with site admission. Registration required at suzanne@wellsnerr.org or 207-646-1555 x116. FMI wellsreserve.org/calendar.

Write On! Graves Memorial Library, 18 Maine Street, Kennebunkport, 3 PM. Join a different kind of writing group and discuss your findings, share your writing and get to know your own unique inner talents. FMI call 967-2778 or visit www.graveslibrary.org.

North Berwick Farmers' Market, Mill Field, 10 Canal Street, North Berwick, 3-6 PM.

Nonfiction Book Group, Wells Public Library, 1434 Post Road, Wells, 4:30 PM. The pick for this month is *American Jezebel: The Uncommon Life of Anne Hutchinson, the Woman Who Defied the Puritans* by Eve LaPlante. FMI contact Cindy Appleby at cappleby@wellstown.org or call the library at 207-646-8181.

Virtual Mid-Day Meditation, York Public Library, 12-12:30 PM. Join Kalyana on Thursdays at lunchtime for a 30-minute guided mindfulness meditation. Visit yorkpubliclibrary.org/calendar for the link for this virtual event.

Weekly Conversational French Language Group, Wells Public Library, 1434 Post Road, Wells, 6:30 PM. An informal approach to practicing or re-learning French. FMI contact Cindy Appleby at cappleby@wellstown.org or call the library at 207-646-8181.

Substance Use Disorder Community Forum and free Naloxone Training, JR Martin Community Center, Biddeford, 6 PM. The goal of the forum is to increase knowledge around substance use disorder and it's prevalence, educate on how to respond to overdose, put Naloxone in the hands of community members, reduce stigma around substance use disorder, and increase knowledge of available resources within our community.

Virtual Author Talk: Jamie Beck, York Public Library, 2-3 PM. Jamie Beck will discuss *An American in Provence*, a beautiful collection of exquisite portrait, scenic and still-life photography from this *New York Times* bestselling author and award-winning photographer. Follow Beck on Instagram @JamieBeck.co. FMI visit yorkpubliclibrary.org

June 16, 17 & 18

Little River Estate Sale, East Grand Avenue, Old Orchard Beach, 9-3. Featuring the entire contents of an exceptional, fully-furnished, 5-bedroom oceanside estate. Visit website for photos and description of sale contents. www.antiquesandestatesales.com. FMI sfgnidziejko@gmail.com or 751-6466.

Friday, June 16

Fiber Arts, Wells Public Library, 1434 Post Road, Wells, 10:30 AM. All ages & levels of ability are encouraged to join this weekly group for ideas, inspiration and lively conversation. FMI contact Stefanie Claydon at sclaydon@wellstown.org or call the library at 207-646-8181.

Week in Review, York Public Library, 3-4 PM. This is a casual gathering of individuals in the Wheeler Room who are interested in having a civil discussion about the week's events. FMI visit yorkpubliclibrary.org

Free Drive Thru Barbeque, American Legion post 159, Route 9 (across from the police station) Kennebunkport,

5 PM until the food runs out. The menu consists of pulled pork, smoked chicken, brats, baked beans, cole slaw, potato salad, jalapeno corn bread and brownie. Donations welcomed. FMI call 967-2400

Biddeford Art Walk, downtown Biddeford, 4-8 PM. Art Walk is held every third Friday.

Saturday, June 17

Kennebunk Farmers' Market, Garden Street Lot, Kennebunk, 8 AM - 12:30 PM. FMI www.kennebunkfarmersmarket.org

Saco Farmers' Market, Saco Valley Shopping Center, Saco, 8 AM-12 PM. FMI www.sacofarmersmarket.com

Sanford/Springvale Farmers' Market, Central Park (across from City Hall) Sanford, 8 AM-12 PM. FMI www.sanfordfarmersmarket.org

York Farmers' Market, Lot behind York Region Chamber of Commerce, 1 Stonewall Lane, York, 9 AM-1 PM. FMI www.gatewaytomaine.org/farmers-market/summer-farmers-market/

Kayaking on the Little River Estuary, 9 AM-12 PM. Paddle the quiet waters of a Maine estuary, watching wildlife and learning about this treasured habitat from a registered Maine Kayak Guide at the Wells Reserve. For ages 12 and up. Some restrictions apply. \$60/\$48 plus site admission. Registration required. FMI 207-646-1555 or wellsreserve.org/kayak.

Historic District Walking Tour, Brick Store Museum, 117 Main Street, Kennebunk. Explore the history of the elaborate and historic homes that line Kennebunk's Summer Street neighborhood in Downtown Kennebunk. Led by Museum tour guide. \$10 per person/\$5 for members. Reserve in advance by calling 985-4802 or visit www.brickstoremuseum.org.

Summer Reading Kick-Off, Louis T Graves Memorial Public, 18 Maine Street, Kennebunkport, 9:30 AM. This year's theme is All Together Now, focused on kindness, community and being back together. This kickoff event will have a fire truck, donuts, lemonade, lawn games and a showcase of new books. Pick up your summer reading packet, including Graves Library book bags, summer reading buttons, stickers, crafts and more. FMI call 967-2778 or visit our website at www.graveslibrary.org.

Estuary Discoveries, 10-11:30 AM. Take a peaceful and easy meander along the accessible trail at Harbor Park in Wells. We will learn about the value and importance of estuaries, where rivers meet the sea. Free. Registration required at linda@wellsnerr.org or 207-646-1555 x128. FMI wellsreserve.org/calendar.

Art Opening for Robin Swennes, The Lady Mary Inn at Hurd Manor, 2 Elm Street, North Berwick, 5-7 PM. Join featured artist Robin Swennes for this opening night. Wine and cheese will be served. FMI theladymaryinn.com or 676-2133

Sunday, June 18

Kittery Community Market, Post Office Square, 10 Shapleigh Road, Kittery, 10 AM - 2 PM. FMI www.kitterycommunitymarket.com

VentiCordi Chamber Music Concert: "Whirling Dreams", South Congregational Church, 2 North Street, Kennebunkport, 2 PM. The mystical poetry of William Blake, the silenced voices of young poets in Terezin and the brilliant poet Langston Hughes inspired much of the powerful music you will hear. Tickets are Gen. Adm. \$25, Seniors \$20, 18 & under, \$10. FMI and tickets: www.VentiCordi.com/concerts

Tuesday, June 20

Lego Madness and Pokémon, Graves Memorial Library, 18 Maine Street, Kennebunkport, 3 PM. Bring your imagination for an hour of fun followed by a group-building challenge, games and prizes. This is for elementary-aged students. Pre-registration is required at 967-2778. FMI call 967-2778 or visit www.graveslibrary.org.

York County Audubon & Center for Wildlife's program on Birds of Prey: Our "Talon-ted" Friends, Mather Auditorium at the Wells Reserve at Laudholm, 7 PM. There's no charge to attend, and pre-registration is not required. See page 11 for full story. FMI: www.thecenterforwildlife.org

Welcome Summer Walk, 10 AM-12 PM. On the eve of the summer solstice, join Maine Master Naturalist Linda Littlefield Grenfell to use all your senses to experience summer. \$8/\$6. Registration required at linda@wellsnerr.org or 207-646-1555 x128. FMI wellsreserve.org/calendar.

Adult Crafternoon - Felt Hearts, Wells Public Library, 1434 Post Road, Wells, 2 PM. In preparation for the 2023 summer reading program, this group will be making felt hearts. Come celebrate friendship, community and togetherness while decorating the trees outside the library with the creations. FMI contact Stefanie at sclaydon@wellstown.org or call the library at 207-646-8181.

Knitting Group, York Public Library, 10 AM-12 PM. Come unwind and pick up purls of wisdom from fellow knitters. FMI yorkpubliclibrary.org.

Wednesday, June 21

Kindness Rocks, Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 10:30 AM. As part of the All Together Now summer reading program, participants will paint rocks and write positive messages for folks to find around town. Materials provided; pre-registration is required at 967-2778. FMI call 967-2778 or visit www.graveslibrary.org.

Shrubs for Habitat Restoration, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 10 AM-12 PM. In this interactive program, learn about habitat restoration from Sarah Dudek, New England Habitat Restoration Coordinator, and enjoy a shrub identification walk with Emily Baisden of Wild Seed Project. Become familiar with native shrub species and get inspired to add shrubs to the places you live, work and play. \$10/\$8 plus site admission. Registration required at suzanne@wellsnerr.org or 207-646-1555 x116. FMI wellsreserve.org/calendar.

Wells Farmers' Market, Wells Library, Post Road, Wells, 1:30-5 PM. FMI www.wellsfarmersmarket.org

Thursday, June 22

Virtual Mid-Day Meditation, York Public Library, 12-12:30 PM. Join Kalyana on Thursdays at lunchtime for a 30-minute guided mindfulness meditation. Visit yorkpubliclibrary.org/calendar for the link to join this virtual event.

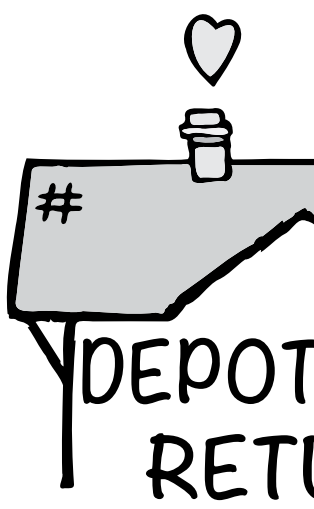
North Berwick Farmers' Market, Mill Field, 10 Canal Street, North Berwick, 3-6 PM

An Evening with David Baldacci: Graves Memorial Library's Annual Fundraising Event, Kennebunk River Club, in the Casino, 5 PM. *New York Times* Best-Selling Author David Baldacci has written over 47 novels for adults and 7 novels for children and has been published in over 45 languages. A copy of his newest thriller *Simply Lies* will be provided to each attendee as part of the ticket price. The opening reception begins at 5 PM. All ticket proceeds benefit the Louis T. Graves Memorial Public Library. Tickets can be purchased through Eventbrite at <https://www.eventbrite.com/e/an-evening-with-david-baldacci-tickets-574761375747>

Kayaking on the Little River Estuary, 1-4 PM. Paddle the quiet waters of a Maine estuary with a registered Maine Kayak Guide at the Wells Reserve. For ages 12 and up. Some restrictions apply. \$60/\$48 plus site admission. Registration required. FMI 207-646-1555 or wellsreserve.org/kayak

Friday, June 23

Week in Review, York Public Library, 3-4 PM. This is a casual gathering of individuals in the Wheeler Room who are interested in having a civil discussion about the week's events. FMI visit yorkpubliclibrary.org



DEPOT RETURN

Saturdays, 9-12 Depot Street
Beginning Saturday, June 24

Our mission at the Depot Days is to showcase local businesses. Our Depot Days are on that same street. Depot Days take place throughout the year of the Kennebunk Depot - aka *Tourist & Town* throughout the year (and into the future). Depot Days are for small, emerging businesses to share their products with the local community. As we prepare for our Depot Days, we would like to open invitation to local and emerging businesses. To inquire about setting up for our Depot Day, please email touristandtowntown.com. Bookings will be on a first come, first served basis. We hope you will join us. We are here to help!

