

Volume 66 Issue 7 • JUNE 20, 2024

TOURIST & TOWN



SOUTHERN MAINE'S AWARD-WINNING ARTS, ENTERTAINMENT
AND LIFESTYLE PUBLICATION • SINCE 1958

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TOURIST&TOWN

ARTS & ENTERTAINMENT & LIFESTYLE • SINCE 1958

SUMMER PREVIEW

Publisher's Note

As we move into our busiest season, I realize this is a perfect time to discuss our recently expanded family of publications and to clarify a few points about our business. We love hearing from all of you and it is our goal to ensure that we communicate with our readers as clearly as possible so as to avoid any confusion.

As you know, we recently added *The Village Magazine* to our publishing family. *The Village* is a year-round, monthly magazine serving The Kennebunks and the immediate vicinity. Each issue of *The Village* is a collection of community voices, with information for locals and visitors alike. With feature stories about community members, local history pieces, columns by area professionals, library and recreation information, and all sorts of additional local content, *The Village* captures the flavor of the area. *The Village* is mailed to rotating zones in The Kennebunks, as well as distributed to select locations.

Tourist & Town newspaper, the original member of our publishing family, is a long-standing (65+ years), seasonal arts, entertainment and lifestyle newspaper, historically geared toward tourists and summer residents, but now a locals' favorite. Whereas *The Village Magazine* focuses on this immediate area, *Tourist & Town* reaches all corners of York County through its content and distribution. With several hundred delivery locations, and through insertion into the *Portland Press Herald's Sunday Telegram*, *Tourist & Town* casts a wide net.

Of course, we also have *Tourist & Town: The Magazine*, our twice-a-year, colorful celebration of all things southern Maine, filled with extended feature stories and beautiful photography. All three of our publications are free. We have dabbled in other models from time to time, but this is simply who we are – and who we will remain.

Outside of our writers' wonderful feature stories and our columnists' contributions, the information we print in each of our publications comes to us from a variety of sources via press releases or other direct means. If there is something our readers think would be important to include or add, simply contact us and we will take it under advisement. As a small community publishing group with a limited staff, we are unable to seek out or investigate upcoming events or activities that are not brought to our attention directly. We rely on what is submitted – so please keep the information coming. We are counting on you!

I hope you enjoy this latest issue of *Tourist & Town*, the foundational member of our local print media family. We certainly loved putting it together for you – as we always do.



It's obvious that color is **Cover Artist Robin Swennes'** driving force, but getting lost in the act of creating, designing or conceptualizing provides the fuel for her soul. Her paintings hover between representational and impres-

sionistic, with a painterly approach that is interesting to the eye. Her website shows a full inventory, but you can see some of her works in person at her home studio by appointment, or at The Arundel Farm Gallery (seasonally) in Arundel, ME, at the Casco Bay Artisans in Portland, ME and at the NW Barrett Gallery in Portsmouth, NH

207 251-7900 rswennes@roadrunner.com
www.RobinSwennes.com
Facebook & Instagram.

Contributors This Issue:

Faith Gillman has written for a number of Maine publications and is happiest when she can share the stories of the people and places that make Maine the best place to be. faith@touristandtown.com



Steve Hrehovcik has been with *Tourist & Town* (formerly *Tourist News*) since 2006. Steve's book *Rebel Without A Clue: A Way-Off Broadway Memoir* can be found at kennebunkartstudio.com.



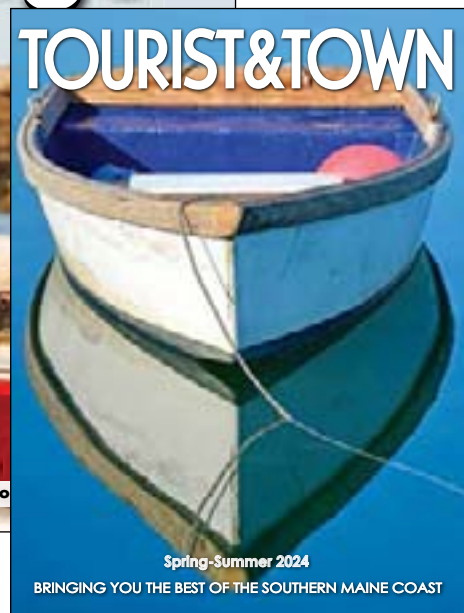
Val Marier has been a "from-away local" for 40 years now and is still discovering new places and people to write about. As a freelance travel writer, Val roamed the world, but now is quite content in the Pine Tree state. Check out her blog *Wandering With Val* at wanderingwithval.com.



Jo O'Connor is a mother of twins and founder/lead singer of the local band *The Dock Squares*. She teaches Zumba and aqua classes and is a marketing communication professor. jfboconnor@gmail.com



Dana Pearson of Kennebunk is a writer, gardener, and host of the monthly concert series *Mid-Week Music* (FMI, check out its Facebook page). His books can be found at amazon.com/author/danapearson



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Kingsley Gallup, Gallup Publishing, LLC

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Noble Goods: Contemporary clothing with a European vibe

by Valerie Marier

"When you walk into Noble Goods, we hope you notice our tactile fabrics, versatile styles, and unexpected labels," said Melissa Doran Rayer, co-owner with her sister Heather Doran of Kennebunk's newest clothing destination. "And when you walk out of the store with an item or outfit, we want you to feel chic, confident, comfortable."

The shop itself is a total WOW, with a delightfully diverse décor featuring vintage trunks, cowhide rugs, and a sink-into white couch for husbands and shopping pals. Confirming our maritime location, there's even a genuine Maine lobster trap and a humongous ship's lantern. And the array of clothing – dresses, blouses, shoes, purses, socks, scarves, and sweaters – suggests you'll have a fun time

exploring the goods at Noble Goods.

Labels include Paris-based Thierry Colson and Brooklyn's Lauren Manoogian, among other brands not found locally. "But," Melissa noted, "it's less about labels and more about the criteria we use to select which brands to carry. Our clothes are less urban, a little edgy, and definitely geared for independent practical women leading active lives. We look for high-quality fabrics that are soft, breathable and don't need dry cleaning. In fact, most of our clothes are washable. Noble Goods offers an array of age-appropriate fashions that look just as smart playing canasta with friends or dining at one of Kennebunkport's great restaurants."

Proof of that is one of Melissa's favorite items: a French linen dress em-

bellished with beautiful and colorful embroidery. "It's a throw-it-on-and-go outfit," she says. "I wear mine with flip-flops or leather sandals for seaside walks, or with gold Mary Janes or flat mules for going out to dinner. I always manage to garner a compliment!"

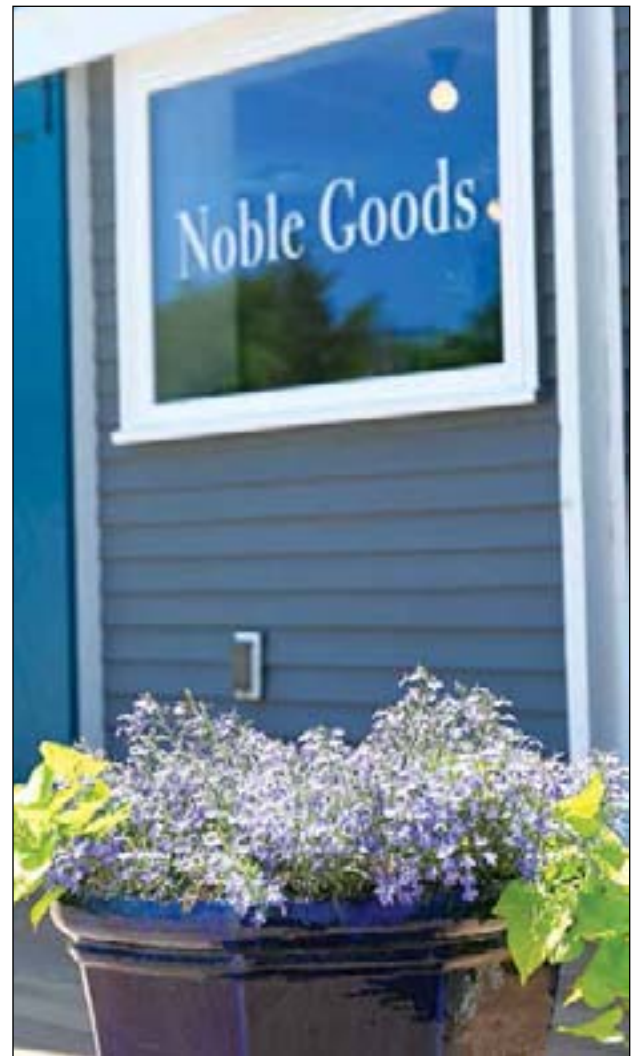
Prior to opening Noble Goods (and after earning a bachelor's at Yale and an MBA at Villanova), Philadelphia-bred Melissa worked nearly four decades in the investment and technology industry, helping her firm discover new markets while simultaneously launching innovative products and services. "I listened to clients' needs and concerns, looking for and finding solutions that gave them more confidence," she said. "I plan to do that at Noble Goods – hearing what our customers want so that we can stock it."

One of her "secret weapons" in this endeavor is partnering with her sister, Heather Doran, who has owned and operated her own Noble Goods clothing store in Newtown Square, Pennsylvania for more than a decade. "That's where Heather refined her approach to curating a collection of upscale refined labels. She's a gifted merchandiser who's primarily responsible for our inventory," Melissa said.

Both sisters credit their mother for introducing them to fine clothing at her shop which was, coincidentally, also called Noble Goods. "I've been wearing Noble brands for years," Melissa said. "Our great-grandfather's last name was Noble and we believe he would have been quite pleased to learn that his pioneering legacy lives on!"

By September, Melissa plans to reopen Noble Goods in the spacious barn behind the shop's present location on Port Road. "It will look and feel like an antique barn when we're finished, with original post-and-beam and a high ceiling. But inside we'll have the same timeless clothing."

Stay tuned for the reopening but don't wait for that to discover this welcoming clothing store that offers sophisticated



Noble Goods, the newest women's clothing shop in Kennebunk, is at 149 Port Road (Rte. 35) and features brands and labels with a European vibe. Photo by Bob Dennis



Melissa Doran Rayer, co-owner of Noble Goods, says, "We want women to feel confident and comfortable in our clothing. Versatility is key. Our sweaters and dresses look equally great at beach parties and at fine local restaurants." Photo by Bob Dennis

and versatile clothing suited to the demands of modern life and, equally important, the energetic pace of Maine.