Vendors will be responsible for their own tables, supplies, set

Meet a Police Officer, York Public Library, 10:30-11:30 AM. Meet York Police officers, listen to a story and see their police car. Suggested for all ages with a caregiver. This is a drop-in program in the Children's Storytime Area at York Public Library. FMI visit yorkpubliclibrary.org

Solutions to the Climate Crisis, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 12-1 PM. In this presentation, David Kunhardt, a Climate Reality Leadership Corps mentor, retired leader of a solar benefit corporation and long-time volunteer with Citizens Climate Lobby, will discuss efforts now underway not merely to adapt to sea level rise and other impacts but to push back. \$5 suggested donation. Registration required at suzanne@wellsnerr.org or 207-646-1555 x116. FMI wellsreserve.org/calendar.

Saturday & Sunday, June 24 & 25
Amateur Radio Field Day Exercise, behind Sea Road Church, 140 Sea Road, Kennebunk. Watch the New England Radio Discussion Society demonstrate emergency communication. Visitors are invited after 2 PM Saturday afternoon and from 10 - 2 o'clock Sunday. On Field Day, over 40,000 radio amateurs gather outdoors to simulate emergency conditions using a variety of antennas, transceivers and power sources. Visitors will have a chance to meet and talk with local ham radio operators and see for themselves what the Amateur Radio Service is all about. FMI contact Alex Mendelsohn at 207-967-8812.

Saturday, June 24
Kennebunk Farmers' Market, Garden Street Lot, Kennebunk, 8 AM - 12:30 PM. FMI www.kennebunkfarmersmarket.org

Saco Farmers' Market, Saco Valley Shopping Center, Saco, 8 AM-12 PM. FMI www.sacofarmersmarket.com

Sanford/Springvale Farmers' Market, Central Park (across from City Hall) Sanford, 8 AM-12 PM. FMI www.sanfordfarmersmarket.org

York Farmers' Market, Lot behind York Region Chamber of Commerce, 1 Stonewall Lane, York, 9 AM-1 PM. FMI www.gatewaytomaine.org/farmers-market/summer-farmers-market/

Historic District Walking Tour, Brick Store Museum, 117 Main Street, Kennebunk. Explore the history of the elaborate and historic homes that line Kennebunk's Summer Street neighborhood in Downtown Kennebunk. Led by Museum tour guide. \$10 per person/\$5 for members. Reserve in advance by calling 985-4802 or visit www.brickstoremuseum.org.

Barefoot Ball at the Brick Store Museum, hosted by Other Nice People, 117 Main Street, Kennebunk, 6-8 PM. Come celebrate with the family. DJ dancing, demonstrations, fruity drinks with umbrellas and a special art unveiling. Art by Laura Butterworth and William Walker, based on the *Activity Calendar for Youth*. Shoes optional. FMI call 207-468-0102.

Bird Walk, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 7:30-9:30 AM. York County Audubon birders lead a guided walk around the Wells Reserve property. Beginners welcome. Please bring binoculars if you have them. Free with site admission. Registration required at suzanne@wellsnerr.org or 207-646-1555 x116. FMI wellsreserve.org/calendar.

Movie: A Man Called Otto, York Public Library, 2 PM. Located in the Community Room at YPL. FMI visit yorkpubliclibrary.org

Sunday, June 25
Kittery Community Market, Post Office Square, 10 Shapleigh Road, Kittery, 10 AM - 2 PM. FMI www.kitterycommunitymarket.com

Wells Antiques Show & Sale, Wells Reserve at Laudholm Farm, 342 Laudholm Farm Road, Wells, 10 AM-4 PM. A great antiques show and sale with 75 exhibitors from Maine, New Hampshire and Massachusetts. FMI goosefareantiques.com or 800-641-6908.

Monday, June 26
Groovy 60s Summer Reading Kickoff Party, Kennebunk Free Library, 112 Main Street, 5-7 PM. This year's summer reading theme is All Together Now, and Kennebunk Free Library is ready to get groovy. Come dressed in your best 60s-era costume for a party with DJ, fun crafts for all ages, games, a photo booth and tasty treats. FMI call 985-2173.

Walking Club, York Public Library, 11 AM-12 PM. Join a rotating selection of your favorite librarians to take a walk around town. FMI visit yorkpubliclibrary.org

Author Visit with Reverend Dr. Russell J. Levenson, Jr., Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 5:30 PM. See page 6 of this issue for more details.

Tuesday, June 27
Bird Banding Demonstration, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 7-10 AM. Visit the bird banding station at the Wells Reserve at Laudholm. Free with site admission. FMI 207-646-1555 or wellsreserve.org/calendar.

Dwellers of the Wells Reserve. Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 10 AM-3 PM. Participate in a community-created, large-scale portrait of an animal that makes its home at the Wells Reserve. Artist Eric Gold has developed a process of creating paintings from 100 small pieces. He invites people of all abilities to paint a small segment of this portrait. Time commitment is an hour or less, with five timeslots available. For ages 5 and up; children must be accompanied by an adult. Registration required at suzanne@wellsnerr.org or 207-646-1555 x116. Free with site admission. FMI wellsreserve.org/calendar.

7th Annual Summer Kick Off Party, Lobster In The Rough, 1000 U.S. Route 1, York, 5-8 PM. Open to the public and free for all for the first time, the 7th Annual Summer Kick Off Party, put on by the York Region Chamber of Commerce and hosted by Lobster In The Rough (at 1000 U.S. Route 1 in York), will include live music by the Chris Fitz Band, food, drinks, games and a campfire. York Chamber members who are pre-registered by 4 PM on Monday, June 26, will receive a bracelet at the gate for 20% off food and drinks. If you would like to advertise your business by donating a raffle item, it's not too late to do so. Just contact linda@yorkme.org or holly@yorkme.org or call the chamber at 207-363-4422. This is the first year the gate cover fee will be waived or all. Anyone who has already paid will have their gate fee refunded. FMI www.gatewaytomaine.org, www.theroughyorkmaine.com

Tuesday Talk with Photographer Cara Romero, Ogunquit Museum of American Art, 543 Shore Road, Ogunquit, 5 PM. Romero's photography is shaped by years of study and a visceral approach to representing Indigenous and non-Indigenous cultural memory, collective history and lived experiences from a Native American female perspective. FMI visit www.ogunquitmuseum.org/totally-tuesday-talks/.

Wednesday, June 28
Wells Farmers' Market, Wells Library, Post Road, Wells, 1:30- 5 PM. FMI www.wellsfarmersmarket.org

Virtual Author Talk with Tananarive Due, York Public Library, 8-9 PM. Tananarive Due will discuss her newest work, *The Wishing Pool and Other Stories*. This second collection of stories by the author is full of her signature offerings of horror, science fiction and suspense while confronting monsters of all kinds, including racism, the monster within and the supernatural. Visit her website TananariveDue.com. FMI visit yorkpubliclibrary.org

Thursday, June 29
Kayaking on the Great Bay Estuary, Seacoast New Hampshire, hosted by Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 8:30-11:30 AM. Paddle the quiet waters of the Great Bay Reserve's estuary while watching wildlife and learning about this treasured habitat. First-timers are welcome. For ages 18 and up.

Some restrictions apply. \$60/\$48. Registration required at suzanne@wellsnerr.org or 207-646-1555 x116. FMI wellsreserve.org/calendar.

Virtual Mid-Day Meditation, York Public Library, 12-12:30 PM. Join Kalyana on Thursdays at lunchtime for a 30-minute guided mindfulness meditation. Visit yorkpubliclibrary.org/calendar for the link to join this virtual event.

North Berwick Farmers' Market, Mill Field, 10 Canal Street, North Berwick, 3-6 PM.

Author Talk with Maureen Lee and Jennifer Cooley, Graves Library, 18 Maine Street, Kennebunkport, 10:30 AM. The authors and illustrator of the children's book *A Puppy in Maine* will be in the Community Room. This program will include a special craft. Copies of the book will be available for sale and signing. Pre-Registration encouraged. FMI call 967-2778.

Author Talk with Author (and editor) Mike Urban, Graves Library, 18 Maine Street, Kennebunkport, 6 PM. Urban will share stories from his newest book *Unique Eats and Eateries of Maine: the People and Stories Behind the Food*. Copies of the book will be available for sale and signing. Light refreshments. FMI call 967-2778.

2023 Kennebunk Savings Summer Concert Series: Radio Revival, 20 Recreation Way, Kennebunkport, 6-8 PM. Hosted by Kennebunkport Parks & Recreation. Live music, food trucks, Batson River Brewery, Banded Brewing Co., bounce house, face painting. FMI Kennebunkportrec.com or 207-967-4304

Friday, June 29
Week in Review, York Public Library, 3-4 PM. This is a casual gathering of individuals in the Wheeler Room who are interested in having a civil discussion about the week's events. FMI visit yorkpubliclibrary.org

Saturday & Sunday, July 8 & 9
Summer Solstice Craft Show, Wells Junior High, 1470 Post Road, Wells, 10-3. Free admission. FMI summersolsticecraftshows.com or 207-967-2251.