Noble Goods is lo-

cated at 149 Port Road, Kennebunk; open 11-5 Tuesday-Saturday; 12-5 Sunday;

For more information, call 207-204-0085.

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Summer. It turns me upside down. Summer, summer, summer. It's like a merry-go-round. Am I right?

Every season in Maine has its merits. Autumn has the glorious foliage and that wonderful evening when you decide to light your first fire on the hearth. Winter has the thrill of the first snowflakes. Spring may have mud, but it also brings about the first blooms of the year.

But summer. There's just so much to love about summer. Except that it seems to fly by.

But that's when you're an adult. When you're

Summers now and then

a kid, it's a completely different story. For kids, summer stretches forever. And for this former kid in particular, summer means one thing, and that's Maine. Since birth, I've spent every summer in Kennebunk; year-round residency wouldn't happen until the beginning of my sophomore year of high school in 1979. So while the other three seasons have childhood memories primarily set in western Massachusetts, summer memories are all about Kennebunk Beach.

I'd like to consider some of the things I did as a summer kid that carry on to this day – things that provide a continuum of sorts – and those that have fallen by the wayside.

Let's start with walking over a rocky beach in bare feet. I don't mean a beach with rocks on it; I

mean a beach consisting entirely of rocks, from pebbles to baseball-sized specimens. Perhaps it was because I was 150 pounds lighter, or because I did it so often the soles of my feet turned into moccasins, but somehow I'd walk and run over a rocky beach without the slightest sense of discomfort. Last time I tried it, about 10 years ago, I'm sure it looked as though I was traversing a bed of hot coals. Those days are over. Walking the sandy beach, however, continues.

Wall-walking from Mothers Beach to the Narragansett. That I still do. I can't help myself. Navigating the slow curve of the coastline while walking at car-roof level is just too much fun. The sidewalk below is all well and good, but I prefer a bit of elevation.

Ice cream, in all de-

livery systems: cone, cup, sundae, milkshake, sandwich. That I still do. One childhood ice cream-related activity that's off the menu now, regrettably, is going to The Viking, placing a small dollop of ice cream in a large bowl, then cruising down the toppings bar loading it with quarts of hot fudge, marshmallow sauce, caramel, whipped cream, sprinkles, cherries – you know, the good stuff.

Riding bicycles all over creation. And by creation, I mean up and down Beach Avenue and, on especially adventurous days, over the swing bridge into Kennebunkport. Today, I have a nice riding bicycle, even though it doesn't have a banana seat; yet I haven't been using it much the past couple of years, and I'm not sure why. I must rectify that this summer.

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Field Notes of a Maine Birdwatcher: Summer Poetry: The Bobolink

by Ken Janes

To a Maine birdwatcher, nothing says summer like the bubbling song of the Bobolink. The male is often described as having a "reverse-tuxedo" plumage of mostly black with a white back and a bright yellow patch on the head. The female is much drabber but has a beauty of her own with light brown and pale golden yellow feathers.

Bobolinks were a familiar sight in the hayfields of rural New England in the 1800s. Emily Dickinson seemed to have a special fondness for them, mentioning Bobolinks in more than 20 of her works. The strange name probably refers back to a 19th century children's poem by William Cullen Bryant called "Robert of Lincoln," refer-

ring to colonial farmers' insistence they heard the name in the bird's song. The poem accurately describes the nesting season, male and female plumage, and the six eggs cared for by the watchful parents. The name was eventually shortened to "Bob of Lincoln", then it became "Bob O'Linc", and now we have the modern Bobolink.

Bobolinks make one of the longest migration flights of all North American songbirds, traveling 12,500 miles to and from southern South America every year. Ornithologists have found they have a built-in compass of iron oxide crystals in the nasal area that helps them orient to the earth's magnetic field.

Unfortunately, they are considered pests when

they invade agricultural areas in South America and are often intentionally poisoned or shot. Because they nest on the ground, Bobolinks are disappearing in the northeastern United States. A decline in population of over 50% since the 1970s is due to reforestation of pasture land and early mowing of hayfields before the young birds have fledged.

In an attempt to mitigate this problem, The Bobolink Project was started in Rhode Island in 2007 and is now managed by the Audubon Societies of several New England states. The non-profit organization uses donated funds to help farmers who modify their mowing schedules, so ground nesting birds like Bobolinks can success-

fully raise their young.

One of the best places to find Bobolinks in York County is the fields of Laudholm Farm in Wells. As you enjoy their songs

and the antics of the males showing off for the ladies, remember the pleasure they brought to early American authors and their readers. Let's hope

conservation efforts are successful and Bobolinks survive so future generations of poets can find their inspiration in these iconic birds.



Photograph by Ken Janes



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- THE ELTON JOHN EXPERIENCE JULY 21ST
- AN EVENING WITH CHERYL WHEELER JULY 24TH
- DANNY KLEIN'S FULL HOUSE JULY 26TH
- PETER YARROW WITH MUSTARD'S RETREAT JULY 28TH
- HOLLY NEAR WITH JAN MARTINELLI, SANDY O AND PAT HUMPHRIES AUGUST 1ST
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- JIMMY KEYS AUGUST 31ST
- LITTLE LIES: A TRIBUTE TO FLEETWOOD MAC SEPTEMBER 1ST
- OCCIDENTAL GYPSIES SEPTEMBER 6TH
- IAN MILLAR FROM THE IRISH ROVERS SEPTEMBER 12TH
- THE SHADOW RIDERS - MARSHALL TUCKER TRIBUTE BAND SEPTEMBER 13TH
- THE LINDA RONSTADT EXPERIENCE WITH AMERICAN IDOL STAR TRISTAN MCINTOSH SEPTEMBER 15TH
- MEMORIES OF PATSY - THE PATSY CLINE TRIBUTE SHOW SEPTEMBER 19TH
- SUEDE WITH FRED BOYLE ON PIANO & RICH HILL ON BASS OCTOBER 12TH
- THE MUSIC OF DYLAN AND YOUNG PRESENTED BY THE RUST NEVER SLEEPS BAND OCTOBER 19TH
- JAMES MONTGOMERY AND HIS LEGENDARY BLUES BAND OCTOBER 25TH
- ANOTHER TEQUILA SUNRISE - EAGLES TRIBUTE BAND NOVEMBER 1ST
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- MOONDANCE - THE ULTIMATE VAN MORRISON TRIBUTE SHOW NOVEMBER 8TH
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- JUDY COLLINS NOVEMBER 16TH
- CHRIS COLLINS & BOULDER CANYON: A JOHN DENVER CHRISTMAS DECEMBER 13TH



SCAN CODE & PURCHASE TICKETS

Artist/photographer Linda Payne-Sylvester's work on display in Cape Neddick

by Steve Hrehovcik

Linda Payne-Sylvester traveled on an eclectic journey as she developed her artistic talents. Her career included commercial printing, editorial photography, photo research for magazines, and graphic design. Throughout her career she was able to use the skills she learned to develop her fine art photography. Payne-Sylvester has refined these skills and has incorporated drawing, painting, and paper collage to produce a stunning new collection of mixed media collages.

Her works will be on display in her Open Studio and Gallery at 63 Pine Hill Road, Cape Neddick on Saturday and Sunday, June 22 and 23, from 10 a.m. to 4 p.m.

Featured in the show are collages based on her earlier photographs which she has modified and abstracted in Photoshop,

then has printed out as the base for her collages. Her compositions evoke inventive images of light-filled scenes of household objects and floral still life subjects.

Payne-Sylvester said, "A great deal of my work focuses on light reflections and shadow patterns. Color is a very important element in my work. I bring my professional training in commercial printing and color correction to my art and enjoy printing my own prints."

Always open to new forms of art, when Payne-Sylvester attended the School of the Museum of Fine Art in Boston, she switched from a painting major to printmaking. She later took workshops at Maine Photography Workshops (now Maine Media Workshops) and took one of Ansel Adams' last workshops in Yosemite, California.

Her photo credits as an editorial photographer include *The Christian Science Monitor*, the *New York Times*, and *Art in America Magazine*. She also received national awards for magazine cover photography including from New York's Art Director's Club. Her fine art photography has been purchased by major Boston companies.

She moved to Cape Neddick in 2000 and became active in the Southern Maine arts community. Her works have been exhibited at Kittery, York and Ogunquit Art Associations and the York Hospital. She has also par-

ticipated in a group show at the George Marshall Gallery in York.

Payne-Sylvester added, "I invite visitors to the Open Studio and Gallery show and I am also available by appointment."

Using her keen sense of design, Payne-Sylvester converted the garage and adjoining room of her cape-style home into a spacious and welcoming gallery and studio. She displays more than 30 framed art pieces, along with matted prints and notecards.

FMI email reflectedlight.LPS@gmail.com or visit www.reflectedlight-design.com.



Glass Dishes by Linda Payne-Sylvester



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*The next issue of
 Tourist & Town
 is our July 4 issue.
 Deadline for ads and PR is
 Wednesday, June 26*

SUMMER PREVIEW

Summertime and the livin' is easy

by Jo O'Connor

As the summer solstice approaches, a number of random thoughts pop into my head. What does summer mean to you?

- Screen door slamming
- Smell of Coppertone.
- Swatting of greenheads.
- Body surfing at Gooch's Beach.
- Catching the butterfly exhibit at York's Wild Animal Kingdom.
- Convertibles whizzing by.
- Freshly cut grass.
- Longer days.
- The Sunoco Garage Band on Monday nights in Lower Village Kennebunk
- Running at lightning speed through a cold sprinkler.
- Drinking from a hose.
- Fireworks in the distance.
- Your toes in the fine white sand of Goose Rocks Beach in Kennebunkport.
- Trying to figure out the special sauce at Flo's Hot Dog stand in Cape Neddick.
- Smashing into your bestie on the bumper cars at Palace Playland in Old Orchard Beach.
- Grabbing a burger at Rapid Ray's on Main Street in Saco.
- Cueing up in line at the Palace Diner in Biddeford.
- Belting out Broadway tunes any night of the week at the Front Porch in Ogunquit.
- Planning to take a rail bike ride at the Seashore Trolley Museum in Arundel.
- Getting a delicious cup of lobster bisque at The Arundel Wharf in Kennebunkport.
- Catching an outdoor concert at Lafayette Park in downtown Kennebunk.
- Getting a double-scoop of butter pecan ice cream on a sugar cone at Dunne's Ice Cream in York.
- Darting down to the Kittery outlets for that bargain summer outfit.
- Making an annual sojourn to FunTown/SplashTown USA in Saco.
- The "joy" of repairing screens.
- Putting calamine lotion on a red ant bite.
- Making up a fresh cucumber and tomato salad with apple cider vinegar and sea salt.
- Picking up friends from the Downeaster train in Wells.
- Getting startled by seeing your first garter snake this summer.
- Pulling down your shades and contemplating turning on the AC for the first time this season for the inevitable heat wave.
- Having a good friend with a boat take you on a cruise through the Cape Porpoise Islands.
- Seeing the first firefly of summer.
- Doing an aggressive gallery hop to see the numerous creations of southern Maine's amazing artists.
- Getting wiggled out finding a tick on your ankle (and thinking about for the next few days).