Saturday, July 1
Annual Vintage Base Ball Game, Parsons Field, Kennebunk, 12 PM. The game will be played by "living history" teams, who embody the game of base ball as it was invented in the 1860s. See full story on page 15. FMI visit brickstoremuseum.org

Kennebunk Farmers' Market, Garden Street Lot, Kennebunk, 8 AM - 12:30 PM. FMI www.kennebunkfarmersmarket.org

Saco Farmers' Market, Saco Valley Shopping Center, Saco, 8 AM-12 PM. FMI www.sacofarmersmarket.com

Sanford/Springvale Farmers' Market, Central Park (across from City Hall) Sanford, 8 AM-12 PM. FMI www.sanfordfarmersmarket.org

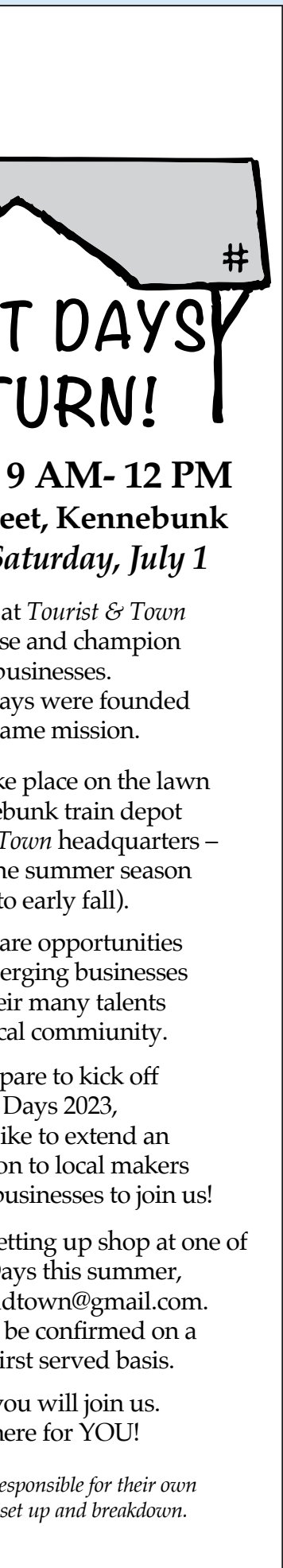
York Farmers' Market, Lot behind York Region Chamber of Commerce, 1 Stonewall Lane, York, 9 AM-1 PM. FMI www.gatewaytomaine.org/farmers-market/summer-farmers-market/

Sunday, July 9
Kittery Community Market, Post Office Square, 10 Shapleigh Road, Kittery, 10 AM - 2 PM. FMI www.kitterycommunitymarket.com

Wednesday, July 12
Wells Farmers' Market, Wells Library, Post Road, Wells, 1:30- 5 PM. FMI www.wellsfarmersmarket.org

Mid-Week Music's "Three of a Kind & Friends Play Good Songs" Show, Town House School, 135 North Street, Kennebunkport, 7 PM. Mark Gunter (keyboards, vocals), Janet Wentworth (vocals) and Ron Breton (drums), who often perform as Three of a Kind, will be joined by bassist John Kumnick on an eclectic setlist of tunes covering various genres. All shows are BYOB and are for audiences 21 and older. For advance tickets: kporths.com/buy-tickets, info@kporths.com, or 207-967-2751.

Saturday, July 15
Book Reading and Signing of *If I Built a Car* by Chris Van Dusen, Maine Classic Car Museum, 2564 Portland Road, Arundel, 10 AM- 12 PM. The Maine Classic Car Museum and Graves Memorial Public Library present this fun-filled event with this acclaimed children's book author. Take home a cool car craft and build your own car. See the museum cars that made history. Kids under 7 are free, admission is \$12 per person. RSVP at the museum at 602-6620, ext. 431 or at the library at 967-2778.





A little slice of Shore Road, Ogunquit

It wasn't exactly a sunny day, but after days and days of cold rain, "cloud cover" seemed downright tropical – and we headed "Out of the Office" to Ogunquit.

First stop, **Goods Ogunquit**. This was one of those stores we instantly wanted to move into. The aesthetics are calm and inviting and this tiny store is filled with oodles of eye candy. Beautiful pottery, candles and jewelry fill the tables and shelves – and Goods has all things "OGT," "Salt" and "Surf." There's a little bit of everything in this dreamy shop for that casual coastal vibe.

A few doors down at **Art & Soul** we found ourselves again wondering, "Where do we look first?" With countless unique brands, this store is whimsical and eclectic, from a wall of socks and oven mitts, to art, clothing and painted mermaid rocks. Such fun!

Before heading back to the office, we grabbed lunch at **Beach Basket**. The Blueberry lemonade is a winner!



Goods Ogunquit
33 Shore Road, Ogunquit
www.goodsogt.com

Art & Soul
23 Shore Road, Ogunquit

Beach Basket
22 Shore Road, Ogunquit
www.beachbasket.me



I don't want to sound shellfish, but...

a day, so he gave us the name of a café and wished us a pleasant evening.

The traditional gift for a 36th wedding anniversary may or may not be a return visit to one of the stops of the couple's honeymoon (for all I know, it may be cream linen trousers), but that's exactly what it was when Diane – you know, my wife – and I headed back to Woodstock, Vermont, over the Memorial Day weekend.

The air was redolent of crawfish as we approached our inn on Saturday, since that's what the joint was offering its guests all afternoon and evening out on their patio. We passed on the offer, since we don't do shellfish. To repeat: We don't do shellfish. But we would do their breakfast Sunday morning. I joked to Diane that they'd probably serve crawfish pancakes with the surplus shellfish, which, as you may recall, we don't do.

While signing in, I asked the owner where we might go in town the following day for a decent lunch, and he said, "Oh, our breakfast is so large and filling, you won't want to have lunch." (Of note: He asked if we had any dietary restrictions, to which I responded, "No, but we don't do shellfish.") I assured him we were more than capable of socking away several meals in

His wish was highly effective. We had a pleasant evening. In the morning we went downstairs and sat at a little round table in the Victorian dining room where we were cheerily greeted by our Russian waitress. (I say Russian without having confirmed the woman's birthplace so as not to rob myself of any *Bullwinkle* references later on.)

Keeping in mind that there was no menu to choose from, and that the breakfast being prepared in the kitchen that day was the only one available (which is usually fine, as long as the breakfast of the day doesn't involve shellfish, which, as you may recall, we don't do), it was with surprise – and not the good kind – when we heard our waitress inform us that our breakfast would be crawfish eggs Benedict.

"Crawfish?" I said, not so much from any confusion due to her thick accent, but rather a strong desire not to have heard what we clearly heard.

"Yes, crawfish," she said with a smile, which wouldn't have been so broad if she understood how much we don't do shellfish.

"Sorry, but we don't eat crawfish," I said. "But

we'd be happy to have regular eggs Benedict. Can you do that, have the eggs Benedict *without* the crawfish?" (I've italicized the word "without" partly because I stressed the importance of removing crawfish from the eggs Benedict to our waitress, and partly because you need to know how important it was to us to have the crawfish removed from the eggs Benedict.)

"Yes, fine, we can do that," she said. We thanked her and off she went to kill moose and squirrel – I mean, to tell the chef about our special order. (In general, I dislike making special orders, but in this case, where shellfish – which we don't do – was concerned, we had to.) Di and I chatted away happily, all the while noticing that there were a few other parties in the dining room waiting to be served their eggs Benedict, which likely would be infested with crawfish. In fact, several minutes later a neighboring couple had their plates brought out, which featured sliced muffins topped with poached eggs, Hollandaise sauce, and tiny pinkish-red legs.

We sipped our tea and enjoyed our fruit cups as the minutes ticked by. We waited the customary 20 minutes before noticing the lack of breakfast. All the other parties were eating, but we waited.

Another 10 minutes went by, and then another 15 minutes.

Now, when you're on vacation – or, even more so, while celebrating your cream linen trousers anniversary – you tend to have far more patience with slow service, especially in these post-pandemic times when there are fewer people in the service industry. But there's a limit. There comes a time when suddenly you realize you're annoyed, and you don't want to be annoyed, but nonetheless you're annoyed because 45 minutes have gone by and you still haven't gotten your damned eggs yet and all the other parties are eating and you're sitting there trying so hard not to be annoyed, and what makes it even more annoying is that you don't want to be annoyed and yet you are.

Natasha finally brings out our breakfast of – you guessed it – crawfish eggs Benedict. By the time the corrected order comes out 15 minutes later, we are the only guests in the dining room. We finish our breakfast in three minutes.

Instead of "Our breakfast is so large and filling here, you won't want to have lunch," the owner should have said, "Our breakfast is served so late, you'll mistake it for lunch."

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Pride in our Stories project

As part of its "Diversity, Equity, Access and Inclusion (DEAI)" mission, the Brick Store Museum in Kennebunk invites community members to add to a community-created garland recognizing and celebrating the stories of the LGBTQ+ community. Add a name, drawing, note or memory on a ribbon that represents someone you love who identifies as part of the LGBTQ+ community. The result will be a ribbon garland that hangs outside the museum during June and during Pride celebrations in the future. FMI visit brickstoremuseum.org/pride-in-our-stories-project/

Courtesy photo

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ENROLLING FOR FALL

Kennebunkport resident launches Wild Wonder Forest Bathing

Forest Bathing has come to Southern Maine. Jennifer Comeau, a Certified Nature and Forest Therapy Guide, is tapping into a global movement by helping others get back to nature and benefit physically and mentally from walks in the woods.

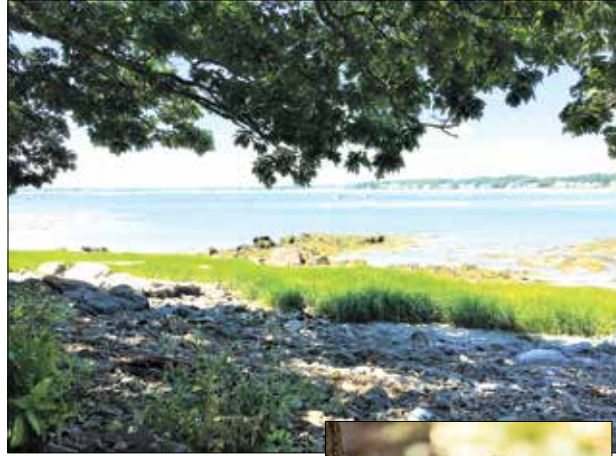
Forest Bathing is an immersive sensory experience aimed at exploring the nature right in front of us and allowing the cacophony of thoughts, or so-called, "life in the tamed world" to fall away. It follows a standard sequence of invitations over a 2 1/2 - 3 hour period that frames the walk but does not impose restrictive rules.

Evidence has shown that spending time in natural places improves the health and wellbeing of humans young and old. "Trees are little furnaces," said Comeau, "showering us with invisible phytoncicide aerosols that have the effect of boosting our

immune systems and decreasing cortisol levels, blood pressure and heart rate. They do wonders for your spirit and mental wellness. But you don't really need science to tell you; you feel it."

Comeau offers walks to people of all ages on Thursday afternoons 2 to 4:30 PM and Saturday mornings 9:30 AM to 12 PM, as well as to private groups by request. She has felt first-hand the healing effects of returning to the kinds of woodlands she played in as a child. "Ten years ago, as an engineer in corporate America, I'd have thought I didn't have time for a woods walk," Comeau said. "Today, I couldn't live without the restorative and awe-inspiring power of nature."

Certified in Wilderness First Aid as well as by the Association for Nature and Forest Therapy, Comeau pays attention to the time of year, weather and who is registered be-



Timber Point. Courtesy photo



Jennifer Comeau. Courtesy photo

fore selecting a walk site. "We're blessed with an abundance of beautiful places here in Southern Maine," Comeau said. "Some of them are well known. Others are hidden gems. I take great care in choosing a site to ensure the needs of attendees are met."