Local Color

KATE NELLIGAN DESIGN



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SUMMER PREVIEW

The Retro Roadtrip Report: Revolution Rail at the Seashore Trolley Museum

by Joshua Hrehovcik

If you're looking for a fun and unique summer adventure, then you'll want to take a ride on the Railbikes at Revolution Rail, now in their second season at The Seashore Trolley Museum in Kennebunkport.

You'll get to pedal one of Revolution Rail's Double or Quad Railbikes on a historic railroad for a beautiful 3.5-mile round trip (fun fact: the return trip is mostly downhill - plenty of opportunities for coasting). You'll also learn about how the trolley played an important role in the history of the area. All while enjoying a relaxing ride through nature.

Admission to The Seashore Trolley Museum is included in the price of your Railbike ride through the end of July, so after your ride be sure to take in the amazing sights and sounds of the largest collection of public transportation vehicles in the world!

So get ready to get pedaling at Revolution Rail and tell 'em the Retro Roadtripper sent you.

Seashore Trolley Museum: 195 Log Cabin Rd, Kennebunkport, Maine; trolleyuseum.org

Revolution Rail Company: revrail.com

Follow Joshua on Instagram @retroroadtripper65



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SUMMER PREVIEW

Farmers' Markets Are Back

Kennebunk Farmers Market

Saturdays 8 a.m. to 12:30 p.m.
Rain or shine
May - November
Garden Street Lot
www.kennebunkfarmersmarket.org

Kennebunk Artisans Marketplace

Saturdays, May 25 - October 5
9 a.m. - 3 p.m.
The Waterhouse Center
51 Main Street, Kennebunk
www.kennebunkmaine.us/artisansmarketplace

Kittery Community Market

Sundays 10 a.m. to 2 p.m.
June 2 - November 24
Community Market, Post Office Square
10 Shapleigh Road, Kittery
www.kitterycommunitymarket.com

North Berwick Farmers Market

Thursdays 3 to 6 p.m.
June 6 - September 26
Mill Field, 10 Canal Street, North Berwick
www.tritownfarmersmarkets.com

Saco Farmers' Market

May - October, Saturdays 8 a.m. to 12 p.m.
Saco Valley Shopping Center
Corner of Spring and Scammon Streets, Saco
www.sacofarmersmarket.com

Sanford/Springvale Farmers' Market

Saturdays 8 a.m. to 12 p.m.
May - October
Central Park (Main, Washington, and School streets), across from City Hall, Sanford
www.sanfordfarmersmarket.org

South Berwick Farmers' Market

Mondays 11 a.m. - 2 p.m.
June - September
Central Elementary School
197 Main Street, S. Berwick
www.tritownfarmersmarkets.com

Wells Farmers' Market

Wednesdays 1:30 to 5 p.m.
Rain or shine
June - September
Wells Public Library
1434 Post Road (Route 1), Wells
www.wellsfarmersmarket.org

York Farmers' Market

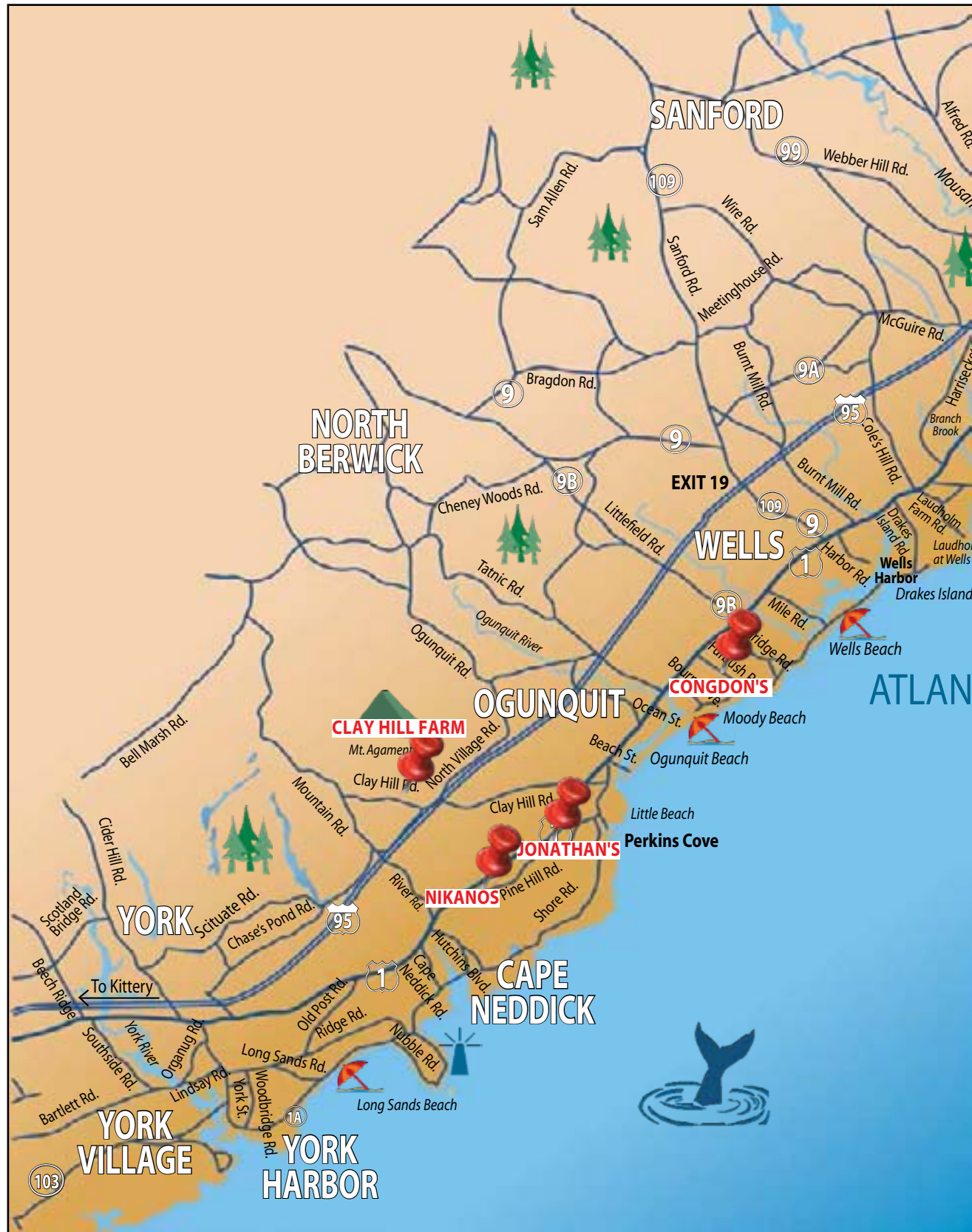
Saturdays 9 a.m. to 1 p.m.
May - October
Lot behind York Region Chamber of Commerce
1 Stonewall Lane, York
www.gatewaytomaine.org/farmers-market/summer-farmers-market/

Did you know? Trip Advisor rated **Portland Farmers' Market** one of the best farmers' markets in Maine. This outdoor summer market takes place in Deering Oaks Park every Saturday and Wednesday, 7 a.m. - 1 p.m., through November 27.

Please let us know of any markets to be added to our list.
publisher@touristandtown.com

The Dining

- Part of T&T's series of summer sp



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g Spotlight: reads highlighting local businesses –



SUMMER  PREVIEW

*We love to showcase our wonderful local businesses.
Be sure to check out these dining establishments this summer
– as well as the many local farmers' markets
listed here.*

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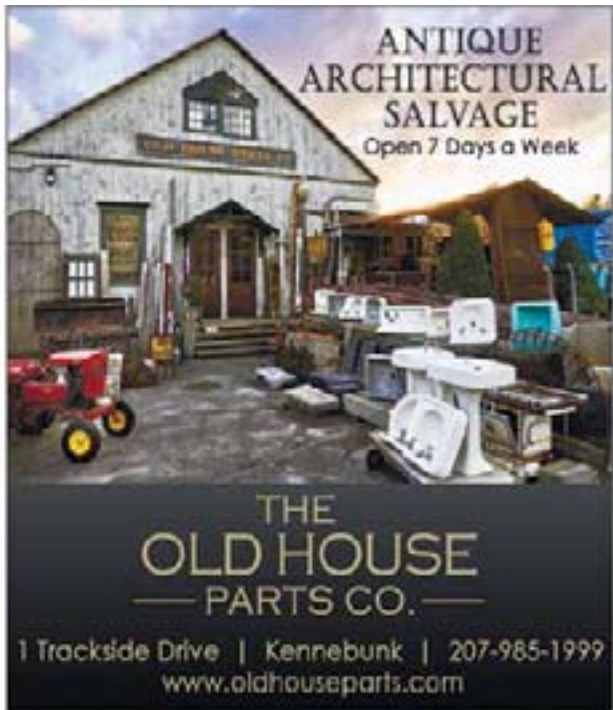
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SUMMER PREVIEW

Sublimely Tasty Grilled Pork Chops

If summer means one thing, it's "the warmest season of the year, in the northern hemisphere from June to September, and in the southern hemisphere from December to February." If it means another thing, it's grilling. And I recently found a recipe for grilled pork chops that has proven to be a hit.

The marinade is wicked easy to prepare, and while it's acceptable to let the meat soak for an hour or so, I strongly recommend that you let the pork chops soak in the tasty brew for 24 hours before submitting them to your grill. Oh, and use bone-in chops; they come out so much better than the boneless variety.

Combine in a quart-size Ziploc (or similar) bag:

- 1/3 cup soy sauce (San-J Tamari brewed soy sauce is particularly awesome)
- 2 T brown sugar (I use light, though I suppose dark could work)
- 2 tsp Worcestershire sauce (Lea & Perrins, naturally)
- 1 tsp Dijon mustard (I prefer Grey Poupon Country Dijon; it's got a nice kick)
- 2 minced garlic cloves
- 1/4 tsp black pepper

- Knead the bag to blend the ingredients, add four pork chops, put in the fridge, and let them marinate for 24 hours; feel free to turn the bag a couple of times to allow the chops to soak evenly.
- Fire up your grill, and when it's ready, bring the heat down to medium before removing the completely saturated pork chops from the marinade bag. If you want to oil the grill beforehand, go ahead; I never do. Put the chops on the grill, close the cover, then wait till they're ready to flip. For me, it's a Zen thing, but I suppose if you had to time it, I'd say 3 to 4 minutes (if it's a particularly thin chop, just 2 minutes; nothing more disappointing than an overcooked pork chop).
- After you flip it, slap on more of the marinade on the side you've just grilled, and in about 2 or 3 minutes, flip it again for just 30 seconds or so to give it a nice crispy coating, and Bob's your uncle.



Strawberry Milkshake

Ahh, strawberry season in Maine. Nothing like it. And so precious, since it always seems a fleeting moment. But you can extend that moment by freezing some of the strawberries you pick or buy this summer.

If you're like me, don't worry, it'll pass, and soon you'll be you again. What I meant to say was, if you're like me, and if you go pick your own strawberries, you'll pick waaaaaay too many. That's where freezers really come in handy. Hence this simple recipe for a cold, creamy, fruity, delicious treat that you can enjoy year-round. (I made one in late May with last year's berries; I told you I picked too many.)

Some people call this a strawberry smoothie, which makes it sound so much healthier. But since milk is involved, as well as plenty of shaking, I'm going with milkshake.

Place in your blender:

- 10-12 frozen strawberries
- 1 1/2 C milk
- 1 tsp vanilla extract
- 1 T sugar (or, if you have sugar issues like I do, 2 T)

- Mix on medium until it's smooth, or if your blender has a "Smoothie" button, use it. Pour in a tall glass, pop in a paper straw, sit back, and enjoy.



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Kitchen Talk

Strawberry Season

"It was the wild strawberries, beneath dewy leaves on an almost-summer morning, which gave me my sense of the world, my place in it. Behind our house were miles of old hay fields divided by stone walls, long abandoned from farming but not yet grown up to forest. After the school bus chugged up our hill, I'd throw down my red plaid book bag, change my clothes before Mom could think of a chore, and jump across the crick to go wandering. You could smell ripe strawberries before you saw them — the fragrance mingling with the smell of sun on damp ground. It was the smell of June, the last day of school when we were set free." ~ Robin Wall Kimmerer from Braiding Sweetgrass.

The Empress of Desserts: Strawberry Pavlova

I first made this delectable dessert in the early 1970s, using a recipe from Craig Claiborne's *The New York Times Cookbook*. The dessert was named in honor of Russian ballerina Anna Pavlova "whose tutu billowed with layers of white lace." This can be served year-round but it's beyond best during strawberry season. Serves 8.

Ingredients for meringue:

4 egg whites
Pinch of salt
1 1/4 cup super-fine sugar
2 tsp. cornstarch
1 tsp. white wine vinegar
A few drops of vanilla

Ingredients for topping:

1 lb. strawberries, hulled/halved
1/2 tsp. vanilla
1 tsp. balsamic vinegar
2 tsp. super-fine sugar
2 cups heavy cream

Directions:

Heat oven to 350, then line baking sheet with parchment paper and draw a circle on paper using 9" cake pan as guide. (Flip parchment over so pencil mark doesn't transfer to meringue.)

Combine egg whites and salt in bowl and mix (begin at slow speed, then increase to high) until satiny peaks form.

Gradually beat in sugar 1 tbsp. at a time until meringue is stiff and shiny.

Sprinkle in cornstarch, white wine vinegar and vanilla, then fold in gently.

Shape into a disk atop parchment paper, flatten top and smooth sides.

Place in oven and reduce heat to 300. Bake 1 hour 15

minutes. Turn off heat and let meringue cool in oven.

To prepare topping, combine strawberries, vanilla, balsamic vinegar and sugar in mixing bowl. Cover with plastic wrap, let sit at room temperature for an hour or so.

To serve, carefully peel off parchment and place meringue on a platter or cake stand.

Gently crack top with back of a soup spoon to make a shallow nest for whipped cream and berries. Whip cream until thick enough to hold peaks, then spoon over meringue. Cover with strawberries, allowing small amount of their liquid to dribble onto the cream. Serve immediately.

(Val's tips: eggs should be room temperature; don't open oven door when meringue is baking; not necessary to sweeten whipped cream)

Strawberry Rhubarb Sweet and Sour Sauce

*(especially tasty over yogurt,
pancakes, ice cream, cakes)*

Ingredients:

1 cup hulled strawberries
2 cups rhubarb cut into 1/2 inch
pieces
1/2 cup granulated sugar
1 cup water
1 tsp. fresh lemon juice

Directions:

Put strawberries and rhubarb in
saucepan on stovetop over medium
heat; bring to a boil, then simmer
10-15 minutes.

Keeps a week in the 'fridge.

*(Erin French's SAVORY version: instead
of water, use 3 tbsp. cider vinegar, plus
fresh ground pepper, then serve with Fen-
nel Fried Chicken.)*

What to do with too many strawberries?

- Make a strawberry shortcake, crisp or cobbler.
- Dip berries in chocolate sauce and garnish with fresh mint.
- Add to Rice Krispie Treats (fabulous with white chocolate).
- Use in a triple-layer trifle with blueberries and raspberries.
- Perk up a spinach salad with feta, sliced ripe berries, almond slivers.
- Create strawberry butter — mix 1 cup unsalted butter, pinch of Kosher salt, 10 small berries minced and 1/4 cup honey. Let "mature" for a day or two. Special on English muffins.

Saturday Night Strawberry Rhubarb Bellinis

Pitch the peaches for what's in season!

Ingredients:

1 pint strawberries, hulled/diced into 1/2" pieces (save a few berries for garnish)
1 cup fresh rhubarb (2 plump stalks) sliced into 1/2" pieces.
3/4 cup sugar
1/2 cup water
2 tbsp. Cassis
2 bottles chilled Prosecco

Directions:

Place strawberries and rhubarb in medium-size saucepan. Add sugar and toss to mix. Add water and Cassis and let come to a boil over medium high heat, then reduce heat to medium low and simmer until rhubarb is very tender (about 15 minutes). Remove from heat and let cool 15 minutes.

Transfer mixture to blender and puree until smooth. (Store in airtight container and keep until ready to make Bellinis — puree keeps one week.)

To make Bellinis, spoon 2 tbsp. chilled strawberry-rhubarb puree into bottom of each champagne flute, then top with Prosecco and swirl with swizzle stick to blend. Garnish with strawberry perched on rim.

This strawberry painting is by Robin Swennes

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Wells Fashion Outlet is a shopper's paradise

by Jo O'Connor

Pssst, have you heard? Actually, I think you may have, since after 16 successful years in the retail industry, the Wells Fashion Outlet is no longer a shopper's secret paradise. It turns out that everyone thought they were the only one to know of this incredible retail destination. In reality, we were all heading to the Wells Fashion Outlet 'n' more, because it has something for everyone.

"This is your store not mine," said owner Phil Giorgetti. "We offer a great variety of women's clothing in all sizes, sports apparel featuring all the New England teams, men's wear, children's clothing and a wide assortment of accessories including jewelry, beach towels, and souvenirs."

A Massachusetts native, Giorgetti graduated from the University of Southern Maine with a degree in math. He would go on to spend 10 years in the retail industry as manager of Anderson Little at the Maine Mall. For the following seven years, he ventured into owning a screen-printing company in Lewiston, before buying out the contents of

a fledgling NH clothing store. In 2008, he secured one storefront in Wells at the Hannaford Plaza. This move became lightning in a bottle for him.

The vast 15,000 square foot space is actual three storefronts put together as Giorgetti expanded over time. From the groovy tunes playing overhead to the ever-evolving merchandise, the store and its team members welcome you in and you never know what you will find (I liken this to a treasure hunt). Anyone strolling in is greeted by the affable managers, Susan and Diane. Their expertise is that they know where everything is in this enormous, yet shopper-friendly space. Just ask them what's new in the store – they both possess a wealth of knowledge of the merch. Additionally, they seem to remember everyone's style over the years. Quite simply, it's fashion brands at outlet prices.

This writer first discovered the outlet as my sisters, Claire (upstate New York) and Helen (West Virginia), let me in on their 'secret' when they visited our home state years ago. Then, I



The word is out. The Wells Fashion Outlet is a favorite of visitors and locals alike. Courtesy photo

would find out that sister Janie (Washington D.C.) had been a regular at the Wells Fashion Outlet for years. If that weren't enough, my South Carolina-based sister, Jean, had gone there when she visited Maine years ago. Finally, my sister Susan of Kennebunkport was the earliest adopter and has been a frequent customer since it opened. There's still work to be done, until I get my youngest sister Mari-anne (Virginia) shopping here on her next

visit north. #familyaffair Repeat customers are the name of the game with this outlet. From year-round residents to summer folks, from Canadian visitors to Western Massachusetts callers, to people looking at the numerous racks of enticements in front of their storefront in the Hannaford Plaza, there is no way anyone will walk away empty handed.

FMI: Hannaford Plaza, 913 Post Road, Wells; follow on Facebook

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23rd Annual Wells Antiques Show and Sale to be held Sunday, June 30

The 23rd annual Wells Antiques Show and Sale will be held Sunday, June 30, on the spectacular seaside grounds of the historic Wells Reserve at Laudholm Farm. Heralded as one of the best antiques shows in New England, more than 75 exhibitors from all over New England, New York, New Jersey & Virginia will be displaying and selling quality antiques in every area of the antiques market under large and small tents, on two floors in the barn, and in the open.

Goosefare Antiques & Promotions have gathered

exhibitors specializing in early painted and country furniture, Americana, folk art, antique and vintage jewelry, early ceramics and silver, fine glass and china, early baskets and decoys, early pottery, brass, copper, and pewter, quilts, vintage linens, and other textiles, tools, garden furniture and much more. The show has become an antique lovers "must go" over the last 10 years. The Wells Show, always held on the last Sunday in June, has become a destination for antiques collectors, dealers, and lovers from all over the Northeast and beyond.