Among the many locations are Meadow Woods Preserve, Timber Point, Laudholm Farm and Es-

tuarine Preserve. Walks are priced at \$44.00 per person. FMI and to register, visit jennifercomeau.com/registration/, email jen@jennifercomeau.com or call 207-229-4136.

19th-century baseball game set for July 1

The Brick Store Museum will once again host its annual Vintage Base Ball Game at Parsons Field in Kennebunk on Saturday, July 1, at 12 PM. The game will be played by "living history" teams, who embody the game of base ball as it was invented in the 1860s, complete with wool uniforms and different rules (no gloves! The ball can bounce before a catch!).

The Dirigo Base Ball Club of Maine will face off against Massachusetts' Mudville team at noon-time on the field. Tickets are \$10 (\$5 for members)

and support the museum's educational mission. Children under 12 can attend free!

"Making history come alive is our job," Executive Director Cynthia Walker said. "Now, mix history with baseball, and we have quite the event. It's something that's touched all of our lives. We hope visitors will take a trip back in time with us to the 1860s, when baseball was just starting."

Participants will feel as though they traveled back



in time. Alongside the 1860s base ball game will be a Vintage Bazaar, selling hot dogs and "game food," plus a bake sale and activities for families.

The Vintage Base Ball

Game has been sponsored by Shipyard Brewing Company, Kennebunk Savings Bank, and Mari Mattuchio Bookkeeping.

FMI visit brickstore-museum.org.

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Bits 'n' Pieces

Helpful Hints:

Should you keep butter out on the counter?

According to the USDA, butter is safe at room temperature. But if left out for several days, it can turn rancid. They recommend leaving butter on the counter only two to three days.

However, clarified butter is pure butterfat, without water and milk solids, which means it has a long shelf life. Clarified butter keeps well at room temperature for several months.

If you like room temperature butter, store in an air-tight container (i.e. a butter crock) away from the light. Remove wax paper wrappings too.

Can you freeze eggs? Bananas? Berries? Wine? Why not?

You're at Market Basket and eggs are on sale, so you decide to stock up for future baking projects. But how long will those eggs keep?

Try this: crack and whisk the eggs, then place in an air-tight container in the freezer. They stay good for at least a year. (You can even freeze egg whites the same way.) Helpful tip: first check the recipe so you freeze the correct amount of eggs, and remember to mark the amount on the container.

Bananas seem to turn black overnight in my house. Here's a solution for future smoothies: peel bananas before putting in freezer because their skin is difficult to remove once the fruit has solidified. Kept in a freezer bag or airtight container, the bananas stay good for up to one month.

If you couldn't help yourself and purchased too many cartons of fresh strawberries, try this: spread the berries out on a parchment paper-lined baking sheet. (Lining the sheet prevents the berries from sticking.) Place in freezer. Once frozen, transfer berries to a freezer bag or airtight container where they stay good for at least six months.

Who hasn't discovered leftover wine when dinner guests leave. Empty that quarter-filled bottle of Pinot or Chardonnay into a freezer container and let it "age," then defrost to enhance a fish dish or risotto. (You can also drink that defrosted wine!) Leftover red wine freezes well in little ziplocks and perks up a tomato sauce or meat braise. Thawed red wine also adds a nice punch to sangria.

Celebrate June 14 with Flag Kebobs

Here's a cinch of a dessert for Flag Day: using 8 wooden skewers, alternate layers of strawberries, large blueberries (or blackberries) and cubed angel food cake. Pretty and patriotic!

Kitchen Talk

Any-Night-of-the-Week Suppers

Baked Feta with Pasta

Ingredients:

4 cups cherry or grape tomatoes
8 oz. asparagus, ends trimmed and cut into bite-size pieces
1/3 cup extra virgin olive oil PLUS 1 tbsp. to drizzle over feta
1/4 tsp. salt
1/2 tsp. pepper
8 oz. block feta cheese
10 oz. penne pasta
4 garlic cloves, finely minced
1/4 cup fresh parsley or basil, finely minced

Directions:

Preheat oven to 400.

Place tomatoes and asparagus in a 9x13 casserole, then douse with 1/3 cup olive oil, 2 minced garlic cloves, pepper and salt. Toss to combine.

Make a space in the center and place block of feta there. Drizzle feta with 1 tbsp. olive oil.

Bake at 400 for about 30 minutes until tomatoes are very soft.

Midway through baking time, cook the pasta. Drain and reserve a cup or two of the cooking water.

After 30 minutes, take the casserole from oven and immediately stir in remaining minced garlic and parsley (or basil). Toss to combine. Use the back of a large spoon to press the cheese into the olive oil and stir until cheese is well dispersed in the dish.

Add drained cooked pasta (and reserved cooking water if it looks dry.) Serve warm.

A friend in Florida shared this recipe last winter. Since then, I have made it numerous times and it's always resulted in copious compliments and clean plates. The dish serves 6, it's budget friendly, a snap to make ahead.

Val's Variations

This dish delights vegetarians but I've added cooked/sliced sweet Italian sausage or sautéed/sliced chicken breasts midway through baking. (I prefer the sausage, my husband likes the chicken.)

I substitute rigatoni or farfalle pasta for penne and it's just as tasty. Sometimes, I add only a cup or two of pasta. The dish still gets raves.

I call it Any-Night-of-the-Week Supper because I've served it every night of the week – even to fussy company – and invariably, I get asked for the recipe.

The Best Quesadillas

"Delicioso y sabroso!"

Only minutes from skillet to table, these restaurant-style quesadillas make tasty leftovers ... if there are any left.

Ingredients:

1 1/2 cups shredded Monterey Jack cheese
1 cup fresh or frozen corn
3 green onions, thinly sliced
1/4 cup chopped fresh cilantro
2 tbsp. sour cream
4 flour tortillas (8 inches in diameter)
1 tsp canola oil
Optional: guacamole and salsa

Directions:

Place first five ingredients in large bowl; toss to combine.

To assemble, lightly brush tops of two tortillas with 1/2 tsp. oil.

Turn over and top with cheese mixture and remaining tortillas. Brush tops with oil.

Bring a large nonstick skillet to medium heat. Cook quesadilla in two batches,

1-2 minutes on each side until golden brown and cheese is melted.

Cut each quesadilla into six wedges. Serve with salsa and guacamole and listen for the "WOWs!"

It's Raining Rhubarb!

Here's a one-bowl quick-prep rhubarb dessert that serves 6 and can even star at your Saturday night dinner party.

Ingredients:

2/3 cup granulated sugar, plus 2 tbsp. for topping
3 eggs
3 tbsp. butter, melted
2 tbsp. milk or buttermilk
1 tsp. vanilla
1 cup plus 2 tbsp. all-purpose flour
3/4 tsp. baking powder
pinch of salt
2 cups diced fresh rhubarb

Directions:

Preheat oven to 350.

Mix eggs and 2/3 cup sugar until light, then add melted butter, vanilla and milk.

Stir in flour, baking powder and salt; mix to combine.

Pour into 8" or 9" cake pan coated with nonstick cooking spray.

Spread diced rhubarb around the top of the batter; sprinkle with 2 tbsp. sugar.

Bake 30 minutes or until knife comes out clean. (And with a dollop of vanilla ice cream on top? Oh yeah!)

Morph Gallery and Emporium: Something for everyone

by Jo O'Connor

Step into Morph Gallery & Emporium in Lower Village Kennebunk to find unexpected, whimsical and elegant treasures. They are known for their custom picture framing, distinctive gifts and original artwork.

Now in its 10th year, the proprietor Renee Arbisi fell into ownership in an unusual way. As a native of Norwich, she always had her eye on the creative process. She earned her bachelor's degree from USM in technical theater and then became a master electrician for off-Broadway shows.

After more than three years in the big city, she returned to Maine and worked for Casco Bay Framers (during college, she apprenticed for The Frame Center in Portland). At that point, she took up quilting too (oh yeah, self-taught).

Eventually, Arbisi married Mark (her co-proprietor),

who became a pastor later in life, which brought the couple to churches in Minnesota and Wisconsin. In 2013, it was back to Maine to set up the emporium.

While Morph has unusual items, it has become known as where you go to get great framing, pick out a cool piece of jewelry and buy that one-of-a-kind present for someone special.

"Basically, if I love it, I sell it," said Arbisi. That says it all about her; she is enthusiastic about every single item in her shop, and can tell you about its origin and its maker.

The shop is filled with candles, lotions, cookware, glassware, Christmas ornaments, pottery, toys, pillows, scarves and tons of groovy oddities. Morph Emporium carries coastal bangles designed by Tourist & Town's own content editor, Geraldine Aikman, and sells framed photos and books by our

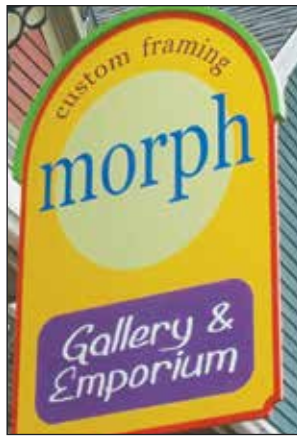
distribution manager, Josh Hrehovick, too. There are numerous products made in Maine and from artists and crafters "from away" as well.

"I have been in the picture frame business for over 25 years, framing everything from children's art off the refrigerator to original Chagall prints; extremely large maps to tiny seashells, fabrics and objects of all sorts. I help you to create something you will love to have on your wall. During the design process, I will tell you what works or doesn't – and why. You decide what you like and you approve the final design," said Arbisi.

Stop in today – you won't walk away empty handed.

The shop is open Tuesday-Friday, 10 AM- 5 PM and Saturday 10 AM-4 PM.