The Antiques Show will be catered with lunch and snacks available. Adult admission is \$10 each (\$8 with the ad appearing elsewhere in this paper). Show hours are from 10 a.m. to 3 p.m. on Sunday and the show will be held rain or shine. Laudholm Farm is located off Route 1 in Wells, midway between Exits 19 and 25 of the Maine turnpike. Laudholm does not allow dogs, leashed or otherwise, to walk the grounds. FMI contact John and Elizabeth DeSimone of Goosefare Antiques & Promotions at 800-641-6908 or at goosefare@gw.net.

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Side-by-side shows at Maine Art Hill

"Instructions for living a life. Pay attention. Be astonished. Tell about it." ~Mary Oliver, from the poem "Sometimes."

On Saturday, June 22, Maine Art Hill in Kennebunk welcomes two amazing local female artists for side-by-side shows at 5 Chase Hill Road at The Show Galleries. Claire Bigbee and Ingunn Milla Joergensen capture sweeping landscapes, quiet stills, and simple safe havens in different palettes and styles. The show is open every day from 10 a.m. to 6 p.m. until July 17.

"This is not the first time visitors will see Claire Bigbee and Ingunn Milla Joergensen shows side by side, and there is definitely a reason for that," says Abby Daggett, Maine Art Hill's Marketing Director. "These two local artists are friends and often paint together. We love the striking contrast between their respective styles: Claire Bigbee's bright, bold brush strokes juxtaposed against Ingunn's subtle hues. Each artist captures shared moments or scenes in a distinct, personal manner,

resulting in a captivating fusion of perspectives and artistic expressions."

Artist Claire Bigbee fills our world with deep, rich colors, reminding us how stunningly beautiful the world around us is. Her delicious oils cover the canvas to create an irresistible spectrum of life as she sees it.

"My process is a response to the atmosphere, the view, and the painting. I am not so concerned about the rendering of the piece," shares artist Claire Bigbee. "When I'm painting, music keeps my unconscious and conscious connected. I find the soul of the piece I am painting."

Capturing the beauty and power of the grand scenery of Maine on canvas is Bigbee's inspiration. As a plein air painter, the infinite beauty of nature has always been her subject since she moved to Maine when she was 12.



The Gift by Claire Bigbee

With artist Ingunn Milla Joergensen, we enter a world of serenity and ethereal beauty. Her palette is soft and soothing, and her expression is otherworldly. She will transport you to a realm of tranquility with her smooth brushwork and soft oils.

"It's the little things that catch my attention, a piece, a fragment, a texture, a thought, a word," shares Joergensen. "Sometimes, taking it all in is so much that it is almost overwhelming. One little shell tells the story of the ocean. A piece of wood tells the story of lived life. Beauty is found in the most unexpected places."

Joergensen works in layers, adding paint and scraping off, often mixing the colors directly on the canvas. She is extremely tactile and often paints with her bare hands. Simplifying more and more, she is working towards her paintings being a mental pause for the viewer.

Opening at 10 a.m. on Saturday, June 22, this show runs until July 17. There will be simultaneous artist receptions from 5 to 7 p.m. on June 22, opening night. These events are free to the public, and no ticket is needed.

FMI info@maine-art.com or 207-967-2803 or maine-art.com.



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Claire Bigbee SHOWS #1



Ingunn Milla Joergensen SHOWS #2

JUNE 22 - JULY 17

Artists' Receptions June 22, 5-7 pm

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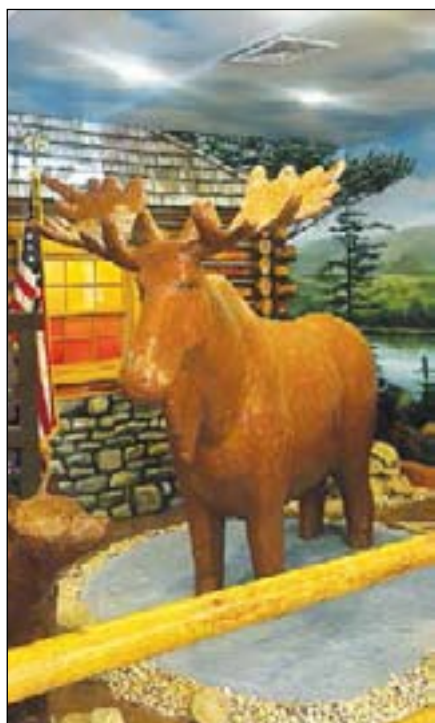


Artist's Reception July 6, 5-7 PM





Literally, a kid in a candy store.
 I don't think I stopped smiling the entire time. I stopped at Len Libby on my way home from a meeting in Portland last week. And I may have bounced from wall to wall to wall, before I even touched any sugar. This place is a dream - a really really amazing candy coated, sugar, happy, chocolate, taffy, lemon, blueberry, happy, children's books, T-shirt, hat lovers, Maine souvenirs...dream. Did I mention how happy it made me? The mix of eye candy and real candy was how I would have felt if I had won the golden ticket to Willy Wonka's Chocolate Factory. I think my next children's book idea will be about being locked in Len Libby's Candy store overnight. Here are some picture because I am still speechless!!!
 Ok in all seriousness, Len Libby's has an amazing history: It is the third oldest business in Scarborough. Len Libby was born in 1872, he started making chocolate and confectionery in the 1920's and opened his first candy shop at Higgins Beach. This is a must for all of you with a sweet tooth or even just to see the creative displays. I will be back soon!
 Len Libby Candies 419 US Route 1 Scarborough, ME 04074



Susan Doherty Hannaford to discuss Monday Rent Boy on June 26

by Valerie Marier
 When I started reading Monday Rent Boy, Susan Doherty's third novel, I was about 50 pages in when a friend stopped by to visit. I put the book down and forgot all about it.



Author Susan Doherty. Courtesy photo

Several days later, I was home alone because my husband had gone to visit his daughter in Florida. Outside, the day was dank, dark and chilly, with sleet predicted. So I plopped down in my favorite fire-side chair, picked up the book, turned to Page 1, and started it again.

I read all afternoon and into the evening, reaching the last page at 11:30 that night. I don't remember eating dinner or feeding the cat. I simply couldn't put Monday Rent Boy down.

Susan Doherty will be discussing this novel, published by Random House Canada, on June 26 at Kennebunkport's Louis T. Graves Memorial Public Library, from 6-7:30 p.m. I plan to be there and urge you to come. It will be an amazing presentation by a gifted author.

Monday Rent Boy tackles tough topics. One reviewer noted, "The novel focuses

on the vulnerability of children, the sly grooming by sexual predators, the guilt, the fearful silence and the buried secrets of the victims—and how the Internet made all of this a multi-million-dollar business." The writing is discerning and sagacious, her word choices are meticulous and perceptive, and she tackles the subject matter with greater finesse than linebacker London Fletcher.

Ann-Marie MacDon-ald, an award-winning Canadian author, wrote:

"Susan Doherty brilliantly brings to life the soaring, simple joy of childhood, even as she guides us fearlessly and fascinatingly into the origins of the dark web. Monday Rent Boy is a compelling page-turner, a sensitive yet stark portrait of crimes against childhood, and ultimately a triumphant testament to the healing power of friendship."

Louis T. Graves Library located at 18 Maine Street, Kennebunkport. Copies of Monday Rent Boy will be available for signing and sale.

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Join us for a presentation
Jessica Brunacini, PhD
 of the Wells Reserve

Wells Public Library
 Friday, June 28, 2024
 at 5:00 pm

Jessica will talk about how Maine's coastal communities are preparing for and responding to the impacts of climate change.

Jessica's work is focused on building knowledge, skills and capacity for coastal resilience.

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The Southern Maine Saltwater Fishing Report

by Captain Greg Metcalf

As the summer of 2024 kicks into high gear, so has the saltwater fishing along the southern Maine coastline. Fishing enthusiasts enjoyed a great week of fishing from York to Saco Bay with some outstanding striped bass catches.

Kennebunkport: Fishing along the shoreline between Cape Porpoise to Parsons Beach has picked up considerably after a tough week of wind of rough sea conditions. The water temperature was a frigid 50 degrees early in the month, but it has warmed up into the mid-50s and that really helped the fishing. There is a considerable body of stripers in the Kennebunk River, along the rocky shoreline of Ocean Avenue as well as the beaches from Gooch's all the way to Parsons. Mackerel fishing has also improved which has helped the striped situation. If you are able catch some small mackerel for bait, you have a great opportunity to be successful catching stripers.

Wells, Ogunquit: Brandy from Webhannet Tackle told me the stripers have been steady this week. The early morning before and around sunrise have been the most active. Fish are being caught from Drakes Island Beach, Ogunquit Beach and River. Live or chunk mackerel and sea worms are the predominant baits right now. Stripers ranged from 20 to 42- inches this week with many keepers caught from

boats and also from shore. Several mornings this week at the bottom of the tide there has been crazy action from the sand bar. Bring some light tackle, small soft plastics, small sand eel metals like a Swedish Pimple or a Kastmaster with a bucktail and you will tire of catching them. Last week, large top water Atom poppers landed a few stripers off of Parsons Beach. Off-shore fishing for haddock and throw back cod has been off the charts so far this season,

York: Captain Phil Breton Charters reported fishing has been very good. Nubble Light has been productive while Short Sands Beach has been hit or miss. Moody Beach has been the most productive area particularly at high tide. Mackerel fishing started off slow early in the month but has greatly improved especially early in the morning.

Goose Rocks Beach: Captain Dave Rand reported fishing at Goose Rocks was slow this week. Cold water has slowed everything down. Cape Porpoise has been slightly better especially inside the harbor.

Saco River and Saco Bay Captain Cal Robinson of Saco Bay Guide Service told me that mackerel showed up in fishable numbers on Sunday along with the biggest bloom of small bait that he has seen in a long time. Striper fishing early in the Saco River, Biddeford Pool and the



Olivia Forrest from Hampden, Maine caught this beautiful striped bass aboard the *Striper Swiper* during the Maine Women Hunters annual fishing event on June 15.

Saco Bay ocean-front has been excellent. Things look good for the early summer fishing season for the Saco River and Saco Bay area as long as we don't have extended periods of rain.

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Tide Chart June 19 – July 3

<p>Wednesday, June 19 Low 03:54 AM 1.02 High 10:07 AM 7.88 Low 03:56 PM 1.67 High 10:12 PM 9.16 Sunrise: 6:01 AM Sunset: 8:26 PM</p> <p>Thursday, June 20 Low 04:38 AM 0.74 High 10:53 AM 7.98 Low 04:38 PM 1.58 High 10:53 PM 9.41 Sunrise: 6:01 AM Sunset: 8:26 PM</p> <p>Friday, June 21 Low 05:20 AM 0.45 High 11:37 AM 8.10 Low 05:21 PM 1.44 High 11:36 PM 9.66 Sunrise: 6:02 AM Sunset: 8:26 PM Full Moon: 9:09 PM</p> <p>Saturday, June 22 Low 06:03 AM 0.17 High 12:20 PM 8.24 Low 06:04 PM 1.25 Sunrise: 6:02 AM Sunset: 8:26 PM</p> <p>Sunday, June 23 High 12:20 AM 9.90 Low 06:46 AM -0.08 High 01:05 PM 8.40 Low 06:50 PM 1.05 Sunrise: 6:02 AM Sunset: 8:26 PM</p>	<p>Monday, June 24 High 01:06 AM 10.08 Low 07:31 AM -0.26 High 01:51 PM 8.59 Low 07:38 PM 0.88 Sunrise: 6:02 AM Sunset: 8:26 PM</p> <p>Tuesday, June 25 High 01:55 AM 10.18 Low 08:19 AM -0.37 High 02:40 PM 8.81 Low 08:30 PM 0.70 Sunrise: 6:03 AM Sunset: 8:26 PM</p> <p>Wednesday, June 26 High 02:47 AM 10.14 Low 09:08 AM -0.38 High 03:31 PM 9.06 Low 09:25 PM 0.58 Sunrise: 6:03 AM Sunset: 8:26 PM</p> <p>Thursday, June 27 High 03:41 AM 9.98 Low 10:00 AM -0.30 High 04:24 PM 9.32 Low 10:23 PM 0.47 Sunrise: 6:03 AM Sunset: 8:26 PM</p> <p>Friday, June 28 High 04:39 AM 9.71 Low 10:53 AM -0.14 High 05:18 PM 9.58 Low 11:25 PM 0.37 Sunrise: 6:04 AM Last Qtr: 6:56 PM</p>	<p>Sunset: 8:26 PM</p> <p>Saturday, June 29 High 05:40 AM 9.37 Low 11:40 AM 0.06 High 06:14 PM 9.81 Sunrise: 6:04 AM Sunset: 8:26 PM</p> <p>Sunday, June 30 Low 12:29 AM 0.25 High 06:42 AM 9.03 Low 12:46 PM 0.33 High 07:12 PM 9.98 Sunrise: 6:05 AM Sunset: 8:26 PM</p> <p>Monday, July 1 Low 01:34 AM 0.10 High 07:47 AM 8.77 Low 01:45 PM 0.56 High 08:10 PM 10.11 Sunrise: 6:05 AM Sunset: 8:26 PM</p> <p>Tuesday, July 2 Low 02:37 AM -0.07 High 08:50 AM 8.61 Low 02:44 PM 0.75 High 09:07 PM 10.18 Sunrise: 6:06 AM Sunset: 8:26 PM</p> <p>Wednesday, July 3 Low 03:37 AM -0.23 High 09:52 AM 8.56 Low 03:41 PM 0.87 High 10:03 PM 10.21 Sunrise: 6:06 AM Sunset: 8:26 PM</p>
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Note: The number for each high and low tide indicates the height in feet above or below sea level. This chart shows tides for the mid-coast of York County; tide times are a few minutes earlier to the north (Old Orchard Beach) and a few minutes later to the south (York Beach). Tides are affected by the weather and cycles of the moon; the actual times and tide heights can differ slightly from the predictions above.

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Live Music Listings

Jonathan's Ogunquit
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 See full list of Jonathan's entertainment on page 8

Kennebunkport Recreation presents summer concert featuring The Dock Squares

Kennebunkport Recreation is thrilled to announce the second concert of the Summer Concert series, set to take place on Thursday, July 18. This event will feature the local band, The Dock Squares, promising an evening of fun and community.

The concert will be held at 20 Recreation Way, conveniently located next to Consolidated School in Kennebunkport. Festivities will kick off at 6 p.m. and conclude at 8 p.m., inviting families, friends, and community members to enjoy a fun night out.

The Recreation Department is proud to have the generous support of sponsors Kennebunk Savings and Pack Maynard and Associates, Real Estate. Their contributions have made it possible to offer a diverse array of activities and amenities that will enhance the concert experience for attendees of all ages.

Enjoy food from the area's best food trucks. All sorts of children's activities will also be available. FMI visit kennebunkportrec.com or call 207-967-4304.

Fiddlers close out Concerts in West K series

The second of a pair of shows featuring fiddlers from Downeast Maine and the Maritimes will close out the Spring season of the "Concerts in West K" series. This show will take place Friday evening, June 21, at 7:30 p.m. at the West Kennebunk Methodist Church, 160 Alfred Road, West Kennebunk. Featured performers in this concert will be fiddlers Troy MacGillivray and Mari Black, and guitarist Matt Heaton. There is open seating for the concert on a first-come, first-served basis. Admission is by a \$20 per person donation at the door. For more information: Paul Wells (207-985-2831).

Restaurants and live music venues, send us your listings so we can showcase all the wonderful live music in York County.

For a nominal one-time fee (Tourist & Town advertisers receive a special rate), your live music listings will appear here for the full season, provided submissions meet our deadline requirements. (Our Publishing Calendar appears on the lead page of each issue of the newspaper and can be found online at touristandtown.com.)

Send your listings for the full season or one newspaper at a time, provided submissions are received in the proper time frame.

music@
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UPCOMING GIGS:
 The Pilot House
 Lower Village Kennebunk
 Saturday, June 29
 1-4 p.m.

The Bitter End
 Wells
 Friday, July 5
 5-8 p.m.

Sun Outdoors Downtown
 Campground
 Old Orchard Beach
 Saturday, July 6
 6-9 p.m.

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Don't be fooled – Scams can and do happen in Maine

A special message for community members

by Faith Gillman

The phone rings. The person on the other end tells you your spouse, parent or child has been injured or is in trouble. They provide detailed information and it all seems legit. Maybe they ask for money, or your credit card number. Before you respond, STOP. Chances are high that you are being scammed.

Candice Simeoni, a Kennebunk Police and Court officer who works on the Elder Crimes unit and as a community liaison has seen it happen far too many times.

"Scams seem to be on the rise these days," said Simeoni. "There have been many successful

grandparent scams recently. However, we've been made aware of more computer scams from clicking pop ups that have a scammer lurking behind them. Bitcoin scams are affecting all ages while scams involving mailing cash or calling with gift card numbers is affecting our older population more."

Simeoni said victims of scams shouldn't be embarrassed.

"These scammers are really good at what they do. They depend on their acting skills to get their pay. They're master manipulators. They know what emotions to play on when they get a voice on the other end of the line."

Tim MacLean, general manager of shipping center Mail-It Unlimited in Kennebunk, feels the same way.

"These scammers are sophisticated. It's not always easy to identify that it is truly a scam," he said. "They have it down to a science and are getting better and better at it."

Both MacLean and Simeoni point out red flags that indicate a scam. (If something doesn't seem right, it probably isn't.)

Asking for personal data over the phone unsolicited.

Asking you to send cash, especially overnight. (MacLean notes that all major shipping carriers do not want anyone to send cash for any reason).

Asking you to get gift cards and send the numbers to them.

Demanding urgency or secrecy.

"I'd like to mention that if you are being questioned at the bank or when you buy gift cards/money orders, or even where you are mailing packages, please don't get upset with them," said Simeoni. "They are seeing people fall victim to these devastating scams and are trying to help. Don't be afraid to talk to a local professional agency—calling your local law enforcement office is a great first step. Trust your gut and ask someone else their opinion before you send money."

MacLean agrees. "Mail-It employees are members of your community. Come and talk to us before you act. We are willing to listen and there's no judgment," he said. "Don't feel bad but do reach out, please. We're all here to help."

Important Information

"Education is the only way to stop these crimes before they start and may be the only way to change the daunting statistics of their increase. Maine is the oldest state in the nation and is getting older," Simeoni notes. In addition to scams, a profound amount of elder exploitation happening in our communities is at the hands of loved ones/family members. "National statistics show that over 80 percent of mistreatment of older adults are by family members or those they consider to be. Only one in 24 cases of elder abuse are reported. We have a lot of work to do to change that."

The York County Elder Abuse Task Force offers help. (See www.yceatf.org). The YCEATF is a group of volunteer professionals and retired professionals that focus on education and providing resources. While they don't investigate cases they provide direction.

Visit with YCEATF members at "Tithing Tuesday" on July 30 from 4-8 p.m. at Congdon's After Dark (food trucks) on Route 1 in Wells. YCEATF will receive 10 percent of the food trucks proceeds that evening. Materials on scams and elder exploitation will be available. A raffle table and some fun giveaways will also be offered. FMI: CSimeoni@kennebunkmaine.us or <https://cadfoodtrucks.com/>



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Q: My mother is getting ready to move into an assisted living facility. My husband and I have the job of selling her house for her when she moves. It is a wonderful old house that my parents have lived in and enjoyed for over 50 years. The challenge that we are unsure of is the condition of the place as it goes on to the market. My folks lived and loved it but never really did any work to update or improve it. We are concerned as to how that will impact its value and appeal on the marketplace. My mother does need the funds to help pay for new living space. Is there a rule of thumb or some place that we can go to get a learning of what we should do? We are truly clueless. Thank you. Miriam

A: That is a truly important and impactful question. My advice to you would be to be sure that you are working with a knowledgeable and experienced Real Estate Broker who has sold older homes in your location. That individual should be able to walk you through the correct process. There are some things that are truly critically important that can be corrected and others that are not. The knowledge, experience and confidence you have in the broker who is representing you is critically important and should be able to help you make the best decisions for your mother's care and well being.

Send your questions to rsimon@legacysir.com!

Randal Simon, Legacy Properties, Sotheby's International Realty
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Through the Lens
 ~ with Bob Dennis

This week marks the official start of summer but as we say hello to what is the most eagerly anticipated season for most of us, let's say a proper goodbye to spring. It's a season that typically does not get much love in our area. There's an old refrain that in Maine, we go directly from winter into summer. But I thought this spring was unusually satisfying, with generally good weather and abundant tulips, lupine, beach roses, and other flowers adding nice color to our landscapes and seascapes. This is a collage of some of my favorite photos from this spring. You're up now, summer! kportimages.com, [@portimages](https://www.instagram.com/portimages)

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CALENDAR

Special Notice:

The **Biddeford Mills Museum** will be closed to the public for two weeks, June 16 through July 4. Historic Mill Tours will continue to operate as scheduled. Tour reservations can be made in advance at biddefordmillsmuseum.org.