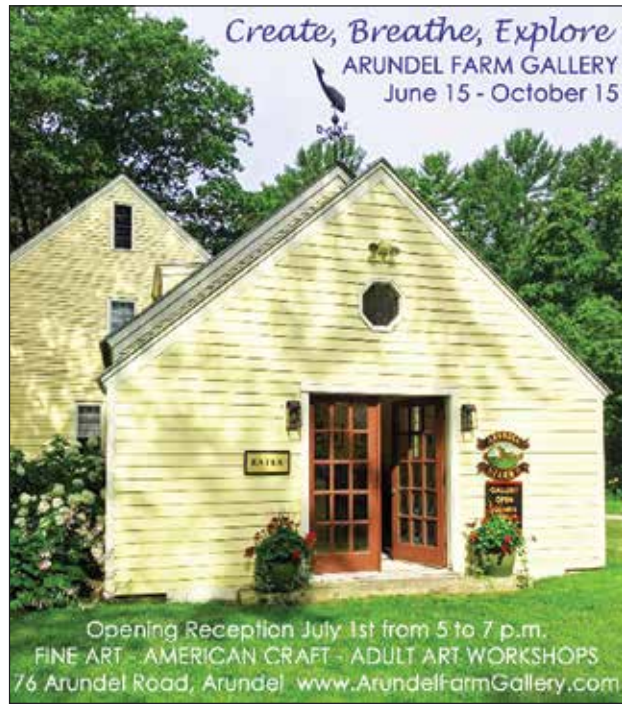
FMI: 155 Port Road, Lower Village Kennebunk; morphgallery.com



Morph Gallery and Emporium is located at 155 Port Road in Lower Village Kennebunk. Courtesy photo



Owner Renee Arbisi. Photo by Sandy Gnidziejko



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It's a colorful feast for the eyes at Morph Gallery and Emporium at 155 Port Road in Kennebunk. Photos by Sandy Gnidziejko



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Graves Library welcomes author Mike Urban

The Graves Library is pleased to welcome author Mike Urban back to Graves Library on Thursday, June 29, at 6 PM, to talk about his new book *Unique Eats and Eateries of Maine: The People and Stories Behind the Food*.

Urban is a New England-based food and travel writer and the author of four books on New England cuisine. He is a regular food writer for *Yankee* magazine, contributing more than 25 articles over the past 10 years.

Urban has been covering the Maine food scene

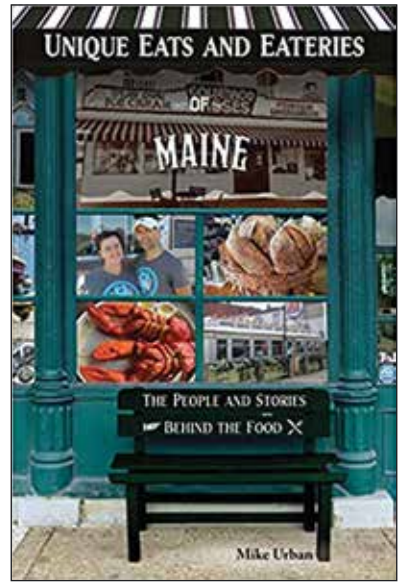
for more than a decade through his writings and personal appearances. In 2013, Urban was the editor of the two-volume set *Kennebunkport: Evolution of an American Town* written by Joyce Butler.

In Urban's words: "The state of Maine punches way above its weight class when it comes to culinary adventures. There's so much to explore in Maine's extraordinary food landscape, and *Unique Eats and Eateries of Maine* is just what you need to experience the most interesting, unusual,

and unforgettable places that Maine has to offer."

Copies of the book will be available for purchase. Light refreshments (from Maine) will be served.

The Library is located at 18 Maine Street, Kennebunkport, for further information, please call 967-2778 or visit our website at www.graveslibrary.org.



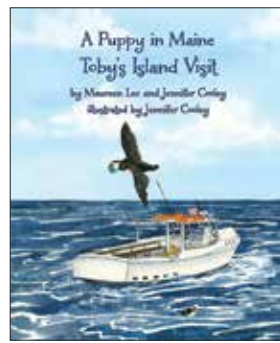
Puffins come alive in the latest book in the *Puppy in Maine* children's series

The puffins are here! Patrick and Paulina Puffin with their baby chick Leo, are the focus of a new children's book from the series *A Puppy in Maine*, which features a Golden Retriever named Toby, modeled after the authors' family's pet.



The latest book, *Toby's Island Visit*, takes place on Machias Seal Island, an island off the coast of Maine, inhabited by thousands of seabirds.

Traveling from Cutler, Maine, was the latest adventure by author Maureen Lee and her daughter, author/illustrator Jennifer Cooley. "Going back to the island 37 years after my first visit, was a wonderful experience," said Lee. "Sur-



prisingly, it seemed like time had stood still all those years. The puffins are just as cute and comical as ever!" she added.

Jennifer Cooley

chimed in, "I'd never been that far up the coast of Maine and the landscapes and seascapes are breathtaking!" Cooley is a full-time teacher in Kennebunk. Lee is an internal medicine physician in southern Maine. Both

enjoyed their third collaboration in this series.

In *Toby's Island Visit*, Toby takes a boat to an island and meets up with a puffin friend. As he arrives, there is a discussion underway about family responsibilities. Suddenly, a family member gets into trouble and the group needs to act quickly!

You can meet the authors and purchase books at the Maine Women in the Arts show this July. Books can also be purchased at www.apuppyinmaine.com or at Nonesuch Books in South Portland. FMI email seacoastchildrensbooks@gmail.com.

Outdoor fun at Take Flight in Kittery

Looking for a fun outdoor activity? Take Flight Aerial Adventure Park in Kittery is a high ropes course and aerial park. With more than 65 unique aerial activities, including zip lines, ropes courses and more, it makes for an exciting day. [FMI takeflightadv.com](http://FMItakeflightadv.com)

Tuesday Talks at Ogunquit Museum of American Art

The Ogunquit Museum of American Art announces its schedule for Tuesday Talks, featuring conversations with artists, scholars and cultural leaders. The 2023 slate of speakers will share insight into the museum's exhibitions and dive into histories of modern and contemporary art in Ogunquit and beyond.

This year, along with scholars Donna Cassidy and Christina De Léon, artists Cara Romero, Ever Baldwin, Liam Lee, Meg Webster, Katherine Bradford, Celeste Roberge, Joe Wardwell and Marjorie Agosin will be at the museum to discuss their work.

"We are pleased to present our Tuesday Talks for the 70th anniversary season," said Amanda Lahikainen, PhD, Executive Director of Ogunquit Museum of American Art (OMAA). Tuesday Talks take place at 5 PM and are free with museum admission. FMI visit www.ogunquitmuseum.org/totally-tuesday-talks/.

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La Dolce Vita

It's coming up on a year since we moved Sarah into her new house in New York, but the memories are still fresh in my brain. The heat. The chaos. The heat. I can see it clearly ...

Closing day dawned hazy and muggy, with temps in the high 90s, and last-minute closing cost changes sent blood pressures even higher.

By the time we left the closing, it was past lunch-time and we were both exhausted. My brother Tommy had been at the house directing the movers, so we picked up lunch and headed back.

I had taken over organization of the Maine packing, so all of those boxes had color-coded labels like "master bedroom" in magenta and "dining room" in dove gray. At the walk-through I'd even had time to tape up a letter-sized version of the labels on each corresponding room, which I figured would make things easy peasy for the movers.

My brother was armed with a separate list of where each piece of furniture should go, so I just knew I'd be arriving to an organized process.

Oh, how naive I was...

Instead, I arrived to find master bedroom boxes in the living and dining rooms, Sarah's hundred-pound desk in an upstairs bedroom instead of the downstairs family room

and black and yellow totes filling the living room, in places ceiling-high.

Turns out the moving company sent eight guys and my brother swears they "swarmed in" so he couldn't keep track of each one.

The bins were from Sarah's "tiny" New York storage unit, which she and my brother filled when she left her Brooklyn apartment in the early days of the pandemic. None were labeled, all were chaotic and every one needed sorting before they could head out to a final destination.

I had so many plans for that first day - priming, painting and unpacking - but very little actually got done, other than some cleaning, as the temperature inside the house reached 85 degrees and the lack of sleep for all of us took its toll. We left in the later afternoon to stay at Em's (with my brother heading home), where there was central air and food.

The next morning found my brother at the house painting at 7 while I was racing up the aisles in Home Depot and Sarah was just rolling out of bed.

This would set a pattern for the next few days, as it became clear we had five different types of people in the house:

Do, do, do: This was my brother, paint roller in one hand, power tool in

the other, from sun up to sun down. Stopping only for an occasional slice of pizza and beer. By the end of the first day he was fast friends with all of the neighbors and had still done more than the rest of us combined.

Dazed and confused: This was Sarah's boyfriend, Tyler, who arrived in the middle of utter chaos and looked almost afraid to come through the door. The sight of those black and yellow bins almost broke him, but he took direction well, bless him, and we soon got those cleared out.

Overwhelmed and oppressed: This was Sarah, who as the new homeowner wanted to tell us where everything should go, except she needed a minute to figure that out and just how much was that mortgage anyway...? A couple restorative trips to Target had her happy again.

I've got a plan...: This was me and I had lists galore, plans up the wazoo and unrealistic dreams of all that we could accomplish in five days. I excelled at issuing orders like a five-star general, which just sent Sarah into a tailspin and sent the rest scrambling, all except my brother, who had years of practice.

Get 'er done: This was Em, who wants to move fast and accomplish things

- even if they aren't the things Sarah wanted accomplished. She helped me execute Operation Black Bins and in no time at all a living room existed where a storage facility once was. We could've used more of her super power, but she got called into work all weekend long, darn it all.

The teacher: This was Dave who, instead of hanging pictures, wanted to teach Sarah and Tyler how to do it themselves. Ditto for installing curtain rods and hanging curtains.

At the end of our time there, Sarah's house had the entire downstairs set up and clean, the family room and master painted (thanks to Tommy) and a plan for the rest (namely Tommy returning in a couple of weeks to paint the rest).

Best of all, despite our different styles, we had all worked together to turn a house into a home.



Laura Dolce is director of the Kennebunk Chamber of Commerce and Arundel Chamber of Commerce

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See calendar for further details

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*at John Paul Jones Memorial Park
June 16, 7:30-9, Trade
June 17, 7:30-9, The Guthrie Girls
June 23, 7:30-9, Jason Anick & Ian Coury
June 30, 7:30-9, Wolverine Jazz Band
7 Walker Street, Kittery
www.thedancehall.org
Tickets Needed

Féile Restaurant & Pub

Live Music
1619 Post Road, Wells
www.feilerestaurantandpub.com
251.4065

The Front Porch

Live Piano Bar Wednesdays 5-10,
Thursdays 5-10, Fridays 5-11:45,
Saturdays 4-11:45, Sundays 2-8
9 Shore Road, Ogunquit
www.thefrontporch.com | 646.4005

Funky Bow Brewery and Beer Company

21 Ledgewood Lane, Lyman
www.funkybowbeercompany.com
409.6814

Hurricane Restaurant

Live Music Wednesday Nights
29 Dock Square, Kennebunkport
www.hurricanerestaurant.com
967.9111

Kennebunk Inn

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insta @kbkinn
45 Main Street, Kennebunk
www.thekennebunkinn.com
985-3351

Lobster in the Rough

Brown Cicatelli
Friday June, 16, 6-10, Chris Fitz Band
Saturday, June 17, 1-4, Justin Jordan
Sunday, June 18, 1-4, Pete Peterson
Sunday, June 18, 5-9, Now is Now
Thursday, June 22, 7-10,
Rory Scott Duo
Friday, June 23, 6-10 Sum X4
Saturday, June 24 1-4, Clint LaPointe
Saturday, June 24 6-10
Johnny Wad & The Cash
Sunday, June 25 1-4, Johnny Friday
Sunday, June 25, 5-9, The Morlocks
Thursday, June 29, 7-10 Preston & Curry
Friday, June 30, 6-10 Mike Lewis
Lobster in the Rough US Route 1, York
www.theroughyorkmaine.com
207-363-1285

Nikanos Mediterranean Bar & Grille

Friday, June 16, 2-5, Kaie Mac
Friday, June 16, 8-11, Beau Dalleo
Saturday, June 17, 2-5, Kaie Mac
Saturday, June 17, 8-11, The Hep Cats
Sunday, June 18, 12-3, Mark LaPointe
Friday, June 23, 2-5, Michael Corleto
Friday, June 23, 8-11, Beau Dalleo
Saturday, June 24, 2-5, Jim Dozet
Saturday, June 24, 8-11,
Eric Andrews Jazz Quintet
Sunday, June 25, 12-3, Mark LaPointe

Sunday, June 25, 3:30-5:30

Bill Gearin
Friday, June 30, 2-5, George Morley
Friday, June 30, 8-10, Rebecca Wood
173 Main Street, Ogunquit, Maine
www.nikanos.com | 207-646-1112

The Nonantum Resort - Latitudes

Wednesday, June 14, 5-8 Jim Macisso
Thursday, June 15, 1-4
Michael Corleto
Monday, June 18, 5-8 Jim Ciampi
Tuesday, June 20, 5-8
Lisa Mill & Don Wessel
Wednesday, June 21, 5-8 Jim Macisso
Thursday, June 22, 1-4
Michael Corleto
Thursday, June 22, 5-8
KT McCammond
Sunday, June 25, 1-4 Michael Corleto
Monday, June 26, 5-8 Jim Ciampi
Tuesday, June 27, 5-8 Lisa Mills & Don Wessels
Wednesday, June 28, 5-8 Jim Macisso
Thursday, June 29, 1-4
Michael Corleto
Thursday, June 29, 5-8
KT McCammond
95 Ocean Avenue, Kennebunkport
www.nonantumresort.com
207-967-4050

Old Vines Wine Bar

Thursday, June 15, 6-9 Andy McLeod & Paul Chase
Thursday, June 22, 6-9 Chris Cote
Thursday, June 29, 6-9 King Kyote
Old Vines Wine Bar
173 Port Road, Kennebunk
www.oldvineswinebar.com
207-967-2310

The Pilot House

2 Harbor Lane, Kennebunk Maine
www.thepilothouseme.com
204.0709

Town House School

Kennebunkport Historical Society
Wednesday, June 14, 7-9
Mid Week Music 50's Rock & Roll
Saturday, June 17, Dan Blakeslee
Concert
135 North Street, Kennebunkport
info@kporths.com | 967-2751

Ryan's Corner House Irish Pub

Live Music Often, Call Restaurant
17 Western Avenue
Lower Kennebunk
967.3564

Seaside Pavilion

Friday, June 16, Brandon Heart
Tuesday, June 27, 7 PM
Imagine: The Beatles
Tuesday, July 4, 7 PM
195 Army National Guard Band
Tickets Online at ShowClix
Seaside Pavilion, Old Orchard Beach
www.seasidepavilion.org
207-935-2024

Wild Bevy

June 16, 5-8 PM Dan Walker
June 17, 5-8 PM Phil Maurice
June 23, 6-9 PM Andy McLeod & Paul Chase Jr.
June 24, 5-8 PM Freddy Dame Jr.
June 30, 5-8 PM Benny Mikula
Wild Bevy Distilling, 596 N. Berwick
Road, Wells
www.wildbevy.com
207-251-8868



Mid-Week Music's summer concerts

Mid-Week Music presents four shows this summer at the Town House School at 135 North Street. The monthly concert series is presented by the Kennebunkport Historical Society, and is held at 7PM on the second Wednesday of every month.

On July 12, "Three of a Kind & Friends Play Good Songs" sees Mark Gunter (keyboards, vocals), Janet Wentworth (vocals), and Ron Breton (drums), who often perform as Three of a Kind, being joined by bassist John Kunnick on an eclectic setlist of tunes covering various genres.

On August 9, bassist John Kunnick, drummer Dylan Kunnick, and guitarist Dana Pearson perform "Master/Pupil: Dylan/Waits," a concert split into two distinct yet connected sets: one of songs by Tom Waits ("Downtown Train," "Come On Up to the House"), the other of songs by the man who initially inspired him, Bob Dylan ("Just Like a Woman," "You Ain't Goin' Nowhere").

An extra concert this year (not falling on a second Wednesday) is on August 16, when Dana Pearson and Dan Blakeslee, who performed a Johnny Cash tribute in February, get together again on the Mid-Week Music stage to trade original songs on their acoustic guitars.

And capping off the summer shows is "Cat Stevens (Yusuf)" on September 13. Upright bassist Nick Phaneuf and keyboardist Mike Effenberger (members of the Calabash Club who have performed at the Town House School with singer-songwriter Dan Blakeslee) join guitarist Dana Pearson for an evening of Cat Stevens classics, including "Where Do the Children Play" and "Father and Son."

All shows are BYOB and are for audiences 21 and older. For advance tickets: kporths.com/buy-tickets, info@kporths.com, or 207-967-2751.

Concert Series at The Outlook Tavern at The Links, South Berwick

Check out their great summer lineup at
www.outlooktavern.com

Seaside Pavilion in Old Orchard Beach 2023 Concert Schedule

Friday, June 16: Brandon Heath in Concert
Tuesday, June 27: "Imagine" with Joe Boucher
Tuesday, July 4: 195th National Guard Army Band
Friday, July 14: The Neil Diamond Experience
starring Robert Neary
Tuesday, July 18: Deep Blue C Studio Orchestra:
A Burt Bacharach Tribute
Tuesday, August, 8: The Diamonds
Tuesday, August 15: Top of the World:
A Carpenters Experience
No reservation required.
86th Street • PO Box 285
Old Orchard Beach, Maine 04064
seasidepavillion.org

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www.captaingregmetcalf.com

2023 Wells Harbor Summer Concert Series
Every Saturday, July 1-Sept 2
Hope Hobbs Gazebo 6pm-8pm

- July 1 The Reminisants
- July 8 The Party Starters
- July 15 Ricco Barr Band
- July 22 The Fossils
- July 29 Club Soda Band
- August 5 J.C. and the Elvis Experience
- August 12 Deep Blue C Studio Orchestra
- August 19 The Rockin' Daddios
- August 26 Dock Squares
- Sept 2 Finest Kind Country Band

Enjoy your Summer music

The Southern Maine Saltwater Fishing Report: Things are looking good

by Captain Greg Metcalf

As summer season of 2023 kicks off, saltwater fishing enthusiasts dealt with high winds and a mid-week cold snap that put a damper on the previous week's early stripers bite. As the weather pattern changes, the ocean calms down and the sea temperature rises above the 50-degree mark, fishing is sure to improve.

Kennebunkport: Saltwater anglers fishing the waters between Cape Porpoise and Wells had a decent week of fishing despite the water temperature crashing from 54 degrees down to 47 because of the cold northeast wind we recently experienced. As the air and sea temperatures began to warm up, the fishing improved. However, bait was hard to find.

Mackerel made a brief appearance last week but disappeared when the water cooled off. Small pollock will suffice as adequate live bait if you can find them. There are quite a few stripers around the shorelines along the beaches and rocky outcroppings. Most of the fish are in the mid-twenty inch to low thirty-inch range.

Captains Bruce Herbert, who sails out of the Nonantum Resort, and

Captain Dave Rand who runs out of Performance Marine, both had decent results this week when the weather permitted.

Wells, Ogunquit: Webhannet River Bait and Tackle told me there were quite a few nice stripers caught on fresh- and live-lined mackerel early in the week. Drakes Island Beach was hot before sunrise all weekend. The mackerel fishing has been a bit inconsistent so far this season but should improve with warmer water.

The reports were good from Moody and Ogunquit by fishermen using mackerel and clams for

bait. Small soft plastics are still working well inside the rivers, although the stripers have been preferring sand eels, sand eel imitations and tube and worm rigs. They did hear of a 39-inch striper being caught off the Route 9 Mousam River bridge.

York: Captain Phil Breton Charters reported striper fishing was very good between Wells to York before the hard north-east wind intervened. They were mostly school- to slot-sized fish, with quite a few fish keeper-sized fish.

There are some jumbo-sized stripers swimming around near Long Sands

beach in York but they have been hard to hook. Mackerel have been hard to find in close to shore but a bit more plentiful four to five miles offshore.

Goose Rocks Beach: Captain Dave Rand told me he heard that fishing at Goose Rocks Beach was slow this week. The weather and cold water had a lot to do with the fishing situation. There are not many big fish but a pretty good body of sub-legal stripers. Cape Porpoise is due to start to producing fish up on the flats at higher tides.

Saco River and Saco Bay: Captain Cal Robinson of Saco Bay Guide Ser-

vice told me mackerel have been spotty but there are plenty of alewives in the Saco River. He is seeing a lot more keeper-sized fish up to the mid thirty-inch range. The trips he ran this week were very successful with plenty of fish and many fish between the 28- to 31-inch legal size.

The water temperature

inside the Saco River is 60 degrees. That, along with the abundance of bait from the alewives running, is the primary reason the fishing is so good. This is a good a very sign for early in the season. Hopefully the mackerel fishing will get easier this week and the great start to the 2023 will continue.



Alex Neumann from Dublin, Ohio, poses with one of the three legal sized striped bass that he caught and released along with several other under sized fish on May 29th while fishing aboard the *Striper Swiper*.