Ongoing

Grief Support Group for Adults, with Carol MacLeod APRN, Psychiatry, Brick Store Museum, 117 Main Street, Kennebunk, Thursdays 11 a.m.-12:30 p.m. FMI mugbob66@gmail.com or 207-468-0668

Eyephoria Optical Moving Sale, 2178 Post Road, Wells. The sale is going on through June.

Adult Book Bags, Wells Public Library has launched a book bag service for adults. Library card holders 18+ can register online. Once registered, an email will be sent with a survey to help select the perfect reading materials. Each book bag will contain two library books personally chosen for you by a librarian, and some extra goodies for you to keep. Bags will be held for one week after receiving notification for pick up. This program is limited to 24 registrants. FMI contact Kim Swejkoski at kswejkoski@wellstown.org or call 646-8181.

What's Your Story? (This takes place every Monday), Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 7 PM. Each week, Library Director Mary-Lou Boucouvalas sits down with a community member and talks to them about where they came from, what they do, what their interests are, etc. Tune in Monday evenings on the Louis T. Graves Memorial Public Library's Facebook page or YouTube channel or watch on the Town of Kennebunkport's cable channels 2 and 1301.

Portside Readers (this event takes place every Wednesday), Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 7 PM. Listen to stories, poems, tales, essays, drama, songs and more by the Portside Readers, a small group of local actors, writers and book club members who want to share the joys of reading and listening. Tune in Wednesday evenings on the Louis T. Graves Memorial Public Library's Facebook page and YouTube channel, or watch on the Town of Kennebunkport's cable channels 2 and 1301. FMI call 967-277

Thursday, June 20

Salt & Sand Fine Art Gallery Ribbon Cutting, 2 Morning Walk Lane, #8, Kennebunk, 2 p.m. After the ribbon cutting, from 4-7 p.m. Salt & Sand will host Solstice & Sangria. This is a wonderful opportunity to enjoy Lower Village Kennebunk's newest gallery.

Write On! Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 3 p.m. Enjoy putting pen to paper with your thoughts and stories. Discuss findings, share writing, and learn about your unique inner talents. Creative writing prompts will be given at the end of each meeting. FMI call 967-2778 or visit www.graveslibrary.org.

Adult Crafternoon, Wells Public Library, 1434 Post Road, Wells, 2 p.m. Join Wells Public Library's Adult Services Librarian Kim to make framed rock and seashell art. All supplies will be provided. FMI and to secure your spot, please contact Kim at kswejkoski@wellstown.org or call 207-646-8181.

Nonfiction Book Group, Wells Public Library, 1434 Post Road, Wells, 4:30 p.m. The Nonfiction book group will meet in person and all are welcome. The pick for this month is *The Wager* by David Grann. FMI contact Cindy Appleby at cappleby@wellstown.org or call 207-646-8181.

Paint and Sip, River Tree Arts, 6 to 8 p.m. In the first of a series of three summertime Paint and Sips, local artist Marguerite Genest will guide you through a step by step process of developing your composition, color and technique to create your own 9"x12" masterpiece of the *Pineapple ketch* and keepsake of the Kennebunks. Glasses of wine and mini snacks are available for donation thanks to Paint & Sip sponsors including Wine House on Main. Members \$36 / Non-Members \$40 Register at rivertreearts.org.

Graves Library's 13th annual Author Event with celebrated author Paul Hendrickson, Kennebunk River Club Casino, 116 Ocean Avenue, Kennebunkport, 5 p.m. This event is hosted

by the Graves Library. Paul Hendrickson is an American author and journalist. His eighth book, *Fighting the Night* was recently published. It is an account of his father flying Black Widow night fighters on Iwo Jima in the last part of World War II. Tickets are \$75 and include an autographed copy of *Fighting the Night*. Tickets can be purchased at Graves Library and online through Eventbrite. Call (207) 967-2778 or visit www.graveslibrary.org. Seating is limited.

Friday, June 21

Fabulous Friday Family Story Time, Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 10 a.m. This program includes stories, finger plays, and songs. After story time, be sure to stop at our hands-on stations that are always open. FMI call 967-2778 and ask for the Junior Room or visit www.graveslibrary.org.

Stay and Play, Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 10:45 a.m. Looking for a fun and educational activity for your kids? A one-hour playtime for children and caregivers to engage in educational toys, promoting socialization and engagement. FMI call 967-2778 and ask for the Junior Room or visit www.graveslibrary.org.

Kayaking on the Little River Estuary, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 9:30 a.m.-12:30 p.m. Come explore where the river meets the sea—by kayak. Paddle the quiet waters of the Reserve's estuary while watching for wildlife and learning about this treasured habitat. This is a relaxing paddling experience appropriate for all levels of kayaking ability. Minimum age is 12, and 12-15 year olds must be accompanied by an adult. Kayaks are single (not tandem), so each participant paddles their own kayak. Weather dependent. \$60/\$48. Registration required at wellsreserve.org/kayak. Please note: Program fee does not include site admission fee.

Summer Solstice Full Moon Walk, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 8-10 p.m. Join Maine Master Naturalist Linda Littlefield Grenfell for a slow and quiet walk to the beach. Watch the sun set over the fields and the moon rise over the ocean, while sharing stories and poems. Come enjoy the Reserve after dark, while bathed in sunset glow and moonlight. Bring the family. \$8/\$6 (individual), \$20/\$15 (family). Registration required at linda@wellsnerr.org or (207) 646-1555 x128. FMI wellsreserve.org/calendar.

Concerts in West K: Fiddlers Troy MacGillivray and Mari Black, and Guitarist Matt Heaton, West Kennebunk Methodist Church, 160 Alfred Road, 7:30 p.m. There is open seating for the concert on a first-come, first-served basis. Admission is by \$20.00 per person donation at the door. FMI call Paul Wells at 985-2831.

Saturday, June 22

Bird Walk, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 7:30-9:30 a.m. Join York County Audubon birders every other Saturday this summer, May 11-August 3, for a guided bird walk around the Reserve property. Beginners are welcome. Please bring binoculars if you have them. Free. Registration required at suzanne@wellsnerr.org or (207) 646-1555 x116. FMI wellsreserve.org/calendar.

Port Canvas Factory Sale, Port Canvas, 39 Limerick Road, Kennebunkport, 10 a.m.-4 p.m.

Saco Main Street's 53rd Annual Arts Festival, in the heart of historic downtown Saco. This event celebrates the vibrant arts and culture that define the downtown area. Highlights of the Festival, which will run from 9 a.m. to 3 p.m., include artisan booths, live performances, interactive art, food and drink, family activities, and more. To accommodate the festival, Main Street will be closed to traffic from Thornton Ave to Pepperell and Water. Main Street closes at 7:30 a.m., and will reopen by 4 p.m. Be on the lookout for communication from the City of Saco for detour routes.

Sunday, June 23

Revolution Rail Railbiking Adventure: 10% Off, Seashore Trolley Museum, 195 Log Cabin Road, Kennebunkport. Enjoy 10% off your railbiking adventure in celebration of Revolution Rail's 1-year anniversary in Kennebunkport. Promo code REVPARTY. 10% of proceeds will be donated to local charity. FMI and to book, visit revrail.com or call 888-REV-0123.

Sunday, June 23

Kayaking on the Little River Estuary, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 11 a.m.-2

p.m. Come explore where the river meets the sea—by kayak. See more details in listing above.

Monday, June 24

Die Well Death Education Series with host Leona Oceania, Kennebunk Free Library, 112 Main Street, Kennebunk, 6-7:30 PM. (This second session was postponed from last month due to presenter illness.) No registration is required. Session two is a film. Barbara Karnes's *This is How People Die – Part One: Natural Process of Dying from Disease & Old Age* addresses the normal dying process, from months before death through the actual moment of death. This film provides the knowledge and tools for working with the end of life, presented with non-medical terminology. It is a practical guide for working with anyone facing end-of-life issues. FMI call 207-985-2173 or email us at kfl@kennebunklibrary.org.

Thursday, June 25

Black History in Maine Presentation, Wells Public Library, 1434 Post Road, Wells, 6 p.m. It is frequently said that Maine is the whitest state in America, yet Black people have a long history in the Pine Tree State. Yes, there were slaves, but there were also builders, farmers, fishermen, ship captains, educators, and more. It's that hidden history of our state that retired professor Bob Greene will reveal in his presentation about Black History in Maine. FMI contact Kim Swejkoski at kswejkoski@wellstown.org or call 646-8181.

Tuesday, June 25

Bird Banding Demonstration, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 7-10 a.m. Weather permitting, find the bird banders just beyond the porch of the Coastal Ecology Center or under the large copper beech tree on campus ready to share their avian research with you. Learn about the data they record, and the fascinating natural history of the birds temporarily caught in the researchers' mist nets. Banding will occur on Tuesday mornings from June 4 – July 23 (with rain date of Wednesday). Free with site admission. FMI wellsreserve.org/calendar.

Dwellers of the Wells Reserve, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells. Facilitated by artist Eric Gold, Dwellers of the Wells Reserve is a community-created, large-scale portrait project showcasing animals found at the Wells Reserve. People of all ages and abilities are invited to paint a small segment of the portrait. We will sit together in groups to make art in community while discussing themes of habitat conservation and the animals we are painting. Participation in the project takes an hour or less. Available painting sessions are at 10 a.m., 11 a.m., 12 p.m., 1p.m, and 2p.m. Minimum age is 5, accompanied by an adult. Pre-registration required at suzanne@wellsnerr.org or (207) 646-1555 x116. Free with site admission.

Wednesday, June 26

Retirement Readiness, Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 9 a.m. A panel of professionals will discuss Medicare basics, financial health, physical health, real estate, and travel. Understanding all the different aspects of retirement, along with good preparation, will ensure that your "Golden Years" are purpose-driven and meaningful and that you leave the legacy you desire. FMI call 967-2778 or visit www.graveslibrary.org.

Beetle & Magnolia Jewelry Pop-up, 173 Mercantile, 173 Port Road, Kennebunk, 11 a.m.-4 p.m.

Author Susan Doherty Hannaford: Wine Reception and US Book Launch, Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 6 p.m. FMI call 967-2778 or visit www.graveslibrary.org.

Thursday, June 27

Weekly Conversational French Language Group, Wells Public Library, 1434 Post Road, Wells, 4 p.m. An informal approach to practicing or re-learning French. FMI contact Cindy Appleby at cappleby@wellstown.org or call 646-8181.