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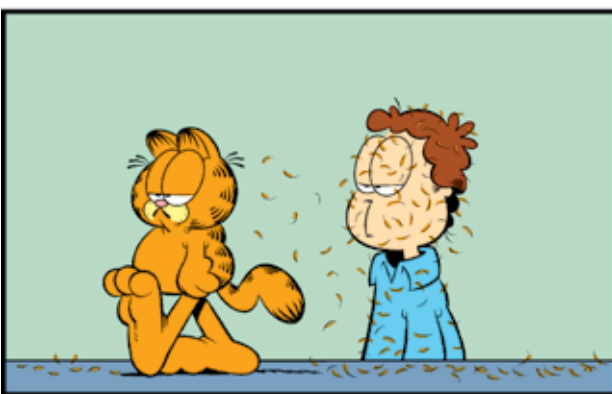
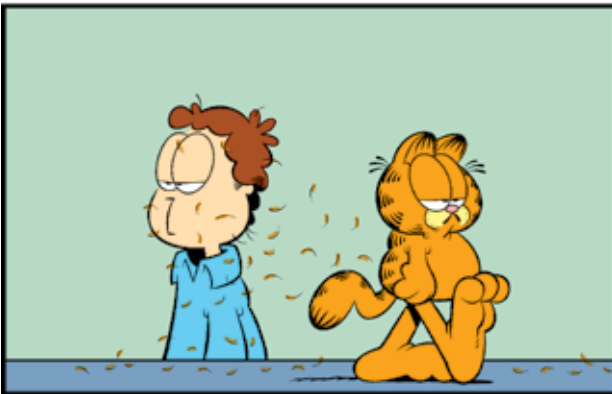
Tide Chart June 14 – June 28

Wednesday, June 14 Low 02:51 AM.....0.17 High 09:03 AM.....8.87 Low 03:02 PM.....0.62 High 09:24 PM.....9.96 Sunrise: 5:01 AM Sunset: 8:23 PM	Monday, June 19 High 12:25 AM.....9.69 Low 06:53 AM.....0.11 High 01:07 PM.....8.3 Low 06:52 PM.....1.41 Sunrise: 5:01 AM Sunset: 8:25 PM	Saturday, June 24 High 04:03 AM.....8.71 Low 10:23 AM.....1.04 High 04:43 PM.....8.09 Low 10:36 PM.....1.87 Sunrise: 5:02 AM Sunset: 8:26 PM
Thursday, June 15 Low 03:46 AM.....0 High 09:59 AM.....8.75 Low 03:53 PM.....0.81 High 10:13 PM.....9.98 Sunrise: 5:01 AM Sunset: 8:24 PM	Tuesday, June 20 High 01:07 AM.....9.54 Low 07:35 AM.....0.29 High 01:49 PM.....8.19 Low 07:34 PM.....1.51 Sunrise: 5:01 AM Sunset: 8:25 PM	Sunday, June 25 High 04:50 AM.....8.46 Low 11:07 AM.....1.2 High 05:27 PM.....8.17 Low 11:26 PM.....1.87 Sunrise: 5:02 AM Sunset: 8:26 PM
Friday, June 16 Low 04:38 AM.....-0.09 High 10:51 AM.....8.64 Low 04:41 PM.....0.99 High 10:59 PM.....9.94 Sunrise: 5:01 AM Sunset: 8:24 PM	Wednesday, June 21 High 01:49 AM.....9.36 Low 08:16 AM.....0.48 High 02:31 PM.....8.11 Low 08:17 PM.....1.62 Sunrise: 5:01 AM Sunset: 8:26 PM	Monday, June 26 High 05:39 AM.....8.23 Low 11:51 AM.....1.34 High 06:12 PM.....8.31 Sunrise: 5:03 AM Sunset: 8:26 PM First Qtr: 3:51 AM
Saturday, June 17 Low 05:26 AM.....-0.1 High 11:39 AM.....8.54 Low 05:26 PM.....1.15 High 11:43 PM.....9.83 Sunrise: 5:01 AM Sunset: 8:24 PM	Thursday, June 22 High 02:33 AM.....9.17 Low 08:58 AM.....0.68 High 03:14 PM.....8.06 Low 09:01 PM.....1.72 Sunrise: 5:02 AM Sunset: 8:26 PM	Tuesday, June 27 Low 12:17 AM.....1.77 High 06:29 AM.....8.04 Low 12:36 PM.....1.44 High 06:57 PM.....8.51 Sunrise: 5:03 AM Sunset: 8:26 PM
Sunday, June 18 Low 06:11 AM.....-0.03 High 12:24 PM.....8.42 Low 06:10 PM.....1.29 Sunrise: 5:01 AM Sunset: 8:25 PM New Moon: 12:38 AM	Friday, June 23 High 03:17 AM.....8.95 Low 09:40 AM.....0.87 High 03:58 PM.....8.05 Low 09:48 PM.....1.81 Sunrise: 5:02 AM Sunset: 8:26 PM	Wednesday, June 28 Low 01:09 AM.....1.56 High 07:21 AM.....7.94 Low 01:22 PM.....1.48 High 07:42 PM.....8.79 Sunrise: 5:04 AM Sunset: 8:26 PM

Note: The number for each high and low tide indicates the height in feet above or below sea level. This chart shows tides for the mid-coast of York County; tide times are a few minutes earlier to the north (Old Orchard Beach) and a few minutes later to the south (York Beach). Tides are affected by the weather and cycles of the moon; the actual times and tide heights can differ slightly from the predictions above.



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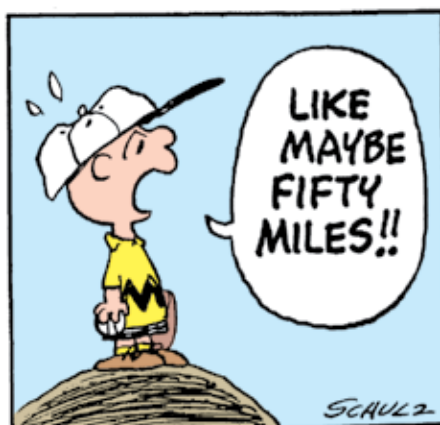
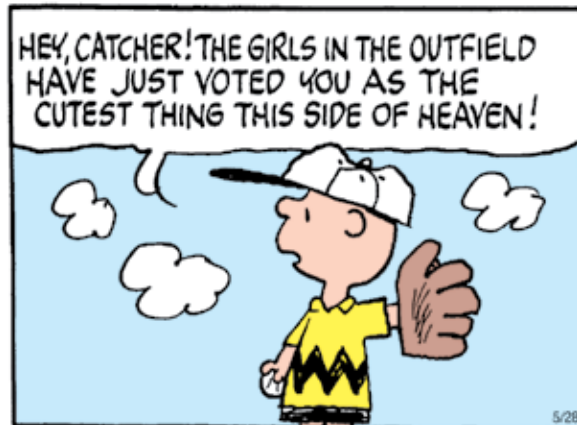
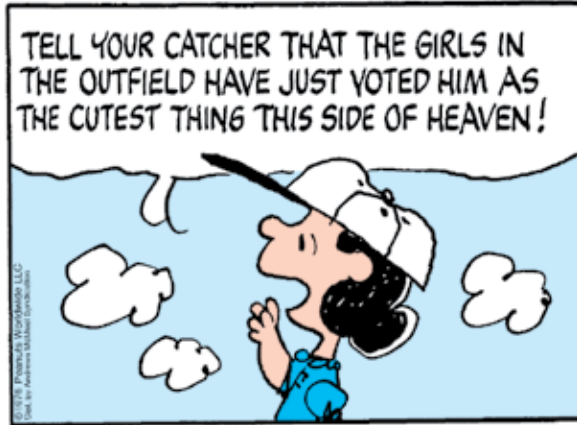


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JIM DAVIS 1-22

CLASSIC PEANUTS
BY CHARLES SCHULZ



Dog Parks 🐾 🐾 🐾

Southern Maine has lots of parks where your dog can run off-leash in a safe, fenced and clean area. Many parks have separate spaces for small or large dogs. Not all the parks are open year-round. Also, water is not available at all sites, so pack water and water bowl, snacks and waste disposal bags. Check the parks' Facebook pages for more details.

Old Orchard Beach

This busy beach town also has a play area for dogs. The K9 Veteran's Memorial Dog Park is at 4 Heath Street, near the tennis courts, and is part of the town's Veterans Memorial Park. The park is open year-round, daily, from 9 AM to 9 PM. There is a section for small dogs, under 30 lbs. FMI, OOBDogPark on Facebook.

Saco Dog Park

Saco's dog park is in Pepperell Park, which can be accessed from Beach or School Streets, near Saco's downtown. The park has shady areas, and places (for humans) to sit. It is a small park by some standards, but your dog won't notice that. FMI, DogParkSaco on Facebook, or 283-3139.

Biddeford Dog Park

The Animal Welfare Society of West Kennebunk has been instrumental in creating a dog park at Rotary Park at 550 Main Street in Biddeford. The spacious park includes trees and a water spigot. FMI, BiddefordDogPark on Facebook.

Kennebunk Dog Park

This park at 36 Sea Road in Kennebunk (near the recycling center) has both large and small dog areas, a gazebo with seating, several benches, shaded areas, running water and a doggie pool in season. Regularly sprayed for ticks. It is open from dawn to dusk, daily. FMI, KennebunkDogPark on Facebook.

Sanford Dog Park

This dog park is located near the armory, by the Number One Pond in Sanford. The official address is 148 William Oscar Emery Drive. There are also many nature trails that dogs and owners can enjoy afterwards, although a leash is required on those trails. Community members bring water. Two fenced-in areas, shade trees, seating available. FMI, visit the SanfordMaineDogPark Facebook page.

Ogunquit Dog Park

Located near 323 Berwick Road, (look for signs, for Spring Hill Road), next to the Transfer Station. Open daily, 7 AM to dusk. Berwick Road is off Route 1 near the center of Ogunquit; the entrance to Spring Hill is marked. The one-acre park is open to all. Special features of this park include plenty of shade and sunshine; water from April through November. There is a section for small dogs. FMI ogunquidogpark.com or the Facebook page: ogunquidogpark.