Framing the Future, The Lincoln Hotel, 17 Lincoln Street, Biddeford, 5:30-7:30 p.m. Come support Habitat for Humanity's affordable housing mission here in York County while enjoying music from Lisa, Jim and Byon Band, food from Batson River, silent Auction Items, and raffles. Framing the Future has a wide array of wonderful raffle packages, which can

CALENDAR

SUMMER PREVIEW

Summer-y things to do in York County

by Val Marier

- Go zip lining and rope climbing at Take Flight, Rte. 1, Kittery
- Visit the Biddeford Mills Museum in Biddeford. (The Biddeford Mills Museum, located in the heart of Biddeford's historic district, tells the story of Biddeford's biggest industry, and the people who supported it. During the summer tour season, Biddeford's textile mill doors will open with access to the unique underground canals! Tours are offered during June, July and August and are often guided by former mill workers who are passionate about Pepperell and know the history of these incredible buildings.
- U-Pick-Em Strawberries at Spiller's Farm, Wells
- Take a walking tour (led by a knowledgeable guide) of Kennebunk Beach. This outdoor walking tour of Kennebunk's Mothers Beach features 11 historic homes and an illustration of life at the beach in the early 20th Century. Every Saturday, tours depart from Trinity Chapel on Woodland Ave. Time: 60 - 90 minutes
- Play mini-golf among dinosaurs at Raptor Falls, Arundel
- 20th annual Native American PowWow at Wells Harbour — event features dance, music, craft demonstrations etc. (July 20-21)
- Visit the touching tank at Wells Harbor where starfish, hermit crabs and horseshoe crabs swim in large tanks.
- Wells Fire Museum — view vintage equipment and apparatuses dating from late 1800s to the present — something for everyone from children to adults.

be purchased in person at the Kennebunk ReStore, Wednesday-Friday 12-4 and Saturday 10-4. Tickets can also be purchased over the phone at 985-4850. Due to state raffle restrictions, Habitat is not able to sell raffle tickets online. Tickets to the event can be purchased in person at the ReStore or online at habitatyorkcounty.org/framingthefuture. For more information and with questions about raffle and event ticket ordering, contact James Connally at development@habitatyorkcounty.org or 985-4850.

KindKids Concert with Rob Duquette and Amanda Panda, 11 a.m. KindKids Music is a dynamic duo with original music, puppets, and a highly interactive performance for all ages. Rob Duquette and Amanda Panda share tools for emotional resilience, foster kindness, and encourage wellness, all while making music and having fun. This concert is for all ages. Pre-registration is required. FMI call 967-2778 or visit www.graveslibrary.org.

Evening Book Group, Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 5 p.m. For June, the group is reading *Women in White Coats* by Olivia Campbell. All are welcome to attend. FMI call 967-2778 or visit www.graveslibrary.org.

Friday, June 28

Fiber Arts, Wells Public Library, 1434 Post Road, Wells, 10:30 a.m. Join us on Fridays to show off your latest knitting creation, get tips on your crochet technique, and just chat with old friends and make some new ones. All ages and levels of ability are encouraged to join us for ideas, inspiration and lively conversation. FMI please contact Kim Swejkoski at kswejkoski@wellstown.org or call the library at 207-646-8181.

Fabulous Friday Family Story Time, Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 10 a.m. This program includes stories, finger plays, and songs. After story time, be sure to stop at our hands-on stations that are always open. FMI call 967-2778 and ask for the Junior Room or visit www.graveslibrary.org.

Stay and Play, Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 10:45 a.m. Looking for a fun and educational activity for your kids? A one-hour playtime for children and caregivers to engage in educational toy. FMI call 967-2778 or visit www.graveslibrary.org.

Maine's Coastal Communities, Wells Public Library, 1434 Post Road, Wells, 5 p.m. Curious about how to prepare for the current shifts in weather patterns? The Friends of Wells Public Library are proud to present speaker Jessica Brunacini, PhD. of the Wells Reserve. Brunacini will talk about how coastal communities are preparing for the impacts of climate change. FMI contact the Friends at wells.friends@yahoo.com.

Drive Thru BBQ, American Legion post 159, 102 Main street (across from the police station) Kennebunkport, 5 p.m. until the food runs out. The menu consists of pulled pork, smoked chicken, bratwurst, beans, coleslaw, potato salad, jalapeno cornbread and a brownie. The price is \$15 per plate. FMI call 967-2400

Public Star Party (no rain date), Astronomical Society of Northern New England (ASNNE), Talmage Observatory at Starfield, State Route 35, West Kennebunk, 7:30 p.m. FMI about ASNNE, including directions and events, visit www.ASNNE.org.

Sunday, June 30

Wells Antiques Show and Sale, Wells Reserve at Laudholm Farm, 342 Laudholm Farm Road, Wells, 10 a.m. - 4 p.m. 75 exhibitors from all over. A not-to-miss antiques show and sale.

Monday, July 1-Sunday, July 7

Zapapa Handmade Pop-up at The Space at the Depot, 12 Depot Street, Kennebunk 10 a.m.-5 p.m. daily. Kittery-based Zapapa Handmade is coming to Kennebunk to share its beautiful clothing and home goods.

Monday, July 1

Wonderful Weeds, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 10 a.m.-12 p.m. Many of the weeds we disregard and destroy can be life-giving and healing. Discover the medicines and foods underfoot on the Wells Reserve at Laudholm

campus so you will recognize them in your own backyard. \$8/\$6. Pre-registration is required at linda@wellsnerr.org or (207) 646-1555 x128. Please note: program fee does not include site admission fee. FMI wellsreserve.org/calendar.

Tuesday, July 2

Bird Banding Demonstration, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 7-10 a.m. See details in previous listing.

Morning Yoga, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 8-9:15 a.m. Begin your day with a gentle Hatha yoga class designed for those who need to stretch, strengthen, tone, and relax on a regular basis. Increase your strength, flexibility, endurance, focus, and concentration. These all-level classes are small enough so that personal attention can be given to each student, whether a beginner or more advanced. This is an 8-week Tuesday morning series from July 2 through August 27 (no class on July 9). In-person in Mather Auditorium, or virtually on Zoom. \$96/\$80. Pre-registration required at suzanne@wellsnerr.org or 207-646-1555 x116. FMI wellsreserve.org/calendar.

Secrets of the Salt Marsh, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 10-11:30 a.m. Learn the secrets of this special ecosystem, nestled between the forest and seashore. Join us for a jaunt past meadows and forests down to our floating dock on the Little River. Here we will look out over the salt marsh and learn its secrets! This guided walk covers about 1 mile of fairly flat, slightly uneven trail terrain and is about 1 1/2 hours in length. Registration required at caryn@wellsnerr.org or (207) 646-1555 x110. Free with site admission.

Opening Reception for 2023: The Year in Photos, Graves Memorial Public Library, 18 Maine Street, Kennebunkport, 5 p.m. "Portland Press Herald photographers uncover unexpected moments every day and show us the profound beauty of connection. It is a great privilege to photograph the people of Maine and share their stories." This exhibit shares some of the best images from 2023. Light refreshments will be served. FMI call 967-2778 or visit www.graveslibrary.org.

Wednesday, July 3

Kayaking on the Little River Estuary, Wells Reserve at Laudholm, 342 Laudholm Farm Road, Wells, 8-11 a.m. See precious listing for details.

Friday and Saturday, July 5 & 6

Anthony Catalfano Home: Garage Sale, 2190 Post Road, Wells, 10 a.m.-4 p.m.

Sunday, July 7

The Kennebunkport Conservation Trust annual plant sale, rain or shine, Trust Headquarters, 57 Gravelly Brook Road, Kennebunkport, 8:30 a.m. until noon, or until plants are sold out. A wide variety of unique, unusual, and hard to come by perennials will be available, all priced between \$5-\$25- <https://www.kporttrust.org>.

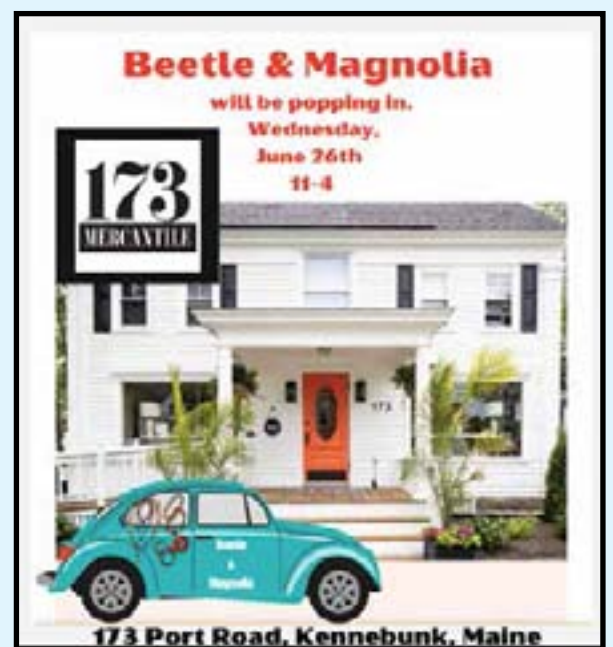
Saturday, July 13

Textile Drive, Quest Fitness parking lot, 2 Livewell Drive, Kennebunk, 10 a.m. - 1 p.m. Reducing textile and shoe waste in landfills is a worldwide environmental problem. The goal of this textile drive is to keep up to 10,000 pounds of textiles and shoes out of landfills and raise funds for Kennebunk area organizations. Make a difference by recycling and repurposing your textiles, fabrics, and shoes on Saturday, July 13. Your textiles will be kept out of landfills and funds will be raised for area community organizations.

Saturday, July 27

"Poetry in the Friary," hosted by WePoets & Verse, St. Anthony Franciscan Monastery, 28 Beach Avenue, Kennebunk on Saturday, 1-2:30 p.m. Refreshments. Book signing. Come join.

Woofstock Festival at the Animal Welfare Society, 46 Holland Road, Kennebunk, 11 a.m.-3 p.m. Now in its fifth year, Woofstock is Southern Maine's premier family-friendly, dog-friendly food and beer festival.



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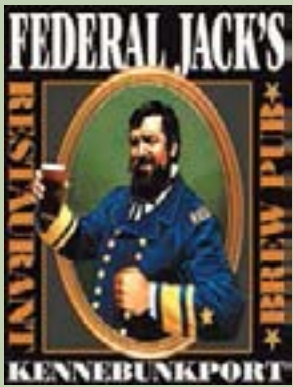
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