S	D	E	O	S	L	V	S	L	I
N	O	W	E	D	O	S	E	A	D
S	L	T	K	S	N	A	N	E	R
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	H	I	D	W	I	S	M	O	G
	S	D	V	A	D	Y	L	A	D
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Y	O		S	R	I	C	K	S	F
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	C		B	A	S	I	C		S
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S	A	C	H	E	S		R	O	C
O	H	I	O		X	N	I	L	A
L	T				A	V	A		S

Send your questions to rsimon@legacysir.com

Q: We are getting ready to buy our first home and are a bit overwhelmed as to how we should begin the procedure. Could you guide us the best way to begin? Everything I have read suggests a different beginning and we just need to know the best and prudent way to begin. Thank you, Harold and Martha

SIMON
Says



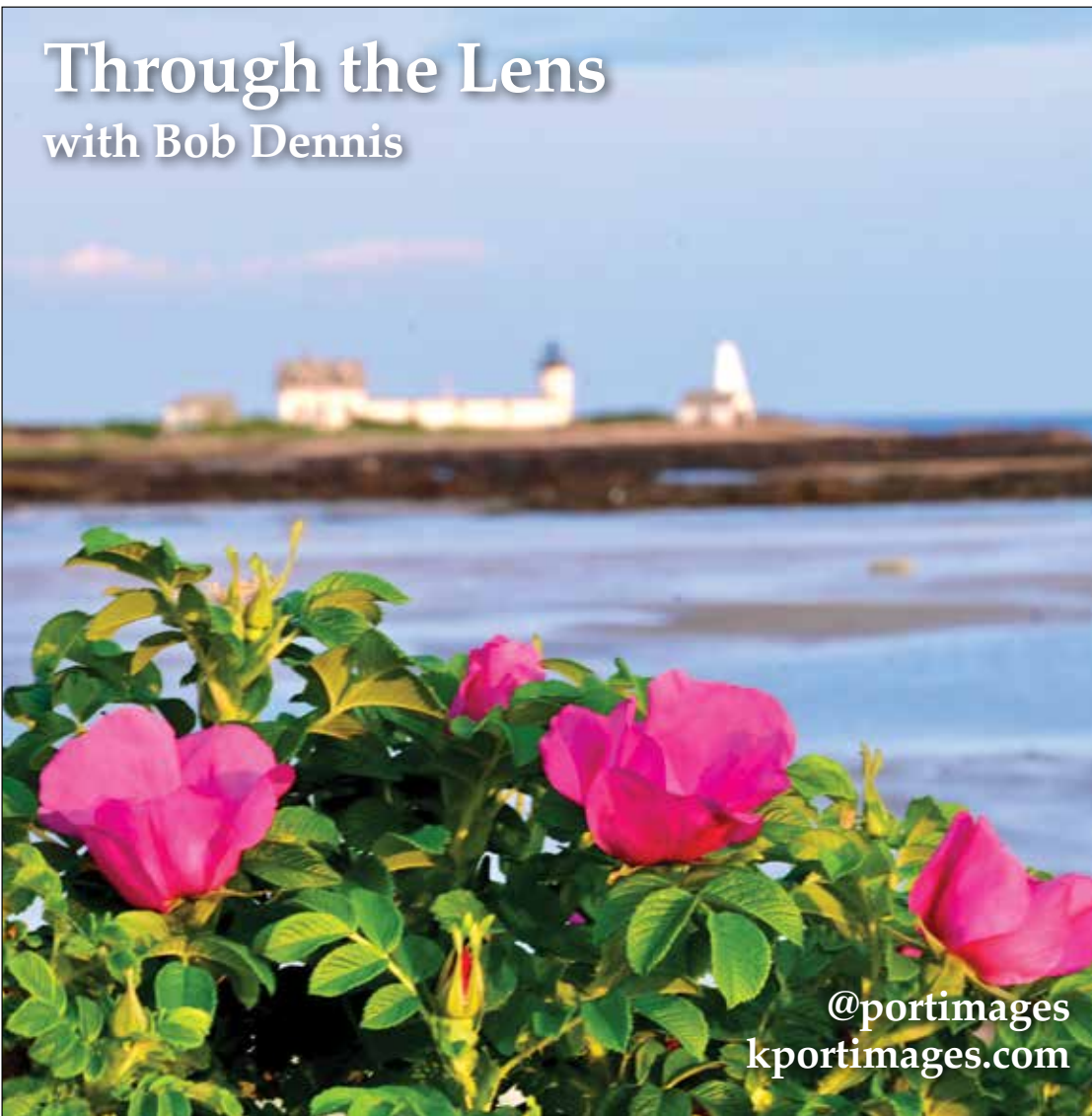
A: Yes it can be very overwhelming and there are lots of mixed messages that add to the confusion. I would recommend that your first step is to meet with a knowledgeable lender who can lay out the procedure for you and guide you as to how much you can and should be spending on this purchase. I would meet with several lenders and choose the one that you feel most comfortable with. You can also get recommendations from friends and acquaintances who have folks to refer you to. Then I would use a similar procedure to select a broker to work with and help and guide you through the buying process. My opinion is that the most important aspects of the broker you chose is their market knowledge of the location that you are looking in as well as your sense of trust in them.

Q: I have made two offers on houses that were also being bid on by other buyers. I was not the winning bidder in either transaction. It appears that because they were competing they took all of the contingencies out of the offers. That seems really weird to me as I wouldn't buy a house without an inspection. Do you think I am wrong as I do want to buy something but I am nervous about not having inspections so that I know what I am stepping into, Calvin

A: Yes, you are correct it is difficult to buy a place and not know what its actual condition is. One option you have is to say in the offer that you will do an inspection but you will not ask the seller to repair or replace anything that comes up in the inspection. This way you would still have the option to negate the offer but there are no issues for the seller to deal with. This is definitely a psychological issue and you have to feel ok with it. And of course there is no guarantee that the seller will go forward with that but it can be an option.

Randal Simon has been a real estate broker for over 30 years. His column was in the Portland Press Herald for many years; he is now pleased to be participating locally in Tourist & Town. He has been a contributor to The Wall Street Journal, Unique Homes and The New York Times.

Randal Simon, Legacy Properties, Sotheby's International Realty
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rsimon@legacysir.com www.legacysir.com



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kportimages.com

Spring in southern Maine. Our progression of photos began with daffodils, continued with tulips, and then moved on to lupine. Finally, rosa rugosa—or sea roses—have bloomed. These sweet-scented plants with prickly stems are native to Asia and are considered invasive. They arrive in early June and can be found throughout the summer. Appearing as red, pink, purple, or white, they offer welcome and pleasing color up and down the coast. Sunshine was a scarce commodity during the first week of June but the skies briefly cleared late in the day on Tuesday, June 6. I captured this photo shortly before sunset, showing red sea roses in full bloom with Goat Island Light in soft focus in the distance.

ACROSS

- 1 Brazilian dance
- 6 Coffee, in slang
- 10 Lose feathers, say
- 14 Be of use
- 15 Bell Labs operating system
- 16 "The Heart of It All" state
- 17 "A League of Their Own" team (In this answer, see the first 2 letters + the last 5)
- 20 Memo header
- 21 ___ G. Biv (rainbow mnemonic)
- 22 Loses fur, say
- 23 Academy Award
- 25 Having a high pH
- 27 Nickname for Henry
- 28 Merchandise suffix
- 29 Autobahn speed meas.
- 32 Heavy weight, in an idiom (first letter + last 4)
- 36 "Nice to hear from ___"
- 37 Sitting on
- 38 Inquire
- 39 Kid around
- 40 High tennis shot
- 41 Quickly resells homes (first 3 letters + last 2)
- 45 Graduation garland

- 46 Word before "Liberty" or "Luck"
- 47 They're trying to sell you something
- 48 Shines softly
- 50 Length's counterpart
- 52 Passion
- 54 Apt anagram of tap
- 55 Cutting tools that can also be instruments
- 58 Good times, to a Brit (first 3 letters + last 4)
- 62 Wampum belt adornment
- 63 Two tablets, maybe
- 64 Made on a loom
- 65 Woes
- 66 Parts of musicals
- 67 Pages with lots of views?

DOWN

- 1 Indian garment
- 2 Door-to-door beauty business
- 3 Large-scale
- 4 Cyclist's store
- 5 ET on TV, once
- 6 One of 12 in a courtroom box
- 7 "Toy Story" boy
- 8 Red carpet walker, briefly
- 9 Log splitter: Var.
- 10 Chewy Japanese dessert

- 11 "Abso-freaking-lutely!"
- 12 Fibbed
- 13 Cornhole throw
- 18 Toothbrush brand
- 19 Obnoxious people
- 24 Lunchroom, informally
- 25 Spines' spots
- 26 Synagogue focal point
- 28 Like cirrus clouds
- 30 Mug for the camera
- 31 Humble abodes?
- 32 Like someone head and shoulders above the rest?
- 33 Central Plains people
- 34 "Don't sweat it"

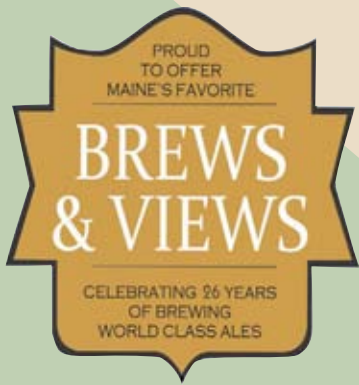
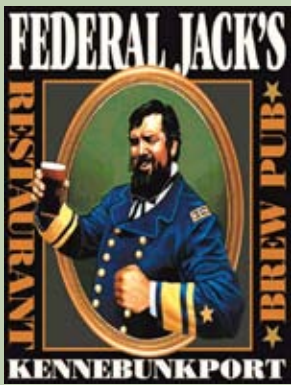
- 35 Late-night trips to the fridge
- 39 "Enough already!"
- 41 Local vegetation
- 42 LSAT section?
- 43 Dominican Republic neighbor
- 44 Opposite of even
- 49 Carol leapers
- 50 They follow Jet Skis
- 51 Bisect
- 52 Jacobson of "A League of Their Own"
- 53 Film spool
- 54 Whispered summons
- 56 Dispensary stock
- 57 Payroll IDs
- 59 Confidentiality
- 60 Computer file, for short
- 61 "Just my ___ cents"

Bugs Out by Rebecca Goldstein

Crossword grid with numbered squares for clues.

Universal
Crossword
Solution on
opposite page
(no peeking)

Advertisement for 'The Timely' and 'The Timeless' featuring a QR code and magazine covers.



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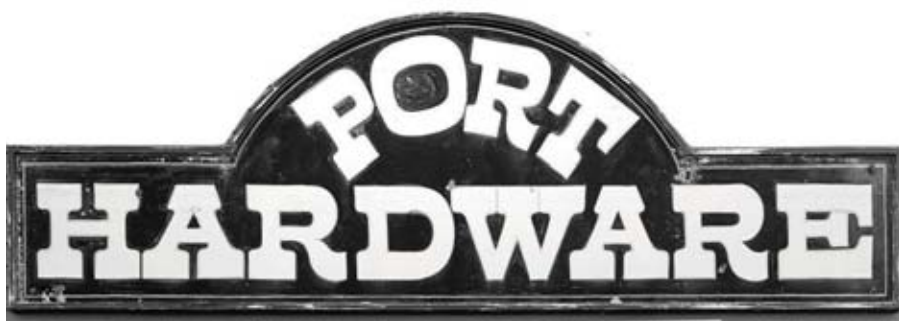
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18 FALL STREET | BIDDEFORD - Are you in search of an investment opportunity? Look no further! This 3-unit building is located in a fantastic neighborhood and is well-maintained and managed. The property boasts a solid rental history. **\$539,000**



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163 WILDES DISTRICT - REAR ROAD | KENNEBUNKPORT - Update the existing home or take advantage of the allowable expansion for the creation of a significantly sized dream home. This is truly a slice of paradise! **\$2,900,000**